

My Sister An Addictive Psychological Thriller With Twists That Grip You Until The Very Last Page

My sister is missing. And the police think I'm to blame. We haven't always seen eye to eye, but I do love my sister Cece. She's confident and free-spirited in a way I never am. And while she's living her life to the full and posting it all over social media, I'm having early nights in my tiny New York apartment. I didn't mean to keep her a secret from my boyfriend, Bradley. But when he found out about her and I caught him scrolling through her pictures online, I knew I had to act before she ruined my life once again. When the police come knocking at my door, I instantly regret wishing Cece would leave my life for good. I didn't want her to vanish forever, did I? If you enjoy gripping psychological thrillers like *The Girl on the Train*, *Gone Girl* and *The Wife Between Us*, you will love this totally addictive novel from a USA Today bestselling author. What readers are saying about *The Guilty Sister*: "Wow... Grabbed my interest from the first few pages and did not let go. What a thrilling and exciting read!" Goodreads reviewer, 5 stars "Absolutely amazing thriller." NetGalley reviewer, 5 stars "A wild ride... Hooked from the first page and kept me on my toes... Amazing." Goodreads reviewer "Addictive... Hands down a must-read." Oh.happy.reading "Wow... What a thrilling and exciting read!" Goodreads reviewer, 5 stars "Full of surprising twists and turns.. It had me consumed from the start." Goodreads reviewer, 5 stars "I loved this book." Wowhats Blog, 5 stars "An easy read and hard to put down." @Lindasversion, 5 stars "A twisting suspense to keep readers on their toes." NetGalley reviewer "It will keep you on your toes!" Goodreads reviewer What readers are saying about Arianne Richmonde: "Woah! What a ride! I read this book straight through cover to cover. Full of twists I never saw coming." Meandering and Muses, 5 stars "Gripping, heart-pounding and completely unpredictable." Little Miss Book Lover 87, 5 stars "A psychological thrill ride you won't be able to look away from. Once I started reading, I couldn't stop. 6 stars!" Alessandra Torre, New York Times bestselling author "Had me up all night to finish it. I just had to know how it ended!!!" The Shelves of a Bibliophile, 5 stars "I was hooked from the very first page. This one blew me away. I couldn't put it down. Keeps you on the edge of your seat." Goodreads reviewer, 5 stars "Taut and tantalizing... Wow, this author has done a fabulous job. I loved every twist. I finished it in a few hours." NetGalley reviewer, 5 stars "Wow! I read way past my bedtime simply because I didn't want to stop reading." Goodreads reviewer, 5 stars "Plentiful WTF moments and numerous plot twists all made this one of my favorite recent reads." Goodreads reviewer, 5 stars "Definitely a gripping psychological thriller from beginning to end!" Goodreads reviewer, 5 stars "A psychological thriller of epic proportions." Goodreads reviewer, 5 stars "Wow... Cracking read." Goodreads reviewer, 5 stars "Mind-blowing." NetGalley reviewer, 5 stars

ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction approaches, thus illuminating how practitioners can guide clients down a trusted path that is tailored towards the client's particular needs. Through a

number of first-person narratives about the experience of addiction, students will discover a realism and depth not commonly found in textbooks. In addition, the authors include student-friendly topics, such as the case against so-called underage drinking laws, to draw students into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together. Updated to reflect the DSM-5, this edition also includes the latest insights into social determinants of health, trauma-informed care, working with transgender populations, and other timely topics. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Every year on the same day, on the anniversary, I receive a single black rose. Thirteen years of dark petals, jagged thorns, dredging up memories I've tried to forget... I've packed up my life. All my belongings are carefully sealed in labelled boxes, my suitcases ready for my big move. I'm just days away from a new life abroad with my boyfriend, Ben. No one knows the real reason I'm desperate to leave. My best friend, Lena, is throwing me a leaving party. A celebration, to say goodbye. Champagne to toast my farewell. Speeches, full of fond memories. No one knows what I'm running from. Then another black rose appears, dragging up thirteen years of buried memories. My passport goes missing. The very people I am trying to escape from turn up to our house. Someone knows my secret. They're in my home, at my party, and they're making me pay for it. Psychological thrillers don't get more addictive or gasp-worthy than this! Fans of K.L. Slater, *The Girl on the Train* and *The Wife Between Us* will love this unputdownable page-turner. Readers are loving *The Leaving Party*: 'What an addictive read – I got sucked in from page one and then went on a roller coaster ride of a read. WOW. Just WOW. WOW. WOW.' NetGalley Reviewer, 5 stars 'Wow wow wow!!!!!! What a thriller this book is! One killer secret that will leave you holding your breath until the last page! This book has so much suspense that you can't help turning the pages faster and faster!! A definite must read!' Goodreads Reviewer, 5 stars 'What an intense read, I was captivated from the start... full of twists and turns... wow.' Stressed Rach, 5 stars 'WOW what a read! Just give me a minute I need to catch my breath!... It is that good!' Once Upon A Time Book Blog, 5 stars 'This book is full of twists and turns and will have you shocked at the end... Just brilliant!!!!!!' Goodreads reviewer 'I sat down to read this book before dinner... and didn't put it down until I fell asleep that night.' The Sweet Wanderlust, 5 stars 'I love a classic whodunnit and this takes that and turns it into a great psychological thriller... This had more twists and turns than *Strictly on a Saturday night* and the author is one clever, devious manipulator.' Melanie's Reads 'A chilling read which had me hooked from the first page... The author did a cracking job of leading me down dead ends and throwing red herrings right at me.' Stardust Book Reviews 'A very quick and compelling story that I read in a couple of very short hours... unable to tear myself away for any reason.' Rachel's Random Reads, 5 stars 'There are secrets, obsession, manipulation, lies and revenge, the plot will keep you hooked... There is nothing negative I can say about this book, it has been a fantastic read which I devoured in a matter of hours.' Little Miss Book Lover 87, 5 stars 'I couldn't stop turning the pages fast enough. High five for Lesley Sanderson. A thoroughly engaging read.' Goodreads reviewer, 5 stars 'Wow! I couldn't put the book down! Amazing!' Goodreads reviewer 'An edge-of-your-seat novel which will either leave you holding your breath or with a temporary nervous twitch.' Goodreads reviewer

