

Environmental Psychology An Introduction

Environmental Psychology: An Introduction offers a research-based introduction to the psychological relationship between humans and their built and natural environments and discusses how sustainable environments can be created to the benefit of both people and nature Explores the environment's effects on human wellbeing and behaviour, factors influencing environmental behaviour and ways of encouraging pro-environmental action Provides a state-of-the-art overview of recent developments in environmental psychology, with an emphasis on sustainability as a unifying principle for theory, research and interventions While focusing primarily on Europe and North America, also discusses environmental psychology in non-Western and developing countries Responds to a growing interest in the contribution of environmental psychologists to understanding and solving environmental problems and promoting the effects of environmental conditions on health and wellbeing

Applied Social Psychology combines the science of social psychology with the practical application of solving social problems that exist in the real world. This exciting textbook provides a thorough explanation of how social psychologists can contribute to the understanding and management of different social problems. A highly prestigious team of contributors from across Europe and the United States illustrate how social psychological theories, research methods and intervention techniques can be successfully applied to problems encountered in the fields of physical and mental health, immigration and integration, economic behaviour, political behaviour, environmental behaviour, organisations and the classroom. This expanded edition also features new chapters on the dynamic fields of consumer behaviour, traffic behaviour, criminal behaviour, sport and development aid. Each field studied features an overview of important problems, the role of human behaviour in these problems, the factors influencing relevant behaviour, and effective ways to change this behaviour. This is an essential volume for all undergraduate and graduate students studying applied social psychology.

An Introduction to Sustainability provides students with a comprehensive overview of the key concepts and ideas which are encompassed within the growing field of sustainability. The book teases out the diverse but intersecting domains of sustainability and emphasises strategies for action. Aimed at those studying the subject for the first time, it is unique in giving students from different disciplinary backgrounds a coherent framework and set of core principles for applying broad sustainability principles within their personal and professional lives. These include: working to improve equality within and across generations, moving from consumerism to quality of life goals and respecting diversity in both nature and culture. Areas of emerging importance such as the economics of happiness and wellbeing stand alongside core topics including: Energy and society Consumption and consumerism Risk and resilience Waste, water and land. Key challenges and applications are explored through international case studies and each chapter includes a thematic essay drawing on diverse literature to provide an integrated introduction to fundamental issues. Launched with the brand-new Routledge Sustainability Hub, the book's companion website contains a range of features to engage students with the interdisciplinary nature of Sustainability. Together these resources provide a wealth of material for learning, teaching and researching the topic of sustainability. This textbook is an essential companion to any sustainability course.

Environmental Psychology and Human Well-Being: Effects of Built and Natural Settings provides a better understanding of the way in which mental and physical well-being is affected by physical environments, along with insights into how the design of these environments might be improved to support better health outcomes. The book reviews the history of the field, discusses theoretical constructs in guiding research and design, and provides an up-to-date survey of research findings. Core psychological constructs, such as personal space, territoriality, privacy, resilience, stress, and more are integrated into each environment covered. Provides research-based insight into how an environment can impact mental and physical health and well-being Integrates core psychological constructs, such as coping, place attachment, social support, and perceived control into each environment discussed Includes discussion of Kaplan's Attention Restoration Theory and Ulrich's Stress Reduction Theory Covers educational settings, workplace settings, environments for active living, housing for the elderly, natural settings, correctional facilities, and more

Following on from the ground-breaking first edition, which received the 2014 EDRA Achievement Award, this fully updated text includes new chapters on current issues in the built environment, such as GIS and mapping, climate change, and qualitative approaches. Place attachments are powerful emotional bonds that form between people and their physical surroundings. They inform our sense of identity, create meaning in our lives, facilitate community, and influence action. Place attachments have bearing on such diverse issues as rootedness and belonging, placemaking and displacement, mobility and migration, intergroup conflict, civic engagement, social housing and urban redevelopment, natural resource management, and global climate change. In this multidisciplinary book, Manzo and Devine-Wright draw together the latest thinking by leading scholars from around the globe, including contributions from scholars such as Daniel Williams, Mindy Fullilove, Randy Hester, and David Seamon, to capture significant advancements in three main areas: theory, methods, and applications. Over the course of fifteen chapters, using a wide range of conceptual and applied methods, the authors critically review and challenge contemporary knowledge, identify significant advances, and point to areas for future research. This important volume offers the most current understandings about place attachment, a critical concept for the environmental social sciences and placemaking professions.

