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Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Mushrooms: (FREE Bonus Included) 20 Lessons And Tips How To Grow Mushrooms At Home, Simple to Advanced Techniques Whether you like mushrooms or not you will find this book extremely useful when considering how to grow mushrooms at home. Even if you are not a mushroom fan it is a useful skill to have. Not only will it provide a large quantity of mushrooms to those you know who do enjoy mushrooms It could also be a valuable skill should a disaster ever occur. Mushrooms can be grown and harvested in a short space of time and are a valuable addition to any diet. An additional benefit is that you will be able to identify some of the more common types of mushrooms and know which ones can be picked and eaten and which to stay clear of. This book is designed to introduce you to growing mushrooms at home; the procedure is surprisingly simple and easy to follow and needs very few materials and equipment. In fact, it is entirely possible to growing without having to purchase anything other than the spores or spawn. This book

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will provide you with the following information: An introduction to mushroom growing and why it is such a popular activity.

The essential tools and equipment you will need alongside five useful tips. How to start growing your mushrooms and a selection of five tips to help you achieve the best possible harvest; even in your first year of growth. Ten additional tips to ensure your mushroom farming is successful; whether you are new to mushroom growing or have many years of experience. Download your E book "Mushrooms: 20 Lessons And Tips How To Grow Mushrooms At Home, Simple to Advanced Techniques" by scrolling up and clicking "Buy Now with 1-Click" button!

The mysterious world of fungi is once again unearthed in this expansive second edition. This textbook provides readers with an all-embracing view of the kingdom fungi, ranging in scope from ecology and evolution, diversity and taxonomy, cell biology and biochemistry, to genetics and genomics, biotechnology and bioinformatics. Adopting a unique systems biology approach - and using explanatory figures and colour illustrations - the authors emphasise the diverse interactions between fungi and other organisms. They outline how recent advances in molecular techniques and computational biology have fundamentally changed our understanding of fungal biology, and have updated chapters and references throughout the book in light of this. This is a fascinating and accessible guide, which will appeal to a broad readership - from aspiring mycologists at undergraduate and graduate level to those studying related disciplines. Online resources are hosted on a complementary website.

Fulfilling a wish to live in a remote location and the great luck of finding Morgan Spring was a dream come true. The author and Linda, his childhood sweetheart, quickly realized Morgan Spring was a perfect place for retirement and an extended honeymoon. Morgan Spring opened its pages to teach about

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the day-to-day living where mail came three days per week and where the water was beyond quenching. Their little spot, surrounded by a meadow often filled with elk and a forest with

breezes singing through the needles of evergreen trees, offered habitat for wildlife precious to dangerous, from mushrooms to birds, wildflowers to backyard skunks. Thinking of birds invited forays into how some birds acquired their names and occasional swoops into bird business such as catching flies. Morgan Spring is witness to a rich geological history beginning in the shadow of Mount Mazama of the Cascade Mountains. The richness of human history ranges from bad to good and entertaining. The health of the ecology of Morgan Spring country is also varied, but its outcome hopeful. We rarely saw neighbors. When we did, it was a delight knowing that they also loved Morgan Spring.

This book focuses on recent advances in our understanding of wild edible mycorrhizal fungi, truffle and mushrooms and their cultivation. In addition to providing fresh insights into various topics, e.g. taxonomy, ecology, cultivation and environmental impact, it also demonstrates the clear but fragile link between wild edible mushrooms and human societies. Comprising 17 chapters written by 41 experts from 13 countries on four continents, it enables readers to grasp the importance of protecting this unique, invaluable, renewable resource in the context of climate change and unprecedented biodiversity loss. The book inspires professionals and encourages young researchers to enter this field to develop the sustainable use of wild edible mushrooms using modern tools and approaches. It also highlights the importance of protecting forested environments, saving species from extinction and generating a significant income for local populations, while keeping alive and renewing the link between humans and wild edible mushrooms so that in the future, the sustainable farming and

