

## **Beyond Bullet Journaling The Art Of The Creative And Productive Journal Ideas And Inspirations Book 1**

Learn to dot journal! Author and avid dot journaler Hannah Beilenson makes it easy and accessible. This beginner's guide allows you to discover: The benefits of dot journaling. Tools and materials you might find helpful. Planning styles and techniques. Ideas for yearly, monthly, weekly, and daily plans. Ideas for trackers, lists, and more! Get creative with washi tape, lettering, and stencils. This unique interactive book even provides practice outlines and practice space so you can be inspired to try some of the bullet journaling ideas yourself! Sturdy hardcover book lies flat so you can practice dot journaling techniques easily within its pages. Book measures 7-1/2" wide x 9-1/2" high. Full color throughout. Spark your creativity and keep yourself organized with the beautiful pages and easy-to-follow instructions of Creative Journaling. With 52 projects, from simple tricks, like making your own washi tape, to more ambitious projects, like crafting a custom planner, you'll soon have the best-looking to-do list around. Author Renee Day will take you on an artistic adventure as you take on each new task and become an expert on amazing DIY ideas! You'll learn to work with

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watercolors, acrylic paint, brush pens, and much more as you personalize your stuff, making things uniquely you. Going beyond basic tools, this stunning book offers tips, tricks, and creative ways to transform your notebook into a treasured life companion, including:

- Ornamental lettering
- Personalized habit trackers
- Colorful calendars
- Decorative headers
- Customized productivity lists
- Inspiring artwork
- Creative future logs
- Unique planning pages

Who among us doesn't simply love to doodle—or, at the very least, doodle to pass the time during long meetings or classes? Now you can learn the fine art of doodling while exercising your creativity at the same time. *Creative Doodling & Beyond* features a fun variety of projects, prompts, exercises, and ideas to get your doodling juices flowing, while also providing inspiration for how to use your doodles creatively. Artists will begin with some warm-up exercises and basic drawing instruction. From there, they'll embark on creating projects with doodles that get progressively more advanced through the book, starting with a gift tag and ending with elaborate doodling projects on wood and fabric.

**NEW YORK TIMES BESTSELLER** - Being a Lazy Genius isn't about doing more or doing less. It's about doing what matters to you. "I could not be more excited about this book."--Jenna Fischer, actor and cohost of the Office Ladies podcast  
The chorus of "shoulds" is loud. You should enjoy the moment, dream big, have it

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all, get up before the sun, track your water consumption, go on date nights, and be the best. Or maybe you should ignore what people think, live on dry shampoo, be a negligent PTA mom, have a dirty house, and claim your hot mess like a badge of honor. It's so easy to feel overwhelmed by the mixed messages of what it means to live well. Kendra Adachi, the creator of the Lazy Genius movement, invites you to live well by your own definition and equips you to be a genius about what matters and lazy about what doesn't. Everything from your morning routine to napping without guilt falls into place with Kendra's thirteen Lazy Genius principles, including: - Decide once - Start small - Ask the Magic Question - Go in the right order - Schedule rest Discover a better way to approach your relationships, work, and piles of mail. Be who you are without the complication of everyone else's "shoulds." Do what matters, skip the rest, and be a person again. The CLASSIC POINT GRID notebook/journal is created with basic jotting needs in mind: lists, thoughts, ideas, observations, dreams, goals, to wax poetic or to be frank, to go on and on, or to be brief. Decorate the pages or leave them plain . . . just make it yours. To us, a notebook/journal is a trusted friend to carry at all times. They will listen to everything we have to say-without judgement, without interrupting-but will perhaps be our greatest critic should we ever have to revisit the things we entrusted to them. Today is your lucky day. You are about to

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engage with something that can change your life. Write it down so you never forget. The stunning ombré sun/moon cover is eye catching and inspiring, with a rich matte finish and silky feel to the touch. Inside there are grey tone bullet points spaced 5mm apart with margins to keep your ideas focused on the page. The paper is white 55lb-excellent for pencil, ball point pens and most gel inks. Perfect binding keeps all the pages intact for the life of the book and beyond. Designed in Oakland, California by Leora Lutz at Glossary Syndicate.

