

My Pregnancy Journal With Sophie La Girafe Sophie The Giraffe

Giggle Wiggle Pregnancy Journal & Keepsake is the newest addition to the best-selling series of parenting and baby books from Elizabeth & Alex Luch. This beautiful journal celebrates the joy, love, and adventure surrounding a pregnancy and allows new parents to create a keepsake that will elicit heartwarming memories for a lifetime. With adorable illustrations, characters and fun questions, Giggle Wiggle Pregnancy Journal & Keepsake is sure to become a favorite for any couple having a baby. This beautifully illustrated volume is focused on today's nontraditional families. Fill-in sections of the book go from birth through age 5. Full color. Consumable.

The Eisner Award-winning story about a student figuring out radical politics in a messy world Sophie is young and queer and into feminist theory. She decides to study abroad, choosing Paris for no firm reason beyond liking French comics. Feeling a bit lonely and out of place, she's desperate for community and a sense of belonging. She stumbles into what/who she's looking for when she meets Zena. An anarchist student-activist committed to veganism and shoplifting, Zena offers Sophie a

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whole new political ideology that feels electric. Enamored—of Zena, of the idea of living more righteously—Sophie finds herself swept up in a whirlwind friendship that blows her even further from her rural California roots as they embark on a disastrous hitchhiking trip to Amsterdam and Berlin, full of couch surfing, drug tripping, and radical book fairs. Capturing that time in your life where you're meeting new people and learning about the world—when everything feels vital and urgent—*The Contradictions* is Sophie Yanow's fictionalized coming-of-age story. Sophie's attempts at ideological purity are challenged time and again, putting into question the plausibility of a life of dogma in a world filled with contradictions. Keenly observed, frank, and very funny, *The Contradictions* speaks to a specific reality while also being incredibly relatable, reminding us that we are all imperfect people in an imperfect world.

If you are planning the Baby Shower, you can not miss the Guest Book. This book help you will always remember the wonderful moments of this Special Day. It will allow guests to write advice for parents and wishes for a baby, and also help you create a List of gifts and paste photos. 120 pages 100 pages on which guests can write name, email, phone, advice to parents and best wishes for the baby 10 pages with Gift Log, making it easy to send thank-you cards to all guests after Baby Shower 8 pages

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are a specially created place for additional notes and for occasional photos This guest book is 8.5" x 8.5" (21.6 x 21.6 cm) Interior with white paper Glossy hardcover

In this adult coloring book, we have put together tons of hilarious pregnancy puns, artworks etc. The book contains a wide variety of geometric designs, each complete with a very relatable, funny quote. This book makes a fantastic funny gift idea for a pregnant woman. So if you have a family member or friend who is pregnant they will be sure to love this adult coloring book! The book contains 25 single-sided coloring pages. This allows you to remove each page for framing or hanging. This also helps reduce bleed through onto the other designs even if you are using markers, making this book suitable for everything from coloring pencils through to marker pens.

96-page spiral journal by Carley Roney

This book includes a checklist of things that are important for each month of your pregnancy; check each item off as it is completed. Also included are lined pages for you to keep track of your notes and "to do" lists. Interior pages are lined with a beautiful border that complements the cover. As an expectant mom, you have a lot of things to get done before the big arrival. You may be feeling joy, excitement, anticipation, and even nervousness - all perfectly normal. What you need is a list of what to expect

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during the next nine months and a detailed plan of what you should do as you progress through each month. You'll probably read a lot of books telling you what to do. Here's a practical solution for you to keep track of what you need to accomplish - just follow the checklist. Extra pages are included for you to keep notes along with 10 extra pages for you to track your research and "to do list." While your pregnancy journal is your beautiful keepsake, your Pregnancy Checklist is your log of what you need to do to prepare for your baby's arrival. You have a nursery to plan, your hospital bag to prepare, a baby shower list to assemble, and a host of other ideas that will pop into your head. This pregnancy checklist book is the perfect size to put in your purse, bag, or briefcase. Carry it with you everywhere you go and even plan to save it as a keepsake with your pregnancy journal after the delivery.

