

Living In Living Out African American Domestics In Washington D C 1910 1940

African American Lives offers up-to-date, authoritative biographies of some 600 noteworthy African Americans. These 1,000-3,000 word biographies, selected from over five thousand entries in the forthcoming eight-volume African American National Biography, illuminate African-American history through the immediacy of individual experience. From Esteban, the earliest known African to set foot in North America in 1528, right up to the continuing careers of Venus and Serena Williams, these stories of the renowned and the near forgotten give us a new view of American history. Our past is revealed from personal perspectives that in turn inspire, move, entertain, and even infuriate the reader. Subjects include slaves and abolitionists, writers, politicians, and business people, musicians and dancers, artists and athletes, victims of injustice and the lawyers, journalists, and civil rights leaders who gave them a voice. Their experiences and accomplishments combine to expose the complexity of race as an overriding issue in America's past and present. African American Lives features frequent cross-references among related entries, over 300 illustrations, and a general index, supplemented by indexes organized by chronology, occupation or area of renown, and winners of particular honors such as the Spingarn Medal, Nobel Prize, and Pulitzer Prize.

The author describes his early life, growing up in a dysfunctional family, and how he ended up becoming a CIA case officer.

Reece Tassicker has a dream about a number he knows he needs to remember. When messages for him start appearing in books, he learns that his future activities are being predicted - to the precise minute. And that someone is mysteriously using this knowledge to influence events in his life. As Reece starts to out-think the people who can control his life, he learns there are chinks in our reality that allow us discrete glimpses behind the true nature of the universe. Because our reality isn't quite as real as we think it is. He develops new thinking techniques to help understand what's happening to him. But as Reece Tassicker gets closer to the truth, the mysterious individuals decide to eliminate him from their future plans. Permanently. The Delicate Force is an unusual half-fact, half-fiction thriller with a remarkable non-fiction ending. The facts are so extraordinary that it needs a fictional plot to help you to believe they really are true. Read The Delicate Force and be prepared to think about reality differently - for the rest of your life.

In this nuanced and groundbreaking history, Donna Murch argues that the Black Panther Party (BPP) started with a study group. Drawing on oral history and untapped archival sources, she explains how a relatively small city with a recent history of African "Thoughts on African Colonization" by William Lloyd Garrison. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format. In this phenomenological study, I take a journey into the lived experiences of African American students reading Great Books literature. The research question that guides my study is "What are the lived experiences of African American students reading Great Books literature?" In order to unpack the enlightenment gained through this study on the students' lived experiences, I call upon the phenomenological writings of Martin Heidegger, Hans George Gadamer, Max van Manen, Edward Casey, John O' Donohue, and David Abram. African American educators and philosophers speak into the journey, such as Frederick Douglass, W.E.B. DuBois, Marva Collins, Anna Julia Cooper, Gloria Ladson-Billings, James Baldwin, and others. My research path follows the methodological guidance of Max van Manen. Years ago, I taught a Great Books literature class for 6 years at a small private school in Southern Maryland. Twenty-two African American students came through my class years ago and 5 of those students were able to participate in this study where I explore their lived experience reading Great Books literature. For this study, we all met around a table, just as we did years ago for the Great Books class that I taught. The five former students who participated in this study and I went away for a weekend retreat to engage in conversation about their lived experiences. Upon careful review of the transcripts from these conversations I identified themes that reflected their progression through the course. The themes are the following: The Flickering Light, When the Flame Catches, Being in the Light, and The Lived Experience Shining into the Present. These themes reveal how students started out struggling with embracing and internalizing the books, but then progressed to transformative insights they brought forth-even allowing the lived experience of reading the literature to affect their current lives as adults. As a culminating event, the participants created and performed a play, entitled "The Table," which provided a visual representation of their lived experiences reading Great Books literature. They chose the title "The Table" because as we all reflected on the lived experience, they realized that my classes were only taught around a table and from the unity created around the discussions at the table, something happened to their inner selves. The play was performed at St. John's College during President's Day weekend and Frederick Douglass' birthday. After the play, the former students responded to questions from the audience, expressing their journey into reading Great Books literature and also provided insight as to how teachers can help African American students engage in the literature. This was included as a part of my study as well, in order to bring to the light how the students' present lives were affected by their lived experience reading Great Books literature. The insights gained from this study are a guiding light for me as I move forward as an educator of primarily African American students, especially in the area of literacy education (literary and cultural literacy). The school I opened is a way for me to put into practice the insights gained in this study. In addition, my interests in forming multi-age Great Books literature circles of all races, backgrounds, etc.; round table discussions with educators, parents, etc. on these matters; and teacher training sessions where these insights can be shared, have become more illuminated for me. Disgraced son of a gentleman farmer, Nicholas Pelly is sent to redeem himself in the turbulent South African colonies. Taken under the wing of Ragwasi, his African friend and mentor, Pelly crosses the cultural divides of the late 19th Century to take up arms against the enemies of the Tswana people, marry an African woman and travel through the wars and landscapes of the period in search of redemption. After a decade of upheaval, service in the British and Tswana armies and attempts to make restitution he returns home to England in the hope of a prodigal son's welcome.

