

A Path Appears Transforming Lives Creating Opportunity

"From the authors of the #1 New York Times best-selling *Half the Sky*, a unique and essential narrative about making a difference in the world--a roadmap to becoming a conscientious global citizen. Equal in urgency and compassion to *Half the Sky*, this galvanizing new book from the acclaimed husband and wife team is even more ambitious in scale: nothing less than a deep examination of people who are making the world a better place, and the myriad ways we can support them, whether with a donation of five dollars or five million, an inkling to help or a useful skill to deploy. With scrupulous research and on-the-ground reporting, the authors assay the art and science of giving--determining the current most successful local and global aid initiatives (on issues from education to inner-city violence to disease prevention), evaluating the efficiency and impact of specific approaches and charities, as well as fundraising. Most compellingly, perhaps, they show us how particular people have made a difference, and offer practical advice on how best each of us can give and what we can personally derive from doing so"--

"The Great Surge tells the remarkable story of this unprecedented economic, social, and political transformation. It shows how the end of the Cold War, the development of new technologies, globalization, courageous local leadership, and in some cases, good fortune, have combined to dramatically improve the fate of hundreds of millions of people in poor countries around the world. Most importantly, The Great Surge reveals how we can fight the changing tides of climate change, resource demand, economic and political mismanagement, and demographic pressures to accelerate the political, economic, and social development that has been helping the poorest of the poor around the world,"--Amazon.com.

An insightful and comprehensive look at Asia on the rise—a "masterful job of describing Asia's anguish and ambition" (*The Washington Post Book World*)—from the Pulitzer Prize–winning journalists and bestselling authors of *Half a Sky* and *Tightrope* The 1997 economic crisis in Asia heaped devastation upon millions. Yet Nicholas Kristof and Sheryl WuDunn argue that it was the best thing that could have happened to Asia. It destroyed the cronyism, protectionism, and government regulation that had been crippling Asian business for decades, and it left in its wake a vast region of resilient and determined millions poised to wrest economic, diplomatic and military power from the West. Thunder from the East is a riveting look at a complex region, a fascinating panoply of compelling characters, and a prophetic analysis from arguably the West's most informed and intelligent writers on Asia.

Fairy tales for our times from the Pulitzer Prize–winning author of *The Hours* A poisoned apple and a monkey's paw with the power to change fate; a girl whose extraordinarily long hair causes catastrophe; a man with one human arm and one swan's wing; and a house deep in the forest, constructed of gumdrops and gingerbread, vanilla frosting and boiled sugar. In *A Wild Swan and Other Tales*, the people and the talismans of lands far, far away—the mythic figures of our childhoods and the source of so much of our wonder—are transformed by Michael Cunningham into stories of sublime revelation. Here are the moments that our fairy tales forgot or deliberately concealed: the years after a spell is broken, the rapturous instant of a miracle unexpectedly realized, or the fate of a prince only half cured of a curse. The Beast stands ahead of you in line at the convenience store, buying smokes and a Slim Jim, his devouring smile aimed at the cashier. A malformed little man with a knack for minor acts of wizardry goes to disastrous lengths to procure a child. A loutish and lazy Jack prefers living in his mother's basement to getting a job, until the day he trades a cow for a handful of magic beans. Reimagined by one of the most gifted storytellers of his

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generation, and exquisitely illustrated by Yuko Shimizu, rarely have our bedtime stories been this dark, this perverse, or this true.

"Rosamund Zander is a miracle. Her generous voice will resonate with you, change you and help you create work that matters." —Seth Godin, author of *The Icarus Deception* The bestselling author of *The Art of Possibility* returns with a new vision for achieving true human fulfillment that's sure to appeal to fans of Brene Brown's *Daring Greatly* and Elizabeth Gilbert's *Big Magic* As children, we develop stories about how the world works, most of which get improved upon and amended over time. But some do not, even as we mature in other ways. Opinionated, self-centered and fear-driven, these "child stories" are the source of the behavioral and emotional patterns that hold us back. When we learn to identify and rewrite these stories, limitless growth becomes possible. In her groundbreaking and inspiring new book, Rosamund Stone Zander shows us that life is a story we tell ourselves, and that we have the power to change that story. She illuminates how breaking old patterns and telling a new story can transform not just our own lives, but also our relationships with others—whether in a marriage, a classroom, or a business. Finally, she demonstrates how, with this new understanding of ourselves and our place within an interconnected world, we can take powerful action in the collective interest, and gain a sense of deep connection to the universe. *Pathways to Possibility* expands our notions of how much we can grow and change, whether we can affect others or the world at large, and how much freedom and joy we can experience. Stimulating and profound, it is the perfect companion to her beloved first book, *The Art of Possibility*.

