

Black Death The Pocket Essentials

2013 BMA Medical Book Awards Highly Commended in Surgery! A succinct guide to general surgery. Covers basic issues of pre- and post-operative care; common surgical problems; and a systematic review of surgery by system. In the Kumar & Clark style and format. Ideal for revision.

Now recognised as having had a considerable influence on the Renaissance and a significant impact in the shaping of Europe, the Byzantine Empire is increasingly acknowledged by modern historians as having a pivotal role in the development of both Islam and Christianity - and the relationship between the two. The Byzantine Empire was often at the centre of profound geopolitical, cultural and religious forces that threatened to pull it apart. It lasted for over 1000 years, created remarkable art and a still reverberating cultural legacy.

The Black Death is the name most commonly given to the pandemic of bubonic plague that ravaged the medieval world in the late 1340s. From Central Asia, the plague swept through Europe, leaving millions of dead in its wake. Between a quarter and a third of Europe's population died, and in England the population fell from nearly six million to just over three million. Sean Martin looks at the origins of the disease and traces its terrible march through Europe from the Italian cities to the far-flung corners of Scandinavia. He describes contemporary responses to the plague and makes clear how helpless the medicine of the day was in the face of it. He examines the renewed persecution of the Jews, blamed by many Christians for the spread of the disease, and highlights the bizarre attempts by such groups as the Flagellants to ward off what they saw as the wrath of God.

Pocket Essentials is a dynamic series of books that are concise, lively, and easy to read. Packed with facts as well as expert opinions, each book has all the key information you need to know about such popular topics as film, television, cult fiction, history, and more. The Hitchhiker's Guide to the Galaxy is a unique phenomenon which started life as a radio series in 1978 and was subsequently adapted into five best-selling novels, remade as a BAFTA-winning TV series, re-recorded as a chart LP, reinvented as a computer game, dramatized for the West End stage, and translated into more than 30 languages. For the first time, the full story is told in all its bizarre detail. Every variant of the story, every spin-off and cash-in is documented in context, the contradictory storylines are explained, the background to the many adaptations are chronicled, and the success of the different versions is analyzed. Based on 20 years of research, it includes an interviews with Douglas Adams.

Andrei Tarkovsky is the most celebrated Russian filmmaker since Eisenstein, and one of the most important directors to have emerged during the 1960s and 70s. Although he made only seven features, each one was a major landmark in cinema, the most well-known of them being the mediaeval epic Andrei Rublev - widely regarded as one of the greatest films of all time - and the autobiographical Mirror, set during the Russia of Stalin's purges in the 1930s and the years of stagnation under Brezhnev. Both films landed Tarkovsky in considerable trouble with the authorities, and he gained a reputation for being a tortured - and ultimately martyred - filmmaker. Despite the harshness of the conditions under which he worked, Tarkovsky built up a remarkable body of work. He burst upon the international scene in 1962 with his debut feature

Ivan's Childhood, which won the Golden Lion at Venice and immediately established him as a major filmmaker. During the 1970s, he made two classic ventures into science-fiction, *Solaris*, regarded at the time as being the Soviet reply to Kubrick's *2001: A Space Odyssey* and later remade by Steven Soderbergh, and *Stalker*, which was thought to have predicted the Chernobyl disaster. Harassed at home, Tarkovsky went into exile and made his last two films in the West, where he also published his classic work of film and artistic theory, *Sculpting in Time*. Since his death in Paris in 1986, his reputation continued - and continues - to grow. Sean Martin considers the whole of Tarkovsky's oeuvre, from the classic student film *The Steamroller and the Violin*, across the full-length films, to the later stage works and Tarkovsky's writings, paintings and photographs. Martin also seeks to demystify Tarkovsky as a 'difficult' director, whilst also celebrating his radical aesthetic of long takes and tracking shots, which Tarkovsky was to dub 'imprinted' or 'sculpted' time, and to make a case for Tarkovsky's position not just as an important filmmaker, but also as an artist who speaks directly about the most important spiritual issues of our time.

