

A Walk In The Woods Rediscovering America On The Appalachian Trail Official Guides To The Appalachian Trail

In the company of his friend Stephen Katz (last seen in the bestselling *Neither Here nor There*), Bill Bryson set off to hike the Appalachian Trail, the longest continuous footpath in the world. Ahead lay almost 2,200 miles of remote mountain wilderness filled with bears, moose, bobcats, rattlesnakes, poisonous plants, disease-bearing ticks, the occasional chuckling murderer and - perhaps most alarming of all - people whose favourite pastime is discussing the relative merits of the external-frame backpack. Facing savage weather, merciless insects, unreliable maps and a fickle companion whose profoundest wish was to go to a motel and watch *The X-Files*, Bryson gamely struggled through the wilderness to achieve a lifetime's ambition - not to die outdoors.

From one of the most beloved and bestselling authors in the English language, a vivid, nostalgic and utterly hilarious memoir of growing up in the middle of the United States in the middle of the last century. A book that delivers on the promise that it is "laugh-out-loud funny." Some say that the first hints that Bill Bryson was not of Planet Earth came from his discovery, at the age of six, of a woollen jersey of rare fineness. Across the moth-holed chest was a golden thunderbolt. It may have looked like an old college football sweater, but young Bryson knew better. It was obviously the Sacred Jersey of Zap, and proved that he had been placed with this innocuous family in the middle of America to fly, become invisible, shoot guns out of people's hands from a distance, and wear his underpants over his jeans in the manner of Superman. Bill Bryson's first travel book opened with the immortal line, "I come from Des Moines. Somebody had to." In this hilarious new memoir, he travels back to explore the kid he once was and the weird and wonderful world of 1950s America. He modestly claims that this is a book about not very much: about being small and getting much larger slowly. But for the rest of us, it is a laugh-out-loud book that will speak volumes - especially to anyone who has ever been young.

Audisee® eBooks with Audio combine professional narration and sentence highlighting for an engaging read aloud experience! Take a walk in the rain forest. It's hot and humid and humming with life. Look up into the dense canopy of leaves above you. Tangled vines lead to the treetops, where parrots squawk and monkeys swing from branch to branch. A poison dart frog clings to a slippery leaf. A sloth creeps through the canopy. The dense rain forest overflows with life. Discover the plants and animals that depend on each other in this unique biome through narrative text, entrancing photos, and illustrations.

A field guide designed to get kids out and exploring the woods! This unique, simple nature kit gives kids an accessible, engaging introduction to the woods—and the animals, insects, flora, and rocks that a nature walk will most likely reveal. Since the guide focuses on the most popular North American wildlife, kids will feel instantly rewarded when they spot a chipmunk, sugar maple, or monarch butterfly. The portable, fully illustrated, flexibound guide includes tree-climbing tips, a chart for identifying animal droppings, a feature on edible forest finds, and more. It is packaged in a beautiful treasure box with magnetic closure, complete with compartments for kids' prized discoveries, such as berries, acorns, and pebbles. Tucked into two of the compartments—and visible through the die-cut frame on the treasure box's cover—are a mesh collecting bag for mess-free gathering and a magnifying jar for close-up observing.

Stephen Sondheim and James Lapine's beloved musical masterpiece becomes a major motion picture, starring Meryl Streep and Johnny Depp.

THE STORY: The setting is the small town of Independence, Iowa, the lifelong home of Evelyn Briggs. Her oldest daughter, Kess, is a university professor in Minneapolis, but she has come home at the request of her sister, Jo who is concerned for Eve

Set in the midst of the Cold War, Lee Blessing's powerful and startling play dramatises a stand-off between U.S. and Soviet arms negotiators as they battle for supremacy. Full of tension and humour *A Walk in the Woods* shows how the relationship between the two experts evolves as they stroll in the woods above Geneva, away from the glare of the negotiating table. But will this escape lead to a true breakthrough or just more posturing? In this revised version of the play, originally performed at Northern Stage, Vermont, and directed by Nicholas Kent, a woman plays the role of the U.S. negotiator. Opened at The Tricycle Theatre 12th October- 12th November 2011.

