

Coffee Will Make You Black April Sinclair

After hard luck and heartbreak, Sunny finally finds a place to call home—in the middle of an Afghanistan war zone. There, the thirty-eight-year-old serves up her American hospitality to the expats who patronize her coffee shop, including a British journalist, a “danger pay” consultant, and a wealthy and well-connected woman. True to her name, Sunny also bonds with people whose language and landscape are unfamiliar to most Westerners, but whose hearts and souls are very much like our own: the maternal Halajan, who vividly recalls the days before the Taliban and now must hide a modern romance from her ultratraditional son; and Yazmina, a young Afghan villager with a secret that could put everyone's life in jeopardy. In this gorgeous first novel, New York Times bestselling author Deborah Rodriguez paints a stirring portrait of a faraway place where—even in the fog of political and social conflict—friendship, passion, and hope still exist. Originally published as *A Cup of Friendship* Look for special features inside. Join the Circle for author chats and more. RandomHouseReadersCircle.com

The acclaimed debut short story collection that introduced the world to an arresting and unforgettable new voice in fiction, from multi-award winning author ZZ Packer Her impressive range and talent are abundantly evident: Packer dazzles with her command of language, surprising and delighting us with unexpected turns and indelible images, as she takes us into the lives of characters on the periphery, unsure of where they belong. We meet a Brownie troop of black girls who are confronted with a troop of white girls; a young man who goes with his father to the Million Man March and must decide where his allegiance lies; an international group of drifters in Japan, who are starving, unable to find work; a girl in a Baltimore ghetto who has dreams of the larger world she has seen only on the screens in the television store nearby, where the Lithuanian shopkeeper holds out hope for attaining his own American Dream. With penetrating insight, ZZ Packer helps us see the world with a clearer vision. Fresh, versatile, and captivating, *Drinking Coffee Elsewhere* is a striking and unforgettable collection, sure to stand out among the contemporary canon of fiction.

A successful female DJ refuses to let a few romantic catastrophes keep her down in award-winning author April Sinclair's dazzlingly soulful novel that was hailed as “a *Bridget Jones's Diary* for black women” by the New York Times Book Review Daphne “Dee Dee” Dupree has arrived at age 41 with a career she loves, but a romantic life she doesn't. Insecure about her weight and protective of her often-broken heart, Dee Dee is an expert at hiding her inward struggles from the thousands of Chicago residents who hear her on the radio every night. A successful, charismatic DJ for the local blues station, Dee Dee is still looking for the type of love she's missed since her divorce. After a traumatic event at work, Dee Dee meets Skylar, a union mediator who could be just what she's looking for—if only there weren't so many obstacles in their way. Meanwhile, Dee Dee's coworker Jade is nearing her own divorce; her best friend, Sharon, has come out of the closet; and Sharon's teenage daughter is dangerously close to a breakdown. As Dee Dee works to ease the problems of her friends, she finally faces her own troubles—both old and new—in this uplifting, thought-provoking novel. *Plantations. Slavery. These were the realities that existed in Brazil during the introduction of coffee starting in the 18th century. This book shares the stories of black coffee farmers and how they found their success farming coffee.*

If you want to know how to brew the ultimate cup of coffee in the comfort of your own home (and save some money too!), then you want to read this book. You see, making great coffee boils down to doing a number of little things right, such as selecting the right beans and roasts, and creating the right blends; using the right coffee machine and grinder; using the right amount of grounds; brewing at correct temperatures and for the right amount of time; and more. If all that sounds complicated to you, don't worry--this book breaks it all down and teaches you, step by step, everything you need to know to brew heavenly cups of coffee that

are the hallmark of true coffee maestros. In this book, you'll learn things like... How to pick the right coffee machine and get the most bang for your buck, regardless of your budget. (Please don't buy a drip brewer before reading this chapter!) Everything you need to know about coffee beans to master the art of creating incredible blends that create rich, complex coffee. You'll be blown away by how much better your coffee will be when you use this information. Why you should seriously consider getting a coffee grinder, and which types are the best for making coffee. The step-by-step, no-fail method of brewing sweet, decadent coffee every time. Say goodbye to coffee that's too weak or strong or bitter, and say hello sweet, aromatic indulgences. 30 delicious coffee recipes including classics that are to die for, espresso drinks that every coffee lover should try, holiday drinks that will make you cheer, and dessert drinks that are like heaven in a cup. And more... Brewing mouth-watering coffee and making your favorite coffee drinks are a breeze after reading this book! Scroll up and click the "Buy" button now to learn how to make coffee so good that your friends and family will rave.