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'OMG... It's phenomenal... I couldn't put it down – I read it in a single day!... An unmissable read!' MoMo Book Diary, 5 stars Your sister is gone, but she left a diary. Now someone knows your secrets... Lauren has spent years running away from her home town, her childhood and the memories of her stepsister and best friend, Hannah. Until Lauren's father begs her to return home for the tenth anniversary of Hannah's death. It should be a quick visit, just so Lauren can pay her respects, but Hitchin is a small town and it's not long before she'll have to see the friends she abandoned: the beautiful, confident young girls who once meant everything to her. Just when Lauren thinks she might be getting closure, she finds Hannah's old diary. A diary full of secrets. The terrible things Lauren did, the lies she's told, the reason she ran away. And she receives a message: 'I don't know why you're back, but I know why you left.' But no-one else has seen the diary, and Hannah's dead, isn't she? A compelling and suspenseful psychological thriller about the secrets we share with the people we think we can trust. Perfect for fans of *The Sister*, *The Girl on the Train* and *We Were Liars*. What readers are saying about *The Diary*: 'Incredible... from the very first page I knew I was going to love it. I was gripped immediately... I couldn't stop reading... You're on an emotional rollercoaster from beginning to end. Heart-breaking, stressful, dark, twisty and so secretive. Brilliant book.' Goodreads reviewer, 5 stars 'I loved this so much and couldn't put it down!... This book was *Gossip Girl*, *Riverdale*, *Pretty Little Liars* and a dash of *Cruel Intentions* all packed into one.' Goodreads Reviewer, 5 stars 'Incredible... one of my favourite reads. Yes, I will be reading this one again, and again... I could almost feel the words piercing through my heart, and hitting me right in the feels... I wanted to read more!!... You have set the bar high, now hurry up and bring out your next book!!' Little Old Ginger Me, 5 stars 'Ooooooh boy, this is so addictive, very, very, very... Wow... Just wow. This is really, really good... a mesmerising, very well-written debut thriller that had me hooked in from the first page.' Nicki's Life of Crime, 5 stars 'A fast-paced psychological thriller that you will not want to put down, I know I didn't!!!' Goodreads reviewer, 5 stars 'A mesmerizing psychological thriller with a well-constructed plot with realistic and believable characters! Will leave you completely fulfilled with a flawless ending!' Goodreads reviewer 'A haunting FIVE-star book! I loved this so much and couldn't put it down! Wow, so many secrets, lies, games, deception... So dark, so deep and everyone trying to keep their secrets hidden.' Goodreads reviewer, 5 stars 'This book left me awestruck. Wow!... Twisty and taut, dark and sad, it engaged from page one to the end.' Goodreads reviewer, 5 stars 'To say this book was thrilling and addictive, would be an understatement. I read 75% of this book in one day because I just couldn't put it down... Don't be upset when your day has gone by because you won't be able to put this book down!!' Goodreads reviewer, 5 stars 'An intense, fast-paced thriller with lots of mystery!... I would absolutely recommend this book.' Goodreads reviewer, 5 stars 'A real page-turner from the start. I was desperate to uncover the secrets *The Diary* held... the twists in the book are emotionally charged and unpredictable. I loved this book.' Goodreads reviewer 'As soon as I started this book I couldn't put it down! There were parts that I didn't see coming, with an ending that wowed! I would recommend *The Diary* to anyone who loves a good thriller!' Goodreads reviewer 'Hooked me right away... The pages practically turn on their own.' All the Good Books 'I could not put it down! The plot draws you in and keeps you guessing the whole way along. You think you see something as a clue and have an idea of what's happening and then it just

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doesn't unfold that way!' Goodreads reviewer, 5 stars 'Heart-tugging lies and deceit... Can't wait to read more from this author... This book made me cry.' Goodreads reviewer, 5 stars 'I absolutely fell in love with this book and all of the crazy twist and turns with each page I read. I really could not put it down.' Goodreads reviewer

In the vein of Fiona Barton's *The Widow* and Renée Knight's *Disclaimer*, a psychological thriller about a war reporter who returns to her childhood home after her mother's death but becomes convinced that all is not well in the house next door—but is what she's seeing real or a symptom of the trauma she suffered in Syria? *The One Person You Should Trust Is Lying to You...* Kate has spent fifteen years bringing global injustice home: as a decorated war reporter, she's always in a place of conflict, writing about ordinary people in unimaginable situations. When her mother dies, Kate returns home from Syria for the funeral. But an incident with a young Syrian boy haunts her dreams, and when Kate sees a boy in the garden of the house next door—a house inhabited by an Iraqi refugee who claims her husband is away and she has no children—Kate becomes convinced that something is very wrong. As she struggles to separate her memories of Syria from the quiet town in which she grew up—and also to reconcile her memories of a traumatic childhood with her sister's insistence that all was not as Kate remembers—she begins to wonder what is actually true...and what is just in her mind. In this gripping, timely debut, Nuala Ellwood brings us an unforgettable damaged character, a haunting, humanizing look at the Syrian conflict, and a deeply harrowing psychological thriller that readers won't be able to put down.

One lied. One died. When one sister dies, the other must go to desperate lengths to survive After a tragic accident, still haunted by her twin sister's death, Abi is making a fresh start in Bath. But when she meets siblings Bea and Ben, she is quickly drawn into their privileged and unsettling circle. When one sister lies, she must protect her secret at all costs As Abi tries to keep up with the demands of her fickle friends, strange things start to happen precious letters go missing and threatening messages are left in her room. Is this the work of the beautiful and capricious Bea? Or is Abi willing to go to any lengths to get attention? When the truth outs, will either sister survive?"

From Alpha Books and Psychology Today magazine comes expert advice that explains the whys and hows of food obsession and compulsive overeating. Readers will gain the background and tools needed to fashion a plan for happier, healthier living and help themselves out of compulsive overeating-starting right now. It also shows readers how to work out individual food issues, move beyond addiction, and maintain a healthy, lifelong relationship with food. * More than 135 million Americans are estimated to be either overweight or obese * American Journal of Clinical Nutrition reported that Americans spend nearly \$45 billion annually on weight-loss products and services and the American Dietary Association indicates that 65% of all women are currently dieting or plan to start a diet in 2004

From the author of *The Things We Cannot Say*, *Before I Let You Go* explores a hotly divisive topic and asks how far the ties of family love can be stretched before they finally break. "Kelly Rimmer skillfully takes us deep inside a world where love must make choices that logic cannot. Ripped from the headlines and from the heart, *Before I Let You Go* is an unforgettable novel that will

amaze and startle you with its impact and insight.” —Patti Callahan Henry, New York Times bestselling author of *The Bookshop at Water’s End* “*Before I Let You Go* is a heartbreaking book about an impossible decision. Kelly Rimmer writes with wisdom and compassion about the relationships between sisters, mother and daughter.... She captures the anguish of addiction, the agonizing conflict between an addict’s best and worst selves. Above all, this is a novel about the deepest love possible.” —Luanne Rice, New York Times bestselling author *The 2:00 a.m. call* is the first time Lexie Vidler has heard her sister’s voice in years. Annie is a drug addict, a thief, a liar—and in trouble, again. Lexie has always bailed Annie out, given her money, a place to sleep, sent her to every kind of rehab. But this time, she’s not just strung out—she’s pregnant and in premature labor. If she goes to the hospital, she’ll lose custody of her baby—maybe even go to prison. But the alternative is unthinkable. As the weeks unfold, Lexie finds herself caring for her fragile newborn niece while her carefully ordered life is collapsing around her. She’s in danger of losing her job, and her fiancé only has so much patience for Annie’s drama. In court-ordered rehab, Annie attempts to halt her downward spiral by confronting long-buried secrets from the sisters’ childhoods, ghosts that Lexie doesn’t want to face. But will the journey heal Annie, or lead her down a darker path?

