

Experiencing The Lifespan

Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, *Lifespan Development: Lives in Context* offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

This accessible book uses case studies to explore issues around intimacy, sexual function and sexual development over the lifespan, introducing applied principles and practices when working with sexuality-related issues. Introducing an easy-to-use ‘Reflect and Respond’ model as a framework for interactions, this book discusses a broad selection of topics and life stages, including hidden loss, gender identity, disability, early years experiences and older age. Exposing anonymized real-life experiences of intimacy, sexual function, and sexual development

from birth to end of life, this book develops the reader's insight into sexual wellbeing and confidence in communicating about it. The experiential learning and research-based content in readable style will educate and inspire readers with an interest in sexual wellbeing and how this impacts on physical and mental health. Demonstrating how being open to talk about sex and intimacy can change lives, this guide is suitable for a wide range of health and social care professionals, including nurses, doctors, occupational therapists, social workers, psychologists and counsellors.

Helps students understand how culture impacts development in adolescence and emerging adulthood. Grounded in a global cultural perspective (within and outside of the US), this text enriches the discussion with historical context and an interdisciplinary approach, including studies from fields such as anthropology and sociology, in addition to the compelling psychological research on adolescent development. This book also takes into account the period of "emerging adulthood" (ages 18-25), a term coined by the author, and an area of study for which Arnett is a leading expert. Arnett continues the fifth edition with new and updated studies, both U.S. and international. With Pearson's MyDevelopmentLab Video Series and Powerpoints embedded with video, students can experience a true cross-cultural experience. A better teaching and

learning experience This program will provide a better teaching and learning experience-- for you and your students. Here's how: Personalize Learning - The new MyDevelopmentLab delivers proven results in helping students succeed, provides engaging experiences that personalize learning, and comes from a trusted partner with educational expertise and a deep commitment to helping students and instructors achieve their goals. Improve Critical Thinking - Students learn to think critically about the influence of culture on development with pedagogical features such as Culture Focus boxes and Historical Focus boxes. Engage Students - Arnett engages students with cross cultural research and examples throughout. MyVirtualTeen, an interactive simulation, allows students to apply the concepts they are learning to their own "virtual teen." Explore Research - "Research Focus" provides students with a firm grasp of various research methods and helps them see the impact that methods can have on research findings. Support Instructors - This program provides instructors with unbeatable resources, including video embedded PowerPoints and the new MyDevelopmentLab that includes cross-cultural videos and MyVirtualTeen, an interactive simulation that allows you to raise a child from birth to age 18. An easy to use Instructor's Manual, a robust test bank, and an online test generator (MyTest) are also available. All of these

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materials may be packaged with the text upon request. Note: MyDevelopmentLab does not come automatically packaged with this text. To purchase MyDevelopmentLab, please visit:

www.mydevelopmentlab.com or you can purchase a ValuePack of the text + MyDevelopmentlab (at no additional cost): ValuePack ISBN-10: 0205911854/ ValuePack ISBN-13: 9780205911851. Click here for a short walkthrough video on MyVirtualTeen! <http://www.youtube.com/playlist?list=PL51B144F17A36FF25&feature=plcp>

Janet Belsky's *Experiencing the Lifespan* always reflects a scientist's understanding of key research, a psychologist's understanding of people, and a teacher's understanding of students. This updated new edition features significant new findings, a broad-based global perspective, and enhanced media offerings. In a highly conversational style, with pedagogy that reinforces learning, and with examples drawn from an extraordinarily broad range of cultures throughout the world, the book remains at just the right length and level of coverage to fit comfortably in a single-term course.

Note: You are purchasing a standalone product; REVEL does not come packaged with this content. Students, if interested in purchasing this title with REVEL, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information.

Lifespan Development, 6ce provides strong applications, and integrated learning objectives and assessment. Students who want to know "What does current research say?" and "Why is this important?" will appreciate both the applied nature of this text and the clarity and rigor of the authors' presentation of current research. An exceptional pedagogical package that ties the textbook to online REVEL study tools complements the student-centered approach of the book and offers students the benefit of frequent self-assessment.

