

A Guide To The Human Resource Body Of Knowledge Hrbok

Intricate details of all aspects of the human body down to the smallest detail - from our cells and DNA to the largest bone in our bodies, the femur. 3D generated illustrations and medical imaging provide a close look at the body's forms and functions in physiology and anatomy, showing how the body works and its amazing systems and abilities. To understand our modern human bodies, this book first looks at our ancestors and how the evolution of Homo Sapiens shaped our anatomy. This gave us the ability to walk tall, create language, and make tools with our incredibly adapted opposable thumbs. Learn how we can see evolution in our DNA, and the functions of DNA. Read about the things you can only see with microscopes and other special imaging machines, like cell structure, motor pathways in the brain, and the inner iris. All these many parts work together to make the human body. The physiology of our body is written in clarifying detail. Learn about the organs and systems that operate within, like the cardiovascular, digestive, and neural systems. See our elegant anatomy and read how the skeleton, muscles, and ligaments operate to allow movement. This second edition has included more detail on the joints in the hands and feet. The Complete Human

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Body takes you from infancy to old age showing how our body grows and changes, and what can go wrong. 2nd Edition: Enhanced and Updated This visual guide uses remarkable illustrations and diagrams to peek inside our complex and astounding bodies. It has been written in an easy-to-follow format, with straightforward explanations to give you the best overview of the many things that make us human. Suitable for young students who want an extra resource for school, people working in medical fields, or for anyone with a keen interest in human biology. Inside the body of the book: - The Integrated Body - Anatomy - How the Body Works - Life Cycles - Diseases and Disorders

A New York Times Bestseller Bill Bryson, bestselling author of *A Short History of Nearly Everything*, takes us on a head-to-toe tour of the marvel that is the human body—with a new afterword for this edition. Bill Bryson once again proves himself to be an incomparable companion as he guides us through the human body—how it functions, its remarkable ability to heal itself, and (unfortunately) the ways it can fail. Full of extraordinary facts (your body made a million red blood cells since you started reading this) and irresistible Brysonesque anecdotes, *The Body* will lead you to a deeper understanding of the miracle that is life in general and you in particular. As Bill Bryson writes, “We pass our existence within this wobble of flesh and yet take it almost entirely for

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granted.” The Body will cure that indifference with generous doses of wondrous, compulsively readable facts and information. As addictive as it is comprehensive, this is Bryson at his very best, a must-read owner’s manual for every body. ONE OF THE BEST BOOKS OF THE YEAR: THE WASHINGTON POST • FINANCIAL TIMES • THE DALLAS MORNING NEWS • BOOKPAGE • THE BOSTON GLOBE

Explore God's Amazing Design...You! Every day our bodies process massive amounts of information and enable us to perform incredible feats. The ability to move our fingers across piano keys, fill a glass with water, read a book—all these simple actions mask miracles beneath the skin. Have you ever wondered... how a baby develops in the mother's womb? how our eyes capture the world around us? how we breathe, chew, and walk? Discover astonishing facts about the circulatory, nervous, respiratory, and immune systems. Find out how DNA serves as the basic building instructions for every part of the body. Guide to the Human Body will show you how the complexity of our design points to one magnificent Engineer!

Provides comprehensive explanations about basic body functions, from where food goes when eaten to how the eyelashes do their work, in an illustrated reference that is complemented by three acetate pages detailing how muscles, bones and organs fit

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together.

Provides information about the human body with commentary by a zombie, discussing such topics as cells, the different systems of the body, and health, and illustrated with pictures of zombies.

A lighthearted examination of the inner workings of the human mind makes recommendations for quick techniques for reestablishing psychological balance in the face of stress, anxiety and other mood disorders, outlining specific strategies for goal-setting, prioritizing and tracking personal progress. Original.

A guide to the human body answers common questions through text, photographs, illustrations, and diagrams that discuss body systems and health care, and includes complementary experiments and top ten lists.

Discover all there is to know about human anatomy in DK's latest concise visual guide to the human body. Fully updated to reflect the latest medical information, The Concise Human Body Book is illustrated throughout with colorful and comprehensive diagrams, photographs, scans, and 3D artworks, which take you right into the cells and fibers that are responsible for keeping your body ticking. The Concise Human Body Book provides full coverage of the body, function by function, system by system. In the opening chapter, colorful medical scans, illustrations, and easy-to-understand

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diagrams show you how the different parts of the body work together to produce a living whole. Eleven main body systems - including the skeletal system, cardiovascular system, and respiratory system - are then covered in intricate detail in the following chapters, with each section ending on common diseases and disorders that can affect that system. From bones and muscles to systems and processes, this in-depth, pocket-sized guide to the body's physical structure, chemical workings, and potential problems is the must-have reference manual for trainee medical professionals, students, or anyone interested in finding out more about how the human body works.

