

## Advanced Breast Cancer A Guide To Living With Metastatic Disease 2nd Edition Patient Centered Guides

My mother was diagnosed with breast cancer in my sophomore year of high school. It put a lot of strain on my family and I, and I wanted to write a guidebook that could help other teenagers to navigate their parent's diagnosis and treatment and not have to rely on the vast and confusing sources often found on the internet. Included in this book are sections such as "How You May Be Feeling," that walk the reader through common emotions experienced throughout a parent's breast cancer journey, "How You Can Help," giving readers a list of ways they can support their parent throughout their experience, as well as the inclusion of simplified terms and information about breast cancer, diagnosis, and processes their parent might go through. This book is an Eagle Scout Project created by Kaya Hoffman of Scouts BSA Troop 555. A free link to access the book as a pdf is included below: <https://bit.ly/teenagersguidetobreastcancer>

The author, herself a metastatic breast cancer patient, created this book to help patients and their loved ones cope with a complex and difficult disease. The Insider's Guide to Metastatic Breast Cancer provides information about approved therapies in the U.S., Canada, Europe, and Australia, as well as scientific studies, cutting edge research, clinical trials, and palliative care. The adage that "knowledge is power" is particularly compelling when dealing with issues affecting survival and quality of life. Consequently, this fact-based handbook is a must-read for every patient contending with treatment decisions and side effects.

In *Life After the Diagnosis*, Dr. Steven Z. Pantilat, a renowned international expert in palliative care, shares innovative approaches for dealing with serious illness, outlines the steps that patients should take, and demystifies the medical system. He makes sense of what doctors say, what they actually mean, and how to get the best information to help make the best medical decisions. Dr. Pantilat covers everything from the first steps after the diagnosis and finding the right caregiving and support, to planning your future so your loved ones don't have to. He offers advice on how to tackle the most difficult treatment decisions and discussions and shows readers how to choose treatments that help more than they hurt, stay consistent with their values and personal goals, and live as well as possible for as long as possible.

Your trusted, no-nonsense guide to detecting and managing breast cancer From the breast health experts at the American Breast Cancer Foundation comes a sensitive and authoritative guide to the most common cancer in women: breast cancer. Covering everything from prevention to dealing with a diagnosis to coping with life after cancer, it serves as a trusted resource for anyone whose life has been touched by this dreaded disease. Advancements in breast cancer prevention, detection, and treatment are being made every day, but it can be overwhelming and confusing knowing where to turn and who to trust. *Detecting & Living with Breast Cancer For Dummies* distills the information into one easy-to-follow guide, giving you quick, expert advice on everything you'll face as you manage your breast health. From getting to know your treatment options to talking to loved ones about breast cancer—and everything in between—it does the legwork for you so you can take a deep breath and focus on your health. Perform regular self-exams the right way Cope with the many decisions that need to be made if you're diagnosed Ask the right questions about surgery, chemotherapy, radiation, and breast reconstruction Decipher complicated pathology reports with confidence Whether you're at risk for breast cancer or have been diagnosed and want to know your options, *Detecting & Living with Breast Cancer For Dummies* empowers you to take your health into your own hands.

This book provides comprehensive guidance to the assessment of symptoms, and how to manage all common breast conditions and provides guidelines on referral. It covers congenital problems, breast infection and mastalgia, before addressing the epidemiology, prevention, screening and diagnosis of breast cancer. It outlines the treatment and management options for breast cancer within different groups and includes new chapters on the genetics, prevention, management of high risk women and the psychological aspects of breast diseases. This 4th ed. remains a practical guide for general practitioners, family physicians, practice nurses and breast care nurses as well as for surgeons and oncologists both in training and recently qualified as well as medical students.