This chilling psychological suspense novel—think *Strangers on a Train* for the modern age—explores the dark side of love and the unbreakable ties that bind two sisters together. Felix and Tilda seem like the perfect couple: young and in love, a financier and a beautiful up-and-coming starlet. But behind their flawless façade, not everything is as it seems. Callie, Tilda’s unassuming twin, has watched her sister visibly shrink under Felix’s domineering love. She has looked on silently as Tilda stopped working, nearly stopped eating, and turned into a neat freak, with mugs wrapped in Saran Wrap and suspicious syringes hidden in the bathroom trash. She knows about Felix’s uncontrollable rages, and has seen the bruises on the white skin of her sister’s arms. Worried about the psychological hold that Felix seems to have over Tilda, Callie joins an Internet support group for victims of abuse and their friends. However, things spiral out of control and she starts to doubt her own judgment when one of her new acquaintances is killed by an abusive man. And then suddenly Felix dies—or was he murdered? A page-turning work of suspense that announces a stunning new voice in fiction, *White Bodies* will change the way you think about obsession, love, and the violence we inflict on one another—and ourselves.

In the vein of *Adult Children of Alcoholics* comes the first book geared specifically to the siblings of alcoholics. Patricia Olsen, sister of two alcoholic brothers, shares her personal experiences along with interviews with other sober siblings, while Petros Levounis, M.D., the director of The Addiction Institute of New York and chief of addiction psychology at St. Luke's and Roosevelt Hospitals in New York City, offers expert advice. Whether the alcoholic is in recovery or relapsed, in AA or therapy, *Sober Siblings* helps brothers and sisters gain greater awareness of their own situation, offering practical wisdom and suggestions on: feelings of shame, frustration, hopelessness, and anger; the difference between helping and enabling; setting boundaries; the nature of alcoholism; coaddictions; and how to help your sibling while not losing yourself.

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Addicted to Social Media Psychological and Social Control through Net Monitoring Potential social site addiction danger – Cyber Stalking Media-Manipulation – 1990s Trying to get rid of a Social Media Addiction Remove Icons and Profiles Ask for Real Help, Not Virtual Help Conclusion Author Bio Publisher Introduction "Great minds discuss ideas, mediocre minds discuss events, small minds discuss people" Eleanor Roosevelt This book is going to talk a lot about a global phenomenon, which is growing day by day, especially its influence on the newer generation and its future repercussions in the social, psychological, and emotional growth of people who are completely addicted to the social media.

A GOOD HOUSEKEEPING “GREAT READ” “A deliciously creepy psychological thriller.” —Publishers Weekly, starred review This chilling psychological suspense novel—think *Strangers on a Train* for the modern age—explores the dark side of love and the unbreakable ties that bind twin sisters together. Felix and Tilda seem like the perfect couple: young and in love, a financier and a beautiful, up-and-coming starlet. But behind their flawless façade, not everything is as it seems. Callie, Tilda’s unassuming twin, has watched her sister visibly shrink under Felix’s domineering love. She has looked on silently as Tilda stopped working, nearly stopped eating, and turned into a neat freak, with mugs wrapped in Saran Wrap and suspicious syringes hidden in the bathroom trash. She knows about Felix’s uncontrollable rages, and has seen the bruises on the white skin of her sister’s arms. Worried about the psychological hold that Felix seems to have over Tilda, Callie joins an Internet support group for victims of abuse and their friends. However, things spiral out of control and she starts to doubt her own judgment when one of her new acquaintances is killed by an abusive man. And then suddenly Felix dies—or was he murdered? A page-turning work of suspense that announces a stunning new voice in fiction, *White Bodies* will change the way you think about obsession, love, and the violence we inflict on one another—and ourselves.

‘I did something terrible Grace. I hope you can forgive me...’ Grace hasn't been the same since the death of her best friend Charlie. She is haunted by Charlie's last words, and in a bid for answers, opens an old memory box of Charlie's. It soon becomes clear there was a lot she didn't know about her best friend. When Grace starts a campaign to find Charlie's father, Anna, a girl claiming to be Charlie's sister steps forward. For Grace, finding Anna is like finding a new family, and soon Anna has made herself very comfortable in Grace and boyfriend Dan's home. But something isn't right. Things disappear, Dan's acting strangely and Grace is sure that someone is following her. Is it all in Grace's mind? Or as she gets closer to discovering the truth about both Charlie and Anna, is Grace in terrible danger? There was nothing she could have done to save Charlie... or was there? A compelling, gripping psychological thriller perfect for fans of *The Girl on the Train*, *I Let You Go* and *The Girl With No Past*. What people are saying about *The Sister*: ‘I was gripped to *The Sister* from the first page until the very end. I thought I had it all worked out until I was proven sooo wrong.’ Robert Bryndza ‘I could not put this book down. I neglected all the house work and put off cooking dinner until I was finished... I loved every page.’ Renee Reads ‘My eyes were racing down the pages... had me guessing right up to the very end and I had tears in my eyes as I relived Charlie's last moments... exceptional... It's an addictive page-turner that begs time and again for just one more chapter until the whole book has been devoured and thoroughly enjoyed.’ *The Book*

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Magnet 'Wow! What an amazing debut novel! Full of intense twists! Fantastic book to start off summer reading! Highly recommend.' Loud and Proud Book Junkie, 5 stars 'I loved this book, it grabbed me right from the beginning.' Beady Jans Books 'I genuinely struggled to put this book down... I can't recommend this book enough, it's made it to my favourites... I can't wait for more books to come from Louise Jensen... A well-deserved five stars from me.' Emporio Epidemic 'I couldn't put my Kindle down until I had answers!!... I wasn't sure which characters to trust and which to not trust... a 5 star book that would make a fantastic summer read!' Steph and Chris' Book Review 'As the skillfully woven web of lies and deceit starts to untangle the author throws in a massive twist that I certainly didn't see coming... a definite must read for all psychological thriller fans and it's one of those books that deserves to be talked about.' The Haphazardous Hippo 'One of those books that you can't stop thinking about even when you're not reading it!!... the tension never seems to drop for one second!... an absolute treat, albeit a scary one, to read!! Highly recommended!' Books and Me! 'Just as I thought the story was wrapping up BANG! I was hit again with another twist. Brilliant! It is chilling and sinister and yet heart-breaking and tragic, and I felt really emotional on finishing it... I can't wait to read more by Louise.' Bloomin Brilliant Books 'OMG I love this... one corker of a psychological thriller which ticked all the boxes for me giving it an easy 5 stars.' Chelle's Book Reviews 'Hooked from the first page till the end... A gripping tale for fans of I Let You Go and The Girl on the Train. A must read.' Berlitz Chile 'I was left gaping... You cannot help but speed read through this novel. You have to know what happens.' Aloha Reviews 'I was hooked on the story from the word go.' Hollie in Wanderlust

In the vein of Ruth Ware's *In a Dark, Dark Wood* comes a novel of psychological suspense from debut author Michelle Adams, where a woman returns to her family's home to learn the truth and escape her sister's influence. If you knew my sister, you'd run too... First there was the Robert Kneel incident. Then what happened to Margot Wolfe. And now she's found me again. Dr. Irini Harrington was given away by her parents just before her fourth birthday. Although she has spent her whole life trying to convince herself she doesn't need them, deep down Irini longs to understand why she was abandoned, while her parents kept her older sister, Elle. So when Elle gets in touch with news that their mother has died, Irini reluctantly agrees to return to the family home. But she is ill at ease. She and Elle are not close. Irini knows only too well what Elle is capable of. Inexplicably drawn to her enigmatic sister, yet terrified of the sway she holds, Irini tries to protect herself even as she is sucked back into her family's toxic web of secrets...and soon realizes that the past is more complicated than she imagined, and that her very future rests upon discovering the truth about why she was really given away.