Why is this happening to me? My grandmother and mother had cancer, so how can I avoid it? My doctor said nothing can be done and I just have to live with this pain. If any of these statements sound familiar, then you need to read this book! A diagnosis of Hodgkin's Lymphoma inspired Shane Moore to make some significant changes in all aspects of her life. After being introduced to the John F. Barnes' Approach to Myofascial Release, Shane immediately knew she had found her true purpose. A User's Guide to the Human Body challenges the western medical explanation of how and why disease and chronic pain happen. It explores how we can cause and heal our own illness and pain and provides simple tools and techniques that can quickly and easily change your life. **WINNER OF THE ROYAL SOCIETY SCIENCE BOOK PRIZE** An instruction manual for life, love, and

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relationships by a brilliant young scientist whose Asperger's syndrome allows her--and us--to see ourselves in a different way...and to be better at being human Diagnosed with Autism Spectrum Disorder at the age of eight, Camilla Pang struggled to understand the world around her. Desperate for a solution, she asked her mother if there was an instruction manual for humans that she could consult. With no blueprint to life, Pang began to create her own, using the language she understands best: science. That lifelong project eventually resulted in *An Outsider's Guide to Humans*, an original and incisive exploration of human nature and the strangeness of social norms, written from the outside looking in--which is helpful to even the most neurotypical thinker. Camilla Pang uses a set of scientific principles to examine life's everyday interactions: - How machine learning can help us sift through data and make more rational decisions - How proteins form strong bonds, and what they teach us about embracing individual differences to form diverse groups - Why understanding thermodynamics is the key to seeking balance over seeking perfection - How prisms refracting light can keep us from getting overwhelmed by our fears and anxieties, breaking them into manageable and separate "wavelengths" Pang's unique perspective of the world tells us so much about ourselves--who we are and why we do the things we do--and is a fascinating guide to living a happier and more connected life.

Have you ever wished that you had an operator's manual for life when you were born? *The Message: A Guide to Being Human* offers a clear message: You are

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a spiritual being living in a body to fulfill a specific curriculum... that of your Soul. For three decades LD Thompson has traveled the globe and influenced thousands of individuals to re-connect with their own internal benevolent teacher. He states that the more you listen to your Soul and act on its values and urgings, the more graceful and joyous your life becomes. In the tradition of a spiritual classic, *The Message* is an inspiration to seasoned spiritual practitioners and new seekers alike. It offers powerful recommendations for how to achieve greater awareness of your Soul's curriculum and methods to implement it in daily life. Some books claim you can have anything you want. *The Message* teaches that your greatest happiness will come when you engage the guidance of your Soul in the process.

Including numerous views, cross-sections, and other diagrams, this entertaining instruction guide includes careful, scientifically accurate line renderings of the body's organs and major systems: skeletal, muscular, nervous, reproductive, and more. Each remarkably clear and detailed illustration is accompanied by concise, informative text and suggestions for coloring. 43 plates. *The User's Guide to Being Human* *The Art and Science of Self-Select Books*

Straightforward and concise, the second edition of *A Guide to Writing for Human Service Professionals* offers students and professionals practical tools to improve their writing. In his animated and highly accessible teaching voice, Glicken presents the rules of punctuation, grammar, and APA style in jargon-free

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language that's easy to understand. Chapters include detailed, real-world examples on how to write academic papers, client assessments and evaluations, business letters, research proposals and reports, papers for mass audiences, requests for funding, and much more.

Glicken provides the most comprehensive writing guide available in an engaging and digestible format, including end-of-chapter exercises that allow readers to further practice their writing and critical thinking skills. A Guide to Writing for Human Service Professionals is an invaluable resource for current and future human service professionals across social work, psychology, and counseling. Updates to the Second Edition include: New writing exercises in every chapter to help current and future human service professionals improve critical thinking and expository writing skills New discussion on social media writing, cyberslang, and writing articles for the mass media on issues related to the human services A greater emphasis on the difference between politically correct writing and writing that shows sensitivity to diversity Expanded coverage of critical thinking and writing, conducting research, and plagiarism New examples of resume writing, business letters, and reference letters Expanded discussion of the importance of writing clear mission statements and agency goals "The author examines eight human inner capacities by which people shape their lives. He outlines a step-by-step program to harness this great potential freely available within people to bring out the best in themselves and create the life they dream of leading" --Provided by publisher.

