

Health The Basics 11th Edition

Text and accompanying photographs present art theory, practices, and history from ancient Egypt through the early twenty-first century.

For courses in Visual Basic Programming From the Beginning: A Comprehensive Introduction to Visual Basic Programming Schneider's Introduction to Programming Using Visual Basic, Tenth Edition brings continued refinement to a textbook praised in the industry since 1991. A favorite for both instructors and students, Visual Basic 2015 is designed for readers with no prior computer programming experience. Schneider introduces a problem-solving strategy early in the book and revisits it throughout allowing you to fully develop logic and reasoning. A broad range of real-world examples, section-ending exercises, case studies and programming projects gives you a more hands-on experience than any other Visual Basic book on the market. The Tenth Edition keeps the pace with modern programming methodology while incorporating current content and practices. Each chapter is rich yet concise due to the author's focus on developing chapters around crucial subjects rather than covering too many topics superficially. The amount and the range of projects provided in the text offer flexibility to adapt the course according to the interests and abilities of the readers. Some programming projects in later chapters can be assigned as end-of-the-semester projects. Also available with MyProgrammingLab (tm) . MyProgrammingLab is an online learning system designed to engage students and improve results. MyProgrammingLab consists of a set of programming exercises correlated to specific Pearson CS1/Intro to Programming textbooks. Through practice exercises and immediate, personalized feedback, MyProgrammingLab improves the programming competence of beginning students who often struggle with the basic concepts of programming languages. Interactive Practice provides first-hand programming experience in an interactive online environment. Error Messages for Incorrect Answers give students immediate personalized feedback. The error messages include both the feedback from the compiler and plain English interpretations of likely causes for the incorrect answer. Step-by-step VideoNote Tutorials enhance the programming concepts presented in your Pearson textbook by allowing students to view the entire problem-solving process outside of the classroom-when they need help the most. Pearson eText gives students access to their textbook anytime, anywhere. In addition to note taking, highlighting, and bookmarking, the Pearson eText offers interactive and sharing features. Rich media options let students watch lecture and example videos as they read or do their homework. Instructors can share their comments or highlights, and students can add their own, creating a tight community of learners in your class. The Pearson eText companion app allows existing subscribers to access their titles on an iPad or Android tablet for either online or offline viewing. Dynamic grading and assessment provide auto-grading of student assignments, saving you time and offering students immediate learning opportunities: A dynamic roster tracks their performance and maintains a record of submissions. The color-coded gradebook gives you a quick glance of your class' progress. Easily drill down to receive information on a single student's performance or a specific problem. Gradebook results can be exported to Excel to use with your LMS.

Concepts of Genetics is known for its focus on teaching core concepts and problem solving. This best-selling text has been extensively updated, with coverage on emerging topics in genetics, and problem-solving support has been enhanced. Health & Wellness, Twelfth Edition covers many facets of personal health, including physical, emotional, mental, social, environmental, and spiritual perspectives. Written in a personal and engaging style, the Twelfth Edition encourages students to make the right health choices and gives them the tools and information they need to improve their health habits. The clearest, most concise coverage of one of the most complex topics in medicine—updated with the latest advances in the field Doody's Core Titles for 2021! Clinical Neurology, Eleventh Edition, provides a comprehensive overview of basic and clinical neurology in a concise, digestible format. It links clinical neuroscience to current approaches for accurately diagnosing and effectively treating neurologic disorders. Covering all the advances in molecular biology and genetics, this popular guide emphasizes history-taking and neurologic examination as the cornerstones of diagnosis. All information is thoroughly up-to-date and presented as a practice-oriented approach to neurology based on the patient's presenting symptoms or signs. Features: 350+ tables and figures Chapter outlines providing overview of each topic Treatment protocols reflecting the most recent advances in the field Step-by-step review of the neurologic examination

Whether the topic is understanding e-business, six sigma, workplace violence, knowledge workers, Internet job searches, or visionary leadership, Stephen Robbins and David DeCenzo cover it thoroughly and in a way that truly captures the issues facing managers in the twenty-first century. Its not enough just to know about management you have to possess the skills to match! With Robbins and DeCenzos new edition, youll learn so much about the real world of management, including: *Why Amazon.com is revolutionizing the book-selling industry *How SiloCaf, a coffee bean processing plant, uses sophisticated technologically-based controls to enhance productivity and ensure consistent quality in its work *Why companies like London Fog are struggling to survive *How teams at Hewlett-Packard redesigned a production process, cut waste, controlled costs, and increased productivity *New techniques that can make a university more efficient and responsive to its students

