

Carl Jung Alchemy

Alchemy, Jung, and Remedios Varo offers a depth psychological analysis of the art and life of Remedios Varo, a Spanish surrealist painter. The book uses Varo's paintings in a revolutionary way: to critique the patriarchal underpinnings of Jungian psychology, alchemy, and Surrealism, illuminating how Varo used painting to address cultural complexes that silence female expression. The book focuses on how the practice of alchemical psychology, through the power of imagination and the archetypal Feminine, can lead to healing and transformation for individuals and culture. Alchemy, Jung, and Remedios Varo offers the first in-depth psychological treatment of the role alchemy played in the friendship between Varo and Leonora Carrington—a connection that led to paintings that protest the pitfalls of patriarchy. This unique book will be of great interest for academics, scholars, and post-graduate students in the fields of analytical psychology, art history, Surrealism, cultural criticism, and Jungian studies.

Stanton Marlan brings together writings which span the course of his career, examining Jungian psychology and the alchemical imagination as an opening to the mysteries of psyche and soul. Several chapters describe a telos that aims at the mysterious goal of the Philosophers' Stone, a move replete with classical and postmodern ideas catalysed by prompts from the unconscious: dreams, images, fantasies, and paradoxical conundrums. Psyche and matter are seen with regards to soul, light and darkness in terms of illumination, and order and chaos as linked in the image of chaosmos. Marlan explores the richness of the alchemical ideas of Carl Jung, James Hillman, and others and their value for a revisioning of psychology. In doing so, this volume challenges any tendency to literalism and essentialism, and contributes to an integration between Jung's classical vision of a psychology of alchemy and Hillman's Alchemical Psychology. C.G. Jung and the Alchemical Imagination will be a valuable resource for academics, scholars, and students of Jungian and post-Jungian studies, Jungian analysis, and psychotherapy. It will also be of great interest to Jungian psychologists and Jungian analysts in practice and in training.

Sixteen studies in religious phenomena, including Psychology and Religion and Answer to Job. ?

Also available in an open-access, full-text edition at

<http://oaktrust.library.tamu.edu/handle/1969.1/86080> The black sun, an ages-old image of the darkness in individual lives and in life itself, has not been treated hospitably in the modern world. Modern psychology has seen darkness primarily as a negative force, something to move through and beyond, but it actually has an intrinsic importance to the human psyche. In this book, Jungian analyst Stanton Marlan reexamines the paradoxical image of the black sun and the meaning of darkness in Western culture. In the image of the black sun, Marlan finds the hint of a darkness that shines. He draws upon his clinical experiences—and on a wide range of literature and art, including Goethe's Faust, Dante's Inferno, the black art of Rothko and Reinhardt—to explore the influence of light and shadow on the fundamental structures of modern thought as well as the contemporary practice of analysis. He shows that the black sun accompanies not only the most negative of psychic experiences but also the most sublime, resonating with the mystical experience of negative theology, the Kabbalah, the Buddhist notions of the void, and the black light of the Sufi Mystics. An important contribution to the

understanding of alchemical psychology, this book draws on a postmodern sensibility to develop an original understanding of the black sun. It offers insight into modernity, the act of imagination, and the work of analysis in understanding depression, trauma, and transformation of the soul. Marlan's original reflections help us to explore the unknown darkness conventionally called the Self. The image of Kali appearing in the color insert following page 44 is © Maitreya Bowen, reproduced with her permission, maitreyabowen@yahoo.com.

Penetrating study of the psychological aspects of time, number and methods of divining fate such as the I Ching, astrology, Tarot, palmistry, dice, etc., contrasting Western scientific attitudes with those of the Chinese and so-called primitives.

An accessible history of alchemy by a leading world authority explores its development and relationship with myriad disciplines and pursuits, tracing its heyday in early modern Europe while profiling some of history's most colorful alchemists and describing the author's recreation of famous alchemy recipes.

