

Inspirational And Cautionary Tales For Would Be School Leaders

"An extraordinary book which makes a vital contribution to our understanding of the potential power for healing and goodness in 'television entertainment'." Arlie Hochschild, author of *The Time Bind* (2001) "Despite the light title, this is a serious book about the healing possibilities of television. ! Provocative and enlightening." Beth Montemurro, Penn State University Can television be a positive force in society? Can socially conscious entertainment change the world? *Two Aspirins and Comedy* arrives at surprising and unconventional answers to these questions. Metta Spencer delves deep into the significance and power of entertainment as a means to influence society. She finds current examples of socially constructive television and demonstrates how mass entertainment can better use its power to positively influence society. In a climate where television is often a culprit for society's woes, Spencer casts a redemptive eye on the medium. She asserts that television, like other fictional landscapes, offers invaluable lessons, emotional bonding and catharsis for a modern society whose members are increasingly isolated.

Daily Readings adds dimension to *Journey 101* , a three-part basic faith study designed to teach what it means to know, love, and serve God. Daily Readings is the perfect companion resource for the program that provides short devotional readings, Scripture, prayer, and stories.

Thousands of self help books and transformational training programs have been created to help you find fulfillment, live a better life and become prosperous. The unique promise of the *Soulsearch* is to integrate the common threads of New Thought philosophies and Ancient Wisdom traditions so that you can apply those spiritual principles to your everyday life. the *Soulsearch* is full of stories that reveal both the journey and the results that come from using a practical tool guided by a spiritual philosophy. There is a step by step process you can follow as well as a simple concept that, once learned, will change your life forever. The stories are funny, inspirational, dramatic and rich with learning. They are the real life experiences of humans doing their best in a world that offers both challenges and opportunities to give and receive love in its many forms.

Chris Hedges on the most taboo topics in America, with David Talbot. *The War on Terror* is a profitable crusade against convenient enemies. "Muslim rage" is an understandable response to US state terror. Rising oligarchy in America has made democracy a sham and turned the electoral process into an increasingly absurd circus. Police violence against minorities is part of a systematic effort to crush social discontent. Proliferating violence against women's health clinics is part of the war on women's bodies. Freedom of speech is an illusion, with government agencies and corporate media dictating acceptable boundaries of public discourse. America's only hope is a revolution to create genuine structures of popular power. This kind of insight into America's deeply troubled

current state cannot be found on television, in the pages of leading newspapers, or on Google News. Many of our most important thinkers are relegated to the shadows because their ideas are deemed too radical—or true—for public consumption. Among these intellectual bomb throwers is Chris Hedges, who, after decades on the front lines, continues to confront power in America in the most incisive, challenging ways. Hedges's unfettered conversation with Hot Books editorial director David Talbot— founder of Salon and author of New York Times bestseller, *The Devil's Chessboard: Allen Dulles, the CIA and the Rise of America's Secret Government*—will be the first in a series for Hot Books called "Unspeakable," featuring some of the most important – and censored – voices in the world today.

A recent upsurge in interest in *Der Struwwelpeter*, written by Heinrich Hoffman has initiated a new wave of spin-offs, parodies, and retellings of these immensely popular stories. Hoffman's style, which is instructive and moralistic, coupled with the sadistic content of his works lend a unique quality to the stories that we don't see in contemporary children's literature. *Struwwelpeter: Humor or Horror?* is a critical analysis of the now infamous *Struwwelpeter* stories. While Hoffman intended his depictions of amputated limbs and burning children to be humorous and to warn children against misbehavior, some find the punishments can be excessively vicious. Looking beyond the history of child rearing practices and children's literature, Barbara Smith Chalou considers the socio-historic context in which the book was written and makes comparisons to contemporary children's fare that is similarly violent, but intended to be humorous.

Outlines an empowering approach to public speaking that draws on the co-author's experience with leading companies, covering topics ranging from content and delivery to body language and interpersonal exchanges. Reprint.

Today the myriad skills needed to be an amazing middle leader in schools can seem mind-boggling. What's more Middle Leaders are taking up the leadership reins after gaining experience for far fewer years than ever before. Whether you are new to this role or are more experienced and aspiring to become a school leader, this book will give you the vital information you need in order to understand what is really important about your role and how to improve your key skills.

