

My Secret Life A Memoir Of Bulimia

The groundbreaking Victorian erotic novel, published anonymously, in the late nineteenth century. Written as a memoir of a gentleman named "Walter", the book describes the secret experience of Victorian life in frank language seldom seen at the time.

In this "rich, fascinating portrait of extraordinary sensory awareness" (Kirkus), acclaimed neurologist Joel Salinas, M.D., tells his amazing true story of living and practicing medicine with mirror-touch synesthesia, a rare neurological trait that allows him to literally feel the emotional and physical experiences of other people. From the corridors of Massachusetts General to his personal life, Salinas offers readers remarkable insights about his trait, its gifts, and its often unforgiving complications, and teaches us how our brain, in all its wonder, continues to offer limitless possibilities for compassion and human potential. Beautifully written and wholly original, *Mirror Touch* is a moving account of an exceptional mind that challenges our understanding of what it means to be human—everything it means to think, to feel, and to be.

You have been awakened. Floppy disk inserted, computer turned on, a whirring, and then this sentence, followed by a blinking cursor. So begins *Suspended*, the first computer game to obsess seven-year-old Michael, to worm into his head and

change his sense of reality. Thirty years later he will write: "Computer games have taught me the things you can't learn from people." *Gamelife* is the memoir of a childhood transformed by technology.

Afternoons spent gazing at pixelated maps and mazes train Michael's eyes for the uncanny side of 1980s suburban Illinois. A game about pirates yields clues to the drama of cafeteria politics and locker-room hazing. And in the year of his parents' divorce, a spaceflight simulator opens a hole in reality. In telling the story of his youth through seven computer games, Michael W. Clune captures the part of childhood we live alone.

This startling early autobiography takes Dalí through his late 30s and "communicates the...total picture of himself (Dalí) sets out to portray" — Books. Superbly illustrated with over 80 photographs and scores of drawings.

The #1 New York Times bestselling (mostly true) memoir from the hilarious author of *Furiously Happy*. "Gaspingly funny and wonderfully inappropriate."—O, The Oprah Magazine When Jenny Lawson was little, all she ever wanted was to fit in. That dream was cut short by her fantastically unbalanced father and a morbidly eccentric childhood. It did, however, open up an opportunity for Lawson to find the humor in the strange shame-spiral that is her life, and we are all the better for it. In the irreverent *Let's Pretend This Never Happened*, Lawson's long-suffering husband

and sweet daughter help her uncover the surprising discovery that the most terribly human moments—the ones we want to pretend never happened—are the very same moments that make us the people we are today. For every intellectual misfit who thought they were the only ones to think the things that Lawson dares to say out loud, this is a poignant and hysterical look at the dark, disturbing, yet wonderful moments of our lives. Readers Guide Inside

This is the tale of one operations officer in America's espionage service. It begins with the story about his imprisonment in a Japanese internment camp with his parents in the Philippines during World War II, and how that led him to serve his country at the height of the Cold War. Howard Phillips Hart served most of his 25 year career in South Asia and the Middle East. He was involved in the Iranian Revolution; planned, started, and led the CIA's massive covert action programs against the Soviet invasion and occupation of Afghanistan; and directed CIA support for the ill-fated 1980 attempt to rescue the American Embassy hostages in Iran. Mr. Hart was the Founding Director of the CIA's Crime and Counter-narcotics Center.

In this fascinating glimpse into the world of urban exploration, Moses Gates describes his trespasses in some of the most illustrious cities in the world from Paris to Cairo to Moscow. Also, exclusive to this e-book, are firsthand accounts from the author's fellow

travelers and family. Gates is a new breed of adventurer for the 21st century. He thrives on the thrill of seeing what others do not see, let alone even know exists. It all began quite innocuously. After moving to New York City and pursuing graduate studies in Urban Planning, he began unearthing hidden facets of the city—abandoned structures, disused subway stops, incredible rooftop views that belonged to cordoned-off buildings. At first it was about satiating a nagging curiosity; yet the more he experienced and saw, the more his thirst for adventure grew, eventually leading him abroad. In this memoir of his experiences, Gates details his travels through underground canals, sewers, subways, and crypts, in metropolises spanning four continents. In this finely-written book, Gates describes his immersion in the worldwide subculture of urban exploration; how he joined a world of people who create secret art galleries in subway tunnels, break into national monuments for fun, and travel the globe sleeping in centuries-old catacombs and abandoned Soviet relics rather than hotels or bed-and-breakfasts. They push each other further and further—visiting the hidden side of a dozen countries, discovering ancient underground Roman ruins, scaling the Brooklyn, Manhattan, and Williamsburg bridges, partying in tunnels, sneaking into Stonehenge, and even finding themselves under arrest on top of Notre Dame Cathedral. Ultimately,

