

## Lying On The Couch

'A story with great heart, and wisdom, which shows the healing power of true friendship' Ele Fountain, author of *Boy 87*. Written with humour and heart, *Sofa Surfer* looks at what it means to be homeless. Malcolm Duffy's debut novel *Me Mam. Me Dad. Me.*, about domestic violence, won the YA category of the Sheffield Children's Book Award 2019, the Redbridge Children's Book Award 2019, was shortlisted for the Waterstones Children's Prize 2019 and selected for World Book Night. 15-year-old Tyler's teenage angst turns to outright rebellion when his family leave London for a new life in Yorkshire. He's angry with his parents about the upheaval and furious at losing his home. With only the dog to confide in, Tyler has no idea that a chance meeting with a skinny girl called Spider will lead him into a world he never even knew existed. Spider is sofa surfing and Tyler finds himself spinning a tangled web of lies in his efforts to help her escape her world of fear and insecurity. *Sofa Surfer* shows how empathy and action can help those without a home to go to. As with his widely praised debut *Me Mam. Me Dad. Me.*, Malcolm Duffy finds humour and heart even in dire situations. Relevant, warm and rewarding *Sofa Surfer* is about what happens when going home isn't an option.

Lying On The Couch A Novel Basic Books

"Something heavy is going on ... the past is erupting ... my two lives, night and day, are joining. I need to talk." Irv Yalom's old medical school friend was making a plea for help. In their fifty years of friendship, Bob Berger had never divulged his nocturnal terrors to his close comrade. Now, finally, he found himself forced to. In *I'm Calling the Police*, Berger recounts to Yalom the anguish of a war-torn past: By pretending he was a Christian, Berger survived the Holocaust. But after a life defined by expiation and repression, a dangerous encounter has jarred loose the painful memory of those years.

Together, they interpret the fragments of the horrific past that haunt his dreams. *I'm Calling the Police* is a powerful exploration of Yalom's most vital themes--memory, fear, love, and healing--and a glimpse into the life of the man himself. If Ridley Jones had slept ten minutes later or had taken the subway instead of waiting for a cab, she would still be living the beautiful lie she used to call her life. She would still be the privileged daughter of a doting father and a loving mother. Her life would still be perfect—with only the tiny cracks of an angry junkie for a brother and a charming drunk with shady underworld connections for an uncle to mar the otherwise flawless whole. But that's not what happened. Instead, those inconsequential decisions lead her to perform a good deed that puts her in the right place at the right time to unleash a chain of events that brings a mysterious package to her door—a package which informs her that her entire world is a lie. Suddenly forced to question everything she knows about herself and her family, Ridley wanders into dark territory she never knew existed, where everyone in her life seems like a stranger. She has no idea who's on her side and who has something to hide—even, and maybe especially, her new lover, Jake, who appears to have secrets of his own. Sexy and fast-paced, *Beautiful Lies* is a true literary thriller with one of the freshest voices and heroines to arrive in years. Lisa Unger takes us on a breathtaking ride in which every choice Ridley makes creates a whirlwind of consequences that are impossible to imagine . . . .

A continuation of the memoir "A Girl Named Zippy" follows the story of her mother, Delonda, who reinvents her life by returning to college and losing fifty pounds, while Zippy continues to work out the dynamic of their nuclear family.

Set in the world of the New York Times–bestselling Winner's Trilogy, Marie Rutkoski's *The Midnight Lie* is an epic LGBTQ romantic fantasy about learning to free ourselves from the lies others tell us—and the lies we tell ourselves.

Where Nirrim lives, crime abounds, a harsh tribunal rules, and society's pleasures are reserved for the High Kith. Life in the Ward is grim and punishing. People of her low status are forbidden from sampling sweets or wearing colors. You either follow the rules, or pay a tithe and suffer the consequences. Nirrim keeps her head down, and a dangerous secret close to her chest. But then she encounters Sid, a rakish traveler from far away, who whispers rumors that the High Kith possess magic. Sid tempts Nirrim to seek that magic for herself. But to do that, Nirrim must surrender her old life. She must place her trust in this sly stranger who asks, above all, not to be trusted.

