

Help The Original Human Dilemma

No specialty faces more diverse and challenging ethical dilemmas than palliative medicine. What is the best way to plan ahead for the end of life? How should physicians respond when patients refuse treatments likely to be beneficial, or demand treatments not likely to be? Who makes medical decisions for patients who are too ill to decide for themselves? Do patients have the "right to die" (and, if so, what exactly does that mean)? In this volume noted palliative care physician and bioethicist Robert C. Macauley addresses a broad range of issues from historical, legal, clinical, and ethical perspectives. Clinically nuanced and philosophically rigorous, *Ethics in Palliative Care* analyzes hot-button subjects like physician assisted dying and euthanasia, as well as often overlooked topics such as pediatric palliative care, organ donation, palliative care research, and moral distress. Drawing on real cases yet written in non-technical language, this complete guide will appeal to both medical professionals and lay readers.

In this volume of the *Belief* series, Steven Chase brings the book of Job to life as its issues connect with our lives today. The ideas and questions of theodicy, divine justice, and divine power that arise and challenge Job's life still resonate with us today. Chase's commentary wrestles, theologically, with these issues and many others raised in the biblical text, but it also probes the depths of spiritual theology in the book of Job.

Written three years before his death, *The Undiscovered Self* combines acuity with concision in masterly fashion and is Jung at his very best. Offering clear and crisp insights into some of his major theories, such as the duality of human nature, the unconscious, human instinct and spirituality, Jung warns against the threats of totalitarianism and political and social propaganda to the free-thinking individual. As timely now as when it was first written, Jung's vision is a salutary reminder of why we should not become passive members of the herd. With a new foreword by Sonu Shamdasani.

Fan-Favorite Lauraine Snelling Delivers Another Hit Novel Certain she can't live without Hamre Bjorklund, the impetuous Sophie Knutson rejects her father's request to postpone her marriage until after graduation and convinces Hamre to elope. But life as a fisherman's bride in Seattle is not at all that Sophie had envisioned. Pregnant and lonely while Hamre's out at sea, she hires on at a fish cannery, only to be fired after fainting on the job. When tragedy strikes, heartbroken Sophie can think only of returning home to Blessing. But will her family welcome her after the way she's hurt them by her defiant behavior? And will she ever open her heart to love again?

"You might have trouble imagining life without your social media accounts, but virtual reality pioneer Jaron Lanier insists that we're better off without them. In *Ten Arguments for Deleting Your Social Media Accounts Right Now*, Lanier, who participates in no social media, offers powerful and personal reasons for all of us to leave these dangerous online platforms"--

The Vegas Dilemma, a collection of twenty-seven short stories, weaves a vision of contemporary America through the eyes of its outcasts. Set largely in Las Vegas, featuring a recurring character of a footloose, morose woman who likes to eat Cheerios in grocery stores, each story takes up quotidian concerns-staying in Starbucks past closing time, a visit to Hoover Dam, falling in love over Instagram-and mines them for their political and existential undercurrents, which fly off the stories like sparks from a pinwheel. A cycle of stories-"Pulverized Oat Wheels," "Mother Nature is Belligerent", "Symmetry of Provocation", etc.-make use of a vignette style to suture seemingly disparate scenarios and emotions. Thus, in "Not Capable of Giving her Leprosy" we meet a sexually exploitative American professor at a South Korean

University; a reading group who meet in Starbucks to discuss the ethics of eating meat while reading *The Vegetarian*; palm trees that are mistaken for armadillos; and Walmart identified as a nerve agent. Other stories, such as "Your Sadness is Salt on Salt" and "In My Youth My Father Is Short and Poor," use a sparse first-person voice for more poetic effect. Connected by themes of alienation, bad romance, and microaggressions, *The Vegas Dilemma* combines the inventiveness of fiction and the richness of everyday life to show that such American tragedies as Trump's ascendancy and the Weinstein scandal aren't divorced from everyday interactions, but arise from them.