The environment is part of everyone's life but there are difficulties in communicating complex environmental problems, such as climate change, to a lay audience. In this book Klöckner defines environmental communication, providing a comprehensive and up-to-date analysis of the issues involved in encouraging pro-environmental behaviour.

Psychology and Climate Change: Human Perceptions, Impacts, and Responses organizes and summarizes recent psychological research that relates to the issue of climate

change. The book covers topics such as how people perceive and respond to climate change, how people understand and communicate about the issue, how it impacts individuals and communities, particularly vulnerable communities, and how individuals and communities can best prepare for and mitigate negative climate change impacts. It addresses the topic at multiple scales, from individuals to close social networks and communities. Further, it considers the role of social diversity in shaping vulnerability and reactions to climate change. Psychology and Climate Change describes the implications of psychological processes such as perceptions and motivations (e.g., risk perception, motivated cognition, denial), emotional responses, group identities, mental health and well-being, sense of place, and behavior (mitigation and adaptation). The book strives to engage diverse stakeholders, from multiple disciplines in addition to psychology, and at every level of decision making - individual, community, national, and international, to understand the ways in which human capabilities and tendencies can and should shape policy and action to address the urgent and very real issue of climate change. Examines the role of knowledge, norms, experience, and social context in climate change awareness and action Considers the role of identity threat, identity-based motivation, and belonging Presents a conceptual framework for classifying individual and household behavior Develops a model to explain environmentally sustainable behavior Draws on what we know about participation in collective action Describes ways to improve the effectiveness of climate change communication efforts Discusses the difference between acute climate change events and slowly-emerging changes on our mental health Addresses psychological stress and injury related to global climate change from an intersectional justice perspective Promotes individual and community resilience

“This is not only the best environmental sociology text I’ve used, but it is the best text of any type I’ve used in college-level teaching.” –Dr. Cliff Brown, University of New Hampshire Join author Mike Bell and new co-author Loka Ashwood as they explore “the biggest community of all” and bring out the sociology of environmental possibility. The highly-anticipated Fifth Edition of An Invitation to Environmental Sociology delves into this rapidly changing and growing field in a clear and artful manner. Written in a lively, engaging style, this book explores the broad range of topics in environmental sociology with a personal passion rarely seen in sociology books. The Fifth Edition contains new chapters entitled “Money and Markets,” “Technology and Science,” and “Living in An Ecological Society.” In addition, this edition brings in fresh material on extraction between core and periphery countries, the industrialization of agriculture, the hazards of fossil fuel production, environmental security, and making environmentalism normal. Since its inception, the Journal of Environmental Psychology has demonstrated its pre-eminence through publishing original, innovative papers. By bringing them together in one volume, ready access has been provided to the first-hand accounts of a range of explorations that are central to the growth and development of environmental psychology itself. This collection of papers from the journal provides a convenient, first-hand account of the studies that environmental psychologists have conducted in clearing the ground for explorations of the experience of landscapes. It encapsulates the actual studies that form the basis of this rapidly growing area of environmental psychology, thus providing new students and experienced researchers with direct examples of the actual studies that have been conducted. For psychologists schooled in laboratory research the natural landscape may seem to be the last frontier that still has to be conquered. But many other disciplines have been at home in these wilder regions for a number of years. Those geographers, landscape architects, biological ecologists, and others will find the present volume a helpful introduction to the opening stages of psychological forays into areas that they may possibly consider their own inviolable domain. The initial papers in a new area of study are often crucial to the development of that field. By bringing the original papers together in one volume it is possible to gain a detailed awareness of the contributions these studies are making to our understanding of the human significance of nature. The updated edition of the essential guide to environmental psychology Thoroughly revised and updated, the second edition, Environmental Psychology: An Introduction offers an overview of the interplay between humans and their environments. The text examines the influence of the environment on human experiences, behaviour and well-being and explores the factors influencing environmental behaviour, and ways to encourage pro-environmental behaviour. The revised edition is a state-of-the art review of relevant theories and research on each of these topics. With contributions from an international panel of noted experts, the text addresses a wealth of topics including the main research methods in environmental psychology; effects of environmental stress; emotional impacts and meanings of natural environment experience; aesthetic appraisals of architecture; how to measure environmental behaviour; cognitive, emotional and social factors explaining environmental behaviour; effects and acceptability of strategies to promote pro-environmental factors; and much more. This important book: Discusses the environmental factors that threaten and promote human wellbeing Explores a wide range of factors influencing actions that affect environmental conditions Discusses the effects and acceptability of approaches that aim to encourage pro-environmental behavior Presents research results conducted in different regions in the world Contains contributions from noted experts Written for scholars and practitioners in the field, the revised edition of Environmental Psychology offers a comprehensive review of the most recent research available in environmental psychology.

