

## Le Creuset E Le Ricette Dei Monz Progetto Gastronomico

An elevated guide to the craft of pasta-making by rising star chef Thomas McNaughton of San Francisco's hottest Italian restaurant, flour + water. Chef Thomas McNaughton shares his time-tested secrets to creating simple, delicious, and beautiful artisan pasta—from the best fresh doughs to shaping and cooking every type of pasta. A true celebration of Italy's pasta traditions, flour + water includes fifty seasonally influenced recipes for home cooks of every skill level. The recipes cover the flavor spectrum from well-loved classics to inventive combinations, such as Tagliatelle Bolognese; Pumpkin Tortelloni with Sage and Pumpkin Seeds; Tomato Farfalle with Chicken Polpettine, Roasted Peppers, and Basil; and Asparagus Caramelle with Brown Butter. With guidance from McNaughton and the secrets of flour + water's dough room, anyone can learn to make amazing pasta at home.

Nigella Collection: a vibrant new look for Nigella's classic cookery books. 'This book is borne out of my long love affair with Italy - one that started as a heady teen romance and has weathered the ensuing years intact.' Nigellissima is a celebration of fresh, tasty and unpretentious cooking, inspired by Nigella's experiences of living, working and learning to cook in Italy. In 120 quick and easy recipes, Nigella shows you why Italian food has conquered the world, from sunny pasta dishes to rich lasagne and meats, with indulgent ice cream, cakes and puddings and perfect party food. With warm and witty food writing, mouthwatering photography and a beautiful hardback design, this is a book you will treasure for many years as well as a delicious gift for friends and family. Pasta - delicious new twists on spaghetti, risotto, lasagne and other favourites  
Flesh, fish and fowl - easy meat dishes, chicken recipes and succulent fish  
Vegetables and sides - tempting vegetable dishes, salads and potato recipes for any occasion  
Sweet things - panna cotta, ice cream and gorgeous Italian baking  
An Italian-inspired Christmas - roast turkey, puddings and all the trimmings...  
Christmas dinner with a Mediterranean twist

I segreti della dieta detox Un'alimentazione sana per disintossicarsi naturalmente tutto l'anno (senza digiuni, né conteggi delle calorie), per perdere peso, migliorare la digestione, dormire bene e sentirsi meglio, in 100 ricette indicate per ogni pasto della giornata. La maggior parte delle diete incoraggiano un rapporto poco sano col cibo, fatto di faticosi sacrifici seguiti da inevitabili abbuffate. In questa guida alla disintossicazione naturale, invece, troverete 100 gustose ricette che vi lasceranno soddisfatti da ogni punto di vista, promuovendo al contempo la perdita di peso e un miglioramento della digestione e del sonno. Tutte le ricette sono state ideate tenendo conto dei meccanismi digestivi: per questo chi le segue non si sentirà gonfio o a disagio dopo aver mangiato. Muffin al cocco e alla banana, zuppa di broccoli e formaggio, insalata mediterranea, tacos di pesce al tegame, focaccia con i cavolfiori: ogni ricetta è fatta con ingredienti biologici studiati per allontanare il senso di privazione. Anzi, c'è spazio per qualche peccato di gola. «Questo libro è straordinario! Va dritto al punto e ti spiega chiaramente come abbinare i cibi.» Deanna «Da quando seguiamo i consigli nutrizionali di Megan Gilmore, io e la mia famiglia ci sentiamo molto meglio e abbiamo perso peso.» Kathy «Il mio consiglio è quello di correre in libreria e procurarvi oggi

stesso una copia di questo libro straordinario!» Erin Megan Gilmore vive a Los Angeles, California, con il marito e il figlio. Ha creato e gestisce Detoxinista.com, un sito web ricco di consigli e ricette per uno stile di vita sano. Anche lei in passato ha seguito una dieta sregolata, che includeva cibi spazzatura, ma poi ha scelto un regime più salutare. Le sue ricette sono state pubblicate in diverse riviste, tra cui «The Guardian».

