

## My Year Off Rediscovering Life After A Stroke Picador Classic

On Vulnerability maps out an array of perspectives for critically examining the nature of vulnerability, its unequal patterning across different social groups, alongside the everyday social processes that render us vulnerable – interactions, identity and group dynamics. Each chapter equips the reader with a particular sensitising framework for navigating and questioning what it means to be vulnerable or how people cope amid vulnerability. From deviance, stigma and the spoiling or fracturing of identity, to perspectives such as intersectionality, risk, emotions and the vulnerable body, the book traces the theoretical roots of these different analytical lenses, before applying these through illuminating examples and case studies. Drawing on scholarship across more interpretative, analytic and critical traditions, the chapters combine into a multi-dimensional toolkit which will enable the study of the cultural meanings of vulnerability, the political-economic factors that shape its patterning, with a critical sensibility for ‘unlearning’ many assumptions, therefore challenging our sense of who is, or who can be, vulnerable. This book is designed to equip undergraduate and post-graduate students and researchers across the social, health and human sciences, aiding them as they study and question the experiences and structures of vulnerability in our social world.

When Sir John Hale suffered a stroke that left him unable to walk, write or speak, his wife, Shelia, followed every available medical trail seeking knowledge of his condition and how he might be restored to health. This book is a unique exploration of aphasia - losing the ability to use or comprehend words - as well as of the resilience of love.

The discovery of a wonderful primary source—the five-year correspondence from Wilson Tong of the New Zealand Expeditionary Force to Edith Harris at Phillip Island—inspired the author to create this rich and unusual memoir, written as she came to terms with a diagnosis of cancer. As the author replies to the long-dead soldier's letters, links and parallels emerge between the young man living with the fear of death and the woman, 80 years later, facing her own death in middle age. She reflects on her life—particularly her childhood on Phillip Island—her work, and her own confrontation with mortality.

Presents the history of the English language from its obscure Anglo-Saxon origins to its present status as the world's most prominent and fast-growing international language.

Psychological Well-being and Acquired Communication Impairments is an essential resource for all health professionals working with this complex client group. It offers a unique multi-disciplinary approach to the subject, looking at the evidence base as well as clinical practice.

The book covers both the assessment of people with acquired communication impairments as well as reviewing the available interventional approaches. Chapters cover such key topics as approaches to the assessment of anxiety and depression, the impact of brain injury, the role of an assessment of mood and the role of self esteem.

'The style of writing, including individual stories, makes the text easy to read and accessible.

As a result this book is suitable for both academic as well as non-academic readers.' - Book Reviews 'An easily readable and informative text. This book should be well thumbed book in all occupational therapy departments, if only to provide us with a consistent reminder of the complex interplay between the physical, emotional and psychological aspects of living, which enable each individual to achieve the balanced state of being a well person.' - British Journal of Occupational Therapy 'This is a very engaging book which presents the topic of counselling in health care in a readable and accessible way.[It] is a good resource for occupational therapists wishing to know more about counselling in healthcare settings. It is suitable for both students and qualified staff and is written in a style that encourages further reading. It is well referenced and relevant research is referred to throughout.' British Journal of Occupational Therapy 'This

is an excellent sequel to *Counsellors in Health Settings*. The honesty of the accounts is inspiring as the authors explore frankly the difficulties they and their clients face, rather than simply giving idealistic accounts of how counselling should work. It cannot fail to increase awareness about a wide range of health problems that people experience and the often hidden consequences.' - *Mental Health Magazine* 'What I find most interesting about this book is that counselling is considered as part of the multidisciplinary team approach and thus is an interesting example of how counselling can work when offered in the rehabilitative or primary care setting to great advantage to both the client and rehab team. The book is easy to read and offers an experiential perspective rather than a theoretical one. However, the book does have a research perspective, and examples of narrative and postmodernist approach are used to complement the stories in the book without being overbearing.' - *Heathcare Counselling and Psychotherapy Journal* Individuals experiencing rehabilitation are subject to profound life adjustments, and the contributors to this book explore how the relationship between counsellor and client can be a source of support during that time. Describing pioneering initiatives in a range of rehabilitation settings the authors draw out the historical background and theoretical implications of their work and make recommendations for good practice. Rehabilitation experiences in both physical and psychological health care are described, including those of survivors of strokes, problematic drug or alcohol users, people who have sustained hearing loss or head injury and those affected by chronic bowel disorder and multiple sclerosis. Contributors describe the innovative work they are undertaking in NHS rehabilitation settings such as a head injury unit and a post-operative rehabilitation counselling service. Other contributions include a chapter from the perspective of a counsellor within a voluntary organisation, the Bristol Area Stroke Foundation, and a chapter by a counsellor working with clients undergoing community rehabilitation. Several chapters are written from the client's perspective by authors who have themselves received counselling as part of their programme of rehabilitation. This pioneering book introduces the reader to creative approaches to research and counselling including the use of poetry, groupwork and narrative ideas and will inform the work of counsellors, clients, health care workers and policy makers.

