

I Love To Sleep In My Own Bed

Amo Dormire Nel Mio Letto

English Italian Bilingual Collection

This fun children's picture book follows the story of cute little bunny, Jimmy. He lives with his family in a small, nice house in the forest. The problem is that Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened

Bilingual English Vietnamese Book. Perfect for kids learning English or Vietnamese as their second language. Jimmy, the little bunny doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened....

"Sleep is one of the most important but least understood aspects of our life, wellness, and longevity ... An explosion of scientific discoveries in the last twenty years has shed new light on this fundamental aspect of our lives. Now ... neuroscientist and sleep expert Matthew Walker gives us a new understanding of the vital importance of sleep and dreaming"--Amazon.com.

'My sleep angels!' Izzy Judd 'These women are a lifeline to shattered parents everywhere' Rachaele Hambleton, Part Time Working Mummy Calm & Bright Sleep Support was founded in 2009 with a mission; to help exhausted parents enable solid sleep in a brand-new way. Headed up by Devon sisters Eve, founder and Mum-of-four & paediatric nurse of 18 years Gem, they have supported thousands of families around the world to get the sleep they need. Now it's your turn! In their ground-breaking book Love to Sleep: Good Nights and Happy Days for Your Child and You, Eve and

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Gem reveal the pivotal role of the parent in their child's sleep. Using their unique, love-led approach, they encourage parents to cast aside restrictive beliefs and behaviours that contribute directly to broken sleep cycles. They gently explore the impact of sleep deprivation on both parent and child and the startling physical and mental repercussions when lack of sleep continues unchallenged. This liberating, judgement-free book will be a must-read for every tired parent who wants to live a present and connected family life.

It's 1971 and Charlie McKey, a young gay man from Point Reyes Station, California, arrives in San Francisco, where free love and gay liberation abound. Newly out but open to experiencing the new wonders that suddenly surround him, Charlie jumps in headfirst, immersing himself in a no-holds-barred world of men, drugs, and endless sexual pleasure he'd never dreamed possible. *Eat, Sleep, Love* is a fond look back on a brief time when life opened up for gay men only to collapse with the deadly arrival of AIDS that marked the end of an era.

English Greek bilingual children's book. Perfect for kids studying English or Greek as their second language. Many children dream of becoming superheroes. In this children's book, Ron and his best friend Maya go through a fun journey to become heroes. They learn important superhero rules which help them complete their first mission. They work together and help Maya's brother, learning new things about themselves. Do you want to become a superhero too?

Jimmy doesn't want to sleep in his own bed. Every night he sneaks into his parents' room and falls asleep in their bed. Until one night something unexpected happened.... This story may be ideal for reading to your kids at bedtime and enjoyable for the whole family as well! It is suitable as a read aloud book for pre-schoolers or a self-read book for older children.

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All is well, Little Love. Good night! At bedtime, little ones often have a hard time letting go of the day, sometimes for fear of what they are missing while alone in bed. But this delightful board book replaces those fears with reminders that toddlers are loved and cared for throughout the night. Each spread welcomes a new Big and Little pair of matching animals. Big is calmly telling Little Love about all the things that will happen while Little Love is dreaming. . . . Most importantly, God, who never sleeps, will be ever watchful until morning and beyond.

Iris, a museum conservator in her late forties, is separating from her husband while bringing up two daughters. Raif is a stalled academic, as uncertain of the past as he is of the future, whose girlfriend is about to move in with him. When Iris and Raif first meet by chance, Iris suddenly turns away and starts to run. She is running from what this encounter has woken in her. In the City of Love's Sleep is a contemporary story about what it means to fall in love in middle age. It charts the steps two people take towards one another and what it means to have taken those steps before.

English Albanian Bilingual Book. Perfect for kids learning English or Albanian as their second language. Every night Jimmy sneaks into his parents' room and falls asleep in their bed. Until one night something unexpected happened.

Simple blank lined notebook to record all your to do tasks, thoughts, wishes, notes, and more..Each page is undated, allowing you to date the page as needed. It is perfect to keep track of your daily, weekly or monthly chores and responsibilities in a simple, organized manner. this notebook is a perfect companion in

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everyday life! It is designed to keep all your important things in one secure place and is the best gift for your loved ones !

Bilingual English Ukrainian book. Perfect for kids learning English or Ukrainian as their second language. This picture book follows the story of little bunny, Jimmy. Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened

Bilingual English Hebrew Book. Perfect for kids learning English or Hebrew as their second language. Jimmy, the little bunny doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened....

