

Clinical Documentation Sourcebook

All the forms, psychoeducational materials, and management tools needed to build and run a substance abuse treatment program Are you weary of trying to tame the paperwork monster engendered by today's managed care environment? This valuable sourcebook lightens that burden by arming you with more than 80 ready-to-use forms covering every aspect of substance abuse treatment programs. James R. Finley and Brenda S. Lenz share what they've learned about building and managing successful chemical dependence treatment programs, and they supply you with: Ready-to-use blank forms that make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies A computer disk containing all the forms in a format that lets you customize them using any DOS or Windows-based word processing program A collection of lesson plans and other valuable psychoeducational materials Proven tools for managing a chemical dependence treatment program Expert advice and guidance on establishing and running a treatment program With The Chemical Dependence Treatment Documentation Sourcebook you'll spend less time on paperwork and more time with clients.

This book provides step-by-step guidelines, tips, and instruction on how to create and write psychotherapy treatment notes. Information and guidance are provided on how to write a treatment intake report, treatment progress notes, and termination summary. A number of sample notes, reports and templates are provided. The book also includes hundreds of representative statements for therapists to use in the design of their own psychotherapy progress notes. A valuable resource for experienced mental health professionals and trainees alike, from the creator of Note Designer therapy note-writing software. "A time-saving reference to capture the essence and the methods of professional note writing for psychotherapists. Easy to apply and great to keep close-by when writing reports and progress notes." --Alexandre Smith-Peter, Psy.D. candidate

All the forms, handouts, and records you need to meet the paperwork requirements of the managed care era In an era of third-party accountability, your professional survival could hinge on your ability to comply with the documentation requirements of insurers and regulatory agencies. Written by an experienced clinician who has trained thousands of mental health professionals in effective clinical documentation, this sourcebook helps you minimize the potential for billing disputes—or worse—by arming you with the full retinue of required forms, checklists, and records. An indispensable resource for mental health professionals working in inpatient, partial hospitalization, day treatment, and/or residential treatment programs, The Continuum of Care Clinical Documentation Sourcebook is the only book that brings together sample documents covering all stages of treatment—from intake and admission to outcome assessment. Ready-to-use blank forms, handouts, and records make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies Completed copies of forms illustrate the exact type of information required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point Forms may be copied from the book or customized on the included disk

Hundreds of thousands of students and early-career professionals have relied on this authoritative report-writing tool, now updated for DSM-5/ICD-10-CM and newer types of evaluations. In a convenient large-size format with lay-flat binding, the book covers nearly all areas of concern addressed in intakes, evaluations, treatment plans, progress notes, and closing summaries. The user seeking the right wording for a clinical document can skim and select from thousands of technical terms, behavioral descriptors, and standard statements. Also provided are interview questions for almost every symptomatic behavior, a huge collection of mental status questions, a reproducible Mental Status Evaluation summary form, and links to hundreds of Internet resources. The periodically updated companion website offers all the URLs from the book, the reproducible forms, and a handy reference on current psychiatric medications. New to This Edition *A list of all psychiatric ICD-10 diagnoses (all of the codes in DSM-5, plus many more), including Z codes essential to a comprehensive biopsychosocial evaluation. *Sample evaluation report keyed to the book's chapters. *Sections on additional clinical issues: intimate partner violence, gender identity, human trafficking, recovery-oriented language, and more. *Many more Internet links, including a wide variety of screening and assessment tools. See also The Paper Office for the Digital Age, Fifth Edition, by Edward L. Zuckerman and Keely Kolmes, which provides the essential record-keeping and risk-reduction tools that every psychotherapy practice needs.

All of the requisite forms addiction treatment professionals need—a crucial time-saver in today's healthcare system Treating addiction in today's healthcare environment means that mental health professionals must manage an imposing amount of paperwork. Government and private grant funding, insurance and benefits programs, regulatory compliance, and the need for data on treatment effectiveness (evidence-based treatment) all require proper documentation. If these forms are missing, the results can range from bureaucratic headaches to problems serious enough to close a practice. Now fully updated and revised, The Addiction Counselor's Documentation Sourcebook: The Complete Paperwork Resource for Treating Clients with Addictions, Second Edition provides the most useful and current forms for accurate and comprehensive documentation and record keeping. These ready-to-use forms will save you and your practice hours that would otherwise be spent creating and collating them, freeing you to devote more energy to the important matters of treatment. A companion CD-ROM includes all documents in Word? format so you can customize them according to the unique needs of your practice. Covering every aspect of mental health practice for addiction treatment, this fully revised Second Edition also includes: Critical forms updated to help providers achieve HIPAA, JCAHO, and CARF compliance Unique handouts, exercises, and facilitator guides for use in individual and group therapy A comprehensive CD-ROM featuring all forms in Word format, as well as PowerPoint slideshows for every psychoeducational presentation in the book The Addiction Counselor's Documentation Sourcebook, Second Edition is an essential time-saving resource that allows any professional practicing or working in the field of addiction treatment the freedom to give more of their time and energy to the people they serve.