From Lagos to Brooklyn to Accra to Paris; from across the Diaspora to the heart of the African continent, in this memoir Nigerian journalist Chike Frankie Edozien offers a highly personal series of contemporary snapshots of same gender loving Africans, unsung Great Men living their lives, triumphing and finding joy in the face of great adversity.

5/5 No Compromise is an African centered perspective on solving the x factor in the human equation: 3/5 slave + x = 5/5 whole human beings, for Black Americans, specifically, and Black people world wide in general. The book written by Jeff Weaver, is inspired and driven by the divine wisdom of Almighty God, the African Forces (Lwa, Orisa, Obosum) / Holy Spirit and the ancestors. The premise of 5/5 No Compromise is to establish the fact that: 1) The United States Constitution codified the value of Black lives, in Article I. Section 2, Chapter 3 (more popularly known as the "3/5 Clause") as "3/5 of a person." A codification which has never been, expressly, amended or eradicated; and 2) in order for Black victims of the trans Atlantic slave trade, white supremacy and colonialism to establish their genuine human status they must embrace their own traditions, customs and culture, in an autonomous mutual respect based co-existence with their former slave masters and governors. Furthermore, in order to connect the various "splinters" of Black sub-cultures that exist in the US and globally, there must be an establishment of the one cultural thread that exist in common with the genetic heredity of the people in question. For Black Americans and Black people, worldwide, that common cultural thread is the drum pulse which originated in Africa. It is the one cultural element that is powerful and consistent, wherever Black people are heavily populated in the world. The author, Jeff Weaver calls that thread, "drum

centered culture" and has identified it as the key element in sowing together the global cultural fabric that will restore Black people to a 5/5 autonomous culture of thriving human beings, with lives that matter.

Minna Rose enjoys travelling and loves exploring different cultures through food. She adds her own twists to the recipes she discovers and loves to experiment on her family and friends. African food is vibrant, spicy and colourful, utilising the most tantalising flavours from the many cultures who have settled on the continent over the centuries, and creating new and wonderful combinations, combined with traditional foods and cooking methods. Fresh and nutritious food is very important for a healthy life, just as tasty food, shared in good company, is essential for a happy and enjoyable life. Minna Rose's cookbooks combine the two in her recipes, all of which are easy to follow and recreate.

In the "hush harbors" of the slave quarters, African Americans first used funerals to bury their dead and to plan a path to freedom. Similarly, throughout the long struggle for racial equality in the 20th century, funeral directors aided the cause by honoring the dead while supporting the living. Here is their story.

Using first-person narratives collected through oral history interviews, this groundbreaking book collects black women's memories of their public and private lives during the period of legal segregation in the American South.

