

Fragile The True Story Of My Lifelong Battle With Anorexia

From the author of stunning debut *The Mourning Hours* comes a powerful new novel that explores every parent's worst nightmare... The Kaufmans have always considered themselves a normal, happy family. Curtis is a physics teacher at a local high school. His wife, Kathleen, restores furniture for upscale boutiques. Daniel is away at college on a prestigious music scholarship, and twelve-year-old Olivia is a happy-go-lucky kid whose biggest concern is passing her next math test. And then comes the middle-of-the-night phone call that changes everything. Daniel has been killed in what the police are calling a "freak" road accident, and the remaining Kaufmans are left to flounder in their grief. The anguish of Daniel's death is isolating, and it's not long before this once-perfect family finds itself falling apart. As time passes and the wound refuses to heal, Curtis becomes obsessed with the idea of revenge, a growing mania that leads him to pack up his life and his anxious teenage daughter and set out on a collision course to right a wrong. An emotionally charged novel, *The Fragile World* is a journey through America's heartland and a family's brightest and darkest moments, exploring the devastating pain of losing a child and the beauty of finding the way back to hope. "Heart-stopping. A gripping read that delivers a beautiful reminder of the resilience of love." —Karen Brown, author of *The Longings of Wayward Girls*

A New York Times New & Noteworthy Book One of the Daily Beast's 5 Essential Books to Read Before the Election A collection of the New Yorker's groundbreaking reporting from the front lines of climate change—including writing from Bill McKibben, Elizabeth Kolbert, Ian Frazier, Kathryn Schulz, and more Just one year after climatologist James Hansen first came before a Senate committee and testified that the Earth was now warmer than it had ever been in recorded history, thanks to humankind's heedless consumption of fossil fuels, New Yorker writer Bill McKibben published a deeply reported and considered piece on climate change and what it could mean for the planet. At the time, the piece was to some speculative to the point of alarmist; read now, McKibben's work is heroically prescient. Since then, the New Yorker has devoted enormous attention to climate change, describing the causes of the crisis, the political and ecological conditions we now find ourselves in, and the scenarios and solutions we face. *The Fragile Earth* tells the story of climate change—its past, present, and future—taking readers from Greenland to the Great Plains, and into both laboratories and rain forests. It features some of the best writing on global warming from the last three decades, including Bill McKibben's seminal essay "The End of Nature," the first piece to popularize both the science and politics of climate change for a general audience, and the Pulitzer Prize-winning work of Elizabeth Kolbert, as well as Kathryn Schulz, Dexter Filkins, Jonathan Franzen, Ian Frazier, Eric Klinenberg, and others. The result, in its range, depth, and passion, promises to bring light, and sometimes heat, to the great emergency of our age.

The powerful sequel to the bestselling *Beautiful Broken Things*, which was shortlisted for the YA Book Prize and selected for Zoella's Book Club. Now reissued with a fresh cover look. Two years after a downward spiral took her as low as you can possibly go, Suzanne is starting again. Again. She's back in Brighton, the only place she felt she belonged, back with her best friends Caddy and Rosie. But they're about to leave for university. When your friends have been your light in the darkness, what happens when you're the one left behind? *Fierce Fragile Hearts* is the stunning companion novel to Sara Barnard's YA bestseller *Beautiful Broken Things*, which was selected for the inaugural Zoella Book Club. It is about leaving the past behind, the friends who form your future, and learning to find love, in all its forms. Praise for *Fierce Fragile Friends* "This book is exquisite." - Holly Bourne, bestselling author of *Am I Normal Yet?*

Are you facing something seemingly insurmountable? Have you allowed someone to intimidate you and don't see a way out? Have you focused so much on the hurts and disappointments in your life that you have missed the blessings? Then you need to read this true story of a woman who did. Sometimes people and circumstances occur in our lives without warning and attempt to drain the sunshine from our days. Regardless of what life hands us, we have choices. This book will make you laugh or cry with the turn of each page. The chapter summaries detail how the people or circumstances contributed to who she became. They were symbolically represented by pieces of colorful mosaic glass connected by gold-tinted lead to form her mosaic window of life. Jesus Christ represents the gold lead because He holds our lives together in all the storms we face. He is also the Sunshine on our windows displaying His glory through us regardless of our circumstances. The life lessons in these pages are endless and conducive for Bible studies or book clubs.

