

Full Tilt Ireland To India With A Bicycle

This “fascinating” story of a nineteenth-century mystery “should appeal to most lovers of history, as well as to bicycling enthusiasts. Strongly recommended” (Library Journal). In the late 1880s, Frank Lenz of Pittsburgh, a renowned high-wheel racer and long-distance tourist, dreamed of cycling around the world. He finally got his chance by recasting himself as a champion of the downsized “safety-bicycle” with inflatable tires, the forerunner of the modern road bike that was about to become wildly popular. In the spring of 1892 he quit his accounting job and gamely set out west to cover twenty thousand miles over three continents as a correspondent for *Outing* magazine. Two years later, after having survived countless near disasters and unimaginable hardships, he approached Europe for the final leg. Lenz never made it. His mysterious disappearance in eastern Turkey sparked an international outcry and compelled *Outing* to send William Sachtleben, another larger-than-life cyclist, on Lenz’s trail. Bringing to light a wealth of information, David Herlihy’s gripping narrative captures the soaring joys and constant dangers accompanying the bicycle adventurer in the days before paved roads and automobiles. This untold story culminates with Sachtleben’s heroic effort to bring Lenz’s accused murderers to justice, even as troubled Turkey teetered on the edge of collapse.

Jupiter's Travels - Ted Simon's astonishing 4 year motorbike journey around the world
The book that inspired Ewan McGregor's *Long Way Round*
In the late 1970s Ted Simon set off on a Triumph and rode 63,000 miles over four years through fifty-four countries in a journey that took him around the world. Through breakdowns, prison, war, revolutions, disasters and a Californian commune, he travelled into the depths of fear and reached the heights of euphoria. He met astonishing people and was treated as a spy, a welcome stranger and even a god. For Simon the trip became a journey into his own soul, and for many others - including bikers Charley Boorman and Ewan McGregor - it provides an inspiration they will never forget. This classic text, which has informed a whole genre of travel writing in the thirty years since it was first published, will never be bettered for sheer adventure, passion, humour and honesty. Brought up in England by a German mother and a Romanian father, Ted Simon found himself impelled by an insatiable desire to explore the world. It led him to abandon an early scientific career in favour of journalism, and he has worked for several newspapers and magazines on Fleet Street and elsewhere. Ted Simon is also the author of *Riding Home* and *The Gypsy in Me*.

Shortly after her tenth birthday, inspired by an atlas she was given, Dervla Murphy decided that she would one day cycle to India. Almost 20 years later she set out to achieve her ambition, pedalling her trusty bicycle, Roz. Based on the diary she kept, this book describes the trials and challenges she faced as she cycled through Europe, Persia, Afghanistan, over the Himalayas and into India.

Traces the author's experiences while breaking the record to cycle the globe, drawing on diary entries and correspondences to describe how the effort profoundly changed his life through such unanticipated elements as new friendships, illness and crime. Original. 20,000 first printing.

“ It is late October, and the temperature is already –40 degrees . . . My thoughts are filled with frozen rivers that may or may not hold my weight; empty, forgotten valleys

haunted by emaciated ghosts; and packs of ravenous, merciless wolves.” Having left his job as a high-school geography teacher, Rob Lilwall arrived in Siberia equipped only with a bike and a healthy dose of fear. *Cycling Home from Siberia* recounts his epic three-and-a-half-year, 30,000-mile journey back to England via the foreboding jungles of Papua New Guinea, an Australian cyclone, and Afghanistan’s war-torn Hindu Kush. A gripping story of endurance and adventure, this is also a spiritual journey, providing poignant insight into life on the road in some of the world’s toughest corners.

Through Siberia by Accident is a book about a journey that didn't happen - and what happened instead. Dervla Murphy never had any intention of spending three months in the vast territories of Siberia. Instead she had planned to go to Ussuriland, because it appealed to her as a place free from tourism. But by accident, or rather because she had an accident - a painful leg injury -, she found herself stymied in Eastern Siberia, a place she knew very little about. Although hardly able to walk, her subsequent experiences, in an unexpected place, and in an incapacitated state, provided many pleasant surprises. Above all she was struck by the extraordinary hospitality, generosity and helpfulness of the Siberians who made this strange phenomenon - a maimed Irish babushka - so welcome in their towns and homes. This book is an extraordinary story of fortitude and resourcefulness as Dervla Murphy finds friendship and culture in a seemingly monotonous, bleak and inhospitable place far from what we know as 'civilised'. *Through Siberia by Accident* is a voyage of Siberian self-discovery.

