

Bolivia A Climbing Guide

One of South America's most stunning spectacles, the great Salar de Uvuni salt lake, is here as well as Lake Titicaca. Bolivia retains its pre-Columbian traditions more than any other country in South America, with agricultural practices unchanged since the Incas, and traditional festivals and markets. It also has modern nightclubs, comfortable hotels and ecolodges, and is the ideal place to soak up some Latin American culture before the onset of mass tourism.

Full-colour throughout, The Rough Guide to Bolivia is the ultimate travel guide to one of South America's most captivating countries. With 30 years experience and our trademark 'tell it like it is' writing style, Rough Guides cover all the basics with practical, on-the-ground details, as well as unmissable alternatives to the usual must-see sights. At the top of your list and guaranteed to get you value for money, each guide also reviews the best accommodation and restaurants in all price brackets. We know there are times for saving, and times for splashing out. In The Rough Guide to Bolivia: - Over 50 colour-coded maps featuring every listing - Area-by-area chapter highlights - Top 5 boxes - Things not to miss section Make the most of your trip with The Rough Guide to Bolivia. Originally published in print in 2012. Now available in ePub format.

We travel to grow – our Adventure Guides show you how. Experience the places you visit more directly, freshly, intensely than you would otherwise – sometimes best done on foot, in a canoe, or through cultural adventures like art courses, cooking classes, learning the language, meeting the people, joining in the festivals and celebrations. This can make your trip life-changing, unforgettable. All of the detailed information you need is here about the hotels, restaurants, shopping, sightseeing. But we also lead you to new discoveries, turning corners you haven't turned before, helping you to interact with the world in new ways. That's what makes our Adventure Guides unique. Print edition is 440 pages. An excellent addition to the Adventure Guide series, packed with detail, from where to stay and eat, to where to shop for local crafts and how to enjoy historic sites. This guide surveys the wildlife and outdoor opportunities of the country, which range from tropical jungle to high plains deserts. Hiking and viewing opportunities blend with cultural insights. Highly recommended. -- The Midwest Book Review. A country with a smorgasbord of landscapes, Bolivia is a unique destination. Tropical jungles in the Amazon Basin give way to beautiful deserts in the altiplano. The Andes, with four of the world's highest peaks, offer some of the best hiking, climbing and caving on earth. Water covers 14 per cent of the country's territory, including stunning Lake Titicaca, the highest navigable lake in the world. Throughout, Bolivia is sprinkled with ruins of pre-Inca civilizations ripe for exploration. Here, Vivien Loughheed shares her passion for Bolivia, telling you about the history, geography, landscape, hidden treasures and top highlights. Comprehensive background information - history, culture, geography and climate - gives you a solid knowledge of each destination and its people. Regional chapters take you on an introductory tour, with stops at museums, historic sites and local attractions. Places to stay and eat; transportation to, from and around your destination; practical concerns; tourism contacts - it's all here! Detailed regional and town maps feature walking and driving tours. Then come the adventures - fishing, canoeing, hiking, rafting, llama trips and more. Never galloped along a beach on horseback, trekked up a mountain, explored ancient sites? Adventure Guides include extensive lists of recommended outfitters, with all contact details - e-mail, website, phone number and location.