Pregnant AF: My Pregnancy Planner + Journal Are you a new mom-to-be with a sense of humor who's looking for a planner and journal for your pregnancy.. all in one? Or looking for a helpful AND funny gift for a pregnant friend, wife, etc? This pregnancy planner includes everything a new mom-to-be needs: Trackers Appointment Tracker - Pregnancy Weight Tracker - Prenatal Visits Tracker - Fetal Movement Tracker - Baby Shower Gifts Tracker - Trimester Trackers (plus space to post your Baby Bump progress pictures!) Checklists and Idea Pages Birth

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Plan Ideas - Baby Shopping List - Healthy Food Ideas Weekly Journal Pages (starting at Week 4): Space to paste a picture of your baby bump, record your thoughts, write a note to your baby each week and more! This planner/journal is sized 8.5" x 11" - just the right size to record all your thoughts and track your pregnancy! The internal pages are black/white/grey - perfect to use with colored pens and pencils and stickers!

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me.

Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need.

Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third

Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place

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for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most, what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today
My little pea. My little pumpkin. My little baby. Gather

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your baby's moments and milestones from the first year inside this beautiful garden-inspired baby book. Place photos, document quick thoughts with easy-breezy prompts, chart your baby's day, and create a keepsake of loving moments that will last forever. This gorgeously illustrated book is perfect for busy moms and their growing wonders.

Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book *As You Grow*, is designed with a timeless look and archival paper so that you can one day pass it along to your child. Growing You includes:

- Space to journal your feelings and experiences about pregnancy and your birth story
- A section to document your prenatal appointments and growth
- Writing prompts to record precious milestones such as baby showers and prepping your nursery
- Pages to document your baby's birth day
- Pocket folder for sonogram photos, letters from loved ones, and other mementos
- And more!

Special Features:

- Chic, gender-neutral design
- Elegant linen cover
- Acid-free and archival paper
- Generous trim size offers ample space for photos
- Lay-flat design created by

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a beautiful gold spiral binding allows you to easily write in the book

Divided into five convenient sections, a pregnancy organizer helps the busy mother-to-be prepare for baby's arrival from the beginning through labor and delivery, with diet checklists forms to track medical expenses, family medical history pages, and shopping lists. Original.

“A gripping, sinister fable!” —Margaret Atwood, via Twitter ONE OF THE BEST BOOKS OF THE YEAR: NPR • GLAMOUR • GOOD HOUSEKEEPING • LIT HUB • THRILLIST

King has tenderly staked out a territory for his wife and three daughters, Grace, Lia, and Sky. Here on his island, women are protected from the chaos and violence of men on the mainland. The cult-like rituals and therapies they endure fortify them from the spreading toxicity of a degrading world. But when King disappears and two men and a boy wash ashore, the sisters' safe world begins to unravel. Over the span of one blistering hot week, a psychological cat-and-mouse game plays out. Sexual tensions and sibling rivalries flare as the sisters are forced to confront the amorphous threat the strangers represent. A haunting, riveting debut, *The Water Cure* is a fiercely poetic feminist revenge fantasy that's a startling reflection of our time.

Pregnancy is one of life's great adventures, a time that mothers-to-be will want to remember. My Pregnancy Journal with Sophie la girafe is the

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perfect place to record every important moment, from the first daydreams of motherhood to the day Baby finally comes home. A truly interactive keepsake, My Pregnancy Journal has a place for every milestone and change that comes with pregnancy, along with many unique special features: Ample room for photographs A pocket to fill with hopes for Baby's future An astrology wheel and Chinese horoscope chart A page for brainstorming baby names Designated places for ultrasounds, baby shower invitations, and other mementos This beautiful album is also incredibly functional thanks to monthly to-do lists, tips for morning sickness, baby-supply checklists, and more!

