

Guide Shogun Service

One of the world's most captivating countries, Japan is a land of many fascinating contrasts, taking in some of the world's most futuristic cities alongside stunning natural landscapes and a wonderfully preserved ancient culture. Be inspired to visit by the fully-updated new edition of Insight Guide Japan, a comprehensive full-colour guide to this unique country. Inside Insight Guide Japan: A fully-overhauled edition by our knowledgeable authors. Stunning, specially-commissioned photography that brings this extraordinary country and its people to life. Highlights of the country's top attractions, including the iconic Mount Fuji, Kyoto's 15th-century Ginkaku-ji Temple and Gardens, and Tokyo's coolest districts. Descriptive region-by-region accounts cover the whole country from Hokkaido and Honshu to Shikoku and Kyushu in detail, and suggest excursions to the smaller surrounding islands. Detailed, high-quality maps throughout will help you get around and travel tips give you all the essential information for planning a memorable trip, including our independent selection of the best places to eat. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure. 'Insight Guides has spawned many imitators but is still the best of its type.' - Wanderlust Magazine

Discover how to use the Internet to locate primary sources for medical information. This focused guide zeros in on the most valuable sites and techniques for staying up-to-date on medical issues, grasping new technologies, and enhancing medical practice. Companion CD software Data.zip (1MB) Demos.zip (2.1MB) Resource.zip (1.4MB)

The Rough Guide to Tokyo Make the most of your time on Earth with the ultimate travel guides. World-renowned 'tell it like it is' travel guide. Get Olympic ready with this practical 'tell it like it is' guidebook to Tokyo. Featuring extensive listings and maps, this is packed with information to help travellers make the most of their Tokyo 2020 Olympic adventure. Discover Japan with this comprehensive and entertaining travel guide, packed with practical information and honest recommendations by our independent experts. Whether you plan to scoff sushi, be dazzled by neon Akihabara or drink sake until your head spins, the Rough Guide to Tokyo will help you discover the best places to explore, eat, drink, shop and sleep along the way. Features of this travel guide to Tokyo: - Detailed regional coverage: provides practical information for every kind of trip, from off-the-beaten-track adventures to chilled-out breaks in popular tourist areas - Honest and independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, our writers will help you make the most from your trip to Japan - Meticulous mapping: practical full-colour maps, with clearly numbered, colour-coded keys. Find your way around Harajuku, Asakusa and many more locations without needing to get online - Fabulous full-colour photography: features inspirational colour photography, including the dizzying lights of Shinjuku and awe-inspiring presence of Senso-ji Temple. - Time-saving itineraries: carefully planned routes will help inspire and inform your on-the-road experiences - Things not to miss: Rough Guides' rundown of Roppongi, Ginza, Akihabara and Bayside Tokyo's best sights and top experiences - Travel tips and info: packed with essential pre-departure information including getting around, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more - Background information: comprehensive 'Contexts' chapter provides fascinating insights into Japan, with coverage of history, religion, ethnic groups, environment, wildlife and books, plus a handy language section and glossary - Covers: the Imperial Palace

and around; Ginza and around; Akihabara and around; Ueno and around; Asakusa and around; Ryogoku and Kiyosumi; Bayside Tokyo; Akasuka and Roppongi; Ebisu and the south; Harajuku; Aoyama and Shibuya; Shinjuku and the west; Ikebukuro and the north. You may also be interested in: The Rough Guide to Japan, Pocket Rough Guide Tokyo, The Rough Guide to China About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

