

Mama Dont Allow

A PUBLISHERS WEEKLY BESTSELLER

Motherhood is hard. In a world of five-step lists and silver-bullet solutions to become perfect parents, mothers are burdened with mixed messages about who they are and what choices they should make. If you feel pulled between high-fives and hard words, with culture's solutions only raising more questions, you're not alone. But there is hope. You might think that Scripture doesn't have much to say about the food you make for breakfast, how you view your postpartum body, or what school choice you make for your children, but a deeper look reveals that the Bible provides the framework for finding answers to your specific questions about modern motherhood. Emily Jensen and Laura Wifler help you understand and apply the gospel to common issues moms face so you can connect your Sunday morning faith to the Monday morning tantrum. Discover how closely the gospel connects with today's motherhood. Join Emily and Laura as they walk through the redemptive story and reveal how the gospel applies to your everyday life, bringing hope, freedom, and joy in every area of motherhood.

"Reminiscent of Toni Morrison's *The Bluest Eye*."
—The New York Times "One of the best books I have ever read...will live in the hearts of readers for the rest of their lives." —Colby Sharp, founder of Nerdy

Book Club “An emotional, painful, yet still hopeful adolescent journey...one that needed telling.” —Kirkus Reviews (starred review) “I really loved this.”

—Sharon M. Draper, author of the New York Times bestseller *Out of My Mind* This deeply sensitive and “compelling” (BCCB) debut novel tells the story of a thirteen-year-old who must overcome internalized racism and a verbally abusive family to finally learn to love herself. There are ninety-six reasons why thirteen-year-old Genesis dislikes herself. She knows the exact number because she keeps a list: -Because her family is always being put out of their house. -Because her dad has a gambling problem. And maybe a drinking problem too. -Because Genesis knows this is all her fault. -Because she wasn't born looking like Mama. -Because she is too black. Genesis is determined to fix her family, and she's willing to try anything to do so...even if it means harming herself in the process. But when Genesis starts to find a thing or two she actually likes about herself, she discovers that changing her own attitude is the first step in helping change others.

Do you know the truth behind the dressing up and trick-or-treating that are important parts of this holiday? If not, you need to read this book with your child. Halloween comes every year—and so does the question: “Mommy, Why Don't We Celebrate Halloween?” Most likely, your child has either asked

you this, or will ask you in the future. This is why you should be ready to explain Halloween to a kid, sharing the dangers of Halloween and discussing Halloween as a pagan holiday. This book will help your child have a Christian perspective on Halloween, making it clear why you don't celebrate the holiday. It reveals, in story form, the truth behind the activities that have become such an accepted part of Halloween traditions. Children who read this book and talk about it with their parents will learn how the "fun" of Halloween harms them. They will also learn what to say to others who do not understand the true meaning of Halloween.

An African-American family is united in love and pride as they struggle to overcome poverty and harsh living conditions, in the award-winning 1959 play about an embattled Chicago family. While Rose's mother has a "quick chat" on the telephone, Rose is supposed to get ready for bed but finds she is hosting a party instead.

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her family attributes to having land of their own.

The bestselling phenomenon and inspiration for the award-winning film. Earthy, magical, and utterly charming, this tale of family life in turn-of-the-century Mexico blends poignant romance and bittersweet

wit. This classic love story takes place on the De la Garza ranch, as the tyrannical owner, Mama Elena, chops onions at the kitchen table in her final days of pregnancy. While still in her mother's womb, her daughter to be weeps so violently she causes an early labor, and little Tita slips out amid the spices and fixings for noodle soup. This early encounter with food soon becomes a way of life, and Tita grows up to be a master chef, using cooking to express herself and sharing recipes with readers along the way.

A trio of true stories about courage, determination and fortitude. Includes vocabulary and character building exercise. Author Mary Virginia McCormick Pittman (c) Book Design and Illustration by Carol A. Howell (c) Illustrations and easy-to-read text twist classic "your mama" jokes into a celebration of the beauty, power, and love of motherhood.