This book traces the lives of the author and other African-American women she interviewed about their African-American fathers. The author states that the most powerful relationship an African-American woman will ever have with a male is the one she has or doesn't have with her father. Whether present or absent Houston-Little asserts: fathers impact their daughter's lives in ways that sometimes defy description. If young African-American girls grow up with a loving, involved father in her life, the young girl seems to do well and lead a balanced life. She doesn't appear to be haunted by serious emotional and physical illnesses. While on the other hand, when a young girl does not have any relationship with her father or one that she perceives is less than adequate, serious issues may arise. Often a relationship that is perceived as less than adequate is as devastating as not having a relationship with her father at all. If a young girl's relationship with her father is non-existent or less than adequate, it is at this point that the "drama" appears to begin. "Drama" refers to a series of actions, reactions that the young girl, adolescent, soon to be adult female initiates and responds to a result of her perception. Perceptions that lead to "drama" are that the young girl in question believes her father does not care/love her. She may also believe that she can't trust anyone, especially men. No matter how hard she tries, she may also believe she'll never be good enough in any tasks she undertakes. These different "scenes," frames of reference affect the young girl and all those with whom she interacts. It's almost as though the young girl has a script from which she takes her cues. Often no one with whom she interacts even has a clue that a script even exists. This kind of miscuing or absence of cues for the unsuspecting participants, friend, husband, lover, son, professional associate, more often than not, leads to conflictual emotional relationships. Other relationships end abruptly, the young girl or adolescent or adult has no clue why. Some insights into how we construct our inner thinking, what these thoughts are based on help us all to negotiate successful relationships. This book explores the author's and other women's perceptions of their "drama" with their fathers. The effects of the "drama," misunderstandings and the inability to emotionally connect are explored. Hope springs eternal as these women and I look at ways to gradually change the direction of absent or "less than adequate relationships" between fathers and daughters. Finally, the writer suggests ways that anyone interested in the health and strength of African-American families can help to accomplish that goal. Stronger, healthier individuals make stronger, healthier families. Stronger, healthier families make stronger, healthier communities. Everyone stands to benefit.

When South African conservationist Lawrence Anthony was asked to accept a herd of "rogue" wild elephants on his Thula Thula game reserve in Zululand, his common sense told him to refuse. But he was the herd's last chance of survival: they would be killed if he wouldn't take them. In order to save their lives, Anthony took them in. In the years that followed he became a part of their family. And as he battled to create a bond with the elephants, he came to realize that they had a great deal to teach him about life, loyalty, and freedom. The Elephant Whisperer is a heartwarming, exciting, funny, and sometimes sad account of Anthony's experiences with these huge yet sympathetic creatures. Set against the background of life on an African game reserve, with unforgettable characters and exotic wildlife, it is a delightful book that will appeal to animal lovers and adventurous souls everywhere.

While much has been written on post-apartheid social movements in South Africa, most discussion centers on ideal forms of movements, disregarding the reality and agency of the activists themselves. In *Living Politics*, Kerry Ryan Chance radically flips the conversation by focusing on the actual language and humanity of post-apartheid activists rather than the external, idealistic commentary of old. Tracking everyday practices and interactions between poor residents and state agents in South Africa's shack settlements, Chance investigates the rise of nationwide protests since the late 1990s. Based on ethnography in Durban, Cape Town, and Johannesburg, the book analyzes the criminalization of popular forms of politics that were foundational to South Africa's celebrated democratic transition. Chance argues that we can best grasp the increasingly murky line between "the criminal" and "the political" with a "politics of living" that casts slum and state in opposition to one another. *Living Politics* shows us how legitimate domains of politics are redefined, how state sovereignty is forcibly enacted, and how the production of new citizen identities crystallize at the intersections of race, gender, and class.

Life in lower class as offspring of a notorious thief was simple for the Quartar daughters until accidental mishaps with the other classes of society turn their dirt poor lives around for worse and better. Eight young women are taken from the slums into the high class world they never understood only at first to find betrayal, suffering, scandal, revenge and corruption. Then, before they know it they are wrapped in the grandest scandal their country of Galli has ever seen. The kingdom of Cretaine is trying to overthrow the corrupted kingdom of Galli. The Quartar family must betray their world in order to save Galli from a brutal civil war.

