

Feminist Fight Club A Survival Manual For A Sexist Workplace

One of Book Authority's Best Self-Esteem eBooks of All Time Ready to live your dream life? You know that sneaky voice inside your head telling you that you're not good enough, smart enough, pretty enough, whatever enough? That's your Mean Girl. And she's doing her best to keep you stuck in Fear Town, too scared to go after the life you always imagined. But enough's enough! Melissa Ambrosini has made a life beyond her wildest dreams, all by mastering her Mean Girl, busting through limiting beliefs and karate-chopping through the fears that held her hostage for years. And now she wants to help you remember not only what you are capable of, but how amazing you truly are! In this inspiring, upbeat guide, Melissa provides a practical plan for creating your own version of a kick-ass life -- one that's wildly wealthy, fabulously healthy and bursting with love. Designed to propel you out of stuck-ness and into action, this is a must read if you're ready to let go of your Mean Girl and start living the life of your dreams.

A NEW YORK TIMES BESTSELLER "One of the most important books of the current moment."—Time "A rousing call to action... It should be required reading for everyone."—Gabrielle Union, author of *We're Going to Need More Wine* "A brutally candid and unobstructed portrait of mainstream white feminism." —Ibram X. Kendi, author of *How to Be an Antiracist* A potent and electrifying critique of today's feminist movement announcing a fresh new voice in black feminism Today's feminist movement has a glaring blind spot, and paradoxically, it is women. Mainstream feminists rarely talk about meeting basic needs as a feminist issue, argues Mikki Kendall, but food insecurity, access to quality education, safe neighborhoods, a living wage, and medical care are all feminist issues. All too often, however, the focus is not on basic survival for the many, but on increasing privilege for the few. That feminists refuse to prioritize these issues has only exacerbated the age-old problem of both internecine discord and women who rebuff at carrying the title. Moreover, prominent white feminists broadly suffer from their own myopia with regard to how things like race, class, sexual orientation, and ability intersect with gender. How can we stand in solidarity as a movement, Kendall asks, when there is the distinct likelihood that some women are oppressing others? In her searing collection of essays, Mikki Kendall takes aim at the legitimacy of the modern feminist movement, arguing that it has chronically failed to address the needs of all but a few women. Drawing on her own experiences with hunger, violence, and hypersexualization, along with incisive commentary on politics, pop culture, the stigma of mental health, and more, *Hood Feminism* delivers an irrefutable indictment of a movement in flux. An unforgettable debut, Kendall has written a ferocious clarion call to all would-be feminists to live out the true mandate of the movement in thought and in deed. A NEW YORK TIMES BESTSELLER! "The perfect kind of story for our current

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era."—Hypable From the author of *Burn Our Bodies Down*, a feminist Lord of the Flies about three best friends living in quarantine at their island boarding school, and the lengths they go to uncover the truth of their confinement when one disappears. This fresh debut is a mind-bending novel unlike anything you've read before. It's been eighteen months since the Raxter School for Girls was put under quarantine. Since the Tox hit and pulled Hetty's life out from under her. It started slow. First the teachers died one by one. Then it began to infect the students, turning their bodies strange and foreign. Now, cut off from the rest of the world and left to fend for themselves on their island home, the girls don't dare wander outside the school's fence, where the Tox has made the woods wild and dangerous. They wait for the cure they were promised as the Tox seeps into everything. But when Byatt goes missing, Hetty will do anything to find her, even if it means breaking quarantine and braving the horrors that lie beyond the fence. And when she does, Hetty learns that there's more to their story, to their life at Raxter, than she could have ever thought true. And don't miss Rory Power's second novel, *Burn Our Bodies Down!* Praise for *Wilder Girls*: 4 STARRED REVIEWS! "Take *Annihilation*, add a dash of *Contagion*, set it at an all-girls' academy, and you'll arrive at Rory Power's occasionally shocking and always gripping *Wilder Girls*."--Refinery29 "This thrilling saga...is sure to be one of the season's most talked-about books, in any genre."--EW "Fresh and horrible and beautiful....readers will be consumed and altered by *Wilder Girls*."--NPR

An incendiary debut taking the world by storm, *Fight Like A Girl* is an essential manifesto for feminists new, old and soon-to-be. Online sensation and fearless feminist heroine, Clementine Ford is a beacon of hope and inspiration to thousands of women and girls. In the wake of Harvey Weinstein and the #MeToo campaign, Ford uses a mixture of memoir, opinion and investigative journalism to expose just how unequal the world continues to be for women. Personal, inspiring and courageous, *Fight Like A Girl* is an essential manifesto for feminists new, old and soon-to-be. The book is a call-to-arms for women to rediscover the fury that has been suppressed by a society that, despite best efforts, still considers feminism to be a threat. Urgently needed, *Fight Like a Girl* is a passionate, rallying cry that will awaken readers to the fact they are not alone and there's a brighter future where men and women can flourish equally – and that's something worth fighting for.