The host of the beloved Netflix series Time to Eat and Nadiya Bakes and winner of The Great British Baking Show returns to her true love, baking, with more than 100 delicious, Americanized recipes for sweet treats. When Nadiya Hussain, the UK's "national treasure," began cooking, she headed straight to the oven--which, in her home, wasn't used for baking, but rather for storing frying pans! One day, her new husband asked her to bake him a cake and then... she was hooked! Baking soon became a part of her daily life. In her newest cookbook, based on her Netflix show and BBC series Nadiya Bakes, Nadiya shares more than 100 simple and achievable recipes for cakes, cookies, breads, tarts, and puddings that will become staples in your home. From Raspberry Amaretti Biscuits and Key Lime Cupcakes to Cheat's Sourdough and Spiced Squash Strudel, Nadiya has created an ultimate baking resource for just about every baked good that will entice beginner bakers and experienced pastry makers alike.

Au centre de cette Ã©tude, se trouve un ouvrage inÃ©dit : le quatriÃ¨me livre du "TrÃ©sorier de philosophie naturelle des pierres prÃ©cieuses" du chroniqueur liÃ©geois Jean d'Outremeuse (fin du XIVe siÃ¨cle). A la fois lapidaire et livre de recettes consacrÃ© pour l'essentiel Ã l'une des formes les plus passionnantes mais mÃ©connue de l'art du verre - la fabrication des fausses pierres prÃ©cieuses - , restÃ© inÃ©dit bien que rÃ©digÃ© par le plus cÃ©lÃ¨bre des auteurs liÃ©geois mÃ©diÃ©vaux, enfin, entourÃ© de mystÃ¨re pour son origine comme pour le contexte de sa rÃ©daction, ce TrÃ©sorier mÃ©ritait bien une Ã©tude approfondie. L'ouvrage aborde successivement dans la premiÃ¨re partie, la vie et l'oeuvre de Jean d'Outremeuse, la prÃ©sentation du TrÃ©sorier et l'histoire de ses manuscrits ainsi que l'Ã©volution de la littÃ©rature de recettes Ã travers les siÃ¨cles incluant un tableau rÃ©capitulatif d'une centaine de sources manuscrites et imprimÃ©es liÃ©es au sujet. Dans la deuxiÃ¨me partie, aprÃ¨s un historique de l'imitation des gemmes, les recettes proprement dites de coloration et de traitement du verre, destinÃ©es Ã imiter les pierres prÃ©cieuses et leur analyse technique sont livrÃ©es. Enfin, dans la troisiÃ¨me partie, une Ã©tude est consacrÃ©e au contexte de parution du TrÃ©sorier, Ã ses sources, sa rÃ©daction, Ã la transcription du texte et Ã son Ã©dition.

The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!' A Washington Post bestselling cookbook Become the favorite family chef with

100 tested, perfected, and family approved recipes. The healthy cookbook for every meal of the day: Once upon a time, Jenn Segal went to culinary school and worked in fancy restaurants. One marriage and two kids later she created Once Upon a Chef, the popular blog that applies her tried and true chef skills with delicious, fresh, and approachable ingredients for family friendly meals. With the authority of a professional chef and the practicality of a busy working mom, Jenn shares 100 recipes that will up your kitchen game while surprising you with their ease. • Helpful tips on topics such as how to season correctly with salt, how to balance flavors, and how to make the most of leftovers. • Great recipes for easy weeknight family dinners kids will love, indulgent desserts, fun cocktails, exciting appetizers, and more. • Jenn Segal is the founder of Once Upon a Chef, the popular blog showcasing easy, family friendly recipes from a chef's point of view. Her recipes have been featured on numerous websites, magazines, and television programs. Fans of Chrissy Teigen, Skinnytaste, Pioneer Woman, Oh She Glows, Magnolia Table, and Smitten Kitchen will love Once Upon a Chef, the Cookbook. With 100 tested, perfected, and family approved recipes with helpful tips and tricks to improve your cooking. • Breakfast favorites like Maple, Coconut & Blueberry Granola and Savory Ham & Cheese Waffles • Simple soups, salads and sandwiches for ideal lunches like the Fiery Roasted Tomato Soup paired with Smoked Gouda & Pesto Grilled Cheese Sandwiches • Entrées the whole family will love like Buttermilk Fried Chicken Tenders • Tasty treats for those casual get togethers like Buttery Cajun Popcorn and Sweet, Salty & Spicy Pecans • Go to sweets such as Toffee Almond Sandies and a Classic Chocolate Lover's Birthday Cake

A revolutionary approach to making easy, delicious whole-grain bread and more This is the best bread you've ever had--best tasting, nourishing, and easy to make right in your own kitchen. Mark Bittman and co-author Kerri Conan have spent years perfecting their delicious, naturally leavened, whole-grain bread. Their discovery? The simplest, least fussy, most flexible way to make bread really is the best. Beginning with a wholesome, flavorful no-knead loaf (that also happens to set you up with a sourdough starter for next time), this book features a bounty of simple, adaptable recipes for every taste, any grain--including baguettes, hearty seeded loaves, sandwich bread, soft pretzels, cinnamon rolls, focaccia, pizza, waffles, and much more. At the foundation, Mark and Kerri offer a method that works with your schedule, a starter that's virtually indestructible, and all the essential information and personal insights you need to make great bread.

