

## Alcoholics Anonymous 4th Edition

An extraordinary reproduction of the original working manuscript of the Big Book of Alcoholics Anonymous, with an introduction and notes by a panel of celebrated AA historians. The many changes that were made in black, green, and red on each page are shown. An extraordinary reproduction of the original working manuscript of Alcoholics Anonymous, with essays and notes by a panel of celebrated AA historians. The Book That Started It All offers fresh insights into the history and foundation of the revolutionary Alcoholics Anonymous program. Reproduced in this elegant gift edition with essays and notes by a panel of celebrated AA historians, the original working manuscript is the missing link in our understanding of what transpired between AA founder Bill Wilson's first draft of Alcoholics Anonymous and the first published edition. In January 1939, Wilson and other AA founders distributed 400 copies of his typescript to everyone they could think of "who might be concerned with the problem of alcoholism," to test out the program. As the loan copies were returned, suggestions for revision were considered and written out in colored pencil on one master copy that was eventually submitted for publication. The many changes made in black, green, and red on page after page are shown here in their original form, revealing the opinions, debates, and discussions that went into making the Big Book.

Many thousands have benefited from "The Big Book" and its simple but profound explanation of the doctrines behind Alcoholics Anonymous, which was founded in 1935 by Bill Wilson and Dr. Bob Smith. This original 1939 edition outlines the famous 12 steps, and offers counsel for those who wish to join the program but doubt the existence of a higher power. It also contains encouraging personal stories, in which AA members relate their experiences with alcohol and how they found the path to sobriety. "The Big Book" has gone through numerous editions and remains the most widely used resource for recovering alcoholics. Only this original 1939 edition includes all 29 stories of the program's pioneers, which share the details of their full journey, including initial recovery, sometimes followed by relapse and eventual success. This edition also features the key to the solution claimed by Bill Wilson: a vital spiritual experience that allows followers to rediscover, or discover, God. This realistic portrayal of the program as offered by its founders has been lost in subsequent editions of the work, and is presented here to serve as a reminder that success comes in many forms.

Twelve Steps to recovery.

A recovery basic for over 30 years, this popular meditation book includes daily affirmations on AA philosophy. Popular meditations on A.A. philosophy, written for every day of the year. This effective tool has been a recovery-basic for over 30 years.

Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.

Does alcohol interfere with your close relationships? Do you drink to relax, relieve anxiety, or go to sleep? Do you worry about having enough alcohol for an evening or weekend? Have you tried to stop drinking but could only quit for a few days or less?

Quitting Alcohol helps individuals answer these and other important questions to determine if their lives have become unmanageable due to alcohol consumption. The author provides suggestions and written exercises for changing behaviors and attitudes, and creating a dynamic personal recovery plan.

This book is an introduction into the workings of Al-Anon, Alcoholics Anonymous. As people come together to find help and support in dealing with the effects of alcoholism, they often find help and solace in the experiences shared by other members. They come together for many different reasons, and return looking for one reason: hope of a better life.

The definitive history of writing and producing the "Big Book" of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's Not-God, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely circulated about early A.A. history. Fast-paced, engaging, and contrary, Writing the Big Book presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful.

A fresh interpretation of the healing process established by the Twelve Steps, with an eye toward the social, cultural, and psychological factors that affect men—and thus their recovery from addiction. In A Man's Way through the Twelve Steps, author Dan Griffin uses interviews with men in various stages of recovery, excerpts from relevant Twelve Step literature, and his own experience to offer the first holistic approach to sobriety for men. Readers work through each of the Twelve Steps, learn to reexamine negative masculine scripts that have shaped who they are and how they approach recovery, and strengthen the positive and affirming aspects of manhood. This groundbreaking book offers the tools needed for men to work through key issues with which they commonly struggle, including difficulty admitting powerlessness, finding connection with a Higher Power, letting go of repressed anger and resentment, contending with sexual issues, and overcoming barriers to intimacy and meaningful relationships. A Man's Way through the Twelve Steps offers practical advice and inspiration for men to define their own sense of masculinity and thus heighten their potential for a lifetime of sobriety.

THE STORY OF HOW MANY THOUSANDS OF MEN AND WOMEN HAVE RECOVERED FROM ALCOHOLISM.

This is the Big Book of Alcoholics Anonymous, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to treat

addictions that range from alcoholism, heroin, meth and marijuana addiction, as well as overeating, sex addiction and gambling addiction. Also included: A current 200 page study guide for the 12 Steps of Alcoholics Anonymous. There are hundreds of questions to answer for The Doctor's Opinion, Bill's Story, The is a Solution, More About Alcoholism and the rest. Summaries and main point for each chapter are also included.