A fearless primer on the feminism we need now: tactics for advancing reproductive justice, promoting intersectionality, and pushing back against patriarchal systems of oppression Too loud. Too shrill. Too far. Too much. Despite the systematic chipping away at our voices, autonomy, and rights, women who demand more--or even just enough--continue to be pushed aside, talked over, and dismissed. From unbridled online abuse to the unspoken societal rules that dictate who can express anger, when you're a feminist the personal is political...and it's time we all embrace feminism as a matter of survival. Cultural critic and Gen-Z feminist Kylie Cheung lays bare the state of

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affairs for women in the twenty-first century. She discusses the challenges of our time, from misogyny to gaslighting, racism, and rampant attacks on reproductive healthcare. She also explores the empowering strides of #MeToo, unprecedented youth mobilization, and increasing recognition of the power and necessity of intersectional movements. Cheung weaves biting cultural commentary with personal narrative, sharing stories of feminist awakening, online harassment, and the effects of sexual assault, racism, fetishization, and misogyny within relationships. She speaks candidly to a new generation of feminists seeking real, unfiltered experiences and guidance as they navigate the sexist realities of our unjust world. Cheung's manifesto is a tour-de-force of fourth-wave feminism, a call to arms that speaks truth to power as we engage in the fight of and for our lives.

The “necessary and incisive” (Roxane Gay) account of the discrimination case that “has blown open a conversation about the status of women” in the workplace (The New York Times) SHORTLISTED FOR THE 2017 FINANCIAL TIMES AND MCKINSEY BUSINESS BOOK OF THE YEAR | NAMED A BEST FALL BOOK BY ELLE AND BUSTLE In 2015, Ellen K. Pao sued a powerhouse Silicon Valley venture capital firm, calling out workplace discrimination and retaliation against women and other underrepresented groups. Her suit rocked the tech world—and exposed its toxic culture and its homogeneity. Her message overcame negative PR attacks that took aim at her professional conduct and her personal life, and she won widespread public support—Time hailed her as “the face of change.” Though Pao lost her suit, she revolutionized the conversation at tech offices, in the media, and around the world. In *Reset*, she tells her full story for the first time. The daughter of immigrants, Pao was taught that through hard work she could achieve her dreams. She earned multiple Ivy League degrees, worked at top startups, and in 2005 was recruited by Kleiner Perkins, arguably the world’s leading venture capital firm at the time. In many ways, she did everything right, and yet she and other women and people of color were excluded from success—cut out of decisive meetings and email discussions, uninvited to CEO dinners and lavish networking trips, and had their work undercut or appropriated by male executives. It was time for a system reset. After Kleiner, Pao became CEO of reddit, where she took forceful action to change the status quo for the company and its product. She banned revenge porn and unauthorized nude photos—an action other large media sites later followed—and shut down parts of reddit over online harassment. She and seven other women tech leaders formed Project Include, an award-winning nonprofit for accelerating diversity and inclusion in tech. In her book, Pao shines a light on troubling issues that plague today’s workplace and lays out practical, inspiring, and achievable goals for a better future. Ellen K. Pao’s *Reset* is a rallying cry—the story of a whistleblower who aims to empower everyone struggling to be heard, in Silicon Valley and beyond. Praise for *Reset* “Necessary and incisive . . . As Ellen Pao detailed her experiences, while also communicating her passion for the work men

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often impeded her from doing, I was nothing short of infuriated. It was great to see a highly accomplished woman of color speaking out like this, and hopefully this book will encourage more women to come forward, give voice to their experiences in the workplace, and contribute to meaningful change.”—Roxane Gay

A Wall Street Journal Bestseller! Named a best book of 2016 by: Chicago Tribune, Refinery 29, Forbes, Bust, CEO Reads. It was a fight club—but without the fighting or the men. Every month, women would gather in a New York apartment to share sexist-job frustrations and trade strategies for how to tackle them. For years, these meetings were kept secret. But the time has come to talk about the club. In *Feminist Fight Club*, acclaimed journalist Jessica Bennett blends the personal story of her real-life fight club with a studied assessment of the gender gap that continues to plague the American workplace. With equal measures wit and rigor, Bennett provides the tactical strategies—and the camaraderie—every woman needs to fight back, as well as tools for the men who support the cause.

At once practical and creative, this book was feminism's *Whole Earth Catalog*. Originally published in 1973, *The New Woman's Survival Catalog* is a seminal survey of the second-wave feminist effort across the US. Edited by Kirsten Grimstad and Susan Rennie in just five months, *The New Woman's Survival Catalog* makes a nod to Stewart Brand's influential *Whole Earth Catalog*, mapping a vast network of feminist alternative cultural activity in the 1970s. Grimstad and Rennie set out on a two-month road trip in the summer of 1973, meeting and interviewing a range of organizations and individuals, and gathering vital information on everything from arts groups to bookstores and independent presses, health, parenting and rape crisis centers and educational, legal and financial resources. "These projects express a rejection of the values of existing institutional structures," Grimstad and Rennie wrote, "and, unlike the hip male counterculture, represent an active attempt to reshape culture through changing values and consciousness." Arranged in themed sections on art, communications, work and money, child care, self-help, self-defense and activism, *The New Woman's Survival Catalog* provides crucial insight into feminist initiatives and activism nationwide during the Women's Movement. It includes a "Making the Book" section that details the publication's production. Kirsten Grimstad and Susan Rennie are the coeditors of *The New Woman's Survival Catalog* and *The New Woman's Survival Sourcebook* (1975). They went on to cofound *Chrysalis: A Magazine of Women's Culture*, published out of the Woman's Building in downtown Los Angeles from 1977 to 1981. Grimstad is currently Co-Chair of Undergraduate Studies at Antioch University, Los Angeles; she is the author of *The Modern Revival of Gnosticism and Thomas Mann's Doktor Faustus* (2002). Rennie taught social sciences at Union Institute & University in Cincinnati, worked as a women's health activist and now lives in Venice, California.