Handsome Amir, somewhere in his twenties, somewhere in a Yorkshire town, is torn between duty and lust. While his tradition-bound family urges him to choose a wife from a parade of blank and bashful beauties, he remains a slave to boozy blonde goddess Jackie, his fellow-worker at the department store in town. Pushing forty, with bubblegum hair and a filthy laugh, Jackie is an unlikely muse. She is openly entertained by Amir's teetotalism and moral sincerity, but behind her whip-smart wit is a forgiving and optimistic heart. And she has a smile that lingers in the air like smoke. Meanwhile, at home, Amir must dodge his family's plans for him to join the family newsagent business, 'Fags 'n' Fings', and dutifully care for his beloved but increasingly demented mother. Jackie's sensitive, sassy, exasperated, twelve-year-old daughter Elle lurks in a black hoody and crops her hair to look as unlike her flamboyant mother as possible. She avoids the spiteful girls at her Catholic school, and leads a double life—raucous ballads of the seventies with wine-soaked Jackie; organic raisins and stately homes with perfect Claire, her father's faultless new wife. In a northern town rife with racial tension and tabloid outrage, *Spilt Milk, Black Coffee* is a hilarious, beguiling and unlikely love story. A romantic comedy of twenty-first century multi-cultural Britain, this is an irresistible novel from the prizewinning author of *My Summer of Love*.

Stevie Stevenson graduates from college and embraces the liberating California lifestyle in award-winning author April Sinclair's follow-up to her "vivid and brilliant" (San Francisco Review of Books) debut novel *Coffee Will Make You Black* Growing up black in 1960s Chicago, Jean "Stevie" Stevenson came of age amid the tumult of the civil rights movement, learning to value not just her race and gender but her sexuality as well. Now, nearly a decade later, Stevie is a college graduate enjoying a week of vacation in San Francisco. After getting a taste of the bohemian life, she can't bring herself to return home to her family and journalism career in Chicago. Instead, she's determined to spread her wings and discover her true self, experimenting with free love, gay pride, and vegetarianism; forging a friendship with a gay disco queen; and taking a job at the feminist Personal Change Counseling Center. As she falls in and out of love, Stevie takes time to observe both the absurd and the liberating qualities of the West Coast hippie lifestyle—and is constantly reminded that the journey to self-discovery likely has no end point. Written with the same bright wit and endless charm that made *Coffee Will Make You Black* such a beloved book, *Ain't Gonna Be the Same Fool Twice* is a delightful continuation of Stevie's story that was hailed by Salon as "ripely funny, unpretentious, and sincere."

A coffee table book that catalogs the research of Howard Conyers, PhD through visual imagery of investigating the contributions of blacks in barbecue from 2013 to 2020. There are several essays that explain various perspectives of barbecue culture.

If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, *I Love Coffee* (en.ilovecoffee.jp), *Coffee Gives*

Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as "Your Brain on Beer vs. Coffee," "10 Coffee Myths," "The Best Time of Day to Drink Coffee (According to Science)," and "10 Things You Probably Didn't Know about Caffeine," plus 25 percent new, original material that is available only in this book.