Digital technology lies at the heart of contemporary education provision. This book considers the key issues in the field and addresses some fundamental but often unvoiced questions about the ever-growing use of technologies in education. It focuses on the social as well as the technical aspects of these issues, giving careful thought to the people, practices, processes and structures behind the use of technologies in education. The book considers a range of current debates and controversies. Will technology replace the school or university? Will technology replace the teacher? What do we really know about learning and technology? Does technology make learning fairer? Can technology address the many educational problems and inequalities faced by people around the world? What does the future hold for technology and education? What can be learnt from the history of technology use? Neil Selwyn takes a critical look at some of the major debates concerning digital technologies and education. Study

questions and annotated further reading are included to support readers, along with a companion website linking to online sources and resources.

In *Called by God: Discernment and Preparation for Religious Life*, Rachael Marie Collins provides an overview of the spiritual life—both its joys and its challenges—and guides women as they discern whether they are called to be religious sisters or nuns. In a series of letters written by the author to a trusted friend discerning whether to enter religious life, *Called by God* explores both discernment and spirituality. The key to discernment, Collins argues, is to prepare for religious life by entering deeply into a life of prayer and sacrifice so that one experiences and begins to understand the “work” of a religious before entering the convent. *Called by God* draws heavily on the wisdom of great Catholic women such as Teresa of Ávila, Thérèse of Lisieux, Zélie Martin, Edith Stein, Teresa of the Andes, Elizabeth of the Trinity, Miriam Teresa Demjanovich, Elizabeth Leseur, and Caryl Houselander, among others. Women discerning a vocation will benefit immensely from the discussions about the difference between religious life and marriage, the nature of a vocation, the supernatural superiority of religious life, and spiritual motherhood in *Called by God*.

Shattering any idea that librarianship is a politically neutral realm, this insider's account of seven debates from the floor of the American Library Association Council illustrates the mechanisms the governing body used to maintain the status quo on issues like racism, government surveillance and climate change. At play in each debate are rules of parliamentary procedure, appeals to authority, denial, and chastisement of librarians who pushed the ALA to make real its commitments to human rights and social justice. Providing a fascinating look at the Council's inner workings, the author parses debates concerning anti-apartheid boycotts; partnerships between ALA, McDonald's and the Boy Scouts of America; spying by the National Security Agency; censorship in Israel and the Occupied Territories; fossil fuel industry divestment; and the recent revival by ALA's Office of Intellectual Freedom of the infamous film *The Speaker*.

This volume focuses on how human health is affected by global ecosystem changes. Devoted entirely to this emerging field, it offers a global perspective on research methods and emphasizing empirical investigations of health outcomes in combination with integrated assessment for policy development. The book covers such topics as global climate change, stratospheric ozone depletion, water resources management, and ecology and infectious disease. Case studies of cholera, malaria, the effects of water resources, and global climate change and air pollution illustrate the analysis and methodology. The book also includes a resource centre describing places to start searches on the World Wide Web, guidelines for finding and evaluating information, suggested study projects, and strategies for encouraging communication among course participants.

We live in a society where kids and parents are obsessed with early achievement, from getting perfect scores on SATs to getting into Ivy League colleges to landing an amazing job at Google or Facebook-or even better, creating a start-up with the potential to be the next Google or Facebook or Uber. We see software coders become millionaires or billionaires before age thirty and feel we are failing if we are not one of them. Late bloomers, on the other hand, are under-valued-in popular culture, by educators and employers, and even unwittingly by parents. Yet the fact is, a lot of us-most of us-do not explode out of the gates in life. We have to discover our passions and talents and gifts. That was true for author Rich Karlgaard, who had a mediocre academic career at Stanford (which he got into by a fluke) and, after graduating, worked as a dish-washer and nightwatchman before finally finding the inner motivation and drive that ultimately led him to start up a high-tech magazine in Silicon Valley, and eventually to become the publisher of *Forbes* magazine. There is a scientific explanation for why so many of us bloom later in life. The executive function of our brains doesn't mature until age twenty-five-and later for some. In fact, our brain's capabilities peak at different ages.

