

Mont Blanc And The Aiguilles Rouges A Guide For Skiers

A comprehensive guide to exploring the best of France's history, culture, and landscape.

Discover the skiing downhill of the Aiguilles rouges Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Aiguilles rouges massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about the Aiguilles rouges. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one of the first to ski on extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT The Aiguilles Rouges chain could have suffered from being so close to its illustrious neighbour, the Mont Blanc Massif, but in fact the huge variety of routes on offer here means that the two ranges complement each other. From easy tours to narrow couloirs, from routes with easy access from ski lifts to numerous possible traverses, the Aiguilles Rouges is an integral part of the Mont Blanc region. Thanks to this ease of access and the great circuits that can be done in this area, this is also the starting point for trips heading north: to Sixt, Flaine and Les Portes du Soleil; or to the east and Switzerland: to the high limestone Alps via the Col de la Tour Salière and the Barberine cols; not forgetting, of course, the great routes on the Bel Oiseau, the Dent de Fenestral or Fontanabran between Finhaut and Les Marécottes. Moreover, this chain of crystalline rock (gneiss) also offers superb views of the whole of the Mont Blanc Massif, which are both breathtakingly beautiful and, more importantly, are a great opportunity for getting a look at routes for the future. The other advantage the Aiguilles Rouges has is that you can easily choose the best side of the chain to ski on, as the ski lifts and the pistes are all on the south side and the best descents are to be had on the 'wild' north side where the snow stays in excellent condition for a long time. The secondary ranges of the Perrons and Luisin-Emaney don't have ski lifts and usually get skied at the beginning of the season, for road access to the Emosson Dam, as the snow cover is generally better here (the area is near the very wet valleys of Haut Faucigny).

Discover the skiing downhill of the Swiss Val Ferret Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Swiss Val Ferret massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing

leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about the Swiss Val Ferret. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud made a mark on the Alps skiing steep slopes history. He was a high mountain guide in 1973, and was one the first who skied extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides training in Bolivia and Nepal. EXCERPT Swiss Val Ferret offers a very special collection of ski descents and tours. The numerous heli-drops of skiers in the winter have little affect on the ski-tourers in the area as the classic tours, such as the Three Cols, and the start of the Chamonix-Zermatt Haute Route don't really get skied until the spring. There are three big huts that are convenient for early morning starts. A fourth hut (smaller and in a wonderful location) is also used by skiers, although it was built with summer climbers and mountaineers in mind and is similar to the La Maye Bivouac on Mont Dolent. Le majestueux Mont Blanc figure parmi les plus grands sanctuaires mondiaux du ski. Il offre une fois l'hiver venu un éventail unique de pentes de rêve. Anselme Baud, guide de montagne et précurseur du ski extrême, nous invite à découvrir ce fabuleux terrain de jeu. Des classiques en ski de rando aux pentes les plus extrêmes, ce topo réunit la description précise et complète de plus de 400 descentes des massifs du Mont Blanc et des Aiguilles Rouges. De l'amateur de belles pentes au freerider extrême, les passionnés de grand ski trouveront dans ce guide toutes les informations nécessaires pour tracer des lignes parfaites !

Discover the skiing downhill of the Chamonix Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Chamonix massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about Chamonix. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT We now come to the Chamonix Aiguilles and the final section of the Mont Blanc Massif. You can't miss the Chamonix 'Needles' as you arrive in this, the capital of mountaineering. Above and behind them, forming the heart of the Massif, sit Mont Blanc and its surrounding peaks (the Tacul, Maudit and Goûter), which have made the valley famous. There are two different approaches to skiing in this area: – classic ski-touring, with its 1 to 2-day

climbs and long descents that require mountaineering skills and experience as this is a high mountain environment crossing glaciated terrain; – the ‘new wave’ of freeriders. Using the cable-cars means you can shorten or completely avoid long climbs up to some of the routes in this area, and the approach to the valley’s ‘mythic’ descents, such as the north face of the Aiguille du Midi, can be relatively quick and easy. In fact, from the start of winter a veritable festival of freerider descents is played out before our eyes. Just after a large fall of snow, the slopes on the Glacier Rond, the Cosmiques Couloir and many other routes become almost ‘snow parks’, which would have been inconceivable 30 years ago...

It’s the Alps’ most famous mountain resort and the death-sport capital of the world, but there’s much more to Chamonix than the rush. In this new age of travel, we are all seeking a more immersive experience – a consciousness to our trip and a better understanding of our surroundings. In the Chamonix-Mont-Blanc travel guide, we share our 20 years of experience of the valley to help travellers make the most informed use of their time.