Pocket Rough Guide Tokyo Make the most of your time on Earth with the ultimate travel guides. Entertaining, informative and stylish pocket guide. Get Olympic ready with this pocket guidebook to Tokyo. It's a treasure trove of practical information, expert-curated listings and maps that will help travellers make the most of their 2020 Olympic adventure. Discover the best of Tokyo with this compact and entertaining pocket travel guide. This slim, trim treasure trove of trustworthy travel information is ideal for short-trip travellers and covers all the key sights (Senso-Ji temple, Golden Gai, Shibuya crossing), restaurants, shops, cafés and bars, plus inspired ideas for day-trips, with honest and independent recommendations from our experts. Features of this travel guide to Tokyo - Compact format: packed with practical information, this is the perfect travel companion when you're out and about exploring Tokyo - Honest and independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, our writers will help you make the most of your trip - Incisive area-by-area overviews: covering Ginza, Harajuku, Shinjuku and more, the practical 'Places' section provides all you need to know about must-see sights and the best places to eat, drink and shop - Handy pull-out map: with every major sight and listing highlighted, the pull-out map makes on-the-ground navigation easy - Time-saving itineraries: carefully planned routes will help inspire and inform your on-the-road experiences - Travel tips and info: packed with essential pre-departure information including getting around, health, tourist information, festivals and events, plus an A-Z directory and handy language section and glossary - Attractive user-friendly design: features fresh magazine-style layout, inspirational colour photography and colour-coded maps throughout - Covers: Imperial Palace and around; Ginza and around; Akihabara and around; Ueno and around; Asakusa and around; Bayside Tokyo; Akasaka and Roppongi; Ebisu and the south; Harajuku and Shibuya; Shinjuku and the west; Ikebukuro and the north Looking for a comprehensive travel guide to Japan? Try The Rough Guide to Japan for an informative and entertaining look at all the country has to offer. About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

Explore iconic cities afresh. Been there, done that? Want a more authentic experience? Then this stylish Insight guides Experience Tokyo is for you. From seeing unmissable top attractions like the Imperial Palace from a new perspective, to discovering hidden gems like Hamarikyu Garden, this innovative book - with free app and eBook - is ideal for travellers seeking a unique experience of Tokyo. Whether you're a first-timer hoping for off-the-beaten track adventures, or a repeat visitor in search of authentic Tokyo, this guide will help you plan and experience an unforgettable trip. · Over 100 insider ideas to make your trip unique, authentic and utterly unforgettable, from Strolling the scenic Meguro River to exploring the hidden byways by bike · In the Mood section suggests the best places to go for inspired art, shopping, fine dining and family fun experiences, and more besides - ideal when you feel like following your impulses · Compact and concise, this is a stylish and practical companion when you're out and about making memorable moments, neatly organised into neighbourhoods, from Shibuya and Ebisu to outside the city centre · Stunning colour photography brings this sensational city and its people to life with panache · Invaluable maps and

Essentials section ensure you won't get lost while venturing off well-travelled roads - Includes innovative extras that are unique in the market - all Experience Guides come with a free eBook and app that's regularly updated with new hotel, bar, restaurant, shop and local event listings

About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrasebooks, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

An epic battle between Light and Darkness is about to begin as the Luminary awakens on his 16th birthday. Join a diverse cast of characters as you traverse the world of Erdrea on a quest to discover why you've been branded the Darkspawn and the many mysteries of the Luminary.

The most complete guide for Dragon Quest XI: Echoes of an Elusive Age features all there is to do and see in the world of Erdrea. A step-by-step walkthrough featuring every item, quest and side activity illustrated with gorgeous screenshots. Version 1.2 - Differences between the original game and the Definitive Edition - Walkthrough for all Tickington Locations - Deep dive for all characters, including a suggested build for each one - Locations of every in-game recipe - Full Walkthrough of the main storyline - Coverage of every quest - All mini-games blown open

Awarded the 2009 Bronze Medal in the Society of American Travel Writers Foundation's annual Lowell Thomas Travel Journalism Competition: "Whether you want to stand on a glacier or have a beer with local bikers, this is the definitive (as well as wonderfully eccentric) guide to the immensity of the southern Sierra and Owens Valley. John Muir would be pleased."—Mike Davis, author of *City of Quartz* and *Ecology of Fear*

The only complete guide to California's southern Sierra Nevada—some of the most stunning wilderness in North America—is better than ever in this revised, updated edition. Detailed reviews of lodging, dining, and recreation, plus outfitters, campsites, trails, and points of historic and cultural interest.

Insight Guides, the world's largest visual travel guide series, in association with Discovery Channel, the world's premier source of nonfiction entertainment, provides more insight than ever. From the most popular resort cities to the most exotic villages, Insight Guides capture the unique character of each culture with an insider's perspective. Inside every Insight Guide you'll find:

- Evocative, full-colour photography on every page.
- Cross-referenced, full-colour maps throughout.
- A brief introduction including a historical timeline.
- Lively essays by local writers on the culture, history, and people.
- Expert evaluations on the sights really worth seeing.
- Special features spotlighting particular topics of interest.
- A comprehensive Travel Tips section with listings of the best restaurants, hotels, and attractions, as well as practical information on getting around and advice for travel with children

Written by an internationally celebrated cruise expert, this recognized bible of the cruise industry offers descriptions, information, and recommendations for every imaginable type of cruise ship.