We actually experience multiple periods of blooming in our lives. Moreover, late bloomers enjoy hidden strengths due to taking the time to discover their way in life-strengths coveted by many employers and partners, including curiosity, insight, compassion, resilience, and wisdom. Based on years of research, personal experience, interviews with neuroscientists, psychologists, and countless people at different stages of their careers, *Late Bloomers* reveals how and when we achieve our full potential—and why today's focus on early success is so misguided, and even harmful.

Strategy implementation - or strategy execution - is a hot topic today. Managers spend significant resources on consulting and training, in the hope of creating brilliant strategies, but all too often brilliant strategies do not translate into brilliant performance. This book presents new conceptual models and tools that can be used to implement different strategies. The author analyses how market leaders have benefitted from successful strategy implementation and provides the reader with a comprehensive and systematic framework to tackle strategy implementation challenges. Have clear strategic choices been made? Are actions aligned with the strategy? What's the organizational context for the strategy? In answering these simple questions, the book provides students of strategic management, along with managers involved in designing and implementing strategies, with a valuable resource.

The year's best military SF, space opera, and adventure SF stories. The second of a new series featuring the best stories of the year from the top magazines and online venues with a military and adventure science fiction theme. The new Golden Age of short science fiction has arrived! Selected from the premier print and online markets in the field, here are stories to challenge, provoke, thrill, and entertain. Stories of future military men and women, space opera on a grand scale, and edge-of-your-seat adventure science fiction in the grand pulp tradition. The second volume in an on-going series, *The Year's Best Military and Adventure Science Fiction*, features stories by giants of the genre and the hottest new voices. Plus, you be the judge! INTERACTIVE READER VOTING. One story from this anthology will be chosen via proctored online voting for The Best Military and Adventure Science Fiction Reader's Choice Award, presented at DragonCon in Summer 2016. For more information, go to Baen.com. At the publisher's request, this title is sold without DRM (Digital Rights Management). About *The Year's Best Military and Adventure Science Fiction 2015*: "Baen's fan-guided anthology series roars into its second year with a collection of stories just as eclectic as the first. . . . Afsharirad has put together a refreshing military and SF anthology that will be enjoyed by a wide range of readers."—*Publishers Weekly* (starred review) About *The Year's Best Military SF and Space Opera Volume 1*: "This intriguing anthology explores the human race's violent potential [but] also bends toward exploration and the triumph of the human spirit, with brave tales [that] take the reader on a fascinating, thought-provoking, enjoyable journey . . . "—*Publishers Weekly* (starred review) "[A] nice eclectic mix of magazines—hardcopy and digital—and original anthologies. Afsharirad seems to have cast his nets admirably wide. . . . The variety of styles and topics and themes, and the high level of craft in this assemblage, prove that this subgenre is flourishing. . . . [The collection] should be welcome by raw recruits and veterans alike."—*Locus*

What happened to beauty? How did the university literature classroom turn into a seminar on politics? Focusing on such writers as Don DeLillo, Virginia Woolf, and James Merrill, this book examines what has been lost to literature as a discipline, and to literary criticism as a practice, as a result of efforts to reduce the aesthetic to the ideological. Green-Lewis and Soltan celebrate the return of beauty as a subject in its own right to literary studies, a return all the more urgent given beauty's ability to provide not merely consolation but a sense of order and control in the context of a threatening political world.

This groundbreaking study has been widely hailed for its focus on a human emotion generally considered impervious to rational analysis: romantic, passionate love. Ethel Person views

