

## Lotus Drivers Guide

The Lotus 98T was the 1986-season, JPS-liveried F1 car driven by Ayrton Senna and team-mate Johnny Dumfries. Senna took eight podium positions, including two wins in the car, taking the fight to the superior McLarens and Williams. The 98T was one of the ultimate incarnations of an F1 car, powered by a Renault V6 turbo engine, which is conservatively estimated to have produced up to 1,300bhp at full boost. Senna was mighty to behold at the wheel of the 98T - he took pole position at eight of the season's 16 races, with victories in Spain and Detroit, famously crossing the line alongside Nigel Mansell in Spain, to win by 0.014s. This Manual, extensively illustrated with both period photographs and technical illustrations and photographs of a recently restored car, provides a fascinating insight into the design, evolution, operation, maintenance and restoration of the Lotus 98T.

This comprehensive 142 page book tells the story of Colin Chapman's two most successful racing cars. Detailed race histories of all the Lotus 49 and 72 chassis' along with biographies of the drivers and cutaway drawings of the cars.

What happened when America's richest car company, producing many thousands of cars per year, went head-to-head with Ferrari of Italy in the mid '60s? This is the story of an unstoppable force coming up against the stubbornness of an immovable object – that is, Ford against Ferrari. Enzo Ferrari, whose company produced fewer than four hundred cars per year in 1963, wasn't going to bow to Ford after he had turned down its offer to buy his company. The only place left to duke it out was on the racetracks of the world ... and one in particular: Le Mans '66.

This updated book is divided into three parts, covering the engine's entire production life, the process of stripping and rebuilding an engine, and a comprehensive guide to specifications and production data. Well illustrated with photos & diagrams. CONTENTS Acknowledgements & Introductions PART ONE: Development of the twin-cam PART TWO: Engine Rebuilding PART THREE: Twin-cam data Appendix (A) Lotus Cortina Engines for 1966 (B) Stromberg Analysis for Lotus Cars by E.R.A.

Techniques to help drivers overcome the mental barriers that prevent successful racing.

Zen Driving can make each driving experience enjoyable, whether it's a daily hour-long drive to work, or a ten-minute run to the local Safeway. You may well ask, what is Zen driving? The Japanese word zen literally means meditation, and meditation means being fully aware, fully in touch with your surroundings. When you are in a meditative state, you are in your natural self, your Buddha self—and you can do it while driving. But why Zen driving? The purpose of Zen Driving, the book, is to introduce you to your natural self, which is what remains when you still your mind and ignore your chattering ego. When you do this, you gain confidence in your ability, and finally you are that ability. The frustrations of other drivers cutting you off or causing you to sit through two red lights because they're too timid to make a left turn on yellow will no longer make your blood pressure explode. Zen Driving will teach you to look, simply observe without qualification, and then make your move. Zen driving is effortless, spontaneous, nondeliberate. It is being one with the road. And in turn, driving becomes a pathway to consciousness, an activity that clears the mind and soothes the soul, something to take with you all those other times when you're not behind the wheel.

A lyrical novel of love and betrayal in the aftermath of the fall of Saigon—from the author of *Monkey Bridge* A singular work of witness, inspiration, and courage, *The Lotus and the Storm* marks the welcome return of Lan Cao's pitch-perfect voice, telling the story only she can tell. Four decades after the war, Vietnam's flavors of clove and cinnamon have been re-created by a close-knit refugee community in a Virginia suburb. But the lives of Minh and Mai, father and daughter, are haunted by ghosts, secrets, and the loss of their country. During the disastrous last days in Saigon, in a whirl of military signals and helicopter evacuations, Mai never had a chance to say goodbye to so many people who meant so much to her. What happened to them? How will Mai cope with the trauma of war—and will the *thay phap*, a Vietnamese spirit exorcist, be able to heal her?

