

Knjige Na Srpskom Kindle

A journey to some of the Earth's most endangered people in the remote Upper Amazon...a look at the rituals of the Bwiti cults of Gabon and Zaire...a field watch on the eating habits of 'stoned' apes and chimpanzees - these adventures are all a part of ethnobotanist Terence McKenna's extraordinary quest to discover the fruit of the Tree of Knowledge. He wonders why, as a species, we are so fascinated by altered states of consciousness. Can they reveal something about our origins as human beings and our place in nature? As an odyssey of mind, body and spirit, *Food of the Gods* is one of the most fascinating and surprising histories of consciousness ever written. And as a daring work of scholarship and exploration, it offers an inspiring vision for individual fulfilment and a humane basis for our interaction with each other and with the natural world.

#1 New York Times Bestseller A sumptuous and epically told love story inspired by *A Thousand and One Nights* Every dawn brings horror to a different family in a land ruled by a killer. Khalid, the eighteen-year-old Caliph of Khorasan, takes a new bride each night only to have her executed at sunrise. So it is a suspicious surprise when sixteen-year-old Shahrzad volunteers to marry Khalid. But she does so with a clever plan to stay alive and exact revenge on the Caliph for the murder of her best friend and countless other girls. Shazi's wit and will, indeed, get her through to the dawn that no others have seen, but with a catch . . . she's falling in love with the very boy who killed her dearest friend. She discovers that the murderous boy-king is not all that he seems and neither are the deaths of so many girls. Shazi is determined to uncover the reason for the murders and to break the cycle once and for all. *The book is a Rough Cut Edition (pages are deliberately not the same length).*

From Graham Brown, co-author of the New York Times bestselling thriller *Devil's Gate* with Clive Cussler, comes *Black Rain* . . . Covert government operative Danielle Laidlaw leads an expedition into the deepest reaches of the Amazon in search of a legendary Mayan city. Assisted by a renowned university professor and protected by a mercenary named Hawker, her team journeys into the tangled rain forest—unaware that they are replacements for a group that vanished weeks before, and that the treasure they are seeking is no mere artifact but a breakthrough discovery that could transform the world. Shadowed by a ruthless billionaire, threatened by a violent indigenous tribe, and stalked by an unseen enemy that leaves battered corpses in its wake, the group desperately seeks the connection between the deadly reality of the Mayan legend, the nomadic tribe that haunts them, and the chilling secret buried beneath the ancient ruins. Tina Evans, grieving over the death of her little boy in a tragic accident, and her compassionate lover embark on a terrifying odyssey in search of the truth about her son's death and the shocking messages that lead her to believe that the child may not be dead after all.

READY FOR MORE MONEY THAN YOU KNOW WHAT TO DO WITH? For too long, the subject of money has been shrouded in fear, secrecy, and anxiety. It's time to look behind the curtain at money, while stepping into the empowered financial reality that is available to you. Reading *Rich As F*ck* is sure to ignite an avalanche of change in the most important areas of your life. Once you finally see money for what it is and realize your power over your finances, life will never be the same. It's time you know the truth about money. It's time for you to have more money than you know what to do with. This is your blueprint. Whether you experience debilitating anxiety when thinking about your bills, are buried by debt, feel guilty for wanting more than you have, are stuck in a feast-or-famine cycle, if money has always been the problem for you and never a solution, or if you are simply seeking the next steps on your path of financial growth, this revolutionary book holds your answers. In *Rich As F*ck*, Amanda Frances demystifies the topic of money, cracking the code of financial liberation and abundance. Her magnetic words will open your heart and mind and help you see the truth about how money actually works.

