

## Ancient Teachings For Beginners

Have you always wondered why your life tends to go in the same patterns over and over again? Have you been trying to escape from the same old patterns, year after year, to no avail? If so, then keep reading... You may need Vedic astrology to begin deciphering your life. Vedic astrology dictates that everything that you do in life is influenced by the positions of the stars and Planets at the moment of your birth. It asserts that you are born according to karmic justice and judgment and that karma is written out into the stars at that exact moment. For this reason, people have turned to the skies for thousands upon thousands of years to begin to decipher the karmic workings and understand why their lives work the way that they do. Karma is the sum of your actions in this life and in past lives, all of which is designed to bring you closer to liberation--that point in your life where you are able to become connected to the Universe and freed from the endless cycle of rebirth and death that we live in. It is something that you can never escape as it is simply the sum and reaction of your actions--it happens whether good or bad, and you will have to deal with the aftermath either way. However, karma brings with it lessons that are designed to help you achieve that liberation in life. Because karma can influence every aspect of your life and because it is written in the stars, you can begin to understand why you go through what you experience and how likely that you are to succeed or fail in all sorts of aspects of your life. You just have to open up your mind, look to your birth chart, and begin to interpret it. This has been used for thousands of years to determine matchmaking, success, business ventures, and more. It helps us to understand how we experience the world around us and why it is the way that it is. It shows us our relationships with others, our friendships, and our shortcomings. It shows us our career prospects and health. There is so much about the world that can be read in the stars, so long as you know where to look. This book is here to help. It is here to teach you the basics of Vedic astrology so that you can begin to decipher the world around you and what fate has in store for you. ?Vedic Astrology Secrets for Beginners INCLUDES: ? ? Information on what Vedic astrology is and how it differs from Western astrology ? A brief history of Vedic astrology ? The Vedic birth chart and how you can begin to read it to start interpreting your own horoscope ? The role of the Planets and how to understand them in Vedic astrology ? The various Lunar Mansions and how they are influential over the individual ? The significance of Vedic astrology and how it is used to change people's approaches to life ? And MUCH MORE!! Don't spend another day leaving life to chance. You can take charge and learn why you experience what you experience, and more. All you have to do is make it a point to get started today. Scroll up and click on BUY NOW to begin discovering the secrets of the universe.

Have you always wondered why your life tends to go in the same patterns over and over again? Have you been trying to escape from the same old patterns, year after year, to no avail? If so, then keep reading... You may need Vedic astrology to begin deciphering your life. Vedic astrology dictates that everything that you do in life is influenced by the positions of the stars and Planets at the moment of your birth. It asserts that you are born according to karmic justice and judgment and that karma is written out into the stars at that exact moment. For this reason, people have turned to the skies for thousands upon thousands of years to begin to decipher the karmic workings and understand why their lives work the way that they do. Karma is the sum of your actions in this life and in past lives, all of which is designed to bring you closer to liberation--that point in your life where you are able to become connected to the Universe and freed from the endless cycle of rebirth and death that we live in. It is something that you can never escape as it is simply the sum and reaction of your actions--it happens whether good or bad, and you will have to deal with the aftermath either way. However, karma brings with it lessons that are designed to help you achieve that liberation in life. Because karma can influence every aspect of your life and because it is written in the stars, you can begin to understand why you go through what you experience and how likely that you are to succeed or fail in all sorts of aspects of your life. You just have to open up your mind, look to your birth chart, and begin to interpret it. This has been used for thousands of years to determine matchmaking, success, business ventures, and more. It helps us to understand how we experience the world around us and why it is the way that it is. It shows us our relationships with others, our friendships, and our shortcomings. It shows us our career prospects and health. There is so much about the world that can be read in the stars, so long as you know where to look. This book is here to help. It is here to teach you the basics of Vedic astrology so that you can begin to decipher the world around you and what fate has in store for you.? In particular, you will find:?? Information on what Vedic astrology is and how it differs from Western astrology? A brief history of Vedic astrology? The Vedic birth chart and how you can begin to read it to start interpreting your own horoscope? The role of the Planets and how to understand them in Vedic astrology? The role of the Zodiacal signs and how they must be interpreted? The role of the Houses and how they influence everything? The various Lunar Mansions and how they are influential over the individual ? The significance of Vedic astrology and how it is used to change people's approaches to life? What Vedic astrology has become today? How to stargaze and how to use that stargazing in Vedic astrology ? And more!!Don't spend another day leaving life to chance. You can take charge and learn why you experience what you experience, and more. All you have to do is make it a point to get started today. Scroll up and click on BUY NOW to begin discovering the secrets of the universe.