Shave lap times or find a faster line through your favorite set of S-curves with professional race driver Ross Bentley as he shows you the quickest line from apex to apex! With tips and commentary from current race drivers, Bentley covers the vital techniques of speed, from visualizing lines to interpreting tire temps to put you in front of the pack. Includes discussion of practice techniques, chassis set-up, and working with your pit chief.

Full-colour throughout, *The Rough Guide to Norfolk & Suffolk* is the ultimate travel guide to two of England's most captivating regions. With 30 years experience and our trademark 'tell it like it is' writing style, Rough Guides cover all the basics with practical, on-the-ground details, as well as unmissable alternatives to the usual must-see sights. At the top of your list and guaranteed to get you value for money, each guide also reviews the best accommodation and restaurants in all price brackets. We know there are times for saving, and times for splashing out. In *The Rough Guide to Norfolk & Suffolk*: - Over 50 colour-coded maps featuring every listing - Area-by-area chapter highlights - Top 5 boxes - Things not to miss section Make the most of your trip with *The Rough Guide to Norfolk & Suffolk*

This latest title in the highly successful *my cool vehicle* series covers the world of open top motoring. Cruising in a convertible car with the top down started out as an American summer tradition and for many drivers around the world there is nothing better than driving down a country lane with the roof down, the wind sweeping your hair and the sun beating on your neck. The book includes a broad mix of cool convertibles, and their owners, from vintage to classic and modern, with eye-catching photography and locations, captured by specialist car photographer Lyndon McNeil. Convertible cars come in all shapes and sizes from compact city cabriolets such as the Talbot Samba to roadsters such as the Lotus Elan Sprint and grand tourers such as the Aston Martin DB6. Every one of them enjoys a sense of open-air freedom and greater involvement in the driving experience. Think sun, wind and speed. In many ways, the convertible car is the ultimate expression of automotive indulgence. A car with a roof is sensible but a car without a roof is sexy, scintillating and, given the chance, most of us would pay through the nose to own one. From the timeless designs of early models (Lagonda, Rolls Royce Phantom II Continental, Frazer Nash BMW and the MG) to the mid century cars (Nash Metropolitan, Land Rover, Bristol and Renault Caravelle) and the retro/modern (Saab 900, Honda S800, Peugeot 304, VW Golf, Mercedes 380SL and Porsche 914), convertibles are among the most popular and desirable of cars. The convertible has gone through extreme highs and lows during more than a century of automotive history, from near ubiquity at the dawn of the car industry to nearly disappearing in the 1970s; and now once again being a highly popular type of car. The cars featured illustrate the highs and the lows of convertible design and show how convertible technology advanced from simple cloth tops

(the 1931 Rolls Royce Phantom II Continental is an early example) to the advanced self-folding roofs of today and many other design features. Some of the most stylish marques are included: the most expensive in the book is the Frazer Nash BMW and the rarest the Fiat 1100 Barchetta.

Performance and racing drivers constantly seek ways to sharpen their skills and lower their lap times. Ultimate Speed Secrets is the indispensable tool to help make you faster, whatever your driving goals. Professional race driver and coach Ross Bentley has raced everything from Indycars to World Sports Cars to production sedans, on ovals, road courses, and street circuits around the world. His proven high-performance driving techniques benefit novice drivers as well as professional racers. Ultimate Speed Secrets covers everything you need to know to maximize your potential and your car: Choosing the correct line Overtaking maneuvers Adapting to new tracks and cars The mental game and dealing with adversity Finding (and keeping) a sponsor. The pages are filled with specially commissioned color diagrams to illustrate the concepts described. Whether you are a track-day novice or a seasoned professional, Ultimate Speed Secrets will arm you with practical information to lower your lap times and help you get the best out of your vehicle—and yourself. It's the ultimate high-performance driving tutorial!

