

## 2019 Gooseberry Patch Wall Calendar

Revealing the techniques used for preparing food which ranges from the otherworldly to the sublime, 'Modern Cuisine' is a six-volume guide for anyone who is passionate about the art and science of cooking.

From the kitchen of Mennonite cook, mother, and blogger Hope Helmuth comes a delectable mix of 150 recipes, stunning food photography, practical hints, and stories celebrating the simple beauty of home.

This handy, pocket-size manual provides easy-to-understand, step-by-step guidance to climbers transitioning from basic rock climbing to sport climbing, which involves scaling larger, more challenging rock walls that have fixed anchors.

This book examines the often-complex relationships between issues of gender and the environment in science fiction films and fiction. Its contributors discuss a range of texts: early apocalyptic science fiction, campy midcentury science fiction films, Silver Age superhero comics, and twenty-first-century science fiction films and literature.

Twelve beautiful months of watercolor artwork and recipes. Tips and helpful hints are sprinkled throughout!

Abundant prehistoric remains survive in the wide landscapes of Europe, but none are arguably as fascinating or awe-inspiring as the "megalithic" (after the Greek megas: great, and lithos: stone) monuments built by the people who lived here during the three hugely important periods of European prehistory known respectively as the Neolithic, the Copper Age, and the Bronze Age. These huge, prehistoric stone structures can still be found scattered in their thousands across Europe and provide a tentative but evocative link to their builders, and to Europe's distant past. From the Mediterranean islands to the colder climes of Scandinavia, Exploring Megalithic Europe takes readers to many European countries, examining both famous and lesser-known megalithic monuments and looking at what insights these remarkable reminders of prehistoric life may provide into the ancient communities responsible for their construction.

Knot-making is simpler than ever. This new easy-to-follow guide, published in partnership with Outward Bound, includes information on using knots in your favorite outdoor activities. Outdoor expert Buck Tilton takes you step-by-step through each bend and turn with clear instructions and detailed photographs. You can count on this handy volume to guide you toward quick success and fool-proof knots.

This groundbreaking book provides the first comprehensive analysis of Ming China's pursuit of national security along its 1,700 miles of northern frontier. Drawing on a wealth of original sources, John Dardess vividly portrays how Ming China's emperors, officials, and commanders in the field thought, argued, and made decisions in real time as they worked to defend their country. Despite common perceptions of the central role of the so-called Great Wall of China, Dardess convincingly shows that the wall was but a minor piece in a much bigger effort to battle Tatar looting. Dardess immerses readers in the day-to-day world of the Ming as he explores the question of how leaders kept their country safe over the 276 years the dynasty ruled.

Since 1957, Chase's Calendar of Events lists everything worth knowing and celebrating for each day of the year: 12,500 holidays, national days, historical milestones, famous birthdays, festivals, sporting events and more. "The Oxford English Dictionary of holidays." NPR's Planet Money.

Remember freshly baked treats from Grandma's kitchen? You'll find old-fashioned delights like apple pandowdy, country cheddar loaf, shoo-fly pie, buttermilk biscuits, sweet rolls and more in *Country Baking Cookbook*. It's packed with easy recipes for pies and pastries, biscuits and breads, cookies and cakes...lots of homemade favorites! Filled with fun, friendship and easy how-to's for thoughtful baked gifts.

*Pussyhats*, typically crafted with yarn, quite literally created a sea of pink the day after Donald J. Trump became the 45th president of the United States in January 2017, as the inaugural Women's March unfolded throughout the U.S., and sister cities globally. But there was nothing new about women crafting as a means of dissent. *Crafting Dissent: Handicraft as Protest from the American Revolution to the Pussyhats* is the first book that demonstrates how craft, typically involving the manipulation of yarn, thread and fabric, has also been used as a subversive tool throughout history and up to the present day, to push back against government policy and social norms that crafters perceive to be harmful to them, their bodies, their families, their ideals relating to equality and human rights, and their aspirations. At the heart of the book is an exploration for how craft is used by citizens to engage with the rhetoric and policy shaping their country's public sphere. The book is divided into three sections: "Crafting Histories," "Politics of Craft," and "Crafting Cultural Conversations." Three features make this a unique contribution to the field of craft activism and history: The inclusion of diverse contributors from a global perspective (including from England, Ireland, India, New Zealand, Australia) Essay formats including photo essays, personal essays and scholarly investigations The variety of professional backgrounds among the book's contributors, including academics, museum curators, art therapists, small business owners, provocateurs, artists and makers. This book explains that while handicraft and craft-motivated activism may appear to be all the rage and "of the moment," a long thread reveals its roots as far back as the founding of American Democracy, and at key turning points throughout the history of nations throughout the world.