Ancient Teachings for BeginnersAuras, Chakras, Angels, Rebirth, Astral ProjectionLlewellyn Worldwide

Learn the Ancient Art that will Spice Up your Bedroom! - 10 Amazing Tantric Positions Included In this book, you will learn how the practice of Tantra has helped many couples achieve greater sexual satisfaction and intimacy. Tantric Sex is a form of Sacred Sexuality practiced by Tantrics, using many ancient Tantric teachings. Many people are interested in the many sexual tips and tricks that Tantric Sex offers. While you will experience an increased excitement and enjoyment of each other's bodies and minds, the principles of Tantric offer so much more in terms of helping you develop closer, more meaningful, and highly rewarding relationships. With the consistent application of Tantric principles, you'll find that

your commitment and love will only grow deeper. Most scholars trace Tantra back to India around 500 AD. These set of beliefs, teachings, and practices help practitioners worship and experience the Divine. Through this worship, Tantric practitioners aimed to achieve spiritual awakening, enlightenment, and freedom. Much like other Eastern traditions, Tantra promotes a greater awareness of the Divine in yourself, others, and the world. Join me in learning the amazing impact that Tantra can have on the quality of your life and of your relationships. Here is a preview of what you will learn...

- The ancient and somewhat mysterious origins of Tantra and Tantric Sex - How to increase the levels of intimacy with your partner using lighting, sounds and scents... - How different breathing techniques will enhance your pleasure and that of your partner - The benefits and methods to incorporate meditation to the sexual act - 10 amazing tantric positions to increase your pleasure in the bedroom Purchase your copy today!

How can Stoicism inspire us to lead more enjoyable lives? In the past few years, Stoicism has been making a comeback. But what exactly did the Stoics believe? In *Lessons in Stoicism*, philosopher John Sellars weaves together the key ideas of the three great Roman Stoics -- Seneca, Epictetus and Marcus Aurelius -- with snapshots of their fascinating lives, to show us how their ideas can help us today. In vivid prose, Sellars shows how the works of these three Stoics have inspired readers ever since, speaking as they do to some of the perennial issues that face anyone trying to navigate their way through life. Their works, fundamentally, are about how to live -- how to understand one's place in the world, how to cope when things don't go well, how to manage one's emotions and how to behave towards others. Consoling and inspiring, *Lessons in Stoicism* is a deeply thoughtful guide to the philosophy of a good life.

Visit a realm in which time and space have no meaning—the astral realm. Written for beginners, this friendly guide presents step-by-step instructions for six easy and effective astral projection techniques. Travel to different times and eras, visit with departed loved ones, and explore different astral worlds, such as the faerie realm. On the astral plane, it's also possible to heal yourself and achieve improved health, send healing energy to others, receive direction from your spirit guides, and view your Akashic records, the astral record of each soul's past and future events.

Is your life fulfilling? Do you feel loved and valued? Are you full of energy, happy and healthy? Are your days inspiring and fun? This remarkable book shows you how to stop the struggle and embrace life. Peta Morton shares the timeless spiritual wisdom of the ages in a modern, non-religious context and invites you on a journey of self-discovery. 'Peta Morton elegantly weaves together practical wisdom from a diverse array of traditions to provide a 'one stop shop' for anyone interested in personal development and well-being. This synthesis of important teachings and modalities, ranging from the power of breathing, thoughts, gratitude, and beyond, has the potential to shift the reader's perspective and clears the path for a happier, more peaceful life.' Mark Gober, author of *An End to Upside Down Thinking*

The Egyptian gods no longer have the power they once possessed. However, they are frozen in time in the ancient temple and myths, where their memory lingers on. And for the Egyptians, this was the fulfillment of an important goal: never to be forgotten, It is because the ancient Egyptians had something to tell us, something that was important for the human race.