Poetry and prose to encourage, enlighten, and entertain Americans of African descent...The term African-American to me implies that we are a people whose original home was Africa, i.e. we are recent immigrants from her hallowed shores. The implication therefore is this: that we are secondary U.S. citizens. In reality we are descended from a people whose original home was Africa. The journey from freedom to bondage, to freedom again changed us. The rape and miscegenation mixed our blood with many of slavery's willing participants from Asia, Europe, and the Middle East. We used to think of our blood as tainted, and indeed, there are many people who still feel that way. That feeling has divided us...and it's too bad because...we are Americans first...and if you are an American of African descent, a descendant of the people, most of whom, were brought here by force, then you are in everyone and everyone is in you! This is your poetry. This is the voice of a motherless and fatherless child. This is the STRONG voice of a lost one now found. Now grab this strong cup of black coffee, drink it up, and let it strengthen your soul!

"Open Water is tender poetry, a love song to Black art and thought, an exploration of intimacy and vulnerability between two young artists learning to be soft with each other in a world that hardens against Black people."—Yaa Gyasi, author of *HOMEGOING* In a crowded London pub, two young people meet. Both are Black British, both won scholarships to private schools where they struggled to belong, both are now artists—he a photographer, she a dancer—and both are trying to make their mark in a world that by turns celebrates and rejects them. Tentatively, tenderly, they fall in love. But two people who seem destined to be together can still be torn apart by fear and violence, and over the course of a year they find their relationship tested by forces beyond their control. Narrated with deep intimacy, *Open Water* is at once an achingly beautiful love story and a potent insight into race and masculinity that asks what it means to be a person in a world that sees you only as a Black body; to be vulnerable when you are only respected for strength; to find safety in love, only to lose it. With gorgeous, soulful intensity, and blistering emotional intelligence, Caleb Azumah Nelson gives a profoundly sensitive portrait of romantic love in all its feverish waves and comforting beauty. This is one of the most essential debut novels of recent years, heralding the arrival of a stellar and prodigious young talent.

Meetings don't need to be terrible. They can be the best place for us to connect with the people we work with and do great things. This book presents the Lean Coffee method which has since its inception in 2009 spread across the globe to

radically shift the way people meet with each other.

What would you change if you could travel back in time? Down a small alleyway in the heart of Tokyo, there's an underground café that's been serving carefully brewed coffee for over a hundred years. Local legend says that this shop offers its customers something else besides coffee—the chance to travel back in time. The rules, however, are far from simple: you must sit in one particular seat, and you can't venture outside the café, nor can you change the present. And, most important, you only have the time it takes to drink a hot cup of coffee—or risk getting stuck forever. Over the course of one summer, four customers visit the café in the hopes of traveling to another time: a heartbroken lover looking for closure, a nurse with a mysterious letter from her husband, a waitress hoping to say one last goodbye and a mother whose child she may never get the chance to know. Heartwarming, wistful and delightfully quirky, *Before the Coffee Gets Cold* explores the intersecting lives of four women who come together in one extraordinary café, where the service may not be quick, but the opportunities are endless.

A full-length Hercule Poirot novel, adapted from Agatha Christie's stage play by Charles Osborne Sir Claud Amory's revolutionary new formula for a powerful explosive is stolen. Locking his house-guests in the library, Sir Claud switches off the lights to allow the thief to replace the formula, no questions asked. When the lights come on, he is dead, and Hercule Poirot and Captain Hastings have to unravel a tangle of family feuds, old flames and suspicious foreigners to find the killer and prevent a global catastrophe. *BLACK COFFEE* was Agatha Christie's first playscript, originally performed in 1930 and made into a now rarely-seen film the following year. Combining her typically beguiling plot and sparkling dialogue with his own faithful narrative, Charles Osborne's novelisation is 'A worthy addition to the Christie canon' (*The Spectator*)

The coffeehouse has become the new center of the universe. "What's Your Coffee Strategy?" walks the reader through understanding and benefiting from this new cultural phenomenon introducing powerful concepts such as... - How to Immediately Connect with ANYONE. - Master The Art of the Coffee Conversation. - Win Clients - The Blueprint for Killer Business Conversations - Never Be Nervous - Conversational Confidence & Personal Presence. - How to Attract People & Be Unbelievable Personable - Using Coffeehouse as a Personal Headquarters - The Secrets to Building an Unstoppable Personal Brand - How to Win with The Coffee Strategy. - ... "What's Your Coffee Strategy?" has been called the "How to Win Friends & Influence People" of the modern era. A must read.