This book offers a rich philosophical and historical perspective on the mechanics, moral dilemmas, and rippling implications of psychoanalysis. Original, witty, incisive, these essays provide a new understanding of the uses and abuses and the ultimate significance of truth telling and lying, trust and confidence as they operate in psychoanalysis

"When a girl is found dead at her elite boarding school, soccer-star Kay Donovan follows a scavenger hunt which implicates suspects increasingly close to her, unraveling her group of popular friends and perfectly constructed life"--*Love's Executioner* offers us the humane and extraordinary insight of renowned psychiatrist Irvin D. Yalom into the lives of ten of his patients - and through them into the minds of us all Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos's macho fantasies help him deal with terminal cancer? In this engrossing book, Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Deep down, all of them were suffering from the basic human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that none of us can escape completely. And yet, as the case histories make touchingly clear, it is only by facing such anxieties head on that we can hope to come to terms with them and develop. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'Dr Yalom demonstrates once again that in the right hands, the stuff of therapy has the interest of the richest and most inventive fiction' Eva Hoffman, *New York Times* 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable' Maggie Scarf 'Love's Executioner is one of those rare books that suggests both the mystery and the poetry of the psychotherapeutic process. The best therapists are at least partly poets. With this riveting and beautifully written book, Irvin Yalom has joined their ranks' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy' *Sunday Telegraph* 'Dr Yalom is unusually honest, both with his

patients and about himself' Anthony Storr 'Yalom is a gifted storyteller, and from the sound of these tales, a no-less-gifted psychotherapist' Los Angeles Times

A successful sitcom writer with plenty of money, a stable marriage, a platonic mistress and a flash car, Laurence 'Tubby' Passmore has more reason than most to be happy. Yet neither physiotherapy nor aromatherapy, cognitive-behaviour therapy or acupuncture can cure his puzzling knee pain or his equally inexplicable mid-life angst. As Tubby's life fragments under the weight of his self-obsession, he embarks - via Kierkegaard, strange beds from Rummidge to Tenerife to Beverly Hills, a fit of literary integrity and memories of his 1950s South London boyhood - on a picaresque quest for his lost contentment.

How the couch became an icon of self-knowledge and self-reflection as well as a site for pleasure, transgression, and healing. The peculiar arrangement of the psychoanalyst's office for an analytic session seems inexplicable. The analyst sits in a chair out of sight while the patient lies on a couch facing away. It has been this way since Freud, although, as Nathan Kravis points out in *On the Couch*, this practice is grounded more in the cultural history of reclining posture than in empirical research. Kravis, himself a practicing psychoanalyst, shows that the tradition of recumbent speech wasn't dreamed up by Freud but can be traced back to ancient Greece, where guests reclined on couches at the symposium (a gathering for upper-class males to discuss philosophy and drink wine), and to the Roman convivium (a banquet at which men and women reclined together). From bed to bench to settee to chaise-longue to sofa: Kravis tells how the couch became an icon of self-knowledge and self-reflection as well as a site for pleasure, privacy, transgression, and healing. Kravis draws on sources that range from ancient funerary monuments to furniture history to early photography, as well as histories of medicine, fashion, and interior decoration, and he deploys an astonishing array of images—of paintings, monuments, sculpture, photographs, illustrations, New Yorker cartoons, and advertisements. Kravis deftly shows that, despite the ambivalence of today's psychoanalysts—some of whom regard it as “infantilizing”—the couch continues to be the emblem of a narrative of self-discovery. Recumbent speech represents the affirmation in the presence of another of having a mind of one's own.

In this latest installment of the beloved and best-selling No. 1 Ladies' Detective Agency series, Precious Ramotswe finds herself running for office—much to her dismay. When Mma Potokwane suggests to Mma Ramotswe that she run for a seat on the Gaborone City Council, Mma Ramotswe is at first reluctant. But when she learns that developers plan to build the flashy Big Fun Hotel next to a graveyard, she allows herself to be persuaded. Her opponent is none other than Mma Makutsi's old nemesis, Violet Sephotho, who is in the pocket of the hotel developers. Although Violet is intent on using every trick in the book to secure her election, Mma Ramotswe refuses to guarantee anything beyond what she can deliver; hence her slogan: “I can't promise anything—but I shall do my best.” Meanwhile, Mma Ramotswe has acquired a new client: one of her late father's old friends, who was the victim of a hit-and-run accident. Charlie volunteers to be the lead investigator in the case to prove he's ready to be more than an apprentice, as well as to impress a new girlfriend. With Charlie's inquiries landing him in hot water and Election Day fast approaching, Mma Ramotswe will have to call upon her good humor and generosity of spirit to help the community navigate these thorny issues, and to prove that honesty and compassion will always carry the day.

