

## Missing Out In Praise Of The Unlived Life Adam Phillips

In this sparkling, provocative collection of meditations on coupledness and its discontents, Adam Phillips manages to unsettle one of our most dearly held ideals, that of the monogamous couple, by speculating upon the impulses that most threaten it--boredom, desire, and the tempting idea that erotic fulfillment might lie elsewhere. With 121 brilliant aphorisms, the witty, erudite psychoanalyst who gave us *On Kissing*, *Tickling*, and *Being Bored* distills the urgent questions and knotty paradoxes behind our mating impulse, and reveals the centrality of monogamy to our notions of marriage, family, the self--in fact, to everything that matters. The only truly monogamous relationship is the one we have with ourselves. Every marriage is a blind date that makes you wonder what the alternatives are to a blind date. There's nothing more scandalous than a happy marriage.

When was the last time you listened to someone, or someone really listened to you? "If you're like most people, you don't listen as often or as well as you'd like. There's no one better qualified than a talented journalist to introduce you to the right mindset and skillset—and this book does it with science and humor." -Adam Grant, #1 New York Times bestselling author of *Originals* and *Give and Take* \*\*Hand picked by Malcolm Gladwell, Adam Grant, Susan Cain, and Daniel Pink for Next Big Ideas Club\*\* "An essential book for our times." -Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* At work, we're taught to lead the conversation. On social media, we shape our personal narratives. At parties, we talk over one another. So do our politicians. We're not listening. And no one is listening to us. Despite living in a world where technology allows constant digital communication and opportunities to connect, it seems no one is really listening or even knows how. And it's making us lonelier, more isolated, and less tolerant than ever before. A listener by trade, New York Times contributor Kate Murphy wanted to know how we got here. In this always illuminating and often humorous deep dive, Murphy explains why we're not listening, what it's doing to us, and how we can reverse the trend. She makes accessible the psychology, neuroscience, and sociology of listening while also introducing us to some of the best listeners out there (including a CIA agent, focus group moderator, bartender, radio producer, and top furniture salesman). Equal parts cultural observation, scientific exploration, and rousing call to action that's full of practical advice, *You're Not Listening* is to listening what Susan Cain's *Quiet* was to introversion. It's time to stop talking and start listening.

Written in his beloved epigrammatic and aphoristic style, *Equals* extends Adam Phillips's probings into the psychological and the political, bringing his trenchant wit to such subjects as the usefulness of inhibitions and the paradox of permissive authority. He explores why citizens in a democracy are so eager to establish levels of hierarchy when the system is based on the assumption that every man is created equal. And he ponders the importance of mockery in group behavior, and the psyche's struggle as a metaphor for political conflict.

An award-winning journalist's dramatic account of a shooting that shook a community to its core, with important implications for the future On the last evening of summer in 2013, five shots rang out in a part of northeast Denver known as the Holly. Long a destination for African American families fleeing the Jim Crow South, the area had become an "invisible city" within a historically white metropolis. While shootings there weren't uncommon, the identity of the shooter that night came as a shock. Terrance Roberts was a revered anti-gang activist. His attempts to bring peace to his community had won the accolades of both his neighbors and the state's most important power brokers. Why had he just fired a gun? In *The Holly*, the award-winning Denver-based journalist Julian Rubinstein reconstructs the events that left a local gang member paralyzed and Roberts facing the possibility of life in prison. Much more than a crime story, *The Holly* is a multigenerational saga of race and politics that runs from the civil rights movement to Black Lives Matter. With a cast that includes billionaires, elected officials, cops, developers, and street kids, the book explores the porous boundaries between a city's elites and its most disadvantaged citizens. It also probes the fraught relationships between police, confidential informants, activists, gang members, and ex-gang members as they struggle to put their pasts behind them. In *The Holly*, we see how well-intentioned efforts to curb violence and improve neighborhoods can go badly awry, and we track the interactions of law enforcement with gang members who conceive of themselves as defenders of a neighborhood. When Roberts goes on trial, the city's fault lines are fully exposed. In a time of national reckoning over race, policing, and the uses and abuses of power, Rubinstein offers a dramatic and humane illumination of what's at stake.