"History of Psychotherapy: A Century of Change" is presented as part of the celebration of the 100th anniversary of the American Psychological Association as a publication of its Division of Psychotherapy. It offers a retrospective investigation of the roots and the development of psychotherapy from four basic perspectives: theory, research, practice, and training. . . . More than 60 authors focus on the significant events and the crucial links in the development of psychotherapy that have contributed to the current state of knowledge. Together, the chapters describe the sociocultural, political, and economic influences that have shaped the field in the past 100 years. Although the focus is historical, the reader will find significant examination of the current status of the field as well as speculation regarding future directions. (PsycINFO Database Record (c) 2004 APA, all rights reserved).

All the forms, handouts, and records mental health professionals need to meet documentation requirements—fully revised and updated The paperwork required when providing mental health services continues to mount. Keeping records for managed care reimbursement, accreditation agencies, protection in the event of lawsuits, and to help streamline patient care in solo and group practices, inpatient facilities, and hospitals has become increasingly important. Now fully updated and revised, the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms, checklists, and clinical records essential for effectively and efficiently managing and protecting your practice. The Fourth Edition offers: Seventy-two ready-to-copy forms appropriate for use with a broad range of clients including children, couples, and families Updated coverage for HIPAA compliance, reflecting the latest The Joint Commission (TJC) and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence-based treatment A CD-ROM with all the ready-to-copy forms in Microsoft® Word format, allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment, The Clinical Documentation Sourcebook, Fourth Edition offers sample forms for every stage of the treatment process. Greatly expanded from the Third Edition, the book now includes twenty-six fully completed forms illustrating the proper way to fill them out. Note: CD-

ROM/DVD and other supplementary materials are not included as part of eBook file.

Full exploitation of the DSM-5 allows for more comprehensive care By demystifying the DSM-5, author Sophia Dziegielewska goes beyond the traditional diagnostic assessment and suggests both treatment plans and practice strategy. She covers the changes in criteria to the DSM-5 and what those changes mean for mental health professionals. This resource has been updated to include: New and updated treatment plans All treatment plans, interventions strategies, applications, and practice implications are evidence based Instructions on doing diagnostic assessments and differential diagnosis using the DSM-5 Changes to coding and billing using the DSM-5 and ICD-10 The book includes robust tools for students, instructors, and new graduates seeking licensure. DSM-5 in Action makes the DSM-5 accessible to all practitioners, allowing for more accurate, comprehensive care.

Praise for Marketing for the Mental Health Professional: An Innovative Guide for Practitioners "This book is packed with useful strategies that have worked for years and years in the business world. People who follow the advice here are going to go places." —Dr. Thomas Phelan, Psychologist and bestselling author of 1-2-3 Magic "David's book is brilliant! He guides us through our own resistance and the unquestioned beliefs we have held around marketing, money, and our profession. Not only have I received a long-overdue education, David has inspired in me the creativity, courage, and confidence to create my own vision." —Melinda Edwards, MD, Psychiatrist A hands-on guide to building a successful mental health practice There is real opportunity for growth, advancement, and overall success within the mental health profession. Marketing for the Mental Health Professional helps you acquire and apply the powerful, proven sales and marketing techniques and strategies needed to create and cultivate a thriving mental health practice. Filled with real-life stories and helpful tips, this book provides you with the tools to build your practice, including guidance on: Using customer-based selling to create a thriving practice Developing effective strategies for engaging clients, building credibility, and earning loyalty Identifying true prospects that will lead to long-term success Using power, influence, and persuasion to help grow your practice Creating an impression and being remembered Using Internet technology to start a conversation and build relevance A practical guide for professionals looking to achieve long-term success in the field, Marketing for the Mental Health Professional proposes a different way of thinking about the profession. It leverages and incorporates key business, sales, and marketing principles that "best in class" organizations and sales/marketing professionals use to generate an increase in market share, financial wealth, and overall achievement.

