

Career Counseling

This is one of the first books on the subject of counseling clients via e-mail. The author has taken the area of counseling practice and systematically reviewed relevant counseling theory, counseling ethics, and counseling skills in relation to Web counseling. The objective is to provide a practical text and guide for career counselors in online service. This book will be of interest to professionals in the field of career counseling, to graduate students of counseling, and to human resource management and outplacement professionals. The book begins by articulating issues in the debate on Internet counseling, giving particular attention to counselor concerns about ethical issues and the client-counselor relationship. Next, it details the 11 necessary competencies and skills for counseling professionals in general, translating these for use online, including the role of assessment, various electronic interventions, and the pros and cons of career counseling via the Web. Specific guidelines are offered for career counselors to implement online. The book concludes with suggestions for continuing research, as well as recommendations for counselor supervision, preparation, and training models as the field makes a paradigm shift. Framed into 10 chapters, 35 question and answer examples are interspersed to bring to life the actual experiences, themes, issues, and questions presented by a global clientele regarding their career development. Each chapter closes with discussion questions for practitioners to consider themselves or discuss with students in classroom and practice settings.

Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

This text provides the beginning counseling student with a comprehensive overview and discussion of the practical application of career counseling skills. Based on the view that counselors must be prepared in a holistic manner, it covers the historical and theoretical foundations of career counseling, the skills and techniques needed for career counseling, and contextual perspectives on career and lifestyle planning. Important material that is often overlooked in introductory texts is included, such as career and lifestyle planning with clients in mental health, rehabilitation, and couples and family counseling settings; gender issues; and working with LGBT and minority clients. Throughout the text, case studies, informational sidebars, and experiential activities make for a more engaging learning experience and encourage additional contemplation of chapter content. This new edition features new, updated, and expanded content throughout; the division of career counseling in schools into separate chapters for K-8th grade, high school, and college, including traditional, hybrid, and online campuses; and an online instructor's manual with student resources, offering material to enhance the pedagogical features of the text.

Featuring chapters written by experts in the discipline, Career Counseling: Theory, Practice, and Application provides readers with a strong foundation in career counseling history, theory, and clinical assessment that will allow them to develop the skills and competencies needed to become effective, ethical counseling practitioners in today's diverse society. Students discover how integral and evident the topic of career is within contemporary counseling sessions, the importance and practical applications of career development, and how to incorporate career and counseling theory within personal practice. The text provides a roadmap for integrating

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counseling and career theory into a strong and functional model to serve clients. It offers students critical knowledge and demonstrates various therapeutic techniques through client transcripts, bridging theory and practice. Dedicated chapters cover major theories of career counseling, providing counsel across the lifespan and for diverse populations, the use of narrative therapy, solution-focused brief therapy, Adlerian techniques, and cognitive behavioral therapy with clients, and more. Underscoring the importance of career counseling in today's world, Career Counseling is an ideal core textbook for graduate-level students in career counseling courses offered in CACREP and non-accredited vocational counseling programs.

'[This] is an exciting book, written in clear, accessible style. It's an informative guide for anyone wishing to explore career counselling as a topic and process' – Professional Manager 'This is an excellent book - practical yet scholarly. It is a must-read for anyone who wants to understand how to facilitate the career development of other people in formal or informal settings' - John Arnold, Professor of Organisational Behaviour, Loughborough University 'At a time when the career counselling profession has been under some pressure in the UK, it is good to have an up-to-date text which cogently outlines the strong base of theory, research and practice upon which this professional activity is built. Jenny Kidd's lucid text will provide an invaluable resource for new entrants to career counselling and related fields, as well as for established practitioners' - Professor Tony Watts, Senior Fellow and Life President, National Institute for Careers Education and Counselling, Cambridge Understanding Career Counselling explores the theory, research and practice of career counselling from a British perspective and brings them together in one concise volume. The book addresses exactly what is meant by the term 'career' in the 21st century and the implications this has for those working with clients at different stages of their career. This book is unique in that it clearly relates career theories to career counselling, which is often an unclear area for trainees. Divided into two clear parts, the first provides a comprehensive account of theories of career development and career counselling and their implications for practice. Taking a critical approach, it also shows how research informs our understanding of the field. In the second part, career counselling skills, tools and techniques are described, including the use of assessment tools and the internet. The book also covers ethical issues and evaluation. Understanding Career Counselling is invaluable for students undergoing training in career guidance, career counselling, outplacement counselling or career coaching, but it will also be a use to students on occupational psychology and human resource management courses. In addition, experienced career practitioners wishing to find out more about recent developments within their profession. Jennifer Kidd is a Reader in Organizational Psychology and Course Director of the MSc Career Management and Counselling programme at Birkbeck, University of London