The highly anticipated cookbook from the immensely popular food blog Minimalist Baker, featuring 101 all-new simple, vegan recipes that all require 10 ingredients or less, 1 bowl or 1 pot, or 30 minutes or less to prepare Dana Shultz founded the Minimalist Baker blog in 2012 to share her passion for simple cooking and quickly gained a devoted worldwide following. Now, in this long-awaited debut cookbook,

Dana shares 101 vibrant, simple recipes that are entirely plant-based, mostly gluten-free, and 100% delicious. Packed with gorgeous photography, this practical but inspiring cookbook includes:

- Recipes that each require 10 ingredients or less, can be made in one bowl, or require 30 minutes or less to prepare.
- Delicious options for hearty entrées, easy sides, nourishing breakfasts, and decadent desserts—all on the table in a snap
- Essential plant-based pantry and equipment tips
- Easy-to-follow, step-by-step recipes with standard and metric ingredient measurements

Minimalist Baker's Everyday Cooking is a totally no-fuss approach to cooking for anyone who loves delicious food that happens to be healthy too.

"A funny, fresh novel about growing up African-American in 1960s Chicago" by an author who "writes like Terry McMillan's kid sister" (Entertainment Weekly). In this hilarious and insightful coming-of-age novel, author April Sinclair introduces the charming Jean "Stevie" Stevenson, a young woman raised on Chicago's South Side during an era of irrevocable social upheaval. Curious and witty, bold but naïve, Stevie grows up debating the qualities of good hair and dark skin. As the years pass, her family and neighborhood are changed by the times, from the War on Poverty to race riots and the assassination of Martin Luther King Jr., from "Black Is Beautiful" to Black Power. Against this remarkable backdrop, Stevie makes the sometimes harrowing, often comic, always enthralling transformation into a young adult—socially aware, discovering her sexuality, and proud of her identity. "Whether she's dealing with a subject as monumental as the civil rights movement or as intimate as Stevie's first sexual encounters," writes the Los Angeles Times, "Sinclair never fails to make you laugh and never sacrifices the narrative to make a point." Winner of the Carl Sandburg Award from the Friends of the Chicago Public Library and named a best book of the year in young adult fiction by the American Library Association, *Coffee Will Make You Black* is an exquisite portrait of adolescence that will resonate with readers of all ages.

Lushly written with rich and vivid characters, *SANTA OLIVIA* is Jacqueline Carey's take on comic book superheroes and the classic werewolf myth. Loup Garron was born and raised in Santa Olivia, an isolated, disenfranchised town next to a US military base inside a DMZ buffer zone between Texas and Mexico. A fugitive "Wolf-Man" who had a love affair with a local woman, Loup's father was one of a group of men genetically-manipulated and used by the US government as a weapon. The "Wolf-Men" were engineered to have superhuman strength, speed, sensory capability, stamina, and a total lack of fear, and Loup, named for and sharing her father's wolf-like qualities, is marked as an outsider. After her mother dies, Loup goes to live among the misfit orphans at the parish church, where they seethe from the injustices visited upon the locals by the soldiers. Eventually, the orphans find an outlet for their frustrations: They form a vigilante group to support Loup Garron who, costumed as their patron saint, Santa Olivia, uses her special abilities to avenge the town. Aware that she could lose her freedom, and possibly her life, Loup is determined to fight to redress the wrongs her community has suffered. And like the reincarnation of their patron saint, she will bring hope to all of Santa Olivia.