romantic love as a powerful agent of change, arguing that it is as central to human culture as it is to human existence. This new edition of *Dreams of Love and Fateful Encounters* emphasizes the relevance of passion not only to lovers but also to mental health professionals whose patients often enter treatment because of love-related issues -- from the inability to love or make a commitment to the perils of extramarital love to love sickness or loss of love. She forthrightly addresses not only the power of love to unlock the soul but also its inherent paradoxes and conflicts. Employing a philosophical perspective in order to understand the existential dilemmas posed by love, and a cultural perspective in order to understand its cultural variability, Dr. Person breaks with contemporary intellectual and philosophical dismissive assumptions about romantic love. She acknowledges love's vital importance and power, proposing that passion serves an important function not only for the individual but also for the culture while charging psychoanalysis with a reductionist emphasis on sexuality and psychopathology that has narrowed the focus of inquiry into love. Among the issues she discusses are: romantic love's sources in our early lives, its relationship to imagination and creativity, and its capacity to enable the lover to transcend the self how romantic love often demands a reordering of values and promotes personal growth by exposing the self to new risks and possibilities the transformational potential of transference love in the therapy process flaws in the common misperception that women are more influenced by romantic love than men considerations of homosexual love, love across generations, and love triangles, focusing on the individual growth that can result from such relationships Citing accounts of love drawn from literature, film, and real life, Person focuses on the lover's internal soliloquy and external dialogue with the beloved that can develop over an individual's life. An uplifting resource for people experiencing failing or unorthodox romances, *Dreams of Love and Fateful Encounters* boldly takes on issues pertinent to lovers, to professionals who encounter patients for whom key conflicts revolve around romantic love, and to anyone who has struggled to understand the importance of romantic love in his or her own life.

“Traces the history of abolition from the 1600s to the 1860s . . . a valuable addition to our understanding of the role of race and racism in America.”—Florida Courier Received historical wisdom casts abolitionists as bourgeois, mostly white reformers burdened by racial paternalism and economic conservatism. Manisha Sinha overturns this image, broadening her scope beyond the antebellum period usually associated with abolitionism and recasting it as a radical social movement in which men and women, black and white, free and enslaved found common ground in causes ranging from feminism and utopian socialism to anti-imperialism and efforts to defend the rights of labor. Drawing on extensive archival research, including newly discovered letters and pamphlets, Sinha documents the influence of the Haitian Revolution and the centrality of slave resistance in shaping the ideology and tactics of abolition. This book is a comprehensive history of the abolition movement in a transnational context. It illustrates how the abolitionist vision ultimately linked the slave's cause to the struggle to redefine American democracy and human rights across the globe. “A full history of the men and women who truly made us free.”—Ira Berlin, *The New York Times Book Review* “A stunning new history of abolitionism . . . [Sinha] plugs abolitionism back into the history of anticapitalist protest.”—*The Atlantic* “Will deservedly take its place alongside the equally magisterial works of Ira Berlin on slavery and Eric Foner on the Reconstruction Era.”—*The Wall Street Journal* “A powerfully unfamiliar look at the struggle to end slavery in the United States . . . as multifaceted as the movement it chronicles.”—*The Boston Globe*

What's it like to work on a great software development team facing an impossible problem? How do you build an effective team? Can a group of people who don't get along still build good software? How does a team leader keep everyone on track when the stakes are high and the schedule is tight? *Beautiful Teams* takes you behind the scenes with some of the most interesting teams in software engineering history. You'll learn from veteran team leaders'

successes and failures, told through a series of engaging personal stories -- and interviews -- by leading programmers, architects, project managers, and thought leaders. This book includes contributions from: Tim O'Reilly Scott Berkun Mark Healey Bill DiPierre Andy Lester Keoki Andrus Tom Tarka Auke Jilderda Grady Booch Jennifer Greene Mike Cohn Cory Doctorow Neil Siegel Trevor Field James Grenning Steve McConnell Barry Boehm and Maria H. Penedo Peter Gluck Karl E. Wieggers Alex Martelli Karl Fogel Michael Collins Karl Rehmer Andrew Stellman Ned Robinson Scott Ambler Johanna Rothman Mark Denovich and Eric Renkey Patricia Ensworth Andy Oram Tony Visconti Beautiful Teams is edited by Andrew Stellman and Jennifer Greene, veteran software engineers and project managers who have been writing bestselling books for O'Reilly since 2005, including Applied Software Project Management, Head First PMP, and Head First C#.