Whether it's kayaking in the serene Lakeland, enjoying a cruise on the Baltic, or taking in the splendour of the Northern Lights in Lapland - Insight Guide Finland helps you get the best out of this outdoor paradise. Inside Insight Guide Finland: A thoroughly overhauled edition by our expert authors. Stunning photography brings this stunning country and its people to life. Highlights of the country's top attractions, such as Helsinki's Jugend architecture and the Lakes region as well as in-depth features on some unmissable Finnish experiences, such as relaxing in a traditional sauna and cycling around the gorgeous land archipelago. Descriptive region-by-region accounts cover the whole country from the cool capital, Helsinki, to Lapland in the far north. Detailed, high-quality maps throughout will help you get around and travel tips give you all the essential information for planning a memorable trip. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure.

Plus: Datalens Drivers For 1.2.3, What's New and Working Together Bonus Pack.

The Lotus Elan was Lotus's definitive roadster. It replaced the elegant but expensive Lotus Elite and was the first car to employ the innovative Lotus steel backbone chassis. The original Elan was produced as a two-seat, open-top sports car and hardtop coupe from 1962 to 1973. The range was extended by the addition of the 2+2-seater Plus 2 from 1967 to 1974. Lotus introduced an all-new front wheel drive Elan in 1989, the M100, which was produced until 1995. Lotus Elan studies the history and development of all the Elans and describes each model in detail. It gives technical details for all models, examines unusual conversions, and includes driving experiences from Elan owners. A complete and readable resource for all Lotus Elan owners and motoring enthusiasts who aspire to own one of these iconic British sports cars. Superbly illustrated with 250 colour photographs. Matthew Vale is a motoring author and passionate Lotus Elan enthusiast.

One of the most recognised and revered car brands, Bentley celebrates its centenary in 2019. In conjunction with the Bentley Drivers Club and the W.O. Bentley Memorial Foundation, 100 Years of Bentley is a lavish celebration of the company, from its earliest models right up to the modern day cars. A six-times winner in the gruelling Le Mans 24-hour race, Bentley is also the brand behind iconic cars such as the 4 1/2-Litre 'Blower', the R-type Continental, and modern classics such as the Continental GT and Mulsanne. Featuring more than 200 pictures, many from the club's archives and some never seen in print before, this beautiful book details the whole history of Bentley. From W.O. Bentley's early days as a railway engineer along with his first attempts at modifying French DFP cars, to the company's early racing exploits, including its victories in the early Le Mans races. Covering the Bentley brand's revival in the 1980s and renewed impetus when it was acquired by the Volkswagen group, the story is brought up to date with the awesome new Bentleys built for the 21st century and the new era of electrification just around the corner.

Conceived by Colin Chapman, the Lotus 72 is one of the most successful Formula 1 cars ever made. This innovative car – with its wedge-shaped profile, side-mounted radiators and inboard front brakes – was driven during 1970 by Jochen Rindt, Formula 1's posthumous World Champion, and also gave Emerson Fittipaldi the World Champion's crown in 1972. Here, in this new Haynes Manual, is a unique perspective on what it takes to restore, maintain and race a Lotus 72, as well as an insight into the design and engineering of this legendary racing car.

In 1965, Colin Chapman persuaded Ford to underwrite development of a V8 for the new 3000cc Grand Prix formula. Built by Cosworth, the new DFV engine won Lotus four World Championship Grands Prix in 1967. A year later, and now available to other constructors, the engine began its domination of Grand Prix racing.

DISCOVER the secrets that will make you a faster and more successful racecar driver with this up-to-date insight into the latest techniques in racing. Professional driver and driving coach Ross Bentley, reveals what it takes to be fast and win races at the highest levels. Chock full of diagrams and concise "speed secrets," Bentley has created an all-new approach to learning and perfecting the ideal line around the racetrack. He teaches you how to turn errors into more speed, left-foot braking techniques, as well as three sure-fire ways to lower your best lap time. Ross Bentley, who is the author of Speed Secrets, Inner Speed Secrets, and Bob Bondurant on Race Kart Driving, was a driver for the winning SRP II team at the Rolex 24 Hour race at Daytona. Ross is a member of Team Seattle, which also took home second place in SRP II. The two Team Seattle cars finished 7th and 8th overall in a field of 44 cars./div