**NEW YORK TIMES BEST SELLER • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY: NPR, The New York Times Book Review, Time, Wall Street Journal, Washington Post • The McKinsey Business Book of the Year** The full inside story of the breathtaking rise and shocking collapse of Theranos, the one-time multibillion-dollar biotech startup founded by Elizabeth Holmes—now the subject of the HBO documentary *The Inventor*—by the prize-winning journalist who first broke the story and pursued it to the end. "The story is even crazier than I expected, and I found myself unable to put it down once I started. This book has everything: elaborate scams, corporate intrigue, magazine cover stories, ruined family relationships, and the demise of a company once valued at nearly \$10 billion." —Bill Gates In 2014, Theranos founder and CEO Elizabeth Holmes was widely seen as the female Steve Jobs: a brilliant Stanford dropout whose startup "unicorn" promised to revolutionize the medical industry with a machine that would make blood testing significantly faster and easier. Backed by investors such as Larry Ellison and Tim Draper, Theranos sold shares in a fundraising round that valued the company at more than \$9 billion, putting Holmes's worth at an estimated \$4.7 billion. There was just one problem: The technology didn't work. A riveting story of the biggest corporate fraud since Enron, a tale of ambition and hubris set amid the bold promises of Silicon Valley.

In the tradition of *The Glass Castle*, a deeply felt memoir from Whiting Award-winner Nadia Owusu about the push and pull of belonging, the seismic emotional toll of family secrets, and the heart it takes to pull through. A Most-Anticipated

Selection by \* The New York Times \* Entertainment Weekly \* O, The Oprah Magazine \* New York magazine \* Vogue \* Time \* Elle \* Minneapolis Star Tribune \* Electric Literature \* Goodreads \* The Millions \*Refinery29 \* HelloGiggles \* Young Nadia Owusu followed her father, a United Nations official, from Europe to Africa and back again. Just as she and her family settled into a new home, her father would tell them it was time to say their goodbyes. The instability wrought by Nadia's nomadic childhood was deepened by family secrets and fractures, both lived and inherited. Her Armenian American mother, who abandoned Nadia when she was two, would periodically reappear, only to vanish again. Her father, a Ghanaian, the great hero of her life, died when she was thirteen. After his passing, Nadia's stepmother weighed her down with a revelation that was either a bombshell secret or a lie, rife with shaming innuendo. With these and other ruptures, Nadia arrived in New York as a young woman feeling stateless, motherless, and uncertain about her future, yet eager to find her own identity. What followed, however, were periods of depression in which she struggled to hold herself and her siblings together. *Aftershocks* is the way she hauled herself from the wreckage of her life's perpetual quaking, the means by which she has finally come to understand that the only ground firm enough to count on is the one written into existence by her own hand. Heralding a dazzling new writer, *Aftershocks* joins the likes of *Don't Let's Go to the Dogs Tonight* and William Styron's *Darkness Visible*, and does for race identity what Maggie Nelson does for gender identity in *The Argonauts*.

After giving up the Internet for a month, a writer shares how we can all learn from her experience and rethink our relationship with the digital world. There's no doubt that technology has overrun our lives. Over the past few decades, the world has embraced "progress" and we're living with the resultant clicking, beeping, anxiety-inducing frenzy. But a creative backlash is gathering steam, helping us cope with the avalanche of data that threatens to overwhelm us daily through our computers, tablets, and smartphones. *The Joy of Missing Out* considers the technologically focused life, with its impacts on our children, relationships, communities, health, work, and more, and suggests opportunities for those of us longing to cultivate a richer on- and off-line existence. By examining the connected world through the lens of her own Internet fast, author Christina Crook creates a convincing case for increasing intentionality in our day-to-day lives. Using historical data, typewritten letters, chapter challenges, and personal accounts, she invites us to explore a new way of living, beyond our steady state of distracted "connectedness." Most of us can't throw away our smartphone or cut ourselves off from the Internet. But we can all rethink our relationship with the digital world, discovering new ways of introducing balance and discipline to the role of technology in our lives. This book is a must-read for anyone wishing to rediscover quietness of mind, and seeking a sense of peace amidst the cacophony of the modern world. Praise for *The Joy of Missing Out* "Crook's book does a marvelous job of examining where we've gone awry and how we might begin to take ourselves and our lives back, while acknowledging the reality and importance of our wired world." —Dr. Susan Biali, MD, *Psychology Today* "Offers thoughtful consideration of how online communications have evolved, as well as the value we place on being ever present in a digital world, often to the detriment of personal space and quiet time. Through practical examples and directions, Crook champions developing healthier habits for a more mindful online experience." —Lori A. May, *Portland Book Review*