'The Andes - A Guide for Climbers' is the only comprehensive guidebook about the peaks of the Andes. This is the 5th English edition of the only complete guidebook to the peaks of the Andes. It covers many areas not described in any other source. Previous editions have been translated into French, Spanish, Polish and Czech. The author, John Biggar, is a very experienced high-altitude mountaineer who has been climbing and skiing in the Andes for 30 years and has made ascents of over 350 peaks higher than 5000m. The 5th edition includes route information for all 100 of the major 6000m mountains, plus over 300 other peaks. With over 200 diagrams, 270 photos and 80 maps it also gives the best ski-mountaineering peaks in over 10 areas across 5 countries. Because an unforgettable journey starts with a thorough preparation, find out everything you need to know about climbing and skiing the Andes in this guide ! ABOUT THE AUTHOR John Biggar is a professional mountaineering instructor based in Castle Douglas, Kirkcudbrightshire, Scotland. His first publication was an internal report for the nuclear physics department at Edinburgh University, entitled "Anisotropies in the Sequential Break-up of Li6". Since those days John has done little nuclear physics but has been climbing and ski-mountaineering in the Andes a lot. He has climbed many of the highest peaks, including 19 of the 20 highest, made over 100 ascents of 6000m peaks, plus 180 ascents of Andean 5000m peaks. He has made first ascents of six 6000m peaks and also made the first ski descent of Domuyo, the highest peak in Patagonia. A professional mountaineering instructor, he runs a business which specialises in mountaineering, skiing and ski-mountaineering expeditions to South America.

"The Best American Travel Writing has been the gold standard for short-form travel writing from newspapers, magazines, and the Internet since its inception." —New York Times Book Review Everyone travels for different reasons, but whatever those reasons are, one thing is certain—they come back with stories. Each year, the best of those stories are collected in The Best American Travel Writing, curated by one of the top writers in the field, and each year they “open a window onto the strange, seedy and beautiful world, offering readers glimpses into places that many will never see or experience except through the eyes and words of these writers” (Kirkus Reviews). This far-ranging collection of top notch travel writing is, quite simply, the genre's gold standard.

CultureShock! Bolivia provides readers with a thorough understanding of this South American country, a nation steeped in history, culture, and tradition. Containing pages of useful information, advice, tips and resources, this book will guide you through the social and psychic adjustment necessary when moving to Bolivia. Learn, first and foremost, how to deal with soroche (altitude sickness), then understand the importance to the Bolivians of Pachamama (Mother Earth) and how she influences festivals and joyous occasions. Discover how to interact with the many diverse cultures, from Kallawayas to Cholas and Cholos to Aymara and Quechua, to name a few. Adapt to the Bolivian concept of time, understand the Bolivian love affair with soccer, and adopt the light-hearted response needed with water balloons at fiestas. This guide will lead nature lovers through the paved trails used by Incas over 2,000 years ago.

This guide is based on our much larger (530-page) guide to Bolivia. Here we zero in on La Paz, The capital, and all of the nearby attractions. La Paz is not a big city on the world scale, but it is certainly one of the more interesting ones. Built in a bowl created by the Choqueyapu River, The upper parts of the city stand 1,645 ft/500 m above the lower sections. Unlike any other city in the world, The richer neighborhoods are located at the lower levels. This is partly due To The fact that it is warmer and easier to breathe at the lower altitudes. Also, The pinnacles and spires of conglomerate rock and clay that have been sculptured by wind and water make a dramatic backdrop for those living below them. The higher up the bowl one goes, The more unstable the land becomes And The more likely a landslide will occur. The plazas, squares and Prado are well kept in La Paz and even in the depth of winter plants are tended to help make the city attractive. Street cleaners are out every day and local merchants regularly wash the area in front of their shops. On a clear day, Mount Illimani, a snow-covered monolith, can be seen as a sentry towering over the city. Valley of the Moon is six miles/10 km from the center of La Paz and can be reached by joining a tour or by taking micro bus #11 or minibus #231 or 273 to Mallasilla. The hillside features a maze of clay canyons and pinnacles that have been sculpted by wind and rain. Narrow trails through the landscape take about an hour to walk. There is also a cactus park just before the entrance. The park overlooks a gorge and has paths leading around numerous types of cacti. As you continue up the road you will come to Parque National Mallasa with its bird observatory and, across the road, The zoo area. The road passes under natural stone bridges and past Chulpani's Red Hill.

