

# Intentional Interviewing And Counseling

This CD-ROM, which now includes six new video segments, is available standalone or packaged with the text. The CD-ROM includes video presentations on ethical, multicultural, and wellness issues, as well as flashcard summaries of each chapter, interactive exercises for skill practice and mastery, practice quizzes, a downloadable portfolio, and Web links. The CD-ROM is also packaged with an access card for InfoTrac College Edition and the Helping Professions Learning Center. To complement these additional resources, the CD-ROM also contains InfoTrac College Edition exercises as well as an InfoTrac College Edition User Guide.

Offers school counselors a road map for increasing achievement and promoting equity and advocacy for all students by examining the social factors that contribute to academic failure.

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the cutting-edge

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new Eighth Edition includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

Over 450 databased studies attest to the effectiveness of the Microskills model in INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY!

Available with an interactive CD-ROM (which can be packaged with the text), this hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, thus rapidly empowering them to conduct a full interview using only listening skills by the time they are half-way through the course. Following this, students learn confrontation and influencing skills. By the time the text is completed, students will be able to conduct interviews from several theoretical perspectives: person-centered, decisional interviewing, assertiveness training, and brief solution-oriented counseling.

Throughout the text, students are encouraged to examine themselves and to start defining their own personal style and theory of interviewing and counseling. Over 450 databased studies attest to the effectiveness of the microskills model in the INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY! The new Fifth Edition of this hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, thus rapidly empowering

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them to conduct a full interviews using only listening skills. Following this, students learn confrontation and influencing skills and by the time the text is completed, students will be able to conduct interviews from several theoretical perspectives: person-centered, decisional interviewing, assertiveness training, and brief solution-oriented counseling. Throughout the text, students are encouraged to examine themselves and to start defining their own personal style and theory of interviewing and counseling.

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Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos' macho fantasies help him deal with terminal cancer? In *Love's Executioner* psychotherapist Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Their case histories lay bare human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that few of us escape completely, and show how we can all come to terms with such fears. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'The best therapists are at least partly poets. With this riveting and beautifully written book, Yalom has joined their ranks.' Erica Jong 'Dr Yalom offers a vaulable insight into the delicate process of therapy.' Sunday Telegraph 'These

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remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable.' Maggie Scarf 'Irvin Yalom writes like an angel about the devils that besiege us.' Rollo May 'Dr Yalom is unusually honest, both with his patients and about himself.' Anthony Storr

Professional Behaviors and Dispositions teaches counselors in training (CITs) how to cultivate counselor competencies and critical thinking skills in support of lifelong professional development. CITs will first gain a detailed understanding of the professional behaviors and dispositions expected of all counselors. They will then learn how to evaluate themselves for these factors using a universal growth model that promotes holistic, ongoing assessment of oneself and one's relationships. Next, CITs will be presented with concrete tools and activities that they can use to cultivate and retain counselor competencies. Finally, CITs are given a step-by-step guide for creating a professional growth plan they can use throughout their program and their clinical practice. Accompanying this text is a helpful online faculty guide for supervisors to use while working with CITs. Aligned with CACREP, ACA, and ACES standards, this textbook will be useful for all graduate students training to become counselors.

Clinical Interviewing, Fifth Edition blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of mental health interviewing. It guides clinicians through elementary listening and counseling skills onward to

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more advanced, complex clinical assessment processes, such as intake interviewing, mental status examination, and suicide assessment. Fully revised, the fifth edition shines a brighter spotlight on the development of a multicultural orientation, the three principles of multicultural competency, collaborative goal-setting, the nature and process of working in crisis situations, and other key topics that will prepare you to enter your field with confidence, competence, and sensitivity.

This text integrates theoretical material in cognitive psychology and relevant knowledge from the applied behavioral sciences. The many discussions and exercises enable readers to explore their own career issues in order to learn practical approaches to career planning. The authors cover basic career concepts and decision making; social conditions affecting career development such as the global economy and organizational culture. Also focuses on the theory base in cognitive information processing, with detailed, practical examples of the application of the theory in typical career situations and provides concrete steps for executing a strategic career plan.

A THOROUGH AND CONTEMPORARY EXPLORATION OF ISSUES FUNDAMENTAL TO MULTICULTURAL COMPETENCY Handbook of Multicultural Counseling Competencies draws together an expert group of contributors who provide a wide range of viewpoints and personal experiences to explore the identification and development of specific competencies necessary to work effectively with an increasingly diverse population. Beginning with a Foreword by Derald Wing

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Sue, this unique handbook offers a broad, comprehensive view of multiculturalism that is inclusive and reflective. The coverage in this important book lies beyond the scope of traditionally defined multiculturalism, with discussion of historically overlooked groups that have experienced prejudice and bias because of their size, social class, age, language, disability, or sexual orientation. This book provides readers with: Practical cases and examples to enhance skill development, promote critical thinking, and increase awareness A cross-section of diversity characteristics and best practice guidelines Examination of detailed, developmentally relevant competency categories Resources and exercises designed for practitioners at various levels of experience and expertise A forum for debate, discussion, and growth Designed to help readers enhance general multicultural competency and their ability to provide services to the populations specifically described, this thought-provoking text will prove useful in facilitating ongoing dialogues about multicultural competence in all its variations.