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This title was first published in 2002: This field guide assesses two views of human error - the old view, in which human error becomes the cause of an incident or accident, or the new view, in which human error is merely a symptom of deeper trouble within the system. The two parts of this guide concentrate on each view, leading towards an appreciation of the new view, in which human error is the starting point of an investigation, rather than its conclusion. The second part of this guide focuses on the circumstances which unfold around people, which causes their assessments and actions to change accordingly. It shows how to "reverse engineer" human error, which, like any other component, needs to be put back together in a mishap investigation.

PLEASE NOTE: This is a summary and analysis of the book and not the original book. If you'd like to purchase the original book, please paste this link in your browser: <https://amzn.to/2SuYp4U>

Are you emotionally healthy? Are people often manipulating you? Bestselling author Robert Greene dives deep into the laws that control human nature, exposing the darkness and the light that is within each our souls. A truly riveting read!

What does this ZIP Reads Summary Include?

- Synopsis of the original book
- Detailed explanation of all 18 laws of human nature
- Key takeaways from each chapter
- How to encourage positive behavior change in yourself
- How to identify and avoid toxic people

Editorial Review

Background on Robert Greene

About the Original Book: If you've ever wondered about

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human behavior, wonder no more. In *The Laws of Human Nature*, Greene takes a look at 18 laws that reveal who we are and why we do the things we do. Humans are complex beings, but Greene uses these laws to strip human nature down to its bare bones. Every law that he presents is supported by a real-life historical account, with an insightful twist to drive the point home. As you read the book, don't be surprised if you get the feeling that everyone you know, including yourself, is described in the book!

DISCLAIMER: This book is intended as a companion to, not a replacement for, *The Laws of Human Nature*. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way. Please follow this link:

<https://amzn.to/2SuYp4U> to purchase a copy of the original book. We are a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for us to earn fees by linking to Amazon.com and affiliated sites.

TECHNOLOGY IS EVOLVING AT THE FASTEST RATE WE'VE EVER SEEN, BUT IT MAY BE THE SLOWEST RATE WE'LL EVER SEE AGAIN! What does this mean for the future of the human race? Do we resist these changes or embrace them?

Australian biomedical engineer, inventor and visionary Dr Jordan Nguyen has lived a life of curiosity and wonder - exploring positive

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opportunities in science and technology, including robotics, artificial intelligence, bionics, extended reality and avatars. He believes that technology is a powerful tool that we as humans can choose to harness to create a better tomorrow. In *A Human's Guide to the Future*, Dr Jordan takes us on a journey through the exciting innovations being developed around the world, along the fun and imaginative rollercoaster of his own adventures, and to envisage where our collective future is headed. So get your undies on the outside of your pants and slap on your best cape, because we're hurtling towards a new era. A Superhuman Era!

An essential reference for HR professionals *A Guide to the HR Body of Knowledge (HRBoK™)* from HR Certification Institute (HRCI®) is an essential reference book for HR professionals and a must-have guide for those who wish to further their expertise and career in the HR field. This book will help HR professionals align their organizations with essential practices while also covering the Core Knowledge Requirements for all exams administered by HRCI. Filled with authoritative insights into the six areas of HR functional expertise: Business Management and Strategy; Workforce Planning and Employment; Human Resource Development; Compensation and Benefits; Employee and Labor Relations; and Risk Management, this volume also covers information on exam eligibility, and prep tips.

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Contributions from dozens of HR subject matter experts cover the skills, knowledge, and methods that define the profession's best practices. Whether used as a desk reference, or as a self-assessment, this book allows you to:

- Assess your skill set and your organization's practices against the HRCI standard
- Get the latest information on strategies HR professionals can use to help their organizations and their profession
- Gain insight into the body of knowledge that forms the basis for all HRCI certification exams

As the HR field becomes more diverse and complex, HR professionals need an informational "home base" for periodic check-ins and authoritative reference. As a certifying body for over four decades, HRCI has drawn upon its collective expertise to codify a standard body of knowledge for the field. The HRBoK is the definitive resource that will be your go-to HR reference for years to come.