Are you ready to transform yourself by leveraging the teachings of alchemy into your everyday life? Do you want a personal transformation process that has been proven to work for ages, is systematic and easy to follow? If you answered "yes", keep reading! Ancient practices continue to fascinate our current generation. And they fascinate us because while some may not make sense in the eyes of some modern day scientists, the interesting part about them is that they deliver what they promise. And the same can be said about Alchemy. If this is your first encounter with the concept of alchemy, let this book usher you to a new realm of knowledge; a world where you understand that you are work in progress and going through a transformation process. And if you make the most of your situation by leveraging the right resources, you can become the finest version of yourself. This book will show you how, in as few pages as possible to ensure you start taking action immediately. The book will guide you through the process and teach you how to become a modern day alchemist so you can improve the quality of your life, live purposefully and gain success and complete happiness. More precisely, you will learn: What alchemy is all about The different forms of alchemy How alchemy is the solution to many of the world's problems How to apply the 7 stages of spiritual alchemy into your everyday life How to effect the process of transformation in our modern life How to break down the present self How to create a new self How to keep your alchemy practice alive and maintain your new sense of self And much more! What are you waiting for! It is more than magic, which entails a blend between philosophy and chemistry to turn base metal into gold, a concept that's applied like an elixir to prolonged life. Click Buy Now in 1-Click or Buy NOW at the top of this page to start your journey to becoming a new you by implementing the teachings of alchemy in your everyday life.

The Mysteries of our spiritual evolution concealed in the Tarot has taken a considerable amount of time to come to light for the masses. Most people tend to think that Tarot cards first appeared in the Middle Ages, however, many believe the basic images of the Major Arcana may have existed for thousands of years. In general, the Tarot was treated as a tool for divination. Then in the early 20th century Arthur Edward Waite commissioned Pamela Coleman Smith to create a new deck using the mystical teachings of the Golden Dawn. Known as the Rider-Waite-Smith deck, it was published in 1910, and began a revival of interest in understanding the deeper messages in the Tarot images. One such investigator was a Jewish rabbi, who studied the images from the Kabbalistic perspective. Taking his investigation as far as he could, the rabbi sought out a Jesuit priest who became so intrigued that he left the priesthood and devoted the next 40 years to its study. My involvement began when after meeting the ex-priest in the mid-70s, he became my mentor and close confidant. One day he handed me a box full of papers with the instructions that I was to collate the information and after adding my interpretation of the symbols, arrange it into a manuscript for publishing. This proved to be no easy task and required me establishing my own publishing company to bring the book to print in 1987. Following my publication of the book, Llewellyn Publishers became interested and published two printings of the book in the early 90s. In 2007, I decided

to revise the manuscript and as owner of the copyright, publish this new version through my publishing company. Looking for endorsements for the back cover, I contacted Craig and Suzzan Babcock asking them if I could use excerpts of the letter they sent me endorsing the book. Not surprisingly they agreed, which started our long association together. Suzzan confided that she had experienced an extremely detailed a powerful vision connecting the 22 Major Arcana with the Tree of Life. It seemed to me that she was being motivated to add another level to the work, but it was not until she contacted me in 2014 suggesting that we republish The Rabbi's Tarot that I saw what her contribution would be. First, she has recolored all the cards according to my symbolism, bringing them to life in a very real way. Still, this was not her most important role. That has come from her inspired commentary, which brings in many other aspects and takes the messages of the cards to another level. In this book resides the following sentence. "The teaching of Tarot and the esoteric teaching of Scripture narrative is that the self-conscious, by assiduous endeavor, may bring into your body (and your body is your self-conscious) more and more of the superconscious in the form of Cosmic Mind-Stuff." It is this Cosmic Mind-Stuff, an energetic manifestation of sorts, which finds its way into our world when allowed. I believe it found not only the Rabbi and the Priest before me, but also Suzzan in its effort of coming forth for all humanity.

Learn the truth about the ancient secrets of the Gnostics and Illuminati. The first book of its kind to help the modern truth seeker walk their paths in truth, light, and love. Within these pages you will also discover a new form of Gnosticism that honors the old wisdom teachings, but also offers a completely new modern mode of Gnostic thought that uses science to explain many of these ancient myths, allegories, and parables. This new form of Gnosticism is what I would like to simply call, "Modern Gnosis." It is where the ancient mysteries and science blend as one. Real life Gnostic modes of living that can often be verified by science, to then be utilized by you in real-time in your own life. A sort of instruction manual on how to reach your own Gnosis and help you discover, or help along your own path. I do this by sharing my own experiences and with various stories and facts about the secret mysteries of Gnosticism that have never been revealed until now. I would like to also warn you that this book is not about the history of the Gnostics. There are many great books from some awesome authors on this subject. In my next book I will cover a secret untold history of the Gnostics that has never been told before. The facts are that in the not so distant past, the words of wisdom within these pages would have been deemed too dangerous for mankind, heretical to the church and doomed to the flames of oblivion. Millions of books have been burned over the teachings of Gnosis over the last couple thousands of years, and probably just as many people. At one time, people lived and died by the words they spoke, wrote, and read. With that said, the good news I bring to you is that this book is more about the secret teachings of ancient Gnosis and the sacred art of being a true Gnostic. We Brothers and Sisters of the Light are blessed to live in such a time where we can freely share knowledge and true wisdom with one another. Come take a walk with me on the path of illumination to learning the true origins of the first Gnostics. By reading The Order of the Gnostics, you are embarking on the noble path to your own initiation into the most ancient Order of the Gnostics. To become an official member of the eternal Sons and Daughters of Light connected through the golden thread of time who choose to live through the heart by love, truth, and respect for all living creatures, races, cultures, religions and people.

Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.

Way of the Ancient Healer provides an overview of the rich tradition of Filipino healing practices, discussing their origins, world influences, and role in daily life. Enhanced with over 200 photographs and illustrations, the book combines years of historical research with detailed descriptions of the spiritual belief system that forms the foundation of these practices. Giving readers a rare look at modern-day Filipino healing rituals, the book also includes personal examples from author Virgil Mayor Apostol's own experiences with shamanic healing and dream interpretation. The book begins with an explanation of Apostol's Filipino lineage and legacy as a healer. After a brief history of the Philippine archipelago, he describes the roots of traditional Filipino healing and spirituality, and discusses the Indian, Islamic, Chinese, Japanese, Spanish, and American influences that have impacted the Filipino culture. He presents a thorough description of Filipino shamanic and spiritual practices that have developed from the concept that everything in nature contains a spirit (animism) and that living in the presence of spirits demands certain protocols and rituals for interacting with them. The book's final chapter thoughtfully explores the spiritual tools used in Filipino healing—talismans, amulets, stones, and other natural symbols of power.

Would you like to change the way you live your Life? Based on the teachings of the people of the High Andes, Dancing in Your Bubble invites you on a journey of healing and Empowerment. You will benefit from the workshop retreat experience on your own time and in your own space. This book draws on Teri's experiences from working with clients and students in a variety of settings. You will benefit from the experiences of a healing retreat program. These simple tools will help you with every day life. Empower Yourself. Step beyond ideas like powerlessness and sinfulness. Step into your own power and embrace all of your-self through altered perspectives. You will enjoy the stories Teri generously shares from her own personal journey. that offer practical applications to promote self knowledge and healing. "Dancing" offers healing tools that can be adapted to any world view or spiritual practice. You are guided through these simple and practical teachings step by step. You discover deeper aspects of these healing tools in each chapter. \* Understanding the energy bubble created by our lives and past experiences and how we can stop being stuck in our own story\* Identifying the organizing themes that resonate through our lives and breaking the pattern of reinforcing self prophecy\* Taking in refined and nourishing energy and releasing heavy obstructive energies\* Connecting to the power of natural energy sources\* Letting go of guilt and defeating self judgment\* Using myths, dreams and storytelling to create understanding "Dancing" offers a unique perspective which acknowledges that many people wish to take the journey of self discovery

and healing. This book supports your journey through its use of exercises activities and work-space. This empowering approach allows you to proceed at his your own pace.\*clear language \*comprehensive \*practical  
Cassandra Wind's book, Ancient Teachings - New Traditions, shares her thoughts, struggles, pain, and wisdom she discovered raising her daughter. Her writings reveal the teachings from many wise women of tribal lineage, Ayurvedic and Chinese medicine, and other cultural perspectives. Her passion is to awaken women to embrace the power they uniquely have from birth as women. A women's strength comes from a strong mind, compassionate heart, and deep love of herself reflected in the actions, words, and time shared with each other. she hopes the stories shared in this book will help women understand how important they are to the balance of life.

Teaches one that there is no beginning an no end to the circle f life

Ancient civilizations worshipped female deities, and women were the leaders, counsellors and healers of nations. However, through various historical events, such as the arrival of Christianity in many cultures, the worship of the goddess was lost. In this book, author Tanishka shares the long-lost ancient culture of the goddess. This book unveils: • The history of the ancient goddess traditions • The 7 Goddess archetypes and their chakras • A woman's life stages and how to transition into each one • The 3 goddess paths of initiation used by ancient priestesses • Tools for understanding and aligning with the cycles of nature • Rituals and exercises to reconnect with your inner goddess ...and much more!

This Elibron Classics title is a reprint of the original edition published by the Theosophical Publishing Society in London, 1899.