Exceptionally well-loved by instructors and students who've used it, Janet Belsky's text offers a fresh, remarkably brief way to understand the experience of human development throughout the lifespan. It gives students an immediate and practical grounding in the field's basic concepts, guiding them from underlying research to practical applications, in a highly conversational style, with pedagogy that reinforces learning, and with examples drawn from an extraordinarily broad range of cultures throughout the world. And with its dedicated version of Worth's online course space, LaunchPad, this edition becomes a fully integrated print/interactive resource. This brand new textbook on child and adolescent development reflects a scientist's understanding of key research, a psychologist's understanding of people, and a teacher's understanding of students. It features significant new findings, a broad-based global

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perspective, and enhanced media offerings. With all of this, the book itself is at just the right length and level of coverage to fit comfortably in a single-term, undergraduate-level Developmental Psychology course. With its clear presentation and integration of detailed real-world examples, this acclaimed core textbook accessibly illustrates the relevance of social sciences research without sacrificing key content. This book can be purchased with the breakthrough online resource, LaunchPad, which offers innovative media content, curated and organised for easy assignability. LaunchPad's intuitive interface presents quizzing, flashcards, animations and much more to make learning actively engaging.

Providing a chronological introduction to human psychological and physical development throughout the lifespan, this text integrates the science of development, such as brain development, and historical contexts and culture throughout each chapter.

"This book provides a unique perspective on the development, challenges, and needs of women as they navigate through life. It includes culturally diverse case studies, interventions, and best practices for counselors working with women across the lifespan. Topics include normative developmental issues, relationships, self-esteem, body image, addictions, parenting, caregiving, and loss"--

Counseling Across the Lifespan by Cindy L. Juntunen and Jonathan P. Schwartz is a practical book that helps readers provide effective mental, emotional, and behavioral health services to clients across the

continuum of care, from health promotion through long-term treatment and remediation. Anchoring each chapter within a life stage—from childhood through older adulthood—the text identifies the nature and origin of various psychological issues and emphasizes the importance of anticipating and responding early to concerns that arise for large portions of the population. The Second Edition features new chapters and expanded coverage of important topics, such as sociocultural contextual factors and interprofessional health perspectives.

Each chapter includes a review of key concepts, guided study questions, and section reviews that encourage students' active participation in the learning process; two practice tests and a challenge test help them assess their mastery of the material.

The *Life Span: Human Development for Helping Professionals, 4/e*, provides an in-depth look at the science of human development, highlighting theories and research that have useful applications for individuals working in fields such as education, counseling, and social work. The main purpose of this book is to provide the reader with information that can be translated into professional "best practice" applications. Throughout, the text reflects the contemporary view that life span development is a process deeply embedded within and inseparable from the context of family, social network, and culture. Because the book is designed for graduate students, most topics, especially those that have special relevance to helping professionals, are covered in greater depth than in a typical life span text. The

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expanded coverage of research in these areas will enhance students' understanding of the scientific basis for application to practice. Video-Enhanced Pearson eText. Included in this package is access to the new Video-Enhanced eText for exclusively from Pearson. The Video-Enhanced Pearson eText is: Engaging. Full-color online chapters include dynamic videos that show what course concepts look like in real classrooms, model good teaching practice, and expand upon chapter concepts. Video links, chosen by our authors and other subject-matter experts, are embedded right in context of the content you are reading Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad and Android tablets.* Interactive. Features include embedded video, embedded assessment, note taking and sharing, highlighting and search. Affordable. Experience all these advantages of the Video-Enhanced eText along with all the benefits of print for 40% to 50% less than a print bound book. Note: *The Pearson eText App is available for free on Google Play and in the App Store.* Requires Android OS 3.1 - 4, a 7" or 10" tablet or iPad iOS 5.0 or newer 0133785645 / 9780133785647 Life Span, The: Human Development for Helping Professionals with Video-Enhanced Pearson eText -- Access Card Package Package consists of: 0132942887 / 9780132942881 Life Span, The: Human Development for Helping Professionals 0133550966 / 9780133550962 Life Span, The: Human Development for Helping Professionals, Pearson eText - Access Card
A versatile reference text for developing and