Gates contemplates why he and other urban explorers are so instinctively drawn to these unknown and sometimes forbidden places—even (and for some, especially) when the stakes are high. *Hidden Cities* will inspire readers to think about the potential for urban exploration available for anyone, anywhere—if they have only the curiosity (and nerve!) to dig below the surface to discover the hidden corners of this world.

A deeply curious and evenhanded report on our national appetites. --The New York Times In the tradition of *Fast Food Nation* and *The Omnivore's Dilemma*, an extraordinary investigation into the human lives at the heart of the American grocery store The miracle of the supermarket has never been more apparent. Like the doctors and nurses who care for the sick, suddenly the men and women who stock our shelves and operate our warehouses are understood as 'essential' workers, providing a quality of life we all too easily take for granted. But the sad truth is that the grocery industry has been failing these workers for decades. In this page-turning expose, author Benjamin Lorr pulls back the curtain on the highly secretive grocery industry. Combining deep sourcing, immersive reporting, and sharp, often laugh-out-loud prose, Lorr leads a wild investigation, asking what does it take to run a supermarket? How does our food get on the shelves? And who suffers for our increasing

demands for convenience and efficiency? In this journey: - We learn the secrets of Trader Joe's success from Trader Joe himself - Drive with truckers caught in a job they call sharecropping on wheels - Break into industrial farms with activists to learn what it takes for a product to earn certification labels like fair trade and free range - Follow entrepreneurs as they fight for shelf space, learning essential tips, tricks, and traps for any new food business - Journey with migrants to examine shocking forced labor practices through their eyes

The product of five years of research and hundreds of interviews across every level of the business, *The Secret Life of Groceries* is essential reading for those who want to understand our food system--delivering powerful social commentary on the inherently American quest for more and compassionate insight into the lives that provide it.

A raw and funny memoir about sex, dating, and relationships in the digital age, intertwined with a brilliant investigation into the challenges to love and intimacy wrought by dating apps, by firebrand New York Times--bestselling author Nancy Jo Sales

At forty-nine, famed *Vanity Fair* writer Nancy Jo Sales was nursing a broken heart and wondering, "How did I wind up alone?" On the advice of a young friend, she downloaded Tinder, then a brand-new dating app. What followed was a raucous ride through the world of online dating. Sales, an award-winning journalist and single mom, became a leading critic of the online dating industry, reporting and

writing articles and making her directorial debut with the HBO documentary *Swiped: Hooking Up in the Digital Age*. Meanwhile, she was dating a series of younger men, eventually falling in love with a man less than half her age. *Nothing Personal* is Sales's memoir of coming-of-middle-age in the midst of a new dating revolution. She is unsparingly honest about her own experience of addiction to dating apps and hilarious in her musings about dick pics, sexting, dating FOMO, and more. Does Big Dating really want us to find love, she asks, or just keep on using its apps? Fiercely feminist, *Nothing Personal* investigates how Big Dating has overwhelmed the landscape of dating, cynically profiting off its users' deepest needs and desires. Looking back through the history of modern courtship and her own relationships, Sales examines how sexism has always been a factor for women in dating, and asks what the future of courtship will bring, if left to the designs of Silicon Valley's tech giants—especially in a time of social distancing and a global pandemic, when the rules of romance are once again changing.

Originally published in 11 volumes starting in 1887, this erotic diary represents a key text in the study of Victorian society.