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Part manual, part manifesto, a humorous yet incisive guide to navigating subtle sexism at work—a pocketbook Lean In for the BuzzFeed generation that provides real-life career advice and humorous reinforcement for a new generation of professional women. It was a fight club—but without the fighting and without the men. Every month, the women would huddle in a friend’s apartment to share sexist job frustrations and trade tips for how best to tackle them. Once upon a time, you might have called them a consciousness-raising group. But the problems of today’s working world are more subtle, less pronounced, harder to identify—and, if Ellen Pao is any indication, harder to prove—than those of their foremothers. These women weren’t just there to vent. They needed battle tactics. And so the fight club was born. Hard-hitting and entertaining, *Feminist Fight Club* blends personal stories with research, statistics, infographics, and no-bullsh*t expert advice. Bennett offers a new vocabulary for the sexist workplace archetypes women encounter everyday—such as the Manterrupter who talks over female colleagues in meetings or the Himitator who appropriates their ideas—and provides practical hacks for navigating other gender landmines in today’s working world. With original illustrations, *Feminist Mad Libs*, a *Negotiation Cheat Sheet*, as well as fascinating historical research and a kit for “How to Start Your Own Club,” *Feminist Fight Club* tackles both the external (sexist) and internal (self-sabotaging) behaviors that plague today’s women—as well as the system that perpetuates them.

A stunning celebration of girlhood around the world, from the *New York Times* Featuring and photographed by young women, *This Is 18* is an immersive look at what it means to be on the cusp of adulthood around the world and across cultures. Twenty-two empowering and uniquely personal profiles, expanded from the *New York Times* interactive feature and curated by Gender Editor Jessica Bennett, with Sandra Stevenson, Anya Strzemien, and Sharon Attia, give teen readers a rare glimpse at the realities and interests of their contemporaries. With stunning photography and a gifty design, *This Is 18* is a perfect tribute to girlhood for readers of all ages.

The *New York Times* Best Seller A Barnes & Noble Best Fiction Book of 2020 A Goodreads Choice Awards Finalist *Steel Magnolias* meets *Dracula* in this '90s-set horror novel about a women's book club that must do battle with a mysterious newcomer to their small Southern town, perfect for murderinos and fans of Stephen King. Bonus features: • Reading group guide for book clubs • Hand-drawn map of Mt. Pleasant • Annotated true-crime reading list by Grady Hendrix • And more! Patricia Campbell’s life has never felt smaller. Her husband is a workaholic, her teenage kids have their own lives, her senile mother-in-law needs constant care, and she’s always a step behind on her endless to-do list. The only thing keeping her sane is her book club, a close-knit group of Charleston women united by their love of true crime. At these meetings they’re as likely to talk about the Manson family as they are about their own families. One evening after book club, Patricia is viciously attacked by an elderly neighbor, bringing the neighbor's handsome nephew, James Harris, into her life. James is well traveled and well read, and he makes Patricia feel things she hasn’t felt in years. But when children on the other side of town go missing, their deaths written off by local police, Patricia has reason to believe James Harris is more of a Bundy than a Brad Pitt. The real problem? James is a monster of a different kind—and Patricia has already invited him in. Little by little, James will insinuate himself into Patricia’s life and try to take everything she took for granted—including the book club—but she won’t

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surrender without a fight in this blood-soaked tale of neighborly kindness gone wrong. **Feminist Fight Club** An Office Survival Manual for a Sexist Workplace HarperCollins Chronicles the sexual discrimination class action lawsuit that women journalists brought against their employer, Newsweek, in 1970.

If there's one thing we can agree on in a post-Trump America, it's that sexism exists. While there are myriad books on female friendship in the marketplace, **Toxic Femininity** is the first book on the special relationship between female coworkers and gender dynamics in the workplace to hit the market in a comedic gifty way. Talented humorist Ginny Hogan explores themes of sexism, workplace gender dynamics, and the challenges facing women at work (particularly in STEM fields) with disarming wit. **Toxic Femininity** includes fun short pieces (such as, "I'm Not A Sexist; I Also Ask My Male Colleagues If They're Menstruating" and "How Silicon Valley Created The Perfect Meritocracy If You Specifically Happen To Be A Young, Straight, Well-Educated White Man"), true-false and multiple choice quizzes (including: "Are You Too Aggressive, or "Are You Politely Stating Your Opinion?" and Are You a True Feminist, a Male Feminist, a Feminist Just to Get Laid, or a Loaf of Bread?"), and even some surrealist essays (such as "A Woman From The Year 3018 Visits a Tech Startup" and "The Noise-Canceling Headphone's Lament"). **Toxic Femininity** is a book that can be enjoyed in little sips or in one long drink. The variety of the pieces and the illustrations make a lovely and gifty package—this product is perfect for a mentor encouraging her mentees, a big sister preparing her little sister for the work place, or shoring up your best friend after a rough day. A conversation piece as much as a gift, the humorous nature of the work makes it possible to face topics that can be difficult to tackle head on; and we hope that this book will be able to serve not just as a gift but as a jumping off point for those hard-to have conversations that are a part of every work place environment.