Experiment with a range of drawing materials, from chalks and charcoal to watercolors and oils, allowing each medium to enhance your work. Understand the body's structure and how it moves. Develop your skills with a series of exciting projects, including arms, torso and legs, heads, the male and female body, a female reclining, an athlete, and a dancer. Discover how the amazing human body functions day in and day out to keep us alive. The intricate systems of the human body have fascinated us for centuries, and *The Ultimate Interactive Guide to the*

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Human Body gives children a complete overview of this remarkable machine in an easily accessible format. The 48-page book is filled with colorful illustrations, diagrams, and informative text on how all the parts of the body work together to enable us to move, learn, grow, and stay healthy. A large wall poster and 3-D cardstock models of a human skeleton and eyeball enhance the educational journey into discovering the amazing functions of the human body.

Did you know human attacks account for a staggering 100 percent of premature deaths for witches, swamp monsters, cyborgs, and other supernatural, mutant, and exceptionally large beings? The past millennia or so has seen not only an uptick in human attacks, but also increasingly indiscriminate victim selection. It is understandable to feel overwhelmed. From renowned preternaturalist K. E. Flann, *How to Survive a Human Attack* provides critical information at a critical time with chapters specifically tailored to their target audience, including: - *A Zombie's Guide to Filling the Emptiness and Moving Forward* - *First-Time Haunter's Guide for Ghosts, Spirits, Poltergeists, Specters, and Wraiths* - *Self-Training 101 for Werewolves: Sit, Don't Speak, Stay Alive!* - *What's Happening to My Body?: Radioactive Mutants and the Safety of the Nuclear Family*

An unforgettable, unconventional narrative that

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examines the many ways to be fully human, told by the first young adult with autism to attend Oxford University as a Rhodes Scholar. As a child, Jory Fleming was wracked by uncontrollable tantrums, had no tolerance for people, and couldn't manage the outside world. Slightly more than a decade later, he was bound for England, selected to attend one of the world's premier universities. *How to Be Human* explores life amid a world constructed for neurotypical brains when yours is not. But the miracle of this book is that instead of dwelling on Jory's limitations, those who inhabit the neurotypical world will begin to better understand their own: they will contemplate what language cannot say, how linear thinking leads to dead ends, and how nefarious emotions can be, particularly when, in Jory's words, they are "weaponized." Through a series of deep, personal conversations with writer Lyric Winik, Jory makes a compelling case for logical empathy based on rational thought, asks why we tolerate friends who see us as a means to an end, and explains why he believes personality is a choice. Most movingly, he discusses how, after many hardships, he maintains a deep, abiding faith: "With people, I don't understand what goes in and what comes out, and how to relate," he says. "But I can always reconnect with my relationship with my Creator." Join Jory and Lyric as they examine what it means to be human and ultimately how each of us

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might become a better one. Jory asks us to consider: Who has value? What is a disability? And how do we correct the imbalances we see in the world? How to Be Human shows us the ways a beautifully different mind can express the very best of our shared humanity.

From the 3.5 million-year-old Lucy-one of our most famous early ancestors-to the rise of Homo sapiens and the spread of our species throughout the globe, this guide explores everything curious readers want to know about prehistory.

Reveal the inner workings of the human body with this illustrated atlas. How well do you know your body? What happens under your skin? Where exactly is your stomach? What does your liver do? How can ears help your balance? The Body Atlas answers all these questions and many more. This unique visual guide approaches a body as if it were a map, divided into "continents" (such as parts of the body) and "countries" (such as organs). You can see inside your body and examine it region by region - for example, the head and neck or the upper torso. These regions enclose vital structures, such as the brain, lungs, and heart, just as continents contain countries. Body systems such as the circulatory system (blood) and nervous system, link the body regions just like mountains and rivers range across countries. The detailed illustrations carefully pull back the layers of the body so you can see inside the hidden interior. All bones, muscles, and organs are clearly labeled with scientific and common names; and there are

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photos of parts you wouldn't normally be able to see, such as your vocal cords. Packed with amazing facts and illustrations, *The Body Atlas* takes you on a top-to-toe tour through your own anatomy. Now celebrating its 25th anniversary, this book has been refreshed for a new generation of budding biologists and doctors-in-the-making.

