

## Case Studies In Couple And Family Therapy Systemic And Cognitive Perspectives Guilford Family Therapy

An ideal supplemental text, this instructive casebook presents in-depth illustrations of treatment based on the most important couple therapy models. An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns, including conflicts surrounding intimacy, sex, power, and communication; parenting issues; and mental illness. Featuring couples of varying ages, cultural backgrounds, and sexual orientations, the cases shed light on both what works and what doesn't work when treating intimate partners. Each candid case presentation includes engaging comments and discussion questions from the editor. See also *Clinical Handbook of Couple Therapy, Fourth Edition*, also edited by Alan S. Gurman, which provides an authoritative overview of theory and practice.

"Foreword by Sam Feist, CNN Political Director"--Cover.

Couples and families worldwide have a constant electronic connection to others, a fact that is influencing the concerns and issues they bring to therapy. The authors of this resource help mental health practitioners to better deal with concerns such as online infidelity, online dating, internet addictions, cyber bullying, and many more by introducing the Couple and Family Technology (CFT) framework, a multi-theoretical approach that doesn't require clinicians to change their preferred clinical approach. The CFT framework acknowledges the ways in which couples navigate their relationship with technology and a partner simultaneously, and it attends to, and in some cases incorporates the role of technology in therapeutic ways. Included in the authors' discussion of how different technologies affect relationships is • a survey of what individuals' motivations of usage are • an examination of the specific issues that emerge in treatment • a study of the risks particularly relevant to intimate relationships, and • an introduction of the first-ever technology-based genogram. They also examine technological usage across different developmental points in a couple's lifespan, with attention given throughout to people from various cultural backgrounds. Along with the CFT framework, the authors also introduce a new discipline of family research: Couple and Family Technology. This discipline integrates three broad perspectives in family science and helps therapists maintain a systemic focus in assessing and treating couples where issues of the Internet and new media are problematic. Online resources can be accessed by purchasers of the book and include videos, additional case studies, glossary, and forms.

With simple cases of premature ejaculation or anorgasmia becoming increasingly rare, clinicians are now utilizing a sophisticated array of multidisciplinary approaches to treat a complex variety of challenging problems and patient populations. Bringing together, under one cover, case studies and clinical discussions by the very authorities whose work is changing the field, *Case Studies in Sex Therapy* provides a state-of-the-art guide to current clinical practice. Chapters in the first section focus on cases of sexual desire disorders and explore such issues as desire disparity between partners, clinical interventions in marital and sex therapy, biological aspects of inhibited sexual desire, treatment considerations with a homosexual couple, the application of integrative therapy for treating secondary low sex desire, and the many factors that may contribute to sexual avoidance. The next section demonstrates both the opportunities and the complex challenges posed to the clinician by the array of new medical, surgical, and pharmacological therapies. Addressing the growing interest in sexual addiction and compulsion, the third section covers controversial issues such as the treatment of a sexually addictive client and the treatment implications when a client has been sexually exploited by another therapist.

Praise for the first edition: "This is an excellent teaching guide and resource manual for instructors, gerontological nursing students, and practicing nurses and social workers who wish to learn more about geriatric concerns and care. It will be kept by nursing students long after they graduate as a guide to resources that will be valuable throughout their nursing careers. As a home care nurse working mainly with the geriatric community, I found the resources helpful in my practice. As an instructor, I found the book to be a very useful guide for teaching geriatrics." Score: 90, 4 Stars —Doody's Medical Reviews "[This] is a unique volume that effectively addresses the lack of gerontology case studies for use with undergraduate nursing students. Case studies are a pedagogically powerful approach to active learning that offer opportunities to apply content to clinical practice."