A personal memoir by the author of *Warriors of God* describes his own daughter Hillary's courageous battle with a devastating chronic illness, its impact on the entire family, and the daunting medical and social implications of such controversial issues as stem cell research, animal organ transplants, and reproductive and therapeutic cloning. Reprint. 15,000 first printing.

April 18, 1906: A massive earthquake rocks San Francisco just before daybreak, igniting a devouring inferno. Lives are lost, lives are shattered, but some rise from the ashes forever changed. Sophie Whalen is a young Irish immigrant so desperate to get out of a New York tenement that she answers a mail-order bride ad and agrees to marry a man she knows nothing about. San Francisco widower Martin Hocking proves to be as aloof as he is mesmerizingly handsome. Sophie quickly develops deep affection for Kat, Martin's silent five-year-old daughter, but Martin's odd behavior leaves her with the uneasy feeling that something about her newfound situation isn't right. Then one early-spring evening, a stranger at the door sets in motion a transforming chain of events. Sophie discovers hidden ties to two other women. The first, pretty and pregnant, is standing on her doorstep. The second is hundreds of miles away in the American Southwest, grieving the loss of everything she once loved. The fates of these three women intertwine on the eve of the devastating earthquake, thrusting them onto a perilous journey that will test their resiliency and resolve and, ultimately, their belief that love can overcome fear. From the acclaimed author of *The Last Year of the War* and *As Bright as Heaven* comes a gripping novel about the bonds of friendship and mother love, and the power of female solidarity.

Charlotte Pierce-Baker did everything right when raising her son, providing not only emotional support but the best education possible. At age twenty-five, he was pursuing a postgraduate degree and seemingly in control of his life. She never imagined her high-achieving son would wind up handcuffed, dirty, and in jail. The moving story of an African American family facing the challenge of bipolar disorder, *This Fragile Life* provides insight into mental disorders as well as family dynamics. Pierce-Baker traces the evolution of her son's illness and, in looking back, realizes she mistook warning signs for typical child and teen behavior. Hospitalizations, calls in the night, alcohol and drug relapses, pleas for money, and continuous disputes, her son's journey was long, arduous, and almost fatal. *This Fragile Life* weaves a fascinating story of mental illness, race, family, the drive of African Americans to succeed, and a mother's love for her

son.

FROM THE INTERNATIONALLY BESTSELLING AUTHOR OF THE QUARANTINE STATION. "Get some tissues ready ... you will need them." - Sunny Shelley Reads "So emotional, moving and heartbreaking but so full of love..." - Emlovesreading "It grasps at the heart strings..." - HappyValley Booksread "This is such a beautiful, moving and emotional story..." - Helen, Goodreads We'd hurt each other, my soulmate and me... Faith James is found on a remote beach in the south of Spain with a head injury and no recollection of how she got there. Recovering in hospital, she is desperate to return to her twenty-five-year-old, single life in Sydney. But Faith has lost ten years of memories and her world becomes unrecognisable. Her husband, Will, arrives to collect her, and she is told she has three young children waiting at home in London. So begins the emotional journey to reclaim the life she's forgotten, learn how to be a wife and mother, and mend a broken marriage. She wants to remember everything... But are all memories worth fighting for, even the ones that hurt?

An uplifting, funny, and flavorful story through despair, survival, and mental emancipation during the chaos of 2020. In from hell to challah, Shari Wallack's journey begins inside a mental hospital and continues on a road trip to eighteen destinations throughout the United States during the COVID-19 pandemic. She details her innermost thoughts, hopes, and fears while illustrating how she went from crippling depression to joy over a three-month period. Along with a multitude of colorful characters, Shari navigates an exciting and unusual voyage of self-discovery and healing. Among the useful lessons she learns along the way, she discovers that cooking and baking calm her. She provides the recipes that helped her through her struggles, with the hope that others will find the same much-needed comfort. Shari's heartwarming and humorous story shows that happiness and purpose can be found even in the most difficult of times.