There is no mistaking which hill this is. From Mallasa one can see across the river To The highest golf course in the world. Devil's Tooth or Muela del Diablo is a huge volcanic plug sticking out of the landscape to a height of 13,000 ft/3,950 m. Several trails go To The right; follow the one that obviously leads To The village. From there, go To The left for .3 miles (about half a kilometer), To the foot of the rock. Climbers are occasionally found on the east face. Canyon de Palca, or Valle de Animas, Is a deep canyon that was carved by the Rio Palca centuries ago. To get there, take a bus going to Huni from Plaza Belzu on Avenida Mexico in San Pedro. There are huge pinnacles and wind-carved conglomerates. The trail continues along the bottom of the canyon to a natural obelisk. Just past the obelisk is a rock that has the appearance of a human hiding in a cave. The rock is called the hermit of the canyon. Continue along the canyon to its end and climb to your left up To The village of Palca. This is a long day-hike. All of the detailed information you need is here about the hotels, restaurants, shopping, sightseeing. But we also lead you to new discoveries, turning corners you haven't turned before, helping you to interact with the world in new ways. That's what makes our Adventure Guides unique. "An excellent addition To The Adventure Guide series, packed with detail, from where to stay and eat, To where to shop for local crafts and how to enjoy historic sites. This guide surveys the wildlife and outdoor opportunities of the country, which range from tropical jungle to high plains deserts. Hiking and viewing opportunities blend with cultural insights. Highly recommended." - The Midwest Book Review.

The Rough Guide to South America is the definitive handbook to the continent. Features include- Full-colour section introducing South America's highlights Detailed coverage and extensive practicalities for all thirteen countries, along with the Galapagos Islands and Easter Island. Vivid accounts of unmissable attractions, from the beaches of Rio and the glaciers of Patagonia to the Inca ruins at Machu Picchu. Hundreds of critical reviews on the best places to stay, eat and drink, plus details on major festivals and indigenous music. Expert advice on exploring the jungles, deserts and mountains up close, as well as crossing borders and planning multi-country trips. Maps and Plans for the entire continent.

This thoroughly updated Rough Guide includes significantly more detailed maps and colour photographs than its closest competitor, as well as author picks and new colour sections that beautifully illustrate the countries ancient beliefs and mysticisms and the excellent range of outdoor activities on offer. An updated history section includes the civil disturbances of recent years, giving you a sound context in which to really get a feel for the country. There is expanded coverage on trekking and Isla del Sol, as well as candid reviews of all the best places to stay and eat, from jungle lodges to colonial mansions. With expert knowledge from an author who has a deep understanding of the Bolivian way of life, this book is perfect for those independent travellers who want a far more unique and imaginative trip. Make the most of your time with The Rough Guide to Bolivia.

The Rough Guide First-Time Latin America tells you everything you need to know before you go to Latin America, from visas and vaccinations to budgets and packing. It will help you plan the best possible trip, with advice on when to go and what not to miss, and how to avoid trouble on the road. You'll find insightful information on what tickets to buy, where to stay, what to eat and how to stay healthy and save money in Latin America. The Rough Guide First-Time Latin America includes insightful overviews of each Latin American country highlighting the best places to visit with country-specific websites, clear maps, suggested reading and budget information. Be inspired by the 'things not to miss' section whilst useful contact details will help you plan your route. All kinds of advice and anecdotes from travellers who've been there and done it will make travelling stress-free. The Rough Guide First-Time Latin America has everything you need to get your journey underway.

Best Climbs Red Rocks appeals specifically to traveling climbers and local climbers who want the best local climbing. Although the Best Climbs guides feature routes of all grades, the emphasis is on easy to moderate routes in the 5.6 to 5.10 range. The book will include nearly 200 featured routes with each section including climbing area trivia and history in the form of short "callouts," but the primary focus will be on the route selection and descriptions themselves. All routes will be shown clearly on detailed color photo topos, alongside stunning action photos and a contemporary design.

Each of the graded walks are presented against a background of cultural, historical and environmental information: village life, festivals, natural history and, importantly, low-impact ethical travel. Information on what to take, health and safety, local guides, and pack animals, along with many other topics make this guide indispensable.