Here is a comprehensive, authoritative look at the day-to-day, nuts and bolts responsibilities of the career counselor from a global perspective, or a one-world economy approach to the issues. In it, theory integrates with practice through the use of case studies and examples that bring the concepts to life. Written by a leading expert in the field and long recognized as a leading book in the field, Career Information, Career Counseling and Career Development allows readers to sample the broad array of career options that exist in the field, understand and deal effectively with the rapid changes in technology--and how those changes can be used to foster career development and contribute to the assessment process, understand more fully the relationship of theory and practice, and relate more sensitively with clients regarding their age, gender, race, ethnic group, or sexual orientation.

Current career counselling needs a shift away from the practice of modern counselling approaches, and narrative therapy is likely to be particularly appropriate, since it is part of the culture and way of life of the majority of our clients. For the very first time, current approaches have been brought together in one publication.

Are you a career counsellor or coach in need of a new skills set to help meet the challenges of

supporting clients? This book is for you. It is the first to combine the theory & practice of CBT with career counselling, presenting cognitive & behavioural approaches to help clients think & act more effectively in challenging situations in order to obtain their goals. Providing clear, practical strategies & a wealth of materials that can be used with clients in one-to-one or group settings, the book introduces: - theory of cognitive & behavioural psychological approaches within the context of career counselling - motivational techniques to help clients succeed at interview - how to help clients make effective vocational/educational choices & excel in the workplace - professional issues i.e., assessment tools, ethical issues, evaluation - self-management, using CBT techniques on yourself. This is essential reading for trainees studying for a careers guidance qualification, as well as CBT trainees wishing to go on to career counselling. Steve Sheward is a Careers Counsellor & CBT Therapist working in the NHS. He was previously director of the Connexions Service in South London. Rhena Branch is an experienced CBT Therapist & author, teaching the MSc in RECBT at Goldsmith's University. This accessible look at "how to do career counseling" clearly defines the profession and the competencies counselors need to pursue as part of their training.

Straightforward and accessible, *Essential Elements of Career Counseling* focuses on the practice of career counseling, examined through the basic techniques and resources useful in supporting the theories of career choice and development. The use of the Internet as a career counseling tool is emphasized; emerging issues such as Web-based counseling are explored; and case studies illustrate authentic counseling strategies and techniques in action. This edition features a new look at such areas as using group counseling methods in job searches and using the resume to inspire the development of career stories, providing a highly practical look at the practice of career counseling today.

This book presents an international review of the principle new post-modern narrative interventions in Guidance and Career Counseling. With contributions from the most important scholars in the field this volume presents new qualitative approaches and tools to assess the effectiveness of narrative interventions. It provides a critically needed review of case studies regarding the most innovative and updated interventions. This volume explores the field of Guidance and Career Counseling according to the most recent post-modern theories in career construction, life construction and life meaning, the psychology of working and the relational theory of working. It offers an international perspective for the application of effective post-modern Guidance and Career Counseling interventions to facilitate individuals' life and career management. The volume serves as a fundamental instrument and reference for researchers, professionals, counselors, career counselors, professors, and students interested in the field.

This highly successful book has been called the most comprehensive book on the market, providing readers with needed career theory as well as practical techniques and examples. Through the author's clear writing style, case examples, tables, and exercises, readers develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical information on how to effectively counsel clients about career issues.