In *Out of Africa*, author Isak Dinesen takes a wistful and nostalgic look back on her years living in Africa on a Kenyan coffee plantation. Recalling the lives of friends and neighbours—both African and European—Dinesen provides a first-hand perspective of colonial Africa. Through her obvious love of both the landscape and her time in Africa, Dinesen's meditative writing style deeply reflects the themes of loss as her plantation fails and she returns to Europe. HarperTorch brings great works of non-fiction and the dramatic arts to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperTorch collection to build your digital library.

In 1983, a 20-year-old kid from California wandered into a marketplace in downtown Cairo, Egypt, looking for some eggs

to cook for dinner. What he found in the Suq Bab el-Louq was a fascinating world of commerce, ritual, community, and personal drama — constantly changing, yet unchanged for decades upon decades. Truth is indeed more amazing than fiction. These stories draw the reader into an intimate connection with the people of a culture that few Westerners have experienced at this level, a culture that we must understand better as we seek to understand and live in harmony with the Arab world. The stories within are endangered. Much has changed in Cairo in the past thirty years, and the suq and its denizens have all but disappeared as the internet and world trade have altered the way we shop. In the pages of this unparalleled book, the suq lives on. This is a collection of stunning black and white photographs with a gripping narrative story of the Suq's denizens and how the place works. Economists, historians, travelers, political scientists, fans of the Middle East, and general readers will be entranced by this almost uncategorizable but unmissable gem of a book. Come inside. You will never forget what you find.

Are you crazy? Do you dream about the person you'd like to be? Is there another you inside who knows you can make a difference in your career or live the life you've always wanted? This book lays out the rules for success-with the perspective that being a little "off" might be the secret. History shows that the people who end up changing the world are considered nuts-until they're successful. Then they're geniuses! Learn how to live out loud, and remember-impossible is only an opinion. *Success & Lunacy - What's the Connection?* suggests that most people have lost their way on the journey of life in today's fast paced world. This engaging book shows how conformity can make you invisible to a world that doesn't seem to care. It provides exercises and examples to help you find your true potential and live the life you were born to experience. It's time to stop fitting in when you were born to stand out!

Ever witness a miracle up front? Do you know anybody who has seen many and lived to tell it all? If your answer is no, you should read my book "Wounded." It is based on a true story of one man's struggles throughout his life. It will take you to the depths of poverty like no other. It will display how hard it is for someone to survive lacking the basic needs in life. The main character is a man named Santiago Jim Nunez. He is a Mexican American born in East Los Angeles, CA in 1949. He lived through foster homes since the age of six years old till he was 18 years old. His struggles continued when he went to fight in the Vietnam War. He was critically wounded and returned home. Only to discover a world where nobody cared about the veterans coming back from Nam. The aftermath and pain that came with it was draining. The lengthy battles with the VA to the constraints of money and resources. The battle between good and evil showdowns the ultimate test of faith. The battle is constantly fought throughout the entire book. This story is through the eyes of a young, battle weary soldier, adjusting to civilian life. The horrors that came home with Jim were relentless. They also took a toll on his personal relationships and his family. With nowhere to turn for help and the VA's lack to acknowledge veteran issues, Jim turned to the Lord for help. His faith would be tested in the most crucial times of his life. Throughout all the good and bad times, Jim never lost his faith. It is the biggest reason he conquered his demons and is here to share his story today. His story is one that is not here to glamourize his mistakes. What it is here for is to instill hope and faith in others who feel alone. To help those who have gone through the same pitfalls as he has. Others who feel like they have no place to turn for help. The same way he felt when he came back from Vietnam. It is here to give thanks to the many who helped him with his struggles along the way. It is here to give thanks to the Lord for all his blessings he has endured through life. The great changes he made to make life worth living and fighting for.

In *33 Bits*, a gold charm bracelet tangibly records the adventure, friendships, love, and disappointment experienced by a young American woman during a life-changing journey to England.

The life force, also known as "spirit," is the essence of being and the conscious and most important form of energy.