I began these memoirs when about twenty-five years old, having from youth kept a diary of some sort, which perhaps from habit made me think of recording my inner and secret life. When I began it, I had scarcely read a bawdy book, none of which excepting "Fanny Hill" appeared to me to be truthful, that did, and it does so still; the others telling of recherche eroticisms, or of

inordinate copulative powers, of the strange twists, tricks, and fancies, of matured voluptuousness, and philosophical lewedness, seemed to my comparative ignorance, as bawdy imaginings, or lying inventions, not worthy of belief; although I now know by experience, that they may be true enough, however eccentric, and improbable, they may appear to the uninitiated. Fanny Hill was a woman's experience. Written perhaps by a woman, where was a man's, written with equal truth? That book has no bawdy word in it; but bawdy acts need the bawdy ejaculations; the erotic, full flavored expressions, which even the chastest indulge in, when lust, or love, is in its full tide of performance. So I determined to write my private life freely as to fact, and in the spirit of the lustful acts done by me, or witnessed; it is written therefore with absolute truth, and without any regard whatever for what the world calls decency. Decency and voluptuousness in its fullest acceptance, cannot exist together, one would kill the other; the poetry of copulation I have only experienced with a few women, which however neither prevented them, nor me from calling a spade, a spade. I began it for my amusement; when many years had been chronicled I tired of it and ceased. Some ten years afterwards I met a woman, with whom, or with those she helped me do; I did, said, saw, and heard, well nigh everything a man and woman could do with their genitals, and began to narrate those events, when quite fresh in my memory, a great variety of incidents extending over four years or more. Then I lost sight of her, and my amorous amusements for a while were simpler, but that part of my history was complete.

"Prahlad was born on a former plantation in Virginia in 1954. This memoir ... is his story ... Rooted in black folklore and cultural ambience, and offering new perspectives on autism and more, [his book intends to] inspire and delight readers and deepen our understanding of the marginal spaces of human existence"--Amazon.com.

A lifetime of adventures with bats around the world reveals why these special and imperiled creatures should be protected rather than feared. From menacing moonshiners and armed bandits to charging elephants and man-eating tigers, Merlin Tuttle has stopped at nothing to find and protect bats on every continent they inhabit. Enamored of bats ever since discovering a colony in a cave as a boy, Tuttle saw how effective photography could be in persuading people not to fear bats, and he has spent his career traveling the world to document them. Few people realize how sophisticated and intelligent bats are. Tuttle shares research showing that frog-eating bats can identify frogs by their calls, that vampire bats have a social order similar to that of primates, and that bats have remarkable memories. Bats also provide enormous benefits by eating crop pests, pollinating plants, and carrying seeds needed for reforestation. They save farmers billions of dollars annually and are essential to a healthy planet. Sharing highlights from a lifetime of adventure and discovery, Tuttle takes us to the frontiers of bat research and conservation and forever changes the way we see these poorly understood yet fascinating creatures.

"We think of English as a fortress to be defended, but a

better analogy is to think of English as a child. We love and nurture it into being, and once it gains gross motor skills, it starts going exactly where we don't want it to go: it heads right for the goddamned electrical sockets." With wit and irreverence, lexicographer Kory Stamper cracks open the obsessive world of dictionary writing, from the agonizing decisions about what to define and how to do it to the knotty questions of ever-changing word usage. Filled with fun facts—for example, the first documented usage of “OMG” was in a letter to Winston Churchill—and Stamper’s own stories from the linguistic front lines (including how she became America’s foremost “irregardless” apologist, despite loathing the word), *Word by Word* is an endlessly entertaining look at the wonderful complexities and eccentricities of the English language.

In this remarkable memoir former Olympian and Kardashian family member Caitlyn Jenner reveals shocking and heartbreaking stories from her journey to become a transgender woman and fight for the LGBTQ+ community. "Imagine denying your core and soul. Then add to it the most impossible expectations that people have for you because you are the personification of The American Male Athlete." Bruce Jenner, the celebrated Olympic icon and later the patriarch of one of the most famous families in the world, seemed to be living a dream life of success, fame, and prosperity. But the all-American image and million-dollar smile belied a lifelong struggle with gender dysphoria, and it wasn't until the sensational Diane Sawyer interview that the public mask of Bruce Jenner was finally retired, and through the