This book provides students and novice clinicians with nuts-and-bolts advice about the process of doing therapy, starting with the first contact with a new patient. Filling a typical gap in clinical training, the book focuses on such real-world tasks as setting up appointments and discussing payment, conducting effective assessments while setting patients at ease, and dealing with mundane and serious clinical concerns, including suicidality. Featured are a wealth of sample therapist-patient dialogues that bring each situation to life. Suzanne Bender and Edward Messner--a junior clinician and a seasoned practitioner and supervisor--provide a unique, combined perspective on how therapy is conducted, what works and what doesn't work in treatment, and how to take care of oneself as a clinician. Each chapter opens with a concise summary and concludes with a list of key terms. The book also includes a helpful glossary and suggestions for further reading.

At least one of every four people in America has had some experience with addiction--either personally or through a family member. Addiction and its consequences cost billions of dollars each year in direct medical costs, lost productivity, accidents, crime, and corruption. Yet as a disease, addiction is still largely misunderstood. Starting with the question "what is addiction?" Elizabeth Connell Henderson takes the reader through the many facets of this disorder. She examines the effects of addictive substances on the brain and reviews each of the major classes of substances. In the development of addiction, she looks at the genetic, social, and psychological factors. Henderson shows the effects of addiction on the family and guides the reader on a journey through the course of the illness and the process of recovery. Additional chapters deal with the problems associated with dual diagnosis--when addiction is accompanied by other psychiatric illnesses. Also chapters cover behavioral addictions such as compulsive overeating, pathological gambling, and sexual addiction. Covered are: Who becomes addicted and why? What are the properties of the major addictive drugs? What is the course of addiction? How does addiction affect the family? What constitutes recovery? What are the current trends in research? What organizations are available for help and how are they contacted? For the addict in recovery and for the family of the afflicted, Understanding Addiction provides crucial information to demystify this disease and provide clear guidance toward recovery. For human resource workers, attorneys, social workers, nurses, corrections officers, school counselors, and teachers, the book provides a framework of practical information for aiding individual sufferers and coping with their unique struggles.

All the forms, handouts, and records a mental health professional needs to meet the documentation requirements of the managed care era The paperwork required when providing mental health services in the current era of third-party accountability continues to mount. This updated and revised Second Edition keeps today's mental health professionals on top of all the latest developments by providing a full arsenal of forms, checklists, and clinical records essential to effectively manage a practice. From intake to diagnosis and treatment through discharge and outcomes assessment, The Clinical Documentation Sourcebook offers sample forms for every stage of the treatment process. Expanded by 30% from the first edition, the book now includes 30 fully completed forms as well as 36 ready-to-copy blank forms that are also provided on disk so they may be easily customized. With The Clinical Documentation Sourcebook you'll spend less time on paperwork and more time with clients. Ready-to-use blank forms, handouts, and records make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies Completed copies of forms illustrate the exact type of information required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point Forms may be copied from the book or customized on the included disk

Key features of the third edition: -An overview of the changing face of counseling, from emerging employment opportunities to core competencies for counselors and trainers. -A broad range of qualitative and quantitative

assessment tools, with guidelines for their selection and interpretation. -A thorough review of the current edition of the Diagnostic and Statistic Manual of Mental Disorders, including strategies for multi-axial assessment. -The DO A CLIENT MAP, a comprehensive structured approach to treatment planning. -Expanded coverage of individual, family, and group interventions -An updated chapter on documentation, report writing, and record keeping, with sample reports and forms. -Brand-new chapters on career and organizational development counseling, and ethical standards for counselors. -A predictions chapter identifying trends most likely to influence the future of the field. -Case studies, models, and examples throughout.