Accessible, practical, and succinct, *CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY*, 2nd Edition thoroughly prepares students for career counseling in today's marketplace. Maximizing student success, the text supports learning and understanding through its unique Career Diamond pedagogical model that helps

students synthesize and apply career counseling theories. Cutting-edge case studies demonstrate the use of techniques and the application of theory. The new edition includes updated research, new coverage of the economic crisis, and an all-new Chapter 17 Professional Issues: Ethics and Research. The text also offers thorough coverage of special populations--such as clients in the welfare-to-work program--and the impact of the global economy. Offering comprehensive coverage in a concise format, this popular text remains extremely student friendly with an emphasis on process. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Foundations of Career Counseling: A Case-Based Approach is designed for students taking courses in career counseling. Additionally, a full chapter is dedicated to the career development of students seeking graduate degrees in counseling. Develop understanding of both theory and technique using in-depth, engaging case studies. Rather than simply describing career development theories, Foundations of Career Counseling: A Case-Based Approach uses seven realistic, diverse client scenarios to help students connect with the material and master career counseling content and skills. Balancing both theory and application, chapters about the career counseling process, intake interviews, and the use of tests, card sorts, and resources contain transcripts, examples, and sample assessment results from simulated sessions with these fictional clients. Suzanne Dugger's down-to-earth writing style clearly explains complex concepts in everyday language. Future counselors will develop a thorough understanding of both theory and technique pertaining to career development interventions with children and young adults as well as with adults--including specific populations such as persons with disabilities, military veterans, ex-offenders, homemakers and caretakers transitioning back into the world of work--and even themselves! Personalize learning with MyCounselingLab® MyCounselingLab is an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Within its structured environment, students practice what they learn, test their understanding, and pursue a personalized study plan that helps them better absorb course material and understand difficult concepts.

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Presenting the subject matter in a way that is relevant to all counseling students, Vernon Zunker uses an innovative holistic or "whole person" approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client's best career fit. The thoroughly revised and updated Ninth Edition of this classic book includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This highly successful book has been called the most comprehensive text on the

market, providing students with needed career theory as well as practical techniques and examples. Through the author's clear writing style, case examples, tables, and exercises, students develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical information on how to effectively counsel clients about career issues. As demonstrated by the text's new subtitle, 'A Holistic Approach,' this substantially revised Seventh Edition reflects the growing emphasis on looking at the whole person--values, temperament, talents, and passions--to determine his or her best career fit. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Praise for the First Edition: `For those of you who wonder if the counselling approach is of much use for career guidance, this book should be informative. The importance of working with insight into client feelings is exemplified by insights into the need to address and work through feelings so that blocks to career interest and good decision-making can be overcome... The book outlines basic counselling skills and more complex ones and many straightforward exercises; ways of generating career options; career drivers and satisfiers; decision-making exercises; and guidelines for investigating careers... This text has made me more aware of the importance of thinking in terms of counselling and group counselling in the work I do relating to careers? -

Guidance Matters Career counselling is often mistakenly described as giving people advice on finding the best career path. This fully revised and updated second edition of Career Counselling explains what career counselling actually is, why people seek it, and indicates the many contexts where it is used. It describes in detail the skills, tools and techniques of career counselling, useful to both professional career counsellors and those for whom career counselling is just part of their work. This practical guide examines the issues typically brought to career counselling, and includes a completely new chapter on the role of career counselling within organisations. Other areas covered include: o the dilemmas of independent and in-house career counsellors o screening and contracting o ways of facilitating decision-making and managing `blocks? o self-management and continuing professional development. Career Counselling, Second Edition stresses the importance of adopting a `whole person? approach whilst maintaining a career focus. Illustrated throughout by case studies from the authors? experience, the book draws on approaches ranging from the humanistic work of Carl Rogers to solution-focused counselling. The book contains an invaluable resources section and includes a brand new appendix containing photocopyable exercises which practitioners and their clients can use in conjunction with their counselling sessions. Robert Nathan is Managing Director of Career Counselling Services, London.

Career Counseling aims to link the past and the present, and to look to the future for significant developments in this critical field. Seven current methods are examined in detail: * the Trait-and-Factor approach * the Person-Centered approach * the Psychodynamic approach * the Developmental approach * the Social Learning approach * the Social Psychological approach * Computer Assisted Career Counseling Written to inform practicing vocational counselors and students about the practical and applied aspects of various counseling approaches, this book will help them maintain a data-based objectivity.

Outlining an approach to career counseling and a holistic model of human

development, this book focuses on contextual issues like race, ethnicity, gender, sexual orientation, disability, and social class. While basing its prescriptions on theoretical concerns, the book outlines practical techniques.