A revision of Winter's Ecological Psychology (1996), this book applies psychological theory and research to environmental problems. After outlining current environmental difficulties, the authors demonstrate how 6 major approaches in psychology (social psychological, psychoanalytic, behavioral, physiological, cognitive, and holistic) can be applied to environmental problems. The authors demonstrate why it is critical to address environmental threats now, and offer ideas on how psychological principles can contribute to building a sustainable culture. Personal examples engage the reader and provide suggestions for changing behavior and political structures. Reorganized and updated throughout, the second edition features a new chapter on neuropsychological and health issues and a list of key concepts in each chapter. Cartoons and humorous analogies add a light touch to the book's serious message. Written for psychology and environmental studies students, the book is an excellent teaching tool in courses on environmental,

conservation, or ecological issues, found in departments of psychology, sociology, environmental science, and biology. It will also appeal to anyone interested in psychology's potential contributions to mounting ecological difficulties.

A systematic 1982 presentation of hitherto scattered research on human reactions to five environmental stress factors: noise, heat, air pollution, crowding, and architectural dysfunction. The chapters analyse the concept of psychological stress in terms of its heuristic value in different research paradigms. They show the importance of not only the physical reality but also the individual's perception of it in a diverse array of settings.

This handbook brings together contributions from experts in environmental and/or conservation psychology to review the current state of research. In addition to summarizing current knowledge, it provides an understanding of the relationship between environmental and conservation psychology, and of the directions in which these interdependent areas of study are heading.

The development of a field or an area of inquiry is often marked by changes in measurement techniques, shifts in analytic emphasis, and disputes over the best ways of doing research. In many areas of psychology, a number of issues have characterized methodological evolution of the discipline, including questions regarding context and reductionism, or laboratory versus field research. For some of the newer areas in psychology, such as environment or health psychology, this is not an issue of either/or.

Although there has been some debate about these trade-offs, it is generally regarded by people in this field that some combination of the two approaches is essential. Depending on the question being studied this balance may change. However, the questions asked are less likely to inquire 'which way is better' and concentrate on how both may be used. This observation serves to illustrate the fact that different research endeavours have different methodological issues. Originally published in 1985, this volume explores some of the issues characterizing work on health, environment, and behavior.

This textbook introduces the reader to the new and emerging field of Conservation Psychology, which explores connections between the study of human behavior and the achievement of conservation goals. People are often cast as villains in the story of environmental degradation, seen primarily as a threat to healthy ecosystems and an obstacle to conservation. But humans are inseparable from natural ecosystems. Understanding how people think about, experience, and interact with nature is crucial for promoting environmental sustainability as well as human well-being. The book first summarizes theory and research on human cognitive, emotional, and behavioral responses to nature and goes on to review research on people's experience of nature in wild, managed, and urban settings. Finally, it examines ways to encourage conservation-oriented behavior at both individual and societal levels. Throughout, the authors integrate a wide body of published literature to demonstrate how and why psychology is relevant to promoting a more sustainable relationship between humans and nature.

An ecopsychology that integrates our totemic selves—our kinship with a more than human world—with our technological selves. We need nature for our physical and psychological well-being. Our actions reflect this when we turn to beloved pets for companionship, vacation in spots of natural splendor, or spend hours working in the garden. Yet we are also a technological species and have been since we fashioned tools out of stone. Thus one of this century's central challenges is to embrace our kinship with a more-than-human world—"our totemic self"—and integrate that kinship with our scientific culture and technological selves. This book takes on that challenge and proposes a reenvisioned ecopsychology. Contributors consider such topics as the innate tendency for people to bond with local place; a meaningful nature language; the epidemiological evidence for the health benefits of nature interaction; the theory and practice of ecotherapy; Gaia theory; ecovillages; the neuroscience of perceiving natural beauty; and sacred geography. Taken together, the essays offer a vision for human flourishing and for a more grounded and realistic environmental psychology.