FUN, COLORFUL, AND CREATIVE SUGGESTIONS FOR THE NEWEST PRODUCTIVITY PHENOMENON. Going beyond basic tools, this book offers tips, tricks and creative ways to transform your notebook into a treasured life companion, including:

- Ornamental lettering
- Personalized habit trackers
- Colorful calendars
- Decorative headers
- Customized productivity lists
- Inspiring artwork
- Creative future logs
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An Easy Guide to Modern Calligraphy and Hand Lettering Fans of Creative Lettering and Beyond and The Complete Book of Lettering will love Lettering for Planners Calligraphy for your journal aesthetic: Beautiful "bullet journals" are popping up all over Instagram and Pinterest. The joys of decorating the pages with drawings and lettering are many. If you want to start your own bullet journal or if you want to improve your journal aesthetic, this book is for you. This book is

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an informational workbook that teaches lettering styles to help people organize and beautify everyday life. Easily learn lettering: Learn from a step-by-step guide to creating a basic hand-lettered alphabet for beginners. Then learn five additional alphabet examples in various styles, explore letter variations and choose your favorites that best fit your style. Hand lettering workbook: You'll learn how to build words using common word examples like days of the week, months of the year, and other words commonly found in planners. After learning the script styles, you'll learn concepts of composition by teaching how to mix and match styles of lettering in creative ways. Learn all the components of lettering: You'll also learn some key "don'ts" of lettering to avoid. Then there will be step-by-step instructions on how to draw decorations to embellish lettering including shadows, borders, banners, and flourishes. Readers will learn:

- Five lowercase and capital stylistic alphabets
- How to find their own lettering style
- What not to do when lettering
- Lettering composition, shading, and flourishes

Create fabulous, share worthy calligraphy and lettering

Beyond Bullet Points, Fourth Edition “Throw away those room-emptying, left-brain slides—and use Atkinson’s book to turn your PowerPoint presentation into an epic.”

—Daniel H. Pink, author of Drive and A Whole New Mind Think beyond bullet points—and amplify the impact of your message! Now in its fourth edition, this popular classic

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illuminates an innovative, step-by-step methodology designed to unlock the amazing visual story waiting to be released from your message. Communications expert Cliff Atkinson shows how to apply classic storytelling tenets and practical, research-based guidelines as you work with Microsoft PowerPoint—for memorable, meaningful, and persuasive visual stories. Change your approach—and transform your results! Find your story thread Create an emotional connection to increase your impact. Cut through the clutter Distill your message and get right to the point. Bring your story to life Storyboard your ideas, find your natural voice, and deliver a compelling presentation!

Unlock the amazing story buried in your presentation—and forget boring, bullet-point-riddled slides forever! Guided by communications expert Cliff Atkinson, you'll walk you through an innovative, three-step methodology for increasing the impact of your presentation. Discover how to combine classic storytelling techniques with the power of visual media to create a rich, engaging experience with your audience. Fully updated for PowerPoint 2010, and featuring compelling presentation examples from classroom to boardroom, this book will help transform your presentations—and your business impact!

Lined Notebook/Journal \* 6x9 Inch\* 108 pages\* Dot Grid pages\* Soft Premium Matte Cover Finish\* A beautifully designed Journal for you to write and store important notes, names, numbers, ideas, goals and aspirations!

Bullet It! is an original take on bullet journaling, an artistic life organisation system that's

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going viral online and poised to become the "adult colouring books" of the journal world. Rather than face an intimidating blank page of a traditional bullet journal, inside you'll find artistically laid-out pages and guided fill-in to record your goals and dreams both large and small. Whether you quickly complete your tasks or simply move them to a new journal, what remains is a beautiful keepsake that reminds you just how much you are accomplishing, on both a macro and micro level.

Capture all your autumn memories in one place! The FALL BUCKET LIST JOURNAL has a 'Contents' page for you to list all your fabulous cooler-weather adventures, and then allows tons of pages to doodle, write, or attach photos. The back of the journal also allows you to list your favorite items completed on your bucket list, lessons learned, and reflections on your autumn journey.