"Beholden to bold flavors and not strict authenticity, the editors of Lucky Peach present a compendium of recipes that hit the sweet spot between crave-worthy and stupid simple and are destined to become favorites."--Back cover.

Ricette senza grassi, purificanti e disintossicantiNewton Compton Editori Presents recipes for more than 200 authentic Mexican dishes, as well as introducing the major components of Mexican food

Rinforza la tua schiena, pasto dopo pasto! La cura della scoliosi richiede un approccio complessivo, che ripristini l'allineamento naturale del corpo e al tempo stesso prevenga l'inevitabile degenerazione vertebrale che l'età comporta. "Il tuo libro di cucina per curare la scoliosi" – una guida unica ed esclusiva per personalizzare la tua dieta con più di 100 squisite ricette, che rafforzano la colonna vertebrale per curare la tua scoliosi! Il libro ti svela tutti gli straordinari e ben collaudati segreti dell'alimentazione ottimale per la salute vertebrale, sotto forma di una semplice guida. Basta seguire le istruzioni passo per passo per scoprire quali sono i cibi adatti al tuo metabolismo e ai tuoi geni. Fatto questo, scegli la ricetta che ti piace di più e preparala con gli ingredienti adatti al tuo Tipo Metabolico. Quindi scopri, cucina e gusta! Ciò che puoi aspettarti mangiando le squisite ricette di questo libro: - Riduzione del dolore legato alla scoliosi - Miglioramento della crescita e dello sviluppo vertebrale - Rafforzamento dei muscoli - Distensione dell'irrigidimento muscolare • Riequilibrio ormonale - Aumento dei tuoi livelli energetici - Prevenzione della degenerazione vertebrale - Un aiuto per raggiungere la tua taglia ideale - Miglioramento della qualità del sonno

Superstar chef Alex Stupak's love of real Mexican food changed his life; it caused him to quit the world of fine-dining pastry and open the smash-hit Empellón Taqueria in New York City. Now he'll change the way you make--and think about--tacos forever. Tacos is a deep dive into the art and craft of one of Mexico's greatest culinary exports. Start by making fresh tortillas from corn and flour, and variations that look to innovative grains and flavor infusions. Next, master salsas, from simple chopped condiments to complex moles that simmer for hours and have flavor for days. Finally, explore fillings, both traditional and modern--from a pineapple-topped pork al pastor to pastrami with mustard seeds. But Tacos is more than a collection of beautiful things to cook. Wrapped up within it is an argument: Through these recipes, essays, and sumptuous photographs by Evan Sung, the 3-Michelin-star veteran makes the case that Mexican food should be as esteemed as the highest French cooking.

"Molto piacevole. Consiglio caldamente questo libro a tutti i lettori che sanno apprezzare un giallo ben scritto, con qualche svolta e una trama intelligente. Non resterete delusi. Un modo eccellente di trascorrere un freddo fine settimana!"

--Books and Movie Reviews, Roberto Mattos (parlando di Assassinio in villa)  
INCASTRATO DA UN FALSO (UN GIALLO INTIMO E LEGGERO DI LACEY DOYLE – LIBRO 8) è l'ottavo libro di una nuova affascinante serie di gialli che inizia con ASSASSINIO IN VILLA (Libro #1), un Bestseller numero #1 con oltre 100 recensioni a 5 stelle, e scaricabile gratuitamente! Lacey Doyle, 39 anni e divorziata da poco, ha fatto un drastico cambiamento: ha lasciato la sua vita frenetica a New York e si è stabilita in una pittoresca cittadina di mare in Inghilterra: Wilfordshire. È arrivato novembre, portando una temperatura più frizzante e la promessa delle vacanze autunnali. Lacey è emozionata di proporre all'asta una rara e preziosissima lettera. Ma dopo averla venduta a un felice

acquirente, la lettera si rivela troppo bella per essere vera: è stata falsificata e l'acquirente riuole indietro i soldi. Ma la persona che gliel'aveva venduta, ora è morta. È possibile che falsificazione e omicidio siano collegati? Lacey, insieme al suo adorato cane, deve risolvere il caso e svelare l'origine del falso prima di esservi implicata in prima persona e perdere il suo lavoro. Il libro #9, **CATASTROFE IN UN MONASTERO**, è disponibile per pre-ordinazioni!