A collection of short essays and stories, this book primarily focuses on one of the most vilified, demonized, and scapegoated groups in the United States: Latina/o immigrants. Accompanied by the brilliant art of Salomon Huerta, the book re-frames, defends, and humanizes *los de abajo* (those on the bottom).

Yoga instructor, massage therapist, and anatomy teacher Kelly Solloway provides an entertaining journey through the human body, focusing on the bones, joints, and muscles used in yoga. Each anatomical feature is illustrated with a beautiful black-and-white drawing of a yoga posture, or *asana*, to color, making it easy to remember their location and function. Thirty-two flash cards enable readers to quiz themselves and study on the go.

*Building Walls* puts the recent calls to build a border wall along the US-Mexico border into a larger social and historical context. Its three sections contrast categorical thinking and anti-immigrant speech with immigration as it is

experienced by border residents and immigrants themselves.

There is something very special about a country kitchen...a simmering pot of stew, the aroma of a just-baked cake, a juicy pie cooling in the windowsill. Somehow home cooking always brings back the sweetest of memories and makes a kitchen the coziest place to be.

Share in a gorgeous, thoughtful life in the charming English countryside with *The Cottage Kitchen*, a cookbook of recipes and stories by Norwegian-born photographer and tastemaker Marie Forsberg.

This engaging, deeply informed book provides the first concise history of one of China's most important eras. Leading scholar John W. Dardess offers a thematically organized political, social, and economic exploration of China from 1368 to 1644. He examines how the Ming dynasty was able to endure for 276 years, illuminating Ming foreign relations and border control, the lives and careers of its sixteen emperors, its system of governance and the kinds of people who served it, its great class of literati, and finally the mass outlawry that, in unhappy conjunction with the Manchu invasions from outside, ended the once-mighty dynasty in the mid-seventeenth century. The Ming witnessed the beginning of China's contact with the West, and its story will fascinate all readers interested in global as well as Asian history.

The eventual guide to homemade icy sweet summer treats Immerse yourself in a trip through the world of healthy easy popsicle recipes, these friendly and inviting popsicles book highlight ease and simplicity with natural ingredients and uncomplicated preparations. Colorful, bright photos of every recipe and trendy design will encourage you to try out both the classic and modern pops, from Orange Creamsicles to Raspberry Cheesecake! Unlike other popsicle cookbooks and ice cream cookbooks, this one has sugar free popsicle recipes; the author keeps your health a top priority. The popsicle recipe book includes a range of unique flavors: Dairy Free Coffee Frozen Hot Chocolate Dragon Fruit and Strawberry Cream Tomato Basil Red Pepper Mango Carrot Blueberry Gin Basil Mango In this book, you will discover: 55 homemade ice pop recipes that are simple to cook with nutrition information of every recipe with helpful preparation and substitution tips ensure readers find recipes that suit their diet type General cooking methods and secrets of fruity pops from A to Z Delicious fruity popsicles, an incredible assortment of creamy popsicles for real gourmets, other berry and hidden veggie flavors, frozen juice pops recipes for every palate, popsicle recipes for kids The best ice pop recipes in paletas glow pops cookbook are healthier than your average pop, containing less sugar and down-to-earth ingredients Calories and macros ?Every recipe lists serving quantity, prep time, cook time, easy to follow ingredients, preparation instructions, images and nutritional information to keep you on track \*\*\*Please note: Book is available in 2 Paperback formats - Black and White and Full color. Choose the best for you \*\*\* full-color edition - Simply press "See all formats and versions" above the price. Press left from the "paperback" button black and white version - is the default first Are you

seriously looking for a fit body but really occupied in your busy schedule and running short of time to exercise? Then we have something for you. Click "Buy Now" and start cooking today!