Write (and remember) your first-time mommyhood story The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember--and with this journal, you'll chronicle every meaningful milestone and memory of your pregnancy. The First-Time Mom's Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal includes: First-time mom firsts--Remember

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the special moments of every month with questions to guide your journaling. Plus, space for freestyle entries allows you to create your very own pregnancy journal prompts. Handy guidance--Keep track of your prenatal appointments and stay organized with trimester checklists--this pregnancy journal has you covered with all of the essential to-dos to get ready for baby. Fun activities--Daydream about the nursery, brainstorm baby names, scrapbook sonograms, and so much more. You only experience your first once--capture every moment with The First-Time Mom's Pregnancy Journal.

My Book of Firsts with Sophie la girafe "The Experiment

From "the man who remade motherhood" (Time) comes the definitive guide to having a healthy pregnancy--and a healthy baby. THE HEALTHY PREGNANCY BOOK guides expectant mothers and fathers through all stages of pregnancy from preconception through birth, focusing on how to enhance the health of mother and baby. In this uniquely authoritative and comprehensive month-by-month guide, the Seases address emotional and physical changes that take place during pregnancy, baby's brain development, healthy pregnancy habits, pregnancy superfoods, optimal weight gain, fitness, managing stress, sleep, choosing the right healthcare provider, birthing choices, the transition into parenthood, engaging personal stories, and

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more. Overflowing with the most up-to-date information, digestible and doable tips, and advice for every worry--and written in the Searses' trademark reassuring tone that makes their books long-term bestsellers--THE HEALTHY PREGNANCY BOOK is the must-have resource to fit the greater demands of today's savvy parents.

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

Bump to Birthday - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

"What a gift to new and expecting moms. You have no idea the mountain and rollercoaster you're about to embark on, but Nurture somehow gives you a peek in and gives you essential information to help ground you." –Catherine McCord, founder of Weelicious and One Potato A comprehensive and judgement-free pregnancy companion: Nurture is the only all-in-one pregnancy and birthing book for modern mothers-to-be and their partners who want a

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more integrative approach. Author Erica Chidi Cohen has assisted countless births and helped hundreds of families ease into their new roles through her work as a doula. *Nurture* covers everything from the beginning months of pregnancy to the baby's first weeks. This empowering book includes: •

Supportive self-care and mindfulness exercises, trimester-specific holistic remedies, nourishing foods and recipes for every month of pregnancy, and expert tips for every birth environment. • More than 40 charming and helpful illustrations, charts, and lists can be found throughout. • Dozens of important topics that every modern mom needs to know including fetal development, making choices for a hospital, home or birth center birth, the basics of breastfeeding, tips on what to expect postpartum, and more. *Nurture* is an all-inclusive pregnancy and birthing guide book that gives soon-to-be mothers and their partners the information they need to make decisions, feel confident, and enjoy the beauty of creating new life. *Nurture* is a thoughtful and helpful gift for expecting mothers and their partners. Erica Chidi is co-founder and CEO of Loom in Los Angeles, CA. She began her work in San Francisco, volunteering as a doula within the prison system, working with pregnant inmates. She went on to build a successful doula and health education practice in Los Angeles and has been featured in *Women's Health*, *Vogue*, *Goop*, *The Cut* and *Marie Claire*.

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In order to become ethically acceptable, surrogacy must change beyond recognition. But we need more surrogacy, not less! The surrogacy industry is worth an estimated 1 billion dollars a year, and many of its surrogates work in terrible conditions, while many gestate babies for no pay at all. Should it be illegal to pay someone to gestate a baby for you? Full Surrogacy Now brings a fresh and unique perspective to the debate. Rather than making surrogacy illegal or allowing it to continue as is, Sophie Lewis argues we should be looking to radically transform it. Surrogates should be put front and center, and their rights to the babies they gestate should be expanded to acknowledge that they are more than mere vessels. In doing so we can break down our assumptions that children necessarily belong to those whose genetics they share. This might sound like a radical proposal but expanding our idea of who children belong to would be a good thing. Taking collective responsibility for children, rather than only caring for the ones we share DNA with, would radically transform notions of kinship. Adopting this expanded concept of surrogacy helps us to see that it always, as the saying goes, takes a village to raise a child. This beautiful Pregnancy Journal, Tracker and Planner will make a beautiful keepsake and also be a place for you to put your thoughts, to-do, paste in your belly pictures and scans. Treasure your

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pregnancy. Track all 9 months. This makes an amazing gift for pregnant women. Fun quotes and beautiful designs with pages to write to do lists, diary entries and track the size of the baby. Look inside to see some of the fun features in this book. 90 high quality cream pages with a high quality glossy finish cover. 6"x9". One of your pregnancy must haves, this pregnancy tracker book makes an excellent baby shower gift.