applying clinical psychopathology skills Designed to serve as a trusted desktop reference on mental disorders seen across the lifespan for mental health professionals at all levels of experience, *Diagnosis and Treatment of Mental Disorders Across the Lifespan, Second Edition* expertly covers etiology, clinical presentation, intake and interviewing, diagnosis, and treatment of a wide range of DSM disorders at all developmental stages. Unlike other references, this book takes a lifespan approach that allows readers to develop the clinical skills necessary to respond to mental health concerns in a patient-centered manner. Introductory and advanced features support clinicians at every stage of their careers and help students develop their skills and understanding. Authors Woo and Keatinge combine a review of cutting edge and state-of-the-art findings on diagnosis and treatment with the tools for diagnosing and treating a wide range of mental disorders across the lifespan. . This second edition incorporates the following changes: Fully updated to reflect the DSM-5 Chapters have been reorganized to more closely follow the structure of the DSM-5 Cultural and diversity considerations have been expanded and integrated throughout the book A new integrative model for treatment planning Expanded discussion of rapport building skills and facilitating active engagement Identity issues and the fit between client and intervention model has been

added to the case conceptualization model Mental health disorders affect patients of all ages, and the skilled clinician understands that there are no one-size-fits-all treatments. *Diagnosis and Treatment of Mental Disorders Across the Lifespan, Second Edition* will instruct clinicians and students in psychopathology for every life stage. Praise for the first edition: *Reviews This handbook, Diagnosis and Treatment of Mental Disorders Across the Lifespan, comprehensively integrates best practices necessary for clinicians who deal with a wide range of mental disorders across the continuum of development in a practical, applied, and accessible manner. One of the unique aspects of the book is the length to which the authors go to ensure that the up-to-date information contained in the book is practical, user-friendly, and accessible to beginners in clinical practice*

This package contains the following components:

-0205748597: *Exploring Lifespan Development*

-0205690335: *MyVirtualChild -- Standalone Access Card*

The *Taking Sides Collection* on McGraw-Hill Create® includes current controversial issues in a debate-style format designed to stimulate student interest and develop critical thinking skills. This Collection contains a multitude of current and classic issues to enhance and customize your course. You can browse the entire *Taking Sides Collection* on

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Create or you can search by topic, author, or keywords. Each Taking Sides issue is thoughtfully framed with Learning Outcomes, an Issue Summary, an Introduction, and an "Exploring the Issue" section featuring Critical Thinking and Reflection, Is There Common Ground?, Additional Resources, and Internet References. Go to the Taking Sides Collection on McGraw-Hill Create® at www.mcgrawhillcreate.com/takingsides and click on "Explore this Collection" to browse the entire Collection. Select individual Taking Sides issues to enhance your course, or access and select the entire Buskirk-Cohen: Taking Sides: Clashing Views in Lifespan Development, 6/e book here <http://create.mheducation.com/createonline/index.html#qmlink=search%2Ftext%3Disbn:1259883248> for an easy, pre-built teaching resource. Visit <http://create.mheducation.com> for more information on other McGraw-Hill titles and special collections. NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab & Mastering products, you may also need a Course ID, which your instructor will provide. Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's

MyLab & Mastering products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. Discovering the Lifespan provides a broad overview of the field of human development and features a strong balance of research and application. In a unique departure from traditional lifespan development texts, each chapter is divided into three modules, and in turn, each module is divided into several smaller sections. Consequently, students encounter material in smaller, more manageable chunks that optimize learning. Experiencing the Lifespan Macmillan Higher Education

Executive Function: Development Across the Life Span presents perspectives from leading researchers and theorists on the development of executive function from infancy to late adulthood and the factors that shape its growth and decline.

Executive function is the set of higher-order cognitive processes involved in regulating attention, thoughts, and actions. Relative to other cognitive domains, its development is slow and decline begins early in late adulthood. As such, it is particularly sensitive to variations in environments and experiences, and there is growing evidence that it is susceptible to intervention – important because of its link to a wide range of important life outcomes. The volume is made up of four sections. It begins with an overview

of executive function's typical development across the lifespan, providing a foundation for the remainder of the volume. The second section presents insights into mechanisms of executive function, as provided by a variety of methodological approaches. The third and fourth sections review the current research evidence on specific factors that shape executive function's development, focusing on normative (e.g., bilingualism, physical activity, cognitive training) and clinically relevant (e.g., substance use, neurodegenerative disease) developmental pathways.