The definitive anthology of wisdom and wit about one of life's most complex, intriguing, and personal subjects. When and whom do you marry? How do you keep a spouse content? Do all engaged couples get cold feet? How cold is so cold that you should pivot and flee? Where and how do children fit in? Is infidelity always wrong? In this volume, you won't find a single answer to your questions about marriage; you will find hundreds. Spanning centuries and cultures, sources and genres, The Marriage Book offers entries from ancient history and modern politics, poetry and pamphlets, plays and songs, newspaper ads and postcards. It is an A to Z compendium, exploring topics from Adam and Eve to Anniversaries, Fidelity to Freedom, Separations to Sex. In this volume, you'll hear from novelists, clergymen, sex experts, and presidents, with guest appearances by the likes of Liz and Dick, Ralph and Alice, Louis CK, and Neil Patrick Harris. Casanova calls marriage the tomb of love, and Stephen King calls it his greatest accomplishment. With humor, perspective, breadth, and warmth, The Marriage Book is sure to become a classic.

Peter Honey has spent more than 35 years advising managers from a wide cross-section of functions and organizations. Here, the whole of management life is revealed in 50 short stories, some sad, some funny - all based on real managers and real events.

A rich hermeneutic account of the way virtue is understood and developed. Despite its ancient roots, virtue ethics has only recently been fully appreciated as a resource for environmental philosophy. Other approaches dominated by utilitarian and duty-based appeals for sacrifice and restraint have had little success in changing behavior, even to the extent that ecological concerns have been embraced. Our actions often do not align with our beliefs. Fundamental to virtue ethics is an acknowledgment that neither good ethical rules nor good intentions are effective absent the character required to bring them to fulfillment. Brian Treanor builds on recent work on virtue ethics in environmental philosophy, finding an important grounding in the narrative theory of philosophers like Paul Ricoeur and Richard Kearney. Character and ethical formation, Treanor argues, are intimately tied to our relationship with the narratives through which we view the human place in the natural world. By reframing environmental questions in terms of individual, social, and environmental narratives about flourishing, Emplotting Virtue offers a powerful vision of how we might remake our character so as to live more happily, more sustainably, and more virtuously in a diverse, beautiful, wondrous, and fragile world.

31 Men of the Bible features 31 profiles of important men in the Bible. Each profile includes the related scripture reference, character summary, and application questions to help the reader discover who these men were and what we can learn from them today. Featuring a full-color interior with illustrations on every page and a unique concise format, this book can be used for daily study or carried in a briefcase or backpack for reading on the go. Features Include: 31 profiles of important men in the Bible with life application questions. Full-color interior with illustrations on every page. Ideal for daily study or reading on the go.

Concise format that is easy to carry and fits well in a brief case or backpack. Study tool that provides a greater understanding of important men in the Bible. We are the shiver on your uneasy flesh, the creep of the unknown on your skin. Tread carefully, for the dark things best left behind in the forest may seep under your door and sup with you. The lover at your window or in your bed may have the scent of your death already on their breath. Darkly delicious imaginings inspired by the customs and ancient tales of Russia and Eastern Europe. 'Funny, brutal, and irreverent' – Bustle.com

A comparative study of Boccaccio's Decameron and Chaucer's Canterbury Tales that explores the differences and similarities between the worlds that are portrayed by each text, with a focus on the strategies and limits of personal agency, and the significance and social dynamics of story-telling.

A practical guide to bioremediation: natural techniques that are proven to heal land damaged by pollution. In the United States and Canada alone, millions of acres have been contaminated by pesticides, chemicals, dirty energy projects, toxic waste, and other pollutants. Conventional clean-up techniques are expensive and resource-intensive and can cause further damage. Communities find themselves increasingly unable to rely on the same companies and governments that created the problems to step in and provide solutions. Packed with valuable information from visionaries in the field of bioremediation, Earth Repair empowers individuals to heal contaminated and damaged land. It encompasses everything from remediating and regenerating abandoned city lots for urban farmers and gardeners, to recovering from environmental disasters and industrial catastrophes such as oil spills and nuclear fallout. This fertile toolbox covers various remediation methods including: • Microbial remediation: using microorganisms to break down and bind contaminants • Phytoremediation: using plants to extract, bind, and transform toxins • Mycoremediation: using fungi to clean up contaminated soil and water

Getting our students to write and write well is a process Tom Scheft explains and explores—offering practical and theoretical guidance, while providing uplifting, thought provoking examples of a writing assignment for students middle grades through master's level. An invaluable supplemental text for teacher education programs and in-service programs, Scheft mines his experience working with student writers in public schools and universities. He also covers • the research-backed case for autobiographical, reflective writing, • helping student writers understand and deal with rejection, and • honest, practical strategies for dealing with dialect differences. Professors, English teachers, and students: This book will help enhance writing through time-tested, user-friendly strategies and powerful examples.