Since 2002, *The Breast Reconstruction Guidebook* has been the best resource on this topic for women who have had a mastectomy. Equal parts science and support, it is filled with stories that illustrate the emotional and physical components of breast reconstruction. Kathy Steligo, a gifted writer and breast cancer survivor who has twice had breast reconstruction, compassionately answers women's questions about how they will respond emotionally and physically to losing a breast, whether to treat or prevent breast cancer. Steligo provides detailed descriptions of the various surgical options for mastectomy and reconstruction, as well as information on choosing and paying for a surgeon, preparing for and recovering from surgery, and handling the many practical details and difficult decisions women will face along the way. A road map of the mastectomy and reconstruction journey, this book gives women the comprehensive, unbiased details they need to make their own informed decisions about whether reconstruction—and which reconstructive option—is right for them. Readers learn how breasts can be recreated using implants or their own tissue and the advantages and disadvantages of each option. Surgery timelines, recovery, and potential problems (and how they can be resolved) are also explained. A new foreword by Dr. Minas Chrysopoulo, MD, of the PRMA Plastic Surgery Center for Advanced Breast Reconstruction, highlights the book's strengths and offers a medical perspective on breast cancer and reconstructive surgery. The extensively updated text includes new discussions of • innovative reconstructive procedures • contralateral mastectomy • the benefits and limitations of nipple- and areola-sparing mastectomies • nipple delay procedure • patient-controlled tissue expansion • cohesive gel silicone implants • microsurgical advances that improve tissue flap procedures • fat grafting • nipple reconstruction • nipple and areola tattooing • reconstruction with the BRAVA system • pregnancy after TRAM • male mastectomy and reconstruction • decision making and solving cosmetic and medical post-op problems • surgical procedures that reduce the risk of cancer • the latest research data on mastectomy and reconstruction • and much more

This book provides a comprehensive overview of brain metastases, from the molecular biology aspects to therapeutic management and perspectives. Due to the increasing incidence of these tumors and the urgent need to effectively control brain metastatic diseases in these patients, new therapeutic strategies have emerged in recent years. The volume discusses all these innovative approaches combined with new surgical techniques (fluorescence, functional mapping, integrated navigation), novel radiation therapy techniques (stereotactic radiosurgery) and new systemic treatment approaches such as targeted- and immunotherapy. These combination strategies represent a new therapeutic model in brain metastatic patients in which each

medical practitioner (neurosurgeon, neurologist, medical oncologist, radiation oncologist) plays a pivotal role in defining the optimal treatment in a multidisciplinary approach. Written by recognized experts in the field, this book is a valuable tool for neurosurgeons, neuro-oncologists, neuroradiologists, medical oncologists, radiation oncologists, cognitive therapists, basic scientists and students working in the area of brain tumors.

This book discusses the realities of metastatic breast cancer. All aspects of the disease are covered: gathering information; coping with recurrent disease; making treatment choices; communicating with health professionals; and discussing end of life issues. Inspirational stories from those who have been there are also featured.

One of the most comprehensive and bestselling books on breast cancer treatment and survival, completely revised and updated The sixth edition of Breast Cancer Survival Manual provides essential updates on treatment and care, enhancing the basic information that has made this the most trusted guide for women diagnosed with breast cancer for the past two decades. This edition includes the most current advice on: · The new genomic classification of breast cancer and its importance in treatment planning · Cancer gene testing, which determines if a woman will benefit from chemotherapy · New developments in breast cancer treatments with new targeted agents · The continued importance of getting a second opinion: why it's important, what questions to ask, and how to decide which team of doctors is best for you. Conscious of the rapidly evolving spectrum of treatment options, Dr. John Link outlines the latest findings and professional wisdom for patients in pursuit of the most effective treatment plan for them. The Breast Cancer Survival Manual continues to be a must-have for any woman seeking accurate and accessible information about managing breast cancer today.

Breast cancer continues to increase in frequency and approximately one million women per year are now diagnosed with the disease. There have been significant advances in our understanding and treatment of breast cancer and these have led to significant reductions in mortality. This book summarises current knowledge on breast cancer and provides a succinct, didactic comprehensive approach outlining how women with suspected breast cancer should be investigated and once a diagnosis is established, how they should be treated. The book is written by senior authors throughout Europe and the United States. It is aimed at doctors involved in the investigation and treatment of patients with breast cancer and it will also be valuable to breast care nurses, trainees and some senior medical students.

With the current advances in chemotherapy and hormonal drugs for breast cancer, as well as in surgical techniques and procedures, a revised edition of this popular textbook has become increasingly necessary. Completely overhauling the existing material, the editors of this important work have provided a full update of the area, focusing in particular upon the topics where there has been most progress and controversy.