Your mind is not built to make you happy; it's built to help you survive. So far, it's done a great job! But in the process, it may have developed some bad habits, like avoiding new experiences or scrounging around for problems where none exist. Is it any wonder that worry, bad moods, and self-critical thoughts so often get in the way of enjoying life? *The User's Guide to the Human Mind* is a road map to the puzzling inner workings of the human mind, replete with exercises for overriding the mind's natural impulses toward worry, self-criticism, and fear, and helpful tips for acting in the service of your values and emotional well-being—even when your mind has other plans. Find out how your mind tries to limit your behavior and your potential Discover how pessimism functions as your mind's error management system Learn why you shouldn't believe everything you think Overrule your thoughts and feelings and take charge of your mind and your life

Ever since the birth of molecular biology, the tantalizing possibility of treating disease at its genetic roots has become increasingly feasible. Gene therapy - though still in its infancy - remains one of the hottest areas of research in medicine. Its approach utilizes a gene transfer vehicle (vector) to deliver therapeutic DNA or

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RNA to cells of the body in order to rectify the defect that is causing the disease. Successful therapies have been reported in humans in recent years such as cures in boys with severe immune deficiencies. Moreover, gene therapy strategies are being adapted in numerous biomedical laboratories to obtain novel treatments for a variety of diseases and to study basic biological aspects of disease. Correction of disease in animal studies, is steadily gaining ground, highlighting the immense potential of gene therapy in the medical profession. This book will cover topics that are at the forefront of biomedical research such as RNA interference, viral and non-viral gene transfer systems, treatment of hematological diseases and disorders of the central nervous system. Leading experts on the respective vector or disease will contribute the individual chapters and explain cutting-edge technologies. It also gives a broad overview of the most important gene transfer vectors and most extensively studied target diseases. This comprehensive guide is therefore a must-read for anyone in the biotechnology, biomedical or medical industries seeking to further their knowledge in the area of human gene therapy.

The auto insurance mascot dispenses insights and observations on such aspects of daily life as Facebook friend requests, coping with success, thinking about the future, and spray tans.

An essential guide for understanding the inner workings of your brain! Do you really only use 10 percent of your brain? Can a bump to the head really restore memories? Does your brain ever lie to you? Why do you always

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forget where your glasses are, but never how to read? The brain makes you who you are. This fascinating organ creates your personality and controls your reactions and emotions. It's responsible for how you perceive the world around you--all while controlling hundreds of physical functions like breathing, moving, circulation, and digestion. The brain is simply amazing! The Everything Guide to the Human Brain will help you to unlock the mysteries of the brain. You'll learn how the brain communicates with each part of the body, how it affects your emotional life, why you dream, and how you remember things. And you'll also get in-depth descriptions of brain disorders and how science and medicine are working to heal or reverse them. Written in plain English, this ultimate user's guide will help you learn about the most influential part of your body! From the savannas of Africa to modern-day labs for biomechanical analysis and molecular genetics, Smithsonian Intimate Guide to Human Origins reveals how anthropologists are furiously redrawing the human family tree. Their discoveries have spawned a host of new questions: Should chimpanzees be included as a human species? Was it the physical difficulty of human childbirth that encouraged the development of social groups in early human species? Did humans and Neanderthals interbreed? Why did humans supplant Neanderthals in the end? In answering such questions, Smithsonian Intimate Guide to Human Origins sheds new light on one of the most important questions of all: What makes us human? Where do we come from? Who created us? Why are we

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here? These questions have puzzled us since the dawn of time, but when it became apparent to Jon Stewart and the writers of The Daily Show that the world was about to end, they embarked on a massive mission to write a book that summed up the human race: What we looked like; what we accomplished; our achievements in society, government, religion, science and culture -- all in a tome of 238 pages with lots of color photos, graphs and charts. After two weeks of hard work, they had their book. EARTH (The Book) is the definitive guide to our species. With their trademark wit, irreverence, and intelligence, Stewart and his team posthumously answer all of life's most hard-hitting questions, completely unburdened by objectivity, journalistic integrity, or even accuracy.

"Kryon speaks of new human empowerment and says that we all meta-phorically "stood in line" to be here on the planet at this particular time. Can we really become different? Can we actually create our own reality or heal ourselves? Absolutely!"