Learn how some of the world's most inspiring women are using their growing economic power to create success and meaning in their lives while building a better world. . . and how you can too. Important conversations about leaning in, work/life balance and empowering women and girls around the world have energized a generation of women. **Fast Forward**, by two women leaders whose experience spans corporate America, public service, and global diplomacy, takes the next step. Through interviews with a network of more than seventy trailblazing women, **Fast Forward** shows women how to accelerate their growing economic power and combine it with purpose to find both success and meaning in their lives. Companies, countries, and organizations the world over are waking up to today's new reality. Women control the lion's share of purchasing power and are increasingly essential to competitiveness. The age of women's transformative economic influence has finally arrived, and women are using their power for purpose, redefining what power and success mean in the process. Through clear, practical advice and personal stories of women around the world -- including Hillary Clinton, Geena Davis, Christine Lagarde, and Diane von Furstenberg -- **Fast Forward** shows every woman how to know her power, find her purpose, and connect with others to achieve her life's goals. Advance praise for **Fast Forward**: "Fast Forward shows us how leaders at every level can use their power and purpose to help more and more women achieve their dreams for a better life." --Hillary Rodham Clinton "We are all capable of great things, even world-changing things, if we take inspiration from others

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and join together to get it done. We are witnessing an awakening to the justice of civil rights for women in our time. You can feel it is imminent, and it will change the world when it is accomplished. Here are stories of a few women who have dared to imagine the day, and worked to make it happen. Let them inspire you." --Meryl Streep, actor and activist "A life filled with purpose is the greatest gift we can give to ourselves - and to others. Fast Forward shows women how to lead lives of purpose and meaning, so that they, and our world, can thrive." --Arianna Huffington, co-founder and editor-in-chief, Huffington Post "As I have travelled the world, I've seen the incredible strength and resilience of women everywhere, working at every level. If there was ever a doubt that our moment is now, this book dispels it. Fast Forward shows every woman how she can empower herself and her community, and why all of us will be better for it. Women are the growing force for progress in the 21st century." --Madeleine Albright, former Secretary of State "What is life without a sense of purpose? Any woman who's asked herself this question must read Fast Forward, filled with inspiring stories of women who've achieved power in their own lives and used it to make a difference for others, especially other women and girls." --Maria Shriver, author and journalist "The stories in this inspirational book serve as a powerful reminder that, with the right support, women can become an unstoppable force in their communities and economies. It is a rousing call to action for anyone who cares about creating a more equal world. Unleashing the full potential of women is not an option - it is an imperative." --Cherie Blair, founder, Cherie Blair Foundation for Women "I love this book. It tells the stories of ingenious women who took the circumstances around them and created successful companies and purpose in their lives, while at the same time recognizing their own power to lift other women up, supporting both economic growth and social progress all over the world. It's an inspiring wake-up call to action, and once you're fired up, longing to find your own power and potential, it gives you a tool kit of information as to how you can begin. Brilliant." --Sally Field, actor and activist "Fast Forward gives all of us hope through the inspiring examples of pioneering women in global leadership, public service, and the corporate world - a path forged by Melanne Verveer since she helped Hillary Clinton transform the concept of women's rights in Beijing in 1995. Verveer and co-author Kim Azzarelli share their practical experience with new insights into how we can all lean even further forward. A must read for women - and men - who believe strong, educated women and girls are the key to advancing societies." --Andrea Mitchell, Chief Foreign Affairs Correspondent, NBC News "The stories of the remarkable women chronicled in Fast Forward are both inspiring and instructive, making it must-read for anyone interested in leading successfully with purpose in the 21st century. Fast Forward is also a reminder that progress and gender parity are inextricably linked and that if we want a society that operates at its best, we have to work for both." --Ajay Banga, CEO, MasterCard "In Fast Forward, we are reminded why Melanne Verveer and Kim Azzarelli are two leading 'sheroes' of the global women's movement. The book is chock-full of wise and clever advice for women and men committed to empowering women to reach their full potential. You will be inspired by their profiles of determined women of resilience, grit and passion to change the world. Brava!" --Darren Walker, president, Ford Foundation "A durable contribution to the continued efforts to effect change for women." --Kirkus Reviews "[An] empowering work about women's valuable contributions to the global economy...An inspiring foreword by

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Hillary Clinton bolsters the authors' message that women, working together, can accomplish anything." --Publishers Weekly

The sad fact is that the majority of people in the workforce have a less than perfect relationship with their supervisor and many of them consider themselves to be working for "a bad boss". But what can they do about it, short of leaving their job? "A Survival Guide for Working with Bad Bosses" gives readers all the guidance they so desperately need not just to survive, but thrive while reporting to someone incompetent, mean, unethical, or even worse.

The first rule about fight club is you don't talk about fight club. Chuck Palahniuk showed himself to be his generation's most visionary satirist in this, his first book. Fight Club's estranged narrator leaves his lackluster job when he comes under the thrall of Tyler Durden, an enigmatic young man who holds secret after-hours boxing matches in the basements of bars. There, two men fight "as long as they have to." This is a gloriously original work that exposes the darkness at the core of our modern world.