An ambitious and mesmerizing novel from the bestselling author of *Rules of Magic*. *The Dovekeepers* is "striking....Hoffman grounds her expansive, intricately woven, and deepest new novel in biblical history, with a devotion and seriousness of purpose" (*Entertainment Weekly*). Nearly two thousand years ago, nine hundred Jews held out for months against armies of Romans on Masada, a mountain in the Judean desert. According to the ancient historian Josephus, two women and five children survived. Based on this tragic and iconic event, Hoffman's novel is a spellbinding tale of four extraordinarily bold, resourceful, and sensuous women, each of whom has come to Masada by a different path. Yael's mother died in childbirth, and her father, an expert assassin, never forgave her for that death. Revka, a village baker's wife, watched the murder of her daughter by Roman soldiers; she brings to Masada her young grandsons, rendered mute by what they have witnessed. Aziza is a warrior's daughter, raised as a boy, a fearless rider and expert marksman who finds passion with a fellow soldier. Shirah, born in Alexandria, is wise in the ways of ancient magic and medicine, a woman with uncanny insight and power. The lives of these four complex and fiercely independent women intersect in the desperate days of the siege. All are dovekeepers, and all are also keeping secrets—about who they are, where they come from, who fathered them, and whom they love.

In the ancient hills and misty hollows of Fayette County, Pennsylvania, generations of locals have passed down stories of a woman with mysterious magical powers. People came from near and far to seek healing and protection through her

strange rituals. Some even believed she could fly. Named Moll Derry and nicknamed the Witch of the Monongahela, her legend has been documented by writers and folklorists for more than two hundred years. She is intertwined in many regional tales, such as the Lost Children of the Alleghenies and Polly Williams and the White Rocks. Author Thomas White separates fact from fiction in the many versions of Moll Derry and recounts Western Pennsylvania's folk magic history along the way.

Edward Tulane, a cold-hearted and proud toy rabbit, loves only himself until he is separated from the little girl who adores him and travels across the country, acquiring new owners and listening to their hopes, dreams, and histories. Jr Lib Guild. Teacher's Guide available. Reprint.

A tiny American town's plans for radical self-government overlooked one hairy detail: no one told the bears. Once upon a time, a group of libertarians got together and hatched the Free Town Project, a plan to take over an American town and completely eliminate its government. In 2004, they set their sights on Grafton, NH, a barely populated settlement with one paved road. When they descended on Grafton, public funding for pretty much everything shrank: the fire department, the library, the schoolhouse. State and federal laws became meek suggestions, scarcely heard in the town's thick wilderness. The anything-goes atmosphere soon caught the attention of Grafton's neighbors: the bears. Freedom-loving citizens ignored hunting laws and regulations on food disposal. They built a tent city in an effort to get off the grid. The bears smelled food and opportunity. A Libertarian Walks Into a Bear is the sometimes funny, sometimes terrifying tale of what happens when a government disappears into the woods. Complete with gunplay, adventure, and backstabbing politicians, this is the ultimate story of a quintessential American experiment -- to live free or die, perhaps from a bear. Krakauer's page-turning bestseller explores a famed missing person mystery while unraveling the larger riddles it holds: the profound pull of the American wilderness on our imagination; the allure of high-risk activities to young men of a certain cast of mind; the complex, charged bond between fathers and sons. "Terrifying... Eloquent... A heart-rending drama of human yearning." —New York Times In April 1992 a young man from a well-to-do family hitchhiked to Alaska and walked alone into the wilderness north of Mt. McKinley. He had given \$25,000 in savings to charity, abandoned his car and most of his possessions, burned all the cash in his wallet, and invented a new life for himself. Four months later, his decomposed body was found by a moose hunter. How Christopher Johnson McCandless came to die is the unforgettable story of *Into the Wild*. Immediately after graduating from college in 1991, McCandless had roamed through the West and Southwest on a vision quest like those made by his heroes Jack London and John Muir. In the Mojave Desert he abandoned his car, stripped it of its license plates, and burned all of his cash. He would give himself a new name, Alexander Supertramp, and, unencumbered by money and belongings, he would be free to wallow in the raw, unfiltered experiences that nature presented. Craving a blank spot on the map, McCandless simply threw the maps away. Leaving behind his desperate parents and sister, he vanished into the wild. Jon Krakauer constructs a clarifying prism through which he reassembles the disquieting facts of McCandless's short life. Admitting an interest that borders on obsession, he searches for the clues to the drives and desires that propelled McCandless. When McCandless's innocent mistakes turn out to be irreversible and fatal, he becomes the stuff of tabloid headlines and is dismissed for his naiveté, pretensions, and hubris. He is said to have had a death wish but wanting to die is a very different thing from being compelled to look over the edge. Krakauer brings McCandless's uncompromising pilgrimage out of the shadows, and the peril, adversity, and renunciation sought by this enigmatic young man are illuminated with a rare understanding--and not an ounce of sentimentality. Mesmerizing, heartbreaking, *Into the Wild* is a tour de force. The power and luminosity of Jon Krakauer's storytelling blaze through every page.