This Bloomsbury Companion provides an overview of stylistics with a detailed outline of the scope and history of the discipline, as well as its key areas of research. The main research methods and approaches within the field are presented with a detailed overview and then illustrated with a chapter of unique new research by a leading scholar in the field. The Companion also features in-depth explorations of current research areas in stylistics in the form of new studies by established researchers in the field. The broad interdisciplinary scope of stylistics is reflected in the wide array of approaches taken to the linguistic study of texts drawing on traditions from linguistics, literary theory, literary criticism, critical theory and narratology, and in the diverse group of internationally recognised contributors.

A comprehensive and scholarly account of this popular and influential genre, the essays in this collection explore confessional literature from the mid-twentieth century to the present day, and include the writing of John Berryman, Anne Sexton, Ted Hughes and Helen Fielding. Drawing on a wide range of examples, the contributors to this volume evaluate and critique conventional readings of confessionalism. Orthodox, humanist notions of the literary act of confession and its assumed relationship to truth, authority and subjectivity are challenged, and in their place a range of new critical perspectives and practices are adopted. *Modern Confessional Writing* develops and tests new theoretically-informed views on what confessional writing is, how it functions, and what it means to both writer and reader. When read from these new perspectives modern confessional writing is liberated from the misconception that it provides a kind of easy authorial release and readerly catharsis, and is instead read as a discursive, self-reflexive, sophisticated and demanding genre.

Shares a new way to look at the world and God, by being aware of the circuititous

and habitual nature of thought, allowing readers to find hope and release feelings of isolation, anger, depression, and sadness.

Unfortunately, in this day and time, we are all touched by cancer - oneself, a loved one, a friend and/or a coworker. The day I received my diagnosis, I was afraid, shocked, confused, angry, and disappointed. How did this happen? How did I get cancer? What would happen to my family? What would people remember about me? I had a lot of questions and I wasn't sure what to tell people. Being diagnosed with cancer reawakened a part of me that had been lulled to sleep by the pain of my past. I didn't like the treatment, yet I was thankful for the journey. I met a lot of great people and learned a lot along the way.

Whether I lived or died, I learned to appreciate each moment of every day of my life. I began to live differently, love differently and enjoy life. *How Cancer Saved My Life* is about the impact cancer had on my life, emotionally, spiritually, and physically - the good and the bad, joys and sorrows. It's also about ways to care for family and friends diagnosed with cancer. As you read, I hope that you are encouraged and empowered so that when someone is diagnosed with cancer, anxiety and fear doesn't paralyze the survivor or caretaker from "living life."

Prepare to laugh, cry, think deeply, and live life to the fullest. Like cancer, my story is an emotional roller coaster. This is not a book to be read from cover to cover because it's really three books in one; Part I - How cancer saved my life, Part II - My cancer journey through blogs and pictures, Part III - Caring for family and friends with cancer. Remember that everyone's journey is different. I wouldn't wish cancer on anyone yet I am thankful for the experience. Enjoy the journey!

Chandra

With an introduction by Henry Marsh, author of *Do No Harm* My brain, which had just let me down so badly, was perhaps never so active. The paramedics' question was a fundamental one. Who are you? Yes indeed. Who am I? Robert McCrum was forty-two when he suffered a massive stroke which left one side of his body totally paralysed, his speech drastically impaired, and his sense of himself radically altered. What followed was a prolonged period of recovery, full of heart ache and frustration, as he gradually regained sensation, movement and self-esteem and as his family pulled together in the extraordinary effort necessary to make him well again. *My Year Off* is a moving story of determination, courage and love that sings with wit and honesty. An invaluable insight into the reality of life after stroke, the moments of hope, the anger and despair, this is a touching classic that gives voice to millions.