The figure of the alchemical Mercurius features ubiquitously and radically in Jung's later works, but despite this, there has been little research concerning Mercurius in Jungian studies to date. In this book, Mathew Mather explores the figure of the alchemical Mercurius and contextualises and clarifies its significance in Jung's life and works. Placing the alchemical Mercurius as a central concern reveals a Jungian interpretation in which the grail legend, alchemy and precessional astrology, as three thematic threads, converge. In such a treatment, Jung's belief in the dawning of a new platonic month emerges as a central consideration and an esoteric perspective on Jung's life and works is brought more fully to light, constructing a life-myth interpretation. The book is comprised of three parts: Aurea Catena: locating the figure of the alchemical Mercurius within the Western esoteric tradition Daimonic Encounter: the relevance of this figure in Jung's personal life Magnum Opus: Jung's portrayal of this figure in key texts such as Synchronicity, Aion, Mysterium Coniunctionis; and Emma Jung and von Franz's The Grail Legend. The Alchemical Mercurius is a unique contribution to analytical psychology, substantially revealing 'esoteric Jung' and providing valuable perspectives on the theme of his myth for our times. The book will appeal to researchers and academics in the field of analytical psychology as well as postgraduate students.

Author of the acclaimed Jung and the Alchemical Imagination, Jeffrey Raff continues his teachings in psychoidal alchemy with an in-depth look at the feminine aspect of the divine. Sophia is, in the esoteric teachings, the embodiment of Wisdom, the matrix from which God arose, and God's heavenly consort and mirror. But, as Raff explains, she suffered a fall from this exalted state, corresponding to the obscuration of the feminine archetype in the patriarchal world. Without Sophia, God is not whole. It is our task to work with imagination to reunite Sophia and God. Raff explains the difference between fantasy, a product of the ego, and imagination, which comes from the soul. More importantly, he brings Sophia to life through a vivid analysis of an 800-year-old text, The Aurora Consurgens, as well as his personal experience with Sophia and active imagination. This process empowers us to become whole and realize our innate drive to unite with the divine.

"Marie Louise von Franz's Projection and Re-Collection is thorough in its wide-ranging exploration as both a map and a guide to the recognition and reclaiming of projection. Von

Franz skillfully brings theory to life as she builds on and further develops C.G. Jung's research on projection". -- Julia Jewett Jungian Analyst "The book is stimulating in going to the core of psychotherapeutic work, and invites a response from psychotherapists in general and from Jungian analysts in particular". -- San Francisco Jung Institute Library Journal

In *The Alchemy of Healing*, Dr. Edward C. Whitmont explores the major themes of illness, health, and the practice of medicine. Uniquely qualified by his personal associations with such pioneers as Carl Jung, M. Esther Harding, Karl Konig, Elizabeth Wright Hubbard, and G.B. Stearns, Whitmont takes a daring plunge into the paradoxes of homeopathic medicine, psychoanalytic transference, quantum physics, and the Gaia Hypothesis. Deftly exploring such subjects as Jungian synchronicity, alchemy, the I Ching, and the Law of Similars, he hints at the unknown principles fusing organism, planet, and cosmos and at a healing principle so profound it is written in both the stars and the sub-molecular traces of molecules. In this landmark work that addresses for the first time in our century the esoteric role of the physician in the drama of life and death, Whitmont provides a forum for one of the most neglected voices of Western Civilization—that of disease—revealing how it is our own abandoned and depreciated voice. In challenging the myth of mechanical medicine he provides a clue as to how we might yet heal ourselves and our planet.

Alchemical symbols are part of popular culture, most recently popularised in the Harry Potter books. Alchemy intrigued Carl Jung, the founder of analytical psychology. It inspired him as he wrote 'the Red Book' - the journal of his voyage of internal discovery. He devoted much of his life to it, using alchemical symbols as metaphors for unconscious processes. *Alchemy and Psychotherapy* explores the issue of alchemy in the consulting room and its application to social and political issues. This book argues against the dominant discourse in contemporary psychotherapy - scientific materialism - and for the discovery of spiritual meaning. *Alchemy and Psychotherapy* has four main sections: 'Alchemy and meaning' - looks at the history of alchemy, particularly the symbol of the coniunctio - sacred marriage - a metaphor for the therapeutic relationship. 'The symbolic attitude' - explores working with dreams, fairytales, astrology and the body: each of which is a symbolic language. 'The spirit and the natural world' - discusses the concept of 'burn out' - of therapists, our ecological resources, the mystical aspects of quantum physics and the philosophical underpinning of symbol formation. 'Clinical Applications' - shows alchemy's use with victims of abuse, those struggling to secure gender identity, in anorexia and in 'social healing' - atonement and restorative justice - which apply the idea of the coniunctio. *Alchemy and Psychotherapy* is illustrated throughout with clinical examples, alchemical pictures and poetry which emphasise that alchemy is both a creative art and a science. Bringing together contributors from a wide range of disciplines, Dale Mathers and contributors show that therapy is both art and science, that the consulting room is the alchemical laboratory, and that their research is their creative engagement. *Alchemy and Psychotherapy* will be a valuable resource for practitioners, students at all levels of psychotherapy, analytical psychology, psychoanalysis and creative, art-based therapies and for creative practitioners (in film, literature and performing arts) who draw on Jung's ideas. "From The collected works of C.G. Jung, volumes 4, 8, 12, 16"--P. [i].