Welcome to the Essential Novelists book series, where we present to you the best works of remarkable authors. For this book, the literary critic August Nemo has chosen the two most important and meaningful novels of Daniel Defoe which are *A Journal of the Plague Year* and *The Life and Adventures of Robinson Crusoe*. Daniel Defoe was an English trader, writer, journalist, pamphleteer and spy. He is most famous for his novel *Robinson Crusoe*, which is second only to the Bible in its number of translations. Defoe was a prolific and versatile writer, producing more than three hundred worksbooks, pamphlets, and journals on diverse topics, including politics, crime, religion, marriage, psychology, and the supernatural. He was also a pioneer of business journalism and economic journalism. Novels selected for this book: -*A Journal of the Plague Year* -*The Life and Adventures of Robinson Crusoe* This is one of many books in the series *Essential Novelists*. If you liked this book, look for the other titles in the series, we are sure you will like some of the authors.

In 2014, the world faces a global crisis as the Ebola epidemic threatens to spread from Western Africa across the planet. Even before recorded history began, disease has plagued human civilisations, claiming more lives than natural disasters and warfare combined. Using an interdisciplinary approach, Sean Martin's *A Short History of Disease* chronicles the historical and geographical evolution of infectious and non-infectious diseases, from their prehistoric origins to the present day, offering a comprehensive, accessible guide to ailments.

The New York Times bestselling author of *How to Survive Anything* shares 130+ safety and survival tips for the next pandemic. COVID-19 has changed the world and touched the lives of millions. Yet this may be just the first of a potentially terrifying wave of new and lethal pandemics that governments are ill equipped to handle. New York Times bestselling author Tim MacWelch and FEMA certified survival expert Joseph Pred provide practical, proven advice that can save the lives of you and your family. Learn how to create your own facemasks, stock your pantry, and quarantine safely in your own home. With more than 130 clearly illustrated survival tips, *The Essential Pandemic Survival Guide* is your comprehensive go-to guide for staying safe in the face of a global pandemic.

Beginning with the absolutely critical first moments of the outbreak in China, and

ending with an epilogue on the vaccine rollout and the unprecedented events between the election of Joseph Biden and his inauguration, Lawrence Wright's *The Plague Year* surges forward with essential information--and fascinating historical parallels--examining the medical, economic, political, and social ramifications of the COVID-19 pandemic.

Maria Kelly goes in search of the 'Great Pestilence' whose consequences are often obscured by the intricate and tumultuous history of the time and traces how the Irish reacted to this seemingly invisible killer.

Over 150 practical tips and guides that will help safeguard your family during a pandemic. COVID-19 has changed the world and touched the lives of millions. Yet this may be just the first of a potentially terrifying wave of new and lethal pandemics that Governments are ill equipped to handle. New York Times Bestselling author Tim MacWelch and emergency management expert Joseph Pred provide expert and proven advice that can save you and your family when no-one else can. Learn how to create your own facemasks, stock your pantry, and quarantine safely in your own home. With over 150 clearly illustrated survival tips, *The Essential Pandemic Survival Guide* is the best way that you can protect your family from the lethal impact of a global pandemic. Topics include: • Masks and gloves: What you need to know. How to use properly, common do's and don'ts • DIY clean suit • Hand sanitizer • Your ultimate first-aid kit • Create an isolation room at home, if you must (and how to make that decision) • How to stock up sensibly for a potential lockdown. • The Ultimate Pandemic Checklist: Food, water, medical supplies, pet care, toiletries, personal items, and more • Help others deal with stress and anxiety • Manage your own mood and mental state • Care for pets in a pandemic • Make a family emergency plan • Help your local community prepare for disasters • 12-month schedule for checking on plans and preparedness with family • Put together your toolkit • Disinfect water • Chart your survival priorities • Pack your bug-out bag

Pocket Essentials is a dynamic series of books that are concise, lively, and easy to read. Packed with facts as well as expert opinions, each book has all the key information you need to know about such popular topics as film, television, cult fiction, history, and more. Freud was one of the giants of 20th century thought. His ideas have been hugely influential not only in psychology but in all the social sciences and the arts. This looks at Freud's life from his birth in 1856 to his death in Hampstead in 1939. Each of Freud's major works is summarized, his central ideas are explored, and controversies over his methods and practices are examined. Did he, as some recent critics have alleged, turn his back on evidence of genuine child abuse in 1890s Vienna and prefer instead to ascribe it to fantasy and wish fulfilment? What were the reasons behind his terrible quarrel with Carl Gustav Jung? Does his "talking cure" of psychoanalysis actually work? Conspiracy theories are all here, but not just lined up to be ridiculed and dismissed. For among the absurd conspiracy theories currently proliferating on the internet, there are nuggets of real research about real conspiracies waiting to

be mined. Fully sourced and referenced, this book is a serious examination of a fascinating phenomenon.