A Publishers Weekly Best Book of 1998. "To all concerned, this book is meant to send a ghostly signal across the dark universe of ill-health that says 'you are not alone.'" - Robert McCrum On July 29, 1995, Robert McCrum, 42, married only ten weeks, suffered a paralyzing stroke. Overnight, his life shifted irrevocably. But this admired novelist and former editorial director of the London publishing house Faber and Faber decided to chronicle what became a remarkable journey "into that mysterious, unexplored territory, the neighbourly world of the unwell," as well

as a deeply moving love story.

"A remarkable book that takes us to the heart of Shakespeare's art and influence."—James Shapiro When Robert McCrum began his recovery from a life-changing stroke, he discovered that the only words that made sense to him were snatches of Shakespeare. Unable to travel or move as he used to, the First Folio became his "book of life"—an endless source of inspiration through which he could embark on "journeys of the mind" and see a reflection of our own disrupted times. An acclaimed writer and journalist, McCrum has spent the last twenty-five years immersed in Shakespeare's work, on stage and on the page. During this prolonged exploration, Shakespeare's poetry and plays, so vivid and contemporary, have become his guide and consolation. In Shakespearean he asks: why is it that we always return to Shakespeare, particularly in times of acute crisis and dislocation? What is the key to his hold on our imagination? And why do the collected works of an Elizabethan writer continue to speak to us as if they were written yesterday? Shakespearean is a rich, brilliant and superbly drawn portrait of an extraordinary artist, one of the greatest writers who ever lived. Through an enthralling narrative, ranging widely in time and space, McCrum seeks to understand Shakespeare within his historical context while also exploring the secrets of literary inspiration, and examining the nature of creativity itself. Witty and insightful, he makes a passionate and deeply personal case that Shakespeare's words and ideas are not just enduring in their relevance – they are nothing less than the eternal key to our shared humanity.

Psychological Management of Stroke presents a review and synthesis of the current theory and data relating to the assessment, treatment, and psychological aspects of stroke. Provides comprehensive reviews of evidence based practice relating to stroke Written by clinical psychologists working in stroke services Covers a broad range of psychological aspects, including fitness to drive, decision making, prevention of stroke, and involvement of carers and families Reviews and synthesizes new data across a wide range of areas relevant to stroke and the assessment, treatment, and care of stroke survivors and their families Represents a novel approach to the application of psychological theory and principles in the stroke field

As the first neurological hospital in the world, founded in 1859, the National Hospital, Queen Square, and its affiliated Institute of Neurology remain leading neurological centres providing exceptional clinical services, teaching and research. Illustrated by over 100 historical images and much unpublished archival material, this book provides a comprehensive history of the National Hospital, the Institute, and their staff. It relates the ups and downs of the Hospital and Institute in war and peacetime, their financial struggles, many personality conflicts, efforts to remain independent and to maintain neurological dominance, academic and clinical contributions, issues relating to specialisation and subspecialisation and relations between disciplines, and the changing roles of the Hospital and Institute. The history is told from varying perspectives against the

backdrop of the evolution of British clinical neuroscience, the special position of London medicine, and the influence of world wars, and is set in the context of modern British social history.

The practice of medicine has advanced dramatically in recent years, but the language used to discuss illness – by medical practitioners, patients and carers – has not kept pace. As a result, clinicians and, just as importantly, patients and their relatives and carers, are not able to communicate clearly in relation to illness. The upshot is misunderstanding and confusion on all sides. In this groundbreaking book, Dr Fergus Shanahan, an eminent gastroenterologist who has practised in Ireland, the United States and Canada, and published widely around the world, looks at memoirs of illness, and outlines the lessons we can learn from a better understanding of the words we use to describe illness. He looks at the ways in which language can act as a barrier with regard to illness, and proposes practical ways in which we can dismantle these barriers. The book is written for the general reader: as Dr Shanahan puts it himself, he is “enough of an expert to be wary of experts”. *The Language of Illness*, part manifesto, part memoir, and part instruction manual, is an appeal for the use of clearer, more holistic language, by all those involved with, and affected by, illness. Like the great American poet-doctor William Carlos Williams, he aims to help us develop a new language by means of which we can develop a new way of living with illness – which is an integral part of the human condition. Put simply, it is a book for all those who care about caring.