A Walk in the Forest is a stunning invitation to discover the woods as a place for both imaginative play and contemplation: collect pinecones, feathers, or stones; follow the tracks of a deer; or listen to the chirping of birds and the whisper of trees. Build a shelter and play hide-and-seek. Pretend the woods are a jungle, or shout out loud to stir up the birds! The forest comes alive in all its mysterious glory in Maria Dek's charming watercolor images and poetic text.

A 41-year-old engineer quits his job to hike the Appalachian Trail. This is a true account of his hike from Georgia to Maine, bringing to the reader the life of the towns and the people he meets along the way.

The forest is calling me with a woodwind song . . . The branches wave a green, friendly greeting. This way? That way? The flowers light a path for me! Wander through the woods, where wildlife and plants are waiting to be discovered in this immersive and magical paper-cut world. Helen Musselwhite's intricate and beautifully crafted paper scenes are accompanied by Louise Greig's lyrical voice in this magical walk through the woods. An enchanting story which is also a beautiful work of art and a fantastic gift to treasure and share.

Part inspiration, part information narrative for our story is based on walking meditation, also known as mindful walking; an active practice that requires you to be consciously aware and moving in the environment rather than sitting with your eyes closed. Just as *The Life-Changing Magic of Tidying Up*, Marie Kondo's mega-selling book (over 4 million copies sold worldwide) provides readers with a life/spiritual philosophy embedded in the how-to of minimalism (with practical tips for de-cluttering of one's home), *A Walk in the Wood* provides a narrative grounded in the simple act of slowing down, observing what is around us, and being present. Appealing to adults who are actively searching ways to join the JOMO movement (Joy of Missing Out and being content just "being"), *A Walk in the Wood* also makes for a perfect gift for stressed-out family members and friends.

The murder of a world-famous physicist raises fears that the Illuminati are operating again after centuries of silence, and religion professor Robert Langdon is called in to assist with the case.

Kids can color cute pictures of a young girl and her puppy as they explore the woods. Plus, there are hidden pictures, creative art projects, easy snack recipes, and a journal for recording observations along the way.

Join the fun of finding and counting all the animals, flowers, and insects, as more and more appear on a lively walk

through the woods during the springtime. Packed with repetition that young children love and that also helps them learn, this is an entertaining introduction to colors, numbers, and the seasons.