E-Bike is the essential guide to this exciting technology and way of riding. From features, benefits, pros and cons, and the best ways to take advantage of motor-assisted cycling, *E-Bike* shows how to get the best bike for you and how your new e-bike will improve your cycling. Electric bikes are a new and fast-changing technology that’s poised to transform how Americans ride bicycles, commute to work, and get around town. But in a market crowded with makes, models, and features, which e-bike is best for you? E-bike expert Martin Haussermann explores this exciting new way of riding a bicycle to share all the information e-bike shoppers and owners need. With guidance from VeloNews tech editor Dan Cavallari, custom e-bike framebuilder Lennard Zinn, and cycling retail journalist Stephen Frothingham, *E-Bike* offers the e-bike curious the essential guide to e-bike tech, formats, and uses. Whether you’re looking for a city commuter, a speedy road bike, or a mountain bike, you can get up to speed on e-bike motors, drivetrains, brakes, and suspensions. Haussermann offers insights on e-bike handling, maintenance, and e-bike touring that makes clear all the benefits an e-bike can bring to your riding. Electric bikes are here, and *E-Bike* shares the best ways to take advantage of motor-assisted cycling.

Dervla Murphy recounts the events, people, and ironies she encountered while living in Gaza during Summer 2011.

The author travelled around Northern Ireland by bicycle. Her journey was undertaken to explore the north, both geographically and psychologically.

The real achievement of Dervla's trip across Ethiopia was not surviving three armed robberies or a mountainous thousand-mile trail, but rather her growing affection for and understanding of another race.

In the mid-1940s, Sybille Bedford set off from Grand Central Station for Mexico, accompanied by her friend E., a hamper of food and drink (Virginia ham, cherries, watercress, a flute of bread, Portuguese rosé), books, a writing board, and paper. Her resulting travelogue captures the violent beauty of the country she visited. Bedford doesn't so much describe Mexico as

take the reader there—in second-class motor buses over thousands of miles, through arid noons and frigid nights, successions of comida corrida, botched excursions to the coast, conversations recorded verbatim, hilarious observations, and fascinating digressions into murky histories. At the heart of the book is the Don Otavio of the title, the travelers' gracious host, his garrulous family and friends, and his Edenic hacienda at Lake Chapala. Published in 1953, *A Visit to Don Otavio* was an immediate success, “a travel book written by a novelist,” as Bedford described it, establishing her reputation as a nonpareil writer.

Before GPS, before the compass, and even before cartography, humankind was navigating. Now this singular guide helps us rediscover what our ancestors long understood—that a windswept tree, the depth of a puddle, or a trill of birdsong can help us find our way, if we know what to look and listen for. Adventurer and navigation expert Tristan Gooley unlocks the directional clues hidden in the sun, moon, stars, clouds, weather patterns, lengthening shadows, changing tides, plant growth, and the habits of wildlife. Rich with navigational anecdotes collected across ages, continents, and cultures, *The Natural Navigator* will help keep you on course and open your eyes to the wonders, large and small, of the natural world. The diary of Dervla Murphy's bicycle trek from Dunkirk, across Europe, the Middle East, and the Himalayas, to India. An amazing narrative from an amazing woman.

Identifies secret symbols and meanings hidden in sixty-two works by master artists from Botticelli and Giotto to Da Vinci and Michelangelo, in a captioned treasury that features die-cut pages enabling readers to focus on specific aspects.

One winter, Dervla Murphy and her six-year-old daughter explored 'Little Tibet' high up in the Karakoram Mountains in the frozen heart of the Western Himalayas. For three months they travelled on foot and on pony along the perilous Indus Gorge and into nearby valleys. Even when beset by crumbling tracks over bottomless chasms, an assault by a lascivious Kashmiri, the unnerving melancholy of the Balts, and Rachel's continual probing questions, this formidable traveller retained her enthusiasm for her surroundings and her sense of humour. Hair-raising, gloriously subjective and with the quirky vitality of fiction, the resulting book is a classic of travel writing.