The psychological and religious implications of alchemy were Jung's major preoccupation during the last thirty years of his life. The essays composing the present volume complete the publication of his alchemical researches, to which three entire volumes have been devoted ^DDL the monumental *Mysterium Coniunctionis*, *Psychology and Alchemy*, and *Aion* ^DDL besides shorter papers in other volumes. This collection of shorter Alchemical Studies has special value as an introduction to Jung's work on alchemy. The first study, on Chinese alchemy, marked the beginning of his interest in the subject, and was originally published in a volume written jointly with Richard Wilhelm. The other four are now published for the first time completely in English.

Mysterium Coniunctionis was first published in the Collected Works of C.G. Jung in 1963. For this second edition of the work, numerous corrections and revisions have been made in cross-references to other volumes of the Collected Works now available and likewise in the Bibliography. Mysterium Coniunctionis was Jung's last work of book length and gives a final account of his lengthy researches in alchemy. It was Jung's empirical discovery that certain key problems of modern man were prefigured in what the alchemists called their 'art' or 'process'. Jung maintained that 'the world of alchemical symbols does not belong to the rubbish heap of the past, but stands in a very real and living relationship to our most recent discoveries concerning the psychology of the unconscious'. The volume includes ten plates, a Bibliography, an Index, and an Appendix of original Latin and Greek texts quoted in the work. In 1932, world-renowned physicist Wolfgang Pauli had already done the work that would win him the 1954 Nobel Prize. He was also suffering after a series of troubling personal events. He was drinking heavily, quarrelling frequently, and experiencing powerful, disturbing dreams. Pauli turned to C. G. Jung for help, forging an extraordinary intellectual conjunction not just between a physicist and a psychologist but between physics and psychology. As their acquaintance developed, Jung and Pauli discussed the nature of dreams and their relation to reality, finding surprising common ground between depth psychology and quantum physics and profoundly influencing each other's work. This portrait of an incredible friendship will fascinate readers interested in psychology, science, creativity, and genius.

Jung and the Alchemical Imagination illustrates the spiritual nature of Jungian psychology and the debt it owes to the tradition of esoteric religion. Unlike other books on Jung and alchemy which contain a psychological interpretation of alchemical material, this work uses alchemy to understand the three cornerstones of Jungian spirituality--the self, the transcendent function, and active imagination. Through the interpretation of alchemical imagery, Raff explains the nature of these three concepts and illustrates how together they form a new model of contemporary Western spirituality. This book is also unique in selecting alchemical texts for analysis that are relatively unknown and which, for the most part, have never been interpreted. In addition, he presents two new concepts--the ally and the psychoid realm. Through the addition of these ideas, and the new understanding that they offer, it is possible to apply alchemical imagery to transpsychic experience/ that is, to a world of spirits which may not be reduced to psychological concepts. By including this realm in the study of alchemy and Jungian thought, it is possible to gain insights into the nature of visionary and ecstatic experiences that form part of the path of individuation--the road to completion.

"Edinger has greatly enriched my understanding of psychology through the avenue of alchemy. No other contribution has been as helpful as this for revealing, in a word, the anatomy of the psyche and how it applies to where one is in his or her process. This is a significant amplification and extension of Jung's work. Two hundred years from now, it will still be a useful handbook and an inspiring aid to those who care about individuation." -- Psychological Perspectives

Jung on Alchemy Princeton University Press

Although alchemy is popularly regarded as the science that sought to transmute base physical matter, many of the medieval alchemists were more interested in developing a discipline that would lead to the psychological and spiritual transformation of the individual. C. G. Jung discovered in his study of alchemical texts a symbolic and imaginal language that expressed many of his own insights into psychological processes. In this book, Marie-Louise von Franz examines a

text by the sixteenth-century alchemist and physician Gerhard Dorn in order to show the relationship of alchemy to the concepts and techniques of analytical psychology. In particular, she shows that the alchemists practiced a kind of meditation similar to Jung's technique of active imagination, which enables one to dialogue with the unconscious archetypal elements in the psyche. Originally delivered as a series of lectures at the C. G. Jung Institute in Zurich, the book opens therapeutic insights into the relations among spirit, soul, and body in the practice of active imagination.