memorable Vanity Fair piece by Buzz Bissinger, that Caitlyn Jenner was introduced to the world and set free to exist on her own terms. Since then, Caitlyn has undertaken an arduous emotional and physical odyssey to achieve the completeness she always felt was missing. In *THE SECRETS OF MY LIFE*, Caitlyn reflects on the inner conflict she experienced growing up in an era of rigidly defined gender identities, and the cruel irony of being hailed by an entire nation as the ultimate symbol of manhood. She recounts her Olympic triumph, her rise to fame, and relates how her sense of frustration and shame grew with the passing years and the lengths to which she had to go to conceal her true self. Caitlyn in turn uncovers the toll that these personal struggles had on her three marriages and, subsequently, the relationships with her children. She also talks candidly about her life in the public eye as a member of the Kardashian clan, what led to her decision to become Caitlyn, and how she, her family, the transgender community, and the rest of the world has since embraced her new life. Filled with incredibly personal and moving stories of struggle and victory, of anxiety and fear, and, finally, of surrender and acceptance, *THE SECRETS OF MY LIFE* reveals the real Caitlyn Jenner by tracing her long and eventful journey to becoming herself.

The popular entertainer looks back on his extensive career, reminiscing about productions ranging from "The Dick Van Dyke Show" to "Mary Poppins" while describing his relationships with such figures as Carl Reiner and Mary Tyler Moore.

When Reichl took over from the formidable and aloof Bryan Miller as the New York Times' restaurant reviewer, she promised to shake things up. And so she did. Gone were the days when only posh restaurants with European chefs were reviewed. Reichl, with a highly developed knowledge and love of Asian cuisine from her years as a West Coast food critic, began to review the small simple establishments that abound in Manhattan, Brooklyn and Queens. Many loved it, the Establishment hated it, but her influence was significant. She brought a fresh writing style to her reviews and adopted a radical way of getting them. Amassing a wardrobe of wigs and costumes, she deliberately disguised herself so that she would not receive special treatment. As a result, she had a totally different dining experience as say, Miriam the Jewish mother than she did as Ruth Reichl the reviewer, and she wasn't afraid to write about it. The resulting reviews were hilarious and sobering, full of fascinating insights and delicious gossip. *Garlic and Sapphires* is a wildly entertaining chronicle of Reichl's New York Times years.

The question follows Lorna Luft to this day: "What's it like to be Dorothy's daughter?" Although by appearances glamorous and truly thrilling, growing up as the daughter of Judy Garland was anything but a journey over the rainbow. With unsparing candor, Lorna Luft offers the first-ever insider portrait of one of Hollywood's most celebrated families: a rare story of a little girl, her half-sister Liza, and her baby brother trying desperately to hang on to the mother whose life seemed destined to burn brightly but briefly. Lorna makes an extraordinary

journey back into the spiral of love, addiction, pain, and loss that lurked behind a charmed facade. Filled with behind-the-scenes dramas, hilarious untold stories, and little-known details of Garland family life, *Me and My Shadows* is a tribute to Lorna's victory over her own past, a story of hope, of love and its limitations, and a deeply moving testament to the healing powers of embracing one's past and charting a course of self-love and discovery.

This startling early autobiography takes Dalí through his late 30s and "communicates the snobbishness, self-adoration, comedy, seriousness, fanaticism, in short the concept of life and the total picture of himself (Dalí) sets out to portray" ? Books. Superbly illustrated with over 80 photographs and scores of Dalí drawings and sketches. An editor at *This American Life* reveals the searing story of the secret binge-eating that dominated her adolescence and shapes her still. "Her tale of compulsion and healing is candid and powerful."--**People NAMED ONE OF THE BEST BOOKS OF THE YEAR BY MARIE CLAIRE** For almost thirty years, Susan Burton hid her obsession with food and the secret life of compulsive eating and starving that dominated her adolescence. This is the relentlessly honest, fiercely intelligent story of living with both anorexia and binge-eating disorder, moving past her shame, and learning to tell her secret. When Burton was thirteen, her stable life in suburban Michigan was turned upside down by her parents' abrupt divorce, and she moved to Colorado with her mother and sister. She seized on this move west as an adventure and an opportunity to reinvent herself from

middle-school nerd to popular teenage girl. But in the fallout from her parents' breakup, an inherited fixation on thinness went from "peculiarity to pathology." Susan entered into a painful cycle of anorexia and binge eating that formed a subterranean layer to her sunny life. She went from success to success--she went to Yale, scored a dream job at a magazine right out of college, and married her college boyfriend. But in college the compulsive eating got worse--she'd binge, swear it would be the last time, and then, hours later, do it again--and after she graduated she descended into anorexia, her attempt to "quit food." Binge eating is more prevalent than anorexia or bulimia, but there is less research and little storytelling to help us understand it. In tart, soulful prose Susan Burton strikes a blow for the importance of this kind of narrative and tells an exhilarating story of longing, compulsion and hard-earned self-revelation. In this non-fiction story of struggle and grief, *My Secret Life: A Memoir of Bulimia* details one teenager's battle with Bulimia Nervosa. After years of bullying, Leanne Waters examines the development of her illness and looks closely at the psychological foundations of this ambiguous disease. It is a first-hand account of a secret world that lurks behind closed doors in daily life. A penetrating insight into the mentality of a Bulimic, the story follows Waters' downfall from a high-achiever with tremendous potential to a shadowed breath of her former self.