This collection analyses the future of 'trauma theory', a major theoretical discourse in contemporary criticism and theory. The chapters advance the current state of the field by exploring new areas, asking new questions and making new connections. Part one, *History and Culture*, begins by developing trauma theory in its more familiar post-deconstructive mode and explores how these insights might still be productive. It goes on, via a critique of existing positions, to relocate trauma theory in a postcolonial and globalized world, theoretically, aesthetically and materially, and focuses on non-Western accounts and understandings of trauma, memory and suffering. Part two, *Politics and Subjectivity*, turns explicitly to politics and subjectivity, focussing on the state and the various forms of subjection to which it gives rise, and on human rights, biopolitics and community. Each chapter, in different ways, advocates a movement beyond the sort of texts and concepts that are the usual focus for trauma criticism and moves this dynamic network of ideas forward. With contributions from an international selection of leading critics and thinkers from the US and Europe, this volume will be a key critical intervention in one of the most important areas in contemporary literary criticism and theory.

Michael Strahan spent his childhood on a military base in Europe, where community meant everything, and life, though idyllic, was different. For one, when people referenced football they meant soccer. So when Michael's father suggested he work toward a college scholarship by playing football in Texas, where tens of thousands of people show up for a weekend game, the odds were long. Yet he did, indeed, land a scholarship and from there a draft into the NFL where he scaled the league's heights, broke records, and helped his team win the Super Bowl, as a result of which he was inducted into the Hall of Fame. How? By developing "Strahan's Rules" -- a mix of mental discipline, positive thinking, and a sense of play. He also used the Rules to forge a successful post pro-ball career as cohost with Kelly Ripa on *Live!* -- a position for which he was considered the longshot -- and much more. In *Wake Up Happy*, Michael shares personal stories about how he gets and stays motivated and how readers can do the same in their quest to attain their life goals.

How can we rebuild America so that it is a land with opportunity for all, wherever we live, whatever our complexion? Tightrope outlines a better path for our nation, but first it takes us through an "other America" where wages are low and stagnant, decent jobs are scarce, racial inequity is stark, and Americans die of drug overdoses every seven minutes. Kristof and WuDunn tell the story of America's crisis partly

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through the lives of friends Kristof grew up with in rural Yamhill, Oregon, a working-class area that was hit badly by the disappearance of blue-collar jobs. Their powerful personal stories and those of others bring to life how we got into this mess and also show a path by which we can right ourselves as a country, redress racial inequity, reduce inequality, and build economic opportunity. *Tightrope* is a story of hope that is riveting, deeply personal, and impossible to ignore. Book jacket.

Sit back and relax and learn about why overworking and under resting can be harmful to yourself and your career. "Rest is such a valuable book. If work is our national religion, Pang is the philosopher reintegrating our bifurcated selves."---Arianna Huffington, *New York Times Book Review* *Overwork* is the new normal. Rest is something to do when the important things are done-but they are never done. Looking at different forms of rest, from sleep to vacation, Silicon Valley futurist and business consultant Alex Soojung-Kim Pang dispels the myth that the harder we work the better the outcome. He combines rigorous scientific research with a rich array of examples of writers, painters, and thinkers---from Darwin to Stephen King---to challenge our tendency to see work and relaxation as antithetical. "Deliberate rest," as Pang calls it, is the true key to productivity, and will give us more energy, sharper ideas, and a better life. Rest offers a roadmap to rediscovering the importance of rest in our lives, and a convincing argument that we need to relax more if we actually want to get more done.