"In late 2004 in Britain, a little, self-published book called *The Pocket Book of Patriotism* created a publishing sensation in the United Kingdom. Rejected by every major British publisher because "patriotism is an obsolete concept." Written initially for his own three boys, Courtauld was appalled that British children didn't know basic facts of their history and set out to create a simple book that would make his children proud of their heritage. The result, *The Pocket Book of Patriotism*, is a bare-bones, uniquely British timeline of historic events, with no judgement or padding, brought to life by soul-stirring quotations and placing British history along side the rest of the world in a simple history chart. From Stonehenge 2000 BC to the England rugby team's World Cup triumph in 2003, *The Pocket Book of Patriotism* contains the essential dates, quotes and speeches of British history." from the publisher.

Every day, thousands of people worldwide consult Roget's Thesaurus. How many stop to consider why that endlessly useful reference book is so called? How many know anything about the man behind it? Nick Rennison's biography reveals the full story of Roget's involvement with the great issues and the great personalities of the 19th century and recounts the forgotten life behind one of the most famous of all reference books.

Where did the universe come from? From early religions through Greek philosophy and Western science, man has always attempted to discover the meaning of his place in the universe. In the last 20 years incredible discoveries, big bang theory and ideas about subatomic layers have stood the lot on its head - the nature of Time and Space is truly up for grabs. Osborne leads readers on a witty, accessible and informative ramble through the philosophies and sciences of the universe - from the beginnings of cosmology to mind-bending concepts like reverse time and parallel universes.

The idea of "The Green Book" is to give the Motorist and Tourist a Guide not only of the Hotels and Tourist Homes in all of the large cities, but other classifications that will be found useful wherever he may be. Also facts and information that the Negro Motorist can use and depend upon. There are thousands of places that the public doesn't know about and aren't listed. Perhaps you know of some? If so send in their names and addresses and the kind of business, so that we might pass it along to the rest of your fellow Motorists. You will find it handy on your travels, whether at home or in some other state, and is up to date. Each year we are compiling new lists as some of these places move, or go out of business and new business places are started giving added employment to members of our race.

Part of the very popular Kumar and Clark family, this portable and compact book has a wide readership among medical students, trainee and practising psychiatrists, and GPs, as well as trainee and practising mental-health social workers and psychiatric nurses. It is very useful for exam revision and as a handy reference on the ward, with important points highlighted in lists and diagrams.

A haunting tale of human resilience in the face of unrelieved horror, Camus' novel

about a bubonic plague ravaging the people of a North African coastal town is a classic of twentieth-century literature.

A Pulitzer Prize-winning doctor, reporter and author of *War Hospital* reconstructs five days at Memorial Medical Center after Hurricane Katrina destroyed its generators to reveal how caregivers were forced to make life-and-death decisions without essential resources. Reprint. A best-selling book. On the NYT list of 10 Best Books of 2013.

A gripping and informative visual guide to one of the bloodiest conflicts in US and world history *Journey through the Vietnam War*; exploring detailed accounts of the men and women that were there. Explore their stories of struggle, sacrifice, and bravery through the iconic events that defined this conflict. This visual guide is the perfect read for any military history enthusiast. Inside the pages of this retelling of America's bloodiest conflict, you'll discover: - A vivid, moving, and informative read, written in an engaging style - Offers a clear and compelling account of the conflict, in short, self-contained events from the Battle of Ia Drang to the Tet Offensive and The Khmer Rouge Biography spreads highlight major military and political figures - Features on everyday life in the war offering additional context - Stunning image spreads display weapons, spy gear, and other equipment that defined the war - Maps and feature boxes provide additional information on major events during the conflict A carefully constructed, in-depth guide to Vietnam This definitive history of the Vietnam War was written in conjunction with the Smithsonian. *SI A Short History of the Vietnam War* showcases every aspect of the fighting and the wider political landscape from both the side of the Viet Cong and the US military. Compelling text, diagrams, and maps show exactly how decisive moments and battles unfolded to help the reader to visualize the conflict.