Yoga came to Tibet from India more than a thousand years ago, and it was quickly absorbed into the culture's rich traditions. In this small book readers will discover Heart Yoga, which developed over the centuries in the Gelukpa tradition of the Dalai Lamas. The program presented here combines popular yoga exercises with special Tibetan poses, and methods of working from the inside to give a healthy and a happy heart. Roach discovered a number of previously unknown Tibetan works on yoga in the course of his ongoing efforts to find and preserve ancient Tibetan Buddhist texts. He discusses the ideas and insights presented in these texts and places them within the context of the Buddhist tradition. To help readers incorporate this ancient wisdom in their daily lives, he provides a specific regime of yoga postures and meditations. Combining instructive illustrations with the unique philosophical underpinnings of the Buddhist approach, Geshe Roach has created a unique program for yoga on a physical and spiritual level.

Ancient Future celebrates the wisdom of those ancient civilizations that did not disassociate the philosophical, spiritual, and material realms of life. This book is an attempt to re-create this holistic experience in hopes that a synthesized view of life will become reality in the 21st century. Offers a visionary guide to self-knowledge, revealing the mysteries of the ancient female oral tradition.

This is a new critical edition, with translation and commentary, of the Scholia in Apocalypsin, which were falsely attributed to Origen a century ago. They include extensive sections from Didymus the Blind's lost Commentary on the Apocalypse (fourth century) and therefore counter the current belief that Oecumenius' commentary (sixth century) was the most ancient. Professor Tzamalikos argues that their author was in fact Cassian the Sabaite, an erudite monk and abbot at the monastery of Sabas, the Great Laura, in Palestine. He was different from the alleged Latin author John Cassian, placed a century or so before the real Cassian. The Scholia attest to the tension between the imperial Christian orthodoxy of the sixth century and certain monastic circles, who drew freely on Hellenic ideas and on alleged 'heretics'. They show that, during that period, Hellenism was a vigorous force inspiring not only pagan intellectuals, but also influential Christian quarters.

A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. Somi generously applies the subtle knowledge from her West African culture to this one. Simply and beautifully, she reveals the role of spirit in every marriage, friendship, relationship, and community. She shares ancient ways to make our intimate lives more fulfilling and secure and offers powerful insights into the "illusion of romance," divorce, and loss. Her important and fascinating lessons from the heart include the sacred meaning of pleasure, preparing a ritual space for intimacy, and the connection between sex and spirituality. Her ideas are intuitively persuasive, provocative, and healing--and supported by sound practical advice, along with specific rituals and ceremonies based on those used for thousands of years. With this book, the spiritual insights of indigenous Africa take their place alongside those of native America, ancient Europe, and Asia as important influences on Western readers. A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. Somi generously applies the subtle knowledge from her West African culture to this one. Simply and beautifully, she reveals the role of spirit in every marriage, friendship, relationship, and community. She shares ancient ways to make our intimate lives more fulfilling and secure and offers powerful insights into the "illusion of romance," divorce, and loss. Her important and fascinating lessons from the heart include the sacred meaning of pleasure, preparing a ritual space for intimacy, and the connection between sex and spirituality. Her ideas are intuitively persuasive, provocative, and healing--and supported by sound practical advice, along with specific rituals and ceremonies based on those used for thousands of years. With this book, the spiritual insights of indigenous Africa take their place alongside those of native America, ancient Europe, and Asia as important influences on Western readers. How do we find calm in times of stress and uncertainty? Drawing on the wisdom of Epictetus, Marcus Aurelius, Seneca, and others, Sherman presents a compelling, modern Stoicism that teaches grit, resilience, and the importance of close relationships in addressing life's biggest and smallest challenges. Bringing ancient ideas to bear on 21st century concerns -- from workers facing stress and burnout to first responders in a pandemic, from soldiers on the battlefield to citizens fighting for racial justice -- Sherman shows how Stoicism can help us fulfil the promise of our shared humanity. In nine lessons that combine ancient pithy quotes and daily exercises with contemporary ethics and psychology, *Stoic Wisdom* is a field manual for the art of living well.