All of the forms, inventories, checklists, client handouts, and clinical records essential to building and running a successful practice. Has the paperwork monster created by today's managed care environment crippled your couple and family practice? This handy sourcebook—the first in this discipline—is the timesaving resource you've been looking for. It provides couple and family therapists with a full arsenal of tools for assessing and treating clients' problems, and managing today's complicated practices. Providing ready-to-copy blank forms, examples of fully completed forms, and a floppy disk containing all of the blank forms in ready-to-use word-processing files, this invaluable resource will assist you in effectively and efficiently providing services. With The Couple and Family Clinical Documentation Sourcebook you'll spend less time on paperwork and more time with clients. All of the forms, inventories, checklists, client handouts, clinical records, and guidelines essential to building and running a successful practice Ready-to-use blank forms and handouts make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies Completed copies of forms illustrate the exact type of information required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point Forms may be copied from the book or customized on the included disk. This volume covers assessment for instruments for use with adults.

Accompanying CD-ROM includes: reproducible evaluation forms and samples; case samples; educational materials for patient, family, staff, and physicians; efficacy references for treatment techniques; FEES Report and Sample; information to obtain from chart review; sample letters to physicians; modified barium swallow report and samples; outpatient instrumental exam referral form; suctioning competency validation tool; swallowing questionnaire to provide additional history; resources and references--p. 6.

A single trial is complex, with numerous regulations, administrative processes, medical procedures, deadlines and specific protocol instructions to follow. And yet, there has existed no single-volume, comprehensive clinical research reference manual for investigators, medical institutions, and national and international research personnel to keep on the shelf as a ready reference to navigate through trial complexities and ensure compliance with U.S. Federal Regulations and ICH GCP until The Sourcebook for Clinical Research. An actionable, step-by-step guide through beginning to advanced topics in clinical research with forms, templates and checklists to download from a companion website (<https://www.elsevier.com/books-and-journals/book-companion/9780128162422>), so that study teams will be compliant and will find all the necessary tools within this book. Moreover, The Sourcebook for Clinical Research contains clear information and guidance on the newest changes in the industry to keep seasoned investigators and staff current and compliant, in addition to providing detailed information regarding the most complex topics. This book serves as a quick, actionable, off-the-shelf resource to keep by your side at the medical clinic. Makes vital trial conduct information easy to understand and instructs on how to practically apply current Federal regulations and Good Clinical Practice (ICH GCP) Offers extensive guidance that is crucial for guaranteeing compliance to clinical research regulations during each step of the clinical research process Provides up-to-date and extensive coverage of beginning to advanced topics, and, step-by-step actions to take during exceptional circumstances, including compassionate use, emergency use, human subjects protections for vulnerable populations, and federal audits Furnishes a detailed clinical research Glossary, and a comprehensive Appendix containing ready-to-use forms, templates, and checklists for clinical trial personnel to download and begin using immediately. Written for the fast-paced clinic environment with action steps and forms in the book to respond to a research subject's needs urgently and compliantly

All the forms, handouts, and records mental health professionals need to meet documentation requirements The paperwork required when providing mental health services continues to mount. Keeping records for managed care reimbursement, accreditation agencies, protection in the event of lawsuits, and to help streamline patient care in solo and group practices, inpatient facilities, and hospitals has become increasingly important. This updated and revised Third Edition provides you with a full range of forms, checklists, and clinical records essential for effectively and efficiently managing your practice. From intake to diagnosis and treatment through discharge and outcome assessment, The Clinical Documentation Sourcebook, Third Edition offers sample forms for every stage of the treatment process. Greatly expanded from the second edition, the book now includes twenty-six fully completed forms illustrating the proper way to fill them out, as well as fifty-two ready-to-copy blank forms. The included CD-ROM also provides these forms in Word format so you can easily customize them to suit your practice. With The Clinical Documentation Sourcebook, Third Edition, you'll spend less time on paperwork and more time with clients. Includes documentation for child, family, and couples counseling Updated for HIPAA compliance, as well as to reflect the latest JCAHO and CARF regulations New focus on clinical outcomes supports the latest innovations in evidence-based practice

The Clinical Documentation Sourcebook The Complete Paperwork Resource for Your Mental Health Practice John Wiley & Sons