I am Comet Caldwell. And I sort of, kind of, absolutely hate my name. People expect extraordinary things from a girl named Comet. That she'll be effortlessly cool and light up a room the way a comet blazes across the sky. But from the shyness that makes her book-character friends more appealing than real people to the parents whose indifference hurts more than an open wound, Comet has never wanted to be the center of attention. She can't wait to graduate from her high school in Edinburgh, Scotland, where the only place she ever feels truly herself is on her anonymous poetry blog. But surely that will change once she leaves to attend university somewhere far, far away. When new student Tobias King blazes in from America and shakes up the school, Comet thinks she's got the bad boy figured out. Until they're thrown together for a class assignment and begin to form an unlikely connection. Everything shifts in Comet's ordinary world. Tobias has a dark past and runs with a tough crowd—and none of them are happy about his interest in Comet. Targeted by bullies and thrown into the spotlight, Comet and Tobias can go their separate ways...or take a risk on something extraordinary. From the New York Times bestselling author of *The Impossible Vastness of Us* and the *On Dublin Street* series comes a heartfelt and beautiful new young adult novel, set in Scotland, about daring to dream and embracing who you are.

'A sweeping, absorbing history, deeply researched, of that extraordinary and enduring phenomenon: the library' - Richard Ovenden, author of *Burning the Books: A History of Knowledge under Attack* Famed across the known world, jealously guarded by private collectors, built up over centuries, destroyed in a single day, ornamented with gold leaf and frescoes or filled with bean bags and children's drawings - the history of the library is rich, varied and stuffed full of incident. In this, the first major history of its kind, Andrew Pettegree and Arthur der Weduwen explore the contested and dramatic history of the library, from the famous collections of the ancient world to the embattled public resources we cherish today. Along the way, they introduce us to the antiquarians and philanthropists who shaped the world's great collections, trace the rise and fall of fashions and tastes, and reveal the high crimes and misdemeanours committed in pursuit of rare and valuable manuscripts.

'A remarkably original first novel, beautifully written, about a future that could be just around the corner' Julie Christie, oscar-winning star of *Darling* and *Doctor Zhivago* 'I absolutely DEVoured this book. It has everything I love - great characters, intrigue, action, heart, drama and hope. Cannot recommend it enough' Aisling Bea 'Poignant and perfect' Christina Dalcher, author of *Vox* 'Smart, with a fantastic sense of foreboding and anxiety, of ordinary lives about to go horribly off the rails . . . hugely impressive work from a new writer' David Nicholls, author of *One Day* and *Starter for Ten* What would you do to protect your family if the world stopped working? Not long from now, in a recognisable yet changed London, Signy and Matthew lead a dull, difficult life. They've only really stayed together for the sake of their six year old son, Jed. But they're surviving, just about. Until the day the technology that runs their world stops working. Unable to use their phones, pay for anything, even open the smart door to their flat, Matthew assumes that this is just a momentary glitch in the computers that now run the world. But then the electricity and gas are cut off. Even the water stops running. And the pollination drones - vital to the world, ever since the bees all died - are behaving oddly. People are going missing. Soldiers are on the streets. London is no longer safe. A shocking incident sends Signy and Jed on the run, desperate to flee London and escape to the small village where Signy grew up. Determined to protect her son, Signy will do almost anything to survive as the world falls apart around them. But she has no idea what is waiting for them outside the city... 'A very British disaster epic. Echoes of John Wyndham. Resonances for today' Stephen Baxter, co-author of *The Long Earth* 'This superbly accomplished debut is dark and compelling but ultimately filled with hope' Ruth Hogan

Antifragile is a standalone book in Nassim Nicholas Taleb's landmark *Incerto* series, an investigation of opacity, luck, uncertainty, probability, human error, risk, and decision-making in a world we don't understand. The other books in the series are *Foiled by Randomness*, *The Black Swan*, *Skin in the Game*, and *The Bed of Procrustes*. Nassim Nicholas Taleb, the bestselling author of *The Black Swan* and one of the foremost thinkers of our time, reveals how to thrive in an uncertain world. Just as human bones get stronger when subjected to stress and tension, and rumors or riots intensify when someone tries to repress them, many things in life benefit from stress, disorder, volatility, and