White Out

My Secret Life Vol. 1-3 is a memoir of the author's sexual experiences and education over the course of

multiple decades. Beginning with his first experiences with sexuality as a child, Walter (as he calls himself) recounts in detail all of his sexual exploits and conquests, painting an erotic and revealing portrait of sexual exploration in the Victorian era. Neither how much of is fictionalized, nor the real identity of the pseudonymous Walter have ever been determined with any certainty. Despite this, *My Secret Life* is often used as a reference in social studies of the Victorian period because it is unusual for the time with its forthright style and open discussion of sex. HarperPerennial Classics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

INSTANT NEW YORK TIMES BESTSELLER "Fast and thrilling . . . *Life Undercover* reads as if a John le Carré character landed in *Eat Pray Love*." —The New York Times
Amaryllis Fox's riveting memoir tells the story of her ten years in the most elite clandestine ops unit of the CIA, hunting the world's most dangerous terrorists in sixteen countries while marrying and giving birth to a daughter. Amaryllis Fox was in her last year as an undergraduate at Oxford studying theology and international law when her writing mentor Daniel Pearl was captured and beheaded. Galvanized by this brutality, Fox applied to a master's program in conflict and terrorism at Georgetown's School of Foreign Service, where she created an algorithm that predicted, with uncanny certainty, the likelihood of a terrorist cell

arising in any village around the world. At twenty-one, she was recruited by the CIA. Her first assignment was reading and analyzing hundreds of classified cables a day from foreign governments and synthesizing them into daily briefs for the president. Her next assignment was at the Iraq desk in the Counterterrorism center. At twenty-two, she was fast-tracked into advanced operations training, sent from Langley to "the Farm," where she lived for six months in a simulated world learning how to use a Glock, how to get out of flexicuffs while locked in the trunk of a car, how to withstand torture, and the best ways to commit suicide in case of captivity. At the end of this training she was deployed as a spy under non-official cover--the most difficult and coveted job in the field as an art dealer specializing in tribal and indigenous art and sent to infiltrate terrorist networks in remote areas of the Middle East and Asia. *Life Undercover* is exhilarating, intimate, fiercely intelligent--an impossible to put down record of an extraordinary life, and of Amaryllis Fox's astonishing courage and passion.

A memoir by award-winning actor Mena Suvari, best-known for her iconic roles in *American Beauty*, *American Pie*, and *Six Feet Under*. *The Great Peace* is a harrowing, heartbreaking coming-of-age story set in Hollywood, in which young teenage model-turned-actor Mena Suvari lost herself to sex, drugs and bad, often abusive relationships even as blockbuster movies made her famous. It's about growing up in the 90s, with a soundtrack ranging from The Doors to Deee-Lite, fashion from denim to day-glo, and a woman dealing with the lasting psychological scars of abuse, yet knowing deep inside she desires so much more from life. Within these

vulnerable pages, Mena not only reveals her own mistakes, but also the lessons she learned and her efforts to understand and grow rather than casting blame. As such, she makes this a timeless story of girl empowerment and redemption, of somebody using their voice to rediscover their past, seek redemption, and to understand their mistakes, and ultimately come to terms with their power as an individual to find a way and a will to live—and thrive. Poignant, intimate, and powerful, this book will resonate with anyone who has found themselves lost in the darkness, thinking there's no way out. Ultimately, Mena's story proves that, no matter how hopeless it may seem, there's always a light at the end.

NEW YORK TIMES BESTSELLER • Finalist for the PEN/USA Award in Creative Nonfiction, the Thurber Prize for American Humor, and the Audie Award in Biography/Memoir This Random House Reader's Circle edition includes a reading group guide and a conversation between Firoozeh Dumas and Khaled Hosseini, author of *The Kite Runner*!