'A gem' - The Evening Standard 'Pure book joy. Deep thinking made digestible & doled up with lashings of wit'

Bernardine Evaristo on Twitter 'So smart and interesting!' Fearne Cotton on Instagram

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Ever wanted to know what really happens in a therapist's consultation room? Bestselling author Philippa Perry (*The Book You Wish Your Parents Had Read*) turns her keen insights to the power of therapy. This compelling study of psychotherapy in the form of a graphic novel vividly explores a year's therapy sessions as a search for understanding and truth. Beautifully illustrated by Flo Perry, author of *How to Have Feminist Sex*, and accompanied by succinct and illuminating footnotes, this book offers a witty and thought-provoking exploration of the therapeutic journey, considering a range of skills, insights and techniques along the way.

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'I loved it. I smiled and laughed. And nodded. One to read' Susie Orbach, author of *In Therapy* '(Full of) wit and good sense (...) Philippa is a tonic' Rachel Cooke, Observer

All the secrets of the Bayview Four will be revealed in the TV series soon to be streaming on NBC's Peacock! THE #1 NEW YORK TIMES BESTSELLER - NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY ENTERTAINMENT WEEKLY - BUZZFEED - POPCRUSH "Pretty Little Liars meets The Breakfast Club" (Entertainment Weekly) in this addictive mystery about what happens when five strangers walk into detention and only four walk out alive. Pay close attention and you might solve this. On Monday afternoon, five students at Bayview High walk into detention. Bronwyn, the brain, is Yale-bound and never breaks a rule. Addy, the beauty, is the picture-perfect homecoming princess. Nate, the criminal, is already on probation for dealing. Cooper, the athlete, is the all-star baseball pitcher. And Simon, the outcast, is the creator of Bayview High's notorious gossip app. Only, Simon never makes it out of that classroom. Before the end of detention Simon's dead. And according to investigators, his death wasn't an accident. On Monday, he died. But on Tuesday, he'd planned to post juicy reveals about all four of his high-profile classmates, which makes all four of them suspects in his murder. Or are they the perfect patsies for a killer who's still on the loose? Everyone has secrets, right? What really matters is how far you would go to protect them. And don't miss the #1 New York Times bestselling sequel, *One of Us is Next!*

Named a Most Anticipated book by O Magazine \* GMA \* Elle \* Marie Claire \* Good Housekeeping \* NBC News \* Shondaland \* Chicago Tribune \* Woman's Day \* Refinery 29 \* Bustle \* The Millions \* New York Post \* Parade \* Hello! Magazine \* PopSugar \* and more! "The Kindest Lie is a deep dive into how we define family, what it means to be a

mother, and what it means to grow up Black...beautifully crafted.” —JODI PICOULT "A fantastic story...well-written, timely, and oh-so-memorable."—Good Morning America "The Kindest Lie is a layered, complex exploration of race and class." —The Washington Post A promise could betray you. It's 2008, and the inauguration of President Barack Obama ushers in a new kind of hope. In Chicago, Ruth Tuttle, an Ivy-League educated Black engineer, is married to a kind and successful man. He's eager to start a family, but Ruth is uncertain. She has never gotten over the baby she gave birth to—and was forced to leave behind—when she was a teenager. She had promised her family she'd never look back, but Ruth knows that to move forward, she must make peace with the past. Returning home, Ruth discovers the Indiana factory town of her youth is plagued by unemployment, racism, and despair. As she begins digging into the past, she unexpectedly befriends Midnight, a young white boy who is also adrift and looking for connection. Just as Ruth is about to uncover a burning secret her family desperately wants to keep hidden, a traumatic incident strains the town's already searing racial tensions, sending Ruth and Midnight on a collision course that could upend both their lives. Powerful and revealing, *The Kindest Lie* captures the heartbreaking divide between Black and white communities and offers both an unflinching view of motherhood in contemporary America and the never-ending quest to achieve the American Dream. From the New York Times bestselling author of the "twisty-mystery" (Vulture) novel *In a Dark, Dark Wood*, *The Woman in Cabin 10*, and *The Turn of the Key* comes Ruth Ware's *The Lying Game*. Isa Wilde knows something terrible has happened when she receives a text from an old friend. Why would Kate summon her and their two friends to the seaside town where they briefly attended the Salten House boarding school together seventeen years ago? The four friends had quickly bonded over the *Lying Game*—a risky contest that involved tricking fellow boarders and faculty with their lies. Now reunited, Isa, Kate, Thea, and Fatima discover that their past lies had far-reaching effects and criminal implications that threaten them all. In order to protect their reputations, and their friendship, they must uncover the truth about what really happened all those years ago. Atmospheric and twisty, with just the right amount of chill, *The Lying Game* will have readers at the edge of their seats, not knowing who can be trusted in this tangled web of lies.

Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir *Irvin D. Yalom* has made a career of investigating the lives of others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

A year-long journey by the renowned psychiatrist and his writer wife after her terminal diagnosis, as they reflect on how to love and live without regret. Internationally acclaimed psychiatrist and author Irvin Yalom devoted his career to counseling those suffering from anxiety and grief. But never had he faced the need to counsel himself until his wife, esteemed feminist author Marilyn Yalom, was diagnosed with cancer. In *A Matter of Death and Life*, Marilyn and Irv share how they took on profound new struggles: Marilyn to die a good death, Irv to live on without her. In alternating accounts of their last months together and Irv's first months alone, they offer us a rare window into facing mortality and coping with the loss of one's beloved. The Yaloms had numerous blessings—a loving family, a Palo Alto home under a magnificent valley oak, a large circle of friends, avid readers around the world, and a long, fulfilling marriage—but they faced death as we all do. With the wisdom of those who have thought deeply, and the familiar warmth of teenage sweethearts who've grown up together, they investigate universal questions of intimacy, love, and grief. Informed by two lifetimes of experience, *A Matter of Death and Life* is an openhearted offering to anyone seeking support, solace, and a meaningful life.

Everyone in Gardiners Bay has a secret. When Jenna Dallas and Adam Cole find Colleen O'Dell's body floating off the shore of their coastal town, the community of Gardiners Bay is shaken. But even more shocking is the fact that her drowning was no accident. Once Jenna's best friend becomes a key suspect, Jenna starts to look for answers on her own. As she uncovers scandals inside Preston Prep School leading back to Rookwood reform school, she knows she needs Adam on her side. As a student at Rookwood, Adam is used to getting judgmental looks, but now his friends are being investigated by the police. Adam will do whatever he can to keep them safe, even if that means trusting Jenna. As lies unravel, the truth starts to blur. Only one thing is certain: somebody must take the fall.

The best-selling workbook and grammar guide, revised and updated! Hailed as one of the best books around for teaching grammar, *The Blue Book of Grammar and Punctuation* includes easy-to-understand rules, abundant examples, dozens of reproducible exercises, and pre- and post-tests to help teach grammar to middle and high schoolers, college students, ESL students, homeschoolers, and more. This concise, entertaining workbook makes learning English grammar and usage simple and fun. This updated Twelfth Edition reflects the latest updates to English usage and grammar and features a two-color design and lay-flat binding for easy photocopying. Clear and concise, with easy-to-follow explanations, offering "just the facts" on English grammar, punctuation, and usage Fully updated to reflect the latest rules, along with quizzes and pre- and post-tests to help teach grammar Ideal for students from seventh grade through adulthood in the US and abroad For anyone who wants to understand the major rules and subtle guidelines of English grammar and usage, *The Blue Book of Grammar and Punctuation* offers comprehensive, straightforward instruction.

Travis Maddox, Eastern University's playboy, makes a bet with good girl Abby that if he loses, he will remain abstinent for a month, but if he wins, Abby must live in his apartment for the same amount of time.

A story of drug and alcohol abuse and rehabilitation as it has never been told before. Recounted in visceral, kinetic prose, and crafted with a forthrightness that rejects piety, cynicism, and self-pity, it brings us face-to-face with a provocative new understanding of the nature of addiction and the meaning of recovery. By the time he entered a drug and alcohol treatment facility, James Frey had taken his addictions to near-deadly extremes. He had so thoroughly ravaged his body that the facility's doctors were shocked he was still alive. The ensuing torments of detoxification and withdrawal, and the never-ending urge to use chemicals, are captured with a vitality and directness that recalls the seminal eye-opening power of William Burroughs's *Junky*. But *A Million Little Pieces* refuses to fit any mold of drug literature. Inside the clinic, James is surrounded by patients as troubled as he is -- including a judge, a mobster, a one-time world-champion boxer, and a fragile former prostitute to whom he is not allowed to speak ó but their friendship and advice strikes James as stronger and truer than the clinic's droning dogma of *How to Recover*. James refuses to consider himself a victim of anything but his own bad decisions, and insists on accepting sole accountability for the person he has been and the person he may become--which runs directly counter to his counselors' recipes for recovery. James has to fight to find his own way to confront the consequences of the life he has lived so far, and to determine what future, if any, he holds. It is this fight, told with the charismatic energy and power of *One Flew over the Cuckoo's Nest*, that is at the heart of *A Million Little Pieces*: the fight between one young man's will and the ever-tempting chemical trip to oblivion, the fight to survive on his own terms, for reasons close to his own heart. *A Million Little Pieces* is an uncommonly genuine account of a life destroyed and a life

reconstructed. It is also the introduction of a bold and talented literary voice.