turmoil. What Taleb has identified and calls “antifragile” is that category of things that not only gain from chaos but need it in order to survive and flourish. In *The Black Swan*, Taleb showed us that highly improbable and unpredictable events underlie almost everything about our world. In *Antifragile*, Taleb stands uncertainty on its head, making it desirable, even necessary, and proposes that things be built in an antifragile manner. The antifragile is beyond the resilient or robust. The resilient resists shocks and stays the same; the antifragile gets better and better. Furthermore, the antifragile is immune to prediction errors and protected from adverse events. Why is the city-state better than the nation-state, why is debt bad for you, and why is what we call “efficient” not efficient at all? Why do government responses and social policies protect the strong and hurt the weak? Why should you write your resignation letter before even starting on the job? How did the sinking of the Titanic save lives? The book spans innovation by trial and error, life decisions, politics, urban planning, war, personal finance, economic systems, and medicine. And throughout, in addition to the street wisdom of Fat Tony of Brooklyn, the voices and recipes of ancient wisdom, from Roman, Greek, Semitic, and medieval sources, are loud and clear. *Antifragile* is a blueprint for living in a Black Swan world. Erudite, witty, and iconoclastic, Taleb’s message is revolutionary: The antifragile, and only the antifragile, will make it. Praise for *Antifragile* “Ambitious and thought-provoking . . . highly entertaining.”—*The Economist* “A bold book explaining how and why we should embrace uncertainty, randomness, and error . . . It may just change our lives.”—*Newsweek*

The author describes her battles raising three children with Fragile X syndrome, the frightening episodes involving her disabled sons, and how she attempted suicide as a means of escape.

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What sixteen-year-old Elizabeth has lost so far: forty pounds, four jean sizes, a boyfriend, and her peace of mind. As a result, she’s finally a size zero. She’s also the newest resident at Wallingfield, a treatment center for girls like her—girls with eating disorders. Elizabeth is determined to endure the program so she can go back home, where she plans to start restricting her food intake again. She’s pretty sure her mom, who has her own size-zero obsession, needs treatment as much as she does. Maybe even more. Then Elizabeth begins receiving mysterious packages. Are they from her ex-boyfriend, a secret admirer, or someone playing a cruel trick? This eloquent debut novel rings with authenticity as it follows Elizabeth’s journey to taking an active role in her recovery, hoping to get back all that she lost.

When she is carjacked, Gilly Solomon, a stay-at-home mom who is tired of always putting herself last, is stranded in a remote, snowbound cabin with a man who, teetering on the edge of madness, refuses to let her leave. Reprint.

A new STANDALONE age-gap, arranged marriage romance from USA Today Bestselling author Cora Reilly! Sofia knows how it feels to be the consolation prize. Too young. Not blond. And definitely not an ice princess. Her sister is/was all those things. Perfection. Until she wasn't. Until she ran off to be with the enemy and left her fiancé behind. Now Sofia is given to Danilo in her sister's stead, knowing she'll never be more than second best. Yet, she can't stop longing for the love of the man she's been crushing on even when he was still her sister's. Danilo is a man who's used to getting what he wants. Power. Respect. The sought-after ice princess. Until another man steals his bride-to-be. Danilo knows that for a man in his position losing his woman can lead to a loss of face. Wounded pride. Thirst for revenge. A dangerous combination—one Danilo can't leave behind, not even when a girl just as precious takes her sister's place to placate him. Yet, she's got one flaw: she's not her sister. Unable to forget what he's lost, Danilo might lose what he's been given.

In this poignant, lyric memoir, a sister's tragic death prompts a woman's unbidden journey into her turbulent African past. A comfortable suburban housewife with three children living in Connecticut, Wendy Kann thought she had put her volatile childhood in colonial Rhodesia—now Zimbabwe—behind her. Then one Sunday morning came a terrible phone call: her youngest sister, Lauren, had been killed on a lonely road in Zambia. Suddenly unable to ignore her longing for her homeland, she decides she must confront the ghosts of her past. Wendy Kann's is a personal journey, set against a backdrop as exotic as it is desolate. From a privileged colonial childhood of mansions and servants, her story moves to a young adulthood marked by her father's death, her mother's insanity, and the viciousness of a bloody civil war. Through unlikely love she finds herself in the incongruous sophistication of Manhattan; three children bring the security of suburban America, until the heartbreaking vulnerability of the small child her sister left behind in Africa compels her to return to a continent she hardly recognizes. With honesty and compassion, Kann pieces together her sister's life, explores the heartbreak of loss and belonging, and finally discovers the true meaning of home.