The 54 walks in this guidebook explore the popular region around Mont Blanc. These routes showcase the best mountain walking to be found on both the French and the Italian sides of the Mont Blanc massif. The 50 contrasting day walks (3-20km) range from high-level walks to easy summits, mountain huts, viewpoints and mountain lakes, as well as less strenuous valley walks. Also included are four multi-day treks: Vallorcine to Plaine Joux, Vallorcine to Servoz, the Tour of the Aiguilles Rouges and a circuit of the Italian Val Ferret. Walks are organised according to the nearest town base: St Gervais les Bains and Les Contamines, Servoz and Plateau D’Assy, Les Houches, Chamonix, Argentiere, Vallorcine and Courmayeur. Walks are Graded 1 to 3: grade 1 walks are manageable by any reasonably fit person on good, usually waymarked paths, while grade 3 routes are long, tough routes, often without waymarking, making navigation difficult: there could also be some scrambling. Additionally there is often a valley walk that can be done whatever the weather, or on rest days, with children, by bike, or as a run. All routes feature a detailed route description and mapping.

Mont Blanc Massif is one of the world’s most popular winter destinations, and it is a playground for skiers and boarders. This guide to the region looks at the classic ski tours available, including some of extreme skiing’s most challenging descents.

Discover the skiing downhills of the Talèfre-Leschaux Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Talèfre-Leschaux massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about Talèfre-Leschaux. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhills in the Alps, the

Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT We are now on the south side of the huge and austere rocky walls that make up the north faces of the Aiguille Verte, the Droites and the Courtes. We leave behind us the vertiginous ice slopes that fall straight down to the Argentière Glacier. But don't for a minute think that things are going to be easier on this side, because that certainly isn't the case! Whichever side you are on, the slopes here are just steep. Nevertheless, the history of extreme skiing has made light work of these south and west faces. Whether it's the Charpoua cirque, where Jean-Marc Boivin and others pioneered routes, or the south faces of the Droites and the Courtes, nothing is as it seems. These routes are consistently exposed, and so to the risks of the routes themselves you should add those that their orientation brings (rock fall, avalanches...). Although accessing these routes was made a little bit easier by the construction of the Aiguille du Midi cable-car and the Montanvers railway, few of them can be done in a day. Moreover, some of these areas, such as the Courtes Glacier, are very broken up and crevassed which makes accessing them quite a hit and miss affair... The Talèfre Glacier has receded so far since 2000 that you can now avoid the dangerous and tiresome trudge up the Leschaux Glacier moraine. This convenient gap in the glacier means that, on the climb up, you can easily get to the foot of the Pierre à Béranger via the west face of the old line of moraine. The descent, down the right bank, is even easier still. Don't let this picture of ease and comfort fool you, the skiing is hard here and these are 'real' mountains! To ski here you have to be an experienced mountaineer as well as skier. All that said, this area has great routes to ski, to dream about and to remember for a long time to come...

Discover the skiing downhills of Contamines-Val Montjoie Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Contamines-Val Montjoie massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about the Contamines-Val Montjoie. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhills in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT There are several reasons why I chose to start the book on this side of Mont Blanc. This part of the Massif generally gets snow early in the season and you get a real sense of its majesty and grandeur from this, its west side. I hope that the skiers and boarders who read this book will understand and agree with this choice. If not, well, it will give them something to talk about during the long winter evenings in the numerous mountain huts around the Mont Blanc Massif!

As well as being the home of mountaineering, Chamonix also boasts a vast walking and trekking potential. With lifts (strictly optional) to take out the first and hardest 1000metres, it is possible to walk at high level all day, amidst glorious views of Mont Blanc, the famous Chamonix Aiguilles, the Verte and many other superb peaks, as well as being amongst the more accessible, walker-friendly Aiguilles Rouges, high above the valley. The system of alpine huts provides refreshments during the day and if needed, accommodation at the end of the day. This updated guide explores the best walking in the valley, including around Vallorcine, Argentiere, Servoz and the Les Contamines valley as well as Chamonix itself. Complete and up to date details of the facilities, accommodation, and lifts are given, together with a full introduction for planning both trips and routes. There are 36 routes and many variants.

All the skiing downhill of the Aiguilles Rouges and Mont Blanc mountains are gathered in this unique book, written by one of the most talented skiers of his generation.