Mackenzie "Kiki" Forbes finds herself in a pickle. Either become her snarky sister's nanny, or move halfway across the country to work as assistant-to-the-stylist of a country music star. Neither job sounds ideal, although bedazzling cowboy boots may be a hell of a lot more interesting than ironing her brother-in-law's underwear. But life on the road as the errand coffee girl for a sold-out tour leaves much to be desired. That is, until Kiki meets her sinfully sexy new boss's boss...Tatum Reed's career is flying high. He's up for country music's Entertainer of the Year and he's headed out on a nationwide sold-out tour. So why does he feel like it's all about

to implode? His superstar ex-girlfriend seems determined to make his life difficult, his opening act is a handful, and the new girl on his tour, the feisty brunette, is quickly getting under his skin. In this crazy world of showbusiness Tatum needs to learn who he can trust, but that doesn't come easily, because the one person who holds all the cards may just throw them down and walk away. Life in the public eye is never all it's cracked up to be, which has both Kiki and Tatum questioning what they're really doing with their careers, and their hearts. *Black Coffee*, a new short story collection from the author of *Sid Sanford Lives!*, brews together heartsick, overcaffeinated characters and dialogue that sizzles off a greasy diner grill. Enter a mournful veteran's mind as he loses his grip on reality. Join an all-female extermination squad hunting down despicable men. Wait at the bar with two soul mates as they battle their stormy past and try to bring a cold love back to a boil. These nine moving, funny, and, at times, terrifying stories explore how people meander in and out of each other's lives, why family bonds are the hardest to navigate and break, and how hope lights a path even in the darkest of coffee cups.

A five-hundred-year history of coffee draws on sources in alchemy, anthropology, politics, and other disciplines to document coffee's identity as one of the most valuable legally traded commodities in the world, tracing its origins in fifteenth-century East Africa, its rise as an imperial consumer product, its role in commercialism and social disruption, and more. 15,000 first printing.

This book is a collection of short stories by third generation feminists, covering major issues in a young woman's life: awakening sexuality, biological and psychological landmarks, family rejection and rebellion, child abduction and abuse, gender identification, and sexual harassment.

There are ALWAYS two sides to every story. In R.L. Byrd's debut novel, *Looking for Sweet Love*, the Love Forum Divas told their side. Now it's the Brothers turn. . . . The Love Forum is back and the relationship dilemmas continue within the infamous Dallas, Texas, urban radio station, K103.5. DK -Love- Niles, the popular Disc Jockey from the DK and Melissa Morning Show, takes over the reins of hosting the new Love Forum called *The Brothers Speak*; and man, are the Brothas talking. DK, in his pursuit of finding good love himself, discusses relationships from a black man's point of view and enlist the help of the husbands, boyfriends and lovers of the Love Forum Divas. Known as the Brotherhood: DK, Quentin, Miguel, Michael, Donnell, Pastor Levine, Dr. Houston and Brass aim to set the record straight and talk about dating black women, marriage, infidelity, personal struggles, what distinguishes a throw-back from a keeper, and they answer the question the radio listeners really want to know . . . what really went down in their relationships? If you thought the Love Forum Divas were dealing with issues, you may be surprised at what the brothers have to say about those relationship woes. In the end-when all is said and done-one Diva will be asking, -Am I drinking the right cup of *Black Coffee*?-

A New York Times Book Review Editors' Choice "Extremely wide-ranging and well researched . . . In a tradition of protest literature rooted more in William Blake than in Marx." —Adam Gopnik, *The New Yorker* The epic story of how coffee connected and divided the modern world Coffee is an indispensable part of daily life for billions of people around the world. But few coffee drinkers know this story. It centers on the volcanic highlands of El Salvador, where James Hill, born in the slums of Manchester, England, founded one of the world's great coffee dynasties at the turn of the twentieth century. Adapting the innovations of the Industrial Revolution to plantation agriculture, Hill helped turn El Salvador into perhaps the most intensive monoculture in modern history—a place of extraordinary productivity, inequality, and violence. In the process, both El Salvador and the United States earned the nickname "Coffeeland," but for starkly different reasons, and with consequences that reach into the present. Provoking a reconsideration of what it means to be connected to faraway people and

places, Coffeeland tells the hidden and surprising story of one of the most valuable commodities in the history of global capitalism.