The haunting story of a family of dreamers and tale-tellers looking for home in an unwelcoming world. This exquisite and unusual magic realist debut, told in intensely lyrical prose by an award winning author, traces one girl's migration from war to peace, loss to loss, home to home. Firuzeh and her brother Nour are children of fire, born in an Afghanistan fractured by war. When their parents, their Atay and Abay, decide to leave, they spin fairy tales of their destination, the mythical land and opportunities of Australia. As the family journeys from Pakistan to Indonesia to Nauru, heading toward a hope of home, they

must rely on fragile and temporary shelters, strangers both mercenary and kind, and friends who vanish as quickly as they're found. When they arrive in Australia, what seemed like a stable shore gives way to treacherous currents. Neighbors, classmates, and the government seek their own ends, indifferent to the family's fate. For Firuzeh, her fantasy worlds provide some relief, but as her family and home splinter, she must surface from these imaginings and find a new way.

How do we practice hope after trauma? What shape does hope take after abuse? In grappling with these questions, Ashley E. Theuring implicates the entire church and advocates changing our theologies of hope and our understanding of resurrection. Reimagining the Empty Tomb narrative from the Gospel of Mark in light of the experiences of domestic violence survivors, *Fragile Resurrection* reveals the possibility for everyday practices and relationships to mediate hope and resurrection. Theuring constructs an embodied imaginative hope found in the wake of trauma, which can speak to our current context of trauma and uncertainty.

A thrilling novel from New York Times bestselling author Lisa Unger about the hunt for a missing girl and one community's intricate yet fragile bonds. "[A] nail-biting nuanced whodunit."—People Everybody knows everybody in *The Hollows*, a quaint, charming town outside of New York City. It's a place where neighbors keep an eye on one another's kids, where people say hello in the grocery store, and where high school cliques and antics are never quite forgotten. As a child, Maggie found living under the microscope of small-town life stifling. But as a wife and mother, she has happily returned to *The Hollows*' insular embrace. As a psychologist, her knowledge of family histories provides powerful insights into her patients' lives. So when the girlfriend of her teenage son, Rick, disappears, Maggie's intuitive gift proves useful to the case—and also dangerous. Eerie parallels soon emerge between Charlene's disappearance and the abduction of another local girl that shook the community years ago when Maggie was a teenager. The investigation has her husband, Jones, the lead detective on the case, acting strangely. Rick, already a brooding teenager, becomes even more withdrawn. In a town where the past is always present, nobody is above suspicion, not even a son in the eyes of his father. As she tries to reassure him that Rick embodies his father in all of the important ways, Maggie realizes this might be exactly what Jones fears most. Determined to uncover the truth, Maggie pursues her own leads into Charlene's disappearance and exposes a long-buried town secret—one that could destroy everything she holds dear. I came to the story of a mother and her three young children who had all died on the same day. Was it an accident? An illness of some kind? I soon learned that the husband and father of this young family had murdered them after being excommunicated from the Amish church. The sensational trial would demand answers of the church itself.

Today, I look forward to a future where anorexia's voice will be silenced, where I can simply be Nikki Grahame and not be defined or controlled by my illness.' Say the name Nikki Grahame and most people will remember the bubbly, highly strung and hugely entertaining Big Brother 7 contestant. Since leaving the Big Brother house, she has forged a successful career for herself in presenting and writing. Yet Nikki isn't just another reality television contestant and her life story is not like any other you will ever read. From the age of eight until she was nineteen Nikki battled anorexia nervosa but few cases have been quite as extreme as hers. This compelling book tells the story of her incredible journey and has been revised to include Nikki's ongoing struggle with anorexia. Aged just eight and weighing just under three stone, Nikki was diagnosed as anorexic. For the next eight years, she was in and out of institutions - eleven in total - during which time she attempted suicide twice and had to be sedated up to four times a day so that she could be force-fed. At one point, she was sedated for fourteen days while doctors sewed a tube into her stomach, through which she was fed to get her weight out of the critical range. The lengths that she went to in order to avoid eating and find ways to exercise excessively shocked doctors who have worked in the field for years. As Nikki says, 'I've always wanted to be the best at everything I do, so I had to be the best anorexic - and I was.' With searing honesty, Nikki recounts her long and painful road to recovery, how she has had to come to terms with the long-term ramification of her illness, how she uses her new-found fame to promote awareness of eating disorders and to help those who are suffering from similar problems.