The "must-read YA thriller" (Bustle) from #1 New York Times bestselling author of *One of Us Is Lying* about a small town with deadly secrets. "When it comes to YA suspense, Karen M. McManus is in a league of her own..." --Entertainment Weekly *Echo Ridge* is small-town America. Ellery's never been there, but she's heard all about it. Her aunt went missing there at age seventeen. And only five years ago, a homecoming queen put the town on the map when she was killed. Now Ellery has to move there to live with a grandmother she barely knows. The town is picture-perfect, but it's hiding secrets. And before school even begins for Ellery, someone has declared open season on homecoming, promising to make it as dangerous as it was five years ago. Then, almost as if to prove it, another girl goes missing. Ellery knows all about secrets. Her mother has them; her grandmother does too. And the longer she's in *Echo Ridge*, the clearer it becomes that everyone there is hiding something. The thing is, secrets are dangerous--and most people aren't good at keeping them. Which is why in *Echo Ridge*, it's safest to keep your secrets to yourself. Fans of the hit thriller that started it all can watch the secrets of the Bayview Four be revealed in the *One of Us is Lying* TV series now streaming on NBC's Peacock!

A haunting portrait of Arthur Rosenberg, one of Nazism's chief architects, and his obsession with one of history's most influential Jewish thinkers In *The Spinoza Problem*, Irvin Yalom spins fact and fiction into an unforgettable psycho-philosophical drama. Yalom tells the story of the seventeenth-century thinker Baruch Spinoza, whose philosophy led to his own excommunication from the Jewish community, alongside that of the rise and fall of the Nazi ideologue Alfred Rosenberg, who two hundred years later during World War II ordered his task force to plunder Spinoza's ancient library in an effort to deal with the Nazis' "Spinoza Problem." Seamlessly alternating between Golden Age Amsterdam and Nazi Germany, Yalom investigates the inner lives of these two enigmatic men in a tale of influence and anxiety, the origins of good and evil, and the philosophy of freedom and the tyranny of terror.

In nineteenth-century Vienna, a drama of love, fate, and will is played out amid the intellectual ferment that defined the era. Josef Breuer, one of the founding fathers of psychoanalysis, is at the height of his career. Friedrich Nietzsche, Europe's greatest philosopher, is on the brink of suicidal despair, unable to find a cure for the headaches and other ailments that plague him. When he agrees to treat Nietzsche with his experimental "talking cure," Breuer never expects that he too will find solace in their sessions. Only through facing his own inner demons can the gifted healer begin to help his patient. In *When Nietzsche Wept*, Irvin Yalom blends fact and fiction, atmosphere and suspense, to unfold an unforgettable story about the redemptive power of friendship.

In this acclaimed volume, authors Glen O. Gabbard, M.D., and Eva P. Lester, M.D., shed light on the many controversies surrounding boundary issues and equip readers with strategies for recognizing and dealing with boundary problems on the part of clinicians and patients. From the bestselling author of *Love's Executioner* and *When Nietzsche Wept* comes a provocative exploration of the unusual relationships three therapists form with their patients. Seymour is a therapist of the old school who blurs the boundary of sexual propriety with one of his clients. Marshal, who is haunted by his own obsessive-compulsive behaviors, is troubled by the role money plays in his dealings with his patients. Finally, there is Ernest Lash. Driven by his sincere desire to help and his faith in psychoanalysis, he invents a radically new approach to therapy -- a totally open and honest relationship with a patient that threatens to have devastating results. Exposing the many lies that are told on and off the psychoanalyst's couch, *Lying on the Couch* gives readers a tantalizing, almost illicit, glimpse at what their therapists might really be thinking during their sessions. Fascinating, engrossing and relentlessly intelligent, it ultimately moves readers with a denouement of surprising humanity and redemptive faith.