Sometimes it feels almost impossible to fall asleep. So, when a little girl insists that she simply cannot sleep, her mother tells her how all of the animals in the world go to sleep. But each animal sleeps differently, as the little girl finds out: leopards sleep in trees; storks sleep standing on only one leg; fish sleep with their eyes open; bats hang upside down while they sleep; ducks sleep in large groups; and so forth. But what is the best way for children to sleep? Perhaps if the little girl tries out all the ways animals sleep, she'll find the perfect way for her—which may just be her own bed, after all! Mama, I Can't Sleep is a delightful goodnight book from the

picture-book dream team of Brigitte Raab and Manuela Olten. Original, amusing, and brimming with fun animal knowledge, this is sure to help any reluctant child—who would much rather sleep with Mom and Dad—to discover that, just like the animals, children have their own special way of falling fast asleep. This book is the perfect gift for new parents or anyone living with young children.

“You will devour these beautifully written—and very important—tales of honesty, pain, and resilience”

(Elizabeth Gilbert, New York Times bestselling author of *Eat Pray Love* and *City of Girls*) from fifteen brilliant writers who explore how what we don't talk about with our mothers affects us, for better or for worse. As an undergraduate, Michele Filgate started writing an essay about being abused by her stepfather. It took her more than a decade to realize that she was actually trying to write about how this affected her relationship with her mother. When it was finally published, the essay went viral, shared on social media by Anne Lamott, Rebecca Solnit, and many others. This gave Filgate an idea, and the resulting anthology offers a candid look at our relationships with our mothers. Leslie Jamison writes about trying to discover who her seemingly perfect mother was before ever becoming a mom. In Cathi Hanauer's hilarious piece, she finally gets a chance to have a conversation with her mother that isn't interrupted by her domineering (but lovable) father. André Aciman writes about what it was like to have a deaf mother. Melissa Febos uses mythology as a lens to look at her close-knit relationship with her psychotherapist mother. And Julianna Baggott talks

about having a mom who tells her everything. As Filgate writes, "Our mothers are our first homes, and that's why we're always trying to return to them." There's relief in acknowledging how what we couldn't say for so long is a way to heal our relationships with others and, perhaps most important, with ourselves. Contributions by Cathi Hanauer, Melissa Febos, Alexander Chee, Dylan Landis, Bernice L. McFadden, Julianna Baggott, Lynn Steger Strong, Kiese Laymon, Carmen Maria Machado, André Aciman, Sari Botton, Nayomi Munaweera, Brandon Taylor, and Leslie Jamison.

Are you struggling to figure out who you are now that you're a mama? Do you feel like you're coming last in your own life? Do you feel guilty for not loving every moment of this motherhood gig? As someone who used to put themselves last-doing everything she thought was 'right' for her children and family, but not really listening to what her body and her spirit was begging for-Amy understands first-hand the overwhelm and complex range of emotions that mothers face. Amy's background as a journalist set her on the path to uncover all that she could about the latest research on matrescence, the transition a woman undergoes when she becomes a mother. She now shares what she's learned in the hope that it will help you navigate this stage of your life. Happy Mama includes interviews with experts, case studies and Amy's own tried-and-tested advice on how to reconnect with the woman you are underneath all that washing, cleaning and caring. Full of useful and empowering insights that will help you change the way you feel about motherhood-and yourself-so you and your whole family

can flourish.

Mama Don't Allow Starring Miles and the Swamp Band Paw Prints

Her grandson was literally on the brink of death's door. From as early as one month old, he was gravely ill with one illness after another. By the time he was three years old, he had been hospitalized more times than she could count. He would get better and then suddenly relapse with no reasonable explanation. When her granddaughter was born, she too started having alarming health problems. She had known that her daughter-in-law seemed to exaggerate but never could she have imagined this. The children's mother was so cunning and crafty in her manipulative deception that she fooled dozens of medical professionals along the way. After three years of her grandson being constantly sick with countless hospitalizations, this grandmother was faced with the horrifying realization; that her grandchildren were sick because their mother was making them sick. Then the real fight began. Munchausen's Syndrome by Proxy is one of the cruelest forms of child abuse imaginable. It is very difficult to prove and even harder to prosecute. This story chronicles a woman's journey as she discovers that her two grandchildren are victims of this abuse that most people have never even heard of. Her faith in God kept her going as she turned their tragedies and trials into triumph. Follow her journey of faith as she fights to rescue, protect, and bring healing to her grandchildren's broken spirits and shattered little souls. From New York Times bestselling and award-winning