The Fourth Edition of The APSAC Handbook on Child Maltreatment provides readers with the most up-to-date theory, research, and best practices in the field of child abuse and neglect. Edited by leading experts J. Bart Klika and Jon R. Conte, this best seller covers all aspects of child maltreatment, from physical abuse to sexual abuse and neglect, focusing on etiology, consequences, investigation, and treatment and systems. Updates include new content on assessment and mental health interventions, prevention, as well as global perspectives. Comprehensive and easy to read, the handbook will serve as an invaluable resource for students and professionals—both emerging and seasoned—across disciplines, but part of the same movement dedicated to improving the lives of maltreated children. Alcoholics Anonymous (also known as the Big Book in recovery circles) sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease.

The text of Alcoholics Anonymous with pages opposite text for notes. Includes a word index, subject index and dictionary. Complete retyped "Original Manuscript" of the text. 2 place keeping ribbons. Burgundy leather cover.

This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

Since 1954, Twenty-Four Hours a Day has become a stable force in the recovery of many alcoholics throughout the world. With over six and a half million copies in print it offers daily thoughts, meditations, and prayers for living a clean and sober life. A spiritual resource with practical applications to fit our daily lives. It is a simple, yet effective way to help us relate the Twelve Steps to everyday life and helps us find the power not to take that first drink each day.

Drop the Rock—The Ripple Effect provides multiple perspectives from people successfully working a Twelve Step Program, showing Step 10 as a key to a sober life free of fear and resentment and filled with serenity and gratitude. When Drop the Rock: Removing Character Defects was first published in 1999, it quickly became the standard resource for working Steps 6 and 7, two of the most challenging of the Twelve Steps for many people in recovery. Learning what it means to fully surrender character defects frees you to make amends with Steps 8 and 9, realize the Big Book's "Promises," and move on to Step 10. In this new follow-up resource, Fred H. explores what he calls "the ripple effect" that can be created by using Step 10 to practice Steps 6 and 7 every day and avoid picking up "the rock" again. Drawing on his years of lecturing on the Big Book of Alcoholics Anonymous and Twelve Steps and Twelve Traditions, he reveals Step 10 as the natural culmination of working the previous Steps. providing a crash course on renewing your recovery program through the daily practice of Twelve Step principles. Like its predecessor, Drop the Rock—The Ripple Effect provides multiple perspectives from people successfully working a Twelve Step Program, showing Step 10 as a key to a sober life free of fear and resentment and filled with serenity and gratitude. Fred H. has worked in the field of addiction and recovery for over three decades and is the director of the retreat center for a leading addiction treatment program. He is a popular international speaker on the Big Book and the principles of the Twelve Steps.

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

The twelve steps and Twelve traditions reprinted for adaptation by permission of AA World Services, Inc.--T.p. verso.

A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.'s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing chapters of Alcoholics Anonymous Comes of Age, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this ground-breaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

Alcoholics Anonymous (also known as the Big Book in recovery circles) sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease. The fourth edition includes twenty-four new stories that provide contemporary sharing for newcomers seeking recovery from alcoholism in A.A. during the early years of the 21st century. Sixteen stories are retained from the third edition, including the "Pioneers of A.A." section, which helps the reader remain linked to A.A.'s historic roots, and shows how early members applied this simple but profound program that helps alcoholics get sober today. Approximately 21 million copies of the first three editions of "Alcoholics Anonymous" have been distributed. It is expected that the new fourth edition will play its part in passing on A.A.'s basic message of recovery. This fourth edition has been approved by the General Service Conference of Alcoholics Anonymous, in the hope that many more may be led toward recovery by reading its explanation of the A.A. program and its varied examples of personal experiences which demonstrate that the A.A. program works.

Alcoholics Anonymous The Story of How More Than One Hundred Men Have Recovered from Alcoholism Alcoholics Anonymous AA World Services

Why are we the way we are, and why do we do the things we do? These are the fundamental questions we humans have been asking ourselves from the dawn of recorded history. The call to answer them can be traced back over 2,500 years to an injunction inscribed in a Greek temple: Know Thyself. AA's Step 4 follows in the tradition of self-examination which emerged in response to that call. Borrowing from

religion, philosophy, and psychology, it's the most comprehensive and effective program of self-knowledge and self-transformation that's been ever devised. Though initially meant for alcoholics, it's available to all. However, Step 4 takes a lot of work. In it we are digging into a wide range of experience over a long period of time—the entirety of our past lives, in fact. An inventory of such depth and breadth can be daunting. It's easy to get confused, sidetracked, overwhelmed, and discouraged. Many of us procrastinate. Some never get started. Others abandon it early on. But even if we've gone through it once, we've barely begun to scratch the surface. For various reasons, these first attempts are very limited. That's why later in sobriety many of us feel the need to try again. Though sober, our recovery may have stalled. Maybe there are serious things about the past we skipped the first time around. Perhaps important issues remain unresolved which are still affecting us today. Or maybe we've gotten in trouble again, perhaps even relapsed. In any case, we feel we have to go back and take another hard look at ourselves. And yet, we're not sure we have the tools we need. We might have 10, 20, or 30 years in the program, but our understanding of Step 4 may not be much better than it was the first time we did it. This book is for those alcoholics. It's also for those, alcoholic or not, who wish to change and to grow and who are willing to practice the principles which have helped so many of us to become better people and to live happier lives.