The American Joint Committee on Cancer's Cancer Staging Manual is used by physicians throughout the world to diagnose cancer and determine the extent to which cancer has progressed. All of the TNM staging information included in this Sixth Edition is uniform between the AJCC (American Joint Committee on Cancer) and the UICC (International Union Against Cancer). In addition to the information found in the Handbook, the Manual provides standardized data forms for each anatomic site, which can be utilized as permanent patient records, enabling clinicians and cancer research scientists to maintain consistency in evaluating the efficacy of diagnosis and treatment. The CD-ROM packaged with each Manual contains printable copies of each of the book's 45 Staging Forms.

Now in this, its second edition, this fully revised clinical guidebook is an essential resource for the practitioner, allowing quick, authoritative access to the latest and best in multimodality therapies. Topics covered in this volume include everything from screening for early detection of breast cancer, through diagnostic radiology and ultrasonography, to post-treatment rehabilitation, symptom management and quality of life. Two new chapters on molecular prognostic and predictive markers, and sexuality and fertility issues in women with breast cancer, have been added. This is the 7th volume in the M.D. Anderson Cancer Care Series, featuring the best standard treatment protocols from the experts at M.D. Anderson Cancer Center.

This successful breast cancer resource has empowered thousands of women and their families all the way through diagnosis, treatment, and recovery. It contains 150 color photos and graphics to convey complex concepts along with other much-needed information.

Breast Cancer: The Facts provides essential, easy to follow information on all aspects of the diagnosis and management of breast cancer. It provides essential background information on the disease, from the ways breast problems are investigated, through treatment options and new therapies, to follow-up processes after remission. Fully updated to cover new and emerging therapies in breast cancer, this second edition also features new chapters on treating special or unusual types of breast cancer; surviving and thriving post-treatment; and coping and support strategies for the partners, families, friends, and colleagues of the person diagnosed with breast cancer. Each chapter is enriched with resources such as websites, links to videos, and care plans so the reader can explore relevant topics in greater detail. Written by specialists in breast cancer, the focus is on the whole patient, their family, and social networks, to make this book a holistic guide to better health at and after diagnosis with the disease, equipping patients affected by breast cancer and their families to be able to ask their health care team the questions they need to have answered to make informed decisions about their treatment.

This book is a practical guide to the management of patients with breast malignancies. It serves as a quick reference book that gives the most up-to-date routine practical management strategies of breast cancer. Written and edited by leading experts, this handbook focuses on the application of conventional and novel treatment strategies to the care of patients with malignant breast disease and all stages of breast cancer. The chapters provide evidence-based treatment strategies for all patient subsets. Surgical, radiation, and medical treatment options are all discussed for each stage of breast cancer. It also includes the definitions of statistical terminologies and their usage in clinical practice and research. This is a comprehensive yet concise resource for residents, fellows, and early-career practitioners.

"This book is for people who have been diagnosed with secondary breast cancer (also known as metastatic breast cancer or advanced breast cancer). It contains information to help you understand your diagnosis and your options for treatment and care. It may also be helpful for your family and friends."--P. 3.

"Providing comprehensive, current, and reliable information on breast cancer, this book, written by an experienced oncologist, a surgeon, and a breast cancer survivor, informs and inspires

readers, wherever they are in the breast cancer experience. Patient stories, essays from medical specialists, and illustrations add clarity and insight"--

Expert laboratory and clinical researchers from around the world review how to design and evaluate studies of tumor markers and examine their use in breast cancer patients. The authors cover both the major advances in sophisticated molecular methods and the state-of-the-art in conventional prognostic and predictive indicators. Among the topics discussed are the relevance of rigorous study design and guidelines for the validation studies of new biomarkers, gene expression profiling by tissue microarrays, adjuvant systemic therapy, and the use of estrogen, progesterone, and epidermal growth factor receptors as both prognostic and predictive indicators. Highlights include the evaluation of HER2 and EGFR family members, of p53, and of UPA/PAI-1; the detection of rare cells in blood and marrow; and the detection and analysis of soluble, circulating markers.

Offers advice to women on how to navigate the health care system, outlines the potential risks and benefits of various treatments, and suggests ways to avoid overtreatment and undertreatment.