Why are we all so spellbound by ideas of escape - and yet so dismissive of mere escapism? *Houdini's Box* explores four different escape artists. There is the case history of a little girl who is oddly committed to playing her own wayward version of hide and seek. There is Harry Houdini, the 'Greatest Magician the World has Ever Seen', who electrified the world through a series of death-defying escapes, compulsively re-inventing and re-enacting his own confinement. There is a man who, Jonah-like, is always arriving at the place he was escaping from, who thinks it is his destiny to be in flight, whether from women or from his analyst. And finally the poet Emily Dickinson, who for the last twenty years of her life finds freedom in self-imposed solitary confinement. In this, his most captivating book to date, Adam Phillips reminds us why people often feel most alive in the very moment of escape. But whether we are getting away from something, or getting away with something - as Icarus, or Oedipus, or Narcissus; as victims or tyrants - we cannot describe ourselves without also describing what we need to escape from, and what we want to escape to.

"Both twisted and twisty, this smart psychological thriller sets a new standard for unreliable narrators." —Booklist, Starred Review One night three years ago, the Tanner sisters disappeared: fifteen-year-old Cass and seventeen-year-old Emma. Three years later, Cass returns, without her sister Emma. Her story is one of kidnapping and betrayal, of a mysterious island where the two were held. But to forensic psychiatrist Dr. Abby Winter, something doesn't add up. Looking deep within this dysfunctional family Dr. Winter uncovers a life where boundaries were violated and a narcissistic parent held sway. And where one sister's return might just be the beginning of the crime.

Two gifted and highly prolific intellectuals, Leo Bersani and Adam Phillips, here present a fascinating dialogue about the problems and possibilities of human intimacy. Their conversation takes as its point of departure psychoanalysis and its central importance to the modern imagination—though equally important is their shared sense that by misleading us about the importance of self-knowledge and the danger of narcissism, psychoanalysis has failed to realize its most exciting and innovative relational potential. In pursuit of new forms of intimacy they take up a range of concerns across a variety of contexts. To test the hypothesis that the essence of the analytic exchange is intimate talk without sex, they compare Patrice Leconte's film about an accountant mistaken for a psychoanalyst, *Intimate Strangers*, with Henry James's classic novella *The Beast in the Jungle*. A discussion of the radical practice of barebacking—unprotected anal sex between gay men—delineates an intimacy that rejects the personal. Even serial killer Jeffrey Dahmer and the Bush administration's war on terror enter the scene as the conversation turns to the way aggression thrills and gratifies the ego. Finally, in a reading of Socrates' theory of love from Plato's *Phaedrus*, Bersani and Phillips call for a new form of intimacy which they term "impersonal narcissism": a divestiture of the ego and a recognition of one's non-psychological potential self in others. This revolutionary way of relating to the world, they contend, could lead to a new human freedom

by mitigating the horrifying violence we blithely accept as part of human nature. Charmingly persuasive and daringly provocative, *Intimacies* is a rare opportunity to listen in on two brilliant thinkers as they explore new ways of thinking about the human psyche.

You're Never Too Young to Fight Censorship! In *Ban This Book* by Alan Gratz, a fourth grader fights back when *From the Mixed-Up Files of Mrs. Basil E. Frankweiler* by E. L. Konigsburg is challenged by a well-meaning parent and taken off the shelves of her school library. Amy Anne is shy and soft-spoken, but don't mess with her when it comes to her favorite book in the whole world. Amy Anne and her lieutenants wage a battle for the books that will make you laugh and pump your fists as they start a secret banned books locker library, make up ridiculous reasons to ban every single book in the library to make a point, and take a stand against censorship. *Ban This Book* is a stirring defense against censorship that's perfect for middle grade readers. Let kids know that they can make a difference in their schools, communities, and lives! "Readers, librarians, and all those books that have drawn a challenge have a brand new hero.... Stand up and cheer, book lovers. This one's for you." —Kathi Appelt, author of the Newbery Honor-winning *The Underneath* "*Ban This Book* is absolutely brilliant and belongs on the shelves of every library in the multiverse."—Lauren Myracle, author of the bestselling *Internet Girls* series, the most challenged books of 2009 and 2011 "Quick paced and with clear, easy-to-read prose, this is a book poised for wide readership and classroom use."—Booklist "A stout defense of the right to read." —Kirkus Reviews "Gratz delivers a book lover's book that speaks volumes about kids' power to effect change at a grassroots level." —Publishers Weekly At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