Book one of the New York Times-bestselling *All Souls* trilogy—"a wonderfully imaginative grown-up fantasy with all the magic of *Harry Potter* and *Twilight*" (People). Look for the hit TV series "A Discovery of Witches," streaming on AMC Plus, Sundance Now and Shudder. Season 2 premieres January 9, 2021! Deborah Harkness's sparkling debut, *A Discovery of Witches*, has brought her into the spotlight and galvanized fans around the world. In this tale of passion and obsession, Diana Bishop, a young scholar and a descendant of witches, discovers a long-lost and enchanted alchemical manuscript, *Ashmole 782*, deep in Oxford's Bodleian Library. Its reappearance summons a fantastical underworld, which she navigates with her leading man, vampire geneticist Matthew Clairmont. Harkness has created a universe to rival those of Anne Rice, Diana Gabaldon, and Elizabeth Kostova, and she adds a scholar's depth to this riveting tale of magic and suspense. The story continues in book two, *Shadow of Night*, and concludes with *The Book of Life*.

Debunks the "nice guy syndrome," the need to please others at one's own expense with the hope of receiving happiness, love, and fulfillment, and offers advice for how to rediscover oneself, revive one's sex life, and build better relationships with others.

English Hungarian bilingual children's book. Perfect for kids studying English or Hungarian as their second language. Little Jimmy doesn't like to brush his teeth. Even when his mother gives him a brand new orange toothbrush, his favorite color, he doesn't use it like he is supposed to. But when strange and magical things start happening to Little Jimmy, he begins to realize how important brushing his teeth can be. *I love to brush my teeth* is a delightful story full of beautiful illustrations sure to get your little ones attention. If your child is having difficulty learning to brush their teeth then this is the book for you to share together.

A TikTok sensation, this rom-com about a young woman who agrees to fake date a colleague and bring him to her sister's wedding has "everything you could want in a romance" (Helen Hoang, New York Times bestselling author). Catalina Martín desperately needs a date to her sister's wedding. Especially since her little white lie about her American boyfriend has spiralled out of control. Now everyone she knows—including her ex and his fiancée—will be there and eager to meet him. She only has four weeks to find someone willing to cross the Atlantic and aid in her deception. New York to Spain is no short flight and her raucous family won't be easy to fool. Enter Aaron Blackford—her tall, handsome, condescending colleague—who surprisingly offers to step in. She'd rather refuse; never has there been a more aggravating, blood-boiling, and insufferable man. But Catalina is desperate, and as the wedding draws nearer, Aaron looks like her best option. And she begins to realize he might not be as terrible in the real world as he is at the office.

This work is written during his resting periods at Lake Ochrid (1921) in poetic-prose style, similar in spirituality to the Psalms of David. Can those who are themselves homeless really build the

temple for the Teacher of all builders? (...) When you build the best for Him, you are setting an example for your soul, showing her what she should be building within herself (...) You build Him expensive edifices, in order to remind your soul that she was intended for, a royal palace, and not for hovels of clay (...) But what will become of your temples (...) If the domes of your temples are forever higher than your souls? (...) If the width of your temples is forever wider than the narrowness of your souls? (...) If your altars are forever shining more brightly than the shrines of your souls? (...) They will become the dead monuments of dead souls. Meet one of the greatest Orthodox bishops of the 20th century, an theological writer and a highly gifted orator, known as "The New Chrysostom." Saint Nikolai Velimirovich of Ohrid and Zhicha (1880 - 1956) was bishop in the Serbian Orthodox Church and the author of many Orthodox books.

A long-awaited follow-up to the New York Times bestselling *Search Inside Yourself* shows us how to cultivate joy within the context of our fast-paced lives and explains why it is critical to creativity, innovation, confidence, and ultimately success in every arena. In *Joy on Demand*, Chade-Meng Tan shows that you don't need to meditate for hours, days, months or years to achieve lasting joy—you can actually get consistent access to it in as little as fifteen seconds. Explaining joy and meditation as complementary things that naturally reinforce each other, Meng explains how these two skills form a virtuous cycle, and once put into motion, become a solid practice that can be sustained in daily life. For many years, meditation has been taught and practiced in cultures where almost all meditators practice full-time for years, resulting in training programs optimized for practitioners with lots of free time and not much else to do but develop profound mastery over the mind. Seeing a disconnect between the traditional practice and the modern world, the bestselling author and Google's "Jolly Good Fellow" has developed a program, through "wise laziness," to help readers meditate more efficiently and effectively. Meng shares the three pillars of joy (inner peace, insight, and happiness), why joy is the secret to success, and demonstrates the practical tools anyone can use to cultivate it on demand.