In the spring of 2010, Harvard Business School's graduating class asked HBS professor Clay Christensen to address them—but not on how to apply his principles and thinking to their post-HBS careers. The students wanted to know how to apply his wisdom to their personal lives. He shared with them a set of guidelines that have helped him find meaning in his own life, which led to this now-classic article. Although Christensen's thinking is rooted in his deep religious faith, these are strategies anyone can use. Since 1922, *Harvard Business Review* has been a leading source of breakthrough ideas in management practice. The *Harvard Business Review Classics* series now offers you the opportunity to make these seminal pieces a part of your permanent management library. Each highly readable volume contains a groundbreaking idea that continues to shape best practices and inspire countless managers around the world.

Byahe ni JUAN reflects everyone's journey. It tells our story... and it gives us the opportunity to recreate our story into something greater.

An international review.

"Paced like a thriller, with comparable doses of international intrigue and conflict, Chris Fenton's bracingly candid business memoir *Feeding the Dragon* takes readers deep behind the scenes of Hollywood's shaky foothold in China. Dealing at the highest levels with Chinese government officials and major American brands like Disney, Marvel, and the NBA, the former Olive Garden waiter-turned-entertainment-industry-power-broker disarmed and defied authorities on both sides of the superpower divide to make billions—and history. Thanks to a brisk, page-turning storytelling style and an evenhanded, insider-level perspective decades in the making, *Feeding the Dragon* manages to be both timeless and timely. Captivating details on Robert Downey Jr., LeBron James, Kurt Cobain, Michael Phelps, and Marvel Universe creative mastermind Kevin Feige (among others) will enthrall average fans and aspiring moguls alike. But the beating narrative heart remains Fenton's down-to-earth recounting of a headline-making journey. Ultimately, the intrepid exec builds a compelling case for the power of "cultural diplomacy": mutually-beneficial, soft power-sharing exchanges as a better way forward than the hardliner battle lines being drawn across Beijing, Washington, and Los Angeles. Teeming with urgent insights about unlikely alliances and dangerous misperceptions, *Feeding the Dragon* is a must-read for anyone interested in the future of the US-China relationship and the bottom-line realities of show business and professional sports today. Even better, it's a supremely entertaining ride for anyone who simply loves a great story.... Chris often told me about projects and plans off-the-record that I wouldn't have reported on anyway, because they all

seemed wildly improbable. Every single one came true. And now they're all down on the page.” —Jamie Bryan, Fast Company contributor

In a book the San Francisco Chronicle called "unclassifiably wise" and a "masterpiece," noted Harper's essayist Garret Keizer explores the paradox that we are human only by helping others—and all too human when we try to help. It is the primal cry, the first word in a want ad, the last word on the tool bar of a computer screen. A song by the Beatles, a prayer to the gods, the reason Uncle Sam is pointing at you. What we get by with a little of, what we could use a bit more of, what we were only trying to do when we were so grievously misunderstood. What we'll be perfectly fine without, thank you very much. It makes us human. It can make us suffer. It can make us insufferable. It can make all the difference in the world. It can fall short. "Help is like the swinging door of human experience: 'I can help!' we exclaim and go toddling into the sunshine; 'I was no help at all,' we mutter and go shuffling to our graves. I'm betting that the story can be happier than that . . . but I have a clearer idea now than I once did of what I'm betting against." In his new book, *Help*, Garret Keizer raises the questions we ask everyday and in every relationship that matters to us. What does it mean to help? When does our help amount to hindrance? When are we getting less help—or more—than we actually want? When are we kidding ourselves in the name of helping (or of refusing to "enable") someone else? Drawing from history, literature, firsthand interviews, and personal anecdotes, *Help* invites us to ponder what is at stake whenever one human being tries to assist another. From the biblical Good Samaritan to present day humanitarians, from heroic sacrifices in times of political oppression to nagging dilemmas in times of ordinary stress, Garret Keizer takes us on a journey that is at once far-ranging and never far from where we live. He reminds us that in our perpetual need for help, and in our frequent perplexities over how and when to give it, we are not alone.