In *Living a Feminist Life* Sara Ahmed shows how feminist theory is generated from everyday life and the ordinary experiences of being a feminist at home and at work. Building on legacies of feminist of color scholarship in particular, Ahmed offers a poetic and personal meditation on how feminists become estranged from worlds they critique—often by naming and calling attention to problems—and how feminists learn about worlds from their efforts to transform them. Ahmed also provides her most sustained commentary on the figure of the feminist killjoy introduced in her earlier work while showing how feminists create inventive solutions—such as forming support systems—to survive the shattering experiences of facing the walls of racism and sexism. The killjoy survival kit and killjoy manifesto, with which the book concludes, supply practical tools for how to live a feminist life, thereby strengthening the ties between the inventive creation of feminist theory and living a life that sustains it.

Nearly every day there's another news story or pop cultural anecdote related to feminism and women's rights. #YesAllWomen, conversations around consent, equal pay, access to contraception, and a host of other issues are foremost topics of conversation in American (and worldwide) media right now. Today's teens are encountering these issues from a different perspective than any generation has had before, but what's often missing from the current discussion is an understanding of how we've gotten to this place. *Fight Like a Girl* will familiarize readers with the history of feminist activism, in an effort to celebrate those who paved the way and draw attention to those who are working hard to further the cause of women's rights. Profiles of both famous and lesser-known feminists will be featured alongside descriptions of how their actions affected the overall feminist cause, and unique portraits (artist's renderings) of the feminists themselves. This artistic addition will take the book beyond simply an informational text, and make it a treasure of a book.

African feminism, this landmark volume demonstrates, differs radically from the

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Western forms of feminism with which we have become familiar since the 1960s. African feminists are not, by and large, concerned with issues such as female control over reproduction or variation and choice within human sexuality, nor with debates about essentialism, the female body, or the discourse of patriarchy. The feminism that is slowly emerging in Africa is distinctly heterosexual, pronatal, and concerned with "bread, butter, and power" issues. Contributors present case studies of ten African states, demonstrating that—as they fight for access to land, for the right to own property, for control of food distribution, for living wages and safe working conditions, for health care, and for election reform—African women are creating a powerful and specifically African feminism.

Two billionaires determined to claim her. And a war fought on the most dangerous battlefield—the heart. “What an incredible book! Survival of the Richest has everything — Skye Warren’s beautiful writing, a sexy, compelling story; intricate characters, and a provocative love triangle that will captivate you until the very end.” - New York Times bestselling author Nina Lane

My story starts with a plunge into the cold water of Massachusetts Bay. A strong hand hauls me back onto the deck of the luxury yacht. Christopher was supposed to be my enemy. Instead he protects me with fierce determination. That should have been my happily ever after, but then Sutton appeared—ruthless and seductive. He doesn’t care that my heart belongs to someone else, because he’s determined to win. No matter the cost. It’s an impossible choice, but I can’t have them both.

What will it take to create a more gender-balanced workplace? If you read nothing else on leadership and gender at work, read these 10 articles by experts in the field. We’ve combed through hundreds of articles in the Harvard Business Review archive and selected the most important ones to help you understand where gender equality is today--and how far we still have to go. This book will inspire you to:

- Better understand the path women must take to leadership
- Learn the root causes of the barriers that exist for women in the workplace
- Check your own gender biases and distinguish between confidence and competence in your colleagues
- Manage a more effective gender-diversity program
- Recognize the issues women face when speaking up about bias or harassment
- Help women reenter the workforce after taking time off--and create opportunities for them to reach their ambitions.

This collection of articles includes "Women and the Labyrinth of Leadership," by Alice H. Eagly and Linda L. Carli; "Do Women Lack Ambition?" by Anna Fels; "Women Rising: The Unseen Barriers," by Herminia Ibarra, Robin Ely, and Deborah Kolb; "Women and the Vision Thing," by Herminia Ibarra and Otilia Obodaru; "The Power of Talk: Who Gets Heard and Why," by Deborah Tannen; "The Memo Every Woman Keeps in Her Desk," by Kathleen Reardon; "Why Diversity Programs Fail," by Frank Dobbin and Alexandra Kalev; "Now What?" by Joan C. Williams and Suzanne Lebsack; "The Battle for Female Talent in Emerging Markets," by Sylvia Ann Hewlett and Ripa Rashid; "Off-Ramps and On-Ramps: Keeping Talented Women on the Road to Success," by Sylvia Ann Hewlett and Carolyn Buck Luce; and "Sheryl Sandberg:

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The HBR Interview," by Sheryl Sandberg and Adi Ignatius.