author Jewell Parker Rhodes comes a heartbreaking and uplifting tale of survival in the face of Hurricane Katrina. Twelve-year-old Laneshia lives in a tight-knit community in New Orleans' Ninth Ward. She doesn't have a fancy house like her uptown family or lots of friends like the other kids on her street. But what she does have is Mama Ya-Ya, her fiercely loving caretaker, wise in the ways of the world and able to predict the future. So when Mama Ya-Ya's visions show a powerful hurricane--Katrina--fast approaching, it's up to Laneshia to call upon the hope and strength Mama Ya-Ya has given her to help them both survive the storm. From the New York Times bestselling author of *Ghost Boys* and *Towers Falling*, *Ninth Ward* is a deeply emotional story about transformation and a celebration of resilience, friendship, and family--as only love can define it.

From body-positive Instagram influencer and content-creator Meg Boggs, an inclusive and empowering fitness and lifestyle guide to inspire readers of every shape and size. For years, Meg Boggs believed the narrative told to her by society: she thought that as a plus-sized woman, she could never be fit; she could never be strong; she could never love exercise; she could never be enough. But when Meg became a mom, she decided to rethink her preconceived notions and embrace her body for what it is, not what diet culture said it should be. In *Fitness for Every Body*, Meg shares her personal story and inspires you to celebrate your own body for all its capabilities. Featuring a dozen step-by-step, full-body workouts, this book is more than a workout guide or a training manual. It's a reminder that you're more than just your weight,

that you are stronger than you believe, and that just because you might not be thin, doesn't mean that you can't be an athlete. Your body is capable of doing incredible things—you just have to let it. Equally uplifting and enlightening, this body-positive fitness guide will inspire you to love your body no matter your size and to approach food and exercise in a way that benefits both mental and physical health and wellbeing.

Fans of Sophie Kinsella's sparkling humor will love her first ever illustrated series for young readers about the charming adventures of a mother-daughter fairy duo! Ella Brook can't wait to grow up, because one day she will become a fairy and have her own sparkly wings and a teacher on Fairy Tube, just like her mom! Until then, Ella has to learn by watching her mom in action. But sometimes spells go wrong, and Ella's mom can never seem to remember the right magic codes on her Computawand. A lot of the time, it's up to Ella to come to the rescue. Does she have what it takes to be a fairy one day? Or will there be more glitches than glitter?

A beloved classic that captures the powerful bond between man and man's best friend. Billy has long dreamt of owning not one, but two, dogs. So when he's finally able to save up enough money for two pups to call his own—Old Dan and Little Ann—he's ecstatic. It doesn't matter that times are tough; together they'll roam the hills of the Ozarks. Soon Billy and his hounds become the finest hunting team

in the valley. Stories of their great achievements spread throughout the region, and the combination of Old Dan's brawn, Little Ann's brains, and Billy's sheer will seems unbeatable. But tragedy awaits these determined hunters—now friends—and Billy learns that hope can grow out of despair, and that the seeds of the future can come from the scars of the past. Praise for *Where the Red Fern Grows* A Top 100 Children's Novel, School Library Journal's A Fuse #8 Production A Must-Read for Kids 9 to 14, NPR Winner of Multiple State Awards Over 7 million copies in print! "Very touching." —The New York Times Book Review "One of the great classics of children's literature . . . Any child who doesn't get to read this beloved and powerfully emotional book has missed out on an important piece of childhood for the last 40-plus years." —Common Sense Media "An exciting tale of love and adventure you'll never forget." —School Library Journal "A book of unadorned naturalness." —Kirkus Reviews "Written with so much feeling and sentiment that adults as well as children are drawn [in] with a passion." —Arizona Daily Star "It's a story about a young boy and his two hunting dogs and . . . I can't even go on without getting a little misty." —The Huffington Post "We tear up just thinking about it." —Time on the film adaptation