Apply the five patterns of knowing to improve patient care! Knowledge Development in Nursing: Theory and Process, 10th Edition helps you understand nursing theory and its links with nursing research and practice. It examines the principles of knowledge development, from the relationship between patterns of knowing to their use in evidence-based nursing care. Written by nursing educators Peggy Chinn and Maeona Kramer, this unique book is updated with new examples from clinical practice. Coverage of the five Patterns of Knowing includes empiric, personal, aesthetic, ethical, and emancipatory knowledge, defining the different types of knowledge and how they relate to each other. Full-color map in the book and online animation depict how the patterns of knowing are related. Think About It questions sharpen your understanding of the emancipatory knowing process of praxis - a synthesis of thoughtful reflection, caring, and action. Discussion of evidence-based practice provides examples of how the five patterns of knowing may be applied to nursing practice. Interpretive summaries highlight the interrelatedness of all patterns of knowing, making it easier to master all dimensions of knowing. A glossary defines the key terms and concepts of nursing theory.

NEW! Updated real-life examples bring complex concepts to life. NEW! Embedded prompts promote understanding and reflection: Why is this important?, Consider this, Imagine this, and Discuss this.

This loose-leaf, three-hole punched version of the textbook gives students the flexibility to take only what they need to class and add their own notes—all at an affordable price. For courses in personal health (health & kinesiology). Mindful students equal successful students The 3rd Edition of My Health delivers the latest in personal health, including a new mindfulness theme where research on the benefits of mindfulness practices and the tools to incorporate them in all aspects of health are included in new modules. The book's modular organization allows students to focus on learning the core material they need to know, while Learning Outcomes and review questions provide immediate feedback on what they've learned, allowing them to customize their study plan. Meanwhile, a concise text and a comprehensive supplements package allow instructors to zero in on what students need—without the jargon—making personal health courses more rewarding. Also available with Mastering Health Mastering(tm) is the teaching and learning platform that empowers you to reach every student. By combining trusted author content with digital tools developed to engage students and emulate the office-hour experience, Mastering personalizes learning and often improves results for each student. NOTE: You are purchasing a standalone product; Mastering(tm) Geography does not come packaged with this content. Students, if interested in purchasing this title with Mastering Geography, ask your instructor to confirm the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the loose-leaf version of the text and Mastering Geography, search for: 0134738268 / 9780134738260 My Health, Books a la Carte Plus MasteringHealth with Pearson eText -- Access Card Package, 3/e

A version of Access to Health, this text emphasizes the essential health information necessary to develop a comprehensive understanding of health promotion and disease prevention. The book is presented from a behavioural management perspective, providing readers with practical health information.

The seventh edition of Introduction to Health Services builds upon its reputation as a classic book written by nationally recognized authors. This new edition addresses the increasing pressure to improve the efficiency of the nation's health care system and to provide an adequate level of health care for all Americans. The seventh edition reflects the revolutionary changes in the practice of clinical medicine, government policy, information technology, and health care cost containment. In-depth information in the areas of health care finance, health care access, managed care, and insurance and home health is also provided. Research and statistics throughout make this book the premier reference for understanding all the services that compose the health care landscape. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Seeing Sociology in Everyday Life Society: The Basics is designed to help students view their everyday lives through a sociological lens. With a strong theoretical framework and a global perspective, Society offers students an accessible and relevant introduction to sociology. In Society: The Basics, Eleventh Edition, John J. Macionis shares his enthusiasm and teaching experience with a clear and engaging approach. This is just the standalone book.

Prehospital Emergency Care , Tenth Edition, meets the National EMS Education Standards and is the most complete resource for EMT-B training. This best-selling, student-friendly book contains clear, step-by-step explanations with comprehensive, stimulating, and challenging material that prepares users for real on-the-job situations. Featuring case studies, state-of-the-art scans, algorithms, protocols, and the

inclusion of areas above and beyond the DOT protocols, the tenth edition effectively prepares students for success. The assessment and emergency care sections provide the most up-to-date strategies for providing competent care; and the enrichment sections further enhance students' ability to assess and manage ill and injured patients in prehospital environments. The text's table of contents is organized to follow the National EMS Educational Standards.