Find Me Unafraid tells the uncommon love story between two uncommon people whose collaboration sparked a successful movement to transform the lives of vulnerable girls and the urban poor. With a Foreword by Nicholas Kristof. This is the story of two young people from completely different worlds: Kennedy Odede from Kibera, the largest slum in Africa, and Jessica Posner from Denver, Colorado. Kennedy foraged for food, lived on the street, and taught himself to read with old newspapers. When an American volunteer gave him the work of Mandela, Garvey, and King, teenaged Kennedy decided he was going to change his life and his community. He bought a soccer ball and started a youth empowerment group he called Shining Hope for Communities (SHOFCO). Then in 2007, Wesleyan undergraduate Jessica Posner spent a semester abroad in Kenya working with SHOFCO. Breaking all convention, she decided to live in Kibera with Kennedy, and they fell in love. Their connection persisted, and Jessica helped Kennedy to escape political violence and fulfill his lifelong dream of an education, at Wesleyan University. The alchemy of their remarkable union has drawn the support of community members and celebrities alike---The Clintons, Mia Farrow, and Nicholas Kristof are among their fans---and their work has changed the lives of many of Kibera's most vulnerable population: its girls. Jess and Kennedy founded Kibera's first tuition-free school for girls, a large, bright blue building, which stands as a bastion of hope in what once felt like a hopeless place. But Jessica and Kennedy are just getting started---they have expanded their model to connect essential services like health care, clean water, and economic empowerment programs. They've opened an identical project in Mathare, Kenya's second largest slum, and intend to expand their remarkably successful program for change. Ultimately this is a love story about a fight against poverty and hopelessness, the transformation made possible by a true love, and the power of young people to have a deep impact on the world.

Offers advice on how to lead an organization into change, including establishing a sense of urgency, developing a vision and strategy, and generating short-term wins.

A journey through a land where Milo learns the importance of words and numbers provides a cure for his boredom.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

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In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

The authors document how four forces--exponential technologies, the DIY innovator, the Technophilanthropist, and the Rising Billion--are conspiring to solve our biggest problems. "Abundance" establishes hard targets for change and lays out a strategic roadmap for governments, industry and entrepreneurs, giving us plenty of reason for optimism.

The classic work on the evaluation of city form. What does the city's form actually mean to the people who live there? What can the city planner do to make the city's image more vivid and memorable to the city dweller? To answer these questions, Mr. Lynch, supported by studies of Los Angeles, Boston, and Jersey City, formulates a new criterion—imageability—and shows its potential value as a guide for the building and rebuilding of cities. The wide scope of this study leads to an original and vital method for the evaluation of city form. The architect, the planner, and certainly the city dweller will all want to read this book.

The definitive book on China's uneasy transformation into an economic and political superpower, and an insightful and thought-provoking analysis of daily life in China from the Pulitzer Prize–winning journalists and bestselling authors of *Half a Sky*. "Nick Kristof's and Sheryl WuDunn's work as correspondents in China was beyond compare, and now they have written a book every bit as astonishing. *China Wakes* is filled with anecdote, detail, and analysis of the highest order.... This book demands reading, and yet it is a pleasure as well as an education." —David Remnick, Editor of *The New Yorker* Featuring 16 pages of photos

The New York Times #1 bestselling book by Pastor Rick Warren that helps you understand and live out the purpose of your life. Before you were born, God already planned your life. God longs for you to discover the life he uniquely created you to live--here on earth, and forever in eternity. Let *The Purpose Driven Life* show you how. As one of the bestselling nonfiction books in history, with more than 35 million copies sold, *The Purpose Driven Life* is far more than just a book; it's the road map for your spiritual journey. A journey that will transform your life. Designed to be read in 42 days, each chapter provides a daily meditation and practical steps to help you discover and live out your purpose, starting with exploring three of life's most pressing questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? The book also includes links to 3-minute video introductions and a 30- to 40-minute audio Bible study message for each chapter. Plus questions for further study and additional resources. *The Purpose Driven Life* is available in

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audiobook, ebook, softcover, and hardcover editions. Also available: The Purpose Driven Life video study and study guide, journal, devotional, book for kids, book for churches, Spanish edition, Large Print edition, and more.

Presents a narrative roadmap about making a difference in the world, explaining how to identify effective local and global aid initiatives and participate in successful fund-raisers and charities.

God has a purpose for your life, and every action or event that occurs within it has been used to make that purpose a reality. The story of Esther appears to be a series of coincidences strung together to deliver the Jews from certain death. However, God selected Esther for a particular purpose at a particular time. Discover your own pathway to purpose through learning principles on providence as Tony Evans takes us on a journey of epic proportions.