NEW YORK TIMES BESTSELLER • The classic chronicle of a “terribly misguided and terribly funny” (The Washington Post) hike of the Appalachian Trail, from the author of *A Short History of Nearly Everything* and *The Body* “The best way of escaping into nature.”—The New York Times Back in America after twenty years in Britain, Bill Bryson decided to reacquaint himself with his native country by walking the 2,100-mile Appalachian Trail, which stretches from Georgia to Maine. The AT offers an astonishing landscape of silent forests and sparkling lakes—and to a writer with the comic genius of Bill Bryson, it also provides endless opportunities to witness the majestic silliness of his fellow human beings. For a start there’s the gloriously out-of-shape Stephen Katz, a buddy from Iowa along for the walk. But *A Walk in the Woods* is more than just a laugh-out-loud hike. Bryson’s acute eye is a wise witness to this beautiful but fragile trail, and as he tells its fascinating history, he makes a moving plea for the conservation of America’s last great wilderness. An adventure, a comedy, and a celebration, *A Walk in the Woods* is a modern classic of travel literature. **NOW A MAJOR MOTION PICTURE**

Many people dream of escaping modern life, but most will never act on it. This is the remarkable true story of a man who lived alone in the woods of Maine for 27 years, making this dream a reality—not out of anger at the world, but simply because he preferred to live on his own. A New York Times bestseller In 1986, a shy and intelligent twenty-year-old named Christopher Knight left his home in Massachusetts, drove to Maine, and disappeared into the forest. He would not have a conversation with another human being until nearly three decades later, when he was arrested for stealing food. Living in a tent even through brutal winters, he had survived by his wits and courage, developing ingenious ways to store edibles and water, and to avoid freezing to death. He broke into nearby cottages for food, clothing, reading material, and other provisions, taking only what he needed but terrifying a community never able to solve the mysterious burglaries. Based on extensive interviews with Knight himself, this is a vividly detailed account of his secluded life—why did he leave? what did he learn?—as well as the challenges he has faced since returning to the world. It is a gripping story of survival that asks fundamental questions about solitude, community, and what makes a good life, and a deeply moving portrait of a man who was determined to live his own way, and succeeded.

Ruby is worried about the fox in the woods. Nonetheless she bravely agrees to go for a walk there with her father and her toy rabbit Rabby. As they walk she and her father talk about fox's appetite for rabbits and agree that the fox wouldn't be interested in chasing her. Unbeknownst to her, Rabby falls from her backpack and is spotted by the fox. Is this the end of Rabby? In a surprising and reassuring ending Rabby is returned to Ruby in the nick of time. This delightful and simply clever story about being afraid - a reworking of the theme of the classic *We're Going on a Bear Hunt* - has many layers that will stand repeated reading and discussion with young children. By the author and illustrator of *Noah's Bed*.

From the creator of the popular website *Ask a Manager* and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for *Ask a Manager* “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green’s *Ask a Manager* column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “*Ask a Manager* is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

With dazzling wit and astonishing insight, Bill Bryson—the acclaimed author of *The Lost Continent*—brilliantly explores the remarkable history, eccentricities, resilience and sheer fun of the English language. From the first descent of the larynx into the throat (why you can talk but your dog can't), to the fine lost art of swearing, Bryson tells the fascinating, often uproarious story of an inadequate, second-rate tongue of peasants that developed into one of the world's largest growth industries.

The #1 New York Times Bestseller Jessica reveals for the first time her inner monologue and most intimate struggles. Guided by the journals she's kept since age fifteen, and brimming with her unique humor and down-to-earth humanity, *Open Book* is as inspiring as it is entertaining. This was supposed to be a very different book. Five years ago, Jessica Simpson was approached to write a motivational guide to living your best life. She walked away from the offer, and nobody understood why. The truth is that she didn't want to lie. Jessica couldn't be authentic with her readers if she wasn't fully honest with herself first. Now America's Sweetheart, preacher's daughter, pop phenomenon, reality tv pioneer, and the billion-dollar fashion mogul invites readers on a remarkable journey, examining a life that blessed her with the compassion to help others, but also burdened her with an almost crippling need to please. *Open Book* is Jessica Simpson using her voice, heart, soul, and humor to share things she's never shared before. First celebrated for her voice, she became one of the most talked-about women in the world, whether for music and fashion, her relationship struggles, or as a walking blonde joke. But now, instead of being talked about, Jessica

is doing the talking. Her book shares the wisdom and inspirations she's learned and shows the real woman behind all the pop-culture clichés — "chicken or fish," "Daisy Duke," "football jinx," "mom jeans," "sexual napalm..." and more. Open Book is an opportunity to laugh and cry with a close friend, one that will inspire you to live your best, most authentic life, now that she is finally living hers.