“Remarkable . . . told with wry humor shorn of sentimentality . . . In the end, what sticks with the reader is an exuberant immigrant embrace of America.”—San Francisco Chronicle

In 1972, when she was seven, Firoozeh Dumas and her family moved from Iran to Southern California, arriving with no firsthand knowledge of this country beyond her father's glowing memories of his graduate school years here. More family soon followed, and the clan has been here ever since. *Funny in Farsi* chronicles the American journey of Dumas's wonderfully engaging family: her engineer father, a sweetly quixotic dreamer who first sought riches on Bowling for Dollars and in Las Vegas, and later lost his job during the Iranian revolution; her elegant mother, who never fully mastered English (nor cared to); her uncle, who combated the effects of American fast food with an army of miraculous American weight-loss gadgets; and Firoozeh herself, who as

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a girl changed her name to Julie, and who encountered a second wave of culture shock when she met and married a Frenchman, becoming part of a one-couple melting pot. In a series of deftly drawn scenes, we watch the family grapple with American English (hot dogs and hush puppies?—a complete mystery), American traditions (Thanksgiving turkey?—an even greater mystery, since it tastes like nothing), and American culture (Firoozeh's parents laugh uproariously at Bob Hope on television, although they don't get the jokes even when she translates them into Farsi). Above all, this is an unforgettable story of identity, discovery, and the power of family love. It is a book that will leave us all laughing—without an accent. Praise for *Funny in Farsi* "Heartfelt and hilarious—in any language."—*Glamour* "A joyful success."—*Newsday* "What's charming beyond the humor of this memoir is that it remains affectionate even in the weakest, most tenuous moments for the culture. It's the brilliance of true sophistication at work."—*Los Angeles Times Book Review* "Often hilarious, always interesting . . . Like the movie *My Big Fat Greek Wedding*, this book describes with humor the intersection and overlapping of two cultures."—*The Providence Journal* "A humorous and introspective chronicle of a life filled with love—of family, country, and heritage."—*Jimmy Carter* "Delightfully refreshing."—*Milwaukee Journal Sentinel* "[*Funny in Farsi*] brings us closer to discovering what it means to be an American."—*San Jose Mercury News*

After her "stand-in mother," a bold black woman named Rosaleen, insults the three biggest racists in town, Lily Owens joins Rosaleen on a journey to Tiburon, South Carolina, where they are taken in by three black, bee-keeping sisters. The story of the World War 2 de-coders of Bletchley Park continues to fascinate. How did Mair Thomas, a musician brought up in the Welsh valleys, find herself in the rarefied

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atmosphere of Hut Six, surrounded by hundreds of others, all desperately trying to break the German Enigma Code? Sworn to secrecy and working in cramped and uncomfortable conditions, Mair discovered her degree in German and Music was just what was needed. Drawn from the public schools and Oxbridge her background was very different to that of most of her colleagues and she didn't immediately fit in. This captivating memoir unpacks her daily life and explores the relationships she built. My Secret Life in Hut Six provides a fascinating insight into one woman's battle against Nazi Germany vividly capturing an era of danger, strain and day to day difficulties that were brightened occasionally by visits from the top brass, such as Winston Churchill.

From a diagnosis of advanced stage cancer, to competing in a triathlon at the age of 68 Dr. Gilkis' unique memoir and life-changing message is: physical activity is for everyone at any age and it can improve the quality of life as well as physical and mental health, dramatically. This message comes from Gilkis' deep personal understanding due to his own choices, which he suggests everyone implement! In this book, Dr. Gilkis dismantles the myth that sporting activities are only for the young and strong, or that it has to be an unpleasant and difficult task. It shows how sporting activities can be almost effortless while being a source of joy and satisfaction. "A little is a lot" is the message the author wants his readers to receive, so each and every one - at any age and physical state, can be encouraged to start!