This is the blueprint for living out the first-century supernatural life! — Sid Roth, host of *It's Supernatural!* Lost for centuries, this ancient text is the believer's key to unlocking the supernatural lifestyle of first-century believers. In the book of Acts, we glimpse the world-changing community marked by passion, authenticity, and supernatural power that was the early Church. How did the early church cultivate these kinds of powerful believers? Where does the modern church fall short? And what if you could access the early Church's discipleship manual? Picture it: While browsing the

stacks of a dimly lit library in the cavernous corridors of an Middle Eastern monastery, a young Greek Orthodox cleric stumbles upon a fragile parchment manuscript, containing ancient wisdom. The cleric's name was Philotheos Bryennios, the year was 1873, the place was Istanbul, Turkey, and the incredible document he found was called the Didache, or "the Teaching." The Didache is a transformative step-by-step training program for new believers, and offers a window into the faith and practice of the earliest Gentile disciples, when Christianity was still within the fold of Messianic Judaism. Written for a culture where individuals had no knowledge of Jesus or the gospel, the Didache's timeless instruction is especially applicable for our current, postchristian era. Ancient Blueprints for the Supernatural contains the full text of the Didache along with extensive, revelatory commentary and application from Drs. Dennis and Jen Clark. You will: Discover how to live as a holy vessel in a godless society. Enter a new way of life that reveals Jesus of Nazareth to the world. Access the miraculous lifestyle that Jesus made possible through the Cross. Experience the presence and power of God through ancient practices such as persistent prayer, communion, baptism, and more. Gain wisdom for discerning false teaching and doctrine that obscures the fullness of God's life and power. Uncover the Biblical definition of "The One New Man," and what it means for you. Learn to live in watchful preparation for the Messiah's return. Unleash the timeless wisdom of the Didache into your life, and begin walking in the world-changing footsteps of the early church. To understand the words of the Buddha, they must be explained by one who has experienced his path. From the very first chapter, we begin to dispel the misunderstandings that have surrounded the words of the Buddha. We come to understand the origins of unhappiness that have taken root in the body. Freeing ourselves from these roots, we are able to find peace. Although the words on the Buddha are easily mistaken, Devean gives us an extraordinary explanation for the modern person. The essence of the Buddha's path to enlightenment suited for the plights of the modern world. Modern Buddhism is unlike other Buddhist books. While others theorize and argue over the meaning of the words academically, Devean provides you with the meaning behind the words.

??? ? Have You Ever Felt A Powerful Surge of Energy Before? A Wealth of Energy Which Suddenly Comes Into You and You Can't Really Explain What It Is? You Might've Just "Accidentally" Tapped into the Power of your Chakras. Continue Reading... ?? ?? You are energy. The sooner you understand this, the sooner your life will change. By knowing the ancient teachings of the Chakras, you open your mind to the world of self-healing and well-being. An amazing hidden world that can work wonders on your life, and that already lives inside you. With the book 'Chakras for Beginners', you will master the teachings of the Sacred Chakras step by step, and start living a healthier and happier life today! Imagine the chakras as being wheels of energy. In this book you will learn how to visualize, unblock and realign your chakras. Thousands around the world support the interaction between working your chakras and the healing of each organ, necessity, or mental state. There are seven chakras, positioned from the base of your spine to the top of your head. Each one has its own color, and its own function. From the liver, to the heart and lungs, to anxiety and depression, which all could be cured naturally by the energy of the chakras. The best results you can ever find, are your own. . ?? "The Chakra is a Doorway. These are Doorways That Lead You into Other Dimensions. But You Have to Focus on Them to the Exclusion of Everything Else." - Frederick Lenz ?? Your greatest healer, is your spirit. This book helps to work wisely with your energy. All aspects of your life will be improved, likened to a domino effect. All you have to do is pay attention and open your mind to the sacred ancient knowledge that helps men to become "free". Act Now by Clicking the 'Buy Now' or "Add to Cart" Button After Scrolling to the Top of This Page. P.S. What's holding you back? In life, most people are stopped either by their fear or their laziness. Remember, the best investment you can make is in yourself. Invest the time and the price of less than a coffee to make a quantum leap in your life ?, wealth , love and happiness . Act Now!

A groundbreaking exploration of the "science of enlightenment," told through the lens of the journey of Siddhartha (better known as Buddha), by Guardian science editor James Kingsland. In a lush grove on the banks of the Neranjara in northern India—400 years before the birth of Christ, when the foundations of western science and philosophy were being laid by the great minds of Ancient Greece—a prince turned ascetic wanderer sat beneath a fig tree. His name was Siddhartha Gautama, and he was discovering the astonishing capabilities of the human brain and the secrets of mental wellness and spiritual "enlightenment," the foundation of Buddhism. Framed by the historical journey and teachings of the Buddha, Siddhartha's Brain shows how meditative and Buddhist practice anticipated the findings of modern neuroscience. Moving from the evolutionary history of the brain to the disorders and neuroses associated with our technology-driven world, James Kingsland explains why the ancient practice of mindfulness has been so beneficial and so important for human beings across time. Far from a New Age fad, the principles of meditation have deep scientific support and have been proven to be effective in combating many contemporary psychiatric disorders. Siddhartha posited that "Our life is shaped by our mind; we become what we think." As we are increasingly driven to distraction by competing demands, our ability to focus and control our thoughts has never been more challenged—or more vital. Siddhartha's Brain offers a cutting-edge, big-picture assessment of meditation and mindfulness: how it works, what it does to our brains, and why meditative practice has never been more important.