This book, the first in Evro's new Formula 1 Greats series, covers one of the most revered Formula 1 cars ever made. Introduced in 1970, the wedge-shaped Lotus 72 competed for six

seasons, winning 20 World Championship Grands Prix, two Drivers' titles (for Jochen Rindt in 1970 and Emerson Fittipaldi in 1972) and three Constructors' titles (in 1970, 1972 and 1973), racing first in Lotus's evocative red, white and gold livery, then the equally eye-catching black and gold of the John Player Special period. Pete Lyons, Autosport's renowned Formula 1 reporter for part of the Lotus 72 era, explores the car's entire race-by-race career in his insightful commentary accompanying a magnificent array of more than 300 photos. The 1970 season: after troubled early development, the 72 finally took over from the long-serving 49, its four consecutive race wins enough to secure the World Championship for Jochen Rindt, posthumously after his death during practice for the Italian Grand Prix. The 1971 season: with promising youngster Emerson Fittipaldi elevated to team leader after Rindt's death, great things were expected of the 72's second season but it proved to be winless. The 1972 season: now in black and gold John Player livery, the 72 became far more competitive and Fittipaldi's four Grand Prix victories made him World Champion. The 1973 season: Ronnie 'SuperSwede' Peterson joined Fittipaldi to form a dream team and together they won seven races, but because Lotus's spoils were divided between the two drivers Jackie Stewart was able to come through to become World Champion. The 1974 season: still the 72 soldiered on, now as the fall-back car after its successor, the 76, failed to deliver; partnered by Jacky Ickx, Peterson won three Grands Prix. The 1975 season: well beyond its sell-by date, the 72 did a final season but by now it was far from effective, with Ickx's second place in the tragic Spanish Grand Prix its best result.

Essential guide to all the Lotus Esprit models and Bond film cars

Covers the entire Maghreb - Morocco, Algeria, Libya and Tunisia.

Formula One racing is one of the world's most spectacular sports, and The Official BBC Sport Guide: Formula One 2013 is the essential resource for the coming season. It brings F1 fans fully up to speed with detailed examinations of all twelve 2013 teams, all 24 drivers, and all 20 tracks (from the Circuit of the Americas to Monaco and Interlagos). It also reviews the past season and new rule changes. Ninety color photographs, detailed circuit maps, statistics, and a fill-in guide complement Bruce Jones's insightful text

IBM® InfoSphere® Guardium® provides the simplest, most robust solution for data security and data privacy by assuring the integrity of trusted information in your data center. InfoSphere Guardium helps you reduce support costs by automating the entire compliance auditing process across heterogeneous environments. InfoSphere Guardium offers a flexible and scalable solution to support varying customer architecture requirements. This IBM Redbooks® publication provides a guide for deploying the Guardium solutions. This book also provides a roadmap process for implementing an InfoSphere Guardium solution that is based on years of experience and best practices that were collected from various Guardium experts. We describe planning, installation, configuration, monitoring, and administering an InfoSphere Guardium environment. We also describe use cases and how InfoSphere Guardium integrates with other IBM products. The guidance can help you successfully deploy and manage an IBM InfoSphere Guardium system. This book is intended for the system administrators and support staff who are responsible for deploying or supporting an InfoSphere Guardium environment.

An overview of the industry covers the history of computing technology, state of the art hardware, software development, and network communications infrastructures, protocols, and applications.