Five long essays that trace Jung's developing interest in alchemy from 1929 onward. An introduction and supplement to his major works on the subject, illustrated with 42 patients' drawings and paintings.

The Origins and History of Consciousness draws on a full range of world mythology to show how individual consciousness undergoes the same archetypal stages of development as human consciousness as a whole. Erich Neumann was one of C. G. Jung's most creative students and a renowned practitioner of analytical psychology in his own right. In this influential book, Neumann shows how the stages begin and end with the symbol of the Uroboros, the tail-eating serpent. The intermediate stages are projected in the universal myths of the World Creation, Great Mother, Separation of the World Parents, Birth of the Hero, Slaying of the Dragon, Rescue of the Captive, and Transformation and Deification of the Hero. Throughout the sequence, the Hero is the evolving ego consciousness. Featuring a foreword by Jung, this Princeton Classics edition introduces a new generation of readers to this eloquent and enduring work.

Jungian Metaphor in Modernist Literature argues for the centrality of Carl Jung's theory of individuation and alchemy in modernist poetics. Through analysis of the uses of a mythic method in modernist literary works, the book develops a related alchemical model which serves to expand understanding of modernist uses of language. The book is an innovative exploration of modernist literary creativity under a Jungian lens, spanning both the literary and scholarly Jungian field. The literary works of Hilda Doolittle, James Joyce and W.B Yeats are read in the light of Jung's central theme of an 'alchemical marriage' with attempts at developing a related alchemical model, a Jungian poetics, which serves to expand a reader's understanding of modernist uses of language. This provides a fresh new lens through which modernist literature is viewed and seeks to reevaluate the role of Jung in the humanities, namely in the field of modernist literature, an area from which Jung has long been shunned. This book will be of great interest for academics, researchers and post-graduate students in the fields of literature, modernism, psychoanalysis, gender studies, Jungian psychology, depth psychology, literary theory, and cultural studies. .

C. G. Jung and Erich Neumann first met in 1933, at a seminar Jung was conducting in Berlin. Jung was fifty-seven years old and internationally acclaimed for his own brand of psychotherapy. Neumann, twenty-eight, had just finished his studies in medicine. The two men struck up a correspondence that would

continue until Neumann's death in 1960. A lifelong Zionist, Neumann fled Nazi Germany with his family and settled in Palestine in 1934, where he would become the founding father of analytical psychology in the future state of Israel. Presented here in English for the first time are letters that provide a rare look at the development of Jung's psychological theories from the 1930s onward as well as the emerging self-confidence of another towering twentieth-century intellectual who was often described as Jung's most talented student. Neumann was one of the few correspondence partners of Jung's who was able to challenge him intellectually and personally. These letters shed light on not only Jung's political attitude toward Nazi Germany, his alleged anti-Semitism, and his psychological theory of fascism, but also his understanding of Jewish psychology and mysticism. They affirm Neumann's importance as a leading psychologist of his time and paint a fascinating picture of the psychological impact of immigration on the German Jewish intellectuals who settled in Palestine and helped to create the state of Israel. Featuring Martin Liebscher's authoritative introduction and annotations, this volume documents one of the most important intellectual relationships in the history of analytical psychology.

In this collection of diary entries made by British psychiatrist E A Bennet during his visits with the Swiss analyst C.G. Jung over a 15-year period, Bennet's colourfully spontaneous accounts reveal Jung's down-to-earth personality and his extraordinary mind, at ease in his daily surroundings. Meetings with Jung serves as an ideal introduction to Jungian psychology while providing a rare, intimate perspective into Jung's life and work for those already familiar with the more scholarly literature.