'The Andes - A Guide for Climbers' is the only comprehensive guidebook about the peaks of the Andes. This is the 4th English edition of the only comprehensive climbing guidebook to the peaks of the Andes. It covers many areas not described in any other source. This new edition has expanded coverage of the whole range, with many new photos and route diagrams plus extended coverage of the ski-mountaineering opportunities in the Andes. The book contains details of how to climb all 100 of the major 6000m peaks in the Andes, plus route information for approximately 300 other peaks. There are over 240 route diagrams, 150 additional photos and 80 sketch maps. Because an unforgettable journey starts with a thorough preparation, find out everything you need to know about climbing the Andes in this guide ! ABOUT THE AUTHOR John Biggar is a professional mountaineering instructor based in Castle Douglas, Kirkcudbrightshire, Scotland. His first publication was an internal report for the nuclear physics department at Edinburgh University, entitled "Anisotropies in the Sequential Break-up of Li6". Since those days John has done little nuclear physics but has been climbing and ski-mountaineering in the Andes a lot. He has climbed many of the highest peaks, including 19 of the 20 highest, made over 100 ascents of 6000m peaks, plus 180 ascents of Andean 5000m peaks. He has made first ascents of six 6000m peaks and also made the first ski descent of Domuyo, the highest peak in Patagonia. A professional mountaineering instructor, he runs a business which specialises in mountaineering, skiing and ski-mountaineering expeditions to South America. From the shimmering blue waters of Lake Titicaca to the blindingly white salt flats of the Salar de Uyuni, the snow-capped peaks of the Andes and the verdant rainforests of the Amazon, Bolivia's diverse landscapes astound. The country is incredibly rich in culture and history, boasting ancient pre-Inca ruins, fascinating witches' markets, vibrant carnivals and some of South America's finest colonial architecture. There are also plenty of activities for thrill seekers, including cycling down the world's most dangerous road, exploring legendary silver mines, swimming with pink river dolphins and retracing the footsteps of Che Guevara. Now available in ePub format. This new, fully-updated edition of The Rough Guide to Bolivia helps you discover both the big sights and the hidden gems, with expert reviews of the best places to stay, eat and drink for everyone from backpackers to five-star travellers. Make the most of your time on Earth™ with the Rough Guide to Bolivia.

These brand-new or newly updated guides feature the authoritative and detailed coverage characteristic of all Footprint Handbooks. The authors are experts who have lived or worked in the countries they write about, and their prose will inspire readers to enjoy traveling as much as they do. -- Hands down the most current and authoritative resource for

maps and vital global information -- Packed with up-to-date information, including highlights of virtually every town and site -- Includes money-saving tips, advice on staying healthy, and anecdotes on local history, culture, customs, and etiquette.

The most up-to-date Bolivia travel guidebook on the market, this book helps to successfully navigate and explore this beautiful country. Wander the salt flats, visit the highest capital in the world, and while you're at it, the highest navigable lake. Wildlife-watch in the steamy jungles of Parque Nacional Madidi or travel back in time at the mines of Potosi. With VIVA's book in tow, you won't miss anything.

Providing painstakingly detailed information for safely and securely navigating some of Latin America's most rewarding excursions, this guide is for both avid climbers attempting Chimborazo's 20,700-foot summit or recreational trekkers looking to get off the beaten path. From the heights of the Andes and the cloud forests to the Amazon, coastal rainforests, and the low-lying beaches, time-tested travel advice and updated route descriptions are offered on how to select the best outing to suit each individual's interests, abilities, and time constraints. Step-by-step instructions on how, when, and where to approach each trail guide climbers, hikers, bikers, and trekkers through these often unmarked paths.

From established ice areas such as Alpentel and Leavenworth to routes being developed (or rediscovered) around Coulee City and Wenatchee, the word is finally out: There are ample opportunities for quality ice climbing in Washington state! Arctic Grail, The Drip, and Hanging Curtain are just a few of the hottest ice routes that await you.

Lonely Planet Bolivia is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Tour the world's largest salt flat, walk in the path of the Inca or search for magic potions in La Paz markets; all with your trusted travel companion. Get to the heart of Bolivia and begin your journey now!