From one of Bosnia's most prominent poets and writers: spare and haunting stories and poems that were written under the horrific circumstances of the war in Bosnia-Herzegovina. Semezdin Mehmedinovic remained a citizen of Sarajevo throughout the Serbian nationalists' siege and was active throughout the war in the city's resistance movement, as one of the editor's of the magazine *Phantom of Liberty*. *Sarajevo Blues* was originally published at the end of 1992 and was the first book in the Biblioteka "egzil-abc" series, published in Ljubljana, which provided a forum for Bosnian writers and translators under siege or living in exile. Semezdin Mehmedinovic says that "writing is, finally, quite a personal thing that doesn't make much sense unless you are practicing for the last word." For those Bosnians emerging from the siege or still in exile, these "last words" remain intimate possessions, one of the last bastions left against the commodification of tragedy. "Sarajevo Blues is widely considered here to be the best piece of writing to emerge from this besieged capital since Bosnia's war erupted in April 1992."—Washington Post "A Supreme masterpiece witnessed and redeems with total detachment. I have experienced this only twice in my life: with Zoran Mušić's drawings from Dachau and Semezdin Mehmedinovic's *Sarajevo Blues*. This book will be a classic."—Tomaž Šalamun, *The book for my brother* "Sarajevo Blues is at once a battle report and a philosophical investigation. In poems, micro-essays, and prose vignettes, Semezdin Mehmedinovic charts the collapse of a world with heart-breaking clarity and precision. His book conveys the same clear-eyed passion for the truth that one finds in the young Hemingway, the Hemingway of in our time."—Paul Auster, *Book of Illusions* Semezdin Mehmedinovic was born in Tuzla, Bosnia in 1960 and is the author of four books. In 1993 he was cowriter and codirector, with Benjamin Filipovic, of *Mizaldo*, one of the first Bosnian films shot during the war. The film was presented at the Berlin Film Festival in 1994, and won the first prize at the Mediterranean Festival in Rome the following year. He, his wife, and their child left Bosnia and came to the U.S. as political refugees in 1996. His collection of poetry *Nine Alexandrias* is Number 56 in the *City Lights Pocket Poets Series*.

The Official Guide from TikTok Superstar Charli D'Amelio Everyone knows Charli D'Amelio as the only TikTok personality to have—at age 16—surpassed 100 million followers. But who's the girl behind the posts? For the first time ever, Charli is ready to share the intimate details of her life: how she navigated challenges and stayed positive in the face of cyberbullying, who she was as a little girl, what family means to her, and how you too can navigate your social media presence and IRL friendships in order to develop a strong and confident identity. Packed with Charli trivia, exclusive photos, real talk from Charli, and writing prompts, this book is your new go-to resource and is the only official book by your favorite teen role model and icon: Charli D'Amelio. A New York Times Best Seller If you could read my mind, you wouldn't be smiling. Samantha McAllister looks just like the rest of the popular girls in her junior class. But hidden beneath the straightened hair and expertly applied makeup is a secret that her friends would never understand: Sam has Purely-Obsessional OCD and is consumed by a stream of dark thoughts and worries that she can't turn off. Second-guessing every move, thought, and word makes daily life a struggle, and it doesn't help that her lifelong friends will turn toxic at the first sign of a wrong outfit, wrong lunch, or wrong crush. Yet Sam knows she'd be truly crazy to leave the protection of the most popular girls in school. So when Sam meets Caroline, she has to keep her new friend with a refreshing sense of humor and no style a secret, right up there with Sam's weekly visits to her psychiatrist. Caroline introduces Sam to Poet's Corner, a hidden room and a tight-knit group of misfits who have been ignored by the school at large. Sam is drawn to them immediately, especially a guitar-playing guy with a talent for verse, and starts to discover a whole new side of herself. Slowly, she begins to feel more "normal" than she ever has as part of the popular crowd . . . until she finds a new reason to question her sanity and all she holds dear. "Clueless meets *Dead Poets Society* with a whopping final twist." -Kirkus Reviews "This book is highly recommended-readers will connect with Sam, relating to her anxiety about her peers, and root for her throughout the book." -VOYA "A thoughtful romance with a strong message about self-acceptance, [this] sensitive novel boasts strong characterizations and conflicts that many teens will relate to. Eminently readable." -Booklist "A brilliant and moving story about finding your voice, the power of words, and true friendship. I couldn't put it down?" -Elizabeth Eulberg, Author of *The Lonely Hearts Club* "Brilliant, brave, and beautiful." -Kathleen Caldwell, *A Great Good Place for Books* "A riveting story of love, true friendship, self-doubt and self-confidence, overcoming obstacles, and truly finding oneself." -Melanie Koss, Professor of Young Adult Literature, Northern Illinois University "Romantic, unpredictable, relatable, and so very enjoyable." -Arnold Shapiro, Oscar- and Emmy-winning Producer "Characters to love and a story to break your heart. Readers will want to turn page after page and read every last word. Then do it all over again." -Marianne Follis, Teen Librarian, Valley Ranch (Irving) Public Library