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use of edible mycorrhizal mushrooms will play a predominant role in the management and preservation of forested lands. As an unspeakable evil surfaces, the only hope lies in the least likely of places! The world has become lawless, and warring clans populate the streets of every town. But there is no doubt that the Addiction Clans are the most dangerous. When Master Chong invented the five Addiction Styles and assigned them to five monks, he intended them to be used benevolently. But three of his students bastardized his teachings and have dedicated them to evil. Now they command powerful clans...and have their own agenda. With the two remaining styles, Wun Lung, the Smoking Monk, works tirelessly for the benefit of the people, all while smoking his mystical herb. And his estranged half-brother, Yul Lager, the Drunken Monk, has descended into alcoholism and physical decay. As the Mushroom King and his Clan Shitake launch a devious offense, only the estranged half-brothers have the power to battle his fearsome Addiction Style. But can Wun Lung pull Yul from the brink of self-destruction? And can the two harness their powers and thwart the Mushroom King in the most difficult battle of their lives? The path to their destiny is fraught with danger at every turn, and their adventure is made complete by a host of memorable characters, including a shape-shifting dragon! Prepare for a journey of legend! Mushrooms, the first of a major new series of books on British natural history, provides a remarkable insight into the natural and human world of fungi. Peter Marren, in his inimitable, relaxed style, guides the reader through the extraordinary riches of this often overlooked group,

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from the amazing diversity of forms and lifestyles that populate the fungal landscape, to the pursuit of edible fungi for the pot, and the complexities of identification thrown up by our modern understanding of DNA.

Throughout the book, the author tells a story rich in detail about how we have come to appreciate and, in some cases, fear the mushrooms and toadstools that are such an integral part of the changing seasons. Marren also provides a refreshingly candid view of our attempts to name species, the role of fungi in ecosystems, and our recent efforts to record and conserve them.

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When you're in the wild and you spot a nice-looking mushroom, how do you know if it is safe to eat? Question no more with the The Pocket Guide to Wild Mushrooms. This tiny companion is the perfect book to bring along when foraging for delectable fungi. Inside its neatly arranged pages are fifty-two edible mushrooms as well as the mushrooms with which they are often confused, whether edible or toxic. Beautiful photographs adorn the pages with mushrooms in the wild as well as picked, showing them from a multitude of angles. Study these photographs and you will become adept at recognizing edible and safe mushrooms. Even those who are unfamiliar with the mushroom forest can make a start at foraging with this instructional work, and, with the help of The Pocket Guide to Wild Mushrooms, can

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become experts in no time. Using practical symbol systems, distribution maps, and tips on picking, cleaning, cooking, and canning, the reader will also become familiar with a wide variety of wild mushrooms, including morels, black trumpets, chanterelles, sheep polypore, porcini, a variety of boletes, and many more. Grabbing this guide on the way out to go hunt for mushrooms will ensure a successful foraging experience.

"Two world wars, concentration camps, the obliteration of Hiroshima and Nagasaki, and continued preparations for nuclear war illustrate the modern world's propensity for mass destruction. . . . Yet there have been important signs of resistance to this trend. These have included not only the emergence of mass-based peace and disarmament movements but activist intellectuals grappling with the growing problem posed by mass violence among nation-states. . . . Bess examines the lives and ideas of four of these intellectuals: Leo Szilard of Hungary and (later) the United States, E. P. Thompson of England, Danilo Dolci of Italy, and Louise Weiss of France. . . . Realism, Utopia, and the Mushroom Cloud is a powerful, important scholarly work, casting new light upon some of the great issues of modern times. Readers will learn much from it."—Lawrence S. Wittner, *Peace and Change* "Bess seeks to understand the way in which the creation of the atomic bomb has changed the social and political situation of humankind. Are we to be held hostage by military forces or can we transform our situation? He describes the lives of four very different activists, each with different views on what causes conflict and how best

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to address conflict. . . . Overall, this book offers an interesting perspective on life after the atomic bomb. . . . In asking ourselves what the possibilities of our future are, we can turn to these lives for some guidance. . . .