I Love to Sleep in My Own Bed (Croatian edition). Every night Jimmy sneaks into his parents' room and falls asleep in their bed. Until one night something unexpected happened.

Bilingual Portuguese (Brazilian) English Book. Perfect for kids learning English or Portuguese as their second language. This fun children's picture book follows the story of cute little bunny, Jimmy. He lives with his family in a small, nice house in the forest. The problem is that Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened Are you curious? Well, you'll just have to read the book to find out what happened. This is the first book in the collection of short bedtime stories for

children. This story may be ideal for reading to your kids at bedtime and enjoyable for the whole family as well! Sweet Sleep is the first and most complete book on nights and naps for breastfeeding families. It's mother-wisdom, reassurance, and a how-to guide for making sane and safe decisions on how and where your family sleeps, backed by the latest research. It's 4 A.M. You've nursed your baby five times throughout the night. You're beyond exhausted. But where can you breastfeed safely when you might fall asleep? You've heard that your bed is dangerous for babies. Or is it? Is there a way to reduce the risk? Does life really have to be this hard? No, it doesn't. Sweet Sleep is within reach. This invaluable resource will help you • sleep better tonight in under ten minutes with the Quick Start guide—and sleep safer every night with the Safe Sleep Seven checklist • sort out the facts and fictions of bedsharing and SIDS • learn about normal sleep at every age and stage, from newborn to new parent • direct your baby toward longer sleep when he's ready • tailor your approach to your baby's temperament • uncover the hidden costs of sleep training and “cry it out” techniques • navigate naps at home and daycare • handle concerns from family, friends, and physicians • enjoy stories and tips from mothers like you • make the soundest sleep decisions for your family and your life Advance praise for Sweet Sleep “Chock-full of advice and information . . . The editors smartly break the information into digestible bits organized by topics and age ranges. And for any parent desperate for an uninterrupted few hours of sleep, the advice is worth the

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read. Sweet Sleep includes extensive information on creating a safe sleep space, helping children learn to sleep on their own and defusing criticism of your family's choices. . . . This book is nothing but supportive of whatever your choices are about nursing and sleeping."—BookPage "An essential guide for parents . . . detailed, practical advice on bed sharing and breast-feeding, with basic guidelines for safe bed sharing outlined in seven steps."—Publishers Weekly
Bilingual Vietnamese English Book. Perfect for kids learning English or Vietnamese as their second language. Jimmy doesn't want to sleep in his own bed. Every night he sneaks into his parents' room and falls asleep in their bed.

Bilingual English Polish Book. Perfect for kids learning English or Polish as their second language. This fun children's picture book follows the story of cute little bunny, Jimmy. He lives with his family in a small, nice house in the forest. The problem is that Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened Are you curious? Well, you'll just have to read the book to find out what happened. This is the first book in the collection of short bedtime stories for children. This story may be ideal for reading to your kids at bedtime and enjoyable for the whole family as well!

I Love to Sleep in My Own Bed (Bulgarian Edition)
Jimmy, the little bunny doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something

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unexpected happened....

Finally, an alternative to the old-school one-size-fits-all methods of "sleep training!" This easy-to-read book will transform your parenting experience and restore the rest and harmony that your family deserves. With the parent-child connection and attachment theory at the heart of her approach, Sophie offers gentle and flexible solutions to the modern-day sleep and parenting challenges.

Sleep Play Love offers a loving, respectful, and effective framework, creating happy babies and families long-term ~ without the "cry it out."

Dream Team's new way to a good night's sleep for babies and parents With a simple and easy-to-follow plan for today's fast-moving (and often sleep-deprived) parents, this book offers a new, modern approach to teaching babies how to sleep independently. The authors' proven methods, prepared with a team of esteemed pediatric advisors, show anyone how to coach their baby to sleep through the night on his or her own.

The importance of preparation, consistency, and patience is explained in a down-to-earth style. A primer on the science of sleep Instructions for setting up the sleeping environment and creating sleeping and eating schedules Advice on identifying sleep associations and creating a support system Checklists and strategies to implement the three-part plan With respect for many styles of parenting, this step-by-step program includes methods for helping baby get a good night's sleep.

English Urdu Bilingual children's book. Perfect for kids studying English or Urdu as their second language.