The first edition of this book was released under digital format (eBook) in 2014. In 2015, a second edition of the eBook

was released, containing, besides minor changes here and there, two important additions: Chapter VII about “the Japanese Consumer Mindset” and Chapter XI about “3 Keys for Success in Japan”. In 2017, the third edition is being released with a new Table of Contents and a revision of Chapter XI, becoming “5 Keys for Success in Japan”. This book is targeted at business executives of companies: • approaching the Japanese Market, • reviewing their options in terms of Japan Entry Strategy, • already exporting to Japan (Indirect Sales) or, • already established and doing business in Japan (Direct Sales). In this book, we show: • That the Japanese Market is a great market to approach and that, provided the right methodology and marketing mix, there are great opportunities to seize in the long-term for foreign companies. • That it is necessary to get familiar with cross-cultural differences and to understand better your Japanese clients, their country, their culture and their business system. • How to market your products or services in Japan (B2C and B2B Marketing Guidelines). • Which Entry Strategies are available to foreign companies to choose from and guidelines for selection. Keywords: Japan, Japon, Economie du Japon, Japanese Economy, Commercer avec le Japon, Doing Business with Japan, Commercer au Japon, Doing Business in Japan, Faire des Affaires au Japon, Marketing in Japan, Japan B2B Sales, Japan B2C Sales, Selling in Japan, Vendre au Japon, Exporter vers le Japon, Export to Japan, S'implanter au Japon, Set up an office in Japan, Japan Entry Strategies, Trade with Japan, Doing Business with the Japanese, Faire des Affaires avec les Japonais, Japan Cross-cultural Management, les Japonais, the Japanese Part Samurai history, part martial arts guide, this is THE book for anyone interested in Japan's fabled Samurai culture. Author Alexander Bennett is the ultimate insider—holding multiple black belts in Kendo and Naginata, as well as a Ph.D. in Japanese literature and history. In this book he shares his vast personal experience and knowledge with readers seeking to undertake their own personal quest in the Japanese martial arts. Bennett outlines the Japanese history of Bushido and the Samurai—from early times up until the present. Then, as only someone steeped in this world can, he surveys the contemporary martial arts scene and provides the essential knowledge young foreigners need to find a teacher and learn successfully. Unlike any other book on this subject, Japan The Ultimate Samurai Guide is written by a Japanese speaker who has studied and taught martial arts in Japan for many decades. Chapters include: The Real Samurai The Concept of Bushido Development of the Japanese Martial Arts Martial Arts Masters You Should Know About Budo in Japan Today Key Martial Arts Concepts Life in a Japanese Dojo A Japan Survival Guide Written in a down-to-earth and easy-to-read style, this book will captivate anyone interested in Japan, as well as martial arts teachers and practitioners around the world. With both history and humor, this vividly illustrated book has a more personal touch than many (for example, read up on "Fifteen Famous Japanese Cultural Idiosyncrasies" and Bennett's favorite martial arts movies). As Bennett says, "This book is supposed to be genuinely from the heart. Without the pretense...misconceptions or romantization that often

accompanies martial arts."

Mercenaries have been active in battle from the beginning of military history and, as private armies and military support firms, they are a major component of warfare today. Security, military advice, training, logistics support, policing, technological expertise, intelligence, transportation—all are outsourced to a greater or lesser degree in the U.S. military. However, privatization is not a uniquely American phenomenon. Countries as diverse as Saudi Arabia and Australia rely on privatization in one form or another. Historically, heads of state, politicians, and other administrators have justified use of mercenaries on the basis of their effectiveness, and cost-savings. These reasons and others continue to serve as rationales for use of private military companies in military strategy. *Mercenaries: A Guide to Private Armies and Private Military Companies* provides a comprehensive survey and guide to mercenary forces, entrepreneurs, and corporations active on the international military scene today, including a concise history of mercenaries and private armies on land, sea, and in the air. Narrative chapters are amply supplemented by sidebars including biographies of major figures, key statistics, historical and current documents, contracts, and legislation on private armies and outsourced military services. Each chapter includes a bibliography of books, journal articles, and web sites, and a general bibliography concludes the entire work.