Traditionally, the positive thinking philosophy that has permeated Western society advocates that you will achieve whatever you want purely by thinking positive thoughts. At its best, this practice results in success for some individuals, but for the majority it does not! This book will re-define the true meaning of positive thinking for the 21st century and show that there is more to it than we know. The author, Neil Francis, will explain that it is actually our motivating ability that enables us to create new possibilities. It is then up to each individual to decide which opportunities are achievable and realistic and, therefore, worth seizing. *Positive Thinking* explores the ways of creating new possibilities so that you make the right decisions to live a more balanced, meaningful and contented life.

A collection of quotes for every conceivable moment and passage in life includes words of wisdom by Plato, John Donne, Woody Allen, Betty Ford, Ralph Waldo Emerson, Mark Twain, Frederick Douglass, Martina Navratilova, Holden Caulfield, Susan Sontag, and many others. Original. (Reference)

‘Having had a stroke aged 37 years, Andy McCann has written this clear, easily readable account of his experiences, showing insight and the value of his learning along his personal journey...This book would be invaluable for any health professional, including technicians and students, with any level of experience, to increase his or her knowledge and awareness of a patient’s perspective, and would act as a useful departmental resource. Stroke survivors and carers would also benefit, particularly when needing to participate in a rehabilitation goal setting programme... this book is educational and motivational, and has an excellent practical section which could be an inspirational read for professionals, patients and carers.’ -British Journal of Occupational Therapy ‘Andy says ‘I hope that reading this book has proved to be an uplifting, interesting and at times educational experience.’ It certainly was for me; I read it in 3 days, and at times could not put it down.’ - The Acquirer (Acquired Brain Injury Newsletter)

Andy McCann tells his own story of experiencing a sudden stroke at the age of 37. The book is both a personal story and a practical source of advice and information on the topic of stroke. Issues covered range from managing financial security and understanding medical terminology, to coming to terms with a new sense of vulnerability and dealing with the attitudes of friends and family. The book also offers advice on establishing a healthier and more balanced lifestyle in order to prevent strokes.' - Headway News 'It is an inspirational, yet offers practical information for anyone concerned with the stroke recovery journey. Andy's personal story is poignant and informative. He presents an informed understanding of the anatomy, physiology and pathophysiology of stroke. The book explains clearly the effects of the stroke and prognosis. There is also a toolkit for recovery, prevention and a useful section on financial matters. It is a great read'. - Nursing Standards 'McCann, who was formerly a British physical education teacher until he suffered a cerebellar stroke at the age of 37, outlines the symptoms of brain damage as they relate to stroke in his own experience, and explains the anatomy of the brain and its blood supply. The final section recommends medicines, physical activities, and nutrition for recovery and prevention' - Book News 'This is more than a personal guide to recovery after a stroke and more than a book about stroke. It is an extraordinary journey through a part of someone's life by an extraordinary person who not only sees himself as having survived a life changing illness, but someone who has gained from it. This book is a reminder of the fragility of life and all that we take for granted in our everyday lives and defines a way forward for those who find themselves in this, or similar circumstances and for those who want to enhance their knowledge of illness, prevention of illness and recovery...This book should be essential reading for survivors and those close to them, for relevant professionals and for those wanting to extend their knowledge about strokes and other illnesses which impact on an individual's life course'. -Brain Injury Social Work Group (BISWG) \* At the age of 37 Andy McCann was physically fit, strong and in good health. Then, mid-way through instructing his weekly martial arts class, he experienced a stroke and was rushed to hospital. Until then, the word 'stroke' had meant little to Andy, and in this book he recounts the many difficulties in learning to live with his new situation. Funny, poignant and informative, the book is not just a personal story, but also offers a wealth of advice and information for anyone who wants to know more about strokes. He explores a broad range of issues experienced by stroke survivors, from the very practical considerations of managing financial security and understanding medical approaches and terminology to the more personal challenges of coming to terms with a new sense of vulnerability and dealing with the attitudes of friends and family. The common thread throughout is Andy's insistence that he will not be a 'stroke victim' but a 'stroke survivor', determined to live with his new set of circumstances in a positive way. This book is a compelling yet practical source of information that will be valued by professionals and patients alike - whether a fellow stroke survivor, a concerned family member or a health or social care professional working with stroke victims. No matter how great or how terrible life is going, one thing is for sure--it's going to change. Sometimes it happens in an instant--you get married, you have a baby, you lose a loved one, you lose a job. Sometimes, it happens over time--you drift away from a friend, you discover you're not the same person you used to be, you find yourself struggling with doubt. But no matter what, we must deal with both the change we choose and the change foisted upon us. Jenny Simmons is no stranger to both kinds. In this thought-provoking book, she shares her final days as the lead singer of the band Addison Road and the subsequent journey that led her through seasons of change, lostness, and finding new life. The result is a painfully vulnerable, laugh-out-loud, honest, and hopeful reflection on life's uncertain times. This encouraging book invites readers to view their not-how-I-planned-it moments as holy seasons that didn't catch God off guard at all. God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to

undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, *A Walk in the Woods* will add a whole new audience to the legions of Bill Bryson fans.

*Stroke Nursing* is the leading guide for optimal stroke care, facilitating the provision of evidence-based practice across the stroke journey, and covering the sixteen elements of care outlined in the UK's Stroke-Specific Education Framework (SSEF). Drawing from years of clinical and research experience, the authors provide practical guidance on the essential areas of stroke nursing, including stroke classification, stabilisation, thrombolysis and thrombectomy, rehabilitation and recovery, nutrition and oral care, palliative and long-term care, physical impairment management, and more. Now in its second edition, this indispensable guide helps practitioners expand their knowledge, skills and competence in all areas of stroke nursing services. Adopts a practical and evidence-based approach to stroke management, exploring UK and international perspectives Authored by expert clinicians and leaders in the field of nursing practice, research and education Includes updated case studies and practice examples, expanded coverage of clinical application in practice, and new discussions of the knowledge and skills required by nurses *Stroke Nursing* is essential reading for students of nursing and neuroscience, and is the definitive reference for practicing nurses and healthcare professionals caring for stroke patients.

This brand-new text provides you with an easy-to-use, comprehensive reference that features a clinical perspective balanced with relevant basic science. Inside, you'll find discussions of the latest research and how it has led to a greater understanding of the cause of disease, as well as burgeoning tests and the latest therapeutic agents available. From Alzheimer's disease to vestibular system disorders, you'll find the practical guidance you need to diagnose effectively and provide an appropriate therapeutic approach for each individual case. Plus, a templated, four-color design offers you easy access to pertinent information Integrates basic science with clinical neurology to help you better understand neurologic diseases and provide the most accurate diagnosis and best treatment plan for each patient. Discusses the latest research results and offers new information on treatment options. Features the expertise of international authorities, providing a worldwide perspective. Uses a templated, four-color format that makes information accessible and easy to understand—particularly the basic science concepts.

Whilst preparing for his travel adventures into a world he had yet to explore, Christopher Yeoh was involved in a road traffic accident and experienced something few others would be "privileged" to witness. Eight days in a coma, more than a year in and out of hospital and a gradual re-introduction to the world of work. *A Different Perspective After Brain Injury: A Tilted Point of View* is written entirely by the survivor, providing an unusually introspective and critical personal account of life following a serious blow to the head. It charts the initial insult, early rehabilitation, development of understanding, the return of emotion, moments of triumph and regression into depression, the exercise of reframing how a brain injury is perceived and a return to work. It also describes the mental adjustments of awareness and acceptance alongside the physical recovery process. Readily accessible to the general public, this book will also be of particular interest to professionals involved in the care of people who have had significant brain injuries, brain injury survivors, their families and friends and also those who fund and organise health and social care. This unique author account will provide a degree of understanding of what living with a hidden disability is really like.