This book is informative, provocative, and encourages one to consider carefully how s/he chooses to live."—Erin McKenna, *Utopian Studies* "These four lives, researched and skillfully presented by historian Michael Bess, make fascinating stories in themselves. They also serve as useful vehicles for examining major cross-currents of Cold War resistance. . . . From Weiss the cynical pragmatist to Szilard the high-level fixer to hompson the social reformer to Dolce the spiritual street organizer, Michael Bess has woven an illuminating tapestry of human efforts to cope with life under the mushroom cloud."—Samuel H. Day Jr., *The Progressive*

Mushrooms have been used as medicine for thousands of years and their value in boosting immunity, improving memory, and even fighting cancer is being recognized and documented in scientific research. Christopher Hobbs, a mycologist and herbalist at the forefront of contemporary research, profiles the most powerful medicinal mushrooms and explains the nutritional and medicinal compounds in each one. Detailed instructions cover how to select, store, and prepare each variety for use. Whether readers are growing or foraging their own mushrooms, or sourcing them from a local provider, this essential handbook will guide them in making health-boosting medicine. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA. Wild Plants, Mushrooms and Nuts: Functional Properties

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and Food Applications is a compendium of current and novel research on the chemistry, biochemistry, nutritional and pharmaceutical value of traditional food products,

namely wild mushrooms, plants and nuts, which are becoming more relevant in diets, and are especially useful for developing novel health foods and in modern natural food therapies. Topics covered will range from their nutritional value, chemical and biochemical characterization, to their multifunctional applications as food with beneficial effects on health, though their biological and pharmacological properties (antioxidant, antibacterial, antifungal, antitumor capacity, among others).

Identifies over two thousand species, answers common questions about mushrooms, and gives advice on collecting, preserving, and cooking with mushrooms

Learn. Prepare. Trip. Transform! With so much misinformation surrounding magic mushrooms out there, it can be hard to separate fact from fiction. This is where Your Psilocybin Mushroom Companion comes in to help. In this book, you'll find a comprehensive yet friendly guide to everything there is to know about magic mushrooms. Learn how to plan safe, effective trips with easy-to-follow step-by-step advice. Discover how to train a guide to take care of those on psychedelic voyages, as well as how to access the transformative nature of these experiences. Even learn how microdosing can improve your mood, cognitive functioning, creativity, physical stamina, and more. With the most up-to-date research, Your Psilocybin Mushroom Companion will put magic mushrooms into perspective, dispel myths and urban

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legends, and open your mind to the benefits of psychedelic tripping.

What a rare mushroom can teach us about sustaining life on a fragile planet Matsutake is the most valuable mushroom in the world—and a weed that grows in human-disturbed forests across the Northern Hemisphere. Anna Lowenhaupt Tsing’s account of these sought-after fungi offers insights into areas far beyond just mushrooms and addresses a crucial question: What manages to live in the ruins we have made? *The Mushroom at the End of the World* explores the unexpected corners of matsutake commerce, where we encounter Japanese gourmets, capitalist traders, Hmong jungle fighters, Finnish nature guides, and more. These companions lead us into fungal ecologies and forest histories to better understand the promise of cohabitation in a time of massive human devastation. *The Mushroom at the End of the World* delves into the relationship between capitalist destruction and collaborative survival within multispecies landscapes, the prerequisite for continuing life on earth.

Great cooks never stop learning. Go to cooking school in your own kitchen with over 80 themed courses to learn more than 200 skills and cook 400 recipes This all-new exploration of the fundamentals of cooking is perfect for anyone (from brand-new to experienced cooks) who wants to learn not just the “hows” but also the “whys” of cooking. Why does pizza bake better on a stone? Why do mushrooms benefit from water when sautéing? Why should you salt food at multiple stages during the cooking process? More than 80 focused courses let you dive into your favorite topics, whether it's Pizza, Fried

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Rice, Fish on the Grill, or Birthday Cake, and take a mini-bootcamp on the subject, each introduced by an ATK test cook. The courses are presented in easily digestible sections so you don't have to read a lot before you pick up your knife and start cooking. Cooking principles, technique, key takeaways, food science, and more are woven into each course so you learn as you cook. Jump into a class on Fresh Italian Pasta to learn how to:

- make fresh pasta from scratch without a machine
- cut fettucine and make Fettucine Alfredo
- make a classic marinara sauce and basil pesto

Infographic pages take you farther behind recipes and ingredients: See how olive oil is really produced, or how temperature affects the state of butter (and why firm, soft, and melted butter behave differently in cooking). Every chapter progresses from the basics of the best way to poach a perfect egg and make chicken broth to upping your game with huevos rancheros and mastering the elusive roast chicken. If you want to feel accomplished and really know how to cook, come learn with America's Test Kitchen.

Have you ever tried growing any of the legal substances at your own home, but didn't get the results you wanted? Or maybe, it is your first time, and you want to learn how to grow and use them safely and effectively? What about a complete technical guide that will lead you step-by-step through the entire process? I think you are already interested, so keep reading... Ever since some of the light drugs have been legalized, the industry just exploded with massive demand. It looked like people bought as much as they could handle on their

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two arms. And of course, seeing such a demand, companies didn't wait to raise prices "a little bit," and it became more like a luxury product rather than something every common person can buy. So I definitely understand a need to grow your own products. Another problem people usually face when trying to grow their own legal substances, whether it is a weed or hallucinogenic mushrooms, is the quality of the actual products. The benefits they get are very minimal, not even close to close to their expectations and real possibilities. But don't worry, I will teach you how to achieve the results you want... After more than 2 years of in-depth research and practice, I finally decided to create a book cycle, a guide that will give you exact strategies and methods you need for the inexpensive, long term and smooth process. Throughout these two books, you will learn all the most important details you need to know about Marijuana And Psilocybin Mushroom's Growth, Care, And Use. Here are just a few things you are going to find inside: Marijuana vs. Psilocybin Mushrooms (differences explained in detail) How to choose a Perfect Location For Top Quality Weed? What do you need to know before growing Marijuana? Marijuana Horticulture, Indoor vs. Outdoor Cultivation A complete Psilocybin Mushroom Growing Guide Most Common Mushroom Growing Mistakes you should avoid Risk Management, how to use magic mushrooms safely and effectively The Cloning procedure of Magic Mushrooms and Marijuana for better Harvest Much much more... And you definitely don't have to be a horticulture expert to succeed. This book will take you by the hand and lead through every

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single step, even if it's going to be your first time dealing with any plant growth. Now it's your turn to step ahead and take action. Scroll up, click on "Buy Now" and Start Growing The Products You Love and Enjoy The Most!

Decomposing The Shadow presents a psychological model for the experience of the magic psilocybin mushroom. It explores what the experience of this psychedelic medicine exposes to us about the nature of mind, emotion, society, psychospiritual maturity, and reality itself. This book is about facing the darkness within each of us, developing the courage of emotional honesty, and investigating how the unacknowledged aspects of self, the shadow, can make the grounds of personal growth fertile again. The psilocybin mushroom offers us the opportunity to experience life from a point of amplified emotional, psychological, and spiritual significance. It unlocks a perspective of self and other that is naturally occurring within us, but culturally suppressed to the point of nearly complete omission. When we begin to navigate the vastly novel experiences this substance can provide us, we further enable its potential for not only exposing, but healing the unconscious narratives that hold us back from being our fullest, most courageous, most honest self.

A detailed and comprehensive guide for growing and using gourmet and medicinal mushrooms commercially or at home. "Absolutely the best book

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in the world on how to grow diverse and delicious mushrooms.”—David Arora, author of *Mushrooms Demystified* With precise growth parameters for thirty-one mushroom species, this bible of mushroom cultivation includes gardening tips, state-of-the-art production techniques, realistic advice for laboratory and growing room construction, tasty mushroom recipes, and an invaluable troubleshooting guide. More than 500 photographs, illustrations, and charts clearly identify each stage of cultivation, and a twenty-four-page color insert spotlights the intense beauty of various mushroom species. Whether you’re an ecologist, a chef, a forager, a pharmacologist, a commercial grower, or a home gardener—this indispensable handbook will get you started, help your garden succeed, and make your mycological landscapes the envy of the neighborhood.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it’s practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle. Comprehensive and timely, *Edible and Medicinal Mushrooms: Technology and Applications* provides the most up to date information on the various edible mushrooms on the market. Compiling knowledge on their production, application and nutritional effects,