—The Gerontologist "The case narrative approach of this book promotes active learning that is more meaningful to students (and practicing nurses) and more likely to increase the transfer of evidence into practice. An excellent resource for faculty (staff educators) to facilitate critical learning skills." —Liz Capezuti, PhD, RN, FAAN Dr. John W. Rowe Professor in Successful Aging Co-Director, Hartford Institute for Geriatric Nursing New York University College of Nursing Vivid case examples help guide nurses in developing appropriate interventions that include complementary and alternative health therapies and provide a basis for evaluating outcomes. Exercises interspersed throughout each case study include numerous open-ended and multiple-choice questions to facilitate learning and critical thinking. The text is unique in that some of the presented cases focus on psychosocial issues such as gambling addiction, hoarding behavior, emergency preparedness, and long-distance caregiving. Cases also depict geriatric clients who are living healthy, productive lives to counter myths and negative attitudes about older adults. Scenarios demonstrating ethical dilemmas prepare students to appropriately respond to "gray area" situations. The text is geared for AACN and NLN accreditation and is organized according to the needs of actual clinical settings. With cases that take place in the home and community or within primary, acute, and long-term care facilities, this book will be useful for courses specific to gerontology nursing or across any nursing curriculum.

New to the Second Edition: A completely new section of Aging Issues Affecting the Family New cases addressing health care disparities, aging in place, and prevention of catheter-associated urinary tract infection Additional contemporary case studies The addition of Quality for Safety in Nursing Education (QSEN) initiatives A greater focus on prioritization and delegation of client's needs infused throughout exercises

Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

Historian David Moss adapts the case study method made famous by Harvard Business School to revitalize our conversations about governance and democracy and show how the United States has often thrived on political conflict. These 19 cases ask us to weigh choices and consequences, wrestle with momentous decisions, and come to our own conclusions.

Doug Sprenkle - Awarded the American Family Therapy Academy (AFTA) 2010 Award for Distinguished Contribution to Family Therapy Research and Practice! Grounded in theory, research, and extensive clinical experience, this pragmatic book addresses critical questions of how change occurs in couple and family therapy and how to help clients achieve better results. The authors show that regardless of a clinician's orientation or favored techniques, there are particular therapist attributes, relationship variables, and other factors that make therapy specifically, therapy with couples and families more or less effective. The book explains these common factors in depth and provides hands-on guidance for capitalizing on them in clinical practice and training. User-friendly features include numerous case examples and a reproducible common factors checklist.

Showing how to weave assessment into all phases of therapy, this indispensable text and practitioner guide is reader friendly, straightforward, and practical. Specific strategies are provided for evaluating a wide range of clinical issues and concerns with adults, children and adolescents, families, and couples. The authors demonstrate ways to use interviewing and other techniques to understand both individual and relationship functioning, develop sound treatment plans, and monitor progress. Handy mnemonics help beginning family therapists remember what to include in assessments, and numerous case examples illustrate what the assessment principles look like in action with diverse clients. See also the authors' Essential Skills in Family Therapy, Third Edition: From the First Interview to Termination, which addresses all aspects of real-world clinical practice, and Clinician's Guide to Research Methods in Family Therapy.

Featuring case presentations by many of the most distinguished practitioners of couple and family therapy, this volume brings to life the full spectrum of approaches in the field. The cases illustrate the principles and techniques of the respective approaches and allow the reader to "listen in" on highly skilled therapists at work. Editor Frank Dattilio comments on each case with a focus on ways to integrate systemic and cognitive-behavioral approaches. He suggests ways that cognitive principles might usefully be called upon at specific points. Responses from contributors consider the benefits of Dattilio's suggestions and elucidate each practitioner's decision-making process. See also Dattilio's authored book, Cognitive-Behavioral Therapy with Couples and Families, which combines the empirical research base with practical clinical guidance.

After all the hard work on your application, you're finally in to business school. Now what? The acceptance letter is just the beginning of your MBA experience. Even before classes start, you'll face all kinds of new challenges: financing your degree, readjusting to homework, schmoozing recruiters. Now you can turn to this book, produced by Manhattan GMAT—one of the leading names in GMAT preparation—to ready you for the challenges you'll face as a newly-minted MBA candidate. Case Studies & Cocktails will be your go-to guide as you prepare to enter your MBA program and throughout your time at b-school. The authors' MBAs themselves have drawn on their own experiences and interviewed current students for the inside scoop on every aspect of b-school, from telling the boss you're going back to school to balancing wine and cheese in one hand while networking. The result is both a handbook for the social side of school and an academic primer on the material you'll have to master. The book even includes a glossary of need-to-know jargon, so you won't feel lost when classmates start slinging around acronyms.