The ancient practice of alchemy, which thrived in Europe until the seventeenth century, dealt with the phenomenon of transformation--not only of materials (ore into gold) but also of the human spirit (self into Other). Through their work in the material realm, alchemists discovered personal rebirth as well as a linking between outer and inner dimensions. C. G. Jung first turned to alchemy for personal illumination in coping with trauma brought on by his break with Freud. Alchemical symbolism eventually suggested to Jung that there was a process in the unconscious, one that had a goal beyond discharging tension and hiding pain. In this book, Nathan Schwartz-Salant, a leading Jungian analyst with an interest in alchemy, brings together a key selection of Jung's writings on the subject. These writings expose us to Jung's fascinating reflections on the symbols of alchemy--such as the three-headed Mercurial dragon, hermaphrodites, and lions devouring the sun--and brings us closer to the spirit of his approach to the unconscious, closer than his purely scientific concepts often allow.

Jung's lectures on the psychology of Eastern spirituality—now available for the first time Between 1933 and 1941, C. G. Jung delivered a series of public lectures at the Swiss Federal Institute of Technology (ETH) in Zurich. Intended for a general audience, these lectures addressed a broad range of topics, from dream analysis to the psychology of alchemy. Here for the first time are Jung's illuminating lectures on the psychology of yoga and meditation, delivered between 1938 and 1940. In these lectures, Jung discusses the psychological technique of active imagination, seeking to find parallels with the meditative practices of different yogic and Buddhist traditions. He draws on three texts to introduce his audience to Eastern meditation: Patañjali's Yoga Sûtra, the Amitâyur-dhyâna-sûtra from Chinese Pure Land Buddhism, and the Shrî-chakra-sambhâra Tantra, a scripture related to tantric yoga. The

lectures offer a unique opportunity to encounter Jung as he shares his ideas with the general public, providing a rare window on the application of his comparative method while also shedding light on his personal history and psychological development. Featuring an incisive introduction by Martin Liebscher as well as explanations of Jungian concepts and psychological terminology, *Psychology of Yoga and Meditation* provides invaluable insights into the evolution of Jung's thought and a vital key to understanding his later work.

Essays which state the fundamentals of Jung's psychological system: "On the Psychology of the Unconscious" and "The Relations Between the Ego and the Unconscious," with their original versions in an appendix.

Originally written for the *Enciclopedia del Novecento*, *Archetypal Psychology*, Volume 1 of the Uniform Edition of the Writings of James Hillman, is a concise, instructive introduction to polytheism, Greek mythology, the soul-spirit distinction, anima mundi, psychopathology, soul-making, imagination, therapeutic practice, and the writings of C. G. Jung, Henry Corbin, and Adolf Portmann in the formulation of the field of Archetypal Psychology.

Papers on child psychology, education, and individuation, underlining the overwhelming importance of parents and teachers in the genesis of the intellectual, feeling, and emotional disorders of childhood. The final paper deals with marriage as an aid or obstacle to self-realization.

Alchemy is central to Jung's hypothesis of the collective unconscious. In this volume he begins with an outline of the process and aims of psychotherapy, and then moves on to work out the analogies between alchemy, Christian dogma and symbolism and his own understanding of the analytic process. Introducing the basic concepts of alchemy, Jung reminds us of the dual nature of alchemy, comprising both the chemical process and a parallel mystical component. He also discusses the seemingly deliberate mystification of the alchemists. Finally, in using the alchemical process as providing insights into individuation, Jung emphasises the importance of alchemy in relating to us the transcendent nature of the psyche.

C. G. Jung, despite not being widely known for his views on sexuality or the treatment of sexual issues, made extensive contributions to understanding the complexities of this field throughout his life. In *Jung and Sex*, Edward Santana makes the case that reclaiming this knowledge can address substantial problems with current treatments and support many who struggle with sexual issues. This thorough exploration of Jung's approach to sexual issues presents a wide-ranging new look at his work and adds contemporary perspectives for helping those suffering with sexual difficulties. The book calls for an important bridging of clinical perspectives to address the contemporary challenges of complex sexual issues and brings attention to a large body of Jung's work on human sexuality, ranging from pioneering thoughts on sexual expressions of the soul to understanding ways to treat sexual symptoms. *Jung and Sex* provides a comprehensive analysis of Jung's views on, and clinical approaches to, sexual issues and treatments, using this knowledge in order to help those with sexual problems and the professionals who support them. It is an essential text for understanding critical dimensions of human sexuality. *Jung and Sex* is an important contribution that closes a gap in the literature of Jungian psychology. It offers unique insights into the subject for Jungian psychotherapists, analytical psychologists, sex therapists, and relationship counselors. The book also supports the work of academics and those interested in contemporary applications of Jungian and post-Jungian studies.