In a series of deeply personal accounts, the author of *The Early Arrival of Dreams* explores the practice of religious pilgrimage as she recreates the Irish Catholic pilgrimage to Station Island, visits to holy sites in Israel, the Hindu pilgrimage to Varanasi, a trip to Lourdes, and the journey to Santiago de Compostela, among others, and examines the meaning of the pilgrimage in modern life. Reprint.

Following *A Month by the Sea*, her acclaimed exploration of life in Gaza, Dervla Murphy describes with passionate honesty the experience of living with and among Jewish Israelis and Palestinians in both Israel and Palestine. In cramped Haifa high-rises, in homes in the settlements and in a refugee camp on the West Bank, she talks with whomever she meets, trying to understand them and their attitudes with her customary curiosity, her acute ear and mind, her empathy, her openness to the experience and her moral seriousness. Behind the book lies a desire to communicate the reality of life on the ground, and to puzzle out for herself what might be done to alleviate the suffering of all who wish to share this land and to make peace in the region a possibility. Meeting the wise, the foolish and the frankly deluded, she gradually knits together a picture of the patchwork

that constitutes both sides of the divide - Hamas and Fatah, rural and urban, refugee, indigenous inhabitant, Russian, Black Hebrew and Kabbalist to name but a fraction. She finds compassion and empathy in both communities, but is also appalled by instances of its lack on both sides - a Palestinian woman who will not concede the suffering of Jewish civilian victims of a suicide bomber, and the Jewish inhabitants of Hebron who make the lives of their Muslim neighbours a living hell. Clinging to hope, Dervla comes to believe that despite its difficulties the only viable future lies in a single democratic state of Israel/Palestine, based on one person, one vote - a One-State Solution.

Land en volk in woord en beeld.

Full of roller-coaster twists and turns, Neal Shusterman's page-turner is an Orpheus-like adventure into one boy's psyche. Sixteen-year-old Blake and his younger brother, Quinn, are exact opposites. Blake is the responsible member of the family. He constantly has to keep an eye on the fearless Quinn, whose thrill-seeking sometimes goes too far. But the stakes get higher when Blake has to chase Quinn into a bizarre phantom carnival that traps its customers forever. In order to escape, Blake must survive seven deadly rides by dawn, each of which represents a deep, personal fear--from a carousel of stampeding animals to a hall of mirrors that changes people into their deformed reflections. Blake ultimately has to face up to a horrible secret from his own past to save himself and his brother--that is, if the carnival doesn't claim their souls first!

This is the same amazing story as the current version, but with an updated cover and foreword. If you'd like to read Barbara Savage's two-year around the world bicycle trip now, you can order the current version here. *Miles from Nowhere* is the story of Barbara and Larry Savage's sometimes dangerous, often zany, but ultimately rewarding 23,000-mile bicycle odyssey, which took them through 25 countries in two years. Along the way, these near-neophyte cyclists on their ten-speeds encountered warm-hearted strangers eager to share food and shelter, bicycle-hating drivers who ran them off the road, various wild animals (including an attack camel), rock-throwing Egyptians, overprotective Thai policeman, motherly New Zealanders, meteorological disasters, bodily indignities, and great personal joys. The stress of traveling together constantly tested yet strengthened the young couple's relationship and as their trip ends, you'll find yourself yearning for Barbara and Larry to jump back on their bikes and keep pedaling. Originally published in 1983, *Miles from Nowhere* has provided inspiration for legions of modern travel-adventurers and writers.

Dervla Murphy's epic journey began during the coldest winter in living memory, and took her through Europe, Persia (Iran), Afghanistan, over the Himalayas to Pakistan and into India. A woman travelling alone in these countries was the unusual focus of interest and, even when the weather improved, there were difficulties and dangers enough to satisfy the most dedicated traveller. But although, in a world of vanishing tracks and political chaos, the solitary cyclist was grateful for the revolver in her saddle bag, her journey was enriched by acts

of unexpected kindness. Full Tilt was Dervla Murphy's first journey and first book, starting a long and celebrated life of travel writing in the most remote and wildest parts of the world. So for someone who has read one of her books and enjoyed it, or for anyone who would like to get to know the work of one of our greatest and most intrepid travel writers, this is the book to take you back to where it all started.