Say hello to the bullet system: a revolutionary organization method that will increase both your efficiency and your creativity. At its simplest, the bullet method will provide you with a fool proof to-do list that will ensure you never miss a task or appointment again. Take it just a step further and its principals will let you organize your present, take note of the past and plan your future. The 365 Bullet Guide is an easy-to-follow book that will teach you the bullet system. There's an exercise for every day of the year and each takes 365 seconds or less to complete. With simple, clear instructions, this book will show you how to incorporate the bullet method into your life as gradually or quickly as you like. The joy of bulleting is that it is both holistic and completely

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customizable to your own aesthetics and habits, so you can create your own journal from scratch and put into practice as many of the hundreds of ideas and techniques as you like such as habit trackers, sleep logs, handwriting exercises, and much more! Whether you're a secret scribbler or a to-the-point minimalist, The 365 Bullet Guide is your indispensable guide to an elegantly organized life. With contemporary illustrations by Marcia Mihotich, this book will help you to build a better life. Grab a notebook and pen, and get bulleting!

A guide to using Microsoft PowerPoint describes how to use stories to create effective business presentations.

Art Journal Adventures! Learn how to journal your exceptional story. Life is not always extraordinary in all its details, but it is the sum of those ordinary events that add up to extraordinary lives. The journal is no different. With Journal Fodder 365, the Journal Fodder Junkies will lead you on a year-long adventure in drawing and writing, in painting and collage, and in the flotsam and jetsam of your daily experiences. You will uncover simple strategies to make the visual journal a part of your life and you'll discover new techniques for refining your personal narrative in an authentic and unique voice. Inside You'll Find: 12 themed chapters, ranging from Personal Mythologies and Histories to Connections and Relationships to Symbolically Speaking and beyond Dozens of

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step-by-step demonstrations for painting, drawing, writing, and collage techniques 12 suggested excursions for you and your journal 12 exploded views showing real-life applications of the lessons and prompts Let your journal be a living, breathing document of your life, a personally meaningful and relevant artifact.

The Artist's Way for the 21st century—from esteemed creative counselor Beth Pickens. If you are an artist, you need to make your art. That's not an overstatement—it's a fact; if you stop doing your creative work, your quality of life is diminished. But what do you do when life gets in the way? In this down-to-earth handbook, experienced artist coach Beth Pickens offers practical advice for developing a lasting and meaningful artistic practice in the face of life's inevitable obstacles and distractions. This thoughtful volume suggests creative ways to address the challenges all artists must overcome—from making decisions about time, money, and education, to grappling with isolation, fear, and anxiety. No matter where you are in your art-making journey, this book will motivate and inspire you. Because not only do you need your art—the world needs it, too. • **EXPERT ADVICE:** Beth Pickens is an experienced and passionate arts advocate with extensive insight into working through creative obstacles. She has spent the last decade advising artists on everything from financial strategy to coping with

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grief. • **PRACTICAL AND POSITIVE:** This book is both a love letter to art and artists and a hands-on guide to approaching the thorniest problems those artists might face. Pickens offers a warm reminder that you are not alone, that what you do matters, and that someone out there wants you to succeed. • **TIMELESS TOPIC:** Like a trusted advisor, this book is an invaluable resource jam-packed with strategies for building a successful creative practice. From mixing business and friendship to marketing yourself on social media, this book can help. And it will—again and again. Perfect for: • Visual artists and makers • Writers, musicians, filmmakers, and other creatives • Art and design school graduates and grad-gift givers

Get organized! Blogging star Rebecca Spooner shows how a great journal can put your life in order. Whether you're planning the week's menus or training for your first 5K, *Journal Me Organized* offers a creative way to eliminate mental clutter and focus on goals. It covers everything from choosing a notebook and cross-referencing to goal setting and time management. Inspirational pages, fun ideas, and easy-to-follow instructions accompany tutorials and templates for designs that range from minimalist to exuberant.

Guided bullet organization and achievements made beautiful! This new book by *Bullet It!* author/illustrator Nicole Lara gives bullet journalers beautifully illustrated,

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full-color pages and prompts for recording their “life lists.” The prompts include practical lists, like movies to watch, favorite books, Christmas present ideas, trips they’d like to take, and home decorating ideas, but also personal lists, like the people who make them laugh the most, the things they’re most grateful for, and where they see themselves in 10 years.