A bold and uncompromising feminist manifesto that shows women and girls how to defy, disrupt, and destroy the patriarchy by embracing the qualities they've been trained to avoid. Seizing upon the energy of the #MeToo movement, feminist activist Mona Eltahawy advocates a muscular, out-loud approach to teaching women and girls to harness their power through what she calls the "seven necessary sins" that women and girls are not supposed to commit: to be angry, ambitious, profane, violent, attention-seeking, lustful, and powerful. All the necessary "sins" that women and girls require to erupt. Eltahawy knows that the patriarchy is alive and well, and she is fed the hell up: Sexually assaulted during hajj at the age of fifteen. Groped on the dance floor of a night club in Montreal at fifty. Countless other injustices in the years between. Illuminating her call to action are stories of activists and ordinary women around the world—from South Africa to China, Nigeria to India, Bosnia to Egypt—who are tapping into their inner fury and crossing the lines of race, class, faith, and gender that make it so hard for marginalized women to be heard. Rather than teaching women and girls to survive the poisonous system they have found themselves in, Eltahawy arms them to dismantle it. Brilliant, bold, and energetic, *The Seven Necessary Sins for Women and Girls* is a manifesto for all feminists in the fight against patriarchy. Chapters include, among others, "9 Non-threatening Leadership Strategies for Women," "How to Ace Your Job Interview Without Over-acing It," and "Choose Your Own Adventure: Do You Want to Be Likable or Successful?" It even includes several pages to doodle on while men finish what they're saying. Each chapter also features an exercise with a set of "inaction items" designed to challenge women to be less challenging. And, when all else fails, a set of wearable mustaches is included to allow women to seem more man-like. This will cancel out any need to change their leadership style. In fact, it may even lead to a quick promotion!

An Emma Watson "Our Shared Shelf" Selection for November/December 2018 • NAMED A BEST BOOK OF 2018 BY: The New York Public Library • Mashable • The Atlantic • Bustle • The Root • NPR • Fast Company ("10 Best Books for Battling Your Sexist Workplace") Rebecca Solnit, *The New Republic*: "Funny, wrenching, pithy, and pointed." Roxane Gay: "I encourage you to check out *Eloquent Rage* out now." Joy Reid, *Cosmopolitan*: "A dissertation on black women's pain and possibility." America Ferrera: "Razor sharp and hilarious. There is so much about her analysis that I relate to and grapple with on a daily basis as a Latina feminist." Damon Young: "Like watching the world's best Baptist preacher but with sermons about intersectionality and Beyoncé instead of Ecclesiastes." Melissa Harris Perry: "I was waiting for an author who wouldn't forget, ignore, or erase us black girls...I was waiting and she has come in Brittney Cooper." Michael Eric Dyson: "Cooper may be the boldest young feminist writing today...and she will make you laugh out loud." So what if it's true that Black women are mad as hell? They have the right to be. In the Black feminist tradition

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of Audre Lorde, Brittney Cooper reminds us that anger is a powerful source of energy that can give us the strength to keep on fighting. Far too often, Black women's anger has been caricatured into an ugly and destructive force that threatens the civility and social fabric of American democracy. But Cooper shows us that there is more to the story than that. Black women's eloquent rage is what makes Serena Williams such a powerful tennis player. It's what makes Beyoncé's girl power anthems resonate so hard. It's what makes Michelle Obama an icon. Eloquent rage keeps us all honest and accountable. It reminds women that they don't have to settle for less. When Cooper learned of her grandmother's eloquent rage about love, sex, and marriage in an epic and hilarious front-porch confrontation, her life was changed. And it took another intervention, this time staged by one of her homegirls, to turn Brittney into the fierce feminist she is today. In Brittney Cooper's world, neither mean girls nor fuckboys ever win. But homegirls emerge as heroes. This book argues that ultimately feminism, friendship, and faith in one's own superpowers are all we really need to turn things right side up again. A BEST/MOST ANTICIPATED BOOK OF 2018 BY: Glamour • Chicago Reader • Bustle • Autostraddle "A memoir of Nadia Murad's time as a captive of the Islamic State, her escape, and her human rights activism"--

Transformative justice seeks to solve the problem of violence at the grassroots level, without relying on punishment, incarceration, or policing. Community-based approaches to preventing crime and repairing its damage have existed for centuries. However, in the putative atmosphere of contemporary criminal justice systems, they are often marginalized and operate under the radar. Beyond Survival puts these strategies front and center as real alternatives to today's failed models of confinement and "correction." In this collection, a diverse group of authors focuses on concrete and practical forms of redress and accountability, assessing existing practices and marking paths forward. They use a variety of forms—from toolkits to personal essays—to delve deeply into the "how to" of transformative justice, providing alternatives to calling the police, ways to support people having mental health crises, stories of community-based murder investigations, and much more. At the same time, they document the history of this radical movement, creating space for long-time organizers to reflect on victories, struggles, mistakes, and transformations.

"Urgently required reading." —People "Deeply affecting... Fleming brings a moral urgency to the narrative." —The New Yorker "Fleming deftly illustrates the pain of those who choose to leave Syria...and her book is ultimately a story of hope." —Newsweek Adrift in a frigid sea, no land in sight, just debris from the ship's wreckage and floating corpses all around, nineteen-year-old Doaa Al Zamel stays afloat on a small inflatable ring and clutches two little girls—barely toddlers—to her body. The children had been thrust into Doaa's arms by their drowning relatives, all refugees who boarded a dangerously overcrowded ship bound for Italy and a new life. For days as Doaa drifts, she prays for rescue and sings to the babies in

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her arms. She must stay alive for them. She must not lose hope. *A Hope More Powerful Than the Sea* chronicles the life of Doaa, a Syrian girl whose life was upended in 2011 by the onset of her country's brutal civil war. Doaa and her fiancé, Bassem, decide to flee to Europe to seek safety and an education, but four days after setting sail on a smuggler's dilapidated fishing vessel along with five hundred other refugees, their boat is struck and begins to sink. This is the moment when Doaa's struggle for survival really begins. This emotionally charged, eye-opening true story that represents the millions of unheard voices of refugees who risk everything in a desperate search for the promise of a safe future. In the midst of the most pressing international humanitarian crisis of our time, Melissa Fleming paints a vivid, unforgettable portrait of the triumph of the human spirit.