Nuwave Air Fryer Oven Cookbook for Beginners: Amazingly Easy Recipes to Fry, Bake, Grill, and Roast with Your Nuwave Air Fryer Oven  
The Nuwave Air Fryer Oven is an easy way to cook delicious healthy meals. Rather than cooking the food in oil and hot fat that may affect your health, the machine uses rapid hot air to circulate around and cook meals. This allows the outside of your food to be crispy and also makes sure that the inside layers are cooked through. Nuwave Air Fryer Oven allows us to cook almost everything and a lot of dishes. We can use the Nuwave Air Fryer Oven to cook Meat, vegetables, poultry, fruit, fish and a wide variety of desserts. It is possible to prepare your entire meals, starting from appetizers to main courses as well as desserts. Not to mention, Nuwave Air Fryer Oven also allows homemade preserves or even delicious sweets and cakes.  
Benefits of the Nuwave Air Fryer Oven- Healthier, oil-free meals- It eliminates cooking odors through internal air filters- Makes cleaning easier due to lack of oil grease- Air Fryers are able to bake, grill, roast and fry providing more options- A safer method of cooking compared to deep frying with exposed hot oil- Has the ability to set and leave as most models and it includes a digital timer  
Enjoy!

This book examines the life-long career of John Kemeny as a teacher, educator, and president. Nelson presents a portrait of his leadership at Dartmouth College during the tumultuous times of the late 1960s and 1970s and his resolute commitment to the pursuit of knowledge, equity, and justice.

Revised and expanded edition of Susan Branch's first illustrated cookbook published in 1986.

Pack up the car and enjoy gorgeous drives through some of the most spectacular scenery the area has to offer. This series of indispensable highway companions maps out short trips for exploring scenic byways and back roads. Whether you embark on an adventure that winds along mountainsides, cuts through open fields, or shows off the shoreline, the road trips in our Scenic Driving guides will transform your passenger seat into a front row seat to experience natural beauty at its finest. Inside you'll find: Itineraries from 20 to more than 200 miles Route map for each drive In-depth descriptions of attractions Optional side trips to museums, parks, and landmarks Tips on lodging, camping, dining, travel services, and best driving seasons

Endlessly entertaining and engaging, *They Draw & Cook*, with more than 100 hand-illustrated recipes, presents a unique and artful cooking adventure for all ages. After starting their blog in February of 2010, Nate and Salli received hundreds of illustrated recipes from artists all over the world, which they decided to turn into a book. This book contains a sample of 107 of those illustrations that range in style from cute to goofy to absolutely gorgeous. The illustration styles range from elegant to cheeky, the recipes from drinks to desserts and everyday

to extraordinary. You'll find hilarious fare like Beetrooty-Yogurty-Thingummyji, Starving Artist Goo-lash, and Top Model Salad; international cuisine such as Moroccan Orange & Date Salad and Moules Frites; and tantalizing tastes like Marmalade Flapjacks and Chicken in Love. The perfect combination of flair and folly, this irresistible and colorful book will be a new favorite both in and out of the kitchen. Sample recipes: Toad in the Hole Marmalade Flapjacks Top Model Salad Starving Artist Goo-lash Chicken in Love Beetrooty-Yogurty-Thingummyjig Chocolate Haystacks Turn that Frown Upside Down Cake Coooooooookies

Britain's foremost food writer Nigel Slater returns to the garden in this sequel to *Tender*, his acclaimed and beloved volume on vegetables. With a focus on fruit, *Ripe* is equal parts cookbook, primer on produce and gardening, and affectionate ode to the inspiration behind the book--Slater's forty-foot backyard garden in London. Intimate, delicate prose is interwoven with recipes in this lavishly photographed cookbook. Slater offers more than 300 delectable dishes--both sweet and savory--such as Apricot and Pistachio Crumble, Baked Rhubarb with Blueberries, and Crisp Pork Belly with Sweet Peach Salsa. With a personal, almost confessional approach to his appetites and gustatory experiences, Slater has crafted a masterful book that will gently guide you from the garden to the kitchen, and back again.