A transformative book about the lives we wish we had and what they can teach us about who we are All of us lead two parallel lives: the one we are actively living, and the one we feel we should have had or might yet have. As hard as we try to exist in the moment, the unlived life is an inescapable presence, a shadow at our heels. And this itself can become the story of our lives: an elegy to unmet needs and sacrificed desires. We become haunted by the myth of our own potential, of what we have in ourselves to be or to do. And this can make of our lives a perpetual falling-short. But what happens if we remove the idea of failure from the equation? With his flair for graceful paradox, the acclaimed psychoanalyst Adam Phillips suggests that if we accept frustration as a way of outlining what we really want, satisfaction suddenly becomes possible. To crave a life without frustration is to crave a life without the potential to identify and accomplish our desires. In this elegant, compassionate, and absorbing book, Phillips draws deeply on his own clinical experience as well as on the works of Shakespeare and Freud, of D. W. Winnicott and William James, to suggest that frustration, not getting it, and and getting away with it are all chapters in our unlived lives—and may be essential to the one fully lived.

"Attention Seeking is a short, fascinating introduction to the concept of attention from Britain's leading psychoanalyst, author of *Missing Out* and *On Kindness*"--

Mr. Panda from Steve Antony's bestselling, funny manners book *Please, Mr. Panda* is back! This time, Mr. Panda's black-and-white animal friends are curious what he's making, but only one has the patience to stick around. An alpaca, an aardvark, rabbits, and a bird all wind up missing out. It's the penguin who declares, "I'll wait, Mr. Panda." The penguin is rewarded with a big SURPRISE: a giant doughnut! *I'll Wait, Mr. Panda* is a graphic, kid-friendly way of teaching the value of patience and the importance of saying "thank you."

Describes Winnicott's theories of child development, the mother-child relationship, and human sexuality.

"Kimberly Belle delivers the goods—a rocket-paced story with a heart that will keep you riveted through every hairpin twist and turn. Breathless suspense!" —Lisa Unger, New York Times bestselling author of *The Red Hunter* When a child goes missing, two mothers' lives collide in a shocking way in this suspenseful novel from the bestselling author of *The Marriage Lie*. It's every parent's worst nightmare: the call that comes in the middle of the night. When Kat Jenkins awakens to the police on her doorstep, her greatest fear is realized. Her nine-year-old son, Ethan, is missing—vanished from the cabin where he'd been on an overnight class trip. Shocked and distraught, Kat rushes to the campground, but she's too late; the authorities have returned from their search empty-handed after losing Ethan's trail in the mountain forest. Another mother from the school, Stef Huntington, seems like she has it all: money, prominence in the community, a popular son and a loving husband. She hardly knows Kat, except for the vicious gossip that swirls around Kat's traumatic past. But as the police investigation unfolds, Ethan's disappearance has earth-shattering consequences for Stef, as her path crosses with Kat. As the two mothers race against the clock, their desperate search for answers reveals how the greatest dangers lie behind the everyday smiles of those they trust the most. Don't miss Kimberly Belle's newest novel, *My Darling Husband!*

Inspired by the #1 New York Times bestseller *She Persisted* by Chelsea Clinton and Alexandra Boiger comes a chapter book series about women who stood up, spoke up and rose up against the odds! Before Rosa Parks famously refused to give up her seat on a bus in Montgomery, Alabama, fifteen-year-old Claudette Colvin made the same choice. She insisted on standing up--or in her case, sitting down--for what was right, and in doing so, fought for equality, fairness, and justice. In this chapter book biography by award-winning author Lesa Cline-Ransome, readers learn about the amazing life of Claudette Colvin--and how she persisted. Complete with an introduction from Chelsea Clinton! Praise for *She Persisted: Claudette Colvin*: "Cline-Ransome brings the teen activist to life with great compassion and impressive brevity . . . A noteworthy start for chapter-book readers wishing to read more about young leaders of the movement." --Kirkus Reviews "Cline-Ransome's narrative provides a knowledgeable, interesting introduction to an important player in the civil rights movement." --School Library Journal