As women quickly discover, their life when treatment ends is very different from what it was before their diagnosis. Often exhausted, anxious, and emotionally volatile, they are beset by physical discomforts, fearful of intimacy, afraid for their children, worried about recurrence. Anticipating a return to "normalcy," they discover that the old version of normal no longer applies. There could be no more knowledgeable guide for women embarking on this complicated journey than Hester Hill Schnipper, who is herself both an experienced oncology social worker and a breast cancer survivor. This comprehensive handbook provides jargon-free information on the wide range of practical issues women face as they navigate the journey back to health, including:

- Managing physical problems such as fatigue, hot flashes, and aches and pains
- Handling relationships: your children, your partner, your parents, your friends.
- How to regain emotional and sexual intimacy
- Coping with financial and workplace issues
- Genetic testing: why, whether, when
- How to move beyond the fear of recurrence
- And much more

This indispensable book will help you rediscover your capacity for joy as you move forward into the future—as a survivor.

This booklet has been prepared to help people understand more about early and locally advanced breast cancer. It also includes information on support services.

Imagine the shock of learning that your loved one has been diagnosed with breast cancer, a disease you know little about. What would you do? Would you be able to lend support? Do you know enough? Best-selling author Rick Baker launched The Becky Baker Foundation after his wife passed away from stage IV breast cancer, a disease he knew little about when she was first diagnosed. Since that fateful day, Rick has strived to know more about breast cancer and shares here how you too can know enough to help prevent breast cancer in your loved one, or if already present, how to provide meaningful and powerful support that your family member needs to fight this evil disease.

Author and 14 year breast cancer survivor Musa Mayer talks frankly about the feelings of uncertainty and fear that breast cancer patients commonly face after treatment. She reviews scientific literature on survival statistics and explains what is known about follow-up visits and testing. Devoting several chapters to emotional recovery, she offers advice about how to tackle fears through information and support. Throughout the book are the warm and wise voices of 40 women who have been through this same tough journey of tears, fears and triumph.

Elisa Port, MD, FACS, chief of breast surgery at The Mount Sinai Hospital and co-director of the Dubin Breast Center in Manhattan, offers an optimistic antidote to the ocean of Web data on screening, diagnosis, prognosis, and treatment. Inside you'll discover the various scenarios when mammograms indicate the need for a biopsy the questions to ask about surgery, chemotherapy, radiation, and breast reconstruction the important things to look for when deciding where to get care the key to deciphering complicated pathology reports and avoiding confusion the facts on genetic testing and the breast cancer genes: BRCA-1 and BRCA-2 the best resources and advice for those supporting someone with breast cancer From innovations in breast cancer screening and evaluating results to post-treatment medications and living as a breast cancer survivor, Dr.

In this newly updated and revised edition of Navigating Breast Cancer: A Guide for the Newly Diagnosed, Second Edition, author Lillie Shockney empowers breast cancer patients and their families by providing authoritative, easy-to-follow information about each step of treatment, helping women to make informed decisions about their care. Armed with this invaluable book, breast cancer patients will be well prepared for each phase of therapy, and perhaps most importantly, will learn how to continue to work and live life while receiving treatment. This outstanding resource provides breast cancer patients with the essential tools they need to cope with symptoms and to navigate the maze of modern treatment options.

Patients with breast and gynaecological cancers have to contend with a large number of difficult and challenging issues. To help them to do this it is vital that their health carers are fully informed in all aspects of women's cancers. This book provides a comprehensive and meaningful picture of this oncological area, including epidemiology, histopathology, staging, genetic predisposition, sexual function, fertility, treatment and management, survivorship, and palliative care. To give this book added credibility and holistic application, contributions of women with cancer have been included, and the text is interspersed with patient accounts and experiences. Women's Cancers is essential reading for all nurses and health care professionals working in cancer care settings, as well as patients and families.

We've all heard the statistic: 1 in 8 women will get a breast cancer diagnosis at some point in her lifetime. But there's another just-as-relevant number that isn't as widely broadcast: 76 percent of those women will be alive 10 years later. This guide from America's most trusted health magazine helps women navigate treatment, medical costs, and lifestyle changes and emerge with their physical and mental health intact. Organized to take readers from diagnosis to survival and all the steps in between, Prevention The Ultimate Guide to Breast Cancer offers relevant information in technical yet accessible language, including: Supplements and recipes that stimulate appetite, ease treatment side effects, promote recovery, and help prevent a recurrence Complementary and alternative treatments and medicine that can be beneficial Real-life advice from women with breast cancer on issues such as processing the emotions that accompany a diagnosis and what to expect as a cancer survivor This guide will help any woman who has been diagnosed

feel organized, informed, hopeful, reassured, and focused on becoming well, increasing her chances of landing in that healthy 76 percent.