Never HIGHLIGHT a Book Again! Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives all of the outlines, highlights, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanies: 9781285065359. This item is printed on demand.

The new edition of this popular text gives the counseling student and beginning counselor the skills, interventions and strategies needed to develop a conceptual

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orientation, plan therapy, and assess its effectiveness. Highlights of the 5th edition: Skill summary tables help the reader identify specific interventions that are used to work with affective, cognitive, behavioral, and systemic agendas. Chapter 12 has been completely revised to include three important counselor functions: Crisis intervention, Consultation, and Peer Supervision. Introduces strategies for responding to counseling crises in school or community settings. Stages of crisis intervention, established skills and interventions that respond to crisis, and planning for post-crisis support are included. Introduces strategies for planning consultation activities in the school or agency and for ways to organize effective peer supervision activities during and after training. Students are prepared to continue their growth beyond the formal training process. Provides structure for establishing peer supervision relationships for the advanced- or post-graduate counselor, including stages of peer supervision development, skills and interventions appropriate to peer supervision, and client-support. Visit our Helping Professions Supersite at [www.ablongman.com/helpingprofessions](http://www.ablongman.com/helpingprofessions) for additional resources!

Barbara Okun and Ricki Kantrowitz's practical introduction to counseling has helped thousands of readers become effective and empathic helpers. Logical, easy-to-understand, and applicable, **EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES**, Eighth Edition, continues to use a unique framework to help readers enhance their self-awareness and their understanding of contemporary forces. The

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book is infused with many case examples, dialogues, tables, and experiential exercises. The authors help readers develop basic helping skills based on empathic responsive listening, introduce them to theoretical principles, and enable them to effectively integrate theory and practice in a way that is appropriate to their level of training. The learning-by-practice format promotes the active integration of the skills that will prepare students for the realities of what it's like to be a helper. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The fourth edition of this well-respected text, first published in 1979, is a timely and thorough revision of the existing material. Group Counseling has done well over the years, due in large part to its comprehensive history of group work as a counseling specialty, the practical nature of the authors' explanations, the diversity of sources the authors draw upon, and the international acclaim of Dr. Landreth's work on play and filial therapy. This text will provide both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge.

Lawyers know that client counseling can be the most challenging part of legal practice. Clients question and often resist the complexities and uncertainties inherent in law and legal process. Honest advice from the lawyer can make a client doubt his or her allegiance and zeal. Client backlash may be directed at the lawyer who communicates bad news. Thus, the lawyer may feel torn between the obligation to clearly inform a client about weaknesses in legal positions and fear of damaging the client relationship. Too often, the lawyer struggles to counsel a particularly difficult client, but to no avail. Client Science is written to provide insight and

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advice to lawyers on how to more effectively communicate with their clients with regard to legal realities and difficult decisions. It will help lawyers with the always-difficult task of delivering "bad news," which will result in better-informed and thus more satisfied clients. The book explains applicable social science research and insights and translates them into plain language relevant to legal practice and client counseling. Marjorie Corman Aaron offers specific suggestions related to a lawyer's ordering, timing, phrasing, and type of explanation, as well as style adjustments for the lawyer's voice, gesture, and body position, all to impact client counseling and to improve the lawyer-client relationship. ESSENTIALS OF INTENTIONAL INTERVIEWING, 2nd Edition delivers a more concise and student-friendly version of the Iveys' bestselling INTENTIONAL INTERVIEWING AND COUNSELING--one in which every sentence and concept has undergone a thorough review to ensure both relevance and clarity for beginning helpers. Accessible to every helping professions student, the text uses an active voice and modular style that allows more flexibility. Its multicultural focus also reflects the diverse nature of today's classroom--and society. The Second Edition retains the authors' renowned Microskills model of teaching students vital interviewing skills step by step. It also integrates the five systems of helping--person-centered, decisional counseling, brief counseling, crisis counseling, and coaching--and includes new content addressing such critical topics as psychoeducational skills and Internet counseling. All-new practice exercises, an interactive DVD, and additional supplements help students develop a deeper understanding of text material. In addition, with its full array of text-specific online study and teaching tools, WebTutor is available with the new edition. Important Notice: Media content referenced within the product description or the product text may not be

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available in the ebook version.