Reflecting the latest practices in the field, Clinical Decision Making: Case Studies in Medical-Surgical Nursing, 2nd edition bridges the gap between classroom knowledge and clinical application. Emphasizing holistic nursing care, this resource helps nursing students sharpen their critical thinking skills and gain experience applying what they have learned. The more than 40 medical-surgical case histories and related questions, and responses are based on real-life client situations. Every case contains an introductory blueprint of variables that must be considered while evaluating a particular scenario concerning the client, nursing protocol, and setting of care. Each blueprint and case is different, just as each clinical situation is unique. As learners simulate the actual decision-making process, they gain valuable experience making informed clinical judgments that will help them become successful nurses. Categorized by complexity, the book appeals to a broad range of learning levels and styles. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This innovative text utilizes Kohlberg's stages of moral development, demonstrating how they can be effectively applied to couple and marriage therapy. Facilitating moral stage development has been found to improve couples' ability to relate to one another, enhancing trust, transparency, communication, and intimacy. Based on empirical research and Kohlberg's classic stages of development, the book showcases the Conceptual Template, a tool for therapists to guide their clients in thinking more objectively about the reality being experienced, their own subjectivity, and how to work together as a couple to mindfully solve problems. With an extensive Instructional Manual as well as a transcript of the author teaching the Conceptual Template process to a therapist, Moral Development in Couple Therapy illustrates a highly practical approach to counseling that helps couples achieve a more rational level of moral judgment and reasoning. Filled with practical case studies and written in an accessible manner, this text is an indispensable resource for couple therapists and other mental health professionals working with couples to resolve conflict. .

"Written in an accessible, empathic style, and filled with evocative case material, this book belongs on the desks of family therapists, clinical and counseling psychologists, psychiatrists, and clinical social workers. Graduate-level students and residents in these areas will find it a timely and informative text."--BOOK JACKET.

In an embedded case study, the starting and end point is the comprehension of the case as a whole in its real-world context. However, in the course of analysis the case will be faceted either by different perspectives of inquiry or by several sub-units. The book presents different methodological approaches to organize this faceting process. It uses the power of the system approach in order to apply methods, which allow a scientific treatment of complex cases in a way that will be also acknowledged by the quantitative research community. The authors emphasize that a qualitative analysis starting from the real-world level is an indispensable part of case analysis. Thus the book bridges the gap between quantitative and qualitative approaches to complex problems when using the case study methodology.

From a leading expert in cognitive-behavioral therapy and couple and family therapy, this comprehensive guide combines research and clinical wisdom. The author shows how therapeutic techniques originally designed for individuals have been successfully adapted for couples and families struggling with a wide range of relationship problems and stressful life transitions. Vivid clinical examples illustrate the process of conducting thorough assessments, implementing carefully planned cognitive and behavioral interventions, and overcoming roadblocks. Used as a practitioner resource and text worldwide, the book highlights ways to enhance treatment by drawing on current knowledge about relationship dynamics, attachment, and neurobiology. Cultural diversity issues are woven throughout. See also Dattilio's edited volume, *Case Studies in Couple and Family Therapy*, which features case presentations from distinguished practitioners plus commentary from Dattilio on how to integrate systemic and cognitive perspectives.

*Contemporary Case Studies in School Counseling* is not a guide to school counseling but rather a conversation starter on the challenges that school counselors face on a daily basis.

A new edition of the most popular book of project management case studies, expanded to include more than 100 cases plus a "super case" on the Iridium Project. Case studies are an important part of project management education and training. This Fourth Edition of Harold Kerzner's *Project Management Case Studies* features a number of new cases covering value measurement in project management. Also included is the well-received "super case," which covers all aspects of project management and may be used as a capstone for a course. This new edition: Contains 100-plus case studies drawn from real companies to illustrate both successful and poor implementation of project management Represents a wide range of industries, including medical and pharmaceutical, aerospace, manufacturing, automotive, finance and banking, and telecommunications Covers cutting-edge areas of construction and international project management plus a "super case" on the Iridium Project, covering all aspects of project management Follows and supports preparation for the Project Management Professional (PMP®) Certification Exam *Project Management Case Studies, Fourth Edition* is a valuable resource for students, as well as practicing engineers and managers, and can be used on its own or with the new Eleventh Edition of Harold Kerzner's landmark reference, *Project Management: A Systems Approach to Planning, Scheduling, and Controlling*. (PMP and Project Management Professional are registered marks of the Project Management Institute, Inc.)