I know your secret. I'm going to tell. The moment Sarah Taylor-Cox receives the note, she knows the picture-perfect life she's created for herself could come crashing down around her. She's worked so hard to erase the horrors of her past—why is it only now starting to catch up with her? When Sarah's sister, Maisey, arrives on the doorstep of her glamorous Hamptons home, Sarah's anxiety grows ever higher. For Maisey seems determined to bring up memories that would be better left alone... Part 2 of 6: A riveting new installment in this darkly compelling psychological thriller "A growing sense of menace creeps through every page, leading to a nail biting final part!" —USA Today bestselling author Sue Fortin "A clever, creepy family drama, the tension

builds and builds to the explosive end. Secrets, lies and scandals...you'll never guess the truth!" —New York Times bestselling author J.T. Ellison

Addiction argues that addiction should be understood not as a disease but as a phenomenon that must be understood on many levels at once. Employing a complex dynamic systems approach and philosophical methodology, Shelby explains addiction as an irreducible neurobiological, psychological, developmental, environmental, and sociological phenomenon.

A Good Housekeeping "Great Read" This "deliciously creepy psychological thriller" (Publishers Weekly)—think Strangers on a Train for the modern age—explores the dark side of love and the unbreakable ties that bind two sisters together. Felix and Tilda seem like the perfect couple: young and in love, a financier and a beautiful up-and-coming starlet. But behind their flawless façade, not everything is as it seems. Callie, Tilda's unassuming twin, has watched her sister visibly shrink under Felix's domineering love. She has looked on silently as Tilda stopped working, nearly stopped eating, and turned into a neat freak, with mugs wrapped in Saran Wrap and suspicious syringes hidden in the bathroom trash. She knows about Felix's uncontrollable rages, and has seen the bruises on the white skin of her sister's arms. Worried about the psychological hold that Felix seems to have over Tilda, Callie joins an internet support group for victims of abuse and their friends. However, things spiral out of control and she starts to doubt her own judgment when one of her new acquaintances is killed by an abusive man. And then suddenly Felix dies—or was he murdered? A page-turning work of suspense that announces a stunning new voice in fiction, *White Bodies* will change the way you think about obsession, love, and the violence we inflict on one another—and ourselves.

In the time of Freud, the typical psychoanalytic patient was afflicted with neurotic disorders; however, the modern-day psychotherapy patient often suffers instead from a variety of addictive disorders. As the treatment of neurotic disorders based on unconscious conflicts cannot be applied to treatment of addictive disorders, psychoanalysis has been unable to keep pace with the changes in the type of patient seeking help. To address the shift and respond to contemporary patients' needs, Ulman and Paul present a thorough discussion of addiction that studies and analyzes treatment options. Their honest and unique work provides new ideas that will help gain access to the fantasy worlds of addicted patients. *The Self Psychology of Addiction and Its Treatment* emphasizes clinical approaches in the treatment of challenging narcissistic patients struggling with the five major forms of addiction. Ulman and Paul focus on six specific case studies that are illustrative of the five forms of addiction. They use the representative subjects to develop a self psychological model that helps to answer the pertinent questions regarding the origins and pathway of addiction. This comprehensive book links addiction and trauma in an original manner that creates a greater understanding of addiction and its foundations than any clinical or theoretical model to date.

Everyone should know what you did Sarah Taylor-Cox has received two threatening notes—notes which threaten to destroy everything she holds dear. Just getting through the days is a struggle—the cracks in her marriage are becoming ever more visible, her protectiveness of her baby is becoming overbearing...and the arrival of her sister, Maisey, along with her estranged mother and stepbrother, is certainly not helping matters! For Maisey, watching the sister she's always looked up to struggling to stay sane is heart-breaking. She's determined to help, but being around family is unearthing long-buried memories, memories which Maisey hasn't let herself think about in years. And one particular echo from the past won't stop reverberating in her head...the cry of a frightened child. "A growing sense of menace creeps through every page, leading to a nail biting final part!" — USA Today bestselling author Sue Fortin "A clever, creepy family drama, the tension builds and builds to the explosive end. Secrets, lies and scandals...you'll never guess the truth!" — New York Times bestselling author J.T. Ellison "Zoe

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Carter keeps the twist coming in this tale of two sisters whose dark pasts are slowly coming unraveled. Sarah and Maisey are holding tight to a shocking family secret, and now an anonymous stranger is threatening to tell. An engaging story of lies, closet skeletons, and betrayal." — USA TODAY bestselling author Kimberly Belle, author of The Marriage Lie Part 3 of 6: a riveting new installment in this darkly compelling psychological thriller

"My Addiction wants me dead, but it wants me alone and isolated first." Addiction is a chronic illness, there is no physical cure, and the statistics are on the rise at a staggering pace. There is only treatment. Addiction, medically speaking, is just like cancer or diabetes. According to the National Institute on Drug Abuse, "Illicit drug use in the United States has been increasing. In 2013, an estimated 24.6 million Americans aged 12 or older-9.4 percent of the population-had used an illicit drug in the past month. This number is up from 8.3 percent in 2002." (reference: <https://www.drugabuse.gov/publications/drugfacts/nationwide-trends>) This book is a story about the lifelong struggle Michael had with this demon of addiction. From the time that Michael found the cure for his ailments to time that he "Had to have his friend to get by." His story goes from a love to hate relationship because of this fact. The reader will learn about the negative coping mechanisms Michael used for forty-four years in order to deal with his emotional issues. Many near death experiences, multiple rehabs, and legal issues throughout the years have played the part in this addict's recovery process. In the end, you will be intrigued and excited about how the victory can be yours too. You can overcome addiction! It can be a long road as you will find out for Michael, but God has a purpose, plan, and ultimate destiny for each and every one of us. May you be truly blessed by this book.