Nature Tales: The Eagle's Dilemma (First Tale in Series) By: D. W. Anderson It's just another day in the forest for Mr. Eagle, the Raccoon family, Snowshoe Rabbit, and Mr. Beaver—or is it? Off in the distance, Mr. Eagle sees a rather large bird suddenly crash to the ground—and out steps a human child! He find out later that the bird is actually a plane and the child is all alone. A feeling comes over him that urges him to step in and protect the child. Where is this urge coming from? *The Eagle's Dilemma* is a lovely tale about how all forest creatures and humans must find a way to coexist. In this book social responsive theological research converges to provide practical theological and ecclesiological perspectives on the growing human dilemma of displacement. The book presents the research of practical theologians, a missiologist and a religious practitioner whose work pertains first and foremost to the (South) African context. The different fields of expertise of the contributors within the broader field of practical theology worked towards a unique compilation of themes, each relevant to the issue at stake. The majority of chapters are theoretically orientated, except

where authors refer to empirical work conducted during previous research. The main contribution of this collaborative work is to be sought in the practical theological and ecclesiological perspectives it provides. It engages the critical questions of what kind of church we need, and what kind of care we should provide in the face of the growing predicament of human displacement. The theological and theoretical principles uncovered in the different chapters will be of use to theologians from all theological subdisciplines, as well as to religious practitioners and leaders of faith communities that are challenged with the growing realities of strangers on their doorsteps and in their pews.

Anxiety is natural. Calm is learned. If you didn't learn yesterday, you can learn today. It's not easy, of course. Once your natural alarm system is triggered, it's hard to find the off switch. Indeed, you don't have an off switch until you build one. *Tame Your Anxiety* shows you how. Readers learn about the brain chemicals that make us feel threatened and the chemicals that make us feel safe. You'll see how your brain turns on these chemicals with neural pathways built from past experience, and, most important, you discover your power to build new pathways, to enjoy more happy chemicals, and reduce threat chemicals. This book does not tell you to imagine yourself on a tropical beach. That's the last thing you want when you feel like a lion is chasing you. Instead, you will learn to ask your inner mammal what it wants and how you can get it. Each time you step toward meeting a survival need, you build the neural pathways that expect your needs to be met. You don't have to wait for a perfect world to feel good. You can feel good right now. The exercises in this book help you build a self-soothing circuit in steps so small that anyone can do it. Once you learn how it's done, and how it can help ease your anxiety, you will learn how to handle situations in which you feel threatened or anxious.

Understanding the underlying mechanisms will help you stop them before they get ahead of you.

Assessing the legal and practical questions posed by the use of artificial intelligence in national security matters The increasing use of artificial intelligence poses challenges and opportunities for nearly all aspects of society, including the military and other elements of the national security establishment. This book addresses how national security law can and should be applied to artificial intelligence, which enables a wide range of decisions and actions not contemplated by current law. James Baker, an expert in national security law and process, adopts a realistic approach in assessing how the law—even when not directly addressing artificial intelligence—can be used, or even misused, to regulate this new technology. His new book covers, among other topics, national security process, constitutional law, the law of armed conflict, arms control, and academic and corporate ethics. With his own background as a judge, he examines potential points of contention and litigation in an area where the law is still evolving and might not yet provide clear and certain answers. *The Centaur's Dilemma* also analyzes potential risks associated with the use of artificial intelligence in the realm of national security—including the challenges of machine-human interface, operating (or not operating) the national-security decision-making process at machine speed, and the perils of a technology arms race. Written in plain English, *The Centaur's Dilemma* will help guide policymakers, lawyers, and technology experts as they deal with the many legal questions that will arise when using artificial intelligence to plan and carry out the actions required for the nation's defense.