Based on a new treatment model for post-traumatic stress disorder, or PTSD, this manual offers an effective and comprehensive therapy targeting symptoms of PTSD in battered women. Pioneered by Dr. Kubany, this innovative intervention is called cognitive trauma therapy, or CTT. CTT includes modules on trauma history exploration, negative self-talk monitoring, stress management, PTSD education, exposure to trauma reminders, overcoming learned

helplessness, challenging supposed to beliefs, building assertiveness, managing mistrust, identifying potential abusers, managing contacts with former partners, managing anger, decision-making, self-advocacy, and a very important module on overcoming trauma-related guilt. CTT is a highly structured intervention, deliverable to clients unlike any other therapy. Most procedures are described in such great detail, they can be literally read or paraphrased by therapists--thereby facilitating ease of learning and delivery and making this manual a valuable resource for community health providers and other individuals who counsel battered women, but who may not have advanced higher education. Provides documentation procedures designed to meet or exceed standards by accrediting agencies, 3rd party payors, and HIPAA compliance Covers training and examples of empirical evidence of client progress from the intake to termination Revised to cover DSM-5 revisions Includes training in documenting treatment outcomes Everything you need to know to record client intake, treatment, and progress—incorporating the latest managed care, accrediting agency, and government regulations Paperwork and record keeping are day-to-day realities in your mental health practice. Records must be kept for managed care reimbursement; for accreditation agencies; for protection in the event of lawsuits; to meet federal HIPAA regulations; and to help streamline patient care in larger group practices, inpatient facilities, and hospitals. The standard professionals and students have turned to for quick and easy, yet comprehensive, guidance to writing a wide range of mental health documents, the Fourth Edition of The Psychotherapy Documentation Primer continues to reflect HIPAA and accreditation agency requirements as well as offer an abundance of examples. Fully updated to include diagnostic criteria of the DSM-5, The Psychotherapy Documentation Primer, 4th Edition is designed to teach documental skills for the course of psychotherapy from the initial interview to the discharge. The documentation principles discussed in the text satisfy the often-rigid requirements of third-party insurance companies, regulating agencies, mental health licensing boards, and federal HIPAA regulations. More importantly, it provides students and professionals with the empirical and succinct documentation techniques and skills that will allow them to provide clear evidence of the effects of mental health treatment while also reducing the amount of their time spent on paperwork.

All the forms, checklists, handouts, and clinical records needed to run a successful child mental health practice The paperwork required when providing mental health services in the current era of third-party accountability continues to mount. This easy-to-use resource offers child psychologists and therapists a full array of forms, inventories, checklists, client handouts, and clinical records essential to a successful practice in either an organizational or clinical setting. From intake to diagnosis and treatment through discharge and outcomes assessment, The Clinical Child Documentation Sourcebook offers sample forms for every stage of the treatment process. Like its bestselling predecessor, The Clinical Documentation Sourcebook, The Clinical Child Documentation Sourcebook includes ready-to-copy blank forms, as well as examples of fully completed forms, and a 3.5" disk that contains word-processing versions of every form in the book. With The Clinical Child Documentation Sourcebook you'll spend less time on paperwork and more time with clients. Ready-to-use blank forms, handouts, and records make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies Completed copies of forms illustrate the exact type of information required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point Forms may be copied from the book or customized on the disk included using any DOS or Windows-based word-processing program Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 100 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format—the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and sleep disturbance as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced toThe Addiction Treatment Planner, Fifth Edition so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs

The step-by-step guide to building and managing a profitable and successful practice or clinic Beyond your training as a therapist, the skills required to create and build a practice and to supervise others are typically not taught as part of your clinical training. There are myriad decisions you must make, including financial, organizational, and marketing decisions, that will determine the success and profitability of your practice, group practice, or clinic. The Well-Managed Mental Health Practice draws from author Donald Wiger's vast experience as owner and manager of both small and large mental health practices and clinics. This helpful resource provides sound business practices, immediately useful insights into the accrediting process, and other critical information you will need to avoid legal trouble, ensure payment from individuals and third party payors, and create a thriving practice. Designed for practices or clinics of any size and at any stage of development--from start-up through mature business--this easy-to-follow book looks at all the issues involved with starting and running a mental health practice and offers: * Practical advice on how to increase business, develop your professional reputation, and set priorities, as well as helpful insights on customer service, employee relations, time management, and coping with stress * Indispensable tools for developing business and management skills to ensure smooth operation and maximum profitability * Useful tips for handling problems encountered by clinic directors and clinic decision-makers * Numerous sample forms and procedural documents A vital reference for a wide range of mental health professionals, The Well-Managed Mental Health Practice is an important guide that will equip you with the skills necessary to develop a financially successful practice that survives and thrives.

In keeping with the aging demographic trends, many health professionals are seeing a greater volume of older clients (55

and over).