Farewell to faux pas! Minding your manners is an acquired skill, but what serves you well elsewhere could trip you up in Japan. Save yourself possible embarrassment with *Etiquette Guide to Japan*. An inside look at Japanese social graces, it answers all the questions of the thoughtful traveler. Extensive, specific information on Japanese business etiquette assists readers traveling to Japan for business. Although often overshadowed by a modern facade, long-standing traditional aspects of Japan's culture still influence the country and almost everyone in it. Concrete evidence of this traditional culture can be seen everywhere—in the ancient arts and crafts that are still important parts of everyday life, in the many shrines and temples that dot the nation, and in the modern comeback of traditional fashions such as kimono and yakata robes. To many Western visitors, however, the most obvious example of this traditional culture's strength is the unique etiquette of the Japanese. Like many nations, Japan has experienced vast political, social, and economic change over the past century. But enough of Japan's traditional etiquette remains to set the Japanese apart socially and psychologically, and to make success in socializing and doing business with them a special challenge for Westerners. About this new version: This updated and expanded edition of the best-selling Japanese etiquette guide addresses not just the puzzling protocols relating to name cards, bowing or shaking hands, bathrooms and public baths—but also what to do when entertaining Japanese dinner guests, attending a Japanese tea ceremony, taking the subway, and much more! It also provides the latest etiquette in mobile phone manners, texting, social media and other forms of digital communication. The glossary at the back of the book has been revised to include the latest technology-related words and expressions used by Japanese today. Two new chapters address the changing role of foreigners in the workplace and the contemporary business style and etiquette used by the younger generation of Japanese who are now increasingly cosmopolitan—but still very Japanese!

The new-look *Rough Guide to Tokyo* - now in full colour throughout - is the ultimate travel companion to Japan's jaw-dropping capital.

Augmented by stunning photography and full listings sections, colour-coded maps provide the key to this hectic, sometimes indecipherable city. You'll find detailed practical advice on what to see and do in Tokyo, from ancient temples and the Imperial Palace to the searing neon lights of Shibuya and Shinjuku. Whatever your budget, the best places to sleep, eat, drink and shop are all covered, with best-of boxes picking out the highlights you won't want to miss - before long you could be eating the world's finest sushi, drinking sake in a local izakaya, watching a sumo or robot battle, or sleeping in one of the city's famed capsule hotels. Make the most of your trip with The Rough Guide to Tokyo. Now available in ePub format.

Insight Guides Pocket Japan Travel made easy. Ask local experts. The definitive pocket-sized travel guide. Get Olympic ready with this stylish pocket travel guide to Japan. It's a convenient, concise companion to travellers' Tokyo 2020 Olympic adventure. Compact, concise and packed full of essential information about where to go and what to do, this is the ideal on-the-move travel guide for exploring Japan. From top tourist attractions like Mount Fuji, deer in Nara and nightlife in Osaka, to cultural gems, including taking in Tokyo's Edo-Tokyo Museum, exploring the historical centre of Kamakura and relaxing in an onsen hot spring, plan your perfect trip with this practical, all-in-one travel guide. Features of this travel guide to Japan: - Inspirational itineraries: discover the best destinations, sights and excursions, highlighted with stunning photography - Historical and cultural insights: delve into the country's rich history and culture, and learn all about its people, art and traditions - Practical full-colour maps: with every major attraction highlighted, the maps make on-the-ground navigation easy - Key tips and essential information: from transport to tipping, we've got you covered - Covers: Tokyo; Kanto; Kansai; Chubu; Western Honshu and Shikoku; Kyushu; Northern Honshu; Hokkaido Looking for an even bigger guide to Japan? Check out Insight Guides Japan for a comprehensive and entertaining look at all the country has to offer. About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

From the publishers of The Unofficial Guide to Walt Disney World "A Tourist's Best Friend!" —Chicago Sun-Times "Indispensable" —The New York Times Five Great Features and Benefits offered ONLY by The Unofficial Guide: More than 100 cruise lines and 500 ships reviewed and ranked for value and quality Complete details on cruise lines, ships, and itineraries around the world Industry secrets for getting the lowest possible fare, plus extras like free vacation days Everything you need to know to make planning your cruise vacation fun and easy Helpful hints for getting the best cabin—without breaking your bank account