'The queen of high-tension grip lit delivers a twisted tale that won't let you go' Sunday Times Crime Club 'With great skill, Jensen slowly unveils the well-hidden aspects of all three characters and propels the book to a moving and convincing conclusion' Daily Mail

'Wow. What a book ... a roller coaster ride of emotions ...' Goodreads Reviewer Two childhoods destroyed. One story they will never tell. Until now. Beth ran away from her family when she was a teenager. She left behind a terrible evil that took her innocence. She also left behind her sister, Sara. When Beth returns home, she is shocked to discover her terrible secret is not just hers alone...she shares it with Sara. Under the shadow of a remote headland, the sisters make an oath they promise never to break. Eva's birth is a mystery that remains unsolved. Years later with her marriage in ruins, and her future uncertain, she realizes that to move forward with her life, she must first understand her past. But while Eva is drawing closer to the truth about her roots, Beth and Sara's lives are falling apart, crushed under the weight of the secret they carry. They must confront the past and face the darkness once more. But this time, their story will be heard. From the bestselling author of The Betrayal, Stolen Child and Fragile Lies, comes a breathtakingly tense and emotional story of the fierce bond between sisters, and a family destroyed by a disturbing secret. 'Breathtakingly emotional ... I really felt for Beth, Sara and Eva and feel privileged to have read the book.' Donna's Book Blog 'An absorbing, compelling family saga...very well-written, captivating and at times very emotive ...Once I started it, I couldn't stop.' Relax and Read Book Reviews 'A hard hitting story... there is a sense of justice and resolution.' For the Love of Books 'A good tale around a dark subject.' Books from the Comfort of my Sofa Note: Previously published as 'When the Bough Breaks.' This is a new extended version.

Where'S My Sister?My Little Sister'S Struggle with Addiction, Adoption, and Mental IllnessiUniverse

The past is catching up with you. Your child is paying the price. I love my eight-year-old son Riley more than anything. Yet the truth is, I fear for him. It's hard being a single mother. It's even harder when you can't let anyone come close. When you avoid parents at the school gate, scared you'll give too much away. Riley thinks his father died in a car crash. He has no idea what really happened eight years ago – why I

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ended up sobbing in the dark on the kitchen floor. Every mother is protective of her child. But not every mother is constantly glancing over her shoulder. Everyone has secrets. But not everyone is terrified of their lies being exposed, their lives unravelling when it all comes out. So when Riley disappears from our garden on a cold winter's afternoon, I know that he hasn't just run away. I'd do anything to save my son – but if I tell the truth, I might lose him for ever... A totally gripping psychological thriller that will get your pulse racing like crazy as it hits you with twist after twist after twist! If you loved *The Wife Between Us* or *The Girl on the Train* you'll be utterly glued to this page-turner. Readers love Nicole Trope: 'Wow!!! Wow!!! Wow!!! This book is a total page-turner and will keep you guessing with every page.' Goodreads reviewer, ????? 'Omg! Omg!... My son came in and asked me who I was yelling at?! (I was yelling at my e-reader)... LOL, my heart is still beating crazy!... OK, I have to go now. I need a big glass of wine to calm down!' Ana's Attic Guest Reviewer, ????? 'Oh my GOSH!!!!!! I read this emotionally charged, compelling book in one sitting. Whoa, my emotions are ALL over the place!!!' NetGalley reviewer, ????? 'I've never been soooooo engrossed in a book from the first pages. Amazing, emotional and just wow!!' NetGalley reviewer, ????? 'Simply brilliant... Almost gave me an aneurysm in my attempt to finish it.' @rk_reads, ????? 'Absolutely amazing!... So so good with so many twists and surprises. I could not put it down and read it in 24 hours!' Goodreads reviewer, ????? 'After reading this book I realise I use the phrase "page-turner" too much, because THIS was a true PAGE-TURNER. I read it in one sitting.' Goodreads reviewer, ?????

This book establishes, and then analyses, the interrelation between series and dependence by focusing on two aspects of their connection: the overconsumption of TV series, and the production devices that lead to it. Due to its two-sided nature, the volume brings together specialists from different backgrounds. On the one hand, it involves people working with addiction, such as psychiatrists, psychologists, and social workers, whose analytical tools and statistics are extremely useful in assessing the prevalence of TV series addiction, as well as its consequences, in order to make sense of its mechanics. For similar reasons, the authors also include professionals working with children and teenagers, since youths under 18 are largely affected by addictive tendencies. On the other hand, other contributions here are authored by TV series specialists, producers and scriptwriters, as well as academics in the fields of film and TV series studies, cultural studies, and narratology. Their specific perspectives on the topic help better understand what it is about the construction or reception of TV series that aims to create, maintain, amplify, or, on the contrary, curb their ingrained addictive effects.

Reveals how gender intersects with race, class, and sexual orientation in ways that impact the legal status and well-being of women and girls in the justice system. Women and girls' contact with the justice system is often influenced by gender-related assumptions and stereotypes. The justice practices of the past 40 years have been largely based on conceptual principles and assumptions—including personal theories about gender—more than scientific evidence about what works to address the specific needs of women and girls in the justice system. Because of this, women and girls have limited access to equitable justice and are increasingly caught up in outdated and harmful practices, including the net of the criminal justice system. *Gender, Psychology, and Justice* uses psychological research to examine the experiences of women and girls involved in the justice system. Their experiences, from initial contact with justice and court officials, demonstrate how gender intersects with race, class, and sexual orientation to impact legal status and well-being. The volume also explains the role psychology can play in shaping legal policy,

ranging from the areas of corrections to family court and drug court. Gender, Psychology, and Justice provides a critical analysis of girls' and women's experiences in the justice system. It reveals the practical implications of training and interventions grounded in psychological research, and suggests new principles for working with women and girls in legal settings.

'I had to pick my jaw firmly up from the floor when I sadly finished this fantastic novel. I started reading it on Friday night and couldn't take myself away from it until the wee small hours. I was captivated from start until finish.' Goodreads Reviewer ?????

'You don't think Jamie and I have secrets, do you? No, we tell each other everything.' She smiled. 'Including your dirty little secret. So maybe it's time to start being nice to me?' THE WIFE: Clare is ready for a break. It's been a tough year and now she wants to put her feet up. Arriving at the Italian villa for their summer holiday, she decides it's high time her husband and his family did some of the work. After all, her husband owes her... THE HUSBAND: Even though Dan had his head turned by someone else, he's realised the error of his ways. He's here now, and he says it's for keeps. Clare can trust him, can't she? At least he'll have his brother there, to keep him in line... THE BROTHER: Jamie is the prodigal child, back in the family fold again after years of travelling abroad. But when he gets to the villa, he's not alone. He's brought a wife, someone none of them have met before. THE SISTER-IN-LAW: Ella is everything Clare isn't. Glamorous. Young. Influential. But she knows a secret about Clare. Something that has the power to break the whole family apart. And there's someone who will do whatever it takes to make sure that this deep secret never comes to the surface. An utterly unputdownable, gripping, twisty psychological thriller, perfect for fans of Before I Go To Sleep, The Girl on the Train and Date Night. Readers are loving The Sister-in-Law: 'Wow wow wow... I could not put it down! A gripping, on-the-edge-of-your-seat page turner... My blood pressure was up the whole way though this!' Goodreads Reviewer ????? 'I give this book 5 stars, hands down! What a fantastically written thriller! I COULD NOT put this book down... Holy cow. Just when I thought I knew what was going to happen – PLOT TWIST! I highly recommend this fast-paced thrilling read. You will not be disappointed!' Goodreads Reviewer ????? 'A story that will send shivers down your spine... I was literally on the edge of my seat... Electrifying. I could hardly control myself in my desperation to discover what secrets were being hidden... An enthralling page-turner that I defy anyone to try and put down... A totally addictive read.' Goodreads Reviewer ????? 'This book was just what I needed during this stressful time... This was the most amazing escape to the Amalfi Coast... I couldn't put this down... You need to read it to believe it!' Goodreads Reviewer ????? 'A perfect excuse to shut everything else that is going on on this planet out... It's one you don't want to put down, but you don't want it to end either... Brilliant!' Goodreads Reviewer ????? 'Pulled me in and held me captive from the very start... The perfect escape from these uncertain and stressful days... Twisty, compulsively readable and another sure hit for an author who should certainly occupy a place on your must-read list.' Goodreads Reviewer ????? 'Wow!! What an absolutely fantastic and gripping read... I have devoured this book in just one sitting... There is no way I could've predicted this ending. It actually shocked me.' Goodreads Reviewer ????? 'What a book!... A powder keg – you just knew everything was going to blow, but you never knew when!' Robin Loves Reading ????? 'Wow, wow, wow! Serious book hangover commencing!... What an absolute cracker of a novel... I honestly thought I'd worked it out and then BAM it was all up in the air again and