The second edition of Evidence-Based Practice in Clinical Social Work continues to bridge the gap between social work research and clinical practice, presenting EBP as both an effective approach to social work and a broader social movement. Building on the models and insights outlined in the first edition, this new edition provides updated research and additional case studies addressing relevant issues such as trauma treatment and opioid dependence. Drawing on their multidisciplinary experience as practitioners, researchers, and educators, the authors guide readers through the steps of the EBP decision-making process in assessment, treatment planning, and evaluation. The book places special emphasis on balancing clinical expertise, research results, and client needs, and analyzes both the strengths and limitations of the EBP model in order to give readers a more complete idea of how the method will shape their own practice. In addition, this practice-building reference: Introduces core principles of EBP and details its processes in social work Features guidelines for engaging clients in EBP and transmitting research findings Offers a range of case examples demonstrating EBP with diverse clients Addresses education and supervision issues and related controversies Includes an expanded glossary and valuable resources for use in evidence-based practice Evidence-Based Practice in Clinical Social Work is a practical resource for clinical social work professionals and educators that broadens the field and expands the healing possibilities for the profession.

Clinical Interviewing, Fifth Edition blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of mental health interviewing. It guides clinicians through elementary listening and counseling skills onward to more advanced, complex clinical assessment processes, such as intake interviewing, mental status examination, and suicide assessment. Fully revised, the fifth edition shines a brighter spotlight on the development of a multicultural orientation, the three principles of multicultural competency, collaborative goal-setting, the nature and process of working in crisis situations, and other key topics that will prepare you to enter your field with confidence, competence, and sensitivity.

This book provides therapists guidance on choosing the best outcomes-tracking methods and instruments. It explains how to integrate them into everyday clinical procedures and use the data they supply to improve the quality of care and comply with insurance and regulatory agency requirements. Both intraclient and normative approaches are described. Case studies illustrate how to perform and document outcomes assessment. Wiger is a practicing psychologist. Solberg teaches at the Minnesota School of Professional Psychology. Annotation copyrighted by Book News Inc., Portland, OR. Now, this updated and expanded two-volume edition of Fischer and Corcoran's standard reference enables professionals to gather this vital information easily and effectively. In Measures for Clinical Practice, Volume 1: Couples, Families and Children and Volume 2: Adults, Joel Fischer and Kevin Corcoran provide an extensive collection of over 320 "rapid assessment instruments" (RAIs), including questionnaires and scales, which assess virtually any problem commonly encountered in clinical practice. All instruments are actually reprinted in the book, and are critiqued by the authors to aid in their selection. The instruments included are brief and easy to administer and will be useful for all types of practice and all theoretical orientations.

From managing social media stress to dealing with pandemics and other events beyond your control, this fully revised and updated edition of The Anxiety Workbook for Teens has the tools you need to put anxiety in its place. In our increasingly uncertain world, there are plenty of reasons for anyone to feel anxious. And as a teen, you're also dealing with academic stress, social and societal pressures, and massive changes taking place in your body, brain, and emotions. The good news is that there are a lot of effective techniques you can use—both on your own and with the help of a therapist or counselor—to reduce your feelings of anxiety and keep them from taking over your life. Now fully revised and updated, this second edition of The Anxiety Workbook for Teens provides the most up-to-date strategies for managing fear, anxiety, and worry, so you can reach your goals and be your best. You'll find new skills to help you handle school pressures and social media overload, develop a positive self-image, recognize your anxious thoughts, and stay calm in times of extreme uncertainty. The workbook also includes resources for seeking additional help and support if you need it. While working through the activities in this book, you'll find tons of ways to help you both prevent and handle your anxiety. Some of the activities may seem unusual at first. You may be asked to try doing things that are very new to you. Just remember—these are tools, intended for you to carry with you and use over and over throughout your life. The more you practice using them, the better you will become at managing anxiety. If you're ready to change your life for the better and get your anxiety under control, this workbook can help you start today. In these increasingly challenging times, teens need mental health resources more than ever. With more than 1.6 million copies sold worldwide, Instant Help Books for teens are easy to use, proven-effective, and recommended by therapists.