Anxiety is natural. Calm is learned. If you didn't learn yesterday, you can learn today. It's not easy, of course. Once your natural alarm system is triggered, it's hard to find the off switch. Indeed, you don't have an off switch until you build one. *Tame Your Anxiety* shows you how. Readers learn about the brain chemicals that make us feel threatened and the chemicals that make us feel safe. You'll see how your brain turns on these chemicals with neural pathways built from past experience, and, most important, you discover your power to build new pathways, to enjoy more happy chemicals, and reduce threat chemicals. This book does not tell you to imagine yourself on a tropical beach. That's the last thing you want when you feel like a lion is chasing you. Instead, you will learn to ask your inner mammal what it wants and how you can get it. Each time you step toward meeting a survival need, you build the neural pathways that expect your needs to be met. You don't have to wait for a perfect world to feel good. You can feel good right now. The exercises in this book help you build a self-soothing circuit in steps so small that anyone can do it. Once you learn how it's done, and how it can help ease your anxiety, you will learn how to handle situations in which you feel threatened or anxious. Understanding the underlying mechanisms will help you stop them before they get ahead of you.

Both practical and inspiring, the first book from Jenni Kayne--the creator of the eponymous lifestyle brand--offers ideas and tips for entertaining and living well throughout the year. Jenni Kayne embodies an effortless aesthetic, where natural beauty is found in every detail. *Pacific Natural* illustrates Jenni's conscious way of living through personal anecdotes and tips with Jenni's home state of California serving as the backdrop. Organized by season, this entertaining book is your guide to creating special moments with family and friends. Each chapter includes tabletop ideas, simple crafts, tips for keeping a stocked kitchen and pantry, what to plant in your garden, and healthy, delicious recipes. From an apple harvest dinner and at-home herb drying in the fall, cocktail parties and DIY gift ideas in the winter, flower arranging in the spring and a beach picnic in the summer, Jenni shares her philosophy for creating traditions and living mindfully all year long. A thoughtful hands-on approach for stylish and balanced living, *Pacific Natural* shows us how to make the most of the time we spend together,

treating life's details with creativity and care.

Strike Four traces the development of all aspects of baseball and explains why these changes occurred and their consequences. It is the first book to provide a comprehensive narrative of how baseball evolved from an informal folk game to the game we see today played in ballparks across the U.S. and around the world.

Recipe Journal /120 Blank Cookbook Pages to write in /blank cookbook recipes & notes Make your own cookbook tailored to your needs or special for someone you love. The recipe options are endless. You can even make nut allergy free cookbooks if you choose! Gift it to someone else saying, "make your own cookbook" with this blank recipe book to write in. Includes space for title, serving sizes, prep time, directions, cook time, oven temperature, ingredients and methods. The recipe journal includes table of contents and pages for ingredients, cook times, prep times, oven temperature, tips, notes and directions. Personalize this Family Recipe Book & Adults! Add in all your Secret Family Recipes in this Blank Cookbook This Book makes a great gift and Family Activity for Mom, Dad, and Grandparents to share with Kids and Grandchildren! The recipe journal is 8.5x11, has 120 pages and has a sturdy high-color softcover.

Be an adventurous kid! Conquer a rock wall, go ziplining, create a geocache at your favorite nature hangout, camp without a tent. Most importantly, get your hands dirty. 101 Outdoor Adventures to Have Before You Grow Up offers up season-by-season activities, games, and challenges to get kids in the outdoors and loving it. With a striking visual style meant for big kids, this is the perfect book for that middle-age group who aren't little anymore, but haven't yet hit those teenage years.

When we were kids, our moms always seemed to know the thriftiest ways to fix delicious meals that everybody loved. Some of their dollar-stretching secrets still come in handy today! Dinners on a Dime cookbook is filled with easy, budget-friendly recipes for mouthwatering family meals. You'll find festive-yet-frugal suppers like 4-cheese mostaccioli bake, one-dish dinners like easy cheesy potatoes & sausage, and sides like buttery Parmesan potatoes. From warming soups and breads to sweet treats, Dinners on a Dime cookbook is filled with recipes just right for busy school nights, chilly days and family get-togethers.

This book explains why and how individuals (of all ages and levels of intelligence) and organizations act in ways that undermine their interests and even continued existence. A novel four-factor explanatory theory sheds light on a topic of universal interest: the everyday foolishness of humans.