The renowned school “shares the classic techniques they teach: It’s French cooking made easy, interspersed with a glimpse into life in regional France” (Fathom). IACP Cookbook Award for Food Photography & Styling IACP Cookbook Award for Design Mother and daughter American expats Marjorie Taylor and Kendall Smith Franchini always dreamed of living in France. With a lot of hard work and a dash of fate, they realized this dream and cofounded The Cook’s Atelier, a celebrated French cooking school in the storybook town of Beaune, located in the heart of the Burgundy wine region. Combining their professional backgrounds in food and wine, they attract visitors from near and far with their approachable, convivial style of cooking. Featuring more than 100 market-inspired recipes and 300 exceptional photographs, this comprehensive reference is an extension of their cooking school, providing a refreshingly simple take on French techniques and recipes that every cook should know—basic butchery, essential stocks and sauces, pastry, dessert creams and sauces, and preserving, to name a few. Seasonal menus build on this foundation, collecting recipes that showcase their fresh, vegetable-focused versions of timeless French dishes, such as: Green Garlic Soufflé Watermelon and Vineyard Peach Salad Little Croques Madames Sole Meunière with Beurre Blanc and Parsleyed Potatoes Seared Duck Breast with Celery Root Puree and Chanterelles Madeleines Plum Tarte Tatin Almond-Cherry Galette More than a practical introduction to classic French cooking, this richly illustrated volume is also a distinctively designed celebration of the French art of joie de vivre and “is likely to have readers fantasizing about their own escapes to France” (Publishers Weekly, starred review).

A beautiful and lavishly photographed cookbook focused on authentic Japanese clay-pot cooking, showcasing beloved recipes and updates on classics, with background on the origins and history of donabe. Japanese clay pot (donabe) cooking has been refined over centuries into a versatile and simple method for preparing both dramatic and comforting one-pot meals. In Donabe, Tokyo native and cooking school instructor Naoko Takei Moore and chef Kyle Connaughton offer inspiring Japanese home-style recipes such as Sizzling Tofu and Mushrooms in Miso Sauce and Dashi-Rich Shabu-Shabu, as well as California-inspired dishes including Steam-Fried Black Cod with Crisp Potatoes, Leeks, and Walnut-Nori Pesto or Smoked Duck Breast with Creamy Wasabi–Green Onion Dipping Sauce. All are rich in flavor, simple to prepare, and perfect for a communal dining experience with family and friends. Donabe also features recipes from luminary chefs such as David Kinch, Namae Shinobu, and Cortney

Burns and Nick Balla, all of whom use donabe in their own kitchens. Collectible, beautiful, and functional, donabe can easily be an essential part of your cooking repertory.

Eat your way to better health with this New York Times bestseller on food's ability to help the body heal itself from cancer, dementia, and dozens of other avoidable diseases. Forget everything you think you know about your body and food, and discover the new science of how the body heals itself. Learn how to identify the strategies and dosages for using food to transform your resilience and health in *Eat to Beat Disease*. We have radically underestimated our body's power to transform and restore our health. Pioneering physician scientist, Dr. William Li, empowers readers by showing them the evidence behind over 200 health-boosting foods that can starve cancer, reduce your risk of dementia, and beat dozens of avoidable diseases. *Eat to Beat Disease* isn't about what foods to avoid, but rather is a life-changing guide to the hundreds of healing foods to add to your meals that support the body's defense systems, including: Plums Cinnamon Jasmine tea Red wine and beer Black Beans San Marzano tomatoes Olive oil Pacific oysters Cheeses like Jarlsberg, Camembert and cheddar Sourdough bread The book's plan shows you how to integrate the foods you already love into any diet or health plan to activate your body's health defense systems-Angiogenesis, Regeneration, Microbiome, DNA Protection, and Immunity-to fight cancer, diabetes, cardiovascular, neurodegenerative autoimmune diseases, and other debilitating conditions. Both informative and practical, *Eat to Beat Disease* explains the science of healing and prevention, the strategies for using food to actively transform health, and points the science of wellbeing and disease prevention in an exhilarating new direction.