This is a Pageburst digital textbook; Engaging and easy to read, this concise textbook offers just the right level of maternity and pediatric nursing coverage. It provides a solid foundation in normal body function, then builds on that knowledge to help you understand how to modify nursing care when the unexpected arises. Clear writing and interactive learning tools (including video and animation) reinforce key concepts and encourage you to think critically and apply what you've learned. Critical to Remember boxes highlight "need to know" information for quick and easy access. Critical Thinking Exercises challenge you to apply critical thinking and problem-solving skills to realistic clinical scenarios. Illustrated Procedure boxes provide clear, step-by-step instructions for performing key clinical nursing tasks. Nursing Care Plans in every clinical chapter help you learn to use the nursing process to develop individualized care for maternity and pediatric patients. Communications Cues provide practical verbal and nonverbal tips for communicating effectively with patients and families. Want to Know boxes offer helpful patient teaching guidelines. Photo Stories use engaging pictures to demonstrate the types of care nurses provide in a variety of clinical settings. Pathophysiology boxes in pediatric chapters provide illustrated overviews of common disorders. Companion CD-ROM contains video clips, 3-D animations, illustrated skills, case studies with critical thinking questions, NCLEX® examination-style review questions, and an audio glossary complete with Spanish pronunciations. Evolve Student Resources Website offers up-to-date web links, video clips, resources for health care providers, review questions, and a variety of interactive exercises. Integrated electronic features match icons in the text, so you can use print and electronic resources more effectively together. Using Research to Improve Practice boxes help you determine proper care to reinforce best practice. Spanish translations are included for phrases commonly encountered with maternity and pediatric patients. Improved design makes the text easier to read, and up-to-date photos ensure accuracy.

Basics of the U.S. Health Care System, Third Edition provides students with a broad, fundamental introduction to the workings of the healthcare industry. Engaging and activities-oriented, the text offers an especially accessible overview of the major concepts of healthcare operations, the role of government, public and private financing, as well as ethical and legal issues. Each chapter features review exercises and Web resources that make studying this complex industry both enjoyable and easy. Students of various disciplines--including healthcare administration, business, nursing, public health, and others--will discover a practical guide that prepares them for professional opportunities in this rapidly growing sector.

For the adapted edition, spelling follows Australian medical terminology conventions and Australian pronunciations are given. The free CD-ROM includes exercise and audio pronunciations, all of which are with an Australian accent.

Now in its Ninth Edition, this comprehensive all-in-one textbook covers the basic LPN/LVN curriculum and all content areas of the NCLEX-PN®. Coverage includes anatomy and physiology, nursing process, growth and development, nursing skills, and pharmacology, as well as medical-surgical, maternal-neonatal, pediatric, and psychiatric-mental health nursing. The book is written in a student-friendly style and has an attractive full-color design, with numerous illustrations, tables, and boxes. Bound-in multimedia CD-ROMs include audio pronunciations, clinical simulations, videos, animations, and a simulated NCLEX-PN® exam.

This edition's comprehensive ancillary package includes curriculum materials, PowerPoint slides, lesson plans, and a test generator of NCLEX-PN®-style questions.

How do we understand and also assess the health care of America? Where is health care provided? What are the characteristics of those institutions which provide it? Over the short term, how are changes in health care provisions affecting the health of the population, the cost of care, and access to care?. Health Care Delivery in the United States, now in a thoroughly updated and revised 9th edition, discusses these and other core issues in the field. Under the editorship of Dr. Kovner and with the addition of Dr. James Knickman, Senior VP of Evaluation, Robert Wood Johnson Foundation, leading thinkers and practitioners in the field examine how medical knowledge creates new healthcare services. Emerging and recurrent issues from wide perspectives of health policy and public health are also discussed. With an easy to understand format and a focus on the major core challenges of the delivery of health care, this is the textbook of choice for course work in health care, the reference for administrators and policy makers, and the standard for in-service training programs.;chapter