Supercar Revolution charts the evolution of the battle for performance and supremacy among the world's leading marques, including Ferrari, Lamborghini, Bugatti, Porsche, Aston Martin, and Ford GT. If you want to get to know the ins and outs of the high-budget, near space-age vehicles we call supercars, then you need look no further. Supercar Revolution profiles the designers and engineers who developed these beasts, and includes interviews with the racers and celebrities who drive them. And that's not to mention the fabulous photographs of the supercars themselves you'll find throughout this highly produced volume. Jay Leno, the host of Jay Leno's Garage and one of the best-known automotive collectors and enthusiasts in the world, is also featured in several hilarious and informative commentaries. You'll love his many stories and be informed by his opinions on these incredible cars (many of which he owns). Supercar Revolution conveys the power of automotive aesthetics and performance as they're pushed to their absolute limits like you've never seen before. It is a new benchmark in automotive publishing, and is destined to become a classic history of these incredible marques.

Percy Jackson is a good kid, but he can't seem to focus on his schoolwork or control his temper. And lately, being away at boarding school is only getting worse-Percy could have sworn his pre-algebra teacher turned into a monster and tried to kill him.

The Rough Guide to Norfolk & Suffolk focuses on one of England's most distinctive and resurgent regions. Lively, entertaining accounts cover all attractions, from the stunning coastal resorts and the unique wildlife of the Norfolk Broads to stately homes, medieval churches, and art galleries. Detailed restaurant and pub reviews highlight the area's gastronomic renaissance, and all the best farmers markets, farm shops, and real-ale breweries are included. The guide also has suggestions on the best things to do with the kids, from getting out on the river to visiting theme parks and family attractions. It is easy to use, too, with every attraction, pub, and restaurant located on clear, user-friendly maps. Make the most of your time with The Rough Guide to Norfolk & Suffolk.

Go behind the scenes to explore the history, racing, celebrity fans, and after hours of racing's most glamorous and prestigious round in the F1 championship with The Life Monaco Grand Prix. Monaco sponsored its first race in 1929 and the circuit has been part of the Formula 1 series since 1950. Conducted with the patronage of Monaco's royal family, its beautiful street-circuit has made Monaco the most glamorous setting of any F1 race. But the classic architecture and high-profile spectators belie a course notorious for its complexity and challenges. With no safety barriers until 1969, drivers have twice plunged into the harbor among the spectating yachts. Off the circuit, Monaco is a 24-hour spectacle of expensive boats, high-profile parties, celebrity F1 fans, penthouse spectating, and high-roller lifestyle. From the Monte Carlo casino (integral to numerous James Bond films) to top clubs like Amber Lounge, Jimmy's, and The Black Lounge to F1 racers' luxury homes to the takeoffs and landings of countless private jets, Monaco represents the epitome of the jet-setting lifestyle long associated with the F1 circus. From the first Grand Prix in 1929 to today's star-studded event, The Life Monaco Grand Prix takes the reader on a full lap of this prestigious race.

F1 Mavericks is the story of the grandest, most influential, and most fondly remembered era in Formula 1 racing as seen through the lens of master motorsports photographer, Pete Biro. The

period from 1960 to 1982 saw the greatest technological changes in the history of Formula 1 racing: the transition from front engines to rear engines, narrow-treaded tires, massive racing slicks, zero downforce, and neck-wrenching ground effects—and, of course, a staggering increase in performance and reduction in lap times. In short, the period saw the creation of the modern Formula 1 car. This is also the time when legendary names who defined F1 were out in full force: Jim Clark, Jack Brabham, Dan Gurney, Sir Jackie Stewart, Graham Hill, Niki Lauda, James Hunt, Bruce McLaren, Jody Scheckter. We'll see and meet all of them. But F1 Mavericks also focuses on the designers and engineers behind the cars—men like Colin Chapman, Sir Patrick Head, Maurice Philippe, Franco Rochhi, Gordon Murray, and many others. We'll hear directly from many of them, including a foreword from 1978 F1 World Champion, Mario Andretti. Every chapter is a photographic account of key races throughout the period, supplemented with sidebars featuring key designers and technologies, like wings, ground effects, slick tires, turbochargers, and the Brabham “fan” suction car. F1 Mavericks is an international story, and includes loads of information on designs from Japan (Honda), Britain (McLaren, Tyrrell, Cooper, BRM) Italy (Ferrari, Maserati, Alfa Romeo), France (Matra, Ligier, Renault), Germany (Porsche, BMW) and the United States (Eagle, Shadow, Penske, Parnelli). Strap yourself in for the story of the greatest era in Formula 1 racing—it's all here in F1 Mavericks.