*Missing Out* is a meditation on reality and opportunity by Adam Phillips. We all have two lives - the life we live and the life of our fantasies. But it is the life unlived - the person we have failed to be - that can trouble and even haunt us. In *Missing Out* acclaimed psychoanalyst Adam Phillips delves into the gap between who we are and who we are not, to discover

whether not getting what we want may be the unlikely key to the fully lived life. Praise for Adam Phillips: "Phillipsian" would evoke a vivid, paradoxical style that led you to think that you had picked up an idea by the head, only to find you were holding it by the tail' Lisa Appignanesi, Guardian 'He's brilliant' John Carey 'Phillips radiates infectious charm' Sunday Times Adam Phillips is a psychoanalyst and the author of several previous books, all widely acclaimed, including *On Kissing*, *Tickling and Being Bored*, *Going Sane* and *Side Effects*. His most recent book is *On Kindness*, which was co-written with historian Barbara Taylor.

Philosophical wisdom and practical advice for overcoming the problems of middle age How can you reconcile yourself with the lives you will never lead, with possibilities foreclosed, and with nostalgia for lost youth? How can you accept the failings of the past, the sense of futility in the tasks that consume the present, and the prospect of death that blights the future? In this self-help book with a difference, Kieran Setiya confronts the inevitable challenges of adulthood and middle age, showing how philosophy can help you thrive. You will learn why missing out might be a good thing, how options are overrated, and when you should be glad you made a mistake. You will be introduced to philosophical consolations for mortality. And you will learn what it would mean to live in the present, how it could solve your midlife crisis, and why meditation helps. Ranging from Aristotle, Schopenhauer, and John Stuart Mill to Virginia Woolf and Simone de Beauvoir, as well as drawing on Setiya's own experience, *Midlife* combines imaginative ideas, surprising insights, and practical advice. Writing with wisdom and wit, Setiya makes a wry but passionate case for philosophy as a guide to life.

If you are disturbed by the idea that to grow up is to learn to live with disillusionment, if you are fascinated by the perplexity of child-rearing, or if you fear you were more creative as a child, *The Beast in the Nursery* offers an illuminating and possibly life-changing experience. In four interrelated essays, Adam Phillips arrives at startling new insights into issues that preoccupied Freud, showing in the process that far from having lost its relevance, psychoanalysis is still one of our most incisive tools for the exploration of the human psyche and its possibilities. Phillips transforms the genre of the essay into an instrument for intellectual investigation of the most absorbing kind.

As an essayist, Adam Phillips combines the best of two worlds: a mastery of psychotherapy as both practitioner and theorist, and a reputation as one of the best literary writers around. In this collection of essays, he brings these two gifts to bear upon each other, speculating on the relative merits of psychoanalysis and literature and on the connections between them. In his quirky, epigrammatic style, Phillips shows us how psychoanalysis and literature at their best share the goal of shedding light on human character, the most fascinating of disorders. *Promises, Promises* reveals Phillips as a virtuoso performer able to reach far beyond the borders of psychoanalytic discourse, into art, novels, poetry, and history. This collection gives us insights into Martin Amis's *Night Train*, Nijinsky's diary, Tom Stoppard and A. E. Housman, Amy Clampitt, the effect of the Blitz on Londoners, and a case history of clutter. It confirms Phillips as a writer whose work, in the words of the Guardian, "hovers in a strange and haunting borderland between rigour and delight."

This book is a chronicle of the all-too-human terror that drives us into the arms of experts, and of how expertise, in the form of psychoanalysis, addresses our fears - in essence, turns our terror into meaning.