All of the requisite forms forensic psychologists need in one compact volume—a crucial time-saver for mental health professionals in today's complex legal system From child custody battles to competency hearings, the role of the psychologist in law is growing rapidly. Whether working in the legal context as an expert witness, evaluator, or consultant, it is necessary for the mental health professional to maintain a very high standard of documentation. This requires a detailed knowledge of a large amount of forms, as well as their correct preparation. Now fully updated and revised, The Forensic Documentation Sourcebook, Second Edition provides the most useful and current forms for accurate and comprehensive documentation and recordkeeping. These ready-to-use forms will save you and your practice hours that would otherwise be spent creating and collating them, freeing you to devote more energy to the important matters of the case you are working on. A companion CD includes all documents in Word format so you can customize them according to the unique needs of your practice. Covering every aspect of forensic mental health practice, this fully revised Second Edition also includes: Two new chapters containing more than twenty forms for family law consultation and neuropsychological assessment Completed copies of key forms illustrating the type of information

required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point in the examination

Dr. Rhonda Sutton's second edition of the straightforward guide to progress notes includes additional examples, information, documentation, and clinical language that expands on the utility and readability of the first book. Additional case studies provide examples of how to use the STEPs to format notes. New chapters include information on clinical language and documentation. This book covers everything about progress notes, from how to write them, to how to store them, and even what to do when someone requests to them. In addition, clinical terms and abbreviations are included as well as suggestions for other clinical documentation such as termination letters, privacy statements, and professional disclosure statements. Suited for all types of mental health clinicians, this book will help therapists improve upon their progress notes and other forms of clinical documentation.

In an era of managed care, this indispensable guide presents the tools therapists need to incorporate outcomes measurement effectively and meaningfully into everyday clinical work. Outlining a highly flexible system, the book and CD-ROM feature more than 25 ready-to-use, reproducible checklists and forms, 244 pp.

Important primary texts on homosexuality in ancient Greece and Rome are translated into modern, explicit English and collected together in this comprehensive sourcebook. Covering an extensive period, the volume includes writings by Plato, Sappho, Aeschines, Catullus and Juvenal.

Everything a therapist needs to know to record client intake, treatment, and progress—fully incorporating the latest managed care, accrediting agency, and government regulations Paperwork and record keeping are day-to-day realities in your mental health practice. Records must be kept for managed care reimbursement; for accreditation agencies; for protection in the event of lawsuits; to meet federal HIPAA regulations; and to help streamline patient care in larger practice groups, inpatient facilities, and hospitals. The first edition of *The Psychotherapy Documentation Primer* became a standard for professionals and students who needed a quick and easy, yet comprehensive, guide to writing a wide range of mental health documents. This updated and revised Second Edition provides the latest information on record keeping for intake, assessment, treatment planning, progress notes, and other essential areas. Greatly expanded, this user-friendly guide encompasses the many changes that have occurred in mental health practice, including: Changes to DSM codes and definitions New managed care guidelines Accrediting requirements from JCAHO and CARF New federal HIPAA regulations In addition, the revised text features more instructional tools for classroom use. These include: More examples and improved graphics Study questions and answers at the end of each chapter An expanded reference section Fully updated to reflect the latest practice and reporting requirements, *The Psychotherapy Documentation Primer, Second Edition* is the benchmark record-keeping reference for working mental health professionals.

The Second Edition of *Assessing and Managing Risk in Psychological Practice: An Individualized Approach* adds significant new content to its coverage of the basic principles of risk management and its descriptions of how risk management strategies can be applied to specific areas of professional practice. This includes work with children and families, forensic psychology, assessment, psychotherapy, and other emerging areas of practice. Special attention is given to applying risk management principles in accordance with overarching ethical principles with the goal of improving the quality of services provided. The Second Edition will help readers:

- Identify the contexts or circumstances that increase the risk of a disciplinary complaint;
- Integrate the risk management strategies (documentation, informed consent, and consultation) based on overarching ethical principles into their practices;
- Adapt patient-focused risk management strategies according to Bloom's Taxonomy of Learning;
- Describe unique ethical and legal risks and practice concerns when considering issues of competence, multiple relationships, and confidentiality;
- Describe unique ethical and legal risks and practice concerns when treating couples, children or families, patients who threaten to harm themselves or others, or other difficult patients;
- Describe unique ethical and legal risks and practice concerns when engaging in assessment, court appearances, or acting as a consultant or supervisor; and
- Describe unique ethical and legal risks and practice concerns when billing for services, considering retirement, or purchasing professional liability insurance.

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