Provides an intimate view of the patriarchy movement. They believe the "biblical" woman wears modest, feminine dress and avoids not only

sex but also dating before marriage. She doesn't speak in church, or try to have authority over men. She is a submissi

The current conflict in Syria has killed more than 80,000 people and displaced four million, yet most observers predict that the worst is still to come. And for two years, the international community has failed to take action. World leaders have repeatedly resolved not to let atrocities happen in plain view, but the legacy of the bloody and costly intervention in Iraq has left policymakers with little appetite for more military operations. So we find ourselves in the grip of a double burden: the urge to stop the bleeding in Syria, and the fear that attempting to do so would be Iraq redux. What should be done about the apparently intractable Syrian conflict? This book focuses on the ethical and political dilemmas at the heart of the debate about Syria and the possibility of humanitarian intervention in today's world. The contributors--Syria experts, international relations theorists, human rights activists, and scholars of humanitarian intervention--don't always agree, but together they represent the best political thinking on the issue. The Syria Dilemma includes original pieces from Michael Ignatieff, Mary Kaldor, Radwan Ziadeh, Thomas Pierret, Afra Jalabi, and others. Contributors: Asli Bâli, Richard Falk, Tom Farer, Charles Glass, Shadi Hamid, Nader Hashemi, Christopher Hill, Michael Ignatieff, Afra Jalabi, Rafif Jouejati, Mary Kaldor, Marc Lynch, Vali Nasr, Thomas Pierret, Danny Postel, Aziz Rana, Christoph Reuter, Kenneth Roth, Anne-Marie Slaughter, Fareed Zakaria, Radwan Ziadeh, Stephen Zunes

Since the original publication of this seminal work, acceptance and commitment therapy (ACT) has come into its own as a widely practiced approach to helping people change. This book provides the definitive statement of ACT--from conceptual and empirical foundations to clinical techniques--written by its originators. ACT is based on the idea that psychological rigidity is a root cause of a wide range of clinical problems. The authors describe effective, innovative ways to cultivate psychological flexibility by detecting and targeting six key processes: defusion, acceptance, attention to the present moment, self-awareness, values, and committed action. Sample therapeutic exercises and patient-therapist dialogues are integrated throughout. New to This Edition *Reflects tremendous advances in ACT clinical applications, theory building, and research. *Psychological flexibility is now the central organizing focus. *Expanded coverage of mindfulness, the therapeutic relationship, relational learning, and case formulation. *Restructured to be more clinician friendly and accessible; focuses on the moment-by-moment process of therapy.

Want to compete with the best of the best? Then hit the ground running. Here's how. The toughest job in business is taking over as a new leader. You have to quickly assess the situation, pull together a strong team, decide on a strategy, and inspire everyone to execute it. The stakes for new leaders are even higher. Whether you've been brought on to fix something that's broken, launch a product, move the company in a new direction, or head up a division, every new leader is under the gun to get up to speed and begin producing strong numbers? ASAP. In Hit the Ground Running, Jason Jennings introduces us to America's best performing new CEOs who pulled off the most impressive transformations of the decade. They doubled revenues, more than tripled earnings per share, and doubled their company's net profit margins. After interviewing and analyzing the stories of these top leaders, Jennings delivers their hard-earned, battle-tested strategies, which will inspire any new leader to take the helm and start delivering. When Richard and Tim Smucker were appointed co-CEOs of The J. M. Smucker Company, they shared their strategy with everyone and got them on board with their mission. Since then, Smucker's went on to dominate the markets and bring in billions of dollars of new business. Mike McCallister, the CEO of a twenty-billion-dollar health-services giant, decided to stop pretending and publicly admit that health insurance is broken. Humana began to replace a crippled, complex, and confusing system with one that works and has more than tripled revenues, earnings, and share price since McCallister took over. By processing change in bite-size pieces, Jeffrey Lorberbaum led Mohawk Industries through twenty successful acquisitions and turned his

family's carpet-making business into the largest flooring company in the world. Filled with engaging stories and lessons from the cream of the crop, *Hit the Ground Running* will help new leaders at every level balance short- and long-term goals as well as the needs of shareholders, employees, customers, and the community.