The second volume in Tim Robinson's phenomenal Connemara Trilogy - which Robert Macfarlane has called 'One of the most remarkable non-fiction projects undertaken in English'. The first volume of Tim Robinson's Connemara trilogy, *Listening to the Wind*, covered Robinson's home territory of Roundstone and environs. *The Last Pool of Darkness* moves into wilder territory: the fjords, cliffs, hills and islands of north-west Connemara, a place that Wittgenstein, who lived on his own in a cottage there for a time, called 'the last pool of darkness in Europe'. Again combining his polymathic knowledge of Connemara's natural history, human history, folklore and topography with his own unsurpassable artistry as a writer, Tim Robinson has produced another classic. A native of Yorkshire, Tim Robinson moved to the Aran Islands in 1972. His books include the celebrated two-volume *Stones of Aran*. Since 1984 he has lived in Roundstone, Connemara. 'The Proust & Ruskin of modern place-writing, deep-mapper of Irish landscapes, visionary thinker, and human of exceptional intellectual generosity & kindness. He was an immense inspiration to & encourager of me & my work' Robert Macfarlane 'A masterpiece of travel and topographical writing and a miraculous, vivid and engrossing meditation on landscape and history and the sacred mood of places' Colm Tóibín, *Irish Times* 'One of the greatest writers of lands ... No one has disentangled the tales the stones of Ireland have to tell so deftly and retold them so beautifully' Fintan O'Toole

Full Tilt Ireland to India with a Bicycle Dufour Editions

One woman 10,000 miles on foot 6 countries 8 pairs of hiking boots 3,000 cups of tea 1,000 days and nights "The only way to survive three years of walking was to embrace the moment of now."—from *Wild by Nature* Not since Cheryl Strayed gifted us with her adventure on the Pacific Crest Trail in her memoir, *Wild*, has there been such a powerful epic adventure by a woman alone. In *Wild by Nature*, National Geographic Explorer Sarah Marquis takes you on the trail of her ten-thousand-mile solo hike across the remote Gobi desert from Siberia to Thailand, at which point she was transported by boat to complete the hike at her favorite tree in Australia. Against nearly insurmountable odds and relying on hunting and her own wits, Sarah Marquis survived the Mafia, drug dealers, thieves on horseback who harassed her tent every night for weeks, temperatures from subzero to scorching, life-threatening wildlife, a dengue fever delirium in the Laos jungle, tropic ringworm in northern Thailand, dehydration, and a life-threatening abscess. This is an incredible story of adventure, human ingenuity, persistence, and resilience that shows firsthand what it is to adventure as a woman in the

most dangerous of circumstance, what it is to be truly alone in the wild, and why someone would challenge themselves with an expedition others would call crazy. For Marquis, her story is about freedom, being alive and wild by nature.

Robert Penn has saddled up nearly every day of his adult life. In his late twenties, he pedaled 25,000 miles around the world. Today he rides to get to work, sometimes for work, to bathe in air and sunshine, to travel, to go shopping, to stay sane, and to skip bath time with his kids. He's no Sunday pedal pusher. So when the time came for a new bike, he decided to pull out all the stops. He would build his dream bike, the bike he would ride for the rest of his life; a customized machine that reflects the joy of cycling. *It's All About the Bike* follows Penn's journey, but this book is more than the story of his hunt for two-wheel perfection. En route, Penn brilliantly explores the culture, science, and history of the bicycle. From artisanal frame shops in the United Kingdom to California, where he finds the perfect wheels, via Portland, Milan, and points in between, his trek follows the serpentine path of our love affair with cycling. It explains why we ride. *It's All About the Bike* is, like Penn's dream bike, a tale greater than the sum of its parts. An enthusiastic and charming tour guide, Penn uses each component of the bike as a starting point for illuminating excursions into the rich history of cycling. Just like a long ride on a lovely day, *It's All About the Bike* is pure joy- enriching, exhilarating, and unforgettable.