Il discorso sui libri di cucina è oggi sottoposto a un doppio, sgradevole ricatto. Il primo riguarda le pressioni derivanti dal loro successo editoriale, che ne fanno, più che un oggetto culturale con evidente spessore antropologico, una merce come un'altra per riempire gli scaffali delle librerie e attirarvi, speranzosi, quel che resta degli amanti della carta stampata. Il secondo ha a che vedere con le costrizioni relative al loro dissolvimento nei media d'ogni tipo, e in particolar modo in internet, dove la forma tradizionale, per esempio, della ricetta, fissata in un supporto cartaceo e con un testo scritto, tende a dissolversi, a trasformarsi e forse a perdere di significato in funzione degli apporti provenienti dalla dimensione dell'immagine, dell'audiovisivo e, infine, dell'interattività. Da un parte nascono a profusione ricettari d'ogni ordine e grado, misura e natura, sino ad annullarsi a vicenda. Dall'altra se ne decreta nei fatti l'inutilità, se non la scomparsa, a tutto vantaggio d'altre forme testuali che si sono assunte l'arduo – e intramontabile – compito d'insegnare a cucinare.

Paula Deen meets Erma Bombeck in *The Pioneer Woman Cooks*, Ree Drummond's spirited, homespun cookbook. Drummond colorfully traces her transition from city life to ranch wife through recipes, photos, and pithy commentary based on her popular, award-winning blog, *Confessions of a Pioneer Woman*, and whips up delicious, satisfying

meals for cowboys and cowgirls alike made from simple, widely available ingredients. The Pioneer Woman Cooks—and with these “Recipes from an Accidental Country Girl,” she pleases the palate and tickles the funny bone at the same time.

The beloved sequel to the bestselling classic, *Mastering the Art of French Cooking, Volume II* presents more fantastic step-by-step French recipes for home cooks.

Working from the principle that “mastering any art is a continuing process,” Julia Child and Simone Beck gathered together a brilliant selection of new dishes to bring you to a yet higher level of culinary mastery. They have searched out more of the classic dishes and regional specialties of France, and adapted them so that Americans, working with American ingredients, in American kitchens, can achieve the incomparable flavors and aromas that bring up a rush of memories—of lunch at a country inn in Provence, of an evening at a great Paris restaurant, of the essential cooking of France. From French bread to salted goose, from peasant ragoûts to royal Napoleons, recipes are written with the same detail, exactness, and clarity that are the soul of *Mastering the Art of French Cooking*.

Starting with creating your own starter from scratch, she covers basic breadmaking techniques accompanied by step-by-step photography so you can master the basics before going on to experiment with different flavours for delicious and healthy breads. \* Enjoy basic everyday breads such as a Classic Sourdough or Malted Boule. \* Savour sprouted grains in Kneipbrød or Scandinavian Buckwheat, Rye & Treacle Sourdough. \* Develop easily digestible doughs like a Honey Porridge Loaf. \* Experiment with water kefir and fermented teas for Fig & Earl Grey or Cherry Plum loaves. Laced with an abundance of flavour options and inspiring cultural notes, *Sourdough School* celebrates the timeless craft of artisan baking.