We've all been there: stuck in a cycle of what-ifs, plagued by indecision, paralyzed by the fear of getting it wrong. Nobody wants to live a life of constant overthinking, but it doesn't feel like something we can choose to stop doing. It feels like something we're wired to do, something we just can't escape. But is it? Anne Bogel's answer is no. Not only can you overcome negative thought patterns that are repetitive,

unhealthy, and unhelpful, you can replace them with positive thought patterns that will bring more peace, joy, and love into your life. In *Don't Overthink It*, you'll find actionable strategies that can make an immediate and lasting difference in how you deal with questions both small--Should I buy these flowers?--and large--What am I doing with my life? More than a book about making good decisions, *Don't Overthink It* offers you a framework for making choices you'll be comfortable with, using an appropriate amount of energy, freeing you to focus on all the other stuff that matters in life.

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

Sheikh Nuruddin is a dervish at a Sarajevo monastery in the eighteenth century during the Turkish occupation. When his brother is arrested, he descends into the Kafkaesque world of the Turkish authorities in order to find out what has happened. As he does so, he begins to question his relations with society as a whole and, eventually, his life choices in general. Hugely successful when published in the 1960s, *Death and the Dervish* appears here in its first English translation.

Improve your physique, build lean muscle, increase strength—Glute Lab is the all-in-one glute training system that will teach you how to do all this and more. The gluteus maximus is the largest and most versatile muscle in the human body. In addition to being aesthetically appealing and controlling a wide range of functional movements, big, strong glutes set you up to lift heavier, jump higher, sprint faster, and swing harder and can even play a role in preventing knee, hip, and lower back pain and injuries. Your glutes influence every aspect of your physical life: from the way you look and how you feel to your ability to run, jump, cut, lift, and twist. Yet few understand how to properly build and develop this all-important muscle. Enter Glute Lab. In this book, Bret “The Glute Guy” Contreras—PhD, personal trainer, and bestselling author—lays out a glute training system that will help you reach your strength, performance, and physique goals. Through descriptive narrative, step-by-step images and illustrations, and easy-to-follow training programs, the Glute Guy distills the science and art of glute training into one comprehensive manual. Whether you're a bodybuilder, physique competitor, athlete, powerlifter, CrossFitter, personal trainer, physical therapist, or simply someone who wants to improve your physique, this book contains everything you need to know about building bigger, stronger, leaner, higher-performing glutes. In this book, you will learn: - The fundamentals of optimal glute training - How to perform the most effective glute-building exercises - How to select exercises based on your goals and body type - Variations for the hip thrust, deadlift, and squat exercises - The science behind how muscle develops and grows - The anatomy and function of the glutes - How to design a customized glute-training program - Techniques and programs for sculpting rounder, stronger glutes - The importance of glute training for aesthetics, health, strength, and performance - How glute training can prevent knee, hip, and low back injuries and pain - Strategies for targeting different areas of the glutes and lower body - More than 30 glute burnout circuits and workouts.