Featuring contributed chapters by experts in the discipline, *Career Counseling: A Holistic View of Lifespan and Special Populations* is designed to help readers competently and effectively provide career counseling to diverse populations at all stages of life. The book begins by presenting foundational concepts for career counselors, including an overview of the historical context of the career counseling profession, models, and theories, as well as critical information on ethical and legal issues related to career development and employment. The text offers research-based techniques and interventions for working with children, adolescents, adults, and older adults. Additional chapters explore career counseling approaches for multicultural groups, LGBT clients, individuals with disabilities, veterans, ex-offenders, and more. Closing chapters address group career counseling; intakes, assessments, and measurements; and advocating and marketing to employers and human resources. Throughout, the book features examples of events that affect the workplace and workforce within the current climate, including socio-economic trends and diverse barriers that are easily overlooked, but are critical to consider in contemporary practice. *Career Counseling* is an ideal core textbook for undergraduate and graduate-level courses in career, clinical rehabilitation, and general counseling, as well as human resources.

APA offers the *Theories of Psychotherapy* series as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasize solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration. Book jacket.

Gaining Cultural Competence in Career Counseling is a supplement designed to help counselors and counselors-in-training simultaneously acquire competence in both career counseling and multicultural counseling. The goal of this text is not only to describe the philosophical reasons for practicing culturally appropriate career counseling, but also to provide counselors with concrete ways to implement those philosophies. The first half of the book comprises four chapters focusing on the foundational skills for effective counseling across cultures. It is crucial for counselors and counselors-in-training to master these multicultural skills before moving on to the second half of the text, which integrates those multicultural competencies with specific career counseling competencies.

Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find

this book as a useful resource for today's diverse world. Career Development and Counseling is part of SAGE's Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/cpseries.

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the cutting-edge new Eighth Edition includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

This is the only text to present a comprehensive, developmental, and practical approach to preparing school counselors to conceptualize the career development needs of P-12 students, and design and implement relevant career interventions. The text reflects the American School Counseling Association's National Model for school counseling to facilitate career development and college readiness as a core competency. It is grounded in developmental, ecosystemic, and career theories as a basis for career interventions. Considering the range of psychosocial, cognitive, and academic development spanning P-12 students, the authors review relevant developmental and career theories as a foundation for the design of sequential and developmentally appropriate career curricula and interventions. They provide information that helps school counselors and educators understand the ecosystemic influences on career development and discuss how and why to involve various stakeholders in their work with P-12 students. The text provides concrete examples of how to select, implement and evaluate the outcomes of various career counseling theories and addresses career development and college readiness needs by grade level. It also considers cultural differences regarding P-12 career development. Concrete examples demonstrate concepts and case studies illustrate ways in which counselors can partner with parents and teachers. Examples represent individual, small group, and classroom interventions and highlight learning outcomes and assessment methods. Appendices include a matrix outlining where and how 2009 CACREP Standards are addressed and what types of course assignments can be used to provide artifacts. Key Features: Covers career counseling and development specifically geared to P-12 schools Reflects the ASCA's National Model for school counseling and facilitates career counseling as a core competency Describes a developmental, ecosystemic approach informed by career theory Presents career counseling programs and interventions sequentially, based on grade and age level Features case studies, end-of-chapter discussion points, self-test questions, and counselor activities

This edited collection examines the intersections between career guidance, social justice and neo-liberalism. Contributors offer an original and global discussion of the role of career guidance in the struggle for social justice and evaluate the field from a diverse range of theoretical positions. Through a series of chapters that positions career guidance within a neoliberal context and presents theories to inform an emancipatory direction for the field, this book raises questions, offers resources and provides some glimpses of an alternative future for

work. Drawing on education, sociology, and political science, this book addresses the theoretical basis of career guidance's involvement in social justice as well as the methodological consequences in relation to career guidance research.