Why doesn't everyone see sustainability as a huge issue? Why don't people think more carefully before making choices? What will it take for people to change? Examining the many psychological factors that lead to human behavioral effects on the environment, this book answers these questions definitively and provides practical guidance for approaches that have been used to successfully stimulate change. The Applied Psychology of Sustainability provides an extensive, integrated definition of the processes that lead to climatic, ecological, and socio-economic results: It defines a Psychology of Sustainability. Each chapter applies elements from the core research areas of cognitive, social, and developmental psychology into the context of criteria specific to sustainability. Comprehensively updated to embrace great change in the field, this new edition expands on critical issues yet maintains its strong foundation that the psychology of decisions is the essential precursor to sustainability and that these decisions should be treated as the primary target of change. Throughout the book, readers will find new ways of framing questions related to human adaptability and evolutionary psychology. The Applied Psychology of Sustainability is essential reading for students and professionals in a range of disciplines who wish to contribute to this crucial conversation.

This book distills thirty years of research on the impacts of jail and prison environments. The research program began with evaluations of new jails that were created by the US Bureau of Prisons, which had a novel design intended to provide a non-traditional and safe environment for pre-trial inmates and documented the stunning success of these jails in reducing tension and violence. This book uses assessments of this new model as a basis for considering the nature of environment and behavior in correctional settings and more broadly in all human settings. It provides a critical review of research on jail environments and of specific issues critical to the way they are experienced and places them in historical and theoretical context. It presents a contextual model for the way environment influences the chance of violence.

Psychology for Sustainability, 4th Edition -- known as Psychology of Environmental Problems: Psychology for Sustainability in its previous edition -- applies psychological theory and research to so-called "environmental" problems, which actually result from human behavior that degrades natural systems. This upbeat, user-friendly edition represents a dramatic reorganization and includes a substantial amount of new content that will be useful to students and faculty in a variety of disciplines—and to people outside of academia, as well. The literature reviewed throughout the text is up-to-date, and reflects the burgeoning efforts of many in the behavioral sciences who are working to create a more sustainable society. The 4th Edition is organized in four sections. The first section provides a foundation by familiarizing readers with the current ecological crisis and its historical origins, and by offering a vision for a sustainable future. The next five chapters present psychological research methods, theory, and findings pertinent to understanding, and changing, unsustainable behavior. The third section addresses the reciprocal relationship between planetary and human wellbeing and the final chapter encourages readers to take what they have learned and apply it to move behavior in a sustainable direction. The book concludes with a variety of theoretically and empirically grounded ideas for how to face this challenging task with positivity, wisdom, and enthusiasm. This textbook may be used as a primary or secondary textbook in a wide range of courses on Ecological Psychology, Environmental Science,

Sustainability Sciences, Environmental Education, and Social Marketing. It also provides a valuable resource for professional audiences of policymakers, legislators, and those working on sustainable communities.

This textbook provides a clear and comprehensive introduction to the rapidly expanding field of environmental psychology. The authors start with a review of the history of environmental psychology, highlighting its interdisciplinary nature. They trace its roots in architecture, ecology and geography, and examine the continuing relationship of these subjects to the psychological tradition. The book then moves through key contemporary lines of research in the field, contrasting models from perception and cognition, such as those of Gibson and Brunswick, with major social psychological approaches as represented by Lewin, Barker and others. The book concludes with an analysis of the most promising areas of research and practice.