Every year, 8,500 people in the UK will have a subarachnoid haemorrhage, of whom about 50

per cent will survive this traumatic brain injury which often occurs without warning. Survivors can make a 'good' neurological recovery but the psychosocial impact can be longer lasting. Drawing from her own experience of surviving a subarachnoid haemorrhage, together with other people's journeys of recovery and recent research findings, Alison Wertheimer covers: themes of recovery leaving neurocare and early days of recovery looking for help physical, sensory and cognitive effects the emotional impact of subarachnoid haemorrhage the survivor's relationship with family and friends returning to work what helped the survivors with their recovery subarachnoid haemorrhage as a life-changing event. A Dented Image will be of interest to a wide-ranging audience: survivors and their families and friends; health professionals working with people recovering from acute brain injury in hospital and community-based services including doctors, nurses, psychologists, physiotherapists, occupational therapists and other members of rehabilitation teams. It may also be of interest to people recovering from other traumatic illnesses or injuries.

When Colin Barron and Vivien Thompson first met, it was love at first sight. Both were forty-two, had attended Glasgow University, and shared many interests. In 2002, the couple married. Colin had a dream job as a self-employed hypnotherapist while Vivien worked as a learning-support teacher. They had a blissful marriage based on mutual respect and intellectual parity. Then in May 2011, Vivien collapsed at home with a massive stroke caused by a heart tumour that the NHS had failed to diagnose. Though her life was saved by a brilliant cardiac surgeon, Vivien was left with severe disabilities, little speech, and partial blindness. Her husband realized that the tragedy had been caused by inadequate investigation and helped Vivien claim compensation. Just after the case was settled in 2015, Colin himself had a massive heart attack and nearly died three times. Miraculously, he survived. A Life by Misadventure is a story of two peoples struggle against impossible odds. It is also a great love story, a tale of a love between two people, which would not die. Instead of dying, the love actually got stronger.

Ferenc Máté sounds the alarm that with our single-minded emphasis on short-term economic gain we are devastating, not only our cities, our long-term economy, and our very planet, but also our communities, families, and even friendships. We are allowing the impersonal and uncaring: immoral-governments, the mindless mass media, and profit-only driven big business to destroy things humane--to degrade the individual and the society of man. He pleads for fundamental change--by each of us--to live our lives on a more human scale: to place profound and simple human longings and the needs of our human spirit far ahead of material possessions. He pushes us to rethink our concepts of career, home-life, habits, and what we call security and success. And to resurrect our foundations: the vibrant and supportive small town and family, and a caring and passionate self. It is the fantasy of every thinking person to change his or her life, to move to a simple place; Máté shows us how to take control. His voice is outraged yet hopeful: he insults us like a brother and cares for us like a best friend as he urges us to change course and find more reasonable lives for ourselves and our children. He has given us an audacious, engaging, inspiring polemic that will make a difference in the lives of us all.

Applied Neurosciences for the Allied Health Professions provides a solid and comprehensive foundation in neurosciences for undergraduates and pre-registration postgraduate students. Using a multidisciplinary approach, it helps understand the commonly found problems in neurological rehabilitation and inform clinical practice. The book starts with the foundation of basic neurosciences, covering the normal function and structure of the nervous system from the organism as a whole through to the molecular. It then goes on to discuss the most commonly found disorders and how to manage them, covering both behavioural and pharmacotherapeutic interventions. The book closes by summarising current principles underpinning best practice and also looks to the future by identifying gaps in evidence-based

practice with ideas for future research and what the future may hold for rehabilitation. Throughout the book, a variety of supplementary information boxes point towards additional information such as Case Studies which highlight the clinical relevance of topics discussed; and a variety of Research Boxes which refer to more advanced material and/or original research studies. Each chapter ends with self-assessment questions which will check progress and prompt students to reflect on how the information presented in the chapter could be applied to clinical practice. Lays the foundation of basic neurosciences for allied health students Outlines management strategies for the most commonly found disorders in neurological rehabilitation Case studies used to highlight clinical relevance End of chapter self-assessment questions of different levels of complexity with answers and feedback