CAREER ADVISING In today's highly competitive workplace, students must be prepared to respond to the challenges of a knowledge-based economy. While pursuing their academic careers, students need specific information about career possibilities in their prospective field, ideas for mounting a successful job search, an awareness of the dramatic changes occurring in the workplace, and knowledge of the skills needed to be marketable. From Virginia N. Gordon—the co-editor of the acclaimed book *Academic Advising*—comes *Career Advising*, a resource for academic advisors to assist college students with the educational choices that will lead them to career-related decisions. This important book shows how academic advisors, as well as non-teaching advisors, are in ideal positions to help students understand the relationships between their academic and career choices, and the effect these decisions have on students' future personal and work lives. *Career Advising* identifies and describes the knowledge and skills that are required to be an effective career advisor for students. Gordon describes the 3-I Process, which clarifies the three interactive phases—Inquire, Inform, and Integrate—that can help students identify and explore academic- and career-related possibilities and make critical decisions. This handy resource leads advisors through the maze of career information sources as well as other important career-related resources and methods.

With more than sixty-five combined years of experience in the career development field, Howard Figler and Richard Nelson Bolles are the undisputed authorities when it comes to helping people find meaningful work. In this revised and updated second edition of their classic guide for career counselors, Figler and Bolles show aspiring counselors how to break into the business, and give experienced counselors ideas for improving effectiveness and recharging their practice. Outlining tools, problem-solving tips, and ethical values for today's career counselor, **THE CAREER COUNSELOR'S HANDBOOK** features new information about performing the Annual Career Checkup, choosing Essence over Ego, and using the Internet—while celebrating the fact that even career counselors need counsel once in a while.

Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

Career Counseling: An Anthology of Relevant Career Counseling Research shows students the unique and important role a career counselor can play in the lives of clients seeking employment-related advice and direction. The engaging readings and thought-provoking discussion questions within the anthology address a spectrum of issues that are relevant to today's career professional. Over the course of nine chapters, students will learn about the internal and external factors that can influence career choice, a brief history of career counseling in the United States, key career counseling theory, and how to successfully utilize career assessments and interest inventories with clients. Dedicated chapters examine ethical standards, diversity, and technology in career counseling. Students are provided with readings that explore career counseling resources, career choices across the lifespan, and practice within the school setting. Each chapter features an introduction, insightful readings, discussion questions, key terms, and suggested further reading. Designed to serve as a supplemental resource for textbooks in the discipline, *Career Counseling* is well suited for courses in career

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counseling, counselor education, counseling, student affairs, psychology, and social work. This text provides the beginning counseling student with a comprehensive overview and discussion of the practical application of career counseling skills. Based on the view that counselors must be prepared in a holistic manner, it covers the historical and theoretical foundations of career counseling, the skills and techniques needed for career counseling, and contextual perspectives on career and lifestyle planning. Important material that is often overlooked in introductory texts is included, such as career and lifestyle planning with clients in mental health, rehabilitation, and couples and family counseling settings; gender issues; and working with LGBT and minority clients. Throughout the text, case studies, informational sidebars, and experiential activities make for a more engaging learning experience and encourage additional contemplation of chapter content. This new edition features new, updated, and expanded content throughout; the division of career counseling in schools into separate chapters for K-8th grade, high school, and college, including traditional, hybrid, and online campuses; and an online instructor's manual with student resources, offering material to enhance the pedagogical features of the text.

The main objective of this text is to present a career counselling process model, including sequential stages and steps, along with a method for implementing the model. It is intended as a bridge between the theoretical and the applied worlds of career counselling.

'This book should be viewed as essential reading for anyone interested in developing their understanding of the field of career counselling and developing their own approach.

Practitioners will find much they might want to consider incorporating into their own work' - British Journal of Guidance and Counselling 'As a career counsellor working with clients of all ages and situations, I found Larry Cochran's new work both pragmatic and intellectually stimulating... [he] provides fresh insight into the essence of career counselling, examining the past to be able to understand the present in order to plan for the future. Written in an accessible style... this book is certainly something which encourages further re

The updated version of this successful text retains its clear, straightforward style as it addresses issues that will face practitioners in the 1990's. With a practical approach, special attention is given to adults in career transition and the needs of women.