The key aims of this text are to illustrate the use of various types of mental health treatments and to provide in-depth examples of common psychological disorders supported by case studies. The 34 journal articles in this book— authored by practicing psychotherapists, psychiatrists, psychoanalysts, and counselors— describe the treatment of individual clients. In most cases, the authors discuss a client's psychological problem, the treatment used with the client, and the outcome. This book is designed for use in courses in clinical, counseling, and abnormal psychology, each article is followed by (1) a list of psychological terms for classroom discussion and (2) questions that call for students' opinions on various aspects of the case.

*R and Data Mining* introduces researchers, post-graduate students, and analysts to data mining using R, a free software environment for statistical computing and graphics. The book provides practical methods for using R in applications from academia to industry to extract knowledge from vast amounts of data. Readers will find this book a valuable guide to the use of R in tasks such as classification and prediction, clustering, outlier detection, association rules, sequence analysis, text mining, social network analysis, sentiment analysis, and more. Data mining techniques are growing in popularity in a broad range of areas, from banking to insurance, retail, telecom, medicine, research, and government. This book focuses on the modeling phase of the data mining process, also addressing data exploration and model evaluation. With three in-depth case studies, a quick reference guide, bibliography, and links to a wealth of online resources, *R and Data Mining* is a valuable, practical guide to a powerful method of analysis. Presents an introduction into using R for data mining applications, covering most popular data mining techniques Provides code examples and data so that readers can easily learn the techniques Features case studies in real-world applications to help readers apply the techniques in their work

This captivating book contains 31 case studies that focus on what is said and done in actual counseling sessions with LGBTQQI clients, including diagnosis; interventions, treatment goals, and outcomes; transference and countertransference issues; other multicultural considerations; and recommendations for further counseling or training. Experts in the field address topics across the areas of individual development, relationship concerns, contextual matters, and wellness. The cases presented include coming out; counseling intersex, bisexual, and transsexual clients; couples, marriage, and family counseling; parenting issues; aging; working with rural clients and African American, Native American, Latino/a, Asian, and multiracial individuals; sexual minority youth; HIV; sexual and drug addictions; binational couples; work and career; domestic violence; spirituality and religion; sexual issues; and women's health \*Requests for digital versions from the ACA can be found on [wiley.com](http://wiley.com). \*To request print copies, please visit the ACA website here. \*Reproduction requests for material from books published by ACA should be directed to [permissions@counseling.org](mailto:permissions@counseling.org).

*Case Studies in Knowledge Management* provides rich, case-based lessons learned from several examples of actual applications of knowledge management in a variety of organizational and global settings. A variety of KM issues are explored, including issues associated with building a KMS, organizational culture and its effect on knowledge capture, sharing, re-use, strategy, and implementation of KM initiatives and a KMS. The benefit of focusing on case and action research is that this research provides an extensive and in-depth background and analysis on the subjects, providing readers with greater insight into the issues discussed.

An innovative and accessible textbook on multimethod and case-study research Multimethod research has become indispensable to doing social science, and is essential to anyone who conducts large-scale research projects in political science, sociology, education, comparative law, or business. This authoritative and accessible book offers the first truly comprehensive approach to multimethod and case-study research, and is particularly aimed at students of qualitative methods in the social sciences. Walking step-by-step through these cutting-edge tools and techniques, Gary Goertz introduces a new integrated approach that unites three corners of a powerful research triad—causal mechanisms, cross-case causal inference, and within-case causal inference. He explains how the investigation of causal mechanisms and the making of within-case causal inference are the central goals of multimethod and case study research, and provides a logic for connecting case studies and causal mechanism analysis with cross-case analysis, whether they are statistical analyses, experiments, or QCA. In addition, Goertz analyzes how one can generalize using case studies, as well as systematically test game-theoretic and other models using multiple case studies. Provides a fully integrated approach to multimethod and case-study research An essential resource for students and researchers in political science, sociology, education, law, and business Covers constraint causal mechanism, game theory and case studies, QCA, and the use of case studies to systematically test and generalize theories An ideal textbook for a first-year graduate course in methods or research design

This unique book presents actual case transcripts based on 12 different theories of family therapy. Each author describes his or her theoretical orientation and then presents transcripts, interspersed with commentary on how the model of therapy is expressed in the sessions. This blend of theory and practice is ideal for students who understand basic principles of family therapy, yet need an illustration of how to put these concepts into practice. No other text includes the gamut of family therapy models, with specific transcripts of why, when, how, and what therapists say to their clients.