Ringo, una ragazza che lavora nelle cucine di un ristorante turco di Tokyo, rientra una sera a casa con l'intenzione di preparare una cena succulenta per il suo fidanzato col quale convive da un po'. Con suo sommo sgomento, però, scopre che l'appartamento è completamente vuoto. Niente televisore, lavatrice, frigorifero, mobili, tende, niente di niente. Spariti persino gli utensili in cucina, il mortaio di epoca Meiji ereditato dalla nonna materna, la casseruola Le Creuset acquistata con la paga del suo primo impiego, il coltello italiano ricevuto in occasione del suo ventesimo compleanno. E, soprattutto, sparito il fidanzato indiano, maître nel ristorante accanto al suo, un ragazzo con la pelle profumata di spezie. Lo choc di Ringo è tale che resta impietrita al centro della casa desolatamente vuota, la voce che non le esce più dalla bocca. Decide allora di ritornare al villaggio natio, dove non mette più piede da quando, quindicenne, è scappata di casa in un giorno di primavera. Là, appartata nella quiete dei monti, matura il suo dolore. Una mattina, però, osservando il granaio della casa materna, Ringo ha un'idea singolare per tornare pienamente alla vita: aprire un ristorante per non più di una coppia al giorno, con un menu ad hoc, ritagliato sulla fisionomia e i possibili desideri dei clienti. Con l'aiuto del valente Kuma-san, l'ex factotum della scuola elementare del villaggio, il cui cuore è stato infranto dalla bella Shiñorita, un'argentina scappata in città, Ringo risistema il granaio. Pareti tinteggiate d'arancio, posate di epoca vittoriana e di epoca Taish e, nel giro di qualche mese, il Lumachino, così la ragazza battezza il ristorante, apre i battenti. La prima cliente è la Concubina, la triste amante di un influente politico locale, passato a miglior vita diversi anni prima. Sulla tavola, in un tripudio di colori, odori e bontà senza pari, si alternano piatti gustosissimi

che attingono alle cucine più famose: giapponese, italiana, cinese e francese su tutte. L'indomani, la Concubina, agghindata di solito a lutto con una lunga veste nera, passeggia con un cappotto rosso fuoco e un magnifico colbacco di pelliccia, e il suo atteggiamento schivo ha lasciato spazio a una marcata allegria. La medesima cosa accade a tutti i clienti del Lumachino: una ragazza riesce a fare innamorare di sé l'ex compagno di classe che l'aveva sempre ignorata, una coppia gay in fuga d'amore tra i monti trasforma il soggiorno in una luna di miele, un uomo burbero e scorbutico diventa un gentiluomo e così via. In breve, la notizia della magia del Lumachino si diffonde in tutto il circondario, e il successo è così garantito, poiché tutti vogliono sedersi alla tavola del ristorante dell'amore ritrovato. Una concubina ritrova la gioia di vivere, una ragazza conquista finalmente il cuore dell'amato, una coppia gay in fuga vive una luna di miele, un uomo scontroso e burbero si trasforma in un gentiluomo... Dove? Al Lumachino, il ristorante dell'amore ritrovato, dove si possono gustare prelibatezze che fanno bene al cuore. «Uno straordinario bestseller su cibo, amore e rapporto madre-figlia». Times of Japan

Sharing her cost-cutting principles and tips, the creator of the Budget Bytes blog presents a vast array of easy and healthy recipes that are full of flavor but won't break the bank. Original. 40,000 first printing.

What better way to prepare delicious one pot meals than in Le Creuset cast iron cookware? Especially created for the brand's famous cast iron pots and grillpans, this book is bursting with 100 mouth-watering recipes for delicious casseroles, tagines and simple one-pot suppers. Each beautifully illustrated recipe comes with simple, easy-to-follow instructions. From Trout with Bacon and Fennel to Sea Bass in a Salty Crust, Shrimp and Chermoula Tagine to Aubergine Stuffed with Rice, Herbs and Pine Nuts, these delicious and fragrant dishes are sure to delight everyone around the dinner table.

Presents vegetable recipes for everything from pickles shitakes and grilled scallions with romanesco to sweet potato burritos and falafel.

A beautiful love letter to the enameled cast-iron cookware of Staub, with 100 achievable, modern recipes from top chefs and bloggers from around the country. For decades, Staub has been an international leader and tastemaker in the world of cookware. Made in France, the company's cast iron graces the shelves of top chefs as well as home cooks. But Staub isn't just gourmet kitchenware. It inspires people to cook, to try new recipes, and to share delicious meals with loved ones; Staub brings people together in the kitchen and around the table. In this book, the Staub philosophy of hospitality shines in everyday recipes like Chocolate Babka Morning Buns, perfect for lazy weekend mornings, as well as Yogurty Beet Salad with Za'atar, an ideal summer lunch. Adding to the collection are other crowd pleasers, like Beer-Braised Short Ribs, Chicken Meatballs in Red Coconut Curry Sauce, Broccoli Rabe Pizza with Caramelized Onions and Burrata, and Strawberry Crumble with Oats and Hazelnuts. With gorgeous photography and cooking tips and tricks, The Staub Cookbook shows how to use and care for these modern heirlooms so that they will bring warmth (and crowds) to kitchen tables for years to come.