Living energy is personal and within our conscious control, and by learning about it, we can use it to transform our life into vibrant and meaningful expressions of who we really are. Consciousness is purely energetic and therefore difficult to quantify in mechanistic terms. It is the characteristic of living energy and is the foundation of awareness. Consciousness is the thread running through all life. Living Energy is an introduction to the process of mystic spirituality. The reader is encouraged to attain a deep and meaningful connection to the divine with expanded awareness. The principles given in this book are equally relevant to the novice and the advanced practitioner. Robert explains how we may reveal our hidden potential by shifting our perception away from what is customary and comfortable to open the doors to greater spiritual awareness.

Reexamines the first twenty years of the East African revival movement in Uganda, 1935-1955, arguing that through the movement African Christians articulated and developed a unique spiritual lifestyle.

Discover the wonder of a life with God you can't contain. The pages of scripture are full of ordinary people who walked with God as he poured himself out through them to a world in need. What if God never changed? What if he is still speaking to us and longing to work miraculously through us? What if it isn't a matter of more training or effort but simply receiving and releasing everything he already purchased? *"Life in the Overflow"* invites you to know God intimately as your Daddy in a way that spills out of you naturally. Filled with disarming honesty and fervent expectation, this book mirrors a reflection of who you are, who your God is and what he actually longs to do through "ordinary, messy kids" today!

This oral history portrays the lives of African American women who migrated from the rural South to work as domestic servants in Washington, D.C., in the early decades of this century. In *Living In, Living Out*, Elizabeth Clark-Lewis narrates the personal experiences of eighty-one women who worked for wealthy white families. These women describe how they encountered - but never accepted - the master-servant relationship, and recount the strategies they used to change their status from "live in" servants to daily paid workers who "lived out". Clark-Lewis describes the women's roots in the rural South, where limited prospects encouraged African American families to plan their daughters' migration to northern cities. While still very young, girls were trained to do household chores; as they got older, "traveling talk" began to prepare them to survive in the world of white employers. After

an elaborate search for places to live with northern kin, girls were sent off with familiar folk rituals: they were given charms for good luck, blessings from the church, and fetishes for remembrance. With candor and passion, the women interviewed tell of adjusting to city life "up North", of being placed as live-in servants, and of the frustrations and indignities they endured as domestics. By networking on the job with laundresses and at churches and penny savers clubs, they found ways to transform the master-servant relationship into an employer-employee relationship. Clark-Lewis points out that their perseverance and courage not only improved their own lot but also transformed work life for succeeding generations of African American women. A series of in-depth vignettes about the later years of these women bears poignant witness to their efforts to carve out lives of fulfillment and dignity.

Etiquette is more than knowing which fork to use. Good manners are the rules that let us find our way in today's rapidly changing maze of lifestyles, customs, and relationships. Anyone who doesn't know these rules is living and working at a real disadvantage. In *How to Be*, noted author and editor Harriette Cole treats manners as a resource for the empowerment of the black community. She offers guidance drawn from the tried-and-true experience and wisdom of African American elders, as well as from European mainstream traditions in many areas of life, including: -Family—immediate, extended, and blended -New codes of dating, love, and sex -Entertaining family, friends, and coworkers in both casual and formal settings -Workplace issues -- from how to resign to what to wear on casual Fridays -Rites of passage, including weddings and funerals -Holiday celebrations like Christmas, Kwanzaa, and Juneteenth and much more

A product of old-fashioned, back-wearying, foundational scholarship, yet very readable, this book is certain to feature importantly in future studies of early jazz and its prehistory. Highly recommended. ? *Library Journal*. This volume makes possible the study of the rise of black music in the days that paved the way for the Harlem Renaissance—the brass bands, the banjo and mandolin clubs, the male quartets, and theatrical companies. Summing up: Essential. ? *Choice Outstanding Academic Title*. A landmark study, based on thousands of music-related references mined by the authors from a variety of contemporaneous sources, especially African American community newspapers, *Out of Sight* examines musical personalities, issues, and events in context. It confronts the inescapable marketplace concessions musicians made to the period's prevailing racist sentiment. It describes the worldwide travels of jubilee singing companies, the plight of the great black prima donnas, and the evolution of "authentic" African American minstrels. Generously reproducing newspapers and photographs, *Out of Sight* puts a face on musical activity in the tightly knit black communities of the day. Drawing on hard-to-access archival sources and song collections, the book is of crucial importance for understanding the roots of ragtime, blues, jazz, and gospel. Essential for comprehending the evolution and dissemination of African American popular music from 1900 to the present, *Out of Sight* paints a rich picture of musical variety, personalities, issues, and changes during the period that shaped American popular music and culture for the next hundred years.