This is the only comprehensive text to focus on the development of practical interviewing and counseling skills for Master's-level mental health counseling students. It is structured around the goals established by the CACREP's 2009 document on standards for MHC programs, and uniquely encompasses both theory and practice from the perspectives of a diverse array of theoretical schools and practice strategies. The text emphasizes the importance of multicultural facets of interviewing and counseling throughout, challenging students to examine their own backgrounds and biases as they develop professionally.

This comprehensive graduate-level text prepares readers to handle the problems and responsibilities they'll face as professional school counselors, preschool through high school. It covers a wide range of topics in-depth, including: effective interventions for racism and bullying, the continuing score gap between ethnic groups, a school counselor's leadership role in implementing school-based action research, a model for advocating on behalf of, and providing services to children with disabilities. The book is packed with real life examples and case descriptions: it provides strategies for preventing and responding to social and emotional problems, improving educational outcomes, and helping children score at optimum levels on high-stakes tests. *Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society* Cengage Learning Master interviewing skills with INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 8th Edition. This book gives you the tools to adapt your skills to address both individual and multicultural uniqueness, conduct interviews using five different theoretical approaches, and begin developing a personalized style and theory of

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interviewing and counseling that matches your own aptitudes and affinities. Case studies, sample interviews, and a Portfolio of Competencies are just a few of the many tools that will help you master the material and become a better listener. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This award-winning, bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions, including the 2014 American Counseling Association Code of Ethics, CACREP/CORE accreditation standards, DSM-5, the Affordable Care Act, and many other important changes. It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio-cultural changes. The only resource of its kind, it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors, counselor educators, clinical supervisors, psychologists, and social workers. The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education, research, and practice. It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates, in 93 chapters, both contemporary insight and practical strategies for working with the complexity of

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real-life issues related to assessment, diagnosis, and treatment of diverse clients. New chapters address military and veteran health issues; evidence-based practice for training; counseling transgender individuals, partners, and families; counseling caregivers;; social justice; and so much more. In addition to being a quick-access resource for all counseling professionals, the second edition serves as a concise, accessible reference for graduate students preparing for certification and licensure exams. It features an expanded, comprehensive self-exam of over 340 multiple-choice items based on the CORE/CACREP core content and knowledge areas for counselor education and training.

New to the Second Edition: Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM-5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self-exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence-based practices for counseling New chapter on behavioral health and health disparities in the U.S. New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary, alternative, and integrative approaches New information on counseling LGBTQ couples, partners and families Key Features:

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Covers all key foundational content for CACREP/CORE-accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars, educators, and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics, Affordable Care Act, DSM-5, and revisions to licensure requirements in many states Offering a primary focus on North American cultural and ethnic diversity while addressing global questions and issues, *Counseling Across Cultures, Seventh Edition*, edited by Paul B. Pederson, Walter J. Lonner, Juris G. Draguns, Joseph E. Trimble, and María R. Scharrón-del Río, draws on the expertise of 48 invited contributors to examine the cultural context of accurate assessment and appropriate interventions in counseling diverse clients. The book's chapters highlight work with African Americans, Asian Americans, Latinos/as, American Indians, refugees, individuals in marginalized situations, international students, those with widely varying religious beliefs, and many others. Edited by pioneers in multicultural counseling, this volume articulates the positive contributions that can be achieved when multicultural awareness is incorporated into the training of counselors.

Focuses on understanding cultural and psychosocial contexts to promote optimal healing for disaster survivors This is the first book for mental health professionals working with survivors of mass trauma to focus on the psychosocial and culture contexts in which these disasters occur. It underscores the importance of

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understanding these environments in order to provide maximally effective mental health interventions for trauma survivors and their communities. Global in scope, the text addresses the foundations of understanding and responding to the mental health needs of individuals and groups healing from traumas created by a wide range of natural and human-made critical events, including acts of terrorism, armed conflict, genocide, and mass violence by individual perpetrators. Designed for professional training in disaster mental health, and meeting CACREP standards, the text promotes the knowledge and skills needed to work with the psychosocial aspects of individual and group adaptation and adjustment to mass traumatic experience. Reflecting state-of-the-art knowledge, the book offers detailed guidelines in assessment and brief interventions related to survivors' posttraumatic stress symptoms and complex trauma associated with being at the epicenter of extraordinary stressful and traumatic events. In addition, this book also covers critical issues of self-care for the professional. Illustrated with first-person accounts of disaster survivors and case scenarios, this book emphasizes how counselors and other mental health professionals can foster resilience and wellness in individuals and communities affected by all types of disasters.