Offers psychological insights into how people perceive, respond to, value, and make decisions about the environment Environmental law may seem a strange space to seek insights from psychology. Psychology, after all, seeks to illuminate the interior of the human mind, while environmental law is fundamentally concerned with the exterior surroundings—the environment—in which people live. Yet psychology is a crucial, undervalued factor in how laws shape people's interactions with the environment. Psychology can offer environmental law a rich, empirically informed account of why, when, and how people act in ways that affect the environment—which can then be used to more effectively pursue specific policy goals. When environmental law fails to incorporate insights from psychology, it risks misunderstanding and mispredicting human behaviors that may injure or otherwise affect the environment, and misprescribing legal tools to shape or mitigate those behaviors. The Psychology of Environmental Law provides key insights regarding how psychology can inform, explain, and improve how environmental law operates. It offers concrete analyses of the theoretical and practical payoffs in pollution control, ecosystem management, and climate change law and policy when psychological insights are taken into account.

This text contains an up-to-date survey of theory, research and practice in environmental psychology, drawing on international literature. It adopts the perspective that physical and social factors are inextricably linked in their influence on human behaviour and experience and that the world in which we live is changed and often damaged by human action.; Throughout the text, the issues which are important in contemporary psychology, such as levels of explanation, methodological diversity and the relationship between psychology and other disciplines, are brought to the fore. The text covers established areas of environmental concern and also brings together research on rarely covered topics, such as the effects of smell, colour and light, and the way in which physical environments influence social identity.

Introductory Psychology in Modules: Understanding Our Heads, Hearts, and Hands is a unique and comprehensive introduction to psychology. It consists of 36 short modules that keep students engaged with humor, a narrative style, and hands-on activities that facilitate interactive learning and critical thinking. Each stand-alone module focuses on a major topic in psychology, from the brain, sensation, memory, and cognition to human development, personality, social psychology, and clinical psychology. The modular format also allows a deep dive into important topics that have less coverage in other introductory psychology textbooks. This includes cross-cultural psychology, stereotypes and discrimination, evolutionary psychology, sex and gender, climate change, health psychology, and sport psychology. This truly modular format – ideal for both face to face and virtual learning – makes it easy for instructors to customize their readings and assign exactly what they wish to emphasize. The book also contains an abundance of pedagogical features, including numerous hands-on activities and/or group discussion activities, multiple-choice practice quizzes, and an instructor exam bank written by the authors. By covering both classic and contemporary topics, this book will delight students and instructors alike. The modular format also makes this a useful supplementary text for classes in nursing, medicine, social work, policing, and sociology.

Originally published in 1926, the aim of this textbook was the 'interpretation of human behaviour and conduct'. Beatrice Edgell is an important figure in the history of psychology. She was the first British woman to receive a PhD in psychology, the first female psychology professor in Britain and the first woman president of the British Psychological Society (1930-1931), of which she had been a founding member in 1901. As the Head of Psychology at Bedford College, she established one of the first psychological laboratories in the UK. She also taught a number of women who went on to become prominent in the field. One of her many publications this book was thought to be 'suitable for students training for social work or for the general reader interested in educational and social questions'.

Environmental psychology for design, third edition, shows how rooms and buildings can affect an occupant's behavior and health by explaining psychosocial responses.

Recipient of the American Society of Interior Designers Joel Polsky Prize, the book introduces you to the discipline of environmental psychology and encourages you to embrace its key concepts and use them in your practice. This new edition adds information about aging and vulnerable populations and has updated resources and research.

Environmental psychology is an increasingly important area of research, focusing on the individual and social factors responsible for many critical human responses to the physical environment. With such rapid and widespread growth, the main theoretical strands have often been left unclear and their scientific and practical implications have been underdeveloped. This essential and stimulating book contextualizes and critically analyzes the main theoretical ideas. It compares the different theories, assessing each one's possibilities and limitations, and demonstrates how each approach has been used for the development of knowledge of environmental psychology. The research area infiltrates a broad selection of disciplines, including psychology, architecture, planning, geography, sociology, environmental issues, economics and law. It also offers significant contributions to a wide range of policy evaluations. It will prove invaluable to academics and practitioners from across these disciplines, above all those in planning, environmental studies, human geography and psychology.