BASIC ILLUSTRATED MAP AND COMPASS Wilderness guide Cliff Jacobson created the map and compass curriculum for the Minnesota Department of Natural Resources, and here he shows easy-to-follow steps on choosing a compass, reading contour lines and other map features, using them in concert with a GPS receiver, plotting a course in the wilderness, navigating at night by the stars, and much more.

'It is clear that our bodies still recognize nature as our home...' - Yoshifumi Miyazaki 'Forest bathing' or shinrin-yoku is a way of walking in the woods that was developed in Japan in the 1980s. It brings together ancient ways and wisdom with cutting edge environmental health science. Simply put, forest bathing is the practice of walking slowly through the woods, in no hurry, for a morning, an afternoon or a day. It is a practice that involves all the senses and as you gently walk and breathe deeply, the essential oils of the trees are absorbed by your body and have an extraordinary effect on positive feelings, stress hormone levels, parasympathetic nervous activity, sympathetic nervous activity, blood pressure, heart rate and brain activity. In this wonderful book, by the leading expert in the field, science meets nature, as we are encouraged to bathe in the trees and become observers of both the environment around us and the goings on of our own minds.

"A beautifully rendered and deeply inspiring book for everyone who has ever read slowly—myself included! Hudson shows us the beauty and magic that can come from taking our time. Brilliant."—Jacqueline Woodson Hudson Talbott's inspiring story vividly reveals the challenges--and ultimately the rewards--of being a non-mainstream kind of learner. When Hudson Talbott was a little boy, he loved drawing, and it came naturally to him. But reading? No way! One at a time, words weren't a problem, but long sentences were a struggle. As his friends moved on to thicker books, he kept his slow reading a secret. But that got harder every year. He felt alone, lost, and afraid in a world of too many words. Fortunately, his love of stories wouldn't let him give up. He started giving himself permission to read at his own pace, using the words he knew as stepping-stones to help draw him into a story. And he found he wasn't so alone--in fact, lots of brilliant people were slow readers, too. Learning to accept the fact that everyone does things in their own unique way, and that was okay, freed him up and ultimately helped Hudson thrive and become the fabulous storyteller he is today.

A Walk in the Woods Anchor Canada

The longest continuous footpath in the world, the Appalachian Trail stretches along the East Coast of the United States, from Georgia to Maine, through some of the most arresting and celebrated landscapes in America. At the age of forty-four, in the company of his friend Stephen Katz (last seen in the bestselling *Neither Here nor There*), Bill Bryson set off to hike through the vast tangled woods which have been frightening sensible people for three hundred years. Ahead lay almost 2,200 miles of remote mountain wilderness filled with bears, moose, bobcats, rattlesnakes, poisonous plants, disease-bearing ticks, the occasional chuckling murderer and - perhaps most alarming of all - people whose favourite pastime is discussing the relative merits of the external-frame backpack. Facing savage weather, merciless insects, unreliable maps and a fickle companion whose profoundest wish was to go to a motel and watch *The X-Files*, Bryson gamely struggled through the wilderness to achieve a lifetime's ambition - not to die outdoors.

Take an entertaining and educational tour of the four seasons and observe the many delightful mysteries of nature. Perfect for colorists of all ages. Captions.

As a young girl and her dog stroll through the woods at the beginning of spring, they each have a very different perspective of their walk together.