Beyond Bullets Creative Journaling Ideas to Customize Your Personal Productivity System Simon and Schuster

Great for Journaling and Writing - Makes the Perfect Gift This Writing Journal is a 8 x 10 soft cover journal notebook diary it has 126 lightly lined white pages with a beautifully colored cover displaying an inspirational word. Words can make you feel something you wish to remember, help you see things you don't wish to forget or they make you do something to push you forward. Pick the word that inspires you! Dimensions: 8 by 10 inches 126 Lightly Lined Pages (128 total pages) Makes the Perfect Gift White Paper Matte Cover Softcover / Paperback / Notebook 10 Colors: Aqua, Blue, Dark Blue, Green, Orange, Pink, Purple, Red, Teal and Yellow 36 Words: Abundance, Action, Attitude, Authentic, Believe, Blessings, Courage, Create, Dedicated, Disciplined, Dreams, Encourage, Faith, Focus, Goals, Grace, Gratitude, Honor, Hope, Inspire, Joy, Kindness, Love, Motivate, Opportunity, Overcome, Peace, Positive, Purpose, Rejoice, Strategic,

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Strength, Success, Truth, Vision and Wisdom A journal is a great tool for any of the following: a day timer, diary, notebook, travel journal, health journal, idea book, thoughts and dreams, successes, failures, blessings, wish lists, lists, habit tracking, bullet journaling, things grateful for, prayer lists, to write thoughts and letters to your family, record medical information, a password notebook, express your feelings, to-do lists, resolve problems, reduce stress, record events, track your bucket list, keep your deepest secrets, song lyrics, track projects, write poetry, positive quotes, bible verses, bible study notes, work through heartache or painful memories, or use it for things that enhance your creativity and inspire you along with a lot more. An easy way to search is type in Elf Owl Publishing, the word and color to get the complete listing of what is available to show up. Example: Elf Owl Publishing Love Orange - The words and colors available are listed above in the bullet point section. Be sure to check out our entire line of products: Address Books, Password Journals, Sermon Notes, Bible Study Notes, Bullet Dot Grid Style Journals, and more. Go to our Author Page by clicking on Elf Owl Publishing under the title of this product. This is a paperback, softcover, notebook style journal.

Creatively organize your life! The Planner Book! will help you design, create, an embellish the perfect planner. Forget about boring calendars and ancient date

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books. Nowadays planners are gorgeous, colorful works of art—one part organization, one part art journal, and two parts keepsake. Loaded with projects, how-tos, tips, and tricks *The Planner Book!* has all the information you need to tap into your creativity, take control of your to-do list, and craft a custom planner. Featuring color photos and interviews from more than 20 creators, the book is full of ideas to spark your creativity and keep you organized. With 24 projects, from simple tricks like making your own washi tape to more ambitious projects like crafting a leather planner, you'll soon have the best looking to-do list around. Whether you're juggling a hectic work schedule, keeping track of a busy family, or trying to balance your class schedule, getting organized has never been this fun or this cute!

*Creative Lettering and Beyond* combines the artistic talents, inspirational tips, and tutorials of four professional hand letterers and calligraphers for a dynamic and interactive learning experience. After a brief introduction to the various tools and materials, artists and lettering enthusiasts will learn how to master the art of hand lettering and typography through easy-to-follow step-by-step projects, prompts, and exercises. From the basic shape and form of letters to cursive script, spacing, and alignment, artists will discover how to transform simple words, phrases, and quotes into beautiful works of hand-lettered art. The interactive format and step-by-step process

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offers inspirational instruction for a wide variety of fun projects and gift ideas, including hand-rendered phrases on paper and digitally enhanced note cards. Artists will also discover how to apply lettering to linen, coffee mugs, calendars, and more. Numerous practice pages and interactive prompts throughout the book invite readers to put their newfound lettering skills to use, as well as work out their artistic ideas. Covering a variety of styles and types of lettered art, including calligraphy, illustration, chalk lettering, and more, artists will find a plethora of exercises and tips to help them develop their own unique lettering style.