'National treasure' Independent Nadiya's first cookbook is filled with all of her favourite recipes for you to enjoy at home - from breakfasts to dinners to a cake fit for the Queen . . . Having fallen in love with Nadiya and her outstanding bakes on 2015's Great British Bake Off, readers can now discover all her favourite recipes. With chapters ranging from 'Lazy Sunday Mornings' to 'Midnight Feasts', 'Snacks and Sharing' to 'Dessert for Dinner', you'll find ideas for any time of the day, and for all the family. Nadiya offers innovative twists on traditional classics and



failsafe recipes for many staple meals and bakes, including . . . · Best Fish Finger Butty · Crumpets with Salted Honey Butter · Wellington Sausage Rolls · Cod and Clementine Curry · Mustardy Kale Mac and Cheese · Popcorn, White Chocolate and Peanut Slice · And of course, 'Her Majesty's Cake', based on the delight she created for the Queen's 90th birthday. 'She's baked her way into our hearts and hasn't stopped since' Prima

In the South, a conversation among home cooks can be just about as illuminating as any culinary education. Luckily for Stacey Little, home cooks run in the family. Whether it's fried chicken or pimento cheese, fruit salad or meatloaf, everybody's family does it a little differently. The Southern Bite is a celebration of those traditions and recipes every Southern family is proud to own. It's the Pecan Chicken Salad that's mandatory for every family reunion and the hearty Goulash, so comforting after a long day. It's the Glazed Ham that makes its way to the Easter table every year. If you're lucky enough to hail from the South, you'll no doubt find some familiar favorites from your own family recipe archives, along with a whole slew of surprises from Southern families a lot like yours! There's Turnip Green Dip for your next party, Chicken Corn Chowder for those chilly fall nights, and Cornbread Salad for when you really need to make an impression. No matter what's cooking, Little's goal is the same: to revel in the culinary tradition all Southerners share. These are the recipes that bring us together and the meals our families will cherish for generations to come.

From the host of the beloved Netflix series Time to Eat and winner of The Great British Baking Show come over 100 time-smart recipes to tackle family mealtime. Nadiya Hussain knows that feeding a family and juggling a full work load can be challenging. Time to Eat solves mealtime on weeknights and busy days with quick and easy recipes that the whole family will love. Nadiya shares all her tips and tricks for making meal prep as simple as possible, including ideas for repurposing leftovers and components of dishes into new recipes, creating second meals to keep in the freezer, and using shortcuts--like frozen foods--to cut your prep time significantly. In Time to Eat, Nadiya teaches you to make recipes from her hit Netflix show, including Peanut Butter & Jelly Traybake, Instant Noodles, Egg Rolls, and zesty Marmalade Haddock. Each recipe also notes exactly how long it will take to prepare and cook, making planning easy. Helpful icons identify which recipes can be made ahead, which ones are freezer-friendly, and which ones can be easily doubled.

A sustainable lifestyle starts in the kitchen with these use-what-you-have, spend-less-money recipes and tips, from the friendly voice behind @ZeroWasteChef. In her decade of living with as little plastic, food waste, and stuff as possible, Anne-Marie Bonneau, who blogs under the moniker Zero-Waste Chef, has learned that "zero-waste" is above all an intention, not a hard-and-fast rule. Because, while one person eliminating all their waste is great, if thousands of people do 20 percent better it will have a much bigger impact on the planet. The good news is you likely already have all the tools you need to begin to create your own change at home, especially in the kitchen. In her debut book, Bonneau gives readers the facts to motivate them to do better, the simple (and usually free) fixes to ease them into wasting less--you can, for example, banish plastic wrap by simply inverting a plate over your leftovers--and, finally, the recipes and strategies to turn them into more sustainable, money-saving cooks. Rescue a loaf from the landfill by making Mexican Hot Chocolate Bread Pudding, or revive some sad greens to make a pesto. Save five bucks (and the plastic tub) at the supermarket with Yes Whey, You Can Make Ricotta Cheese, then use the cheese in a galette and the leftover whey to make sourdough tortillas. With 75 vegan and vegetarian recipes for cooking with scraps, creating fermented staples, and using up all your groceries before they become waste--including end-of-recipe tips on what to do with your ingredients next--Bonneau lays out an attainable vision of a zero-waste kitchen.

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