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chapters are dedicated to the cultivation of major species such as *Agaricus bisporus*, *Pleurotus ostreatus*, *Agaricus subrufescens*, *Lentinula edodes*, *Ganoderma lucidum* and others. With contributions from top researchers from around the world, topics covered include: Biodiversity and biotechnological applications Cultivation technologies Control of pests and diseases Current market overview Bioactive mechanisms of mushrooms Medicinal and nutritional properties Extensively illustrated with over 200 images, this is the perfect resource for researchers and professionals in the mushroom industry, food scientists and nutritionists, as well as academics and students of biology, agronomy, nutrition and medicine.

What would it take to grow mushrooms in space? How can mushroom cultivation help us manage, or at least make use of, invasive species such as kudzu and water hyacinth and thereby reduce dependence on herbicides? Is it possible to develop a low-cost and easy-to-implement mushroom-growing kit that would provide high-quality edible protein and bioremediation in the wake of a natural disaster? How can we advance our understanding of morel cultivation so that growers stand a better chance of success? For more than twenty years, mycology expert Tradd Cotter has been pondering these questions and conducting trials in search of the answers. In *Organic Mushroom Farming and*

Mycoremediation, Cotter not only offers readers an in-depth exploration of best organic mushroom cultivation practices; he shares the results of his groundbreaking research and offers myriad ways to apply your cultivation skills and further incorporate mushrooms into your life—whether your goal is to help your community clean up industrial pollution or simply to settle down at the end of the day with a cold Reishi-infused homebrew ale. The book first guides readers through an in-depth exploration of indoor and outdoor cultivation. Covered skills range from integrating wood-chip beds spawned with king stropharia into your garden and building a “trenched raft” of hardwood logs plugged with shiitake spawn to producing oysters indoors on spent coffee grounds in a 4×4 space or on pasteurized sawdust in vertical plastic columns. For those who aspire to the self-sufficiency gained by generating and expanding spawn rather than purchasing it, Cotter offers in-depth coverage of lab techniques, including low-cost alternatives that make use of existing infrastructure and materials. Cotter also reports his groundbreaking research cultivating morels both indoors and out, “training” mycelium to respond to specific contaminants, and perpetuating spawn on cardboard without the use of electricity. Readers will discover information on making tinctures, powders, and mushroom-infused honey; making an antibacterial mushroom cutting board; and growing

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mushrooms on your old denim jeans. Geared toward readers who want to grow mushrooms without the use of pesticides, Cotter takes “organic” one step further by introducing an entirely new way of thinking—one that looks at the potential to grow mushrooms on just about anything, just about anywhere, and by anyone.

This book reveals bothersome details about conspiracy, Extraterrestrials, Fascism, free energy, Freemasons, hidden technology, history, income tax, Jesuits, Khazarians, One World Order, suppressed inventions & energy devices.

Written by renowned author and 3D artist, Kelly L. Murdock, Autodesk Maya 2017 Basics Guide is designed to give new users a solid understanding of the fundamental skills needed to create beautiful 3D models and stunning animations with Autodesk Maya. Using clear and easy to follow instructions this book will guide you through learning all the major features of Maya. The text is complemented by video instruction. Each chapter has a corresponding video tutorial that introduces you to the topics and allows you to watch and learn how functions are performed in a way that a text alone cannot do. Autodesk Maya 2017 Basics Guide makes no assumptions about your previous experience with Autodesk Maya. It begins by helping you get comfortable with the user interface and navigating scenes before moving into modeling, texturing, lighting, animating, rendering and more. Additionally, more advanced features such as character rigging, skinning, animating