Bill Bryson has one of the liveliest, most inquisitive minds on the planet, and *At Home* is likely to become the most illuminating book on the way we lived then and live now--the why and the where and the how of it--ever written. Now, in this handsome new edition, his sparkling prose will be enhanced by some 200 carefully curated full-colour images from both the past and the present. Selected from a staggering array of sources to bring Bill's journey to vivid life, these pictures will make reading *At Home* an immersive experience. When you've finished this book, you will see your house--and your daily life--in a new and revelatory light. God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, *A Walk in the Woods* will add a whole new audience to the legions of Bill Bryson fans.

"Step into a woodland wonder, where the secrets of the whispering forest unfold in an enchanting papercut world"--Page [4] of cover.

A Chicago Tribune Noteworthy Book A GoodReads Reader's Choice In One Summer Bill Bryson, one of our greatest and most beloved nonfiction writers, transports readers on a journey back to one amazing season in American life. The summer of 1927 began with one of the signature events of the twentieth century: on May 21, 1927, Charles Lindbergh became the first man to cross the Atlantic by plane nonstop, and when he landed in Le Bourget airfield near Paris, he ignited an explosion of worldwide rapture and instantly became the most famous person on the planet. Meanwhile, the titanically talented Babe Ruth was beginning his assault on the home run record, which would culminate on September 30 with his sixtieth blast, one of the most resonant and durable records in sports history. In between those dates a Queens housewife named Ruth Snyder and her corset-salesman lover garroted her husband, leading to a murder trial that became a huge tabloid sensation. Alvin "Shipwreck" Kelly sat atop a flagpole in Newark, New Jersey, for twelve days—a new record. The American South was clobbered by unprecedented rain and by flooding of the Mississippi basin, a great human disaster, the relief efforts for which were guided by the uncannily able and insufferably pompous Herbert Hoover. Calvin Coolidge interrupted an already leisurely presidency for an even more relaxing three-month vacation in the Black Hills of South Dakota. The gangster Al Capone tightened his grip on the illegal booze business through a gaudy and murderous reign of terror and municipal corruption. The first true "talking picture," Al Jolson's *The Jazz Singer*, was filmed and forever changed the motion picture industry. The four most powerful central bankers on earth met in secret session on a Long Island estate and made a fateful decision that virtually guaranteed a future crash and depression. All this and much, much more transpired in that epochal summer of 1927, and Bill Bryson captures its outsized personalities, exciting events, and occasional just plain weirdness with his trademark vividness, eye for telling detail, and delicious humor. In that year America stepped out onto the world stage as the main event, and *One Summer* transforms it all into narrative nonfiction of the highest order.

For many of us, thinking about the future conjures up images of Cormac McCarthy's *The Road*: a post-apocalyptic dystopia stripped of nature. Richard Louv, author of the landmark bestseller *Last Child in the Woods*, urges us to change our vision of the

future, suggesting that if we reconceive environmentalism and sustainability, they will evolve into a larger movement that will touch every part of society. This New Nature Movement taps into the restorative powers of the natural world to boost mental acuity and creativity; promote health and wellness; build smarter and more sustainable businesses, communities, and economies; and ultimately strengthen human bonds. Supported by groundbreaking research, anecdotal evidence, and compelling personal stories, Louv offers renewed optimism while challenging us to rethink the way we live.

The Appalachian Trail is America's most beloved trek, with millions of hikers setting foot on it every year. Yet few are aware of the fascinating backstory of the dreamers and builders who helped bring it to life over the past century. The conception and building of the Appalachian Trail is a story of unforgettable characters who explored it, defined it, and captured national attention by hiking it. From Grandma Gatewood—a mother of eleven who thru-hiked in canvas sneakers and a drawstring duffel—to Bill Bryson, author of the best-selling *A Walk in the Woods*, the AT has seized the American imagination like no other hiking path. The 2,000-mile-long hike from Georgia to Maine is not just a trail through the woods, but a set of ideas about nature etched in the forest floor. This character-driven biography of the trail is a must-read not just for ambitious hikers, but for anyone who wonders about our relationship with the great outdoors and dreams of getting away from urban life for a pilgrimage in the wild.

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