Visualizing the Lifespan will allow students to learn effectively by understanding the world around them and interpreting what they see in a meaningful and accurate way. The content, design, and layout of the title takes advantage of the full capacity in which students process information – visual as well as verbal.

This book explores the lifespan by combining research with a practicing psychologist's understanding of human development from infancy to old age.

This volume offers a comprehensive and conceptually integrated overview of the changing biological, psychological, and social/environmental influences on health and illness from the prenatal period through infancy, childhood, adolescence, and adulthood. Based on the premise that protective and

risk factors vary with life stage, several chapters examine the development of major biological systems and the changing role of genetics and environment over time. In addition, they provide information on environmental influences during the prenatal period and early childhood, chronic illness in childhood, and health and health risks in adolescence. Chapters on adulthood give special emphasis to mid-life transitions in health, resiliency in later life, and the impact of caregiving on health. Final chapters focus on death and dying and on an integrative model of health and illness across the life span.

From serious illness to natural disasters, humans turn to communication as a major source of strength to help us bounce back and to keep growing and thriving.

Communicating Hope and Resilience Across the Lifespan addresses the various ways in which communication plays an important role in fostering hope and resilience. Adopting a lifespan approach and offering a new framework to expand our understanding of the concepts of hope and resilience from a communication perspective, contributors highlight the variety of stressors that people may encounter in their lives. They examine connections between the cognitive dimensions of hope such as self-worth, self-efficacy, and creative problem solving. They look at the variety of messages that can facilitate or inhibit

experiencing hope in relationships, groups, and organizations. Other contributors look at how communication that can build strengths, enhance preparation, and model successful adaptation to change has the potential to lessen the negative impact of stress, demonstrating resilience.
 As an important counterpoint to recent work focusing on what goes wrong in interpersonal relationships, communication that has the potential to uplift and facilitate responses to stressful circumstances is emphasized throughout this volume. By offering a detailed examination of how to communicate hope and resilience, this book presents practical lessons for individuals, marriages, families, relationship experts, as well as a variety of other practitioners. “Offers a useful reminder of the role of modern science in fundamentally transforming all of our lives.” —President Barack Obama (on Twitter) “An important book.” —Steven Pinker, The New York Times Book Review Now also a PBS documentary series: the surprising story of how humans gained what amounts to an extra life, from the bestselling author of How We Got to Now and Where Good Ideas Come From As a species we have doubled our life expectancy in just one hundred years. All the advances of modern life—the medical breakthroughs, the public health institutions, the rising standards of living—have given us each about twenty thousand extra days on average. There are few measures of

human progress more astonishing than our increased longevity. This book is Steven Johnson's attempt to understand where that progress came from. How many of those extra twenty thousand days came from vaccines, or the decrease in famines, or seatbelts? What are the forces that now keep us alive longer? Behind each breakthrough lies an inspiring story of cooperative innovation, of brilliant thinkers bolstered by strong systems of public support and collaborative networks. But it is not enough simply to remind ourselves that progress is possible. How do we avoid decreases in life expectancy as our public health systems face unprecedented challenges? What current technologies or interventions that could reduce the impact of future crises are we somehow ignoring? A study in how meaningful change happens in society, *Extra Life* is an ode to the enduring power of common goals and public resources. The most fundamental progress we have experienced over the past few centuries has not come from big corporations or start-ups. It has come, instead, from activists struggling for reform; from university-based and publicly funded scientists sharing their findings open-source-style; and from nonprofit agencies spreading new innovations around the world. How do some people avoid the slowing down, deteriorating, and weakening that plagues many of their peers decades earlier? Are they just lucky? Or