The Secret Life of Dorothy Soames A Memoir HarperCollins
A riveting family drama evocative of Angela's Ashes and The Glass Castle, about a woman who discovers the shocking secret at the center of her mother's life. Justine had always been told that her mother came from royal blood. The proof could be found in her mother's elegance, in the uppercrust London accent she had never shed--and in a cryptic letter

hinting at her claim to a country estate. But beneath the polished veneer lay a fearsome, unpredictable temper that drove Justine from home the moment she was old enough to escape. Years later, when her mother sent her an envelope filled with secrets from a past that had never been spoken about, Justine buried it in the back of an old filing cabinet. After her mother's death, overcome with grief, Justine found herself drawn back to that envelope. Its contents revealed a mystery that would stretch back to the early years of World War II and lead her across the Atlantic Ocean to discover a truth she could scarcely imagine. Her mother did not grow up among London's elite, but had been raised in the Hospital for the Maintenance and Education of Exposed and Deserted Young Children, commonly known as the Foundling Hospital. Established in the eighteenth century to raise "bastard" children to clean chamber pots for England's ruling class, the Foundling Hospital was tied to some of the most influential historical figures and events. From its role in the development of solitary confinement and human medical experimentation to the creation of the British Museum and the Royal Academy of Arts, the Hospital's impact on Western culture continues to reverberate. It was also the environment that shaped a young girl then known as Dorothy Soames, who bravely withstood years of physical and emotional abuse at the hands of a sadistic headmistress--a resilient child who dreamed of escape as German bombers reigned death from the skies, unaware that her own mother was fighting to get her back. Heartbreaking, surprising, and unforgettable, *The Secret Life of Dorothy Soames* is the true story of one woman's quest to understand the secrets that had poisoned her mother's mind, and her startling discovery that her family's fate had been sealed centuries before. --Christina Baker Kline, author of #1 New York Times bestseller *Orphan Train*

Welcome to the secret world of Walter, a diary of one man's

obsession with the opposite sex. A champagne-drinking Victorian traveler, Walter is lascivious, obnoxious, and possessed of an insatiable sexual appetite. Through a bawdy catalog of indecent scenarios with maids, widows, and wenches, he solicits an indulgent exploration of the flesh. His obsessions, fantasies, and voyeuristic tendencies are explored and revealed within this diary—one of the most famous examples of Victorian erotic literature from the decadent era. Only six copies were initially printed in 1888. Attempts to republish the book resulted in the novel being repeatedly banned. This is a dark work of Victorian erotica, and an explicit memoir of unspoken desires in the English class system—encapsulating the joy of hidden sins in an age of moral fervor.

From the author of *Argo* comes an unforgettable behind-the-scenes story of espionage in action. In the first ever memoir by a top-level operative to be authorized by the CIA, Antonio J. Mendez reveals the cunning tricks and insights that helped save hundreds from deadly situations. Adept at creating new identities for anyone, anywhere, Mendez was involved in operations all over the world, from "Wild West" adventures in East Asia to Cold War intrigue in Moscow. In 1980, he orchestrated the escape of six Americans from a hostage situation in revolutionary Tehran, Iran. This extraordinary operation inspired the movie *Argo*, directed by and starring Ben Affleck. *The Master of Disguise* gives us a privileged look at what really happens at the highest levels of international espionage: in the field, undercover, and behind closed doors.

National Bestseller Winner of the National Book Critics Circle Award for Autobiography A New York Times

Notable Book Geobiologist Hope Jahren has spent her life studying trees, flowers, seeds, and soil. *Lab Girl* is her revelatory treatise on plant life—but it is also a celebration of the lifelong curiosity, humility, and passion that drive every scientist. In these pages, Hope takes us back to her Minnesota childhood, where she spent hours in unfettered play in her father's college laboratory. She tells us how she found a sanctuary in science, learning to perform lab work “with both the heart and the hands.” She introduces us to Bill, her brilliant, eccentric lab manager. And she extends the mantle of scientist to each one of her readers, inviting us to join her in observing and protecting our environment. Warm, luminous, compulsively readable, *Lab Girl* vividly demonstrates the mountains that we can move when love and work come together. Winner of the American Association for the Advancement of Science/Subaru Science Books & Film Prize for Excellence in Science Books Finalist for the PEN/E.O. Wilson Literary Science Writing Award One of the Best Books of the Year: *The Washington Post*, *TIME.com*, NPR, *Slate*, *Entertainment Weekly*, *Newsday*, *Minneapolis Star Tribune*, *Kirkus Reviews*

Buster's Memoir is the satirical account of one cat's imaginary adventurous life as told to the cat's owner/provider, artist George Johanson. *Buster* tells of his training as a spy and his use of disguises, the principal one of which is that of a St. Bernard rescue dog. The far off Yukon is the setting for many of the stories, which have surprising twists and turns. There are 16 short stories with an illustration for each.