Jai when in school, poured his heart out in a letter which he wrote for Geeta whom he was in love with. But fate has its own plans and she disappears abruptly, leaving him distressed and broken. Years later, Jai moves to Bangalore for further studies and there he meets Riya, his junior who tries to fill the void in his life. The two soon get into a relationship. Life makes an unexpected twist when Jai shifts to Mumbai for his job and meets someone from the past. Torn between his past and present, what will Jai do? Read *The Fragile Heart* to know more.

Sixteen-year-old Nate is a GEM—a Genetically Engineered Medi-tissue—created by Gathos City scientists as a cure for the elite from the fatal lung rot ravaging the population. As a child, Nate was smuggled out of the laboratory where he was held captive and taken into the Withers—a quarantined, lawless region. He manages to survive by becoming a Tinkerer, fixing broken tech in exchange for food or a safe place to sleep. When he meets Reed, a kind and fiercely protective boy who makes his heart race, and his misfit gang of scavengers, Nate finds the family he's always longed for—even if he can't risk telling them what he is. But Gathos created a genetic fail-safe in their GEMs—a flaw in their DNA that causes their health to rapidly deteriorate as they age unless they are regularly dosed with medication controlled by Gathos City. When violence erupts across the Withers, Nate's illegal supply of medicine is cut off, and a vicious attack on Reed threatens to expose his secret. With time running out, Nate is left with only two options: work for a shadowy terrorist organization that has the means to keep him alive, or stay—and die—with the boy he loves.

Struggling to care for their daughter Willow, who was born with brittle bone disease, Charlotte and Sean O'Keefe add additional strain to their overburdened family life when they file a lawsuit against Charlotte's obstetrician.

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

In gripping prose, one of the world's leading cardiac surgeons lays bare both the wonder and the horror of a life spent a heartbeat away from death When Stephen Westaby witnessed a patient die on the table during open-heart surgery for the first time, he was struck by the quiet, determined way the surgeons walked away. As he soon understood, this detachment is a crucial survival strategy in a profession where death is only a heartbeat away. In *Open Heart*, Westaby reflects on over 11,000 surgeries, showing us why the procedures have never become routine and will never be. With astonishing compassion, he recounts harrowing and sometimes hopeful stories from his operating room: we meet a pulseless man who lives with an electric heart pump, an expecting mother who refuses surgery unless the doctors let her pregnancy reach full term, and a baby who gets a heart transplant-only to die once it's in place. For readers of Atul Gawande's *Being Mortal* and of Henry Marsh's *Do No Harm*, *Open Heart* offers a soul-baring account of a life spent in constant confrontation with death.

Say the name Nikki Grahame and most people will remember the bubbly, highly strung and hugely entertaining Big Brother 7 contestant, famous for her diary room outbursts. Since leaving the Big Brother house, she had forged a successful career for herself in presenting and writing. Yet Nikki isn't just another reality television contestant and her life story is not like any other you will ever read. From the age of

eight until she was nineteen, Nikki battled anorexia nervosa—but few cases have been quite as extreme as hers. What she has been through while suffering from this illness might surprise you—it will definitely shock you. At just seven years old, Nikki began feeling that she was overweight. A remark about her being fat from a fellow pupil at a gymnastics class along with insecurity brought about by her parents' separation and her beloved grandfather's death, were the catalysts for Nikki's long-term eating disorder. Aged just eight and weighing just under three stone, she was diagnosed as anorexic. For the next eight years, Nikki was in and out of institutions—seven in total—during which time she attempted suicide twice and had to be sedated up to four times a day so that she could be force-fed. At one point, she was sedated for fourteen days while doctors sewed a tube into her stomach, through which she was fed in order to get her weight out of the critical range. Nikki admits that she knew every anorexic's trick in the book: from breaking into hospital kitchens to water down full-fat milk, altering her diet sheet and switching name tags on food to ensure that she received smaller amounts, to even stuffing a door-stop down her trousers before a weigh-in. The extremes that she went to in order to avoid eating and find ways to exercise excessively shocked doctors who have worked in the field for years. As Nikki says, "I've always wanted to be the best at everything I do, so I had to be the best anorexic—and I was." This is the heart-rending and powerful story of a girl who lost her childhood but was brave enough to finally admit that she wanted to live again. With searing honesty, Nikki recounts her long and painful road to recovery, how she has had to come to terms with the long-term ramifications of her illness, how she coped with being in the Big Brother house and how she uses her new-found fame to promote awareness of eating disorders and to help those who are suffering from similar problems. This compelling book tells the story of an incredible journey.