This is the first comprehensive study in the context of EMDEs that covers, in one consistent framework, the evolution and global and domestic drivers of inflation, the role of expectations, exchange rate pass-through and policy implications. In addition, the report analyzes inflation and monetary policy related challenges in LICs. The report documents three major findings: In First, EMDE disinflation over the past four decades was to a significant degree a result of favorable external developments, pointing to the risk of rising EMDE inflation if global inflation were to increase. In particular, the decline in EMDE inflation has been supported by broad-based global disinflation amid rapid international trade and financial integration and the disruption caused by the global financial crisis. While domestic factors continue to be the main drivers of short-term movements in EMDE inflation, the role of global factors has risen by one-half between the 1970s and the 2000s. On average, global shocks, especially oil price swings and global demand shocks have accounted for more than one-quarter of domestic inflation variatio--and more in countries with stronger global linkages and greater reliance on commodity imports. In LICs, global food and energy price shocks accounted for another 12 percent of core inflation variatio--half more than in advanced economies and one-fifth more than in non-LIC EMDEs. Second, inflation expectations continue to be less well-anchored in EMDEs than in advanced economies, although a move to inflation targeting and better fiscal frameworks has helped strengthen monetary policy credibility. Lower monetary policy credibility and exchange rate flexibility have also been associated with higher pass-through of exchange rate shocks into domestic inflation in the event of global shocks, which have accounted for half of EMDE exchange rate variation. Third, in part because of poorly anchored inflation expectations, the transmission of global commodity price shocks to domestic LIC inflation (combined with unintended consequences of other government policies) can have material implications for poverty: the global food price spikes in 2010-11 tipped roughly 8 million people into poverty.

Donors, leaders of nonprofits, and public policy makers usually have the best of intentions to serve society and improve social conditions. But often their solutions fall far short of what they want to accomplish and what is truly needed. Moreover, the answers they propose and fund often produce the opposite of what they want over time. We end up with temporary shelters that increase homelessness, drug busts that increase drug-related crime, or food aid that increases starvation. How do these unintended consequences come about and how can we avoid them? By applying conventional thinking to complex social problems, we often

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perpetuate the very problems we try so hard to solve, but it is possible to think differently, and get different results. *Systems Thinking for Social Change* enables readers to contribute more effectively to society by helping them understand what systems thinking is and why it is so important in their work. It also gives concrete guidance on how to incorporate systems thinking in problem solving, decision making, and strategic planning without becoming a technical expert. *Systems thinking* leader David Stroh walks readers through techniques he has used to help people improve their efforts to end homelessness, improve public health, strengthen education, design a system for early childhood development, protect child welfare, develop rural economies, facilitate the reentry of formerly incarcerated people into society, resolve identity-based conflicts, and more. The result is a highly readable, effective guide to understanding systems and using that knowledge to get the results you want.

The tranquility of Mars is disrupted by humans who want to conquer space, colonize the planet, and escape a doomed Earth. A Pulitzer Prize-winning husband-and-wife team speaks out against the oppression of women in the developing world, sharing example stories about victims and survivors who are working to raise awareness, counter abuse, and campaign for women's rights.

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. *Transforming the Workforce for Children Birth Through Age 8* explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. *Transforming the Workforce for Children Birth Through Age 8* offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

A special 25th anniversary edition of the extraordinary international bestseller, including a new Foreword by Paulo Coelho. Combining magic, mysticism, wisdom and wonder into an inspiring tale of self-discovery, *The Alchemist* has become a modern classic, selling millions of copies around the world and transforming the lives of countless readers across generations. Paulo Coelho's masterpiece tells the mystical story of Santiago, an Andalusian shepherd boy who yearns to travel in search of a worldly treasure. His quest will lead him to riches far different—and

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far more satisfying—than he ever imagined. Santiago's journey teaches us about the essential wisdom of listening to our hearts, of recognizing opportunity and learning to read the omens strewn along life's path, and, most importantly, to follow our dreams.