For nearly ten years, Judge Glenda Hatchett has delighted TV audiences with a brand of justice that turns the everyday into something eminently watchable. Her message can be distilled into the following two words: Dare Yourself. Whatever obstacles or fears one faces, Judge Hatchett's prescription implores readers to

write their own story in this life. With care and conviction, Judge Hatchett uses real life stories from the courtroom and her personal life to counsel readers. Shows them how to find their true purpose and gifts, to be real about their reality and its potential outside of challenging circumstances, and to always be true to themselves. Interactive as well as inspirational, **DARE TO TAKE CHARGE** challenges the reader to ask self-reflective questions that lead to moments of self-discovery and a defined pathway to healing. Daring her audience to study the positive with the same interest and intensity that they study the negative, Judge Hatchett uncovers the potential for grace and success in lives that are now punctuated with despair and unfaithfulness.

Where do our images about early hominids come from? In this fascinating in-depth study, David Van Reybrouck demonstrates how input from ethnography and primatology has deeply influenced our visions about the past from the 19th century to this day – often far beyond the available evidence. Victorian scholars were keen to look at contemporary Australian and Tasmanian aboriginals to understand the enigmatic Neanderthal fossils. Likewise, today's primatologists debate to what extent bonobos, baboons or chimps may be regarded as stand-ins for early human ancestors. The belief that the contemporary world provides 'living links' still goes strong. Such primate models, Van Reybrouck argues, continue the highly problematic 'comparative method' of the Victorian times. He goes on to show how the field of ethnoarchaeology has succeeded in circumventing the major pitfalls of such analogical reasoning. A truly interdisciplinary study, this work shows how scholars working in different fields can effectively improve their methods for interpreting the deep past by understanding the historical challenges of adjacent disciplines. Overviewing two centuries of intellectual debate in fields as diverse as archaeology, ethnography and primatology, Van Reybrouck's book is one long plea for trying to understand the past on its own terms, rather than as facile projections from the present. David Van Reybrouck (Bruges, 1971) was trained as an archaeologist at the universities of Leuven, Cambridge and Leiden. Before becoming a highly successful literary author (*The Plague*, *Mission*, *Congo...*), he worked as a historian of ideas. For more than twelve years, he was co-editor of *Archaeological Dialogues*. In 2011-12, he held the prestigious Cleveringa Chair at the University of Leiden.

Since its publication in 2008, *Exhibit Makeovers* has been a useful do-it-yourself handbook for museum staff and volunteers. *Exhibit Makeovers* is a workbook that provides grounding in interpretive principles, how-to-advice, step-by-step guidance, and moral support for in-house exhibit planning and design. The revised and expanded 2nd edition preserves the supportive tone and easy-to-follow steps that make the original *Exhibit Makeovers* so user-friendly. Significant revisions—especially in the technology arena—and additions make this new edition a must-have addition to any museum's toolkit:

- New emphasis on visitor input, with step-by-step guidelines for evaluation studies during planning and design.
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New text and worksheets to guide development of interactives, and ensure varied levels of visitor participation. • Focus on affordable software to help with exhibit planning and design, as well as low- cost technologies that can vary and deepen the visitor experience. • Brand-new chapters on exhibit design, production, and installation, written by the experienced team responsible for in-house exhibits at a thriving, mid-size museum. Following the same pattern as the 2008 original, the revised Exhibit Makeovers guides users through step-by-step processes of a single-case makeover, development of a new exhibit, and renovation/renewal of an entire gallery or museum.