In a YA thriller that is *Crazy Rich Asians* meets *One of Us is Lying*, students at an elite prep school are forced to confront their secrets when their ex-best friend turns up dead. Nancy Luo is shocked when her former best friend, Jamie Ruan, top-ranked junior at Sinclair Prep, goes missing, and then is found dead. Nancy is even more shocked when word starts to spread that she and her friends--Krystal, Akil, and Alexander--are the prime suspects, thanks to "the Proctor," someone anonymously incriminating them via the school's social media app. They all used to be Jamie's closest friends, and she knew each of their deepest, darkest secrets. Now, somehow the Proctor knows them, too. The four must uncover the true killer before The Proctor exposes more than they can bear and costs them more than they can afford, like Nancy's full scholarship. Soon, Nancy suspects that her friends may be keeping secrets from her, too. Katie Zhao's YA debut is an edge-of-your-seat drama set in the pressure-cooker world of academics and image at Sinclair Prep, where the past threatens the future these teens have carefully crafted for themselves. *How We Fall Apart* is the irresistible, addicting, Asian-American recast of *Gossip Girl* that we've all been waiting for.

Need a break . . . now? *Horizontal Parenting* offers 50 hilarious and effective activities designed to entertain kids while you lie down. Children are exhausting! In the marathon of modern parenting, everyone needs a break—just 10 precious minutes to rest your body and tune out the chaos. Enter *Horizontal Parenting*, the super-simple parenting hack for everyone, everywhere. With creative and practical advice for overworked parents and caretakers who "just need a minute," this book includes 50 fun, effective, and hilarious games to play with toddlers and children while lying down. Activities include: • What's on My Butt • Hide and Seek-ish • Don't Wake the Giant • Railroad to Relaxation • And many more! Relax and let your little ones release some energy while you catch your breath (and maybe a few even a few z's). All you need is a comfortable surface, a few household items, and your child's imagination, and you too can master the sanity-saving art of horizontal parenting. • 50 activities to keep your kids engaged and keep you lying down • Entertaining ideas for children and toddlers • No endless supply lists, screens, or batteries needed • Perfect for long days at home • Great gift for new (or seasoned!) parents Perfect for: parents, grandparents, aunts, uncles, and caretakers of kids ages 2+

*Tales from the Couch* is collection of actual case studies and a primer on psychopathology, as well as a captivating reflection on the human condition. Drawn from Dr. Bob Wendorf's thirty-six-year career years as a clinical psychologist, the book examines the lives of some of his most troubled patients, in a project that aims to both educate and fascinate the reader. Clinical syndromes are described and dramatized by real-life case examples (altered only as necessary to protect patient confidentiality). Each of the sixteen chapters focuses on a particular psychiatric diagnosis, including Multiple Personality Disorder, Asperger's, and ADD. The clinical picture and symptoms are described and explained, then brought to life by case examples taken from the author's practice. Dr. Wendorf presents the cases as a series of narratives—some dramatic, some humorous, most quite poignant. Along the way, the author offers his own reactions to the people and events described here and application to the general human condition as well. *Tales from the Couch* offers compelling stories of extraordinary people, clinical conditions, and events—both in and out of the therapy hour—while providing insights into the nature of human beings, mental illness, and the psychotherapeutic enterprise.

#1 NEW YORK TIMES BESTSELLER • The highly anticipated sequel to *One of Us Is Lying*! There's a new mystery to solve at Bayview High, and there's a whole new set of rules. Fans of the hit thriller that started it all can watch the secrets of the Bayview Four be revealed in the *One of Us is Lying* TV series now streaming on NBC's Peacock! Come on, Bayview, you know you've missed this. A ton of copycat gossip apps have popped up since Simon died, but in the year since the Bayview four were cleared of his shocking death, no one's been able to fill the gossip void quite like he could. The problem is no one has the facts. Until now. This time it's not an app, though—it's a game. Truth or Dare. Phoebe's the first target. If you choose not to play, it's a truth. And hers is dark. Then comes Maeve and she should know better—always choose the dare. But by the time Knox is about to be tagged, things have gotten dangerous. The dares have become deadly, and if Maeve learned anything from Bronwyn last year, it's that they can't count on the police for help. Or protection. Simon's gone, but someone's determined to keep his legacy at Bayview High alive. And the rules have changed. "Few craft teen suspense like McManus."