The adrenaline-fueled, high-octane world of Formula One has created some of the greatest moments in sporting history. From the intense rivalries between teams and drivers, such as Alain Prost and Arton Senns and 2015's Rosberg and Hamilton, to the infamous tracks that have created moments of tragedy and triumph -- F1's greatest moments read like a film script. The Cahier Archive has captured the drama from the 1950's to the present day including Lewis Hamilton's 2015 winning season. It is filled with stunning behind-the-scenes shots, from pit stops to personal moments, beautiful portraits of the drivers and atmospheric shots of the racing in action. Structured around three sections: Drivers and Rivalries, Teams and Cars, and Tragedy and Triumph of the Circuits, Formula 1: The Pursuit of Speed captures the intensity and beauty of the sport. Each section is introduced with vivid essays by F1 correspondent Maurice Hamilton, and filled with the Cahier's beautiful and resonating photographs, many unpublished giving a behind-the-scenes look at the world of F1.

Conceived by Colin Chapman, the Lotus 72 is one of the most successful Formula 1 cars ever made. This innovative car - with its wedge-shaped profile, side-mounted radiators and inboard front brakes - was driven during 1970 by Jochen Rindt, Formula 1's posthumous World Champion, and also gave Emerson Fittipaldi the World Champion's crown in 1972. Here, in this new Haynes Manual, is a unique perspective on what it takes to restore, maintain and race a Lotus 72, as well as an insight into the design and engineering of this legendary racing car.

With its solo set-up, more subdued speeds, and endlessly varying events and courses, autocross is the easiest, safest, and least expensive way to get into motorsports. Anyone with a helmet and a car can do it. Of course, it doesn't hurt to have some driving skills, which is where this book comes in. As a veteran racer and professional driving coach, Ross Bentley knows what it takes to compete and to win, and he gives readers the benefit of that knowledge in Speed Secrets 7: Autocross Driving Fundamentals. The first in the Speed Secrets series to address a specific form of racing, this volume focuses on the skills critical to autocross success: car handling and driver skill at high speeds on unique courses. Though slower than other motorsports in absolute terms, autocross, with its high number of turns per minute, can challenge even the most expert driver. Adapting his time-proven method of teaching drivers how to go fast, Bentley clearly details the steps and techniques that help autocross drivers maintain control and dominate a course at speed. Though specific to autocross, and essential to mastering its particular challenges, his advice and instruction in this book will prove invaluable to drivers who go on to road racing as well.