The Rough Guide to Tokyo is the ultimate travel guide to Japan's weird and wonderful capital city. Discover Tokyo's highlights with stunning photography, colour-coded maps and more listings and information than ever before. You'll find detailed practical advice on what to see and do in Tokyo - from the hipster bars of Shibuya and Shimokitazawa to the top spots for Japanese classic meals such as sushi, ramen, tempura and okonomiyaki - as well as up-to-date descriptions of the best hotels, clubs, shops and more, for all budgets. Whether you're planning to explore neighbourhoods such as Shinjuku, Ginza and Ueno in depth, or need fast-fix itineraries and "Best of" boxes that pick out the highlights you won't want to miss, The Rough Guide to Tokyo is your essential guide to the city. Make the most of your trip with The Rough Guide to Tokyo.

Tokyo is one of the most fast-paced cities in Asia. Keep up to speed with City Guide Tokyo - a comprehensive guide to getting the most out of

this extraordinary city. Experience the mega-wattage of neon lights in Shibuya, take a soothing dip at Odaiba's Oedo Onsen and marvel at the resplendent Senso-ji Temple with a guide that explores all these sights and more using detailed, narrative text, easy-to-use maps and stunning full-colour photography. City Guide Tokyo fully explores the history, people and culture of the city, so you can discover everything you need to know to appreciate kabuki theatre, learn the difference between sushi and sashimi and delve into the world of manga and anime. In-depth chapters cover all of Tokyo's wards and suggest excursions to surrounding regions; fashionistas should head for stylish Harajuku, night owls can make a beeline for bustling Roppongi, history and architecture buffs will adore the Old Tokyo of Asakusa, whilst those seeking fresh air and gorgeous scenery will want to explore Mount Fuji. The Best Of section helps you to prioritise what to see and the Travel Tips offer essential advice on what you need to know before you go and how to get around the city once you are there. Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure.

I am a fearless shogun, the military ruler of Japan. People are afraid of me—and they should be. I have even more power than the emperor. I followed the rules to achieve my high position—and you should, too. Social classes must stay in their proper places. I will not stand for uprisings or pirates. We must all be honorable, disciplined, and respectful. I also insist on riches, fine food, and beauty throughout the land. And strong fighters and a well-guarded castle, of course. Read the rest of my rules to learn more about my great power. What could possibly go wrong?

The Rough Guide to Barcelona offers the traveller a first-class insight into this colourful and exciting city. This fifth edition has been thoroughly updated and revised and includes up-to-the-minute reviews of the city's best restaurants, bars and clubs. There are in-depth accounts of all the sights, from the tree-lined Ramblas to the weird and wonderful modernista architecture all over the city. The detailed contexts chapter includes a section on Catalan cookery with recipes.

Pelican's luxury-travel expert Steven B. Stern completely updates this guide each year to provide the most current and accurate descriptions of nearly 300 cruise ships. These listings include not only Alaskan, Mediterranean, and Caribbean cruises but also offbeat destinations like European barge trips and more. Every new edition also contains actual shipboard menus, activity schedules, price categories, and hints on how to best enjoy an eight-hour stay in port.

Get the lowdown on the best fiction ever written. Over 230 of the world's greatest novels are covered, from Quixote (1614) to Orhan Pamuk's Snow (2002), with fascinating information about their plots and their authors – and suggestions for what to read next. The guide comes complete with recommendations of the best editions and translations for every genre from the most enticing crime and punishment to love, sex, heroes and anti-heroes, not to mention all the classics of comedy and satire, horror and mystery and many other literary genres. With feature boxes on experimental novels, female novelists, short reviews of interesting film and TV adaptations, and information on how the novel began, this guide will point you to all the classic literature you'll ever need.

... lists publications cataloged by Teachers College, Columbia University, supplemented by ... The Research Libraries of The New York Public Library.