"When Leeds meets Layla, he's convinced he'll spend the rest of his life with her--until an unexpected attack leaves Layla fighting for her life. After weeks in the hospital, Layla recovers physically, but the emotional and mental scarring has altered the woman Leeds fell in love with. In order to put their relationship back on track, Leeds whisks Layla away to the bed-and-breakfast where they first met. Once they arrive, Layla's behavior takes a bizarre turn. And that's just one of many inexplicable occurrences."--

Sue Polanka brings together a variety of professionals to share their expertise about e-books with librarians and publishers. Providing forward-thinking ideas while remaining grounded in practical information that can be implemented in all kinds of libraries, the topics explored include an introduction to e-books and their different types, an overview of their history and development, e-book technology, why e-books are good for learning, and how librarians can market them to a wide range of users.--[backcover]

Bilingual English Polish Book. Perfect for kids learning English or Polish as their second language. This fun children's picture book follows the story of cute little bunny, Jimmy. He lives with his family in a small, nice house in the forest. The problem is that Jimmy doesn't want to sleep in his own bed. Every night he sneaks quietly into his parents' room and falls asleep in their bed. Until one night something unexpected happened Are you curious? Well, you'll just have to read the book to find out what happened. This is the first book in the collection of short bedtime stories for children. This story may be ideal for reading to your kids at bedtime and enjoyable for the whole family as well!

Linda, in her thirties, begins to question the routine and predictability of her days. In everybody's eyes, she has a perfect life: happy marriage, children, and a career. Yet what she feels is an enormous sense of dissatisfaction. All that changes when she encounters a successful politician who had, years earlier, been her high-school boyfriend. As she rediscovers the passion missing from her life, she will face a life-altering choice.

The Calhoun Women return in #1 New York Times bestselling author Nora Roberts's *A Man for Amanda*. Home renovations get complicated when a woman finds herself in unfamiliar territory with a skillful, hands-on contractor. To keep their family mansion, the Towers, standing tall on the coast of Maine, the Calhouns have hired local architect Sloan O'Riley to perform long-needed repairs. Amanda Calhoun is responsible for overseeing Sloan's work, and while he's easy on the eyes, his pride causes friction with her perfectionism. Sloan proves more than capable of fixing an historical house. But when it comes to her heart, the walls she's built around it aren't so easily toppled, no matter how tempting it is to set herself free.

The New York Times bestseller from the author of *The Life-Changing Magic of Not Giving a F*ck* and *You Do You*. The no-f*cks-given, no-holds-barred guide to living your best life. Ever find yourself stuck at the office--or even just glued to the couch -- when you really want to get out (for once), get to the gym (at last), and get started on that "someday" project you're always putting off? It's time to get your sh*t together. In *The Life-Changing Magic of Not Giving a F*ck*, "anti-guru" Sarah Knight introduced readers to the joys of mental decluttering . This book takes you one step further -- organizing the f*cks you want and need to give, and cutting through the bullsh*t cycle of self-sabotage to get happy and stay that way. You'll discover: The Power of Negative Thinking Three simple tools for getting your sh*t together How to spend less and save more Ways to manage anxiety, avoid avoidance, and conquer your fear of failure And tons of other awesome sh*t! Praise for Sarah Knight: "Genius." -- *Cosmopolitan* "Self-help to swear by." -- *The Boston Globe* "Hilarious... truly practical." -- *Booklist*

Is America ready for its first queen? If you can't get enough of Harry and Meghan and Will and Kate, you'll love this sequel to the New York Times bestseller that imagines America's own royal family--and all the drama and heartbreak that entails. *Crazy Rich Asians* meets *The Crown*. Perfect for fans of *Red, White, and Royal Blue* and *The Royal We*. Power is intoxicating. Like first love, it can leave you breathless. Princess Beatrice was born with it. Princess Samantha was born with less. Some, like Nina Gonzalez, are pulled into it. And a few will claw their way in.