For courses in medical dosage calculation in departments of nursing, pharmacy, pre-med, pre-dental, and other health disciplines; and for courses covering dosage calculation in other programs, such as pharmacology, pediatrics and critical care. The complete and user-friendly guide to safe drug dosage calculation Fully revised for current practices and medication, Medical Dosage Calculations remains the field's most complete, user-friendly and accessible drug calculation text and workbook. Using the dimensional analysis format it pioneered, students begin with simple arithmetic, progressing to the most complex drug calculations. As they develop mathematical skills for accurate dosage calculations, they also gain a thorough professional understanding of safe drug administration. Compared with competitors, our text contains deeper, more realistic problems, incorporating actual dosages and requiring real critical thinking.

For courses in personal health. A mindful approach to personal health Health: The Basics aligns well-researched health information with current real-world topics that have the greatest impact on students' lives to keep them hooked on learning and living well. The 13th Edition integrates mindfulness research, tools, and practices throughout, enabling students to incorporate mindfulness practices to help cut through the static of everyday life, to be more focused and present, and to improve academic performance. Along with new content on sleep and health, as well as diversity and health equity, Health: The Basics builds on its strengths of using the most current, scientifically valid research, examining important issues and controversies about health today, and motivating students to become "actively engaged in health" at all levels. Students have access to videos, self-assessments, and online interactive activities and reading quizzes that address their diverse needs and learning styles while engaging them in the material. Also available with Mastering Health Mastering(tm) is the teaching and learning platform that empowers you to reach every student. By combining trusted author content with digital tools developed to engage students and emulate the office-hour experience, Mastering personalizes learning and often improves results for each student. With a variety of activities available, students can actively learn, understand, and retain even the most difficult personal health concepts. Note: You are purchasing a

standalone product; Mastering Health does not come packaged with this content. Students, if interested in purchasing this title with Mastering Health, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the physical text and Mastering Health, search for: 0134812824 / 9780134812823 Health: The Basics Plus Mastering Health with Pearson eText -- Access Card Package Package consists of: 0134709683 / 9780134709680 Health: The Basics 0134796527 / 9780134796529 Mastering Health with Pearson eText -- ValuePack Access Card -- for Health: The Basics

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For Personal Health Courses Connecting Your Health to Your World—Money and Technology Edition Health: The Basics, Eleventh Edition focuses health coverage on real-world topics that have the greatest impact on students' lives, bringing health topics to life and keeping students hooked on learning and living well. This text addresses students' diverse needs and learning styles with new Video Tutors and the new (optional) MasteringHealth.™ Along with its dynamic new content and technology, this book retains its hallmarks of currency, excellent research, strength in behavior change, attractive design, imaginative art, and unique mini-

chapters. This program presents a better teaching and learning experience—for you and your students. Health: The Basics, Eleventh Edition will: Personalize learning with MasteringHealth (optional): MasteringHealth coaches students through the toughest health topics. Engaging tools help students visualize, practice, and understand crucial content, from the basics of health to the fundamentals of behavior change. Cover health topics with a real-world focus: Money and Technology are two of the timeliest issues arising in health today and are addressed through the new Money & Health and Tech & Health boxes. A new mini-chapter targets financial challenges students face every day, such as budgeting, scams, and debt. Make health mobile: Video Tutors throughout the text present key figures or points of discussion in an engaging video. QR codes make these short videos easily viewable from a smartphone, tablet, or laptop. Support instructors: Robust instructor tools, including the Teaching Toolkit with rich media, the Test Bank, and the new MasteringHealth learning platform help you plan your lecture and assess students. Encourage critical thinking and behavior change: Learning Catalytics™ is a "bring your own device" student engagement, assessment, and classroom intelligence system that enables instructors to assess students in real time, improve students' critical-thinking skills, access rich analytics, and more. Note: You are purchasing a standalone product; MasteringHealth does not come packaged with this content. MasteringHealth is not a self-paced technology and should only be purchased when required by an instructor.