*The Tenacity of the Couple-Norm* explores the ongoing strength and insidious grip of couple-normativity across changing landscapes of law, policy and everyday life in four contrasting national contexts: the UK, Bulgaria, Norway and Portugal. By investigating how the couple-norm is lived and experienced, how it has changed over time, and how it varies between places and social groups, this book provides a

detailed analysis of changing intimate citizenship regimes in Europe, and makes a major intervention in understandings of the contemporary condition of personal life. The authors develop the feminist concept of 'intimate citizenship' and propose the new concept of 'intimate citizenship regime', offering a study of intimate citizenship regimes as normative systems that have been undergoing profound change in recent decades. Against the backdrop of processes of de-patriarchalization, liberalization, pluralization and homonormalization, the ongoing potency of the couple-norm becomes ever clearer. Examines the role of the Web project manager, and offers strategies for running productive meetings, winning the confidence of the team, dealing constructively with conflict, and managing expectations. Case Studies on Diversity and Social Justice Education offers pre- and in-service educators an opportunity to analyze and reflect upon a variety of realistic case studies related to educational equity and social justice. The accessibly written cases allow educators to practice the process of considering a range of contextual factors, checking their own biases, and making immediate- and longer-term decisions about how to create and sustain equitable learning environments for all students. This revised edition adds ten new cases to offer greater coverage of elementary education, as well as topics such as body-shaming, Black Lives Matter, and transgender oppression. Existing cases have been updated to reflect new societal contexts, and streamlined for ease-of-use. The book begins with a seven-point process for examining case studies. Largely lacking from existing case study collections, this framework guides readers through the process of identifying, examining, reflecting on, and taking concrete steps to resolve challenges related to diversity and equity in schools. The cases themselves present everyday examples of the ways in which racism, sexism, homophobia and heterosexism, class inequities, language bias, religious-based oppression, and other equity and diversity concerns affect students, teachers, families, and other members of our school communities. They involve classroom issues that are relevant to all grade levels and content areas, allowing significant flexibility in how and with whom they are used. Although organized topically, the intersections of these issues are stressed throughout the cases, reflecting the complexities of real-life scenarios. All cases conclude with a series of questions to guide discussion and a section of facilitator notes, called 'Points for Consideration.' This unique feature provides valuable insight for understanding the complexities of each case.

A unique book that consists entirely of test automation case studies from a variety of domains - from the top names in the field \* \*Proven advice to empower development organizations to save time by mirroring others' experiences and save money by avoiding others' mistakes. \*Insightful case studies from a wide variety of domains, including aerospace, pharmaceuticals, insurance, technology, and telecommunications. \*Focuses on the basic issues, rather than technology trends, to give the book a long shelf life. The practice of test automation is becoming more and more popular, but many organizations are not yet experiencing success with it. This book unveils the secrets of how automation has been made to work in reality. The knowledge gained by reading this book can save months or years of effort in automating software testing by helping organizations avoid expensive mistakes and take advantage of proven ideas. By its nature, this book shows the current state of software test automation practice. The authors aim to keep the contributions focused on those things that are more universal (e.g. people issues, return on investment, etc.) and to minimize detailed technical content where this does not impede the process of learning valuable lessons, in order to give the book as long a shelf life as possible. Software practitioners always enjoy reading about what happened to others. For example, at conferences, case study presentations are usually very well attended. The authors/editors have gathered together a collection of experiences from a cross-section of industries and countries, both success stories and failures, in both agile and traditional development. In addition to the case studies, the authors/editors comment on issues raised in these stories, and also include a chapter summarizing good practices and common pitfalls.