"Covers the basics of food, exercise and medicine, but highlights two things not often found in diabetes books: soul food and spirit."—*A Sweet Life* More than 4 million African Americans have diabetes; thousands more have pre-diabetes or are at risk for the condition. But in 21 years as a registered dietitian and certified diabetes educator, Constance Brown-Riggs found few books that even vaguely addressed the unique health concerns of this population. This comprehensive guide includes: The latest medical treatments for diabetes—medications, insulin therapies, blood glucose monitors, plus the pros and cons of supplements, herbs, and alternative diets. What you can't eat—and what you can. Dozens of mouthwatering Caribbean and soul food recipes, with a two-week menu plan. The book received the Favorably Reviewed designation from the American Association of Diabetes Educators (AADE). The designation of Favorably Reviewed by AADE assures health professionals that the educational content of the book has been carefully evaluated by representatives of a variety of health professions based on set guidelines. "Shares a wealth of information about diabetes that has been specifically tailored for African Americans, in a down to earth fashion, and emphasizes the important interrelationships of spiritual health, mental health, and physical health."—Norma J. Goodwin, M.D., founder, president and CEO, Health Power for Minorities "Connie Brown-Riggs's . . . culturally appropriate messages are an extraordinary benefit to African Americans, particularly women, who are often not fully aware of the lifestyle changes they can and should make to prevent diabetes and improve their health and that of their families."—Wendy C. Brawley, publisher and CEO, *IMARA Woman Magazine*

Using the debates over the denial of the Holocaust and the story of the Alamo as illustrations, the author explores the forces that shape how history is understood

Living for the City is a social history of the Central African Copperbelt, considered as a single region encompassing the neighbouring mining regions of Zambia and the Democratic Republic of Congo. The Haut Katanga and Zambian Copperbelt mine towns have been understood as the vanguard of urban 'modernity' in Africa. Observers found in these towns new African communities that were experiencing what they wrongly understood as a transition from rural 'traditional' society – stable, superstitious and agricultural – to an urban existence characterised by industrial work discipline, the money economy and conspicuous consumption, Christianity, and nuclear families headed by male breadwinners supported by domesticated housewives. Miles Larmer challenges this representation of Copperbelt society, presenting an original analysis which integrates the region's social history with the production of knowledge about it, shaped by both changing political and intellectual contexts and by Copperbelt communities themselves.

Africa's Embrace is author Mark Wentling's fictional account about the adventures of a young man from Kansas who travels to Africa and becomes caught up in a mystical larger-than-life adventure. This well-crafted novel revolves around the main character of "David," who abruptly leaves his home in Kansas in order to follow his destiny in Africa. Upon arrival, he is renamed "Bobovovi" and chosen by the spirit world to ride the "mountain moonbeam" and become "transformed" by an ancient baobab tree. Bobovovi does his best to make his goodwill prevail, but his humanitarian work is fraught with unforeseen, unusual challenges. He moves from one surprising adventure to another, telling an African story unlike any the reader has ever heard before. Africa changes him in unimaginable ways, and those changes are inculcated into the reader and teach a variety of lessons. Although *Africa's Embrace* is literary fiction, the novel is, in actuality, a thinly-veiled autobiographical account of the author's three years of working in an African village back in the 1970s. The clever and gripping plot of the novel is a powerful, emotional story, combining magical realism with a colorful description of the practical challenges of living and working in Africa. The book introduces a cast of unforgettable characters and forces the reader to enter deep into the heart of Africa, and to consider the spiritual implications of introducing change. Mark Wentling is one of the rare people on Earth who has visited or worked in all fifty-four African countries. A powerful illustrated history of the Great Migration and its sweeping impact on Black and American culture, from Reconstruction to the rise of hip hop. Over the course of six decades, an unprecedented wave of Black Americans left the South and spread