The Hope We Share How do we bring people together when our society is breaking apart? What will it take to bridge our divides, overcome mistrust, and restore our belief that we can get things done together as Americans? How do we bring out the best in us? In *Stepping Forward*, Richard C. Harwood gives us a new and inspiring blueprint to rediscover what we share in common and actively build upon it. As a trusted civic voice, he argues that to get the country moving in the right direction, these efforts must start in our local communities. Harwood shows us how we can reach within and beyond ourselves to address our shared challenges and create more purpose and meaning in our lives by—

- Being a part of something larger than ourselves and truly making a difference in our communities
- Refocusing on the desire for good in each other
- Unleashing a greater sense of shared responsibility
- Finding the courage and humility to take such a path

Americans are yearning for answers to the country's rampant polarization, hate speech, and gridlock. *Stepping Forward* shows us how to channel our frustrations, energies, and aspirations to get on a more hopeful path.

If you were free from fear, who would you have the freedom to be? #1 New York Times best-selling author Gabrielle Bernstein charts a path to heal trauma, unlearn fear, and remember love. What if you could wake up every day without anxiety? View your past with purpose, not regret? Live happy, peaceful, and free from fear? You can—and Gabrielle Bernstein will show you the way. Gabby has long been loved by her readers as a spiritual teacher, motivational speaker, and catalyst for profound inner change. Her new book presents her most powerful teaching yet: a plan for transforming the pain of your past, whatever that may be, into newfound strength and freedom. You'll learn:

- Why most people feel stuck in patterns that make them unhappy—and what to do about it
- 9 transformational, yet untapped, techniques for serenity and genuine happiness—from techniques for “reparenting” yourself to bodywork practices for freeing the stuck energy of past trauma
- The mindset shift that can do more for you than decades of personal work
- How to go into the places that scare you—and come away freer than ever before

“This book is my gift to you,” Gabby writes. “It will answer your questions about why you feel blocked, scared, anxious, depressed, or alone, and it will liberate you from the belief system that has kept you small for so long. . . . By taking this path you will become the best version of yourself. You will become new.”

A cloth bag containing 20 paperback copies of the title that may also include a folder with sign out sheets.

The New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year “A feel-good book guaranteed to lift your spirits.”—The Washington Post

The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of *How To Stop Time* and *The Comfort Book*. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In *The Midnight Library*, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

A book—rare in our arid age—that takes root in the heart and grows there for a lifetime. Here the spirituality of the East and the West have met

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in a novel that enfigures deep human wisdom with a rich and colorful imagination. Written in a prose of almost biblical simplicity and beauty, it is the story of a soul's long quest in search of the ultimate answer to the enigma of man's role on this earth. As a youth, the young Indian Siddhartha meets the Buddha but cannot be content with a disciple's role: he must work out his own destiny and solve his own doubt—a tortuous road that carries him through the sensuality of a love affair with the beautiful courtesan Kamala, the temptation of success and riches, the heartache of struggle with his own son, to final renunciation and self-knowledge. The name "Siddhartha" is one often given to the Buddha himself—perhaps a clue to Hesse's aims in contrasting the traditional legendary figure with his own conception, as a European (Hesse was Swiss), of a spiritual explorer.

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today **DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

An exploration of how altruism affects us, what are the markers for success, and how to avoid the pitfalls—with scrupulous research and on-the-ground reporting from the Pulitzer Prize-winning journalists and bestselling authors of *Half a Sky* and *Tightrope* Kristof and WuDunn will inspire you to "change lives for the better, including your own (*The New York Times Book Review*). In their recounting of astonishing stories from the front lines of social progress, we see the compelling, inspiring truth of how real people have changed the world, underscoring that one person can make a difference. *A Path Appears* offers practical, results-driven advice on how best each of us can give and reveals the lasting benefits we gain in return. Kristof and WuDunn know better than most how many urgent challenges communities around the world face today. Here they offer a timely beacon of hope for our collective future.

In this book Jeffrey C. Alexander develops an original social theory of trauma and uses it to carry out a series of empirical investigations into social suffering around the globe. Alexander argues that traumas are not merely psychological but collective experiences, and that trauma work plays a key role in defining the origins and outcomes of critical social conflicts. He outlines a model of trauma work that relates interests of carrier groups, competing narrative identifications of victim and perpetrator, utopian and dystopian proposals for trauma resolution, the performative power of constructed events, and the distribution of organizational resources. Alexander explores these processes in richly textured case studies of cultural-trauma origins and effects, from the universalism of the Holocaust to the particularism of the Israeli right, from postcolonial battles over the Partition of India and Pakistan to the invisibility of the Rape of Nanjing in Maoist China. In a particularly controversial chapter, Alexander describes the idealizing discourse of globalization as a trauma-response to the Cold War. Contemporary societies have often been described as more concerned with the past than the future, more with tragedy than progress. In *Trauma: A Social Theory*, Alexander explains why.