"There are moments when a story shakes you...Barely Missing Everything is one of those stories, and Mendez, a gifted storyteller with a distinct voice, is sure to bring a quake to the literary landscape." —Jason Reynolds, New York Times bestselling author of *Long Way Down* In the tradition of Jason Reynolds and Matt de la Peña, this heartbreaking, no-holds-barred debut novel told from three points of view explores how difficult it is to make it in life when you—your life, brown lives—don't matter. Juan has plans. He's going to get out of El Paso, Texas, on a basketball scholarship and make something of himself—or at least find something better than his mom Fabi's cruddy apartment, her string of loser boyfriends, and a dead dad. Basketball is going to be his ticket out, his ticket up. He just needs to make it happen. His best friend JD has plans, too. He's going to be a filmmaker one day, like Quentin Tarantino or Guillermo del Toro (NOT Steven Spielberg). He's got a camera and he's got passion—what else could he need? Fabi doesn't have a plan anymore. When you get pregnant at sixteen and have been stuck bartending to make ends meet for the past seventeen years, you realize plans don't always pan out, and that there are some things you just can't plan for... Like Juan's run-in with the police, like a sprained ankle, and a tanking math grade that will likely ruin his chance at a scholarship. Like JD causing the implosion of his family. Like letters from a man named Mando on death row. Like finding out this man could be the father your mother said was dead. Soon Juan and JD are embarking on a *Thelma and Louise*—like road trip to visit Mando. Juan will finally meet his dad, JD has a perfect subject for his documentary, and Fabi is desperate to stop them. But, as we already know, there are some things you just can't plan for...

A new novel in the beloved New York Times bestselling Longmire series. When Lolo Long's niece Jaya begins receiving death threats, Tribal Police Chief Long calls on Absaroka County Sheriff Walt Longmire along with Henry Standing Bear as lethal backup. Jaya "Longshot" Long is the phenom of the *Lame Deer Lady Stars* High School basketball team and is following in the steps of her older sister, who disappeared a year previously, a victim of the scourge of missing Native Woman in Indian Country. Lolo hopes that having Longmire involved might draw some public attention to the girl's plight, but with this maneuver she also inadvertently places the good sheriff in a one-on-one with the deadliest adversary he has ever faced in both this world and the next.

The alternate self is a persistent theme of modern culture. From Robert Frost to Sharon Olds, Virginia Woolf to Ian McEwan, poets and novelists--and readers--are fascinated by paths not taken. In an elegant and provocative rumination, Andrew H. Miller lingers with other selves, listening to what they have to say about our stories and our lives.

Being sane has long been defined simply as that bland and nebulous state of not being mentally ill. While writings on madness fill entire libraries, until now no one has thought to engage exclusively with the idea of sanity. In a society governed by indulgence and excess, madness is the state of mind we identify with most keenly. Though ultimately destructive, it is often credited as the wellspring of genius, individuality, and self-expression. Sanity, on the other hand, confounds us. One of the world's most respected psychoanalysts and original thinkers, Adam Phillips redresses this historical imbalance. He strips our lives back to essentials, focusing on how we—as human beings, parents, lovers, as people to whom work matters—can make space for a sane and well-balanced attitude to living. In a world saturated by tales of dysfunction and suffering, he offers a way forward that is as down-to-earth and realistic as it is uplifting and hopeful.

This book is two things. It's an eye-opener to the fact that we don't have to do a million things to be productive (or successful). And it's a coach that helps us trim the fat, get real with our purpose, and start living more intentionally-Goop Dalton helps readers by teaching us to focus on the most important things and create our own operating systems that are exclusive to our lives as individuals. By doing this, we can simplify and make life even better- San Francisco Book Review Dalton's ground-up approach to productivity teaches readers to identify their real priorities and, in doing so, cut their massive to-do lists down to size by learning to say no to the tasks that pull them away from their North Star-Grateful Overwhelmed. Do you wake up in the morning already feeling behind? Does the pressure of keeping it all together make you feel anxious and irritable? Tanya Dalton, CEO and productivity expert, offers you a liberating shift in perspective: feeling overwhelmed isn't the result of having too much to do -- it's from not knowing where to start. Doing less might seem counterintuitive, but doing less is more productive, because you're concentrating on the work you actually want to be doing. Through this book, you can learn how to: Identify what is important to you and clarify your priorities. Develop ways to streamline your specific workflow. Discover your purpose. Named Top 10 Business Book of the Year by Fortune magazine, *The Joy of Missing Out* is chock-full of resources and printables. This is a legitimate action plan for change. Once you reject the pressure to do more, something amazing happens: you discover you can finally live a guilt-free,

abundant life.