'If I lose the light of the sun, I will write by candlelight, moonlight, no light, If I lose paper and ink, I will write in blood on forgotten walls. I will write always. I will capture nights all over the world and bring them to you.' Henry Rollins, renowned spoken-word performer, musician, actor and author of several books, has a unique, hard-edged view of the world. This collection of writings from 1989 - 1991 is the classic Rollins book. From dramatic fiction shorts detailing stark, disturbing realities to gut-wrenching tour journals destroying all misconceptions of the glamour of fame and the music industry; from the challenging poetry to revealing dream sequences, Rollins' writing is unflinching in its honesty, uncompromising in its truth and irresistibly addictive.

Chronicles the experiences of Stevie, a bookish African American girl growing up on Chicago's South Side during the 1960s

The debut cookbook from the Saveur blog award-winning Internet expert on making eating cheap dependably delicious As a college grad during the recent great recession, Beth Moncel found herself, like so many others, broke. Unwilling to sacrifice eating healthy and well—and armed with a degree in nutritional science—Beth began tracking her costs with obsessive precision, and soon cut her grocery bill in half. Eager to share her tips and recipes, she launched her blog, Budget Bytes. Soon the blog received millions of readers clamoring for more. Beth's eagerly awaited cookbook proves cutting back on cost does not mean cutting back on taste. Budget Bytes has more than 100 simple, healthy, and delicious recipes, including Greek Steak Tacos, Coconut Chicken Curry, Chorizo Sweet Potato Enchilada, and Teriyaki Salmon with Sriracha Mayonnaise, to name a few. It also contains expert principles for saving in the kitchen—including how to combine inexpensive ingredients with expensive to ensure that you can still have that steak you're craving, and information to help anyone get acquainted with his or her kitchen and get maximum use out of the freezer. Whether you're urban or rural, vegan or paleo, Budget Bytes is guaranteed to delight both the palate and the pocketbook.

Rise and shine! From roasts to brews, coffee bean to coffee cup, this "Essential Guide to Your Favorite Perk-Me-Up" gets you into the espresso lane with more than 70 tempting recipes for hot, cold, and spirited coffee drinks, plus treats to make with coffee, and (of course) treats to eat with coffee. Also covers coffee's history, geography, processing and roasting, the art of tasting, and much more. From Caffe Latte to Coffee-Maple Whip, from Irish Coffee to a Midnight Martini, from Mocha Cheesecake to Viennese Sacher Torte, this is the perfect book for any coffee connoisseur!

As a 6'2" dreadlocked black man, Tyler Merritt knows what it feels like to be stereotyped as threatening, which can have dangerous consequences. But he also knows that proximity to people who are different from ourselves can be a cure for racism. Tyler Merritt's video "Before You Call the Cops" has been viewed

millions of times. He's appeared on Jimmy Kimmel and Sports Illustrated and has been profiled in the New York Times. The viral video's main point--the more you know someone, the more empathy, understanding, and compassion you have for that person--is the springboard for this book. By sharing his highs and exposing his lows, Tyler welcomes us into his world in order to help bridge the divides that seem to grow wider every day. In *I Take My Coffee Black*, Tyler tells hilarious stories from his own life as a black man in America. He talks about growing up in a multi-cultural community and realizing that he wasn't always welcome, how he quit sports for musical theater (that's where the girls were) to how Jesus barged in uninvited and changed his life forever (it all started with a Triple F.A.T. Goose jacket) to how he ended up at a small Bible college in Santa Cruz because he thought they had a great theater program (they didn't). Throughout his stories, he also seamlessly weaves in lessons about privilege, the legacy of lynching and sharecropping and why you don't cross black mamas. He teaches readers about the history of encoded racism that still undergirds our society today. By turns witty, insightful, touching, and laugh-out-loud funny, *I Take My Coffee Black* paints a portrait of black manhood in America and enlightens, illuminates, and entertains--ultimately building the kind of empathy that might just be the antidote against the racial injustice in our society.