WOWZERS, the ending was 100% unexpected.' Goodreads Reviewer ??????

The purpose of this book is to introduce a true introspection of the inner workings of the mind and reality of the author and his journey from poverty, drug addiction, mental illness, imprisonment and homelessness to a successful self-made expert and professional entrepreneur in the field of mental/behavioral healthcare and addictions services. The book is a testament that treatment when empathic, genuine, spiritual, eclectic and most important, culturally sensitive, works. This book is the authors testimony that recovery is not only possible but limitless. The author has studied and learned from some of the best minds in his field and has developed a style and approach to treatment all his own. He is the founder and chief executive officer of a State Licensed Ambulatory Care Center that has evolved into a comprehensive system of care from prevention/intervention to tertiary care and recovery supports. This book is the beginning of the recording of a transformative phenomenon that will be used to save hundreds of thousands even millions of lives. This book is a part of the author's mission. Which is to see a day when treatment for mental illness, behavior healthcare and substance use disorder is no longer needed and health, wellness, fairness, equity, safety and righteous human conduct is commonplace. Please read this book, keep an open mind and enjoy the journey to New Life!

When Linda Burden was five years old, her adopted parents came home with a new baby. The baby was not born to Lindas parents; much as they had done with Linda and her brother, the Burden parents had adopted the tiny child. This tiny child was now Lindas little sister, and they named her Alison. They appeared to have a charmed life, but there was nothing charming about it. Linda and Alisons parents were still mourning the deaths of their two biological children. Their father was an alcoholic, and their mother was having an affair. This difficult upbringing drew Linda and Alison together as more than just adopted sisters; they became friendsbest friendswho would survive a painful childhood to become adults on very different life paths. Linda took a high road; Alison, suffering from psychological illness, found herself on a low road. Alisons life devolved into one of alcoholism and anorexia. Linda would become her only hope for salvation. In this true life account of sibling love and devotion, Linda watches her sisters weight drop to sixty-five pounds, andbefore its too lateshe must convince Alison that she is beautiful. Despite their differing DNA, Linda and Alison are linked by love, and it is love they need most of all.

The most useful therapy is one that can be applied to a wide range of client problems, is easy to learn, and produces lasting results following a brief intervention. The cognitive-behavioural approaches described in this volume probably come nearest to this ideal. Originally published in 1989, this book begins with a description of the cognitive-behavioural revolution that had taken place in the decade prior to publication and provides therapists with the specifics of helping in four major areas: child behaviour problems, emotional disorders (depression and anxiety), interpersonal problems and addictive disorders. Coverage of the major areas of concern begins in each case with an overview of theory and research in the specific domain, followed by detailed guidance for practice. The volume represents a synthesis of the author's research and practice with patients in inner city Liverpool and with employees referred by major employers. The strategies described have been devised to take account of a wide variety of client social contexts and service delivery settings, and the strengths, pitfalls and practicalities of group cognitive-behavioural

approaches are also discussed. The reader is finally led into largely uncharted waters, the application of cognitive-behavioural approaches to schizophrenia, people with learning difficulties and the elderly. Back in print, this title will still be of interest to students and practitioners in social work, clinical psychology, and community psychiatry.

My husband has been keeping secrets for a long time. He thinks I don't know what he does outside of this house. But I know everything... Karla watches silently as Jason hurriedly packs his belongings into a suitcase. She knows that her stillness is unnerving him as she watches his every move from the doorway of their bedroom. Clothes are screwed up and packed into the case, along with a watch she bought him for his last birthday and his precious laptop. He takes everything from his bedside table. Everything except the framed wedding photo, which now stands alone. Karla strains to see the smiling faces in the photo. If only she knew then what she knows now. 'I've fallen in love with someone else,' he'd said to her, just moments earlier. The brutality of those words hit Karla hard and she struggled to breathe as she took in each word in turn. You may think you know what Karla will do next. But you'll be wrong. Because Karla isn't who you think she is. Only she knows what's about to happen. And you will never see it coming. An absolutely gripping psychological thriller for readers who loved *The Girl on the Train*, *Gone Girl* and *The Other Woman*. With twists you'll never see coming, you will not be able to put this one down! What readers are saying about *The Marriage Trap*: ????? 'I absolutely loved this.... I was hooked from the first page... Thrilling – a real page-turner... A fantastic 5-star read.' Netgalley reviewer ????? 'Wow, wow, wow. What a great thriller with tons of twists that keep you on the edge of your seat!' Goodreads reviewer ????? 'I read this thriller in under 24 hours.... Loved this book and would totally recommend it.' Goodreads reviewer ????? 'OMG, what a book. From the very first page, I was truly hooked... I honestly couldn't read this story fast enough... OMG, LOVE IT!' Baker's Not So Secret Blog ????? 'It is a VERY powerful and emotive start indeed and sets the scene for what's to come... There's a knockout twist at the end, very clever... I can only say read it and you will not be disappointed.' Goodreads reviewer ????? 'Wow!! This author had me turning page after page until I finished it in an afternoon. I could not put it down!! A must-read!!!' Netgalley reviewer ????? 'Brilliant read – a shocking, tense thriller. Sheryl Browne's books are always five star reads. Full of twists and turns... the type of read that you pick up and hours later look up and realise you're back at home after this wild ride of a story.' Netgalley reviewer ????? 'This is an addictive first-class psychological thriller.' Once Upon a Time Book Blog ????? 'Wow... What a book. I so enjoyed it. A very addictive read.' Goodreads reviewer ????? 'Excellent psychological thriller!' Goodreads reviewer ????? 'A dazzling story with plenty of mystery and suspense!... This is one brilliant read. I was unable to put the book down.' Goodreads reviewer ????? 'Amazing new thriller.' Goodreads reviewer 'I read this book in a day! I enjoyed it so much I wanted to cancel plans just to read it!... Loved it loved it loved it!!' Goodreads Reviewer, ????? Nine years ago her daughter was taken. And now she's back. Two-and-a-half-year-old Holly is playing happily in a pink plastic playhouse, while her mother Rachel sips coffee and chats with a friend nearby. It should be an ordinary day for all of them. But, in the blink of an eye, it turns into every family's worst nightmare. Holly is taken by a stranger and never found. Nine years later, Rachel is doing her best, living a quiet life in Dorset. She's tried to forget the traumatic day when she lost her