The renowned French philosopher's "ode to love's power to unite in the face of eternity, and its optimism in the face of pain" (Publishers Weekly). In a world rife with consumerism, where online dating promises risk-free romance and love is all too often seen as a mere variant of desire and hedonism, Alain Badiou believes that love is under threat. Taking to heart Rimbaud's famous line "love needs reinventing," *In Praise of Love* is the celebrated French intellectual's passionate treatise in defense of love. For Badiou, love is an existential project, a constantly unfolding quest for truth. This quest begins with the chance encounter, an event that forever changes two individuals, challenging them "to see the world from the point of view of two rather than one." This, Badiou believes, is love's most essential transforming power. Through thought-provoking dialogue edited from a conversation between Badiou and Truong, a vibrant cast of thinkers are invoked: Kierkegaard, Plato, de Beauvoir, Proust and more create a new narrative of love in the face of twenty-first-century modernity. Moving, zealous, and wise, Badiou's "paean to the anticapitalist, antiessentialist, unifying power of love" urges us not to fear it but to see it as a magnificent undertaking that compels us to explore others and to move away from an obsession with ourselves (Publishers Weekly). "Finally, the cure for the pornographic, utilitarian exchange of favors to which love has been reduced in America. Alain Badiou is our philosopher of love." —Simon Critchley, author of *The Faith of the Faithless*

Much has been written of the forbidden pleasures. But what of the "unforbidden" pleasures? *Unforbidden Pleasures* is the singular new book from Adam Phillips, the author of *Missing Out*, *Going Sane*, and *On Balance*. Here, with his signature insight and erudition, Phillips takes Oscar Wilde as a springboard for a deep dive into the meanings and importance of the unforbidden, from the fall of our "first parents," Adam and Eve, to the work of the great psychoanalytic thinkers. Forbidden pleasures, he argues, are the ones we tend to think about, yet when you look into it, it is probable that we get as much pleasure, if not more, from unforbidden pleasures than from those that are taboo. And we may have underestimated just how restricted our restrictiveness, in thrall to the forbidden and its rules, may make us. An ambitious book that speaks to the precariousness of modern life, *Unforbidden Pleasures* explores the philosophical, psychological, and social dynamics that govern human desire and shape our everyday reality.

Opines that most people lack the skills and knowledge to invest their money but do it anyway, and unsuccessfully. Explains how to invest wisely and how markets really work. Looks at how to double a retirement fund.

"Balancing acts," writes Adam Phillips, "are entertaining because they are risky, but there are situations in which it is more dangerous to keep your balance than to lose it." In these exhilarating and casually brilliant essays, the philosopher and psychoanalyst examines literature, fairy tales, works of art, and case studies to reveal the paradoxes inherent in our appetites and fears. How do we know when enough is enough? Are there times when too much is just right? Why is Cinderella's biggest problem not the prince but other women? What can Richard III's furious sense of his own helplessness tell us of our own desires? *On Balance* shows Phillips's bravura gift for linking disparate ideas and the dreamers that dreamed them into something beautiful, revelatory, and essential.

Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. Orphaned by their mother's death and their father's disappearance and bound together by a preternatural connection and a shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

Psychotherapist Adam Phillips focuses on a variety of subjects rarely investigated by psychoanalysis--such things as kissing, worrying, risk, and solitude. Phillips rejects the common notion that only the examined life is worth living, asserting that one's psychic health depends on establishing a realm of life that successfully resists interpretation.

All of us lead two parallel lives- the life we actually live and the one that we wish for and fantasise about. And this life unlived (the one that never actually happens, the one we might be living but for some reason are not) can occupy an extraordinary part of our mental life. We share our lives, in a sense, with the people we have failed to be - and this can become itself the story of our lives- an elegy to needs unmet, desires sacrificed and roads untaken. We quickly notice as children that our needs, like our wishes, are often unmet. And we begin then to learn to live somewhere between the lives we have and the lives we would like. We become haunted by the myth of our own potential, of what we might have it in ourselves to be or to do. And this can make of our lives a perpetual falling short - a failure to live the good life that we are told is one lived to the full. In this elegant, compassionate and absorbing book, acclaimed psychoanalyst Adam Phillips demonstrates that there might in fact be much to be said for the unlived life. Drawing deeply on the works of Shakespeare and of Freud, amongst other writers and thinkers, he suggests that in missing out on one experience we always open ourselves to the potential of another, and that in depriving ourselves of the frustration of not getting what we think we want, we would be depriving ourselves of the possibilities of satisfaction. The experiences described in this wise and witty book - missing out, getting away with it, getting out of it and not getting it - are all chapters in our unlived lives and as Adam Phillips suggests they may in fact be essential to a life fully lived.