LitPlan Teacher Packs have a foundation of materials for teaching works of literature. Over one

hundred pages including short answer study questions, multiple choice quiz questions, discussion questions, writing assignments, vocabulary worksheets, daily lessons, unit tests, games, puzzles, review materials, bulletin board ideas, and much more.

With a heartwarming story and tender illustrations, Jeanette Bradley's debut picture book *Love, Mama* is perfect for Valentine's Day, Mother's Day, and any day when a child needs a reminder of the strength of a mother's love. When Mama leaves her young penguin Kipling, he knows she'll return home soon—yet he still can't help but miss her. After all, *Pillow Mama* won't read, *Picture Mama* won't laugh, and *Snow Mama* is too cold to cuddle. But then Kipling receives a special delivery from Mama, including a note that reads: My love for you stretches across the wide ocean, through day and night, from earth to sky and back again. And Kipling knows that no matter where Mama is, he is loved. Soon, Mama comes home, and Kipling ends the day where he belongs—right in her arms.

An Honest and Revolutionary Guide to the Emotions Moms Feel But Seldom Talk About A few years ago, Dr. Claire Nicogossian began noticing a trend in her therapy room: Mothers are struggling with the challenging and unexpected emotions that surface during their journey through motherhood. In the confines of a safe, judgment-free space, they share

about the heavy guilt they carry from losing control and yelling at their children; the crippling fear that they are failing their families; and the exhaustion of juggling work, home, and family. Dr. Claire calls these our shadow emotions. While varying in intensity, our shadow emotions take some form of sadness, anger, fear, embarrassment, or disgust, often a combination. In this breakthrough book, Dr. Claire sheds light on these shadow emotions and provides a path to thriving joy, inner calm, and radiant confidence. Drawing upon her own experiences of raising four children and many years of counseling mothers as a clinical psychologist, Dr. Claire shares practical tips, strategies, and encouragement to help women in all stages of motherhood. By creating new language for the feelings moms experience but seldom talk about—inspired by the groundbreaking work of Carl Jung—this book has the power to create a radical shift in the way we understand and navigate modern motherhood. With Dr. Claire’s guidance, mothers everywhere will discover the deep joy, fulfillment, and inner peace that are already within their reach. The extraordinary #1 New York Times bestseller about the ability of books to feed the soul even in the darkest of times. Nominated as one of America's best-loved novels by PBS's The Great American Read. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its

breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today **DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

“Rachel Macy Stafford's post "The Day I Stopped Saying Hurry Up" was a true phenomenon on The Huffington Post, igniting countless conversations online and off about freeing ourselves from the vicious cycle of keeping up with our overstuffed agendas. Hands Free Mama has the power to keep that conversation going and remind us that we must not let our lives pass us by.” --Arianna Huffington, Chair, President, and Editor-in-Chief of the Huffington Post Media Group, nationally syndicated columnist, and author of thirteen books

<http://www.huffingtonpost.com/> DISCOVER THE POWER, JOY, AND LOVE of Living “Hands Free” If technology is the new addiction, then multi-tasking is the new marching order. We check our email while cooking dinner, send a text while bathing the kids, and spend more time looking into electronic screens than into the eyes of our loved ones. With our never-ending to-do lists and jam-packed schedules, it’s no wonder we’re distracted. But this isn’t the way it has to be. In July 2010, special education teacher and mother Rachel Macy Stafford decided enough was enough. Tired of losing track of what matters most in life, Rachel began practicing simple strategies that enabled her to momentarily let go of largely meaningless distractions and engage in meaningful soul-to-soul connections. She started a blog to chronicle her endeavors and soon saw how both external and internal distractions had been sabotaging her happiness and preventing her from bonding with the people she loves most. Hands Free Mama is the digital society’s answer to finding balance in a media-saturated, perfection-obsessed world. It doesn’t mean giving up all technology forever. It doesn’t mean forgoing our jobs and responsibilities. What it does mean is seizing the little moments that life offers us to engage in real and meaningful interaction. It means looking our loved ones in the eye and giving them the gift of our undivided attention, leaving the laundry till later to

dance with our kids in the rain, and living a present, authentic, and intentional life despite a world full of distractions. So join Rachel and go hands-free.