"Discover Bolivia with the most incisive and entertaining guidebook on the market. Whether you plan to swim with pink river dolphins, cycle the world's most dangerous road, or follow in the footsteps of Che Guevara and Butch Cassidy, The Rough Guide to Bolivia will show you the ideal places to sleep, eat, drink and shop along the way. Inside The Rough Guide to Bolivia - Independent, trusted reviews written in Rough Guides' trademark blend of humour, honesty and insight, to help you get the most out of your visit, with options to suit every budget. - Full-colour maps throughout - navigate the steep, narrow lanes of La Paz's market district or the ordered colonial streets of Sucre's historic centre without needing to get online. - Stunning, inspirational images - Itineraries - carefully planned routes to help you organize your trip. - Detailed regional coverage - whether off the beaten track or in more mainstream tourist destinations, this travel guide has in-depth practical advice for every step of the way. Areas covered include: La Paz; Oruro; Potosí; Sucre; Cochabamba; Santa Cruz; and Rurrenabaque. Attractions include: Mercado de Hechichería; Tiwanaku; Lake Titicaca and Isla del Sol; Coroico and the "Death Road"; the Inca trails; Salar de Uyuni; Reserva de Fauna Andina Eduardo Avaroa; the Che Guevara trail; the Jesuit missions of Chiquitos; Parque Nacional Madidi and the Amazon. - Basics - essential pre-departure practical information including getting there, local transport, accommodation, food and drink, fiestas, health, national parks and reserves, outdoor activities, crime and personal safety, culture and etiquette and more. - Background information - a Contexts chapter devoted to history, wildlife and ecology, books, music and dance, plus a handy language section and glossary. Make the Most of Your Time on Earth with the Rough Guide to Bolivia. About Rough Guides: Escape the everyday with Rough Guides. We are a leading travel publisher known for our "tell it like it is" attitude, up-to-date content and great writing. Since 1982, we've published books covering more than 120 destinations around the globe, with an ever-growing series of ebooks, a range of beautiful, inspirational reference titles, and an award-winning website. We pride ourselves on our accurate, honest and informed travel guides."

Hunter Pocket Adventure Guides contain all the practical travel information you need - places to stay and eat, tourist information resources, travel advice, emergency contacts, and more - plus condensed sections on history and geography that give you good background knowledge of the destination. The author is fascinated with the destination and her passion comes across in the text, which is lively, revealing, and a pleasure to read. Sidebars highlight unusual facts and tell of local legends, adding to your travel experience. Detailed town and regional maps make planning day-trips or city tours easy. Adventures covered range from town sightseeing tours and nature watching to sea kayaking and organized jungle excursions. Travelers looking for a more relaxed vacation may want to sign up for traditional dance lessons in Bolivia, drum classes in the Dominican Republic, or attend a weaving school in Bolivia - these cultural adventures will introduce you to the people and afford you a truly unique travel experience. Over the last two years I have traveled Bolivia four times. Among the score of Bolivian guides that I have reviewed, two stand out: Pocket Adventures Bolivia and Footprint Bolivia. Both are solid guides, yet, both have their flaws.

Authors Kate Harper and Val Pitkethly provide clear, authoritative coverage of trekking routes in South America in this new book in the Trekking and Climbing Guide series. The Andes prove a unique climbing experience for the daunting mountaineering challenges, the breathtaking views, and the vibrant cultures and history of the area. Learn the details of the treks and peaks, both accessible and inspirational, before you go. Practical tips on traveling in the Andes and information on trekking styles, local ecological concerns, and mountain photography are also included.

The Mt. Shasta Book is the ultimate guide to safely the hiking, backpacking, and climbing routes up the 14,162-foot mountain. In addition, this guide covers the area's skiing, snowboarding, water activities, and mountain biking trails. With over 50 combined years of experience as Shasta guides, the authors are seasoned experts on the mountain and its surroundings. The print edition comes with a fold-out 4-color topographic map.