Selected essays on such topics as freedom, responsibility, anxiety, and psychotherapy probe the problems faced by contemporary man. Author, speaker, and pastor Margaret Marcuson, a student of Edwin Friedman and national consultant and coach to church leaders, introduces "sustainable ministry" for clergy and church leaders, helping them rediscover inner resources for proactive, not rea

#1 NEW YORK TIMES BESTSELLER With unequalled insight and brio, New York Times columnist David Brooks has long explored and explained the way we live. Now Brooks turns to the building blocks of human flourishing in a multilayered, profoundly illuminating work grounded in everyday life. This is the story of how success happens, told through the lives of one composite American couple, Harold and Erica. Drawing on a wealth of current research from numerous disciplines, Brooks takes Harold and Erica from infancy to old age, illustrating a fundamental new understanding of human nature along the way: The unconscious mind, it turns out, is not a dark, vestigial place, but a creative one, where most of the brain's work gets done. This is the realm where character is formed and where our most important life decisions are made—the natural habitat of *The Social Animal*. Brooks reveals the deeply social aspect of our minds and exposes the bias in modern culture that overemphasizes rationalism, individualism, and IQ. He demolishes conventional definitions of success and looks toward a culture based on trust and humility. *The Social Animal* is a moving intellectual adventure, a story of achievement and a defense of progress. It is an essential book for our time—one that will have broad social impact and will change the way we see ourselves and the world.

My life has always been pretty predictable. Run into burning buildings, save those in distress, be a hero. Shoot the shit with my fireman buddies, come home, and do it all again tomorrow. Little did I know that a random SOS call from a woman stuck in a plaster cast with nothing underneath (I swear I only caught a flash of skin) would throw me for a complete loop. Until I see the flighty artist again. At my mom's engagement party. To her dad. Suddenly the unpredictable woman I couldn't stop thinking about is my soon-to-be-stepsister. Yeah, the same one I mortified when I accidentally saw her a tiny bit naked. This should make family gatherings way more interesting. Except when your mom's as loaded as mine is, you can never fully let your guard down when a guy comes sniffing around. So I can't help but be suspicious, even though his daughter's the perfect blend of beautiful and wild. As we spend more time together, prepping for our parents' wedding, we both agree that maybe there's nothing wrong with having a little bit of fun in the meantime. But if she knew I was investigating her dad on the side, she would never forgive me... Each book in the Mile High Firefighters series is **STANDALONE**: * *The Wedding Dilemma* * *The Dating Dilemma*

This three-volume set addresses how the role of spirituality and its constructive expressions in various religions—and outside of formal religion—enhances human personality and experience. • 55 distinguished contributors, representing numerous religious traditions, research disciplines, and psychospiritual perspectives, from North America, Latin America, Africa, Asia, and Europe • Graphic illustrations of brain functions under varied conditions with various electrical and chemical stimuli, as well as a graphic

depiction of personal narrative material

Watching the kite ascend higher into the sky, ten-year-old Raghav felt butterflies run deep down his gut, inflating his desire to fly high in a supersonic jet. His kite, entangled with another, crashed onto the ground. The flight took off smoothly from the runway of her heart, only to be hit by turbulence and thunderstorms smashing the plane into an abandoned sea full of gloominess. There he saw a lighthouse, a ray of hope. She became his lifeguard and taught him to swim through the storm. Like a guiding angel, she enlightened him towards the path of self-discovery leading to his journey to the island called 'Bollywood.' Raghav rode on a roller coaster encompassing love, passion, and conflicts. Hopping from one town to another in search of his purpose, he landed in the city of love and lights, Paris, where he saw the horizon, an illusion of his world merging with hers. But just like the two poles on Earth never meet, so was his destiny. On one side, he had Diya whom he could never get, and on the other side was Niharika whom he could never lose, and in the midst of all the chaos, he found his treasure. Come along with him to discover his hidden treasure. Who knows! You might find yours too.

Presents the adventures of Concrete, a political speech writer who finds himself trapped in an alien body made of living stone. The prophet Amos, a herdsman and a dresser of sycamore trees, had a parallel, and more challenging, calling as a shepherd of human souls. So too does Garret Keizer, an Episcopalian minister to the community of Island Pond in Vermont's Northeast Kingdom. This profoundly contemporary book displays not only Keizer's knowledge of life's small practicalities (winding the church clock, shopping for groceries), but also his insights about faith and the mysterious ways of God. With an eye attuned to both the pleasures and foibles that make life on earth so rich, he presents a refreshing and often hilarious account of the hands-on work needed to maintain a parish and sustain its spirit. He is a man who believes that God's intentions, if seldom apparent, are inevitably compassionate and compelling.