Eyewitness accounts and iconic photographs bring events to life - from the creation of the Ho Chi Minh Trail to Operation Passage to Freedom and the evacuation of the US embassy in Saigon. From weapons and aircraft to armored vehicles and spy gear, explore the machinery used in the war through breathtaking photography. Lastly, biographical entries give a fuller insight into the minds of key figures and the decisions they made and include Henry Kissinger, President Nixon, Pol Pot, and more. More in the series Combining expert historical insight, eyewitness accounts, and archive photography, *A Short History* series seeks to summarise key historical events and provide a wider context to what was happening around these events. Titles include *SI A Short History of World War II*, *SI A Short History of the American Civil War*, and *SI A Short History of Flying* and are the perfect addition to any history enthusiast's library. The term "psycho geography" is used to illustrate a bewildering array of ideas, from ley lines and the occult to urban walking and political radicalism—where does it come from and what exactly does it mean? Psycho geography is the point where psychology and geography meet in assessing the emotional and behavioral impact of urban space. The relationship between a city and its inhabitants is measured firstly through an imaginative and literary response, secondly on foot through walking the city. This creates a tradition of the writer as walker and has both a literary and a political component. This guide examines the origins of psycho geography in the Situationist Movement of the 1950s, exploring the theoretical background and its political applications as well as the work of early practitioners such as Guy Debord and Raoul Vaneigem. Elsewhere, psycho geographic ideas continue to find retrospective validation in much earlier traditions from the visionary writing of William Blake and Thomas De

Quincey to the rise of the flâneur on the streets of 19th century Paris and on through the avant-garde experimentation of the Surrealists. These precursors are discussed here alongside their modern counterparts, for today these ideas hold greater currency than ever through the popularity of writers and filmmakers such as Iain Sinclair and Peter Ackroyd, Stewart Home and Patrick Keiller. This guide offers both an explanation and definition of the terms involved, an analysis of the key figures and their work, and practical information on psychogeographical groups and organizations.

Bruce Lee was the most influential martial artist of the last century. Way beyond his time in terms of his physical training, Bruce Lee went against the grain of traditional martial arts to develop his own unique martial art, Jeet Kune Do. However, his art was much more than physical fighting, it was a philosophical way of life. Kenny thoroughly examines the films of Bruce Lee and explores some of the myths that surround them. This is also a great introduction to Bruce Lee's life, his martial art, his philosophy and his poetry.

Published in 1998, covering the period from the triumphant economic revival of Europe after the collapse of the Western Roman Empire, this book offers an examination of the state of contemporary medicine and the subsequent transplantation of European medicine worldwide.

The world of Freemasonry exerts a powerful influence on the modern imagination. In an age when perceived notions of history are being increasingly questioned and re-examined it is perhaps inevitable that secretive societies such as the Freemasons find themselves at the center of considerable speculation and conjecture. To some they represent a powerful and shadowy elite who have manipulated world history throughout the ages, whilst to others they are an altogether more mundane and benign fraternal organization. Freemasonry today is a worldwide phenomenon that accepts membership from a diverse ethnic and religious range of backgrounds. Entry to Freemasonry requires a belief in a Supreme Being although it insists it does not constitute a religion in itself. The rituals and practices of Freemasonry have been viewed as variously obscure, pointless, baffling, sinister, and frightening. An intensely stratified and hierarchical structure underpins most Masonic orders whose activities are focused within meeting points usually termed as Lodges. Giles Morgan examines its historical significance (George Washington and Benjamin Franklin were both Masons) and its position and role in contemporary society.