across the nation in search of a better life--a migration that sparked stunning demographic and cultural changes in twentieth-century America. Through gripping and accessible historical narrative paired with illustrations, author and activist Blair Imani examines the largely overlooked impact of The Great Migration and how it affected--and continues to affect--Black identity and America as a whole. *Making Our Way Home* explores issues like voting rights, domestic terrorism, discrimination, and segregation alongside the flourishing of arts and culture, activism, and civil rights. Imani shows how these influences shaped America's workforce and wealth distribution by featuring the stories of notable people and events, relevant data, and family histories. The experiences of prominent figures such as James Baldwin, Fannie Lou Hamer, El Hajj Malik El Shabazz (Malcolm X), Ella Baker, and others are woven into the larger historical and cultural narratives of the Great Migration to create a truly singular record of this powerful journey.

A "profound and soul-nourishing memoir" (Oprah Daily) from an African girl whose near-death experience sparked a lifelong dedication to humanitarian work that helps bring change across the world. When severe drought hit her village in Zimbabwe, Elizabeth Nyamayaro, then only eight, had no idea that this moment of utter devastation would come to define her life's purpose. Unable to move from hunger and malnourishment, she encountered a United Nations aid worker who gave her a bowl of warm porridge and saved her life—a transformative moment that inspired Elizabeth to dedicate herself to giving back to her community, her continent, and the world. In the decades that have followed, Elizabeth has been instrumental in creating change and uplifting the lives of others: by fighting global inequalities, advancing social justice for vulnerable communities, and challenging the status quo to accelerate women's rights around the world. She has served as a senior advisor at the United Nations, where she launched HeForShe, one of the world's largest global solidarity movements for gender equality. In *I Am a Girl from Africa*, she charts this "journey of perseverance" (Entertainment Weekly) from her small village of Goromonzi to Harare, Zimbabwe; London; New York; and beyond, always grounded by the African concept of ubuntu—"I am because we are"—taught to her by her beloved grandmother. This "victorious" (The New York Times Book Review) memoir brings to vivid life one extraordinary woman's story of persevering through incredible odds and finding her true calling—while delivering an important message of hope, empowerment, community support, and interdependence.

Shayla had no idea her life would turn out like it did. She had two kids, independent, a college degree, owns a Top Business Consulting firm in Buckhead, Atlanta and a Non-profit organization for the community, but in the midst of it all she was Trapped. Trapped in love, hate, lust and PAIN!! She had a natural body that these women would die for, her personality made her beautiful, her presence was unreal and she had a smile that would lighten up your darkest days. Shayla wasn't your average chick she was street and book smart, but had one problem men was her weakness. She picked the men she had the weakness for. Shayla was living a triple life and the walls were starting to close in on her fast.. Shayla was focused on her businesses, but on the flip side enjoyed herself, She never meant to hurt anyone feelings, so she tried to be as upfront as possible when they would ask, which was never so, she never offered the information. She is about to go for the ride of her life, she's a street girl by nature, maybe she can get herself out it. Her best friend Kisha is by her side to support her until Shayla finds out her secret. Shayla is into deep.....

Examining how turn-of-the-century Black cultural producers' experiments with new technologies of racial data produced experimental aesthetics. As the nineteenth century came to a close and questions concerning the future of African American life reached a fever pitch, many social scientists and reformers approached post-emancipation Black life as an empirical problem that could be systematically solved with the help of new technologies like the social survey, photography, and film. What ensued was nothing other than a "racial data revolution," one which rendered African American life an inanimate object of inquiry in the name of social order and racial regulation. At the very same time, African American cultural producers and intellectuals such as W. E. B. Du Bois, Kelly Miller, Sutton Griggs, and Zora Neale Hurston staged their own kind of revolution, un-disciplining racial data in ways that captured the dynamism of Black social life. *The Matter of Black Living* excavates the dynamic interplay between racial data and Black aesthetic production that shaped late nineteenth-century social, cultural, and literary atmosphere. Through assembling previously overlooked archives and seemingly familiar texts, Womack shows how these artists and writers recalibrated the relationship between data and Black life. The result is a fresh and nuanced take on the history of documenting Blackness. *The Matter of Black Living* charts a new genealogy from which we can re-think the political and aesthetic work of racial data, a task that has never been more urgent.