Who has never wondered why people behave the way they do? They create glorious music, art and literature. They have uncovered the secrets of the universe and disease, yet have not been able to figure out how to get along with each other without war. The Human Dilemma sets out to find out why. It describes how humans evolved, how their wonderful brains work, and what they are like when they are born. The author explores the reasons individuals grow up with different personalities, depending on the societies in which they mature, from hunter-gatherers in Africa to industrial Americans. She then turns to relationships between the sexes, the temptations of power, and why religious differences lead to violence. The Human Dilemma explains, in simple, readable language, how human nature, customs and beliefs interfere with mankind's ability to resolve the overwhelming problems facing the world today. Violent conflicts between cultures have become more volatile over the years. Many believe it is man's nature to fight, yet ancient civilizations like Crete were peaceful and everyone was treated equally, women as well as men. The same is true of two hunting gathering tribes in Africa that have followed the same way of life for thousands of years. Perhaps it is just as human to cooperate peacefully in solving problems as it is to fight over them, and just as human to see our fellows as equal instead of superior or inferior. Why then do men regard women as inferior in so many societies? And why do so many nations

plunge into battle, especially since the invention of nuclear bombs makes it possible to wipe out our entire species? The newest peril is global warming, caused by the spewing of carbon into the atmosphere from burning fossil fuels, which may eventually change our climate back to the days before mankind existed. Some animals have already become extinct because they cannot adjust to warmer weather. Humans may not survive such a drastic change. Our magnificent brains are capable of inventing solutions to all the problems confronting us and entrepreneurs are eager to put these inventions into practice. Why, then, don't we do it? Is there some flaw in our nature that makes it easier to blame each other instead and find excuses for relieving our frustrations in warfare? As the author studied the sciences for answers to her questions, she became convinced that only by fully understanding our nature and the reasons why it is difficult for us to confront our problems can we hope to resolve them and continue to survive. Her conclusions are found in *The Human Dilemma*. "An original and thought-provoking book which will appeal to a very wide audience." -Richard Edelman, Psychoanalyst "In her wonderfully wide-ranging exploration of human nature, Barbara Larsen has distilled her research into a lucid and absolutely fascinating book." -Richard Edelman, Psychoanalyst "The writer's style is open and exploratory, warmly self-sharing, and it is an enjoyable as well as a searching and provocative learning experience." -Saul L. Brown, Emeritus Chairman, Department of Psychiatry, Cedars Sinai Medical Center, Los Angeles, CA "Larsen skillfully weaves together current theory and research from an impressive variety of sources." -Arthur A. Dole, Emeritus Professor of Education, University of Pennsylvania

A set of tools for mastering the one skill standing between us and success: the ability to ask for the things we need to succeed. Imagine you're on a deadline for a big project, and feeling overwhelmed. Or you're looking for a job, but can't seem to get your foot in the door. Or you're dying for tickets to a sold out concert, and all your leads have gone cold. What do these problems have in common? They can all be solved simply by reaching out to a colleague, friend, or wider network and making an ask. Studies show that asking for help makes us better and less frustrated at our jobs. It helps us find new opportunities and new talent. It unlocks new ideas and solutions, and enhances team performance. And it helps us get the things we need outside the workplace as well. And yet, we rarely give ourselves permission to ask. Luckily, the research shows that asking—and getting—what we need is much easier than we tend to think. Here, Wayne Baker shares a set of strategies—used at companies like Google, GM, and IDEO—that individuals, teams, and leaders can use to make asking for help a personal and organizational habit, including:

- A quiz to identify your asking-giving style
- SMART criteria for who, when, and how to ask
- “Plug-and-play” routines that make requests a standard component of meetings
- Mini-games that incentivize asking within teams
- The Reciprocity Ring, a guided activity that allows people to tap into the giving power of a network