Up-beat, pragmatic, and chock full of advice, *What Works for Women at Work* is an indispensable guide for working women. An essential resource for any working woman, *What Works for Women at Work* is a comprehensive and insightful guide for mastering office politics as a woman. Authored by Joan C. Williams, one of the nation's most-cited experts on women and work, and her daughter, writer Rachel Dempsey, this unique book offers a multi-generational perspective into the realities of today's workplace. Often women receive messages that they have only themselves to blame for failing to get ahead—Negotiate more! Stop being such a wimp! Stop being such a witch! *What Works for Women at Work* tells women it's not their fault. The simple fact is that office politics often benefits men over women. Based on interviews with 127 successful working women, over half of them women of color, *What Works for Women at Work* presents a toolkit for getting ahead in today's workplace. Distilling over 35 years of research, Williams and Dempsey offer four crisp patterns that affect working women: Prove-It-Again!, the Tightrope, the Maternal Wall, and the Tug of War. Each represents different challenges and requires different strategies—which is why women need to be savvier than men to survive and thrive in high-powered careers. Williams and Dempsey's analysis of working women is nuanced and in-depth, going far beyond the traditional cookie-cutter, one-size-fits-all approaches of most career guides for women. Throughout the book, they weave real-life anecdotes from the women they interviewed, along with quick kernels of advice like a "New Girl Action Plan," ways to "Take Care of Yourself", and even "Comeback Lines" for dealing with sexual harassment and other difficult situations.

The political activist and founder of "POZ" magazine recounts his experiences in New York during the height of the AIDS epidemic, his own transforming diagnosis with HIV, and his efforts as the executive director of the Sero Project.

Determined to survive the crisis she's sure is imminent, Bex is at a loss when her world collapses in the one way she hasn't planned for. Preppers.

Survivalists. Bex prefers to think of herself as a realist who plans to survive, but regardless of labels, they're all sure of the same thing: a crisis is coming. And

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when it does, Bex will be ready. She's planned exactly what to pack, she knows how to handle a gun, and she'll drag her family to safety by force if necessary. When her older brother discovers Clearview, a group that takes survival just as seriously as she does, Bex is intrigued. While outsiders might think they're a delusional doomsday group, she knows there's nothing crazy about being prepared. But Bex isn't prepared for Lucy, who is soft and beautiful and hates guns. As her brother's involvement with some of the members of Clearview grows increasingly alarming and all the pieces of Bex's life become more difficult to juggle, Bex has to figure out where her loyalties really lie. In a gripping novel, E. M. Kokie questions our assumptions about family, trust, and what it really takes to survive.

A funny, fact-driven, and illustrated field guide to how to live a feminist life in today's world, from the hosts of the hit Unladylike podcast. Get ready to get unladylike with this field guide to the what's, why's, and how's of intersectional feminism and practical hell-raising. Through essential, inclusive, and illustrated explorations of what patriarchy looks like in the real world, authors and podcast hosts Cristen Conger and Caroline Ervin blend wild histories, astounding stats, social justice principles, and self-help advice to connect where the personal meets political in our bodies, brains, booty calls, bank accounts, and other confounding facets of modern woman-ing and nonbinary-ing. By laying out the uneven terrain of double-standards, head games, and handouts patriarchy has manspread across society for ages, Unladylike is here to unpack our gender baggage and map out the space that's ours to claim.

"A Handmaid's Tale for the 21st century" (Prism Magazine), Wood's dystopian tale about a group of young women held prisoner in the Australian desert is a prescient feminist fable for our times. As the Guardian writes, "contemporary feminism may have found its masterpiece of horror." Drugged, dressed in old-fashioned rags, and fiending for a cigarette, Yolanda wakes up in a barren room. Verla, a young woman who seems vaguely familiar, sits nearby. Down a hallway echoing loudly with the voices of mysterious men, in a stark compound deep in the Australian outback, other captive women are just coming to. Starved, sedated, the girls can't be sure of anything—except the painful episodes in their pasts that link them. Drawing strength from the animal instincts they're forced to rely on, the women go from hunted to hunters, along the way becoming unforgettable and boldly original literary heroines that readers will both relate to and root for. The Natural Way of Things is a lucid and illusory fable and a brilliantly plotted novel of ideas that reminds us of mankind's own vast contradictions—the capacity for savagery, selfishness, resilience, and redemption all contained by a single, vulnerable body. Winner 2016 Stella Prize 2016 Prime Minister's Literary Award in Fiction An Australian Indie Best Fiction Book & Overall Book of the Year Winner Finalist 2017 International Dublin Literary Award 2016 Voss Literary Prize 2016 Victorian Premier's Award 2016 The Miles Franklin Award

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'Engaging, hilarious and practical - I will proudly proclaim myself a card-carrying member of the FFC' - Sheryl Sandberg, COO of Facebook and bestselling author of *Lean In* This is a call to arms. Are you aged zero to infinity? Finished with the sexist status quo? Ready to kick ass and take names? Welcome to the Feminist Fight Club. You have lifetime membership. Feminist Fight Club provides an arsenal of weapons for surviving in an unequal world. You will learn how to fight micro-aggressions, correct unconscious bias, deal with male colleagues who can't stop 'maninterrupting' or 'bro-propriating' your ideas - and how to lean in without falling the f*ck over. Every woman needs this book - and they needed it yesterday. This is not a drill.