daughter, hide her broken heart and put everything into her new family and loving partner, who know none of the secrets in her painful past. Until one afternoon when Rachel meets a new school parent and her beautiful teenage daughter. Rachel's world is instantly turned upside down. She'd recognise that face anywhere – it's her missing child. Rachel is overwhelmed with joy – and fear. Has the woman who abducted Holly followed her? How will her partner react when he learns about the trauma she has hidden for so many years? And given how much time has passed, what if no one believes her? But Rachel knows it's Holly. And she will stop at nothing to get her back... From the million-copy-bestselling author of *The Secret Mother* and *The Perfect Family*, this utterly gripping psychological thriller will have you up all night reading. If you loved *Gone Girl*, *The Girl on the Train* and *The Sister* this book is for you. Why readers are completely gripped by *The Other Daughter*: 'Wow WOW wow... can't say enough good things about this book!!... unputdownable... read it in one sitting. This author never seems to disappoint!!' Goodreads Reviewer, ????? 'Oh my goodness, wow wow wow. I have just finished this 5-star whopper of a book and my brain is still digesting it as I type. I absolutely loved this book... The twists and turns were fantastic and I absolutely did not see any of it coming. Brilliant.' Goodreads Reviewer, ????? 'OMG this book was one of the best I have ever read... amazing... Ten stars once again!' NetGalley Reviewer, ????? 'Just blew me away. From the first chapter I couldn't put it down... her best novel yet. I wish I could give it 6 stars.' Goodreads Reviewer, ????? 'Ohh my god this was simply AMAZING!! That ending just completely blew my mind!... a masterpiece... absolutely captivating read!' Goodreads Reviewer, ????? 'BOOM BOOM BOOM the twist happens... didn't see it coming and actually gasped out loud around 4am this morning as I had to get up early to finish... Loved it, loved it, loved it.' Goodreads Reviewer, ????? 'Wow, wow, wow...If you haven't read her books yet you are definitely missing out in life... I will shout to the moon and back on how great this book was.' Goodreads Reviewer, ????? 'Superb!... read this book in one day... A MUST READ!!!' Goodreads Reviewer, ????? 'Whoa. I stayed up till 6am trying to finish this because it was so good!!! From the first page you will be pulled in!... I was practically yelling at the book in shock and disbelief at the didn't-see-that-coming ending' Goodreads Reviewer, ????? 'A throat punch right to the jugular!... I was completely blindsided... Bottom line – this read was CRAZY good!... 5+ stars.' Goodreads Reviewer, ????? 'Brilliant... I won't spoil anything but OMG!!! How clever – wow! Wow, wow wow! 5** and 10 if I could' Nicki's Book Blog, ?????

Living with Co-occurring Addiction and Mental Health Disorders

'SO fantastic; twisty and exciting yet original' - Gillian McAllister, *ANYTHING YOU DO SAY* 'Kept me gripped to the stunning finale' - Amanda Reynolds, *CLOSE TO ME* One sister was kept. One was sent away. Who is hiding the truth? An addictive, gripping psychological thriller perfect for fans of *THE CHILD* by Fiona Barton, *FRIEND REQUEST* by Laura Marshall and *THE FOSTER CHILD* by Jenny Blackhurst. My name is Irini. Our parents sent me away. My sister is Elle. They kept her. Families should stay together. What happened that day ripped mine apart. A successful doctor, with a loving boyfriend, Irini Haringford is finally happy. But when Elle tracks her down everything starts to unravel. Irini knows only too well what her sister is capable of. However, her desperate need for answers drags her back to a shocking past. She always thought her family didn't want her. What if the truth is

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even worse? 'I loved this dark and disturbing thriller' - C. J. Tudor, THE CHALK MAN 'Chilling and tragic in equal measure' - Nuala Ellwood, MY SISTER'S BONES **** What readers are saying about MY SISTER: 'Couldn't put this one down.. absolutely gripping' Goodreads Reviewer, 5 stars 'I couldn't get enough of this twisted psychological thriller! I wanted to skip work and hide myself away until I could devour the whole book.' Goodreads Reviewer, 5 stars 'I read the entire book in a day!' Goodreads Reviewer, 5 stars 'I absolutely loved this book, never quite knowing how it was going to end' Goodreads Reviewer, 5 stars

The cry of a frightened child Maisey thought her nephew's christening party would be the perfect chance to reconnect with her sister, Sarah Taylor-Cox. But Maisey has spent years running from the past, and seeing her estranged family is stirring up long-suppressed memories, memories that are slowly tormenting her and forcing her to question everything she thought she knew. Not only that, Sarah seems a far cry from the calm, controlled sister who always used to protect her. What is really going on behind the closed doors of the Taylor-Coxes' Hamptons mansion? "A growing sense of menace creeps through every page, leading to a nail biting final part!" — USA Today bestselling author Sue Fortin "A clever, creepy family drama, the tension builds and builds to the explosive end. Secrets, lies and scandals...you'll never guess the truth!" — New York Times bestselling author J.T. Ellison "Zoe Carter keeps the twist coming in this tale of two sisters whose dark pasts are slowly coming unraveled. Sarah and Maisey are holding tight to a shocking family secret, and now an anonymous stranger is threatening to tell. An engaging story of lies, closet skeletons, and betrayal." — USA TODAY bestselling author Kimberly Belle, author of The Marriage Lie Part 4 of 6: a riveting new installment in this darkly compelling psychological thriller

'You don't know me, but I'm your sister.' Claire is shocked when she receives a message out of the blue from Sophie, a beautiful young woman who tells Claire that she's their father's secret child. Having spent years nursing her sweet little daughter Ella through a life-threatening illness whilst dealing with the emotional fall-out of a devastating marriage breakdown, Claire feels tentatively excited to meet Sophie. Perhaps she might finally have someone in the family to lean on... As Claire welcomes her sister into her life, she's delighted to see just how much Ella loves her new Aunt Sophie. But as the pair spend more time together, Claire begins to wonder where exactly her perfect new sister came from and what kind of person she really is. With their elderly father's mind rapidly deteriorating, is it possible that he's hiding something from Claire about Sophie's sudden appearance in their lives? When Sophie suggests a family day at the seaside, little Ella is beyond excited. But as Claire takes an important phone call from her demanding ex-husband, leaving Sophie in charge of Ella, something unthinkable happens. And as Claire rushes into the ice-cold sea towards the small, limp figure of her daughter, she realises that Sophie was watching the whole time. But why would Sophie want to hurt Claire's precious daughter? Was trusting her new sister with Ella the biggest mistake of Claire's life? If you enjoyed The Girl on the Train, My Lovely Wife and Lucinda Berry's The Perfect Child, you'll love this heart-stopping psychological thriller from bestselling author Sheryl Browne. What readers are saying about The Family Secret: 'A wonderful, tense domestic psychological thriller that hits ALL the buttons... A great read, enjoyable, taut and exciting.' Goodreads reviewer, 5 stars 'Another fantastic hit from this wonderful author! Unputdownable. So many twists, it has your head reeling in that wonderful,