**Key Features:** Considers disaster and mass trauma response from a culturally and globally relevant perspective—the first book of its kind Addresses CACREP's clinical standards and content areas related to disaster mental health response Covers many types of disasters and categories of survivors Includes updated information on

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PTSD, complex trauma, and self-care Addresses cultivating resiliency in individual and group survivors along with social justice issues

Over 500 data-based studies and years of field testing attest to the effectiveness of the microskills model in INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 9th Edition. This hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, empowering them to use listening and influencing skills as they conduct full interviews. Students are challenged to re-evaluate their behaviors and perceptions, thereby gaining insight about themselves, their strengths, and areas where they can develop further. After finishing the text, students will have the ability to adapt their skills to address individual and multicultural uniqueness, conduct interviews using different theoretical approaches, and be well on their way to developing a personalized style and theory of interviewing and counseling. Neuroscience and neurobiology, and their applications to counseling, are clearly outlined throughout. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. The core text for counselor skill development, *Becoming a Skilled Counselor* prepares students with the knowledge and skills necessary to be effective helpers. Authors Richard D. Parsons and Naijian Zhang provide an understanding of the essentials of the counseling relationship, the dynamic and intentional nature of the helping process, and the theories and research guiding

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the selection and application of interventions.

SUBSTANCE ABUSE COUNSELING, Fifth Edition, is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client. Updated with new references, this edition features a stronger emphasis on motivational interviewing, expanded material on ethical considerations, coverage of cultural and diversity considerations in every chapter, and digital downloads of key forms that appear throughout the text. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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MULTICULTURAL SOCIETY! Available with an interactive CD-ROM (which can be packaged with the text), this hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, thus rapidly empowering them to conduct a full interview using listening skills. Along the way, they are challenged to re-evaluate their current behaviors and perceptions, thus gaining valuable insight about themselves, their strengths, and the areas where they can develop further. By the time they finish reading the text, they will have the ability to adapt their skills to meet both individual and multicultural uniqueness, conduct interviews using five different theoretical approaches, and be well on their way to developing a personalized style and theory of interviewing and counseling that matches their own aptitudes and affinities. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

ESSENTIALS OF INTENTIONAL INTERVIEWING, 3rd Edition, delivers a more concise and reader-friendly version of the Iveys' bestselling INTENTIONAL INTERVIEWING AND COUNSELING-one in which every sentence and concept has been reviewed to ensure both relevance and clarity for beginning helpers. The book's multicultural focus reflects the diverse nature of today's classroom-and society. The Third Edition retains the authors' renowned microskills model, which revolutionized modern understanding of the

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counseling and therapy process by teaching students vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, brief summaries of key theories of helping, and revised practice exercises. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This text presents current, accessible information on enhancing the counseling process using a brain-based paradigm. Leading experts provide guidelines and insights for becoming a skillful neuroscience-informed counselor, making direct connections between the material covered and clinical practice. In this much-needed resource—the first to address neurocounseling concepts across the counseling curriculum—chapters cover each of the eight common core areas in the 2016 CACREP Standards in addition to several specialty areas of the Standards. Detailed case studies, questions for reflection, quiz questions, and a glossary facilitate classroom use. “Neurocounseling provides a foundation for work with individuals and groups across a broad spectrum of wellness and clinical mental health counseling

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topics. As a result, the reader is introduced to an exciting new frontier for understanding and serving clients more effectively. Having benefited from neurofeedback personally, as well as having been taught its principles by skilled counselor practitioners, I am enthusiastic for all counselors to learn its efficacy and applications.” —Thomas J. Sweeney, PhD Professor Emeritus, Counselor Education Ohio University “An essential addition to the counselor’s professional library, this text brings together a unique collection of well-written chapters to help both seasoned counselors and students develop an approach to counseling that applies neurophysiological information to case conceptualization, counseling relationships, assessment, addiction, psychopharmacology, group work, and career counseling.” —Richard Ponton, PhD Editor, *Journal of Mental Health Counseling*

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*Introduction to Professional School Counseling: Advocacy, Leadership, and Intervention* is a comprehensive introduction to the field for school counselors in training, one that provides special focus on the topics most relevant to the school counselor’s role and offers specific strategies for

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practical application and implementation. In addition to thorough coverage of the ASCA National Model (2012), readers will find thoughtful discussions of the effects of trends and legislation, including the Every Student Succeeds Act (ESSA), Response to Intervention (RtI), and School-Wide Positive Behavioral Intervention and Support (SWPBIS). The text also provides a readers with an understanding of how school counselors assume counseling orientations within the specific context of an educational setting. Each chapter is intensely application oriented, with an equal emphasis both on research and on using data to design and improve school counselors' functioning in school systems. Available for free download for each chapter: PowerPoint slides, a testbank of 20 multiple-choice questions, and short-answer, essay, and discussion questions.

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