Discover what happens when you choose to open your heart—and your hands—to the possibilities of each God-given moment.

“This rich volume is a national treasure.” —Kirkus Reviews (starred review) “Captivating, informative, and inspiring...Easy to follow and hard to put down.”

—School Library Journal (starred review) The inspiring autobiography of NASA mathematician Katherine Johnson, who helped launch Apollo 11. As a young girl, Katherine Johnson showed an exceptional aptitude for math. In school she quickly skipped ahead several grades and was soon studying complex equations with the support of a professor who saw great promise in her. But ability and opportunity did not always go hand in hand. As an African American and a girl growing up in an era of brutal racism and sexism, Katherine faced daily challenges. Still, she lived her life with her father’s words in mind: “You are no better than anyone else, and nobody else is better than you.” In the early 1950s, Katherine was thrilled to join the organization that would become NASA. She worked on many of NASA’s biggest projects including the Apollo 11 mission that landed the first men on the moon.

Katherine Johnson’s story was made famous in the bestselling book and Oscar-nominated film Hidden

Figures. Now in *Reaching for the Moon* she tells her own story for the first time, in a lively autobiography that will inspire young readers everywhere.

During World War II a community called Manzanar was hastily created in the high mountain desert country of California, east of the Sierras. Its purpose was to house thousands of Japanese American internees. One of the first families to arrive was the Wakatsukis, who were ordered to leave their fishing business in Long Beach and take with them only the belongings they could carry. For Jeanne Wakatsuki, a seven-year-old child, Manzanar became a way of life in which she struggled and adapted, observed and grew. For her father it was essentially the end of his life. At age thirty-seven, Jeanne Wakatsuki Houston recalls life at Manzanar through the eyes of the child she was. She tells of her fear, confusion, and bewilderment as well as the dignity and great resourcefulness of people in oppressive and demeaning circumstances. Written with her husband, Jeanne delivers a powerful first-person account that reveals her search for the meaning of Manzanar.

Farewell to Manzanar has become a staple of curriculum in schools and on campuses across the country. Last year the *San Francisco Chronicle* named it one of the twentieth century's 100 best nonfiction books from west of the Rockies. First published in 1973, this new edition of the classic memoir of a devastating Japanese American experience includes an inspiring afterword by the authors.

Presents the text of Alice Walker's story "Everyday Use"; contains background essays that provide insight into the

story; and features a selection of critical response. Includes a chronology and an interview with the author. Barbara Kingsolver's acclaimed international bestseller tells the story of an American missionary family in the Congo during a poignant chapter in African history. It spins the tale of the fierce evangelical Baptist, Nathan Price, who takes his wife and four daughters on a missionary journey into the heart of darkness of the Belgian Congo in 1959. They carry with them to Africa all they believe they will need from home, but soon find that all of it - from garden seeds to the King James Bible - is calamitously transformed on African soil. Told from the perspective of the five women, this is a compelling exploration of African history, religion, family, and the many paths to redemption. The Poisonwood Bible was nominated for the Pulitzer Prize in 1999 and was chosen as the best reading group novel ever at the Penguin/Orange Awards. It continues to be read and adored by millions worldwide.

It's hard to wait for mama to come home. But this fun book, with its humorous illustrations and a lively text are sure to make the time fly by.