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mind-blowing way. Don't pass this one by, it's worth every second of your time.' Goodreads reviewer, 5 stars 'Wow... Another sure-fire winner from Sheryl Browne. Dark and twisted, full of revenge it's a fast-paced thriller that certainly keeps you reading... It has some excellent characters and keeps you on your toes as the twists keep coming... A book I thoroughly enjoyed and can recommend.' Goodreads reviewer 'The Family Secret is billed as being absolutely unputdownable and I totally agree. I was captivated from the very first page and the tension slowly builds throughout the book. There's twists and turns along the way to keep you entertained... Brilliantly written.' NetGalley reviewer 'This is one of my favourite authors, she never disappoints her readers... The twist and turns in this book are brilliant. Once you start you can't stop until the last page.' Goodreads reviewer, 5 stars 'A fascinating novel.' Goodreads reviewer, 5 stars 'I was drawn in from the first page to this chilling, tense thriller... A true page-turner.' NetGalley reviewer 'This one had me racing to the end, and kept me fully engaged throughout with lots of twist and gasps thrown in along the way... This is a character driven domestic drama that ticks all of the boxes. I was gripped from the beginning to the end and now consider Sheryl Browne to be a must-read author.' Goodreads reviewer 'This book has so many twists, you can't put it down! No, literally, I consumed this book in one sitting!... The Family Secret is a book to watch in 2020.' Goodreads reviewer What readers are saying about Sheryl Browne: 'Oh my goodness I can finally breathe!! What an amazing, addictive, totally gripping read this was... you will not be able to put it down!!!' Goodreads reviewer, 5 stars 'Wow! Wow! Wow! Wow! What a rollercoaster of a ride that story was, bloody brilliant!... If you enjoyed The Girl on the Train and Gone Girl then this story is for you!' Between The Pages Book Club, 5 stars 'Phew... Goosebumps, shivers down my spine and the hairs on the back of my neck were standing on end, that's how good this book is.' Goodreads reviewer, 5 stars 'Stunning... Gripping, tense and suspenseful... a heart in mouth and pulse-racing realistic thriller... I loved it.' Goodreads reviewer, 5 stars 'I'm speechless... it is just that amazing.' Rachel's Random Reads, 5 stars

When the wind blows the cradle will rock. When Sarah Taylor-Cox wakes up to find her beloved baby not in his cot, her whole body starts to shake. Someone has been sending her threatening notes, and now her precious boy is in danger. Who has taken him, what do they want and how far will they go to destroy Sarah's life? Time has run out. She must confront the past once and for all. The only question is, will she and her baby survive, or are the consequences of the dark secrets around her too deadly to contain? "A growing sense of menace creeps through every page, leading to a nail biting final part!" — USA Today bestselling author Sue Fortin "A clever, creepy family drama, the tension builds and builds to the explosive end. Secrets, lies and scandals...you'll never guess the truth!" — New York Times bestselling author J.T. Ellison "Zoe Carter keeps the twist coming in this tale of two sisters whose dark pasts are slowly coming unraveled. Sarah and Maisey are holding tight to a shocking family secret, and now an anonymous stranger is threatening to tell. An engaging story of lies, closet skeletons, and betrayal." — USA TODAY bestselling author Kimberly Belle, author of The Marriage Lie Part 6 of 6: a riveting new installment in this darkly compelling psychological thriller

Lie #1 was to my new friends, about why I moved here. Lie #2 was to my husband, about who I was before I met him. Lie #3 was

to myself, that I would ever get away with what I've done. When I met Seb, it was like everything fell into place. My daughter Evie finally had a proper dad, and I had found the husband of my dreams. I was able to start the new life I had always wished for – and what Seb didn't know about my past wouldn't hurt him. But lately he's been acting strangely around me. He won't look me in the eye, he keeps coming home late after work and the other day at the school fair I saw him arguing with a strange woman – the same woman I've seen hanging around outside our house. And now I wonder whether I'm not the only one covering up lies in this family. Because if I'm not, then no one is safe. Not even my daughter. An edge-of-your-seat psychological thriller with a jaw-dropping twist, perfect for fans of K.L. Slater, T.M. Logan and Lisa Jewell. Readers are loving Every Little Lie: 'Such a good book... It was twisty, mysterious and suspenseful and I couldn't get enough. I was on the edge of my seat and at times felt like I couldn't breathe... So vivid. A rollercoaster that I didn't want to stop.' Goodreads reviewer ?????????? 'Massively addictive... You will devour in a single sitting, biting your nails to the quick as you race through the pages, trying to discover the truth.' Goodreads reviewer ?????????? 'A remarkable thriller that kept me on the edge of my seat until the last page. I couldn't wait to find out what would happen... I highly recommend this.' Washington Post Mag ?????????? 'Every Little Lie is a must read for any thriller lover!' Goodreads reviewer ?????????? 'A page turner... I devoured it in one sitting.' Goodreads reviewer ?????????? 'Knocked me out of the reading slump... Tense and captivating.' @rk_reads ?????????? 'Heart-pounding, unputdownable, and gasp-worthy.' Oh.happy.reading 'Wow, wow, wow, what a jaw dropping read this was. I loved every minute.' Blue Moon Blogger Praise for Lesley Sanderson: 'Wow oh wow what an amazing thriller. This one has you holding your breath the whole time. Thrilling, chilling and hard to put down. Had me on a rollercoaster of a ride and I didn't want it to stop.' Goodreads reviewer ?????????? 'I don't even know where to start with this book! It's just THAT good I feel a little lost for words!... I absolutely LOVED all the twists in this book, they were shocking and engrossing and addictive!... I literally read this book within 24 hours because I just COULDN'T put it down!' The Book Reviewing Mum ?????????? 'I couldn't put this book down for a second, I completed this book within 3 hours... It was such a great story and I loved all the twists, turns and suspense which kept me gripped to the very end. I loved it so much.' Goodreads reviewer ?????????? 'An epic psychological thriller that will keep you guessing until the very end!... Will surpass the limits of your wildest imagination!... I read it all in one sitting because I just HAD to find out what happened!' Goodreads reviewer ??????????

Here, in a single source, is an essential overview of trauma treatment for people in addiction treatment settings. Psychological Trauma and Addiction Treatment presents specific methodologies and techniques for clients in inpatient and outpatient addiction/mental health settings. The contributors leading clinicians and researchers in the field provide a comprehensive set of scientific treatment approaches addressing a broad spectrum of trauma disorders.

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