Plucking Chrysanthemums is a critical study of the life and works of Narushima Ryōhoku (1837–1884): Confucian scholar, world traveler, pioneering journalist, and irrepressible satirist. A major figure on the nineteenth-century Japanese cultural scene, Ryōhoku wrote works that

were deeply rooted in classical Sinitic literary traditions. Sinitic poetry and prose enjoyed a central and prestigious place in Japan for nearly all of its history, and the act of composing it continued to offer modern Japanese literary figures the chance to incorporate themselves into a written tradition that transcended national borders. Adopting Ryūhoku's multifarious invocations of Six Dynasties poet Tao Yuanming as an organizing motif, Matthew Fraleigh traces the disparate ways in which Ryūhoku drew upon the Sinitic textual heritage over the course of his career. The classical figure of this famed Chinese poet and the Sinitic tradition as a whole constituted a referential repository to be shaped, shifted, and variously spun to meet the emerging circumstances of the writer as well as his expressive aims. *Plucking Chrysanthemums* is the first book-length study of Ryūhoku in a Western language and also one of the first Western-language monographs to examine Sinitic poetry and prose (kanshibun) composition in modern Japan.

Tokyo is one of the most fastest-paced cities in Asia. Keep up to speed with *City Guide Tokyo* - a comprehensive guide to getting the most out of this extraordinary city. Experience the mega-wattage of neon lights in Shibuya, take a soothing dip at Odaiba's Oedo Onsen and marvel at the resplendent Senso-ji temple with a guide that explores all these sights and more using detailed, narrative text, easy-to-use maps and stunning full-colour photography. *City Guide Tokyo* fully explores the history, people and culture of the city, so you can discover everything you need to know to appreciate kabuki theatre, learn the difference between sushi and sashimi and delve into the world of manga and anime. In-depth chapters cover all of Tokyo's wards and suggest excursions to surrounding regions; fashionistas should head for stylish Harajuku, night owls can make a beeline for bustling Roppongi, history and architecture buffs will adore the Old Tokyo of Asakusa, whilst those seeking fresh air and gorgeous scenery will want to explore Mount Fuji. The Best Of section helps you to prioritise what to see and the Travel Tips offer selective listings of where to stay and eat out, plus essential advice on what you need to know before you go and how to get around the city once you are there.

Modern Ninjutsu: A Definitive Guide to the Tactics, Concepts & Spirit of Unconventional Combat Arts is a path guide to realistic training and mind-set development for combat situations wherever they may occur. J. Alaric Justice is a military combat veteran and former anti-terrorist, as well as a former law enforcement defensive tactics instructor and crisis negotiator. Perhaps most important to this work, he has survived many violent street encounters, fights, and attempted crimes in gang-infested areas. Speaking as someone who has been exposed to violence and opponent force in myriad forms, he offers a unique view to practitioners of any system of how to handle crisis situations and maintain realism in their training for generations to come. Provides an invaluable and very accessible addition to existing biographic sources and references, not least because of the supporting biographies of major writers and the historical and cultural notes provided.

This in-depth coverage of Japan's attractions, sights, and restaurants takes you to the most rewarding spots—from the cutting-edge modernism of Tokyo, the history and culture of Kyoto, to the heights of Mt. Fuji—and stunning color photography brings the nation to life. The locally based *Rough Guides* author team introduces the best places to stop and explore, and provides reliable insider tips on topics such as driving the roads, taking walking tours, or visiting local landmarks. You'll find special coverage of history, art, architecture, and literature, and detailed information on the best markets and shopping for each area in this fascinating country.

The Rough Guide to Japan also unearths the best restaurants, nightlife, and places to stay, from backpacker hostels to beachfront villas and boutique hotels, and color-coded maps feature every sight and listing. Make the most of your time with The Rough Guide to Japan.

Puts world events in a context that is relevant for today's students and casual readers Updated to include the significant events from the past several years

Insight Guides: all you need to inspire every step of your journey. From deciding when to go, to choosing what to see when you arrive, this is all you need to plan your trip and experience the best of Japan, with in-depth insider information on must-see, top attractions like Mount Fuji and the temples and gardens of Kyoto, and cultural gems like Beppu's hot springs and Tokyo's botanical gardens. Insight Guide Japan is ideal for travellers seeking immersive cultural experiences, from exploring the range of Japanese cuisine to discovering manga comics and sumo wrestling In-depth on history and culture: enjoy special features on the Edo period and life in modern Japan, all written by local experts Includes innovative, unique extras to keep you up-to-date when you're on the move - this guide comes with a free eBook, and an app that highlights top attractions and regional information and is regularly updated with new hotel, bar, restaurant, shop and local event listings Invaluable maps, travel tips and practical information ensure effortless planning, and encourage venturing off the beaten track Inspirational colour photography throughout - Insight Guides is a pioneer of full-colour guide books Inventive design makes for an engaging, easy reading experience About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

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