This book examines the roots of human security, connecting its origins to its applications and challenges in war and peacetime.

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For more than a decade, Katherine Zoepf has lived in or traveled throughout the Arab world, reporting on the lives of women, whose role in the region has never been more in flux. Only a generation ago, female adolescence as we know it in the West did not exist in the Middle East. There were only children and married women. Today, young Arab women outnumber men in universities, and a few are beginning to face down religious and social tradition in order to live independently, to delay marriage, and to pursue professional goals. Hundreds of thousands of devout girls and women are attending Qur'anic schools—and using the training to argue for greater rights and freedoms from an Islamic perspective. And, in 2011, young women helped to lead antigovernment protests in the Arab Spring. But their voices have not been heard. Their stories have not been told. In Syria, before its civil war, she documents a complex society in the midst of soul searching about its place in the world and about the role of women. In Lebanon, she documents a country that on the surface is freer than other Arab nations but whose women must balance extreme standards of self-presentation with Islamic codes of virtue. In Abu Dhabi, Zoepf reports on a generation of Arab women who've found freedom in work outside the home. In Saudi Arabia she chronicles driving protests and women entering the retail industry for the first time. In the aftermath of Tahrir Square, she examines the crucial role of women in Egypt's popular uprising. Deeply informed, heartfelt, and urgent, *Excellent Daughters* brings us a new understanding of the changing Arab societies—from 9/11 to Tahrir Square to the rise of ISIS—and gives voice to the remarkable women at the forefront of this change.

“Offers a useful reminder of the role of modern science in fundamentally transforming all of our lives.” —President Barack Obama (on Twitter)

“An important book.” —Steven Pinker, *The New York Times Book Review* Now also a PBS documentary series: the surprising story of how humans gained what amounts to an extra life, from the bestselling author of *How We Got to Now* and *Where Good Ideas Come From* As a species we have doubled our life expectancy in just one hundred years. All the advances of modern life—the medical breakthroughs, the public health institutions, the rising standards of living—have given us each about twenty thousand extra days on average. There are few measures of human progress more astonishing than our increased longevity. This book is Steven Johnson's attempt to understand where that progress came from. How many of those extra twenty thousand days came from vaccines, or the decrease in famines, or seatbelts? What are the forces that now keep us alive longer? Behind each breakthrough lies an inspiring story of cooperative innovation, of brilliant thinkers bolstered by strong systems of public support and collaborative networks. But it is not enough simply to remind ourselves that progress is possible. How do we avoid decreases in life expectancy as our public health systems face unprecedented challenges? What current technologies or interventions that could reduce the impact of future crises are we somehow ignoring? A study in how meaningful change happens in society, *Extra Life* is an ode to the enduring power of common goals and public resources. The most fundamental progress we have experienced over the past few centuries has not come from big corporations or start-ups. It has come, instead, from activists struggling for reform; from university-based and publicly funded scientists sharing their findings open-source-style; and from nonprofit agencies spreading new innovations around the world.

"The issue of inequality has irrefutably returned to the fore, riding on the anger against Wall Street following the 2008 financial crisis and the concentration of economic and political power in the hands of the super-rich. The Occupy movement made the plight of the 99 percent an indelible part of the public consciousness, and concerns about inequality were a decisive factor in the 2012 presidential elections. How bad is it? According to Pulitzer Prize-winning journalist David Cay Johnston, most Americans, in inflation-adjusted terms, are now back to the average income of 1966. Shockingly, from 2009 to 2011, the top 1 percent got 121 percent of the income gains while the bottom 99 percent saw their income fall. Yet in this most unequal of developed nations, every aspect of inequality remains hotly contested and poorly

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understood. Divided collects the writings of leading scholars, activists, and journalists to provide an illuminating, multifaceted look at inequality in America, exploring its devastating implications in areas as diverse as education, justice, health care, social mobility, and political representation. Provocative and eminently readable, here is an essential resource for anyone who cares about the future of America--and compelling evidence that inequality can be ignored only at the nation's peril. "--

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