This is a pre-trip guide for travellers planning their first trip to Latin America. The first section of the book gives individual profiles of all 21 Latin American countries, with a rundown of highlights and possible itineraries. Part two runs through all the information you'll need before your trip and on the road - how to buy plane tickets and get visas; where to stay; how to get around; and how to stay healthy and avoid

trouble.

A comprehensive climbing guide to the mountains of The Andes, from Venezuela to Tierra Del Fuego. It features route descriptions for over 300 peaks with over half illustrated by a photo-diagram and full colour maps.

Discover this dazzling continent with the most incisive and entertaining guidebook on the market. Whether you plan to sample the street food at Paraguay's Mercado 4, spot a giant turtle in Ecuador's Galpagos, or strut your stuff in Brazil's Carnaval parades, The Rough Guide to South America on a Budget will show you the ideal places to sleep, eat, drink, shop and visit along the way -without blowing your budget. Independent, trusted reviews written with Rough Guides' trademark blend of humour, honesty and insight, to help you get the most out of your visit, with options to suit every budget. Full-colour maps throughout - navigate Brasilia's airplane-shaped network or Cusco's ancient streets without needing to get online. Stunning images - a rich collection of inspiring colour photography. Ideas - Rough Guides' rundown of South America's best sights and experiences. Itineraries - carefully planned routes to help you organize your trip. Detailed regional coverage - whether off the beaten track or in more mainstream tourist destinations, this travel guide has in-depth practical advice for every step of the way. Areas covered include [10-15 areas]: Argentina; Bolivia; Brazil; Chile; Colombia; Ecuador; The Guianas; Paraguay; Peru; Uruguay; Venezuela. Attractions include [5-10 attractions]: Can de Colca, Peru; Easter Island, Chile; Iguaz Falls, Argentina; Salar de Uyuni, Bolivia; The Amazon, Brazil; The Pantanal, Brazil; Kaieteur Falls, Guyana. Basics - essential pre-departure practical information including getting there, local transport, accommodation, food and drink, health, the media, festivals, outdoor activities, culture and etiquette, and more. Background information - a language section to help you get by in Spanish and Portuguese Make the Most of Your Time on Earth with The Rough Guide to South America on a Budget About Rough Guides: Escape the everyday with Rough Guides. We are a leading travel publisher known for our "tell it like it is" attitude, up-to-date content and great writing. Since 1982, we've published books covering more than 120 destinations around the globe, with an ever-growing series of ebooks, a range of beautiful, inspirational reference titles, and an award-winning website. We pride ourselves on our accurate, honest and informed travel guides.

The only English-language climbing guide available to Bolivia's mountains, this is also the first to cover all four of its ranges. Major and alternative routes on 37 peaks are thoroughly described and are accompanied by clear topographic maps and photographs. Includes a short history of climbing in Bolivia.

Now available in ePub format. The new, full-color Rough Guide to South America on a Budget is the ultimate guide to traveling the continent and getting the most value for every dollar, peso, real, or sol. Detailed color maps and in-depth coverage of how to get around go hand-in-hand with suggested itineraries and authoritative accounts of every attraction. Eleven chapters include all the South American countries and feature first-hand reviews of affordable accommodation, cheap places to eat, and laid-back bars. The Rough Guide to South America on a Budget is packed with epic road trips, adventure activities, ancient ruins, beach hideaways, wildlife watching, dynamic cities, and all the best festivals. Make the most of your time with The Rough Guide to South America on a Budget.