Located at the very heart of the highest mountains of Europe, the majestic Mont Blanc massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. He gives us here the first comprehensive rundown of the Mont Blanc and Aiguilles Rouges skiing downhill. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. PRESS REVIEW - « In its own genre, this is a bible » - *Alpinisme & Randonnée* - « More than a rundown guide, the latest Anselme Baud's work is a real nice book, easy-reading, full of information and suggestions » - *Vertical* - « Did Anselme Baud just write the skiing Bible of the Mont Blanc and Aiguilles Rouges mountains ? » - *Montagnes Magazine* - « This is the skiing rundown that missed on our bookshelves » - *Bulletin des guides* - « A gold nugget. A complete and documented how-to-book. Don't leave it away : this is a friend advice » - *Ski Français* ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. From the amateur looking for the most beautiful powder snow to the mountaineer who is keen on extreme skiing, ski fans will find in this book all the useful information to fulfill their dreams of perfect lines and immaculate marks! EXCERPT INTRODUCTION MONT BLANC Unique and majestic, basking in glorious light or vexed by troublesome storms, Mont Blanc is the king of Europe. It presides in stately fashion over its glaciers, deep valleys, and delicately crenellated granite ridges. Its summit has always been prized ; its deadly rages terrifying some and fascinating others. The first to tread on its snowy dome were the Chamoniards Gabriel Paccard and Jacques Balmat on 8th August 1786. Since that time the mountain has enjoyed no respite : first came the caravans of hopeful conquerors, then there were the intrepid unguided parties, those in eager pursuit of discovery, and adventurers of all kinds. Latterly, with the aid of advances in technology, we have witnessed, or indeed participated in, some more irreverent assaults on the mountain's dignity : Jansen's

laboratory (financed by Eiffel), a banquet sponsored by a leading brand of champagne, a car on the summit that subsequently remained stranded in a snowdrift on the Petits Mulets Ridge (4690m) for several months, to name but a few...

The stately Mont Blanc massif is one of the world's most popular and prestigious ski and Winter mountaineering destinations. Chamonix based mountain guide Anselme Baud, a figurehead of extreme skiing, has written the first comprehensive guide to this fantastic playground and its unique choice of ski rides. Ranging from ski touring classics to the toughest ski-mountaineering challenges, this guide includes precise and complete descriptions of over 400 descents in the Mont Blanc and the Aiguille Rouges massifs. An indispensable guide to quite simply some of the world's best skiing !

This guidebook contains in-depth route description and mapping for both the classic 11 day anti-clockwise circuit and an alternative 10 day clockwise TMB circuit. This well-signed but demanding 170km route, starting from Les Houches or Champex, is suitable for fit walkers. The guidebook comes with a map booklet containing official 1:25,000 IGN mapping for the TMB route, and urban maps for the major centres of Chamonix, Courmayeur, Les Contamines, Les Houches and Champex. Complete with a French-English glossary, comprehensive notes about accommodation, facilities and transport, this guide provides all the information needed for planning and completing your trek. The Tour of Mont Blanc is one of the world's classic treks. Visiting France, Italy and Switzerland, the TMB passes through some of Europe's most spectacular mountain scenery, with views of the peaks and glaciers of the magnificent Mont Blanc massif.

Discover the skiing downhill of the Courmayeur Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Courmayeur massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about Courmayeur. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one of the first to ski on extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT The Italian part of the Mont Blanc Massif (Val Ferret and Val Veni) is home to some of the most imposing 4000m peaks in the Alps. While the Aiguille des Glaciers, Tre la Tête peaks and the Miage on the west face are great

for skiing, few of the descents around Mont Blanc itself are regularly skied. Thanks to the relative ease of access to the Col du Géant there are numerous possible routes ranging from the Vallée Blanche to the magnificent, steep faces and couloirs nearby. To the east, on the Grandes Jorasses and on Mont Gruetta, there are a couple of major descents that are often skied. Finally, there is the Mont Dolent sector which forms the border with Switzerland and has a number of routes. Its altitude meant that the Col du Géant sector was a summer ski area until 1988.

Discover the skiing downhill of the Géant Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Géant massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about the Géant. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier.

ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhill in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal.

EXCERPT The Vallée Blanche forms the backbone of this area and it can be accessed quickly from the Aiguille du Midi, the starting point for routes on the Géant Glacier, the Tacul and the Périades. Unlike the routes in the previous chapter, most of the tours here can be done in a day and the height gains are not excessive (maximum of 900m). Also, in this part of the Massif there is a broad range of routes, and you will find steep slopes and classic tours next door to each other. For all these reasons, this is a very popular area. There are lots of people on the easy routes by the Aiguilles Marbrées and the Col d'Entrèves, while the Brèche Puiseux area is less popular, but also more and more amateur extreme skiers are trying routes on the Tour Ronde and the big couloirs on the Tacul (Diable, Gervasutti, Jager). However, these figures pale into insignificance compared with the hordes of skiers and boarders who can be found on the world-famous Vallée Blanche from the beginning of the winter right through to the end of May. Indeed, you feel the contrast most strikingly once, with skins on your skis, you start climbing up towards the less accessible routes...