Catharism was the most successful heresy of the Middle Ages. Flourishing principally in the Languedoc and Italy, the Cathars taught that the world is evil and must be transcended through a simple life of prayer, work, fasting, and non-violence. They believed themselves to be the heirs of the true heritage of Christianity going back to apostolic times, and completely rejected the Catholic Church and all its trappings, regarding it as the Church of Satan. Cathar services and ceremonies, by contrast, were held in fields, barns, and in people's homes. Finding support from the nobility in the fractious political situation in southern France, the Cathars also found widespread popularity among peasants and artisans. And, unlike the Church, the Cathars respected women; they played a major role in the movement. Alarmed at the success of Catharism, the Church founded the Inquisition and launched the Albigensian Crusade to exterminate the heresy. While previous Crusades had been directed against Muslims in the Middle East, the Albigensian Crusade was the first Crusade to be directed

against fellow Christians, and was also the first European genocide. With the fall of the Cathar fortress of Montségur in 1244, Catharism was largely obliterated, although the faith survived into the early fourteenth century. Today, the mystique surrounding the Cathars is as strong as ever, and Sean Martin recounts their story and the myths associated with them in this lively and gripping book.

Alchemy has traditionally been viewed as 'the history of an error', an example of medieval gullibility and greed, in which alchemists tried to turn lead into gold, create fabulous wealth and find the elixir of life. But alchemy has also been described as 'the mightiest secret that a man can possess', and it obsessed the likes of Isaac Newton, Robert Boyle, and many of the founders of modern science. This book explores the history of the so-called Royal Art, from its mysterious beginnings in Egypt and China, through the Hellenistic world and the early years of Islam and into mediaeval Europe. Some of the greatest minds of the Middle Ages, figures such as Albertus Magnus, Roger Bacon, and Thomas Aquinas were drawn to alchemy, and legendary alchemists such as Nicholas Flamel were thought to have actually succeeded in finding The Philosopher's Stone. During the Renaissance, Paracelsus and his followers helped revolutionize medicine, and during the seventeenth century, alchemy played a major role in paving the way for modern science. During the twentieth century, it became a focus of interest for the psychologist Carl Jung and his followers, who believed that the alchemists had discovered the unconscious. In this fully revised edition, Sean Martin has expanded the sections on Chinese and Indian alchemy and has added new material on the relationship between alchemy and early modern science, while also making a fresh assessment of this most enduringly mysterious and fascinating of subjects, to which all others have been described as 'child's play'.

This book is an essential exploration into the history of a legendary group of Crusaders, which are prominently featured in Dan Brown's recent best seller, *The Da Vinci Code*. The Knights Templar rose from humble beginnings to become the most powerful military religious order of the Middle Ages. Formed to protect pilgrims in the Holy Land, they participated in the Crusades and rapidly gained wealth, lands, and influence. Seemingly untouchable for nearly two centuries, they fell from grace spectacularly after the loss of the Holy Land. In the ensuing centuries the Templars have exerted a unique influence over European history; orthodox historians see them as nothing more than soldier-monks whose arrogance was their ultimate undoing, while others see them as occultists of the first order. With clarity and ease, Martin navigates between the orthodox and the speculative, the historical and the myth, to bring alive the story of the Templars. Like those other legends of the Middle Ages—the characters of the Arthurian tales—The Knights Templar holds captive the imagination of all those intrigued by conspiracy and how history and myth intertwine to become the stuff of legend.

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Fragments of the rich and complex mythology of the ancient Celts of pre-Roman Europe were preserved in the monasteries of early Christian Ireland and in stories first written down in medieval Wales. The exploits of Cúchulainn and Fionn mac Cumhaill and of Deirdre and Rhiannon have their roots in the Iron Age and have come down to us from the tales of Celtic bards and storytellers. The myths relate epic stories of heroic ancestors, when the divine and mortal realms were intimately bound up with each other and gods and goddesses inhabited the natural world. The stories are rich with religious symbolism and give an idea of how the Celts perceived the world in which they lived. They also tell of the lives of the people themselves—kings and queens, husbands and wives, warriors and farmers. Along the Atlantic coast of Western Europe aspects of the oral culture of the Celts persisted against the tide of history and into the modern age. The languages and traditions of Ireland, Scotland, Wales, the Isle of Man, Cornwall, and Brittany, together with the surviving myths, provide glimpses back into the Celtic world and are a continuing connection to a culture otherwise known through archaeology and the accounts of classical authors.