This guide is based on our full Bolivia Adventure Guide, which is 440 pages. It focuses on the area between the two major spines of the Bolivian Andes, the Western Cordillera and the Cordillera Real. This is a dry plain, the world's largest, called the Altiplano. Starting at Lake Titikaka, the Altiplano runs 490 miles/800 km to the south. Some geographers believe that the Altiplano is a dried lake bed and that Lake Titikaka is the shrinking remnants of the ancient lake. Standing at 11,000 ft/3,660 m above the sea, the Altiplano has been cultivated to grow high-altitude crops like potatoes, barley and quinoa. Half of the nation's population lives in the Altiplano, the main theater of Bolivia's history. All of the detailed information you need is here about the hotels, restaurants, shopping, sightseeing. But we also lead you to new discoveries, turning corners you haven't turned before, helping you to interact with the world in new ways. That's what makes our Adventure Guides unique. An excellent addition to the Adventure Guide series, packed with detail, from where to stay and eat, to where to shop for local crafts and how to enjoy historic sites. This guide surveys the wildlife and outdoor opportunities of the country, which range from tropical jungle to high plains deserts. Hiking and viewing opportunities blend with cultural insights. Highly recommended. -- The Midwest Book Review. A country with a smorgasbord of landscapes, Bolivia is a unique destination. Tropical jungles in the Amazon Basin give way to beautiful deserts in the altiplano. The Andes, with four of the world's highest peaks, offer some of the best hiking, climbing and caving on earth. Water covers 14 per cent of the country's territory, including stunning Lake Titicaca, the highest navigable lake in the world. Throughout, Bolivia is sprinkled with ruins of pre-Inca civilizations ripe for exploration. Here, Vivien Loughheed shares her passion for Bolivia, telling you about the history, geography, landscape, hidden treasures and top highlights. Comprehensive background information - history, culture, geography and climate - gives you a solid knowledge of each destination and its people. Regional chapters take you on an introductory tour, with stops at museums, historic sites and local attractions. Places to stay and eat; transportation to, from and around your destination; practical concerns; tourism contacts - it's all here! Detailed regional and town maps feature walking and driving tours. Then come the adventures - fishing, canoeing, hiking, rafting, llama trips and more. Never galloped along a beach on horseback, trekked up a mountain, explored ancient sites? Adventure Guides include extensive lists of recommended outfitters, with all contact details - e-mail, website, phone number and location.

From the shimmering blue waters of Lake Titicaca to the blindingly white salt flats of the Salar de Uyuni, the snow-capped peaks of the Andes and the verdant rainforests of the Amazon, Bolivia's diverse landscapes astound. The country is incredibly rich in culture and history, boasting ancient pre-Inca ruins, fascinating witches' markets, vibrant carnivals and some of South America's finest colonial architecture. There are also plenty of activities for thrill seekers, including cycling down the world's most dangerous road, exploring legendary silver mines, swimming with pink river dolphins and retracing the footsteps of Che Guevara. Now available in PDF format. This new, fully-updated edition of The Rough Guide to Bolivia helps you discover both the big sights and the hidden gems, with expert reviews of the best places to stay, eat and drink for everyone from backpackers to five-star travelers. Make the most of your time on Earth™ with the Rough Guide to Bolivia.

In this book, contemporary representations of Bolivian art, music, religion, literature, festivals, theater, and cinema document how history and geography have shaped Bolivia's modern culture. • Presents a chronology of historical, political, and cultural events from pre-Colombian times to the present • Includes photographs that illustrate the country's richness of people, festivals, architectural treasures, artwork, and regional cultural celebrations as well as geographical and historic maps • Contains a comprehensive bibliography for further reading • Provides a glossary of regional expressions and key terms to understanding the cultural mosaic of Bolivia

Rock Climbing: The AMGA Single Pitch Manual is intended to serve as a textbook for past and future participants of the AMGA SPI program. The book more specifically address the needs of the professional climbing instructor and advanced recreational climbers. It presents the most current, internationally recognized standards for technical climbing systems used in single pitch rock terrain. Included are chapters on effective teaching in the outdoor environment, risk management, professionalism, environmental awareness, and rescue

This popular guide to climbing Mexico's volcanoes continues as the most complete book available in English. Updated for routes altered or closed due to volcanic activity.

[Copyright: 6e8a9e310fb153dbe37ad4002585431d](https://www.roughguides.com/9781782931010/)