Showcasing a baby-to-be's growth with delightful watercolors of like-size fruits and veggies My little pea. My little sweet potato. My little pumpkin. Before a mom-to-be has even met her baby, she has an idea of the size and shape of the life growing within. This charming journal helps express that idea with gorgeous watercolor illustrations and helps preserve the memories with easy, breezy fill-in prompts. With the perfect touch of whimsy and personality, this keepsake journal helps capture those few months of pregnancy—moments full of promise—that are worth cherishing forever. The journal also includes a ribbon bookmark for easy place-keeping.

Sophie la girafe is back with an adorable journal and handprint kit, complete with nontoxic clay and a keepsake tin A newborn's first few months of life are filled with wonder, both for baby and for the lucky parents. Of course, new parents want to remember everything—from those tiny hands and feet and that first smile to baby's first steps. In Baby's Handprint

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Kit and Journal with Sophie la girafe, parents will find two unique mementos to keep for a lifetime. The clay handprint kit is easy to use and safe for baby. No baking or mixing is required. Just unwrap the dough, use the 6½-inch tin to shape it into a circle, make an impression of baby's hands or feet (or both), and let it air-dry. The finished keepsake can be displayed or kept in its one-of-a-kind Sophie tin for years to come. The 96-page, full-color journal, *Baby's Little Book of Firsts with Sophie la girafe*, is filled with fun prompts for documenting baby's exciting "firsts" with Sophie and friends. Together, the kit and journal offer amazing value and make a thoughtful gift!

One day, Sophie's mum tells her some big, important news: there's going to be a new baby in the family! Sophie is very excited but then, one winter's night, the baby is born and everything changes... Young children and adults alike will enjoy sharing and talking about this much-loved classic picture book, with its perceptive, heart-warming and witty observations on the arrival of a new baby. From the husband and wife team behind *Babies, Babies, Babies*, featured in the *Sunday Times* as one of their top 100 Children's Modern Classics.

You're having a baby--Congratulations! Get ready for a future filled with joy, laughter, sleep deprivation and unsolicited advice from strangers. Record every hope, worry, ridiculous comment and indispensable piece of wisdom here, from the earliest months of

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pregnancy right up until your baby's first birthday. You'll have laughs, tears, sleepless nights, and 101 weeks of love to look back on.

A delightful journal for recording your child's special firsts, featuring Sophie la girafe, the #1 teether toy in the US. A child's first years are a time to cherish, but they often fly by in a haze of diaper changes and play dates. My Book of Firsts with Sophie la girafe captures more than 85 of baby's important milestones and continues the adventure into the early school years: First night in the crib, and first night in a "big kid" bed. First laugh, and first words. First time crawling, and first time with a babysitter. First trip to the park, and first favorite book. First day at school, and much more! Complete with an adorable die-cut magnetic closure in the shape of Sophie, this compact journal is brimming over with sweet and engaging questions (What did your baby's first outfit look like?), plus space for photos and mementos (such as your child's first doodles, signature, and party invitation). It's the perfect family treasury of every special first—whether silly, serious, or surprising!