--Entertainment Weekly "A thriller from one of the best writers in the YA mystery genre, *One of Us Is Next* delivers more shocking surprises and twists you won't see coming." --PASTE

As the public grows disillusioned with therapeutic quick fixes, people are looking for a deeper psychotherapeutic experience to make life more meaningful and satisfying. What really happens in therapy? What promises and perils does it hold for them? No one writes about therapy - or indeed the dilemmas of the human condition - with more acuity, style, and heart than Irvin Yalom. Here he combines the storytelling skills so widely praised in *Love's Executioner* with the wisdom of the compassionate and fully engaged psychotherapist. In these six compelling tales of therapy, Yalom introduces us to an unforgettable cast of characters: Paula, who faces death and stares it down; Magnolia, into whose ample lap Yalom longs to pour his own sorrows; Irene, who learns to seek out anger and plunge into it. And there's Momma, old-fashioned, ill-tempered, who drifts into Yalom's dreams and tramples through his thoughts. At once wildly entertaining and deeply thoughtful, *Momma and the Meaning of Life* is a work of rare insight and imagination.

This book provides a look at philosophical practice from the viewpoint of the practitioner or prospective practitioner. It answers the questions: What is philosophical practice? What are its aims and methods? How does philosophical counseling differ from psychological counseling and other forms of psychotherapy. How are philosophical practitioners educated and trained? How do philosophical practitioners relate to other professions? What are the politics of philosophical practice? How does one become a practitioner? What is APPA Certification? What are the prospects for philosophical practice in the USA and elsewhere? *Handbook of Philosophical Practice* provides an account of philosophy's current renaissance as a discipline of applied practice while critiquing the historical, social, and cultural forces which have contributed to its earlier descent into obscurity.

NEW YORK TIMES BESTSELLER • The "compassionate" (*People*), "startling" (*Baltimore Sun*), "moving" (*Chicago Tribune*) true story of two kids with the same name from the city: One went on to be a Rhodes Scholar, decorated combat veteran, White House Fellow, and business leader. The other is serving a life sentence in prison. In development as a feature film executive produced by Stephen Curry, who selected the book as his "Underrated" Book Club Pick with Literati The chilling truth is that his story could have been mine. The tragedy is that my story could have been his. In December 2000, the *Baltimore Sun* ran a small piece about Wes Moore, a local student who had just received a Rhodes Scholarship. The same paper also ran a series of articles about four young men who had allegedly killed a police officer in a spectacularly botched armed robbery. The police were still hunting for two of the suspects who had gone on the lam, a pair of brothers. One was named Wes Moore. Wes just couldn't shake off the unsettling coincidence, or the inkling that the two shared much more than space in the same newspaper. After following the story of the robbery, the manhunt, and the trial to its conclusion, he wrote a letter to the other Wes, now a convicted murderer serving a life sentence without the possibility of parole. His letter tentatively asked the questions that had been haunting him: Who are you? How did this happen? That letter led to a correspondence and relationship that have lasted for several years. Over dozens of letters and prison visits, Wes discovered that the other Wes had had a life not unlike his own: Both had had difficult childhoods, both were fatherless; they'd hung out on similar corners with similar crews, and both had run into trouble with the police. At each stage of their young lives they had come across similar moments of decision, yet their choices would lead them to astonishingly different destinies. Told in alternating dramatic narratives that take readers from heart-wrenching losses to moments of surprising redemption, *The Other Wes Moore* tells the story of a generation of boys trying to find their way in a hostile world. BONUS: This edition contains a new afterword and a *The Other Wes Moore* discussion guide.

Sky's small town turns absolutely claustrophobic when his secret promposal plans get leaked to the entire school in this witty, heartfelt, and ultimately hopeful debut novel for fans of *What if it's Us?* and *I Wish You All the Best*. Sky Baker may be openly gay, but in his small, insular town, making sure he was invisible has always been easier than being himself. Determined not to let anything ruin his senior year, Sky decides to make a splash at his high school's annual beach bum party by asking his crush, Ali, to prom—and he has thirty days to do it. What better way to start living loud and proud than by pulling off the gayest promposal Rock Ledge, Michigan, has ever seen? Then, Sky's plans are leaked by an anonymous hacker in a deeply homophobic e-blast that quickly goes viral. He's fully prepared to drop out and skip town altogether—until his classmates give him a reason to fight back by turning his thirty-day promposal countdown into a school-wide hunt to expose the e-blast perpetrator. But what happens at the end of the thirty days? Will Sky get to keep his hard-won visibility? Or will his small-town blues stop him from being his true self?