In this book Alfred Ribi reaches back across two millennia, gathering and engaging an extraordinary collection of writings. With authority and fluency, Ribi draws together the antique texts of Hellenism, Gnosticism, Hermeticism and Alchemy, and illustrates how these nurture the visionary work of C. G. Jung. Into this tapestry Alfred Ribi weaves personal insights gained over half a century of experience as an analytical psychologist. He illuminates how the dreams and visions of modern individuals intertwine with the tradition that Jung indicated to be a

spiritual antecedent of his psychology. This is the second volume of a two-volume work. The first volume, *The Search for Roots: C. G. Jung and the Tradition of Gnosis* was published in an English translation in 2013. That volume served as a general introduction to the more detailed and multifaceted exposition presented in this second volume. This volume is addressed to serious students of Hermeticism, Gnosticism, and the works of C. G. Jung. It will richly reward those who give it their diligent attention. About the Author Alfred Ribi was born in 1931. He studied medicine in Zurich, followed by specialization in Psychiatry and Psychotherapy FMH. In 1963, he began analysis with Marie-Louise von Franz—a close associate of C.G. Jung—and subsequently worked for many years as a colleague with Dr. von Franz. He is a diplomat of the C.G. Jung Institute, Zurich, where he has served as Director of Studies, a teaching and control analyst, and a lecturer and examiner of the Institute. He is past President of both the Foundation for Jungian Psychology and of the Psychological Club in Zurich. The book was edited and includes a Foreword by Lance S. Owens. It was translated into English by Mark Kyburz.

Twelve essays by the distinguished analyst Marie-Louise von Franz—five of them appearing in English for the first time—discuss synchronicity, number and time, and contemporary areas of rapprochement between the natural sciences and analytical psychology with regard to the relationship between mind and matter. This last question is among the most crucial today for fields as varied as microphysics, psychosomatic medicine, biology, quantum physics, and depth psychology.

First published in 1985 this was the first introduction to Jung which related his theories to our everyday lives. Discover through this highly readable book that Jung's views provide a full understanding of the concerns and anxieties of today. Sigmund Freud spoke to the generations who experienced the anxiety of sexual guilt and repression. Carl Jung speaks to our generation, who seek self-knowledge and a deeper understanding of life. This book outlines Jung's theories and how we experience them in our personal relationships, marriages and dreams. It describes Jung's eight psychological types and his thinking on the Self, alchemy, archetypes and the collective unconscious. Imperative for those who wish to gain insight into Jung and their own psyche.

A study of the analogies between alchemy, Christian dogma, and psychological symbolism. Revised translation, with new bibliography and index.

C. G. Jung: The Basics is an accessible, concise introduction to the life and ideas of C. G. Jung for readers of all backgrounds, from those new to Jung's work to those looking for a convenient reference. Ruth Williams eloquently and succinctly introduces the key concepts of Jungian theory and paints his biographical picture with clarity. The book begins with an overview of Jung's family life, childhood, and relationship with (and subsequent split from) Sigmund Freud. Williams then progresses thematically through the key concepts in his work, clearly explaining ideas including the unconscious, the structure of the psyche, archetypes, individuation, psychological types and alchemy. *C. G. Jung: The Basics* also presents Jung's theories on dreams and the self, and explains how his ideas developed and how they can be applied to everyday life. The book also discusses some of the negative claims made about Jung, especially his ideas on politics, race, and gender, and includes detailed explanations and examples throughout, including a chronology of Jung's life and suggested further reading. *C. G. Jung: The Basics* will be key reading for students at all levels coming to Jung's ideas for the first time and general readers with an interest in his work. For those already familiar with Jungian concepts, it will provide a helpful guide to applying these ideas to the real world.

"It was the genius of C.G. Jung to discover in the 'holy technique' of alchemy a parallel to the psychological individuation process. This book, by Jung's long-time friend and co-worker, completely demystifies the subject. Designed as an introduction to Jung's more detailed studies, and profusely illustrated, here is a lucid and practical account of what the alchemists

were really looking for--emotional balance and wholeness"--back cover.

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