A charming, meticulously researched, and illuminating look at how technology infiltrates every aspect of raising children today, filled with helpful advice parents can use to best navigate the digital landscape, and ultimately learn to trust their own judgment. There's an app or device for nearly every

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aspect of parenting today: monitoring your baby; entertaining or educating your toddler; connecting with other new parents for tips, tricks, and community—virtually every aspect of daily life. But it isn't a parenting paradise; the truth is much more complicated. The mother of two young daughters, journalist Sophie Brickman wondered what living in a tech-saturated world was doing to her and her children. She turned to experts, academics, doctors, and innovators for advice and insight. *Baby, Unplugged* brings together Brickman's in-depth research with her own candid (sometimes hilarious) personal experience to help parents sort through the wide and often confusing tech offerings available today and to sort out what's helpful and what's not. Filled with relatable and entertaining stories as well as practical takeaways, *Baby, Unplugged* is destined to become a touchstone for parents today, giving them the permission to forge their own path through the morass of technological options, to restore their faith in themselves, and to help them raise good, social, and engaged people in the modern world. This beautiful IVF journal is a therapeutic and practical way to track your IVF journey. Track your moods, cycles, thoughts, and hopes. It makes an excellent gift for a loved one who is going through IVF. The IVF Journals are perfect for the Trying To Conceive (TTC) and come with a range of fun covers from Pineapples (a symbol of good luck and

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implantation in the TTC community) to fetuses to other fun designs. Check out my store for more! These journals come with comforting quotes about fertility and family every few pages, along with date journals, including a place where you can circle the day and write the month. Making it a great way to track your to do lists, cycles and more 120 High Quality Thick Cream Pages, Some Lined With A Date Section, Some With Quotes, Some With Pretty Designs You Can Colour In. High Quality Glossy Cover. 6x9 Size Book. Makes a lovely thoughtful gift to a loved one or even a gift to yourself! Buy Today!

BELLETRIST'S AUGUST 2020 BOOK PICK

"[Mackintosh's] writing is clear and sharp, with piercing moments of wisdom and insight that drive toward a pitch-perfect ending...Blue Ticket adds something new to the dystopian tradition set by Orwell's 1984 or Atwood's *The Handmaid's Tale*."

--New York Times Book Review From the author of the Man Booker Prize longlisted novel *The Water Cure* ("ingenious and incendiary"--*The New Yorker*) comes another mesmerizing, refracted vision of our society: What if the life you're given is the wrong one? Calla knows how the lottery works. Everyone does. On the day of your first bleed, you report to the station to learn what kind of woman you will be. A white ticket grants you marriage and children. A blue ticket grants you a career and freedom. You are relieved of the terrible burden of choice. And once

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you've taken your ticket, there is no going back. But what if the life you're given is the wrong one? When Calla, a blue ticket woman, begins to question her fate, she must go on the run. But her survival will be dependent on the very qualities the lottery has taught her to question in herself and on the other women the system has pitted against her. Pregnant and desperate, Calla must contend with whether or not the lottery knows her better than she knows herself and what that might mean for her child. An urgent inquiry into free will, social expectation, and the fraught space of motherhood, *Blue Ticket* is electrifying in its raw evocation of desire and riveting in its undeniable familiarity.

There are approximately 3,712 ways for a guy to look stupid during pregnancy - this book's here to help you avoid all(most) of them. And here's your first hint: Focus on what you can be doing for her rather than what's happening to her. She's pregnant. She knows that. You know that. And her 152 baby books tell her exactly what she can expect. Your job is to learn what you can do between the stick turning blue and the drive to the delivery room to make the next nine months go as smoothly as possible. That's where John Pfeiffer steps in. Like any good coach, he's been through it. He's dealt with the morning sickness and doctor visits, painting the baby's nursery and packing the overnight bag, choosing a name, hospital, and the color of the car-seat cover.

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All the while he remained positive and responsive - there with a "You're beautiful" when necessary - but assertive during the decision-making process (he didn't want to wind up with a kid named Percy). And now it's your turn. She might be having the baby, but you have plenty of responsibilities.