This oral history portrays the lives of African American women who migrated from the rural South to work as domestic servants in Washington, DC in the early decades of the twentieth century. In *Living In, Living Out* Elizabeth Clark-Lewis narrates the personal experiences of eighty-one women who worked for wealthy white families. These women describe how they encountered—but never accepted—the master-servant relationship, and recount their struggles to change their status from "live in" servants to daily paid workers who "lived out." With candor and passion, the women interviewed tell of leaving their families and adjusting to city life "up North," of being placed as live-in servants, and of the frustrations and indignities they endured as domestics. By networking on the job, at churches, and at penny savers clubs, they found ways to transform their unending servitude into an employer-employee relationship—gaining a new independence that could only be experienced by living outside of their employers' homes. Clark-Lewis points out that their perseverance and courage not only improved their own lot but also transformed work life for succeeding generations of African American women. A series of in-depth vignettes about the later years of these women bears poignant witness to their efforts to carve out lives of fulfillment and dignity.

In the midst of a global pandemic, a Black American businessman in Africa face unexpected events. In March of 2020, Rashad McCrorey a native New Yorker, set off for a business trip to the West African country of Ghana. However; with a brand new pandemic quickly shutting down life as we knew it, McCrorey made the decision not to return home to United

States and instead, self-quarantine in Ghana. A year and a half later, what started out as a temporary fix has turned into his "new normal." As seen on: CNN Forbes Magazine ABC World News TheGrio New York Daily News New York Post Black Enterprise Blavity Travel Noire & more Did You Know? Stuck in Africa takes place in the Central Region of Ghana specifically the towns of Elmina & Cape Coast; home of the infamous slave dungeons and doors of no returns. All locations mentioned in "Stuck in Africa" are real life locations; meaning as of August 2021 you can actually visit them. (Make sure to let them know you read Stuck in Africa). Stuck in Africa was originally written as a script for a movie to be filmed in Ghana. However, after some unfortunate circumstances, McCrorey re-wrote the script into the screenplay that you are about to purchase. All characters used in the are names of people McCrorey knows in real life. Though the characters are names of people McCrorey knows, the characters are not the actual people named except for McCrorey himself.

From the author of the national bestseller *My Soul to Keep* comes a riveting new novel of supernatural suspense -- a gripping tale that brilliantly showcases a writer at the pinnacle of her astounding storytelling abilities. Jessica Jacobs-Wolde has somehow survived the worst that any mother or wife could ever endure: the deaths of her husband and first daughter. But now, four years later, not only is the nightmare continuing -- it may have only just begun. Jessica has discovered the terrifying truth behind the legacy that her husband left to their second daughter, Fana...a legacy preordained a thousand years before her time and drenched in the powerful lifeblood that now courses through her veins. As young Fana begins to display unearthly abilities that are quickly spiraling out of control, she becomes the target of those who will stop at nothing to exploit her power -- and the unwitting touchstone in an ancient supernatural battle whose outcome may decide the fate of all humanity.

Regina was determined to keep the secrets from her past buried. She had her reasons for keeping her distance from men, but Donovan refused to play by her rules. Giving into her heart and marrying him, Regina finally began to feel whole again. When an injury ultimately claims his life, she moves a few states away to a small town where she couldn't be reminded of him everywhere she turned. Trying to live her life in isolation, she wasn't prepared for what the humble cabin next door would bring her. Reggie is not sure she will be able to overcome the horrible twist fate has thrown her way. Widely acclaimed as one of the finest books ever written on race and class divisions in America, this powerful novel reflects the forces of poverty, injustice, and hopelessness that continue to shape our society. Copyright © Libri GmbH. All rights reserved.

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