"Natalie Pinter is a wonderful storyteller. She does more than just write--she casts a cozy, tactile, and entrancing spell, which you become compelled to follow wherever it takes you." --Eric Shapiro, author of "It's Only Temporary" & "Days of Allison" Following a lightning storm, Andre and her brother Ben discover a winged girl cowering in their backyard shed. The millennials are thrilled by the appearance of a mythical being, but they are wary too, particularly when she warns them that a dangerous monster has followed her from "Elsewhere." The girl, (Shae) is desperate to return to a world she can now only scarcely recall. Exquisite and beguiling, Shae evokes a protectiveness on their part-especially when she grants them gifts of extraordinary new talent. Andre and Ben want to help her however they can. But the siblings soon find out that these gifts carry ghastly side effects. Andre is enchanted by prophetic dreams, but they wither her grip on reality; Ben creates sublime music, but his health deteriorates. And then, to their horror, they discover that Shae must complete a terrible task before she can return home and that everyone they know and love is in danger. Andre and Ben must now figure out how to thwart a being they've grown to care for. What they don't realize is that Shae is changing-she's beginning to develop a conscience, and an affinity for her human hosts. And as her time runs out, she must make a terrible choice before all their lives spiral into a grisly climax of cruel irony and heartbreaking sacrifice.

"A prodigiously imaginative collection." —New York Times Book Review, Editor's Choice "Dazzling tales from a master of the fantastic." —Washington Post Book World Fragile Things is a sterling collection of exceptional tales from Neil Gaiman, multiple award-winning (the Hugo, Bram Stoker, Newberry, and Eisner Awards, to name just a few), #1 New York Times bestselling author of The Graveyard Book, Anansi Boys, Coraline, and the groundbreaking Sandman graphic novel series. A uniquely imaginative creator of wonders whose unique storytelling genius has been acclaimed by a host of literary luminaries from Norman Mailer to Stephen King, Gaiman's astonishing powers are on glorious displays in Fragile Things. Enter and be amazed!

Who are these homeless teens wandering the streets of America, backpacks slung over their shoulders, cigarettes dangling from their hands? Why are they on the streets instead of safely harbored at home? A Fragile Thread of Hope answers these questions in the words of four young women rescued from the streets by the author, Andi Buerger. Her own childhood abuse made her keenly aware of three homeless teenaged mothers when she volunteered at a shelter on Thanksgiving of 2008. That day she decided to do something to help. A Fragile Thread of Hope is the story of Andi's redemption from the abuse that sought to define her intertwined with the eventual birth of Beulah's Place, a refuge for lost and wandering teens caught up in drugs, alcohol and even sex trafficking. The women speak their hearts, not just their experiences. The reader will see young street people in a whole new light.

'Emma has joined an elite club of authors.' Sunday Mail FRAGILE CORD is an emotional rollercoaster charting the psychological meltdown of a mother with a deadly secret. Introducing Salford detectives Kevin Coupland and Alex Moreton as they investigate what appears to be a routine murder-suicide. Tracey Kavanagh was her usual upbeat self; right up until the moment she drowned her son before killing herself and her unborn child. For Alex Moreton, this case couldn't have come at a worse time, battling with her partner over whether to have another child, she is superstitious about pushing their luck - they're happy enough as they are...aren't they? DS Kevin Coupland is dealing with a serious assault outside a wine bar in Swinton. Devoted family man Ricky Wilson is brutally stabbed following an altercation with youths while out with his wife and their children to celebrate her birthday. Coupland and Moreton's cases merge when it transpires that Tracey and Ricky were tragically connected. Is it possible that there could be more to these two investigations than pure coincidence? And what was Tracey Kavanagh so frightened of she thought wiping out her family was the answer? As the past collides with the present Coupland uncovers a tragic secret that will destroy Tracey's family, or what's left of it.