“An incredible woman on a mission to help people find peace, happiness, and fulfillment.” Gabrielle Bernstein, author of *Miracles Now* Have you ever felt like there’s something holding you back? Maybe that something is you . . . Sometimes the one thing you need to make a change is to see things from a fresh perspective. Discover twenty-one innovative emotional explorations to boldly confront the habits that are holding you back in this breakthrough guide that provides the tools you need to fearlessly embrace your innermost desires. Drawing from her own transformational experiences, Shannon Kaiser’s program utilizes an empowering process that encourages you to go on adventures for your soul so you can:

- Achieve your goals
- Remove limiting beliefs and self-sabotaging patterns
- Feel freedom from fear and live with purpose and passion
- Be unapologetic about your innermost desires
- And make happiness your natural way of life

By focusing on how your life feels instead of how it

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looks on the outside, you can passionately experience your own life adventures. By changing the way you see yourself, you can ultimately live life to the fullest.

This coloring book journal is designed to help stress relief through coloring and journal writing. January is the first book in the series of twelve. Each book is unique to it's given month, with 12 images to color. There are 12 one-sided images and 200 lined pages with quotes and tidbits for your enjoyment.

"If you're ready to start your new journal or improve your planner's overall look, this book is for you. Lettering for planners is a workbook that teaches lettering styles to help you organize and beautify the everyday life that goes into your daily planner. More than just a step-by-step guide for mastering the art of modern calligraphy, Lettering for planners teaches you how to combine it with your artistic style and journaling routines. After learning the basics of lettering, you'll learn how to add style. You'll be guided through concepts of composition that help you perfect lettering in creative ways. By the end, your journals and to-do lists will be more organized, efficient and beautiful!" -- Page [4] of cover.

So what is a bullet journal? It's a planner, to-do list and diary that will help you get your life together! This fun, practical guide shows you how to start and keep a bullet journal: a single notebook in which you write down all the things that you want to remember, or need to do, or you've already done – from every aspect of your life: work, home, relationships and hobbies. With colourful illustrations and easy tips to get you started,

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early adopter Rachel Wilkerson Miller explains how to make a bullet journal work for you – whether you want to create something simple or elaborate. Ideas for content include: - Lists of your to-dos and to-don'ts - Symbols that will make your lists efficient and effective - Calendars to plan your day, week, month or year - Trackers for your habits and goals (think health, money, travel) - Stationery such as washi tape, book darts and more! The phenomenon that is bullet journaling has led to thousands of journalers sharing their work on Pinterest, Instagram and Facebook. In *How To Bullet Plan*, BuzzFeed editor Rachel Wilkerson Miller tells you everything you need to know to start your own.

Organize your life, record what matters, and get stuff done! What the heck is a dot journal? It's a planner, to-do list, and diary for every aspect of your life: work, home, relationships, hobbies, everything. Early adopter Rachel Wilkerson Miller explains how to make a dot journal work for you—whether you find the picture-perfect examples on Pinterest inspiring or, well, intimidating. You decide how simple or elaborate your journal will be, and what goes in there: Lists of your to-dos, to-don'ts, and more Symbols that will make those lists efficient and effective Spreads to plan your day, week, month, or year Trackers for your habits and goals (think health, money, travel) Accouterments such as washi tape, book darts, and more!

*Journal with Purpose* is the ultimate reference for journaling, packed with over 1000 motifs that you can use to decorate and enhance your bullet or dot journal pages. Copy

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or trace direct from the page, or follow one of the quick exercises to improve your skills. Featuring all the journal elements you could wish for – banners, arrows, dividers, scrolls, icons, borders and alphabets – this amazing value book will be a constant source of inspiration for journaling and an 'instant fix' for people who find the more artistic side of journaling a challenge.