"Goodnight, My Love!" by Shelley Admont won the Gold

Medal in 2019 Readers' Favorite annual international book award in the Children - General category Alex finds it hard to go to sleep, so he starts making up excuses. After reading a bedtime story, his father suggests planning a dream that he would like to see when he falls asleep. Find out where their imagination takes them as they plan his dream together. This bedtime story will help kids feel loved and relaxed, preparing them for a peaceful, sleep-filled night.

Help your relationships and your body with this definitive guide on sleep for couples—with proven strategies to improve both sleep and relationship health—by a clinical psychologist named as one of the top experts on the science of sleep. Dr. Wendy Troxel is a clinical psychologist and behavioral sleep specialist whose work is frequently cited in major media outlets as well as in recent bestselling books like Arianna Huffington's *The Sleep Revolution* and Dr. Matthew Walker's *Why We Sleep*. Dr. Troxel's mission is teaching couples to prioritize sleep and helping them find solutions to maximize the sleep quality for both partners, whether sleeping together or apart. Dr. Troxel says "Great sleep is the new great sex." In *Sharing the Covers*, she shows couples how vital it is to "sleep like your relationship depends on it"—because in many cases, it does. With popular science and an in-depth understanding of a couple's relationship to sleep and to each other on her side, Dr. Troxel leads couples through an entirely different kind of sleep book. She tells readers how to:

- Manage sleep cycles and sleep disorders
- Maintain a healthy sex life
- Decide on whether to ask for a "sleep

divorce" and more. A good night's sleep is critical to any relationship. Whether it's stress, snoring, or insomnia that's keeping you up, *Sharing the Covers* will help couples get back to sleep and get back to each other. It's time to sleep, it's time to sleep, the fishes croon in waters deep. The songbirds sing in trees above, "It's time to sleep, my love, my love." As children prepare for bed, the world around them is also settling down for the night. Animals who live in the jungle, the forest, the sea—all whisper to their babies a soft refrain: It's time to sleep, my love. As comforting as a soft blanket and warm as a goodnight hug, Eric Metaxas's lullaby is lovingly brought to life by bestselling artist Nancy Tillman (*On the Night You Were Born*), whose illustrations celebrate the wonders of the natural world, and the bonds of family. *It's Time to Sleep, My Love* is a 2009 Bank Street - Best Children's Book of the Year.

A touch-and-feel board book in three languages offers the words for objects connected to bedtime in English, French and Spanish. 20,000 first printing.

Author of seven previous collections of poetry, in this new volume award-winning author E. Ethelbert Miller gives us a rich variety of poems dealing with love, family, racism, and the joys and vicissitudes of daily life. These poems shine with Miller's full faith in the transformative powers of love and understanding. Book jacket.

Shawn Stevenson is a health expert with a background in biology and kinesiology who has helped thousands of people worldwide to improve their health, through his private work as well as his #1 Nutrition and Fitness podcast on iTunes. In his work, Shawn brings a well-

rounded perspective to the perennial question: how can we feel better? In investigating complex health issues such as weight loss, chronic fatigue and hormone imbalance, Shawn realised that many health problems start with one criminally overlooked aspect of our routine - sleep. In *Sleep Smarter* Shawn explores the little-known and even less-appreciated facts about sleep's influence on every part of our life. Backed by the latest scientific research and packed with personal anecdotes and tips from leaders in the field of sleep research, this book depicts the dangers of insufficient sleep - from weight retention to memory loss to bad sex to increased risk of disease. In his clear, personable and relatable style Shawn offers 21 simple, immediately applicable ways for readers to take their well-being into their own hands and improve their sleep now

Bilingual Polish English Book. Perfect for kids learning English or Polish as their second language. Jimmy doesn't want to sleep in his own bed. Every night he sneaks into his parents' room and falls asleep in their bed.

Jimmy, the little bunny, is very upset and nervous. Tomorrow is his first day in daycare, but he just wants to stay at home with his mom. Join Jimmy to find out how his friendly teddy bear helps him to feel excited. Finally, he discovers how much fun daycare really is! This children's book may help your little ones overcome their worries of leaving their parents for the first time, while helping them to adjust to new changes.

The Calm and Cozy Book of Sleep is a down-to-earth guide with expert tips to get you to sleep and stay

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asleep.

Bilingual English Hungarian Book. Perfect for kids learning English or Hungarian as their second language. Jimmy, the little bunny doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened....