"A great public service--critical for our time." --Bandy X. Lee, M.D., M.Div., Yale psychiatrist, expert on violence, and editor of *The Dangerous Case of Donald Trump* The New York Times bestselling author of *Bush on the Couch* shows that Donald Trump is mentally and emotionally unfit to execute the duties of President. No president in the history of the United States has inspired more alarm and confusion than Donald Trump. As questions and concerns about his decisions, behavior, and qualifications for office have multiplied, they point to one primary question: Does he pose a genuine threat to our country? The American Psychiatric Association's Goldwater Rule constrains psychiatrists from offering diagnoses on public figures who are not patients and who have not endorsed such statements. But in *Trump on the Couch* Clinical Professor of Psychiatry Justin A Frank invokes the moral responsibility that compels him to speak out and present a full portrait of a man who presents us with a clear and present danger. Using observations gained from a close study of Trump's patterns of thought, action, and communication, Dr. Frank uncovers a personality riddled with mental health issues. His analysis is filled with important revelations about our nation's leader, including disturbing insights into his childhood, his family, his business dealings, and his unusual relationship with alternative facts, including how • The absence of a strong maternal force during childhood has led to Trump's remarkable lack of empathy and disregard for women's boundaries; • His compulsion to polarize America has grown out of the way he perceives the world as full of deceitful and destructive persecutors; • His inability to tolerate the pain of frustration has triggered his belief that omnipotence will finally remove it; • His idiosyncratic use of language points to larger issues than even his tweets might suggest. With our country itself at stake, Dr. Frank calls attention to the underlying narcissism, misogyny, deception, and racism that drive the President who endangers it. A penetrating examination of how we as a nation got here and, more important, where we are going, *Trump on the Couch* sounds a call to action that we cannot ignore.

*On the Decay of the Art of Lying* is a short essay written by Mark Twain in 1885 for a meeting of the Historical and Antiquarian Club of Hartford, Connecticut. In the essay, Twain laments the dour ways in which men of America's Gilded Age employ man's "most faithful friend." He concludes by insisting that: "the wise thing is for us diligently to train ourselves to lie thoughtfully, judiciously; to lie with a good object, and not an evil one; to lie for others' advantage, and not our own; to lie healingly, charitably, humanely, not cruelly, hurtfully, maliciously; to lie gracefully and graciously, not awkwardly and clumsily; to lie firmly, frankly, squarely, with head erect, not haltingly, tortuously, with pusillanimous mien, as being ashamed of our high calling." Among the most significant works Mark Twain: *The Gilded Age: A Tale of Today*, *The Prince and the Pauper*, *A Connecticut Yankee in King Arthur's Court*, *The American Claimant*, *Pudd'nhead Wilson*, *Personal Recollections of Joan of Arc*, *A Horse's Tale*, *The Mysterious Stranger*, *The Adventures of Tom Sawyer*, *Adventures of Huckleberry Finn*, *Tom Sawyer Abroad*, *Tom Sawyer, Detective*, "Schoolhouse Hill", *The Mysterious Stranger*, "Huck Finn and Tom Sawyer among the Indians", "Huck Finn", "Tom Sawyer's Conspiracy", "Tom Sawyer's Gang Plans a Naval Battle".

Women are entering the national and international arena more than ever today, from political campaigns to corporate boards to entrepreneurship, and their success is showing. Statistics show that when women lead countries, those countries are less apt to go to war. There is also a positive correlation between the number of women on corporate boards and greater profits. Women entrepreneurs have also

been shown to generate higher revenues and create more jobs than male entrepreneurs. In *She Is Me*, veteran journalist Lori Sokol, PhD, introduces readers to thirty-five women hailing from all walks of life who have successfully utilized qualities like compassion, empathy, introspection, and solidarity to create change and transform lives. Through interviews with women including Gloria Steinem, Billie Jean King, and Nobel Peace Prize recipient Leymah Gbowee, readers will come to understand how these traits, which have long been considered soft and weak in our patriarchal culture, are actually proving more effective in transforming lives, securing our planet, and saving the world. NATIONAL BESTSELLER • NATIONAL BOOK CRITICS CIRCE WINNER • With music pulsing on every page, this startling, exhilarating novel of self-destruction and redemption "features characters about whom you come to care deeply as you watch them doing things they shouldn't, acting gloriously, infuriatingly human" (The Chicago Tribune). Bennie is an aging former punk rocker and record executive. Sasha is the passionate, troubled young woman he employs. Here Jennifer Egan brilliantly reveals their pasts, along with the inner lives of a host of other characters whose paths intersect with theirs. "Pitch perfect.... Darkly, rippingly funny.... Egan possesses a satirist's eye and a romance novelist's heart." —The New York Times Book Review

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