The Rough Guide to Norfolk & Suffolk Make the most of your time on Earth with the ultimate travel guides. World-renowned 'tell it like it is' travel guide. Discover Norfolk and Suffolk with this comprehensive and entertaining travel guide, packed with practical information and honest recommendations by our independent experts. Whether you plan to sail on the Norfolk Broads, explore Constable Country or go seal-spotting on Blakeney Point, The Rough Guide to Norfolk and Suffolk will help you discover the best places to explore, eat, drink, shop and sleep along the way. Features of this travel guide to Norfolk and Suffolk: - Detailed regional coverage: provides practical information for every kind of trip, from off-the-beaten-track adventures to chilled-out breaks in popular tourist areas - Honest and independent reviews: written with Rough Guides' trademark blend of humour, honesty and expertise, our writers will help you make the most from your trip to Norfolk and Suffolk - Meticulous mapping: practical full-colour maps, with clearly numbered, colour-coded keys. Find your way around Norwich, Bury St Edmunds and many more locations without needing to get online - Fabulous full-colour photography: features inspirational colour photography, including Wells-next-the-Sea and Thetford Forest - Time-saving itineraries: carefully planned routes will help inspire and inform your on-the-road experiences - Things not to miss: Rough Guides' rundown of Norfolk and Suffolk's best sights and top experiences - Travel tips and info: packed with essential pre-departure information including getting around, accommodation, food and drink, health, the media, festivals, sports and outdoor activities, culture and etiquette, shopping and more - Background information: comprehensive 'Contexts' chapter provides fascinating insights into Norfolk and Suffolk, with coverage of history, religion, ethnic groups, environment, wildlife and books, plus a handy language section and glossary - Covers: Norwich; The Broads and northeast Norfolk; The north Norfolk coast; King's Lynn and the Fens; Central and south Norfolk; Ipswich and Felixstowe; The Suffolk coast; Inland Suffolk You may also be interested in: The Rough Guide to Kent, Sussex and Surrey, The Rough Guide to Bath, Bristol and Somerset About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy 'tell it like it is' ethos, the Rough Guides list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

Enlarged re-issue of Autobooks manual with maintenance, overhaul, instructions and technical data for all components. Covers all Elan models 1962-74 and has a new chapter on history. This easy to use guide helps you to prepare for your European trip, and check the information you require on the road. With unrivalled coverage, it provides the key facts you need to drive in 50 countries across Europe – as well as general advice to help you deal with the unexpected, no matter where you are!

My Greatest Defeat is a collection of honest and revealing insights into 20 of the greatest living racing drivers, legends of the worlds of Formula 1, Indycar, NASCAR, Le Mans and Rally. Interviews conducted specially for this book are with (in alphabetical order) Mario Andretti, Derek Bell, Emerson Fittipaldi, Dario Franchitti, Jeff Gordon, Mika Häkkinen, Damon Hill, Jimmie Johnson, Tom Kristensen, Niki Lauda, Sebastien Loeb, Felipe Massa, Rick Mears, Emanuele Pirro, Alain Prost, Carlos Sainz, Jackie Stewart, Bobby Unser, Ari Vatanen and Alex Zanardi. Here are five highlights... Dario Franchitti — The Indycar champion talks of the deaths of the friends that book-ended his career in racing, the heartbreak that each caused and the aftermath of

accidents that affected the physical functioning of his brain. Jeff Gordon — One of the all-time NASCAR greats, he looks back on his many championships, admitting that today he cannot view a single one with anything but regret as family relationships were soured and stretched to breaking point. Jimmie Johnson — One of the greatest stock car drivers in history, Johnson was at one time considered a reckless outcast. He reflects on the little-known crash that almost killed him and changed his mindset forever. Niki Lauda — A racer who needs no introduction, Niki Lauda discusses the loss of one of his aircraft over Thailand in which all on board were killed; for eight months he fought to clear the name of his pilots and change aircraft safety forever. Alex Zanardi — In a deep and revealing conversation, the Paralympic gold medalist, who lost both legs in an Indycar accident, discusses how we decipher between our passion and our ambition and how childhood dreams affect our adult decisions. Striking portrait artworks come from a revered artist in modern comic book design, Giuseppe 'Cammo' Camuncoli, who is renowned for the dark, brooding style that has seen him become a staple in the Vertigo, DC and Marvel stables.

Ross Bentley. Race teams have discovered great benefits can be derived from "tuning" their driver to perform at his/her full potential. Thus, this book is for everyone who works with a driver: engineers, crew chiefs, team owners, mechanics, and the driver's parents. This unique book instructs the driver's support team how to prepare and communicate with the driver so the driver delivers the best performance in races, practice sessions, and off-track team functions. Written by veteran racer and driving coach Ross Bentley, this book helps the driver's support team devise effective approaches to "tuning" their driver. It will help them identify techniques that do and don't work with their specific driver. The result should be better communication and a driver who is "tuned" for success.

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