**KEEP CALM AND BE A PRINCESS!** Do you enjoy writing in old fashion notebooks and journals? Then you need the Keep Calm and Be A Princess Notebook Laptop Or Paper Notebook? Technology promises to make our lives more productive. Indeed, some things are faster and easier than ever. Unfortunately, a lot of technology is designed for the task, not for the user. As a result, people are able to take more notes, yet understand less. Have you ever taken copious notes in a class or meeting using your computer only to realize afterwards you still didn't understand? Taking notes on paper forces you to synthesize rather than merely transcribe. Imagine you were wrongly accused of a crime and the world's most experienced court stenographer offered to represent you for free. Would you try to save a buck or shell out the money on an experienced attorney? The stenographer has heard as many court arguments, been in as many trials, listened to as many verdicts as most attorneys. However, their experience has primarily been that of transcription, not of comprehension

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and understanding. Because you desire comprehension and understanding rather than simple transcription, the Keep Calm and Be A Princess Notebook is a must. Studies About Benefits of Paper Notebooks Don't just take my word, based on a study conducted at UCLA, the Association for Psychological Science indicated that "taking notes by hand is better than taking notes on a laptop for remembering". Will you take advantage of this knowledge to gain an edge on your competition at school, work, or business? How will better understanding make things help you achieve your goals? Organize Your Life Get rid of little scraps of paper you use to capture inspirations and ideas, daily tasks, notes, and phone numbers. Use the Keep Calm and Be A Princess Notebook to neatly organize your life. Feel Better By Logging Your Progress In my corporate days, I'd instruct employees to write down accomplishments as they happened. During annual reviews, we are bogged down with current issues and activities and it's hard to remember the great things we did 9, 6, or even 3 months ago. Write down your accomplishments with your hobbies, weight loss, and other life goals. Use the Keep Calm and Be A Princess Notebook notebook to look back feel good about yourself and the things you've done! **FREE BONUS INSIDE** Included inside is a link to download a free copy or an amazing adult coloring book featuring mandalas, animals and butterflies. Aside from enjoying your Keep Calm

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and Be A Princess Notebook, enjoy hours of enjoyment and relaxation with beautiful adult coloring pages. Inside, you'll find: 100 pages for writing A link to download a FREE adult coloring book What Really Matters? Think about the importance of your birth certificate, marriage certificate, property deeds, or even the laws that govern our society...the stuff that really matters goes onto paper! Make what you do matter! Buy the Keep Calm and Be A Princess Notebook today, make what you write matter! ! Click the Buy button at the top of the page to begin.

Inspired by the global "study with me"/#studygram phenomenon: Study smarter, stay motivated, improve your grades—all by taking better, more effective notes! Written by Jasmine Shao, founder of popular YouTube channel and Instagram account @studyquill, and Alyssa Jagan, founder of @craftyslimecreator and author of the DIY book Ultimate Slime, Study with Me includes everything you need to set and achieve your study goals using simple-to-master bullet journaling techniques: The basics of bullet journaling, and how to adapt them to your specific studying needs and goals Methods for organizing your time and scheduling Ideas for page and spread layouts for specific topics and how to set them up Plus: Dos and don'ts, hacks, and assorted tips for beginners With Study with Me, you'll learn the note-taking and organizational skills you need to

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achieve success!

The system combines elements of a wishlist, a to-do list, and a diary. It makes it easy to get thoughts out of your head and onto paper, to see them clearly and decide what to do about them

If you want to master your life by using a simple yet highly effective journaling method without feeling overwhelmed or confused, then read on! Do you wish your life was more organized? Do your appointments, goals, and to-do lists get lost in daily clutter? Do you want an easy step-by-step process to help create a more coherent lifestyle? If so, How To Bullet Journal For Beginners is for you because it was written by a successful life coach who once struggled with keeping her life organized as well. Imagine learning a highly effective technique that will help you declutter your life, crush your goals, and complete those long overdue tasks in 30 days or less. Why This Book Is Different: This book is different because it is simple, beginner-friendly, and even comes with a Mastery Journal Template that you can print and use immediately! You'll Soon Discover: ? What exactly is bullet journaling? A dead-simple explanation that makes creating your first bullet journal easier than ever. ? How to make bullet journaling a fun, effective, and rewarding experience that will change your life in 30 days or less. ? Great beginner tricks and tips for creating the ultimate layout for your journal. ?

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An easy, no-nonsense guide to creating the essential parts of your bullet journal without becoming overwhelmed, frustrated, or confused. ? The two most common styles of bullet journaling, and which one is the best for your lifestyle. ? BONUS: Mastery Bullet Journal that you can print and use to start organizing your life immediately! And much more! If you want an easy bullet journaling guide to help you master your life once and for all, Scroll UP and add How To Bullet Journal For Beginners to your cart now!

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