MORALS AND DOGMA is the paperback edition of the 1871 classic Freemason handbook of ancient wisdom and freemason traditions and secrets. . The 800 page book is compressed into 430 pages. . The Hymn of Demeter is included, since it is considered to be of the canon of the Ancient Mysteries religion. . 'Morals and Dogma' is the first publication for the other branch of The New Jerusalem World Library, 'The New World Law Library'. . 'The New World Law Library' features the law codes of religions and philosophies, in the spirit of 'The Sacred Books of The East' from 1880-1910. . The SBE is a collection of holy books that is comparable in size and scope to the Encyclopedia Britannica, which was published in 1910. . The New Jerusalem World Library and The New World Law Library seek to provide a set of comprehensive religious law study materials to the world, and geared especially towards younger people and elders

interested in increasing their knowledge of world religions and ancient philosophies. . Thank you for your patronage! . The purpose of this book is to allow you some time to reflect on the vastness of the COSMOS. To travel within yourself quieting everything around you. To know there is only MIND and GOD. To understand that there is only ONE single sin that will affect you greatly. As it will lead you either to salvation/NIRVANA or damnation/ SUFFERING. That sin is not to KNOW GOD. It is vital to know that only each soul themselves, by THEIR OWN efforts CAN MAKE THIS HAPPEN. Teachers, Masters and friends can help you on the path. God only, together with yourself, can bring you to salvation. Your mind in yourself is a projection of the mind of God, This God mind is light, everything else flows from that. Thousands of years ago, the High Priests of Egypt performed a special rite called a Final Initiation. Many of these secret ceremonies took place at the Great Pyramid, where initiates performed sacred rituals involving breathing, meditating, and chanting. Afterwards, the students were ready to enter the world as healers. The author of Ancient Teachings for Beginners, Douglas De Long demonstrates how to perform this Final Initiation rite and other methods for advancing one's psychic and healing abilities. These techniques-involving energy healing, chakra work, color, chanting, breathing-are designed to help one achieve spiritual, emotional, and physical well-being.

Thoth, Hermes or Djehuty as this book refers to him is a mythical ancient Egyptian (Kemetian) sage whose wisdom is said to have transformed him into a god. Djehuty, who was venerated in Kemet from at least 3000 B.C.E., is credited with the invention of sacred hieroglyphic writing and his figure, portrayed as a scribe with the head of an Ibis, can be seen in many temples and tombs. He is the dispatcher of divine messages and recorder of all human deeds. In the great hall of judgement, the after-life court of the god Asar (Osiris) where the dead are judged, Djehuty would establish whether the deceased had acquired spiritual knowledge and purity, and so deserved a place in Heaven. Djehuty was said to have revealed to the Kemetians (Ancient Native Egyptians) all knowledge on astronomy, architecture, engineering, botany, geometry, medicine and religion, land surveying, and was believed by the ancient Greeks to be the architect of the pyramids. The Greeks, who were in awe of the knowledge and spirituality of the Kemetians, depicted him through their narrow view of the mysteries as Hermes, the messenger of the gods and guider of souls in the realm of the dead. To distinguish the Kemetian Djehuty, from their own, the Greeks referred to him using the title "Trismegistus," meaning Thrice Great, to honor his sublime wisdom. The remnants of the wisdom of Djehuty have been passed on in texts mistakenly referred to today as the Hermetica. Although largely unknown today, the writings attributed to Djehuty have been immensely important in the history of Western thought. They profoundly influenced the Greeks and, through their rediscovery in the fifteenth- century Florence helped to inspire the " Renaissance" which gave birth to our modern age. The list of people who have acknowledged a debt to the wisdom of the Scribe of the gods reads like a "Who's Who" of greatest philosophers, scientists and artists that the West has produced- Leonardo da Vinci, Durer, Botticelli, Roger Bacon, Paracelcus, Thomas More, William Blake, Kepler, Copernicus, Isaac Newton, Sir Walter Raleigh, Milton, Ben Johnson, Daniel Defoe, Shelley, Victor Hugo and Carl Jung. It heavily influenced Shakespeare, John Donne, John Dee and all the poet philosophers who surrounded the court of Queen Elizabeth I, as well as the founding scientists of the Royal Society in London, and even the leaders who inspired the Protestant reformation in Europe. The list is endless with the Djehuty's influence reaching well beyond the frontiers of Europe. Islamic mystics and philosophers also trace their inspiration back to the Scribe of the gods, and the esoteric tradition of the Jews equated him with their mysterious prophet Enoch. The Hermetica, as Djehuty's works are referred to today act like a cornerstone of Western Culture. In substance and importance it is equal to well known eastern scriptures like Upanishads, the Dhammapada and the Tao Te Ching. Yet unlike these texts which are readily available and widely read, the works of Djehuty have been lost under the dead weight of academic translations, Christian prejudice and occult obscurities.