Human error is here to stay. This perhaps obvious statement has a profound implication for society when faced with the types of hazardous system accidents that have occurred over the past three decades. Such accidents have been strongly influenced by human error, yet many system designs in existence or being planned and built do not take human error into consideration.; "A Guide to Practical Human Reliability Assessment" is a practical and pragmatic guide to the techniques and approaches of human reliability assessment HRA. It offers the reader explanatory and practical methods which have been applied and have worked in high technology and high risk assessments - particularly but not exclusively to

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potentially hazardous industries such as exist in process control, nuclear power, chemical and petrochemical industries. A Guide to Practical Human Reliability Assessment offers the practitioner a comprehensive tool-kit of different approaches along with guidance on selecting different methods for different applications. It covers the risk assessment and the HRA process, as well as methods of task analysis, error identification, quantification, representation of errors in the risk analysis, followed by error reduction analysis, quality assurance and documentation. There are also a number of detailed case studies from nuclear, chemical, offshore, and marine HRA'S, exemplifying the image of techniques and the impact of HRA in existing and design-stage systems.

If you thought you knew who you were, THINK AGAIN. Did you know that half your DNA isn't human? That somebody, somewhere has exactly the same face? Or that most of your memories are fiction? What about the fact that you are as hairy as a chimpanzee, various parts of your body don't belong to you, or that you can read other people's minds? Do you really know why you blush, yawn and cry? Why 90 per cent of laughter has nothing to do with humour? Or what will happen to your mind after you die? You belong to a unique, fascinating and often misunderstood species. How to be Human is your guide to making the most of it.

There are plenty of guides out there for humans about training their dogs - as if humans have ever been the ones in charge. One dog has at last agreed to share the insights gained through years of hard experience: Maggie Mayhem has trained some of the world's most stubborn humans (including her co-author Kim Sears), and so there is no better canine to explain the complexities of human behavior and guide you through the ownership journey. How to Look After Your Human includes: - tips and techniques on everything

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from choosing the right human for you, to managing their diet and instilling a mutually beneficial exercise regime - a guide to deciphering human language, including which words you should be paying attention to (very few) and those you should ignore entirely (rather a lot) - advice on the vexed issues of fancy dress (canine) and personal hygiene (human) Written with Maggie's signature wit and wisdom, *How to Look After Your Human* is the perfect gift for dogs looking to build that unique bond with their humans. The text is accompanied throughout by bright, quirky artwork from critically acclaimed Penguin in Peril creator Helen Hancocks.

A Wharton professor and tech entrepreneur examines how algorithms and artificial intelligence are starting to run every aspect of our lives, and how we can shape the way they impact us Through the technology embedded in almost every major tech platform and every web-enabled device, algorithms and the artificial intelligence that underlies them make a staggering number of everyday decisions for us, from what products we buy, to where we decide to eat, to how we consume our news, to whom we date, and how we find a job. We've even delegated life-and-death decisions to algorithms--decisions once made by doctors, pilots, and judges. In his new book, Kartik Hosanagar surveys the brave new world of algorithmic decision-making and reveals the potentially dangerous biases they can give rise to as they increasingly run our lives. He makes the compelling case that we need to arm ourselves with a better, deeper, more nuanced understanding of the phenomenon of algorithmic thinking. And he gives us a route in, pointing out that algorithms often think a lot like their creators--that is, like you and me. Hosanagar draws on his experiences designing algorithms professionally--as well as on history, computer science, and psychology--to explore how algorithms work and why they occasionally go rogue, what drives our trust in them,

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and the many ramifications of algorithmic decision-making. He examines episodes like Microsoft's chatbot Tay, which was designed to converse on social media like a teenage girl, but instead turned sexist and racist; the fatal accidents of self-driving cars; and even our own common, and often frustrating, experiences on services like Netflix and Amazon. A Human's Guide to Machine Intelligence is an entertaining and provocative look at one of the most important developments of our time and a practical user's guide to this first wave of practical artificial intelligence.

Complementary and alternative approaches to health and medicine have become increasingly widespread as the limits of conventional treatments become more apparent. Holistic Anatomy presents an authoritative study of anatomy, physiology, and pathology but expands the discussion by connecting the science of the body to a variety of alternative modalities to explore how human beings exist within—and interact with—their environment, and how they experience existence in emotional and spiritual terms. Basic scientific terminology and detailed descriptions are interwoven with informal, sometimes humorous observations, facts, and ideas about life. The mechanisms, structure, and functions of the body are explored, along with how they relate to spiritual and energetic paradigms, emotions, and ecological principles. The first half of the book covers basic anatomy and physiology, describing each major system of the body and how they interrelate. This part includes a thoughtful discussion of aging and the dying process. The second half focuses on models of health and disease, both traditional and holistic. Topics include western pathology, emotional health, five element medicine, and the spiritual cause for disease.

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