A busy Hollywood couple spins a hilarious cautionary tale about what happens when you are glued to your phone. It's a lively day at the neighborhood park. Birds are singing, squirrels are frolicking, dogs are causing a commotion--and wide-eyed children are enthralled by it all. Too bad the parents are missing everything! It's going to take something really BIG to get them to disengage from their phones . . . This timely story, brought to life with beautiful bold art, is a great reminder to slow down and savor time together.

Kindness is the foundation of the world's great religions and most-enduring philosophies. Why, then, does being kind feel so dangerous? If we crave kindness with such intensity, why is it a pleasure we often deny ourselves? And why—despite our longing—are we often suspicious when we are on the receiving end of it? In this brilliant book, the eminent psychoanalyst Adam Phillips and the historian Barbara Taylor examine the pleasures and perils of kindness. Modern people have been taught to perceive ourselves as fundamentally antagonistic to one another, our motives self-seeking. Drawing on intellectual history, literature, psychoanalysis, and contemporary social theory, this book explains how and why we have chosen loneliness over connection. On *Kindness* argues that a life lived in instinctive, sympathetic identification with others is the one we should allow ourselves to live. Bursting with often shocking insight, this brief and essential book will return to its readers what Marcus Aurelius declared was mankind's "greatest delight": the intense satisfactions of generosity and compassion. From the UK's foremost literary psychoanalyst, a dazzling new book on the universal urge to change our lives. We live in a world in which we are invited to change—to become our best selves through politics, or fitness, or diet, or therapy. We change all the time—growing older and older—and how we think about change changes over time too. We want to think of our lives as progress myths—as narratives of positive personal growth—at the same time as we inevitably age and suffer setbacks. Adam Phillips's sparkling book *On Wanting to Change* explores the stories we tell about change, and the changes we actually make—and the fact that they don't always go, or come, together.

Have you seen Henry? He is small, with curly hair, big dark eyes, a freckled nose, and a huge smile! Where is Henry? His best friend is looking all over for him in this charming picture book by renowned children's writer and illustrator Philippe Béha.

Whimsical art and a premise that will hook young readers (where is my best friend?) build a sweet story that ends with a satisfying twist. It turns out that Henry is missing for a very good reason! The story takes the reader through familiar neighbourhood spots - the park, the grocery store, a bakery - with a counting element built into the telling. Bright art is the perfect backdrop for the child's

emotional journey. And when he finds his best friend and discovers why he was missing, readers will delight in the joyful reunion.  
Missing Out In Praise of the Unlived Life Farrar, Straus and Giroux

"...a daunting triumph of will pushing its way through imposing roadblocks to a magical country, an absurdist nirvana of humor, pathos, and loss."--Time magazine  
A Void is a metaphysical whodunit, a story chock-full of plots and subplots, of trails in pursuit of trails, all of which afford Perec occasion to display his virtuosity as a verbal magician. It is also an outrageous verbal stunt: a 300-page novel that never once employs the letter E. The year is 1968, and as France is torn apart by social and political anarchy, the noted eccentric and insomniac Anton Vowl goes missing. Ransacking his Paris flat, his best friends scour his diary for clues to his whereabouts. At first glance these pages reveal nothing but Vowl's penchant for word games, especially for "lipograms," compositions in which the use of a particular letter is suppressed. But as the friends work out Vowl's verbal puzzles, and as they investigate various leads discovered among the entries, they too disappear, one by one by one, and under the most mysterious circumstances . . .

From multi-award-winning Neil Gaiman comes a spectacularly silly, mind-bendingly clever, brilliantly bonkers adventure – with lip-smackingly gorgeous illustrations by Chris Riddell. Mum's away. Dad's in charge. There's no milk. So Dad saves the day by going to buy some. Really, that's all that happens. Very boring. YAAAAAAAAWN. There are absolutely none of the following inside: GLOBBY GREEN ALIENS! INTERGALACTIC POLICE! PIRATES! And most definitely NOT a time-travelling hot-air balloon piloted by the brilliant Professor Steg ...

[Copyright: 57de4a031808b700da9c75793b43d3e0](#)