The essential pregnancy guide for the modern woman The vast amount of information in encyclopedia-sized pregnancy books for first-time moms can be overwhelming and anxiety inducing. The First-Time Mom's Pregnancy Handbook is different. Including need-to-know advice relevant to the majority of women and pregnancies. This week-by-week guide will prepare and empower you during pregnancy and beyond. In the world of pregnancy books for first-time moms, this one is a go-to. With weekly goals you can focus on, including nutrition and milestone trackers, questions for OB-GYNs or midwives, and tips on caring for your newborn, you'll be more than prepared for the big day. This standout among pregnancy books for first-time moms delivers: 40+ weekly milestones--From conception through the first few months of baby's life, set and accomplish goals based on your weekly priorities and needs. Baby and mom stats--Of all pregnancy books for first-time moms, this one offers a week-by-week rundown of your baby's development, symptoms you may be experiencing, major appointments, and more. Postpartum prep--Tips for

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focusing on your emotional health, healing your body after childbirth, taking care of your newborn, and thriving as a new mother. When you're thinking about pregnancy books for first-time moms, think about this one.

Love Letters to My Baby is a one-of-a-kind guided journal to help you, or a new mother of your acquaintance, pen your thoughts, feelings, and hopes about your yet unborn child. A 9-month journal by Amy K. 96 two-color pages w/concealed wire-o binding.

Find strength in your faith over the course of your pregnancy. Motherhood is filled with excitement and joy as well as worries and questions--and your faith is the guiding light that can help you find peace and confidence through it all. This pregnancy journal offers insightful passages from Scripture paired with empowering devotions that connect God's Word to your life as a parent. With each one, you'll reflect on a different facet of being a mom. Every step of the way--Create a keepsake of your entire journey with a devotional that follows you through each week of your pregnancy and the first few weeks with your new baby. The support you need--Find words of comfort and strength that relate to what you're experiencing physically, emotionally, and spiritually at every stage of pregnancy. Express yourself--Every devotion includes four opportunities for guided writing, so you have a place to record memories and prayers for your child as you wait to welcome them home. Connect with God and prepare for your life as a mom with this inspiring pregnancy diary. Celebrate the ups and downs of your pregnancy with this interactive journal, which invites you to record in detail this most extraordinary period of your life. With annotated prompts for you to fill in for each week of your pregnancy, storage wallets and sealable envelopes for keeping precious

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momentos, and photo spaces for you to capture the changing shape of your body, this journal will be a life-long keepsake of all your special memories. Each chapter offers guidance on what to expect, notes on your baby's development during each trimester, and reminders on what you need to be planning, thinking about and preparing for. Whether you are a first-time mother or want to commemorate a new addition to the family, Alison Mackonochie (author of the award-winning *Emma's Diary*) ensures that you will be comfortable every step of the way.

Record every precious moment of your baby's first year in this beautiful journal from that very first smile to those amazing first steps and when completed will be a wonderful memento of your child's first year. The first year of a baby's life flies by so quickly, but with this illustrated record book you can ensure you keep track of all the special times. There's a month-by-month section with space for photos and notes, and pages to keep a record of every precious milestone and all your baby's favorite things, such as nursery rhymes and beloved toys. Including a handy storage pocket, this invaluable journal also helps you to provide practical care, from storing health records and establishing a sleep routine to keeping feeding logs.

This sweet-as-can-be baby book offers dozens of creative ways to capture the milestones and special memories from pregnancy through baby's first year: an envelope for ultrasound scans, a spin-wheel to display baby's astrological sign, a gatefold family tree, space for photos, mini envelopes to stash written notes, illustrated pop-ups, a pull-out growth chart to display in baby's room, and more. Packaged in a compact album with a fabric spine and foil-stamped cover, with whimsical color illustrations and thoughtful prompts throughout, this book is the ultimate keepsake for new parents.

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An updated edition of the million-selling guide that accompanies you through the days, weeks, and months of your pregnancy. A modern classic translated into a dozen languages, *The Pregnancy Journal* provides daily entries that update you on your baby's development—as well as guiding you through the best health and nutrition decisions for both of you. With more than a million-and-half copies sold worldwide, this one-of-a-kind guide is the ultimate resource for today's expecting mother, now in its updated fourth edition.

A well designed and practical baby milestone book that features a binding to allow expansion. Book contains: checklists; charts for family, growth and teeth; room for sonograms, medical history, letters and photos; and more. Wonderful gift or keepsake.

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