Depth Psychology and Climate Change offers a sensitive and insightful look at how ideas from depth psychology can move us beyond psychological overwhelm when facing the ecological disaster of climate change and its denial. Integrating ideas from disciplines including anthropology, politics, spirituality, mythology and philosophy, contributors consider how climate change affects psychological well-being and how we can place hope and radical uncertainty alongside rage and despair. The book explores symbols of

transformation, myths and futures; and is structured to encourage regular reflection. Each contributor brings their own perspective – green politics, change and loss, climate change denial, consumerism and our connection to nature – suggesting responses to mental suffering arising from an unstable and uncertain international outlook. They examine how subsequent changes in consciousness can develop. This book will be essential reading for analytical psychologists, Jungian analysts and psychotherapists, as well as academics and students of Jungian and post-Jungian studies. It will also be of great interest to academics and students of the politics and policy of climate change, anthropology, myth and symbolism and ecopsychology, and to anyone seeking a new perspective on the climate emergency.

First published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

Covering the full spectrum of methodology, the timely and indispensable Research Methods for Environmental surveys the research and application methods for studying, changing, and improving human attitudes, behaviour and well-being in relation to the physical environment. The first new book covering research methods in environmental psychology in over 25 years. Brings the subject completely up-to-date with coverage of the latest methodology in the field The level of public concern over the impact of the environment on humans is high, making this book timely and of real interest to a fast growing discipline Comprehensively surveys the research and application methods for studying, changing, and improving human attitudes, behavior, and well-being in relation to the physical environment Robert Gifford is internationally recognised as one of the leading individuals in this field, and the contributors include many of the major leaders in the discipline

This Handbook presents a broad overview of the current research carried out in environmental psychology which puts into perspective quality of life and relationships with living spaces, and shows how this original analytical framework can be used to understand different environmental and societal issues. Adopting an original approach, this Handbook focuses on the links with other specialties in psychology, especially social and health psychology, together with other disciplines such as geography, architecture, sociology, anthropology, urbanism and engineering. Faced with the problems of society which involve the quality of life of individuals and communities, it is fundamental to consider the relationships an individual has with his different living spaces. This issue of the links between quality of life and environment is becoming increasingly significant with, at a local level, problems resulting from different types of annoyances, such as pollution and noise, while, at a global level, there is the central question of climate change with its harmful consequences for humans and the planet. How can the impact on well-being of environmental nuisances and threats (for example, natural risks, pollution, and noise) be reduced? How can the quality of life within daily living spaces (home, cities, work environments) be improved? Why is it important to understand the psychological issues of our relationship with the global environment (climatic warming, ecological behaviours)? This Handbook is intended not only for students of various disciplines (geography, architecture, psychology, town planning, etc.) but also for social decision-makers and players who will find in it both theoretical and methodological perspectives, so that psychological and environmental dimensions can be better taken into account in their working practices.

Environmental Psychology An Introduction John Wiley & Sons

Introduction to Positive Media Psychology summarizes and synthesizes the key concepts, theories, and empirical findings on the positive emotional, cognitive, and behavioral effects of media use. In doing so, the book offers the first systematic overview of the emerging field of positive media psychology. The authors draw on a growing body of scholarship that explores the positive sides of media use, including fostering one's own well-being; creating greater connectedness with others; cultivating compassion for those who may be oppressed or stigmatized; and motivating altruism and other prosocial actions. The authors explore these issues across the entire media landscape, examining the ways that varying content (e.g., entertainment, news) delivered through traditional (e.g., film, television) and more recent media technologies (e.g., social media, digital games, virtual reality) can enhance well-being and promote other positive outcomes in viewers and users. This book serves as a benchmark of theory and research for current and future generations of advanced undergraduate students, graduate students, and scholars in communication, psychology, education, and social work.

This book stimulates thinking on the topic of detrimental environmental change and how research psychologists can help to address the problem. In addition to reporting environmentally relevant psychological research, the author identifies the most pressing questions from an environmental point of view. Psychology and Environmental Change: *focuses on ways in which human behavior contributes to the problem; *deals with the assessment and change of attitudes and with studies of change of behavior; *proposes ways in which psychological research can contribute to making technology and its products more environmentally benign; and *introduces topics such as consumption, risk assessment, cost-benefit and tradeoff analyses, competition, negotiation, and policymaking, and how they relate to the objective of protecting the environment.

Fear of flying is a growing problem among both passengers and airline crews. Recent terrorist attacks have heightened the levels of anxiety and fear when boarding a plane. In this volume, one of Britain's leading aviation psychologists explores passenger behaviour when faced with anxiety towards flying, the mental health of pilots and the possible treatments for people suffering from fear of flying. Includes contributions from Brett Kahr.

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