"I may be a supersoldier but I sure as hell ain't no Superwoman. Yes, it's true my hand is steady, I have the eye of a marksman, and I can hit a moving target dead center at four hundred meters, but when it comes to making clever love decisions, I'm not the sharpest knife in the drawer. While I look pretty lofty in my spit-shined combat boots and razor-sharp battle dress uniform, like a lot of young sisters from the 'hood, I've taken a few wrong turns down the back alleys of life." Meet Sergeant Sanderella Coffee, who has just completed a three-year overseas tour and is now reporting to a military installation in Virginia. She is a single mother whose goal is to attend the Army's prestigious Officer Candidate School, which will guarantee a better life for her and her children. Sandie meets a man who matches her ambition and determination step for step in the form of Drill Sergeant Romulus Caesar, who literally marches into her life and turns it upside down. They fall in love, and Rom is everything Sandie could want—supportive, confident, self-reliant—but he's also married. Because of the military's tough policy on fraternization and adultery, Sandie could find her carefully orchestrated career slipping away like sand in a breeze.

From bestselling author Jon Gordon and rising star Damon West comes *The Coffee Bean*: an illustrated fable that teaches readers how to transform their environment, overcome challenges, and create positive change. Life is often difficult. It can be harsh, stressful, and feel like a pot of boiling hot water. The environments we find ourselves in can change, weaken, or harden us, and test who we truly are. We can be like the carrot that weakens in the pot or like the egg that hardens. Or, we can be like the coffee bean and discover the power inside us to transform our environment. *The Coffee Bean* is an inspiring tale that follows

Abe, a young man filled with stress and fear as he faces challenges and pressure at school and home. One day after class, his teacher shares with him the life-changing lesson of the coffee bean, and this powerful message changes the way he thinks, acts, and sees the world. Abe discovers that instead of letting his environment change him for the worse, he can transform any environment he is in for the better. Equipped with this transformational truth, Abe embarks on an inspirational journey to live his life like the coffee bean. Wherever his life takes him, from school, to the military, to the business world, Abe demonstrates how this simple lesson can unleash the unstoppable power within you. A delightful, quick read, *The Coffee Bean* is purposely written and designed for readers of all ages so that everyone can benefit from this transformational lesson. This is a book and message that, when read and shared, has the power to change your life and the world around you. You just have to decide: are you a carrot, egg, or coffee bean?

This fifth book by Judith Kallos on E-mail Etiquette, covers the best practices and nuances specifically as they apply to Business E-mail Etiquette. In this "Manual," Judith details all the important topics, issues and skills that every business onliner needs to be aware of and embrace to ensure they are perceived as tech savvy professionals. Online, you generally only have one chance to make a positive impression when communicating with new customers and partners. Lack of proper Business E-mail Etiquette can lead to you being perceived as a fish out of water. This "Manual" is all you need and covers it all to ensure you are perceived positively and rise above your perceived competitors!

The instant New York Times bestseller "Expert storytelling . . . [Pollan] masterfully elevates a series of big questions about drugs, plants and humans that are likely to leave readers thinking in new ways."—New York Times Book Review From #1 New York Times bestselling author Michael Pollan, a radical challenge to how we think about drugs, and an exploration into the powerful human attraction to psychoactive plants—and the equally powerful taboos. Of all the things humans rely on plants for—sustenance, beauty, medicine, fragrance, flavor, fiber—surely the most curious is our use of them to change consciousness: to stimulate or calm, fiddle with or completely alter, the qualities of our mental experience. Take coffee and tea: People around the world rely on caffeine to sharpen their minds. But we do not usually think of caffeine as a drug, or our daily use as an addiction, because it is legal and socially acceptable. So, then, what is a "drug"? And why, for example, is making tea from the leaves of a tea plant acceptable, but making tea from a seed head of an opium poppy a federal crime? In *This Is Your Mind on Plants*, Michael Pollan dives deep into three plant drugs—opium, caffeine, and mescaline—and throws the fundamental strangeness, and arbitrariness, of our thinking about them into sharp relief. Exploring and participating in the cultures that have grown up around these drugs while consuming (or, in the case of caffeine, trying not to consume) them, Pollan reckons with the powerful human attraction to psychoactive plants. Why do we go