Dervla Murphy's journal of her cycle tours of South Africa, before, during, and after the transfer of power in 1994, gives a day-by-day view of that momentous period. When she first pedalled across the Limpopo she fancied that she understood South Africa's problems because for more than 40 years she had - from a distance - taken a particular interest in them. Within 12 hours of her journey that illusion was shattered. This journal reflects her moods of confusion and elation, hope and disappointment as she tries to come to terms with a country even more complex and shattered - but also more flexible - than she had expected. As she records her quite often contradictory reactions to the new South Africa, Dervla Murphy's journal records how she came to love the new South Africa.

For a time there were four bikes in Matt Seaton's life, a training bike, a track bike, a mountain bike and a racing bike. His evenings were spent doing the miles on the roads between South London and the North Downs. Weekends were taken up with Club meetings, road races and time trials - rides that took him to cold village halls at dawn and out onto the empty bypasses of Southern England. Outdoorswoman Leigh McAdam has been to 54 countries on every continent except Antarctica. Her popular outdoor blog hikebikettravel.com, which attracts a large following of kindred spirits, vicarious travellers and, increasingly, admirers of her fine photographic skills, receives almost 50,000 page views per month. Now in "Discover Canada" 100 adventures selected from the author's vast experience of year-round, outdoor experiences are presented with detailed maps and McAdam's stunning photographs. Writing as she travels -- with good humour,

wisdom and verve, McAdam guides readers to spectacular wilderness locations as well as sites of historical interest. A hundred adventures in all ten provinces and three territories are rated for difficulty and come with information on getting there, the length of the trip and estimated time to accomplish it. Valuable preparedness tips, adventure highlights and interesting facts round out this essential guide for the wilderness adventurer. Selected to highlight areas of outstanding natural beauty in warm weather or winter ice and snow, these adventures are designed to be experienced while hiking, climbing, paddling, rafting, biking, skating or cross-country skiing. What better way to experience the Canadian landscape than by travelling through spectacular mountain and coastal scenery under your own steam? This book shows Canadians and wilderness enthusiasts all over the world what treasures can be found in Canada's great outdoors.

Part travel narrative, part study of genocide and its aftermath, part polemic against the "international community", this volume presents the writings of Dervla Murphy as she travelled through Rwanda in 1997.

Recounts the author's experiences hitchhiking on a bet all the way around Ireland with a small refrigerator, and shares his impressions of the people and places along the way.

Silverland charts Dervla Murphy's extraordinary expedition through the snowscapes of Far Eastern Russia. No stranger to adventure, the intrepid septuagenarian's mid-winter journey takes her beyond Siberia to the furthest corners of Russia – areas proximate to Japan, Mongolia and the Arctic Circle. Here she discovers a strange world of lynx and elks, indigenous tribes and shamanism, reindeer broth and taiga-berry pie. She takes the coal-fuelled slow-train around regions hardly exposed to tourism and there she meets a host of colourful and generous characters. They invite this unconventional Irish Babushka into their homes where she enjoys fascinating fireside debate bolstered by steaming samovars of sweet tea. Just like its author, Silverland is insightful, warm and truly original.

A first-hand account of the life of travel writer Dervla Murphy in which she tells of her early life in Lismore, Co. Waterford, in her rather unusual household. Her father was the county librarian and her mother a chronic invalid. An only child, Dervla was allowed from the age of seven to freely roam on her own. At ten, she cycled ten miles to a local mountain, climbed it, then lost herself on the way down, and was forced to stay out all night - much to the distress of her parents. Living in a house that was crumbling around their ears, she reveals how her family hid a Republican who was later hanged, how she tested herself (with hot water) to increase her pain threshold, how she avoided an insane and shrieking maid, who was convinced that Dervla's parents were fried eggs, and how she helped another maid give birth under the kitchen table.

Dervla Murphy describes her various journeys by air, bicycle, and foot in the remote and mountainous Lantang region near Tibet. Written with charm and

sensitivity, this book reveals the vitality of an age-old civilization. An account of the day-to-day life in an orphanage for Tibetan children in the refugee camps of Northern India in the 1960's. A vivid and heart-rending recollection.

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