Discover the skiing downhill of the Argentières Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Argentières massif stands as a reference

among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about the Argentières. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud left his mark on the Alps skiing steep slopes history. As a high mountain guide in 1973, he was one the first to ski on extreme downhills in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides trainings in Bolivia and Nepal. EXCERPT The Argentière Basin is quite unique in the French Alps. From piste skiing to off-piste descents and ski-mountaineering tours, there is a fantastic selection of routes for all levels of skier on offer in this area. Freeriders and ski-tourers can take their pick of superb off-piste routes (Pas de Chèvre, Argentière Glacier...), the great couloirs (Chapeau, Poubelles...) and classic tours (Col du Chardonnet, Col du Passon...) and the big 'extreme' slopes (Courtes, Verte...). The Grands Montets is the starting point for the classic Chamonix-Zermatt Haute Route and it also allows access to Switzerland, via the Col du Chardonnet. This means that some of the tours can be done in a day or you can do them in two stages by staying at the Argentière Hut. Unfortunately, the popularity of the Grands Montets ski station sometimes distracts a little from the splendour of the surrounding landscape as the crowds of visitors to the slopes sometimes show a certain lack of respect for the environment that welcomes them. Nevertheless, with a little bit of effort you can still find peace and quiet and, more importantly, slopes of untracked snow here.

A collection of the 100 must-do climbing routes in the Mont Blanc Massif, ranging from historic classics to more recent lines, described in order of increasing difficulty.

Discover the skiing downhills of the Tour Mountain in this very detailed and documented book, written by one of the most talented skiers of his generation. Located at the very heart of the highest mountains of Europe, the majestic Tour massif stands as a reference among the most sacred skiing places in the world. When winter comes, this snow-addict heaven offers a unique range of dream slopes, from the easiest to the most breathtakingly high ones. Anselme Baud is an extreme skiing leading head and one of the best experts of this mountain. From classic skiing hikes to mountaineering competitions, this guide book presents a precise description of all the biggest slopes this mythic area could offer. In this volume you can find all the information about Le Tour. Thanks to his charming accounts and instructive advice, Anselme Baud shares with us his precious and wide experience as a high mountain guide and an exceptional skier. ABOUT THE AUTHOR Born in Morzine in 1948, Anselme Baud made a mark on the Alps skiing steep slopes history. He was a high mountain guide in 1973, and was one the first who skied extreme downhills in the Alps, the Andes, in Antarctica or in the Himalayas. As an ENSA professor, he supervised during several years the mountain guides training in Bolivia and Nepal. EXCERPT The Le Tour ski station is served by the Charamillon-col de Balme lift systems. The skiing here is accessible, 'user-friendly' and good for all the family. For the more committed off-piste skier, there is also the descent to Les Jours in Switzerland on the north face, above Vallorcine. However, as with any area at the head of a valley, Le Tour is subject to frequent changes in the air currents and you should be aware of what they are doing if you are planning to ski the routes here. In fact, although Le Tour has an image as an area for relatively easy 'moyenne montagne' skiing, you should not underestimate the ever-present risks. The accumulation of snow that occurs as a direct result of these specific conditions is responsible, each year, for a number of accidents and avalanches. The high mountains that overlook this mixture of forests and pastures form the

eastern extremity of the Mont Blanc Massif and it has been quite calm here since the snout of the glacier avalanched.

Tour du Mont Blanc is the definitive guidebook for one of the most famous long-distance treks in the world. This trek circles the entire Mont Blanc massif, passing through spectacular scenery in France, Italy and Switzerland. You'll traverse high mountain passes, see stunning glaciers, pass azure lakes, wander through tranquil green valleys and alpine pastures, with snow-capped peaks visible above. Written by Tour du Mont Blanc expert Kingsley Jones, this guidebook includes unique customised timings to enable accurate itinerary planning for walkers, trekkers, fastpackers and trail runners, allowing you to plan your Tour du Mont Blanc at a pace to suit you. You'll find everything that you need to plan and undertake your Tour du Mont Blanc, including travel information, navigation, accommodation options, equipment and safety, food and drink, as well as useful extra information such as wild swimming locations and trekking tips. Together with amazing photography, the route includes clear and comprehensive directions, refreshments stops, accommodation and local points of interest, and is accompanied by bespoke 1:40,000-scale maps. Route variations are also included.

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