to such great lengths to seek these shifts in consciousness, and then why do we fence that universal desire with laws and customs and fraught feelings? In this unique blend of history, science, and memoir, as well as participatory journalism, Pollan examines and experiences these plants from several very different angles and contexts, and shines a fresh light on a subject that is all too often treated reductively—as a drug, whether licit or illicit. But that is one of the least interesting things you can say about these plants, Pollan shows, for when we take them into our bodies and let them change our minds, we are engaging with nature in one of the most profound ways we can. Based in part on an essay published almost twenty-five years ago, this groundbreaking and singular consideration of psychoactive plants, and our attraction to them through time, holds up a mirror to our fundamental human needs and aspirations, the operations of our minds, and our entanglement with the natural world.

The New York Times bestseller and Read with Jenna TODAY SHOW Book Club pick telling the story of three generations of Palestinian-American women struggling to express their individual desires within the confines of their Arab culture in the wake of shocking intimate violence in their community. A GOODREADS CHOICE AWARDS FINALIST FOR BEST FICTION AND BEST DEBUT • BOOKBROWSE'S BEST BOOK OF THE YEAR • A MARIE CLAIRE BEST WOMEN'S FICTION OF THE YEAR • A REAL SIMPLE BEST BOOK OF THE YEAR • A POPSUGAR BEST BOOK OF THE YEAR ALL WRITTEN BY FEMALES A New York Times Book Review Editors' Choice • A Washington Post 10 Books to Read in March • A Newsweek Best Book of the Summer • A USA Today Best Book of the Week • A Washington Book Review Difficult-To-Put-Down Novel • A Refinery 29 Best Books of the Month • A BuzzFeed News 4 Books We Couldn't Put Down Last Month • A New Arab Best Books by Arab Authors • An Electric Lit 20 Best Debuts of the First Half of 2019 • A The Millions Most Anticipated Books of 2019 "Garnering justified comparisons to Khaled Hosseini's A Thousand Splendid Suns... Etaf Rum's debut novel is a must-read about women mustering up the bravery to follow their inner voice." —Refinery 29 "Where I come from, we've learned to silence ourselves. We've been taught that silence will save us. Where I come from, we keep these stories to ourselves. To tell them to the outside world is unheard of—dangerous, the ultimate shame." Palestine, 1990. Seventeen-year-old Isra prefers reading books to entertaining the suitors her father has chosen for her. Over the course of a week, the naïve and dreamy girl finds herself quickly betrothed and married, and is soon living in Brooklyn. There Isra struggles to adapt to the expectations of her oppressive mother-in-law Fareeda and strange new husband Adam, a pressure that intensifies as she begins to have children—four daughters instead of the sons Fareeda tells Isra she must bear. Brooklyn, 2008. Eighteen-year-old Deya, Isra's oldest daughter, must meet with potential husbands at her grandmother Fareeda's insistence, though her only desire is to go to college. Deya can't help but wonder if her options would have been different had her parents survived the

car crash that killed them when Deya was only eight. But her grandmother is firm on the matter: the only way to secure a worthy future for Deya is through marriage to the right man. But fate has a will of its own, and soon Deya will find herself on an unexpected path that leads her to shocking truths about her family—knowledge that will force her to question everything she thought she knew about her parents, the past, and her own future.

Fünf Jahre aus dem Leben Stevies, einer Jugendlichen, die in den sechziger Jahren in den Schwarzenvierteln Chicagos aufwächst.

Not Here is a flight plan for escape and a map for navigating home; a queer Vietnamese American body in confrontation with whiteness, trauma, family, and nostalgia; and a big beating heart of a book. Nguyen's poems ache with loneliness and desire and the giddy terrors of allowing yourself to hope for love, and revel in moments of connection achieved.

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