A dangerous undercover assignment... Another exciting True Blue K-9 Unit thriller To take down a serial bomber, NYPD K-9 officers Brianne Hayes and Gavin Sutherland must go undercover—as a married couple. But now the bomber is targeting them to halt the investigation. As the clock ticks down, can Brianne, Gavin and their K-9 partners find the culprit in time to save the city—and their own lives?

This carefully crafted ebook: "My Secret Life: The Complete Unabridged Volumes I. to III." is formatted for your eReader with a functional and detailed table of contents. My Secret Life, by "Walter", is the memoir of a Victorian gentleman's sexual development and experiences. It was first published in a private edition, which appeared over seven years beginning around 1888. In spite of "Walter's" obsessive womanising over a period of several decades, only a few of his partners are of his own social class. The great majority are either prostitutes, servants or working class women. The frank discussion of sexual matters and other hidden aspects of Victorian life make this book a rare and valuable social document. It has been described as "one of the strangest and most obsessive books ever written".

Jenna Miscavige Hill, niece of Church of Scientology leader David Miscavige, was raised as a Scientologist but left the controversial religion in 2005. In *Beyond Belief*, she shares her true story of life inside the upper ranks of the sect, details her experiences as a member Sea Org—the church's highest ministry, speaks of her "disconnection" from family outside of the organization, and tells the story of her ultimate escape. In this tell-all

memoir, complete with family photographs from her time in the Church, Jenna Miscavige Hill, a prominent critic of Scientology who now helps others leave the organization, offers an insider's profile of the beliefs, rituals, and secrets of the religion that has captured the fascination of millions, including some of Hollywood's brightest stars such as Tom Cruise and John Travolta. "Far from growing up in the wealthy, fox-hunting circles she had always suggested, her mother had in fact been raised in a foundling hospital for the children of unwed women." — Editor's Choice, The New York Times Book Review "Extraordinary ... fascinating, moving." —The Telegraph "This emotional and transatlantic journey is a page-turner." — Editor's Pick, Amazon Book Review "Book groups will find as much to discuss here as they have with *The Glass Castle* by Jeannette Walls, and *Educated* by Tara Westover." — BookList Recommended by The New York Times, The Saturday Evening Post, Amazon Book Review, The Atlanta Journal Constitution, Publisher's Weekly, Kirkus and more, Justine Cowan's remarkable true story of how she uncovered her mother's upbringing as a foundling at London's Hospital for the Maintenance and Education of Exposed and Deserted Young Children has received acclaim on both sides of the Atlantic. In the U.K., it has been featured in The Mail on Sunday, The Daily Mail, The Daily Mirror and The Spectator. The Telegraph calls it "extraordinary and Glamour magazine chose it as the best new book based on real life. The story begins when Justine found her often volatile mother in an unlit room writing a name over and over again, one that she had never heard

before and would not hear again for many years – Dorothy Soames. Thirty years later, overcome with grief following her mother's death, Justine found herself drawn back to the past, uncovering a mystery that stretched back to the early years of World War II and beyond, into the dark corridors of the Hospital for the Maintenance and Education of Exposed and Deserted Young Children. Established in the eighteenth century to raise “bastard” children to clean chamber pots for England's ruling class, the institution was tied to some of history's most influential figures and events. From its role in the development of solitary confinement and human medical experimentation to the creation of the British Museum and the Royal Academy of Arts, its impact on Western culture continues to reverberate. It is the reason we read Dickens' *Oliver Twist* and enjoy Handel's *Messiah* each Christmas. It was also the environment that shaped a young girl known as Dorothy Soames, who bravely withstood years of physical and emotional abuse at the hands of a sadistic headmistress—a resilient child whose only hope would be a daring escape as German bombers rained death from the skies. Heartbreaking, surprising, and unforgettable, *The Secret Life of Dorothy Soames* is the true story of one woman's quest to understand the secrets that had poisoned her mother's mind, and her startling discovery that her family's fate had been sealed centuries before. Winner of the Nautilus Silver Book Award After her mother's death, a first-generation Serbian-American woman explores what it means to grieve consciously in a society that barely acknowledges grief. Throughout, she

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grapples with love, loss and legacy, as well as personal and familial transformation.

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