Audrey Hepburn - on screen will trace Audrey's career from her early life in occupied Belgium, through her earliest screen glimpses in such classic British movies as *The Lavender Hill Mob* and *Laughter in Paradise* in the late 40s/early 50s, the enduring classics such as *Roman Holiday*, *Sabrina Fair*, *The Nun's Story*, *Breakfast at Tiffany's* and *My Fair Lady* from the 50s and 60s. Before moving on to the later, less well known films: *Robin and Marian*, *Bloodline*, *They All Laughed* and *Love Among Thieves*. In total, she made only twenty-six movies, not many considering her film career spanned 44 years. Of those twenty-six films, Audrey was the star of only nineteen but yet they include some of the greatest films of all time, and provide a record of a young girl, who grew from a Princess, in William Wyler's 1953 *Roman Holiday*, to an Angel in Steven Spielberg's 1989 *Always*. But she wasn't just an angel on screen - in the last years of her life she fulfilled that role off-screen as well, when she became a Goodwill Ambassador for UNICEF. Audrey Hepburn - on screen will provide an overview of this enduring icon of the silver screen.

This title is directed primarily towards health care professionals outside of the United States. A concise handbook of paediatrics, written in the style and format of the popular "Pocket Essentials" series, edited by Kumar & Clark. The aim is to provide a practical and quick review of clinical paediatrics for medical students and junior doctors. Concise and easy to carry around Ideal size for clinical attachments Exam questions add to book's appeal Part of a popular series

Designed for EMS and medical professionals at all levels of training, Tactical

Medicine Essentials, Second Edition provides the foundation needed to become a world-class tactical medical provider (TMP). Written by an experienced team of authors from diverse backgrounds, this text covers the essential curriculum of tactical medicine, including tactical patient assessment, expedient extrication and evacuation, and self-defense skills. The Second Edition thoroughly prepares medical professionals to safely accompany a SWAT unit into the tactical environment. Current, State-of-the-Art Medical Content for the Tactical Environment The rapidly changing tactical environment requires specialized rapid assessment techniques. The tactical patient assessment process is presented in a single, comprehensive chapter, ensuring that students understand how to rapidly apply this specialized process to the patient in the tactical environment. Each traumatic injury chapter further reinforces the tactical patient assessment process by highlighting the unique aspects of each traumatic injury. A new chapter about active assailant mass casualty incidents has been added. Law enforcement education topics for TMPs are compiled in a new appendix.

Dynamic Features These features allow EMS and medical professionals to take the extra step toward becoming outstanding TMPs:

- At the Scene Advice from experienced TMPs on how to excel during a mission
- Safety Information on how to remain safe in the tactical environment, even under the threat of violence
- Medical Gear Tips on the best equipment to pack and utilize in the tactical environment
- Detailed Step-by-Step Skill Reviews A thorough discussion of how to perform lifesaving skills in the high-intensity tactical environment

In the early 1970s a type of film emerged that featured all-black casts, great soundtracks, characters sporting big guns, big dashikis and even bigger afros. This book looks at the phenomenon that was blaxploitation.

Pocket Essentials is a dynamic series of books that are concise, lively, and easy to read. Packed with facts as well as expert opinions, each book has all the key information you need to know about such popular topics as film, television, cult fiction, history, and more. Often alchemy is seen as an example of medieval gullibility and the alchemists as a collection of eccentrics and superstitious fools. In this Pocket Essential, Sean Martin shows that nothing could be further from the truth. It is important to see the search for the philosopher's stone and the attempts to turn base metal into gold as metaphors for the relation of man to nature and man to God as much as seriously held beliefs. Sir Isaac Newton devoted as much time to his alchemical studies as he did to his mathematical ones. This book traces the history of alchemy from ancient times to the 20th century, highlighting the interest of modern thinkers like Jung in the subject. It covers a major, if neglected area of Western thought.

Bring your science lessons to life with Scientifica. Providing just the right proportion of 'reading' versus 'doing', these engaging resources are differentiated to support and challenge pupils of varying abilities.

Typography is the most ubiquitous of the graphic arts, with all of us now having access to innumerable fonts and the typographic tools that can, in the right

hands, lift any text from the mundane to the beautiful. Opening with an overview of the history of the art, *Typography Pocket Essentials* introduces the key principles and techniques of typography, and presents 200 of the most useful and important fonts, making it a handy primer and essential reference guide all rolled into one. - Learn the rich history of the art, from Gutenberg to Neville Brody and beyond - Master the principles of effective typography and create beautiful documents yourself - 200 key fonts are profiled for easy reference and rapid selection

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