Now in its second edition, this text introduces readers to the rich history and practice of Marriage and Family Therapy, with 32 professionals from across the US presenting their knowledge in their areas of expertise. This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy. The book is divided into three sections: Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions, but to the very concept of "family." Part 2 presents an overview of the 7 major theoretical models of the field: structural, strategic, Milan, social constructionist, experiential, transgenerational, and cognitive-behavioral family therapy. Each chapter in this section • Focuses on the founder of the theory, its theoretical tenants, and its key techniques • Shows how the model focuses on diversity • Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists, such as sex therapy, pre-marital therapy, research, and ethics and legal issues. As an introduction to the field of Marriage and Family Therapy, this volume stands above the rest. Not only will readers gain an understanding of the rich history of the field and its techniques, but they will also see a complete picture of the context in which families are embedded, such as gender, culture, spirituality, and sexual orientation. This knowledge is the key to understanding what differentiates Marriage and Family Therapy from individual psychotherapy. Glossaries, case studies, tables, figures, and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives.

"An engrossing tale [that] provides plenty of food for thought" (People, Best New Books pick), this playful, wise, and profoundly moving second novel from the internationally bestselling author of *How Proust Can Change Your Life* tracks the beautifully complicated arc of a romantic partnership. We all know the headiness and excitement of the early days of love. But what comes after? In Edinburgh, a couple, Rabih and Kirsten, fall in love. They get married, they have children—but no long-term relationship is as simple as "happily ever after." *The Course of Love* explores what happens after the birth of love, what it takes to maintain, and what happens to our original ideals under the pressures of an average existence. We see, along with Rabih and Kirsten, the first flush of infatuation, the effortlessness of falling into romantic love, and the course of life thereafter. Interwoven with their story and its challenges is an overlay of philosophy—an annotation and a guide to what we are reading. As *The New York Times* says, "The Course of Love is a return to the form that made Mr. de Botton's name in the mid-1990s....love is the subject best suited to his obsessive aphorizing, and in this novel he again shows off his ability to pin our hopes, methods, and insecurities to the page." This is a Romantic novel in the true sense, one interested in exploring how love can survive and thrive in the long term. The result is a sensory experience—fictional, philosophical, psychological—that urges us to identify deeply with these characters and to reflect on his and her own experiences in love. Fresh, visceral, and utterly compelling, *The Course of Love* is a provocative and life-affirming novel for everyone who believes in love. "There's no writer alive like de Botton, and his latest ambitious undertaking is as enlightening and humanizing as his previous works" (*Chicago Tribune*).

Cases that will challenge reproductive medicine practitioners at all stages in their careers, reinforcing diagnostic skill and guiding treatment.

Weaving together classic cases outlined in *Hope-Focused Marriage Counseling* and over seventy-five brand new practical interventions, Jennifer Ripley and Everett Worthington Jr. expand and deepen their theoretical approach while providing new practical interventions for couple counseling and enrichment.

This up-to-date, highly readable, theory-based, and application-oriented book fills a crucial void in literature on couple therapy. Few books in the couple therapy market bridge the gap between theory and practice; texts tend to lean in one direction or the other, either emphasizing theory and research with little practical application, or taking a cookbook approach that describes specific techniques and interventions that are divorced from any conceptual or theoretical base. However, couples therapy requires a high degree of abstract/conceptual thinking, as well as ingenuity, inventiveness and skill on the

part of the therapist. Case Studies in Couples Therapy blends the best of all worlds: clinical applications with challenging and diverse couples that have been derived from the most influential theories and models in couples and family therapy, all written by highly experienced and respected voices in the field. In Case Studies in Couples Therapy, readers will grasp the essentials of major theories and approaches in a few pages and then see how concepts and principles are applied in the work of well-known clinicians. The case studies incorporate a wide variety of couples from diverse backgrounds in a number of different life situations. It is simultaneously narrow (including specific processes and interventions applied with real clients) and broad (clearly outlining a broad array of theories and concepts) in scope, and the interventions in it are directly linked to theoretical perspectives in a clear and systematic way. Students and clinicians alike will find the theoretical overview sections of each chapter clear and easy to follow, and each chapter's thorough descriptions of effective, practical interventions will give readers a strong sense of the connections between theory and practice.