do they know something the rest of us don't? Is it possible to grow older without getting sicker? What if you could look and feel fifty through your eighties and nineties? Founder of the Institute for Aging Research at the Albert Einstein College of Medicine and one of the leading pioneers of longevity research, Dr. Nir Barzilai's life's work is tackling the challenges of aging to delay and prevent the onset of all age-related diseases including "the big four": diabetes, cancer, heart disease, and Alzheimer's. One of Dr. Barzilai's most fascinating studies features volunteers that include 750 SuperAgers—individuals who maintain active lives well into their nineties and even beyond—and, more importantly, who reached that ripe old age never having experienced cardiovascular disease, cancer, diabetes, or cognitive decline. In *Age Later*, Dr. Barzilai reveals the secrets his team has unlocked about SuperAgers and the scientific discoveries that show we can mimic some of their natural resistance to the aging process. This eye-opening and inspirational book will help you think of aging not as a certainty, but as a phenomenon—like many other diseases and misfortunes—that can be targeted, improved, and even cured.

Balanced coverage of the entire life span is just one thing that distinguishes *HUMAN DEVELOPMENT: A LIFE-SPAN VIEW*, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture

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students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This book describes the method which Peggy Pace developed for healing adults and adolescents who experienced trauma or neglect in childhood. Lifespan Integration therapy differs from Cognitive Behavioral Therapy in that LI heals and integrates the body-minds of clients in multifaceted ways. LI therapy clears trauma memory and the defenses against early trauma throughout the body-mind. This is true even for cases when the trauma was pre-verbal and is not explicitly remembered. LI therapy can also be used to increase positive self-regard, to improve affect regulation, and to strengthen the core self. In her book, Pace describes how her Lifespan Integration method can be used to treat Post Traumatic Stress Disorder, anxiety and panic disorders, mood disorders, and eating disorders. In the chapter which discusses using LI to heal Dissociative Identity Disorder,

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Pace describes how Lifespan Integration therapy brings more coherence to the fragmented self systems of dissociated clients, eventually resulting in a unified self. The Lifespan Integration book includes a summary of recent discoveries in the field of neuroscience. Pace overviews what is known about how separated selves and self states become integrated within the developing child. Pace proposes in her book that neural integration continues throughout the lifespan, and can be expedited during therapy when the conditions required for neural integration are re-created within the therapeutic setting. Pace cites recent discoveries in the field of neuroscience to support her hypothesis about how and why her Lifespan Integration technique is so effective in the psychological healing of adult survivors of childhood trauma.

As long as clinicians write “increase self-esteem” on treatment plans without knowing precisely what that means, there is a need for information on the construct of self-esteem and how its many components can have an effect on outcomes. This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention. Principles and concepts are applied to various clinical concerns faced by clients in each of the five developmental life stages: childhood, adolescence, young adulthood, midlife, and late life. Book chapters discuss a variety of specific issues— such as child trauma and abuse, ADHD, body image and eating disorders, at-risk adolescents, African American youth, sexuality in young adulthood, alcohol and other drugs issues, lesbians and gay men at midlife, career development, intergenerational conflict in Asian Americans, and loss in late life – and offer detailed strategies for the development and enhancement of self-esteem. Also included is an example of

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an 8-week self-esteem enhancement program.

A New York Times Bestseller A Wall Street Journal Bestseller

A New York Times Notable Book of 2020 A New York Times

Book Review Editors' Choice Shortlisted for the Financial

Times and McKinsey Business Book of the Year A New

Statesman Book to Read From economist Anne Case and

Nobel Prize winner Angus Deaton, a groundbreaking account

of how the flaws in capitalism are fatal for America's working

class Deaths of despair from suicide, drug overdose, and

alcoholism are rising dramatically in the United States,

claiming hundreds of thousands of American lives. Anne

Case and Angus Deaton explain the overwhelming surge in

these deaths and shed light on the social and economic

forces that are making life harder for the working class. As the

college educated become healthier and wealthier, adults

without a degree are literally dying from pain and despair.

Case and Deaton tie the crisis to the weakening position of

labor, the growing power of corporations, and a rapacious

health-care sector that redistributes working-class wages into

the pockets of the wealthy. This critically important book

paints a troubling portrait of the American dream in decline,

and provides solutions that can rein in capitalism's excesses

and make it work for everyone.

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