The book you can trust to support you at every stage of your treatment - and beyond Professor Trisha Greenhalgh, an academic GP, and Dr Liz O'Riordan, a Consultant Breast Cancer Surgeon, are not only outstanding doctors, but they have also experienced breast cancer first-hand. The Complete Guide to Breast Cancer brings together all the knowledge they have gathered as patients and as doctors to give you and your family a trusted, thorough and up-to-date source of information. Designed to empower you during your breast cancer treatment, it covers: -Simple explanations of every breast cancer treatment -Coping with the emotional burden of breast cancer -Frank advice about sex and relationships -Staying healthy during and after treatment -Dealing with the fear of recurrence -Living with secondary breast cancer Packed full of all the things the authors wished they'd known when they were diagnosed, and tips on how to cope with surgery, radiotherapy, chemotherapy and beyond, this is the only book you need to read to guide you through your breast cancer diagnosis. 'A much needed guide which is both humane and based on robust evidence.' – Macmillan Cancer Support

Written by two renowned authorities who specialize in the treatment of breast cancer, a surgeon and an oncologist, this lucid step-by-step guide has established itself as the indispensable book women need to make informed decisions about the care that is right for them. Breast cancer will strike one out of every eight women in the United States. Because there have been many important changes in the diagnosis and treatment of breast cancer in the last few years, this fully revised Third Edition contains information on the latest developments in the field, including: • new diagnostic procedures • changes in the treatment of in situ cancer • improved surgical techniques • gene testing • sequencing radiation and chemotherapy • HER-2Neu (Herceptin) • tamoxifen for prevention • bone marrow and stem cell transplants • and more

EMPOWER YOURSELF! The American Cancer Society estimates over 275,000 new breast cancer diagnoses in American women for 2020. No one with breast cancer needs to be alone in their fight against this disease. That's where this book and the authoritative information within can help. 100 Questions & Answers About Metastatic Breast Cancer offers essential and practical guidance. This unique book provides both doctor and patient perspectives and offers answers to the most asked questions by patients and their loved ones. What is metastatic breast cancer? How will my oncologist decide how to treat my metastatic breast cancer? What is targeted therapy? Along with the answers to these and other questions, this book provides information on diagnosis, treatment, living with metastatic breast cancer, hormonal therapy, coping strategies, and more. Authored by Lillie Shockney, the foremost trusted expert on the topic, 100 Questions & Answers About Metastatic Breast Cancer is an invaluable resource for anyone coping with the physical and emotional uncertainty of this disease.

Handbook of Breast Cancer and related Breast Disease is a practical guide to the management of patients with breast malignancies and related non-neoplastic lesions. Written and edited by leading experts, this handbook focuses on the application of conventional and novel treatment strategies to the care of patients with nonmalignant breast disease and all stages of breast cancer. The handbook is organized chronologically, from screening, through diagnosis and management, to survivorship care and related medical issues. The bulk of these chapters provide evidence-based treatment strategies for all patient subsets, including how to manage patients with high risk breast lesions, invasive breast carcinoma at each stage, and with all known molecular subtypes of breast cancer. Surgical, radiation, and medical treatment options are all discussed for each stage of breast cancer including treatment approaches in pregnancy and for high risk lesions and Phyllodes. This handbook is a comprehensive yet concise resource for residents, fellows, and early-career practitioners. Community oncologists, breast surgeons, radiation oncologists, primary care practitioners, and OBGYNs will also find its concise review of new research and procedures to be very useful in this dynamic field of medicine. Key Features: Includes discussion of genomic testing in management of early stage breast cancer Covers adjuvant and neoadjuvant treatment approaches Includes short clinical trial reviews for quick update of study endpoints and results for reference in management of breast cancer Outlines strategies for survivorship issues Key points in each chapter highlight clinical pearls and summarize other important concepts

Breast Cancer Recurrence and Advanced Disease Comprehensive Expert Guidance Duke University Press