Ahem, we're looking at you Daphne Deighton. As America adjusts to the idea of a queen on the throne, Beatrice grapples with everything she lost when she gained the ultimate crown. Samantha is busy living up to her "party princess" persona...and maybe adding a party prince by her side. Nina is trying to avoid the palace--and Prince Jefferson--at all costs. And a dangerous secret threatens to undo all of Daphne's carefully laid "marry Prince Jefferson" plans. A new reign has begun.... "Inventive, fresh, and deliciously romantic--American Royals is an absolute delight!" --Sarah J. Maas, #1 New York Times bestselling author of the Throne of Glass series and Court of Thorns and Roses series

Winner of the Pulitzer Prize in Fiction Shortlisted for the Man Booker Prize New York Times Bestseller A New York Times Notable Book and a Washington Post, Time, Oprah Magazine, Newsweek, Chicago Tribune, and Kirkus Reviews Best Book of 2018 "The best novel ever written about trees, and really just one of the best novels, period." —Ann Patchett The Overstory, winner of the 2019 Pulitzer Prize in Fiction, is a sweeping, impassioned work of activism and resistance that is also a stunning evocation of—and paean to—the natural world. From the roots to the crown and back to the seeds, Richard Powers's twelfth novel unfolds in concentric rings of interlocking fables that range from antebellum New York to the late twentieth-century Timber Wars of the Pacific Northwest and beyond. There is a world alongside ours—vast, slow, interconnected, resourceful, magnificently inventive, and almost invisible to us. This is the story of a handful of people who learn how to see that world and who are drawn up into its unfolding catastrophe.

More than 250,000 readers made this the No. 1 best selling ebook in Germany 2016. Now finally available in English, too! A story of deep love. A story of trust, courage, pain, despair, and the strength to let go. A true story. Jessica has an uncomplicated life and a promising future. Leaving the house one evening, she has no idea that she's about to meet the love of her life - and that her entire understanding of the world is about to change. Before long, she's going to face a decision that will shape her forever ... In *So Near the Horizon*, Jessica Koch describes a life lived somewhere between hope and fear, confronting true events from her own past with raw honesty and frank reflection - and exploring more than one difficult subject along the way. Reading sample (...) "Why?" I tried to meet his eyes, but he shut them, avoiding my gaze. His fingernails dug into the skin on his bare arms, and he pursed his lips grimly. Slowly, I scooted toward him. "Talk to me, Danny, please," I said, trying to pry one of his arms loose. But the more I tugged, the more rigidly he kept them crossed against his body as he shrank away from me as far as he could inside the cramped car. For a moment, I was afraid he would simply get out and walk away. Too close, a voice whispered inside me. You're much too close to him! I let go of his arm so I could slide back into my seat, and he relaxed almost instantly. He took several deep, slow breaths before opening his eyes and blinking at me through his long lashes. "You know why," he whispered. "And someday I'll tell you myself. I promise. Be patient with me." About the author Jessica Koch was born in Ludwigsburg, Germany, and began writing short stories when she was still in high school - but never submitted her work to publishers. Shortly after finishing school, she met Danny, a German-American dual citizen. Her experiences with him eventually formed the basis for *So Near the Horizon*, though it was nearly thirteen years before she felt ready to bring the manuscript to the public. The author describes a life lived somewhere between hope and fear, between optimism and despair. She reflects on events from her own past with raw honesty, confronting more than one difficult subject along the way. Jessica Koch's dramatic debut novel, *Dem Horizont so nah (So Near the Horizon)*, broke every record when it hit stores in Germany. Released in 2016 through a small, independent publishing house, the e-book was an instant success, selling over 250,000 copies in just a few months and topping the Amazon bestseller list for more than six weeks - which made it the number-one bestselling German-language ebook of 2016! Since then, one of Germany's largest publishing houses has purchased the rights to this riveting and highly emotional memoir. The foreign rights have been picked up in numerous countries, and the feature film is scheduled to arrive in theaters at the end of 2018. Jessica Koch lives near the city of Stuttgart with her husband, their son, and two dogs. The second and third books in the trilogy, *So Near the Abyss* and *So Near the Ocean*, are already best-sellers in Germany as well.