Create a five-year plan that covers all aspects of daily life—including work, finances, and health—with this all-inclusive guide to successfully reaching your goals after college graduation. The celebrations have ended and you've finally graduated from college. But the one looming question remains over every recent grad's head: what's next? In this book, you'll find a detailed guide to putting together a five-year plan to set yourself up for success. No need to stress about having the rest of your life mapped out—instead, you'll focus on how to make the most after graduation so you can thrive in the years to come. Whether you're looking for advice on turning your first job out of college to a long-term career or need some tips on managing your money so you can pay down your student debt (and treat yourself), you'll find all that and more in *What Next?*. Filled with advice from journalist and lifestyle blogger Elana Lyn Gross, *What Next?* includes all the tools you need to achieve your goals one step at a time. Offering helpful guidance on every aspect of life, you'll have no problem answering the question: what's next?

Revolutionary in its simplicity and accessible to all, this bestselling book offers commonsense methods that allow you to let go of depression and tap into natural joy.

Most women have a nonstop chorus of criticism in their heads — voices not unlike those of the mean girls lurking in the hallways and locker rooms of junior high schools everywhere. The grown-up versions of those teenage taunts — such as “But taking care of myself is sel?sh” and “The world is against me” — zap motivation, sabotage happiness, and keep women in a stressed, “never enough” mind-set. Here, like a best buddy and street-wise big sister, coach Amy Ahlers helps women talk back. Her witty, wise, and cut-to-the-chase format arms women with the “Take that!” insights they wish they had handy when someone puts them down — even if that someone is the person in the mirror. Ahlers doesn't offer long-winded self-therapy or simplistic happy talk; she serves up straight talk that helps women know, feel, and tell themselves the truths that can transform their deepest inner thoughts — and their lives.

The Instant New York Times Bestseller! A speculative thriller in the vein of *The Handmaid's Tale* and *The Power*. Optioned by Universal and Elizabeth Banks to be a major motion picture! “A visceral, darkly haunting fever dream of a novel

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and an absolute page-turner. Liggett's deeply suspenseful book brilliantly explores the high cost of a misogynistic world that denies women power and does it with a heart-in-your-throat, action-driven story that's equal parts horror-laden fairy tale, survival story, romance, and resistance manifesto. I couldn't stop reading." – Libba Bray, New York Times bestselling author *Survive the Year*. No one speaks of the grace year. It's forbidden. In Garner County, girls are told they have the power to lure grown men from their beds, to drive women mad with jealousy. They believe their very skin emits a powerful aphrodisiac, the potent essence of youth, of a girl on the edge of womanhood. That's why they're banished for their sixteenth year, to release their magic into the wild so they can return purified and ready for marriage. But not all of them will make it home alive. Sixteen-year-old Tierney James dreams of a better life—a society that doesn't pit friend against friend or woman against woman, but as her own grace year draws near, she quickly realizes that it's not just the brutal elements they must fear. It's not even the poachers in the woods, men who are waiting for a chance to grab one of the girls in order to make a fortune on the black market. Their greatest threat may very well be each other. With sharp prose and gritty realism, *The Grace Year* examines the complex and sometimes twisted relationships between girls, the women they eventually become, and the difficult decisions they make in-between.

A groundbreaking, empowering collection of advice--richly illustrated with the stories of women at top echelons of their fields--that advances the leadership outlook for Generation X and Y women like no book before it. * Includes 30 interviews with highly accomplished business women * Offers a foreword by Gail Evans, the highest-ranking woman executive ever at CNN * Provides a far-reaching bibliography of significant materials combining works examining gender dynamics in addition to business classics

Exhausted? Strung out? Shackled in your own invisible straitjacket of stress? Seventy per cent of us spend most of our day in a state of stress, with our nervous systems in a position of fight, flight or freeze. Modern day stress has become pervasive in all aspects of our lives through constant pressure, the weight of perceived expectations and the drive to be always on. Many live with an energy and nervous system that feels like a tightly clenched fist, rather than an easeful, gently unfurling hand. Staying shackled in a state of overwhelm and stress has far-reaching consequences on our health. We often only pay attention when illness strikes, having tuned out to all the messages our bodies were sending us along the way. Health whispers until one day it screams. Let's not wait for the scream. But how do we do this? By having a nervous system in flow. Everything we do transforms energy in our bodies into something supportive or destructive to us, emotionally or physically. What we need is a more easeful, beneficial energy in our lives. In this book you will learn: What's truly behind your stress, how stress impacts your energy, hormones and nervous system, how to move your nervous system into a state of flow, and how to make choices that

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support your energy, by living in harmony with your body. Full of practical solutions, wisdom and strategies, 7 Steps to Finding Flow is your guide to lighten the load that stress places on us, and how to move through it with ease when it lands. We can't avoid stress, but we can deal with it differently and access better health, energy and balance. Nicky Rowbotham's 7 Steps to Finding Flow will help you move from being overwhelmed and locked in by stress to a more easeful, resilient and aligned life. Let's flip the script on stress.

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