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with dynamics and MEL scripting are also introduced. Each chapter begins by examining the concept behind each task, the goal and the necessary features that are involved. Then you go in-depth with the objective of your task as you study examples and learn the steps necessary to complete it. Working your way through the comprehensive, step-by-step lessons, you'll develop the confidence you need to create incredible renderings and animations using Autodesk Maya. Who this book is for This text was created specifically for users with no prior 3D modeling or animation experience. If you want to work in a creative field or are just curious about how 3D animated movies are made this book is the perfect way to get started. Users who are migrating from another 3D application or upgrading from a previous version of Maya will also benefit greatly from this text.

An incredibly versatile cooking ingredient containing an abundance of vitamins, minerals, and possibly cancer-fighting properties, mushrooms are among the most expensive and sought-after foods on the planet. Yet when it comes to fungi, culinary uses are only the tip of the iceberg. Throughout history fungus has been prized for its diverse properties—medicinal, ecological, even recreational—and has spawned its own quirky subculture dedicated to exploring the weird biology and celebrating the unique role it plays on earth. In *Mycophilia*, accomplished food writer and cookbook author Eugenia Bone examines the role of fungi as exotic delicacy, curative, poison, and hallucinogen, and ultimately discovers that a greater understanding of fungi is key to facing many challenges of the 21st century. Engrossing,

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surprising, and packed with up-to-date science and cultural exploration, Mycophilia is part narrative and part primer for foodies, science buffs, environmental advocates, and anyone interested in learning a lot about one of the least understood and most curious organisms in nature.

Many mushrooms - or the 'fruits of fungi' - are extremely valuable, wild-gathered products which are utilised for both their medicinal properties and as food. In many of the world's tropical and temperate forests, they are the primary source of income for the people who live there. These forests range from temperate woodlands and small forests to high altitude forests in the Himalaya and tropical miombo woodlands in south-central Africa. In south-west China, over 200 species of wild fungi in 64 genera are commercially traded while in Europe and North America, woodlands and small forests are the source of many highly-prized mushrooms and an essential resource for many small enterprises and collectors. Yet the increased demand for timber has resulted in the rapid expansion of forestry, which in turn has destroyed the natural habitat of many fungi, unbalancing both forest economics and ecology. Despite the economic, social and cultural values of fungi, there is a general lack of understanding of their importance to local livelihoods and forest ecology. This book aims to fill this gap and extends the People and Plants Conservation Series beyond the plant kingdom into the related world of fungi and mushrooms. It demonstrates the crucial roles that fungi play in maintaining forest ecosystems and the livelihoods of rural people

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throughout the world while providing good practice guidelines for the sustainable management of this resource and an assessment of economic value. It brings together the perspectives of biologists, anthropologists and forest and woodland managers to provide a unique inter-disciplinary and international overview of the key issues.

The most compelling art form to emerge from the United States in the second half of the twentieth century, rock & roll stands in an edgy relationship with its own mythology, its own musicological history and the broader culture in which it plays a part. In *Present Tense*, Anthony DeCurtis brings together writers from a wide variety of fields to explore how rock & roll is made, consumed, and experienced in our time. In this collection, Greil Marcus creates a collage of words and pictures that evokes and explores Elvis Presley's grisly fate as an American cultural image, while Robert Palmer tells the gripping tale of the origins and meanings of the electric guitar. Rap music, MTV, and the issue of gender identity in the work of Bruce Springsteen all undergo thorough examination; rock & roll's complex relationship with the forces of censorship gets a remarkably fresh reading; and the mainstreaming of rock & roll in the 1980s is detailed and analyzed. And, in an interview with Laurie Anderson and an essay by Atlanta musician Jeff Calder, the artists speak for themselves. Contributors: Jeff Calder, Anthony DeCurtis, Mark Dery, Paul Evans, Glenn Gass, Trent Hill, Michael Jarrett, Alan Light, Greil Marcus, Robert Palmer, Robert B. Ray, Dan Rubey, David R. Shumway, Martha Nell Smith, Paul Smith

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