Miles teams up with three other musicians to form the Swamp Band, in a tale inspired by an American folksong. Sometimes, Mama needs a minute—and that's OK! From Nicole Sloan, founder of the Weird Mom Club—an inclusive Internet space for nonconforming moms—Mama Needs a Minute is an affirming, entertaining book for moms and toddlers to share. All about balancing a mama's needs with those of her kiddos, this sweet story teaches that love can look a lot of different ways. For

kids, the book is a gentle introduction to concepts of self-respect and setting boundaries, and for moms, it's a reminder to practice self-care.

The story of one African-American family fighting to stay together and strong in the face of brutal racist attacks, illness, poverty, and betrayal in the Deep South of the 1930s.

Being a mom is HARD—don't let anyone tell you otherwise. The first few months (or let's be real, 18 years) after bringing a new baby home can be tiring and messy. Mothers need encouragement, inspiration, and a good laugh. *You Got This, Mama!: From Boobs to Blowouts, a Survival Guide for New Mothers* is a visual guide to new motherhood with illustrated quotes, hilarious infographics, and encouraging thoughts to power new moms through another day. Real, honest, and beautifully designed, this is the guide for moms that we didn't know we needed.

Cars honk, beep, stop, go, zoom, crash, and get repaired.

A follow-up to *Mama Gena's Owner's and Operator's Guide to Men* outlines a fun-based guide to marriage that contends that women have a greater influence on a relationship's outcome, sharing advice on bringing passion back into the bedroom, getting a man to fulfill a wife's desires, and more. Reprint. 35,000 first printing.

Oh, no! Someone has stolen the Mona Woofa from the Dogopolis Museum of Art and the police don't even realize that they are barking up the wrong tree

when they collar their number one suspect. So it's up to Art Dog, the mysterious, masked painter who roams the streets of Dogopolis, to find the missing masterpiece. Zip! Splash! Smoosh! He paints himself a Brushmobile, and he's off—on a wild and funny chase to capture the dastardly crooks. With the same deft touches of high-spirited fun and adventure that have made *Mystery on the Docks* and *Mama Don't Allow* (both Reading Rainbow Featured Selections) such perennially popular stories, Thacher Hurd serves up a new action-packed tale that will delight young readers. 1996 'Pick of the Lists' (ABA) Children's Choices for 1997 (IRA/CBC) 1998 Red Clover Book Award (VT)

"Where the pole beans climb, where the tomatoes grow fat, where the onions smell sweet and the corn is yellow as the summer sun, that's the garden of Clem -- Farmer Clem." So begins this story about Baby Mouse, a tiny mouse who loves to go exploring in the garden. But watch out! You never know what might happen when Baby climbs into a head of lettuce, or up a tomato plant, or when there's a fox on the prowl. These are some of the ingredients of *The Pea Patch Jig* -- a book as refreshing as a summer evening in Vermont. Inspired by the traditional song "The Pea Patch Jig," which was unearthed by the great songwriter singer John Hartford.

How different would your life be if your priority were

love? In this groundbreaking book, Antonella Gambotto-Burke encourages a complete re-evaluation of motherhood, showing that our lack of respect for maternal love is at the root of our widespread dissatisfaction with modern life. *Mama* is not only the key to a better world, but to a better relationship—with yourself, your child and your life. Features twenty-five devotions for mothers to read with their children that include a rhyming story, Scripture verse, prayer, and activity.

A black family is united in love and pride as they struggle to overcome poverty and harsh living conditions, in the 1959 play about an embattled Chicago family.

Esperanza Rising joins the Scholastic Gold line, which features award-winning and beloved novels. Includes exclusive bonus content! Esperanza thought she'd always live a privileged life on her family's ranch in Mexico. She'd always have fancy dresses, a beautiful home filled with servants, and Mama, Papa, and Abuelita to care for her. But a sudden tragedy forces Esperanza and Mama to flee to California and settle in a Mexican farm labor camp. Esperanza isn't ready for the hard work, financial struggles brought on by the Great Depression, or lack of acceptance she now faces. When Mama gets sick and a strike for better working conditions threatens to uproot their new life, Esperanza must find a way to rise above her difficult

circumstances-because Mama's life, and her own, depend on it.

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