The ability to analyze and interpret enormous amounts of data has become a prerequisite for success in allied healthcare and the health sciences. Now in its 11th edition, Biostatistics: A Foundation for Analysis in the Health Sciences continues to offer in-depth guidance toward biostatistical concepts, techniques, and practical applications in the modern healthcare setting. Comprehensive in scope yet detailed in coverage, this text helps students understand—and appropriately use—probability distributions, sampling distributions, estimation, hypothesis testing, variance analysis, regression, correlation analysis, and other statistical tools fundamental to the science and practice of medicine. Clearly-defined pedagogical tools help students stay up-to-date on new material, and an emphasis on statistical software allows faster, more accurate calculation while putting the focus on the underlying concepts rather than the math. Students develop highly relevant skills in inferential and differential statistical techniques, equipping them with the ability to organize, summarize, and interpret large bodies of data. Suitable for both graduate and advanced undergraduate coursework, this text retains the rigor required for use as a professional reference.

"Based on the National EMS Education Standards and the 2015 CPR/ECC Guidelines, the Eleventh Edition offers complete coverage of every competency statement with clarity and precision in a concise format that ensure students' comprehension and encourages critical thinking. New cognitive and didactic material is presented, along with new skills and features, to create a robust and innovative EMT training solution."--Back cover.

Corresponding chapter-by-chapter to Maternity and Women's Health Care, 11th Edition, Elsevier Adaptive Quizzing is the fun and engaging way to focus your study time and effectively prepare for class, course exams, and the NCLEX exam. Elsevier Adaptive Quizzing is comprised of a bank of high-quality practice questions that allows you to advance at your own pace - based on your

performance - through multiple mastery levels for each chapter. A comprehensive dashboard allows you to view your progress and stay motivated.

Amidst a deepening crisis in U.S. health care, *Advanced Performance Improvement in Health Care* provides a results-oriented approach to rehabilitating an ailing healthcare system. With his innovative, instructive strategies, Lighter offers a welcome road map to guide meaningful change in the industry and to equip healthcare managers to meet 21st century challenges. *Advanced Performance Improvement in Health Care: Principles and Methods* provides healthcare educators, leaders, and clinicians with the specific knowledge and tools vital for creating and advocating for quality-centric, next-generation healthcare organizations. This unique compilation of management, analytical, and statistical methods and techniques serves as a comprehensive guide to harnessing today's technology and developing a culture of quality that delivers sustainable, quantifiable value in healthcare organizations.

Note: You are purchasing a standalone product; MasteringHealth does not come packaged with this content. If you would like to purchase both the physical text and MasteringHealth search for ISBN-10: 0321908724/ISBN-13: 9780321908728. That package includes ISBN-10: 0321910427/ISBN-13: 9780321910424 and ISBN-10: 0321948742/ISBN-13: 9780321948748. MasteringHealth is not a self-paced technology and should only be purchased when required by an instructor. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx For Personal Health Courses Connecting Your Health to Your World—The Money and Technology Edition *Health: The Basics, Eleventh Edition* focuses health coverage on real-world topics that have the greatest impact on your life, bringing health topics to life and keeping you hooked on learning and living well. This text addresses students' diverse needs and learning styles with new Video Tutors and the new MasteringHealth™ Along with its dynamic new content and technology, this book retains its hallmarks of currency, excellent research, strength in behavior change, attractive design, imaginative art, and unique mini-chapters. This program presents a better learning experience for you. *Health: The Basics, Eleventh Edition* will: Personalize learning with MasteringHealth: MasteringHealth coaches you through the toughest health topics. Engaging tools help you visualize, practice, and understand crucial content, from the basics of health to the fundamentals of behavior change. Cover health topics with a real-world focus: Money and Technology are two of the timeliest issues arising in health today and are addressed through the new Money & Health and Tech & Health boxes. A new mini-chapter targets financial challenges you face every day, such as budgeting, scams, and debt. Make health mobile: Video Tutors throughout the text present key figures or points of discussion in an engaging video. QR codes make these short videos easily viewable from a smartphone, tablet, or laptop. Encourage critical thinking and behavior change: Learning Catalytics™ is a "bring your own device" student engagement, assessment, and classroom intelligence system that enables your instructor to assess you in real time, improving your critical-thinking skills, access rich analytics, and more.