The #1 New York Times Bestseller: "A hilarious take on that age-old problem: getting the beloved child to go to sleep" (NPR). "Hell no, you can't go to the bathroom. You know where you can go? The f**k to sleep." Go the Fuck to Sleep is a book for parents who live in the real world, where a few snoozing kitties and cutesy rhymes don't always send a toddler sailing blissfully off to dreamland. Profane, affectionate, and radically honest, it captures the familiar—and unspoken—tribulations of putting your little angel down for the night. Read by a host of celebrities, from Samuel L. Jackson to Jennifer Garner, this subversively funny bestselling storybook will not actually put your kids to sleep, but it will leave you laughing so hard you won't care.

Now a New York Times and USA Today bestseller! Winner of Best Science Fiction in the 2020 Goodreads Choice Awards! To Sleep in a Sea of Stars is a brand new epic novel from #1 New York Times bestselling author of Eragon, Christopher Paolini. Kira Navárez dreamed of life on new worlds. Now she's awakened a nightmare. During a routine survey mission on an uncolonized planet, Kira finds an alien relic. At first she's delighted, but elation

turns to terror when the ancient dust around her begins to move. As war erupts among the stars, Kira is launched into a galaxy-spanning odyssey of discovery and transformation. First contact isn't at all what she imagined, and events push her to the very limits of what it means to be human. While Kira faces her own horrors, Earth and its colonies stand upon the brink of annihilation. Now, Kira might be humanity's greatest and final hope . . . At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied. I Love to Sleep in My Own Bed Kocham spa? we w?asnym ?ó?eczkuEnglish Polish Bilingual children's bookKidKiddos Books Ltd.

In its recent review of the fourth (and final) Ægypt novel, Bookforum said: “We may one day look on Ægypt's publishing history with the same head-scratching curiosity with which we now regard Melville's tragic struggles and André Gide's decision to turn down Swann's Way.†? As those words were being typed, Overlook was well into the process of reclaiming the magnificent tetralogy, and with the publication of The Solitudes, readers re-entered the fantastic world that enthralled reviewers and was enshrined in Harold Bloom's Western Canon. In Love & Sleep, the second volume of the series, the professor Pierce Moffett finds himself at a great turning point in the history of the world. As a child, Pierce was no stranger to magic, but those

revelations faded with time. Now Pierce's search for a secret history of the world—one in which magic works and angels speak to humankind—has begun again. Love & Sleep is followed by the third volume in the Ægypt cycle, Dæmonomania, and the fourth, Endless Things.

Add to existing title list in the series Power 50 -
Potato Chip Books

"This book follows the story of little bunny, Jimmy. Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened."--P. [4] of cover.

Named a Best Book of the Year by The Washington Post, Time, NPR, Amazon, Vice, Bustle, The New York Times, The Guardian, Kirkus Reviews, Entertainment Weekly, The AV Club, & Audible A New York Times Bestseller "One of the most compelling protagonists modern fiction has offered in years: a loopy, quietly furious pillhead whose Ambien ramblings and Xanaxed b*tcherries somehow wend their way through sad and funny and strange toward something genuinely profound." —

Entertainment Weekly "Darkly hilarious . . .

[Moshfeqh's] the kind of provocateur who makes you laugh out loud while drawing blood." —Vogue

From one of our boldest, most celebrated new literary voices, a novel about a young woman's efforts to duck the ills of the world by embarking on

an extended hibernation with the help of one of the worst psychiatrists in the annals of literature and the battery of medicines she prescribes. Our narrator should be happy, shouldn't she? She's young, thin, pretty, a recent Columbia graduate, works an easy job at a hip art gallery, lives in an apartment on the Upper East Side of Manhattan paid for, like the rest of her needs, by her inheritance. But there is a dark and vacuous hole in her heart, and it isn't just the loss of her parents, or the way her Wall Street boyfriend treats her, or her sadomasochistic relationship with her best friend, Reva. It's the year 2000 in a city aglitter with wealth and possibility; what could be so terribly wrong? *My Year of Rest and Relaxation* is a powerful answer to that question. Through the story of a year spent under the influence of a truly mad combination of drugs designed to heal our heroine from her alienation from this world, Moshfegh shows us how reasonable, even necessary, alienation can be. Both tender and blackly funny, merciless and compassionate, it is a showcase for the gifts of one of our major writers working at the height of her powers.

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