Lucy Silchester keeps receiving this strange appointment card and sweeping its gold embossed envelope under the rug. Literally. She busies herself with a job she doesn't like, helping out friends, fixing her car, feeding her cat, and devoting her time to her family's dramas. But Lucy is about to find out that this is one appointment she can't miss, when Life shows up at her door, in the form of a sloppy but determined man. Life follows her everywhere – from the office, to the bar, and to her bedroom – and Lucy learns that some of the choices she has made and the stories she has told aren't what they seem. Now her half-truths are about to be revealed, unless Lucy tells the truth about what really matters to her. *The Time of My Life* is another warm, thought-provoking novel from Cecelia Ahern, internationally bestselling author of *P.S. I Love You*.

'Two young women plunging into post-war Bosnia like two Alices into Wonderland . . . smart, energetic, passionate, announcing a major talent.' – Aleksandar Hemon Sara hasn't seen or heard from her childhood best-friend, Lejla, in years. She's comfortable with her life in Dublin, with her partner, their avocado plant, and their naturist neighbour. But when Lejla calls and demands she come home to Bosnia, Sara finds that she can't say no. What begins as a road trip becomes a journey through the past, as the two women set off to find Armin, Lejla's brother who disappeared towards the end of the Bosnian War. Presumed dead by everyone else, only Lejla and Sara believed Armin was still alive. Confronted with the limits of memory, Sara is forced to reconsider the things she thought she understood as a girl: the best friend she loved, the first experiences they shared, but also the social and religious lines that separated them, that brought them such different lives. Translated into English by Lana Bastašić, *Catch the Rabbit* tells the story of how we place the ones we love on pedestals, and then wait for them to fall off, how loss marks us indelibly, and how the traumas of war echo down the years.

Packed with humor, inspiration, and advice, *You Are a Badass* is the #1 New York Times bestselling self-help book that teaches you how to get better without getting busted. In this refreshingly entertaining how-to guide, bestselling author and world-traveling success coach, Jen Sincero, serves up twenty-seven bite-sized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to: Identify and change the self-sabotaging beliefs and behaviors that stop you from getting what you want, Create a life you totally love. And create it NOW, and Make some damn money already. The kind you've never made before. By the end of *You Are a Badass*, you'll understand why you are how you are, how to love what you can't change, how to change what you don't love, and how to use *The Force* to kick some serious ass.

The Fortress is one of the most significant and fascinating novels to come out of the former Yugoslavia. Ahmet Shabo returns home to eighteenth-century Sarajevo from the war in Russia, numbed by the death in battle or suicide of nearly his entire military unit. In time he overcomes the anguish of war, only to find that he has emerged a reflective and contemplative man in a society that does not value, and will not tolerate, the subversive implications of these qualities.

What if the ability to look, feel, and perform at peak capacity wasn't the stuff of lore but instead was within easy reach? In a perfect world, you would be able to have it all: complete optimization of mind, body,