An Invitation to Health, fourth Canadian edition, provides you with information, advice, recommendations, and research, so that you can take charge of your own health. However, knowledge alone can't assure you a lifetime of well-being. The skills you

acquire, the habits you form, the choices you make, and the way you live day by day will all shape your health and your future. We hope you will embrace health and wellness so that you have the opportunity to live a fulfilling life and realize your potential. This is our invitation to you.--Dianne Hales--Lara Lauzon

Designed for readers who are new to human anatomy and physiology, the latest edition of this popular volume - brought to you by the authors of Ross & Wilson Anatomy and Physiology in Health and Illness - offers a wide selection of appealing, interactive and engaging exercises specifically tailored for different learning styles! Fully updated with a brand-new artwork program, together with additional exercises to reflect the latest edition of Ross & Wilson Anatomy and Physiology in Health and Illness, this popular workbook presents a range of activities ranging from colouring and labelling exercises, 'fill in the blanks' and MCQS to 'pot luck' questions. Ross & Wilson Anatomy and Physiology Colouring and Workbook, fifth edition, also comes with a helpful online on-line colouring and self-test software program, The Body Spectrum©. Ideal for consolidating knowledge in an enjoyable, non-pressurised environment, Ross & Wilson Anatomy and Physiology Colouring and Workbook is perfect for students of nursing and allied health professions, paramedical science, operating department practice, complementary therapy and massage therapy, as well as trainee Health Care Assistants and those studying A' level or BTEC (or equivalent) human biology. Straightforward language and user-friendly approach, designed for different learning styles, help simplify challenging areas of study Presents over 1000 individual exercises in a wide variety of formats - colouring and labelling diagrams, matching, completion and definition exercises, MCQs, and 'pot luck' questions - all specifically designed to reinforce knowledge and understanding Reflects the systems-based approach seen in Ross & Wilson Anatomy and Physiology in Health and Illness Offers an appealing, interactive and engaging way to learn anatomy and physiology. Additional exercises reflect changes in Ross & Wilson Anatomy and Physiology in Health and Illness Upgraded artwork programme helps provide additional clarity to the subject Now available with a unique online colouring and self-test software program - The Body Spectrum©

The lowest level book in McWhorter's best-selling, three-book reading series, Guide to College Reading is a practical, highly accessible text designed to improve vocabulary and comprehension skills. Numerous critical thinking and self-evaluation strategies reinforce the book's emphasis on reading as thinking. In addition, ten additional reading selections provide students with opportunities for practice. The book's streamlined approach focuses on the most important skills at this basic reading level (vocabulary, main idea, supporting detail, and patterns of organization, with some coverage of inference and critical reading).

ALERT: Before you purchase, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a CourseID, provided by your instructor, to register for and use Pearson's MyLab & Mastering products. Packages Access codes for Pearson's

MyLab & Mastering products may not be included when purchasing or renting from companies other than Pearson; check with the seller before completing your purchase. Used or rental books If you rent or purchase a used book with an access code, the access code may have been redeemed previously and you may have to purchase a new access code. Access codes Access codes that are purchased from sellers other than Pearson carry a higher risk of being either the wrong ISBN or a previously redeemed code. Check with the seller prior to purchase. -- Health starts here! With an emphasis on media, the new Health: The Basics, Tenth Edition features robust relatable content, bringing health topics to life and keeping you hooked on learning and living well. Now enhanced with an even more comprehensive package of easy-to-use media and supplements, this edition makes teaching and learning personal health extra dynamic. The Tenth Edition includes new ABC News videos, more online worksheets, new course management and eText options, Tweet Your Health, new student "behavior change video log (vlog)" videos, countless new teacher supplements, and more. These resources bring personal health to life in any form-in the classroom, online, or on the iPad. These tools all motivate students to be more interested in the book content and invest in their health.

"A publication by the U.S. Department of Commerce."

Focus on Health offers an exciting and practical approach to the teaching of the traditional content areas of personal health. Its two key themes - the six dimensions of health and the five developmental tasks - help students apply the text's content to their own lives, by improving their decision-making skills. The strength of the Focus on Health narrative includes its appeal to both traditional and non-traditional students, particularly the special attention it pays to students over age 25 who have returned to college. In addition, among its many health assessment activities, Focus on Health includes one of the most comprehensive health assessments found in any personal health textbook - a great tool for establishing a health baseline for students. The companion Online Learning Center (website) offers a wealth of pedagogical and assessment features, including quizzes, Internet activities, downloadable MP3s, and more.

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