Picking up where the bestselling book *Give and Take* left off, *All You Have to Do Is Ask* shows us how to ignite the cycle of giving and receiving by asking for the things we need. Advance praise for *All You Have to Do Is Ask* “Asking for help and support has been a key to my success. Wayne Baker expertly shares how everyone can do it.”—Shellye Archambeau, former CEO, MetricStream, and board director, Verizon and Nordstrom “Wayne Baker shares the formula for driving personal, organizational, and social change by tapping the power of our teams and networks for help. This insightful book is a must-read for anyone seeking practical and proven solutions to make our workplaces and world a better place.”—Noel Tichy, professor, University of Michigan, and author of *Judgment and Control Your Destiny or Someone Else Will*

In the 2004 election, 80 percent of those who claimed "moral values" was the most important issue affecting their vote cast their ballots for Bush, as did 63 percent of frequent churchgoers. Since then, the Religious Right has continued to cement an association between "Christian" and "moral" values and conservative policies. *Getting On Message* challenges this association from the very heart of the Christian tradition. These readable and incisive essays use biblical framing to discern the personal and social ethics that truly embody Christian values in the contemporary world. Marilynne Robinson discusses the link between personal holiness and a generous spirit. Garret Keizer looks at the growing wealth/class divide from a Christian perspective. Rev. Heidi Neumark examines hospitality as a core Christian value. Rev. Chloe Breyer explores a justice criterion for women's decisions on abortion. Rev. Bill Sinkford asks what really constitutes a God-approved marriage and family. *Getting On Message* is a book for clergy, for politically active people of faith, and for progressive organizers and strategists who want to learn how to talk to religious believers about the values they share.

As professional learning communities become more widespread, educators have learned that they can't simply form grade-level or subject-area teams and call it a day. To profoundly affect teacher practice and student learning, PLCs need strong and knowledgeable leadership. In *Facilitating Teacher Teams and Authentic PLCs*, Daniel R. Venables draws on his extensive experience helping schools and districts implement effective PLCs to explore this crucial but often-overlooked need. Taking a two-pronged approach to PLC facilitation, Venables offers targeted guidance both for leading the people in teacher teams and for facilitating their work. This practical resource provides Strategies for facilitating interactions among colleagues in PLCs and building trust and buy-in. Field-tested, user-friendly protocols to focus and deepen team discussions around texts, data, teacher and student work, teacher dilemmas, and collaborative planning time. Tips for anticipating and addressing interpersonal conflicts and obstacles that commonly arise during use of protocols. Current and prospective PLC facilitators at every grade level will find this book an essential guide to navigating the challenging and rewarding endeavor of leading authentic PLCs. Build your skills, and help your team rise to the next level.

"The author explores the meaning of folklore and its usefulness in education and psychotherapy. The book aims for deepening the awareness of our ultimate human concerns, the meaning of authenticity, and the urgent need for radical, long-term commitments. Throughout the book there is both the hidden and the overt implication that simply liking, appreciating or agreeing with insightful ideas and suggestions presented by anyone are absolutely worthless, or may even be counterproductive if the readers do not translate into changes and actions the ideas that are most meaningful to them."

One of the New York Times Book Review's Ten Best Books of the Year Winner of the James Beard Award Author of *How to Change Your Mind* and the #1 New York Times Bestsellers *In Defense of Food* and *Food Rules* What should we have for dinner? Ten years ago, Michael Pollan confronted us with this seemingly simple question and, with *The Omnivore's Dilemma*, his brilliant and eye-opening exploration of our food choices, demonstrated that how we answer it today may determine not only our health but our survival as a species. In the years since, Pollan's revolutionary examination has changed the way Americans think about food. Bringing wide attention to the little-known but vitally important dimensions of food and agriculture in America, Pollan launched a national conversation about what we eat and the profound consequences that even the simplest everyday food choices have on both ourselves and the natural world. Ten years later, *The Omnivore's Dilemma* continues to transform the way Americans think about the politics, perils, and pleasures of eating.

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