This large print edition of *Language of the Heart* contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.

You can't beat the basics in times of trouble. During the the coronavirus pandemic, take a fresh look at the twelve steps, and the Big Book's wisdom for healing and hope. *A Program for You* leads each of us—newcomer or old-timer—to a deeper understanding of recovery as a way of life. *A Program for You* clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, *Alcoholics Anonymous*, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of its message for those of us reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, *A Program for You* helps us experience the same path of renewal that Bill W. and the first on hundred AA members did.

Finally! The book that thousands of alcoholics have been waiting for! An updated version of the "Big Book of Alcoholics Anonymous." This edited revision of the old, basic text is reader-friendly and carries the exact same message as the 1939 version of "Alcoholics Anonymous." It's written in a style that's friendly to readers of any gender, race, or spiritual path. Until now, Bill Wilson's 1939 book has never been edited for modern readers. This book is for: Women who object to the sexist language in the original Big Book. The EZ Big Book is gender neutral. All partners of alcoholics, including gays and lesbians. The EZ Big Book makes no assumption about the genders or marital status of partners. Alcoholics at all reading levels. The language is reader-friendly and journalistic in tone. Readers of any faith, including agnostics. The spiritual references in the book are all-encompassing. Non-English speakers. Readers for whom English is a second language buy the EZ Big Book because the writing is simple and direct. About the Author The author is a retired science and nature writer with double-digit of sobriety. Her last years of drinking took her to emergency rooms several times and finally to rehab.

Over 2200 of the most difficult words and terms found in the "Big Book" of Alcoholics Anonymous.- Many program topical words included.- Simple phonic pronunciation guides.- Page number references for included words.- Text referenced definitions.- Fits in your Big Book.

Seventeen years ago, I am was on the verge of either dying or being locked up for a very long time. Instead, he became a very active member of AA and has stayed in the middle of AA ever since and has been sponsoring new members for over sixteen years. He loves AA so much that other members laugh when they hear him sing his favorite jingle: I am stuck on AA, cause AAs stuck on me! Today, I am lives in southwest Florida with his wonderful Al Anon wife and their happy seven-year-old daughter and delightful eight-month-old baby boy, I am Junior.

Based on the spiritual foundations of Twelve Step programs, these daily readings—part of Hazelden's meditation series—offer inspiration, affirmation, and hope to those of us in recovery from addiction. Drawing upon insightful phrases often overheard in the rooms of recovery, the daily reflections and prayers in this collection are intended to offer comfort and guiding reminders to those recovering from alcoholism, drug addiction, substance use disorders, process addictions, or other compulsive behaviors. Recovery is a process that happens a day at a time, and this daily reader will support your journey.

Basic recovery text for addicts that explains NA's principles and includes members' personal experiences finding NA and living clean.

### Living with Your Higher Power

The story of Bill Wilson and how the A.A. message reached the world/

A biography, with recollections of early A.A. in the Midwest.

Co-founder Bill W. was keenly aware of the importance of personal stories, writing, "The story section of the Big Book ... is our principal means of identifying with the reader outside of A.A., it is the written equivalent of hearing speakers at an A.A. meeting; it is our show window of the results." *Experience, Strength and Hope* offers back to the A.A. Fellowship the candor, wisdom and wit of 56 members whose stories are no longer available in the fourth edition of *Alcoholics Anonymous*. With each edition, new stories were added to reflect A.A.'s changing membership, while others had to be dropped. Numerous requests from A.A. members led to the publication of this book, where now can be found such classics as "A Feminine Victory," written by one of A.A.'s very first female members, and "The Car Smasher," by "A.A. Number 3" — third after the co-founders themselves. A.A. membership continues to grow and change, but the voices contained here will never be outdated. From poignant accounts of sorrow and loss to more raucous tales laced with deprecating humor, this collection of stories offer today's A.A. members the timeless gift of experience, strength and hope. *Experience, Strength and Hope* has been approved by the General Service Conference of Alcoholics Anonymous.

Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith, who developed the organization's 12-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. A lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics.

Designed as an aid for the study of the book, *Alcoholics Anonymous*, *The Little Red Book* contains many helpful topics for discussion meetings. This is the original study guide to the Big Book, *Alcoholics Anonymous*. Filled with practical information for those first days of sober living, this little book: offers newcomers advice about the program, how long it takes, and what to look for in a sponsorprovides in-depth discussions of each of the Twelve Steps and related character defectsposes common questions

about AA and helping others, identifying where to find answers in the Big Book features non-sexist language.

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