and spirit. In *Boundless*, the New York Times bestselling author of *Beyond Training* and health and fitness leader Ben Greenfield offers a first-of-its-kind blueprint for total human optimization. To catapult you down the path of maximizing cognition, mental clarity, and IQ, you will discover: How to rewire your skull's supercomputer (& 9 ways to fix your neurotransmitters) The 12 best ways to heal a leaky brain 8 proven methods to banish stress and kiss high cortisol goodbye 10 foods that break your brain, and how to eat yourself smart How to safely utilize nootropics and smart drugs, along with 8 of the best brain-boosting supplement stacks and psychedelics The top nutrient for brain health that you probably aren't getting enough of 6 ways to upgrade your brain using biohacking gear, games, and tools How to exercise the cells of your nervous system using technology and modern science Easy ways to train your brain for power, speed, and longevity The ultimate guide to optimizing your sleep, maximizing mental recovery, and stopping jet lag To ensure that you look good naked and live a long time, you will learn: 6 ways to get quick, powerful muscles (& why bigger muscles aren't better) How to burn fat fast without destroying your body The fitness secrets of 6 of the fittest old people on the planet The best training program for maximizing muscle gain and fat loss at the same time One simple tactic for staying lean year-round with minimal effort A step-by-step system for figuring out exactly which foods to eat 14 ways to build an unstoppable immune system Little-known tactics, tips, and tricks for recovering from workouts with lightning speed The best tools for biohacking your body at home and on the road How to eat, train, and live for optimal symmetry and beauty (& how to raise kids with superhuman bodies and brains) And to help you live a fulfilling and happy life, you will learn: 12 techniques to heal your body using your own internal pharmacy What the single most powerful emotion is and how to tap into it every day 4 of the best ways to heal your body and spirit using sounds and vibrations 6 ways to enhance your life and longevity with love, friendships, and lasting relationships How to biohack the bedroom for better sex and longer orgasms, and the top libido-enhancing herbs, supplements, and strategies The perfect morning, afternoon, and evening routines for enhancing sleep, productivity, and overall happiness 28 ways to combine ancestral wisdom and modern science to enhance longevity, including the best foods, herbs, supplements, injections, medical treatments, biohacks, fasting strategies, and much more The 4 hidden variables that can make or break your mind, body, and spirit The exercise that will change your life forever (& how to reverse-engineer your perfect day) *Boundless* guides you every step of the way to becoming an expert in what makes your brain tick, your body work, and your spirit happy. You can flip open the book to any chapter and discover research-proven, trench-tested techniques to build muscle, burn fat, live longer, have mind-blowing sex, raise robust children, and much, much more!

The all-star adviser to athletes like Kobe Bryant and Michael Jordan shares his revolutionary, mindfulness-based program for elevating your game "George helped me understand the art of mindfulness. To be neither distracted or focused, rigid or flexible, passive or aggressive. I learned just to be." —Kobe Bryant Michael Jordan credits George Mumford with transforming his on-court leadership of the Bulls, helping Jordan lead the team to six NBA championships. Mumford also helped Kobe Bryant, Andrew Bynum, and Lamar Odom and countless other NBA players turn around their games. A widely respected public speaker and coach, Mumford is sharing his own story and the strategies that have made these athletes into stars in *The Mindful Athlete: The Secret to Pure Performance*. His proven, gentle but groundbreaking mindfulness techniques can transform the performance of anyone with a goal, be they an Olympian, weekend warrior, executive, hacker, or artist. When Michael Jordan left the Chicago Bulls to play baseball in 1993, the team was in crisis. Coach Phil Jackson, a long-time mindfulness practitioner, contacted Dr. Kabat-Zinn to find someone who could teach mindfulness techniques to the struggling team—someone who would have credibility and could speak the language of his players. Kabat-Zinn led Jackson to Mumford and their partnership began. Mumford has worked with Jackson and each of the eleven teams he coached to become NBA champions. His roster of champion clients has since blossomed way beyond basketball to include corporate executives, Olympians, and athletes in many different sports. With a charismatic teaching style that combines techniques of engaged mindfulness with lessons from popular culture icons such as Yoda, Indiana Jones, and Bruce Lee, Mumford tells illuminating stories about his larger than life clients. His writing is down-to-earth and easy to understand and apply. *The Mindful Athlete* is an engrossing story and an invaluable resource for anyone looking to elevate their game, no matter what the pursuit, and includes a foreword by Phil Jackson.

In this groundbreaking book, Sabri Suby, the founder of Australia's #1 fastest growing digital marketing agency, reveals his exclusive step-by-step formula for growing the sales of any business, in any market or niche! The 8 phase 'secret selling system' detailed in this book has been deployed in over 167 industries and is responsible for generating over \$400 million dollars in sales. This isn't like any business or marketing book you've ever read. There's no fluff or filler - just battle-hardened tactics that are working right now to rapidly grow sales. Use these timeless principles to rapidly and dramatically grow the sales for your business and crush your competition into a fine powder.

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