The goal of this book is to give career counselors knowledge awareness, and skills to work with diverse girls and women to make their lives as authentic, meaningful, and rewarding as they can possibly be. It is designed to help career counselors work with diverse girls and women as they pursue the ever widening choices in their lives. In addition, the text: *focuses on the history of the field and provides the social-historical context for its development; *discusses basic issues and concepts in the career development and counseling of women; *discusses the needs of women from different ethnic backgrounds, income levels, and sexual preferences; *reviews critical gender issues in many forms of qualitative and quantitative assessment; *describes the use of a critical feminist approach to career counseling; *discusses dual career and dual earners' career needs; *focuses on the rapid growth in science/technology/engineering and mathematical (STEM) occupational fields; and *examines the career counseling needs of women in management positions. Handbook of Career Counseling for Women, Second Edition appeals to anyone interested in their own career development and those of clients, students, daughters, and other important girls and women in their life.

Goes beyond traditional "job hunt strategies" to provide innovative solutions targeted to specific populations This graduate text for courses in career counseling is distinguished by its emphasis on creative interventions tailored to the unique needs of diverse populations. With a focus on career as a cornerstone of personal identity, the book explores the specific meaning of careers within different cultures and examines the challenges faced by—and potential solutions for—individuals with diverse backgrounds and needs. It describes unique

interventions that allow counseling students to visualize and actualize career counseling with a wide range of clients and demonstrates techniques targeted to each population that can be put into practice immediately. The text provides demographic information regarding specific job-seeking groups including such “traditional” populations as college graduates and working parents, as well as groups that encounter special challenges such as stay-at-home parents returning to work, formerly incarcerated individuals, people with disabilities, teen mothers, African American, Hispanic and Asian males and females, older adults, LGBT individuals, and many others. Over fifty creative, innovative interventions that have been successfully applied help counselors to provide effective career development strategies with each population.

Chapters include a vignette representing each population, group demographics, a history of career paths and obstacles, unique needs of the group, supports already in place, and specific career counseling assessment and interventions. The book also provides abundant resources for additional study. In addition to its value to career counselors, the text will also be useful to personal counselors who often deal with their client’s career issues during treatment. Key Features: Provides in-depth exploration of underserved populations who hold unique career development needs Includes innovative career counseling interventions that move beyond standard “job hunt strategies” or “resume preparation tips” Explores life stage concerns related to career development across multiple diverse identities Gives readers step-by-step details on implementing over 40 innovative career counseling techniques Presents case studies that provide clear examples of the application of relevant interventions

Beginning Your Counseling Career provides a comprehensive overview of the counseling profession and equips students with the clinical and administrative skills they need to progress in the field. Helpfully organized into five sections, the text addresses basic career considerations and preparatory aspects of the profession, as well as a range of topics to help students broaden their focus on professional development. Chapters cover areas including online masters and doctoral programs, developing a counseling identity, mentoring students for private practice, supporting minority students in counseling programs, considerations for international students, special education legislation, and more. Suitable for students taking preliminary courses in counseling as well as practicum and internship classes, *Beginning Your Counseling Career* offers a detailed and up-to-date framework for aspiring professional counselors at both masters and doctoral levels.

This book's purpose is to provide a tool for career services personnel to deliver more effective, consistent career counseling. Its primary objective is to present a career counseling process model, including sequential stages and steps, along with a method (the Key Questions Technique) for successfully implementing the model. It is intended to serve as the bridge between the theoretical and the applied worlds of career counseling, and it is hoped that this book will increase the standards of professionalism and objectivity for the many diverse practitioners who currently conduct career counseling in the workplace.

This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients’ diverse needs in today’s challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions, and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a “Practical Application Guide” in each of these chapters facilitate classroom learning and discussion. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to

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“This book establishes a new standard. The focus on ‘holism, diversity, and strengths’ sets a fresh direction for the field that will inspire today’s counselors. Distinct from other texts both in terms of style and ease of use, Career Counseling provides a practical model that connects theory, practice, and resources in hopeful and affirming ways, while offering readers new skills and insights.” —Rich Feller, PhD University Distinguished Teaching Scholar, Colorado State University Past President, National Career Development Association “Gysbers, Heppner, and Johnston have continued their excellent contributions to the field with this 4th edition. Their approach is highly practical for counselors in helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals and as a textbook for graduate counseling programs.”

—Kenneth F. Hughey, PhD Kansas State University “We invite all students, professionals, and researchers to read this volume to enrich their practice, research, and the values by which they should be inspired to persist in being active agents of change in the world.” —Laura Nota, PhD, and the Larios Vocational Psychology Team University of Padova, Italy The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here.

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