'This is an excellent book and I would recommend it to any woman with breast cancer.' Christine Fogg, Breast Cancer Care. The Breast Cancer Book is the book Val Sampson looked for in vain when she was first diagnosed with breast cancer. Based on her own experience, that of other breast cancer patients and also on interviews with experts in this field, it looks at the conventional medical treatments of surgery, chemotherapy and radiotherapy, as well as at the part which can be played by complementary treatments such as reflexology, meditation and spiritual healing. It also sets out to give emotional help and support in coping with the fear and sense of loneliness that often comes with a diagnosis of cancer, and there are sections on how to get support from people around you, how to look good and feel better, and twenty things to try if you are feeling low. Above all, it shows women that it is possible to lead a happy and fulfilling life after a diagnosis of breast cancer, and that the power to achieve this lies within the individual. This book is the most well-balanced, supportive and honest book on breast cancer available today.

The eloquent voices in Holiday Tight, Letting Go speak of different reality; that women with metastatic breast cancer generally go on to live with their disease, often for many years, and that the time they have can be full and meaningful. All aspects of dealing with the disease are covered here: coping with the shock of recurrence, seeking information, making treatment decisions, and communicating effectively with medical personnel. Getting emotional support from other patients and friends and working on relationship and family issues are often as important as managing the side-effects of treatment and the pain and symptoms of disease progression. Open discussions about approaching the end of life often lead to a profound inquiry into ways of keeping hope alive and finding meaning in the midst of adversity. Frank and moving descriptions from forty women and men who have been there make their stories relevant to anyone facing a life-threatening illness.

Carl's old dog Mooch is losing her memory and wandering away from home--four times in the last two weeks alone. Each time, Carl and his best friend Gary have tracked her down, but this time the dogcatcher has got her. When they go to fetch Mooch at the pound--among the poodles and dachshunds, pit bulls and mutts--she's sicker and sadder than they've ever seen her before. As Mooch gets weaker and weaker Carl and Gary have to face that she'll soon be gone--but not before Mooch gives them one more gift. "Hang on, Mooch " is a touching story about the inevitability of loss, and how young people can learn from it and grow.

This guide provides practical information that will assist clinicians involved in the diagnosis, assessment, treatment, and follow-up care of patients with triple-negative breast cancer. After opening chapters on the pathologic evaluation, clinical presentation, genetics, and imaging features, the full range of current treatment approaches is thoroughly reviewed from a multidisciplinary perspective. Readers will find up-to-date information and guidance on surgical management, radiation therapy, tailored adjuvant therapy, neoadjuvant treatment, systemic treatment for metastatic disease, molecular profiling, and targeted therapy. The coverage is completed by discussion of special issues in young women with triple-negative breast cancer and individualization of the management approach in older patients affected with the disease. All healthcare professionals who care for patients with triple-negative breast cancer will find the book to be an invaluable source of expert advice on the issues faced in real-world practice.

At age 42, Barbara L. Gordon was diagnosed with Stage II breast cancer. Two years later, it appeared that the cancer had metastasized. Along with her oncologist and other experts, Gordon has written the book that she wished she had as she faced late-stage breast cancer and the prospect of dying from the disease. Filled with information and advice, and designed to enable informed decisions and improved quality of life, this comprehensive guide gathers in one place authoritative medical information about recurrence and late-stage breast cancer, and it addresses the practical, emotional, spiritual, and interpersonal aspects of dying and death. This indispensable book aids those diagnosed with recurrent or late-stage breast cancer, those wanting to reduce the chance of a recurrence, and those with other types of late-stage cancer. It is also a valuable resource for healthcare professionals, friends, and family members. Topics covered include \* Types of recurrence, their symptoms, and ways of minimizing the chance of a recurrence \* Diagnostic tests, potential surgeries, and treatments to manage late-stage cancer \* Getting the best care, evaluating complementary therapies, and alleviating pain and depression \* Cessation of treatment and what one may experience as the disease progresses \* End-of-life issues including dealing with financial and legal matters, communicating with loved ones and hospice workers, and planning memorial services Breast Cancer Recurrence and Advanced Disease includes a glossary of medical terms, appendices on nutrition and integrative health centers, and links to current Web sites addressing matters such as clinical trials, patients' rights, and medical expenses.

Companion to: 100 questions & answers about advanced and metastatic breast cancer / by Lillie D. Shockney and Gary R. Shapiro. 2nd ed. c2012.

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