Ancient Teachings for Beginners by Douglas De Long reveals the mysteries from the distant past and how they can lead to a brighter future in the New Age. It begins with a brief history of spiritual development from before ancient Egypt right up to the present. It continues by explaining the secrets of the aura and the chakras. In this section you'll learn about the importance of the third eye chakra. It is related to the pineal gland and the third eye. Opening the third eye aids intuition, creativity, and psychic abilities. You can do this easily by "toning," "doing vibrational work" or chanting Thoh (rhymes with "toe") at a middle or high "C" note. This triggers a vibration in the pineal which cause the third eye and its chakra to open. The exact techniques are included in the book. If you open the crown chakra (associated with the pituitary gland) you can improve some of your natural psychic abilities, including clairaudience, clairvoyance, and clairsentience. Vibrational work for this chakra uses the sound May. Breathing techniques and the exact way of toning to open the chakra are fully explained. You'll also learn how to see the aura and interpret its colors, as well as how to open all of the chakras. The book also explains techniques to send the mysterious kundalini energy through the chakras. But this book has more! It includes the secrets of channeling, such as working with angels and spirit guides. It goes on to share methods of astral projection and then reveals the secrets of reincarnation. Ancient Teachings for Beginners is easy to understand and the techniques are a snap to use. If you are looking for an introduction to the secrets of the teachings of the ancient mystery schools, this book is for you!

This volume seeks to advance the study of ancient magic through separate discussions of ancient terms for ambiguous or illicit ritual, the ancient texts commonly designated magical, and contexts in which the term magic may be used descriptively. A book of ancient mysticism originally published in the early 1900's to an interested people in the old occult wisdom of Greece and Egypt. This book lays out seven principles that magic and occult are supposed to work around. The book claims that grasping these principles will help someone in enhancing their life and the world around them. Although the direct authorship is now unknown, the Three Initiates have stood as the pseudonym most famous to the ones who crafted this occult work.

This illuminating guide to the Native American ritual of the Medicine Wheel makes an ancient spiritual practice available to everyone. Roy Wilson, Cowlitz Chief and Spiritual Leader in Washington, combines Sun Bear's Zodiac (outer circle) and his own vision. The Four Pathways are used to experience the God within. It is important to note that all Pathways go through the Creator, which includes the Creator in the center, surrounded by seven Spirit Messengers: Cougar, Hawk, Coyote, Wolf, Bear, Raven, and

Owl; the four Gatekeepers: Buffalo in the East, Bear in the South; Eagle in the West; and Cougar in the North; the twelve Spirit Helpers: Turkey, Turtle, and Owl on the East Pathway; Beaver, Ant, and Squirrel on the South Pathway; Butterfly, Bat, and Grouse on the West Pathway; and, Hawk, Goose, and Wolf on the North Pathway.

Go beyond the physical exercise of yoga with the founder of the American Viniyoga Institute While there is no denying yoga's popularity as a form of physical exercise, the other life-enhancing aspects of this tradition remain obscure to many Westerners. In *Yoga for Transformation*, Gary Kraftsow introduces techniques that treat not only the physical body but also the emotions, mind, heart, and soul of the practitioner-the places where real transformation can take place. There are breathing techniques to control energy levels, exercises to train and sharpen the intellect, and meditative practices to help increase self-awareness. With more than 350 black and white photographs throughout, this unique and accessible book is dedicated to strengthening the whole self-body, mind, and spirit.

A simple and contemporary introduction to the vital teachings of Vedanta--what it is, isn't, and how to understand it.

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