This book uniquely combines CBT with the Department of Health stepped care model to provide the first comprehensive case study-approach textbook. A step-by-step guide to using CBT, the book is structured around case studies of clients who present with the most commonly encountered conditions; from mild to more complex, enduring symptoms and diagnosis. This distinctive practical format is ideal in showing how to put the principles of CBT and stepped care into effect. As well as echoing postgraduate level training, it provides an insight into the experiences the trainee will encounter in real-world practice. Each chapter addresses a specific client condition and covers initial referral, presentation and assessment, case formulation, treatment interventions, evaluation of CBT strategies and discharge planning. Specific presenting problems covered include: - First onset and chronic Depression - Social Phobia - Obsessive-Compulsive Disorder - Generalised Anxiety Disorder (GAD) - Chronic Bulimia Nervosa and Anorexia nervosa - Alcohol Addiction - Personality Disorder The book also includes practical learning exercises for the reader and clinical hints, as well as extensive reference to further CBT research, resources and reading. This timely text will be invaluable for trainees on Improving Access to Psychological Therapies (IAPT) programmes, and anyone studying on postgraduate CBT courses. "Examines how to apply clinical theories to social work practice. Contains a wide range of cases described in rich detail by practitioners, scholars, and researchers. Chapters represent contexts and approaches across the social work spectrum, so students will get to glimpse into the clinical experience of a full range of professionals. Covers the most important areas in social work practice, including: child welfare and adoption, individual and group treatment, school and community settings, family treatment and parent training"--

Using compelling contemporary and classic cases, CASE STUDIES IN PSYCHOTHERAPY brings to life essential concepts and practices in psychotherapy. The Seventh Edition of this popular casebook features intriguing new cases added to illustrate Psychoanalysis, Client-Centered Therapy, Existential Therapy, Interpersonal Therapy, Contemplative Therapies, and Therapy in a Multicultural context. There's also an entirely new chapter on Positive Psychotherapy. The book maintains its parallel structure with the Tenth Edition of Wedding and Corsini's CURRENT PSYCHOTHERAPIES, providing you with the most comprehensive look at psychotherapy available today. All of these insightful cases are chosen for intrinsic interest, clarity of presentation, and the ability to most effectively demonstrate the basic techniques and methods of the theory being illustrated. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Introduction to Couple Therapy and Counseling: A Case Study Approach examines this complex topic from the perspective of a counselor working with a particular couple, with this work serving as a case study throughout the book. A variety of content is presented as it relates to the case study-narrative. The families of each partner in the case study's bi-racial family provide examples of various ways of coupling and illustrate real issues couples face. Students learn basic concepts and techniques involved in working with couples, and the legal and ethical codes that apply to couples counselors. They become familiar with the historical, sociological, and anthropological correlates to how couples are viewed, and explore their own values and attitudes towards coupling. The book focuses on multicultural competence, sociocultural changes, and the evolution of counseling concepts. It also addresses how to connect clients with other services that are available to them. It includes questions for discussion and reflection. Self-awareness journaling, role-playing and family sculpting enhance the learning experience. Introduction to Couple Therapy and Counseling is well-suited to undergraduate and graduate level courses in counseling programs.

Neurologists learn from their patients, and this selection of 60 stroke cases will inform and challenge clinicians at all stages in their careers. Including both common and unusual cases, the aim is to reinforce diagnostic skills through careful analysis of individual presenting patterns, and to guide treatment decisions. Each case consists of a clinical history, examination findings and special investigations, usually involving imaging before a diagnosis is given. There then follows for each case a discussion of the clinical issues raised by the case, in which the main teaching points are emphasized. Selected references, frequently including the first description, are provided at the conclusion of each case. Drawing on the expertise of leading teachers and practitioners, and liberally illustrated, these case studies and the discussions that accompany them are an essential guide to learning the complexity of stroke diagnosis.

Case Studies in Couple and Family Therapy is one of the first casebooks to have been written from the perspective of the early career therapist and demonstrates how key issues in therapy occur for both clients and supervisees. The book brings together chapters from trainee therapists alongside expert commentary from the editors who have extensive experience in supervising new therapists. Covering a range of self-of-the-therapist issues, these case studies navigate the complexities of presenting problems, multiple systems involvement, the complication of past traumas, and working in a medical environment, all of which beginning therapists are often unprepared to face. The editors provide introductions to each case study, as well as clinical suggestions and topics for discussion in supervision. Foregrounding the issues and challenges of the therapist-in-training, Case Studies in Couple and Family Therapy is a valuable resource to developing couple and family therapists, as well as supervisors and educators in the field.

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