This book presents a wide-ranging and critical exploration of a topic that lies at the heart of contemporary education. The use of digital technology is now a key feature of schools and schooling around the world. Yet despite its prominence, technology use continues to be an area of education that rarely receives sustained critical attention and thought, especially from those people who are most involved and affected by it. Technology tends to be something that many teachers, learners, parents, policy-makers and even academics approach as a routine rather than reflective matter. Tackling the wider picture, addressing the social, cultural, economic, political and commercial aspects of schools and schooling in the digital age, this book offers to make sense of what happens, and what does not happen, when the digital and the educational come together in the guise of schools technology. In particular, the book examines contemporary schooling in terms of social justice, equality and participatory democracy.

Seeking to re-politicise an increasingly depoliticised area of educational debate and analysis, setting out to challenge the many contradictions that characterise the field of education technology today, the author concludes by suggesting what forms schools and schooling in the digital age could, and should, take. This is the perfect volume for anyone interested in the application and use of technology in education, as well as the education policy and politics that surround it; many will also find its innovative proposals for technology use an inspiration for their own teaching and learning.

Everyone wants to be the kind of leader who can energize and mobilize others with their words, who in a single conversation can change the direction of someone's life. But why is it that so few crack the code of how to do just that? Executive coach Kristi Hedges has spent years studying exactly what inspiring leaders do differently, and in *The Inspiration Code* dispels the myths that have hindered too many in their unsuccessful campaigns to inspire their team. Informed by quantitative research and thousands of responses from leaders at all levels, Hedges reveals that inspiring communication isn't about grand gestures. Instead, those who motivate us most do a few specific things routinely, consistently, and intentionally. Learn the myths that don't work. Learn the common qualities of the most inspirational leaders. Learn how to authentically excite and motivate your team toward new frontiers of success!

Spans history, culture, sources and genres in a wide-ranging analysis of

marriage that considers everything from taboos and cultural roles to marital obligations and the experiences of famous couples. By the creators of Women's Letters.

Based upon Gerald Haigh's acclaimed weekly column in the Times Educational Supplement, this book is a lively and refreshing look at what it takes to get on in teaching. Touching on everything from the legacy of Ted Wragg to the film Brokeback Mountain the author's incisive eye will give teachers wanting to get on in their career both inspiration and much to ponder upon. This reworked and thematically grouped collection will give leaders and aspiring leaders in education vital insights and observations into a wide range of topics including: the recruitment game and building your career dealing with people, making mistakes and learning lessons from Heroes and Gurus – from Tom Peters and Peter Drucker to Lawrence of Arabia supporting colleagues getting a life beyond school. Over recent years Haigh's columns - Second Half, for experienced teachers, and Leading Questions, specifically for teachers in leadership positions - have developed a loyal following from readers. This book will delight and engage all who wish to move onwards and upwards in teaching.

Sudden, extreme deaths have always fascinated us-- and now more than ever as athletes and travelers rise to the challenges of high-risk sports and journeys on the edge. In this spellbinding book, veteran travel and outdoor sports writer Peter Stark reenacts the dramas of what happens inside our bodies, our minds, and our souls when we push ourselves to the absolute limits of human endurance. Combining the adrenaline high of extreme sports with the startling facts of physiological reality, Stark narrates a series of outdoor adventure stories in which thrill can cross the line to mortal peril. Each death or brush with death is at once a suspense story, a cautionary tale, and a medical thriller. Stark describes in unforgettable detail exactly what goes through the mind of a cross-country skier as his body temperature plummets-- apathy at ninety-one degrees, stupor at ninety. He puts us inside the body of a doomed kayaker tumbling helplessly underwater for two minutes, five minutes, ten minutes. He conjures up the physiology of a snowboarder frantically trying not to panic as he consumes the tiny pocket of air trapped around his face under thousands of pounds of snow. These are among the dire situations that Stark transforms into harrowing accounts of how our bodies react to trauma, how reflexes and instinct compel us to fight back, and how, why, and when we let go of our will to live. In an increasingly tamed and homogenized world, risk is not only a means of escape but a path to spirituality. As Peter Stark writes, "You must try to understand death intimately and prepare yourself for death in order to live a full and satisfying life." In this fascinating, informative book, Stark reveals exactly what we're getting ourselves into when we choose to live-- and die-- at the extremes of endurance. Placing Eastern Europe in a global context, this provides new perspectives on the political, economic, and cultural transformations of the late twentieth century.

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