What?! You've never heard of Crusoe the celebrity dachshund?! You must be living under a rock! ... Or at least that's what Crusoe thinks. He's the self-proclaimed "wiener dog who thinks he's more of a celebrity than he really is" (until now!). Crusoe is the star of his wildly popular blog of the same name, winner of the 2013 AND 2014 Best Pet Blog Award. That's right... two years in a row! Because Crusoe is a talented and ridiculously photogenic miniature dachshund with a big personality, stunning fashion sense, and an insatiable penchant for whimsy. Perhaps you know him better by his infamous alter ego, BATDOG? We thought so. This is Crusoe's New York Times bestselling book debut and he's so excited to share it with all of his adoring fans. Now everyone can stare lovingly into his big brown eyes and admire his wit and many costumes any time they choose. Crusoe is certain that his book will make the perfect gift for dog-lovers of all ages. He wants to be accessible to his fans so you can really get to know the mutt behind the mask, the pooch behind that signature sexy pout; the pup with a heart of gold. Can't miss Crusoe Features in the Book: The adventures of BATDOG and Robin Cooking with Crusoe Dr. Crusoe, the Dentist, and Malpractice International travels with the worldliest of adventure dogs Partners in crime with Crusoe and twin brother Oakley

**CLICK HERE** to download sample native plants from Real Gardens Grow Natives For many people, the most tangible and beneficial impact they can have

on the environment is right in their own yard. Aimed at beginning and veteran gardeners alike, *Real Gardens Grow Natives* is a stunningly photographed guide that helps readers plan, implement, and sustain a retreat at home that reflects the natural world. Gardening with native plants that naturally belong and thrive in the Pacific Northwest's climate and soil not only nurtures biodiversity, but provides a quintessential Northwest character and beauty to yard and neighborhood! For gardeners and conservationists who lack the time to read through lengthy design books and plant lists or can't afford a landscape designer, *Real Gardens Grow Natives* is accessible yet comprehensive and provides the inspiration and clear instruction needed to create and sustain beautiful, functional, and undemanding gardens. With expert knowledge from professional landscape designer Eileen M. Stark, *Real Gardens Grow Natives* includes:

- \* Detailed profiles of 100 select native plants for the Pacific Northwest west of the Cascades, plus related species, helping make plant choice and placement.
- \* Straightforward methods to enhance or restore habitat and increase biodiversity
- \* Landscape design guidance for various-sized yards, including sample plans
- \* Ways to integrate natives, edibles, and nonnative ornamentals within your garden
- \* Specific planting procedures and secrets to healthy soil
- \* Techniques for propagating your own native plants
- \* Advice for easy, maintenance using organic methods

A grand tour of the secret places - some known and many unknown - where WWII history was made.

Celebrate all year long with recipes that your family & friends will love! Filled with tasty and easy-to-fix recipes for every holiday to help you celebrate every memorable season. The book is divided by the seasons: Fall (Family get-togethers & game-day, Halloween and, of course, Thanksgiving), Winter Celebrations (Christmas to Valentine's Day and best-loved winter recipes), Spring (Easter, Mother's Day and more) and Summer (Memorial Day to Labor Day and County fairs in between). 245 Recipes.

This book explores indigenous and traditional, non-state transitional justice mechanisms used in two South African countries where there were no formal transitional justice mechanisms after protracted violence. It details how communities delve into their history and modes of everyday living in order to resolve conflict and achieve reconciliation.

Before you plan your family's next vacation to Maine's Acadia National Park, get some help from a travel professional... and your kids! *The Kid's Guide to Acadia National Park* lets the kids help plan your trip and guides you as you explore one of America's most popular national parks. Inside you'll find kid-tested tips on where to go, where to eat, what to see, and what to do in the park. Along the way, your kids will be engaged by reading and sharing fun facts and cool travel tips. Awesome games and quizzes will keep the family entertained, too. Fun for both visiting and local kids.

For this remarkable book, best-selling writer/artist Suzy Toronto focuses on one of her most popular topics: the bold spirit of women and the remarkable strength

of the bonds between them. "Who are these Wonderful Wacky Women?" she asks. "You know them. They are your friends, your sisters, your mothers, and grandmothers. They are even you and me! They are the women who rise above all obstacles to turn tragedy into triumph and who answer the call to make a difference in the world." This new softcover edition of one of Suzy's most beloved works gathers poems about women, their friendships, and their various roles in life with personal essays about the wonderful wacky women in her own life--and a few recipes sprinkled in for good measure. A celebration of "ordinary women who have accomplished extraordinary things," The Sacred Sisterhood of Wonderful Wacky Women is an inspiring and empowering collection for all women who recognize greatness in the women in their lives and in themselves.

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