Coupland must choose whether the truth shall come out - or be taken to the grave. Fans of Mark Billingham and Angela Marsons will be gripped by this exceptional crime fiction series. Watch out for more from D.S. Coupland: Book Two, A PLACE OF SAFETY: A Detective battling personal tragedy, Kevin Coupland will stop at nothing to protect a key witness in a drive-by shooting. Other books in the series include: ONE BAD TURN, ABSENT, FLESH AND BLOOD, STICKS AND STONES, WHEN DARKNESS FALLS. Praise for Emma Salisbury: 'I read the whole series in a week.' 'An author to watch.' Goodreads reviewer 'Love the way this author writes.' What people are saying about Fragile Cord 'A police procedural done right.' 'Keeps you guessing.' 'Tautly written. Would make a brilliant TV series.' 'A page-turner that keeps you guessing right to the final twist.' 'Once started I couldn't put down.' 'Edge of your seat.'

A powerful history of Jewish art collectors in France, and how an embrace of art and beauty was met with hatred and destruction In the dramatic years between 1870 and the end of World War II, a number of prominent French Jews—pillars of an embattled community—invested their fortunes in France's cultural artifacts, sacrificed their sons to the country's army, and were ultimately rewarded by seeing their collections plundered and their families deported to Nazi concentration camps. In this rich, evocative account, James McAuley explores the central role that art and material culture played in the assimilation and identity of French Jews in the fin-de-siècle. Weaving together narratives of various figures, some familiar from the works of Marcel Proust and the diaries of Jules and Edmond Goncourt—the Camondos, the Rothschilds, the Ephrussis, the Cahens d'Anvers—McAuley shows how Jewish art collectors contended with a powerful strain of anti-Semitism: they were often accused of "invading" France's cultural patrimony. The collections these families left behind—many ultimately donated to the French state—were their response, tragic attempts to celebrate a nation that later betrayed them.

A thrilling romance filled with ghosts, rebellion and revenge! Paul has always known he was a Protector, fated to serve a Speaker who could hear the voices of spirits lingering after death and

help those souls find peace. Vivienne never listens to the voices of the dead. Paul has always followed the Protector's rule book, preparing diligently for the day when he'd be matched with his Speaker and fulfill his destiny. Vivienne never does what she's told. So when Paul is matched with Vivienne, they both find the pairing less than satisfactory. But a kidnapping, a malevolent spirit and a power stronger than both of them may just prove that they are two halves of the same whole. In a stunning story about the beauty of fate and the power of secrets, Mary Lindsey returns to the world of Shattered Souls with a breathtaking thrill ride of a novel. Perfect for fans of Kami Garcia and Margaret Stohl's Beautiful Creatures, Lauren Kate's Fallen and Maureen Johnson's The Name of the Star.

When their hard-drinking, but loving, father dies in a car accident, teenage brothers Kyle and Klint Hayes face a bleak prospect: leaving their Pennsylvania hometown for an uncertain life in Arizona with the mother who ran out on them years ago. But in a strange twist of fate, their town's matriarch, an eccentric, wealthy old woman whose family once owned the county coal mines, hears the boys' story. Candace Jack doesn't have an ounce of maternal instinct, yet for reasons she does not even understand herself, she is compelled to offer them a home. Suddenly, the two boys go from living in a small, run-down house on a gravel road to a stately mansion filled with sumptuous furnishings and beautiful artwork—artwork that's predominantly centered, oddly, on bullfighting. And then there's Miss Jack's real-life bull: Ventisco—a regal, hulking, jet-black beast who roams the land she owns with fiery impudence. Kyle adjusts more easily to the transition. A budding artist, he finds a kindred spirit in Miss Jack. But local baseball hero Klint refuses to warm up to his new benefactress and instead throws himself into his game with a fierceness that troubles his little brother. Klint is not just grieving his father's death; he's carrying a terrible secret that he has never revealed to anyone. Unbeknownst to the world, Candace Jack has a secret too—a tragic, passionate past in Spain that the boys' presence threatens to reveal as she finds herself caring more for them than she ever believed possible. From the muted, bruised hills of Pennsylvania coal country to the colorful, flamboyant bull rings of southern Spain, Tawni O'Dell takes us on a riveting journey not only between two completely different lands, but also between seemingly incompatible souls, casting us under her narrative spell in which characters and places are rendered with fragile tenderness.

An ER doctor examines the beautiful tension between life and death through heartfelt stories of loss, love, and hope.

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