In *Reclaiming Lives*, Rosalie Giffoniello, an American teacher, overcomes her personal struggles of insecurity and dependency and finds her identity by providing educational opportunities for destitute children in the slums of Kolkata (Calcutta), India. Each page abounds with hope, inspiration and fulfillment for countless children who reclaim their lives through Rosalie's determination ... as she joyously reclaims her own. "I'm bent on empowering children here in the Kolkata slums, reclaiming their lives. But, of course, I'm also, really, reclaiming my own. The journey hasn't been easy. At each juncture, I was beset with fears and doubts, never given room for complacency or ease. Though scarred by mistakes and misgivings, the journey has been made, not a single step has been wasted." —Rosalie Giffoniello. *Reclaiming Lives* is dedicated to the disadvantaged and disabled children of Kolkata who inspired Rosalie to reach her potential while they struggled to reach theirs. Inspiring, witty, 5 stars.

In October 2016, Udo Kischka suffered a severe stroke. A large intra-cerebral bleed, a bleed deep in the right side of his brain. He was not a typical stroke patient: Professor Kischka was a neurologist and specialist in stroke rehabilitation. Like all stroke patients, he embarked on a journey of recovery. In his case, it was a re-education in his field of expertise. When he uttered the words, 'This is a life changing event' to his wife a few hours after the stroke, he had no idea just how life changing it would be or that there would be still be a good life to be had. Written by experts on both sides of the fence - a stroke victim who is a stroke specialist, and a psychologist who helps others and now has to help herself and her family - this is a personal and brutally honest story of a family's survival. This accessible and relatable book provides insight and realistic hope about what might lie ahead following a stroke, as well as offering both practical and emotional support.

"How to unlock your most creative self"--

The *Language and Literature Reader* is an invaluable resource for students of English literature, language, and linguistics. Bringing together the most significant work in the field with integrated editorial material, this Reader is a structured and accessible tool for the student and scholar. Divided into three sections, Foundations, Developments and New Directions, the Reader provides an overview of the discipline from the early stages in the 1960s and 70s, through the new theories and practices of the 1980s and 90s, to the most recent and contemporary work in the field. Each article contains a brief introduction by the editors situating it in the context of developing work in the discipline and glossing it in terms of the section and of the book as a whole. The final section concludes with a 'history and manifesto', written by the editors, which places developments in the area of stylistics within a brief history of the field and offers a polemical perspective on the future of a growing and influential discipline.

This title is directed primarily towards health care professionals outside of the United States. Nursing practice needs to be informed by an understanding of people and the societies in which they live. This introductory text has been designed specifically to discuss those aspects of sociology which are most relevant to nursing and the health care context in which it takes place.

This book presents cross-linguistic and cross-cultural investigations of word meaning from different domains of the lexicon - concrete, abstract, physical, sensory, emotional, and social. The words they consider are complex, culturally important, and basic, in a range of languages that includes English, Russian, Polish, French, Warlpiri and Malay.

Where are we at with studies of Body & Society? What are the key accomplishments in the field? This book provides the clearest and most comprehensive account of work in this area to date. Based on a novel theory of action it surveys the terrain by arguing that human identity, social relationships and moral figurations develop as a result of people living in and seeking to reach beyond the limits of their bodily being. From this starting point the author undertakes a series of studies on sport, transgenderism, migration, illness, survival and belief which illuminate the relationship between bodily change and action. The book provides an unrivalled survey of theory and empirical research and explores the hitherto neglected tradition of American 'body studies'. Wide in scope, systematic and incisive the book represents a landmark addition to the field of studies in body and society.

`The book has no competitor; it summarises the development of the method, follows through all stages of research from accessing subjects through design to analysing diary information as data, and considers how the method can best be exploited and used. No other book comes remotely near doing this. I for one shall be using it gratefully as the single best text for diary research' - Professor Anthony P Macmillan Coxon, Honorary Professorial Fellow, University of Edinburgh In this accessible and lucid introductory text, Andy Alaszewski considers the analysis of diaries as a distinctive research technique in its own right. Nothing has previously covered this area in single-volume format, but the timely emergence of *Using Diaries for Social Research* recognizes the increased interest in and relevance of diary methodology within social research teaching. Effectively combining theory, history and methodology, Alaszewski begins by discussing how diary keeping has developed; outlining the key features of the medium and examining the ways in which diaries have been and can be used for social research. He describes how suitable diaries and diarists can be identified by the researcher and, once found, how these diaries can be structured to generate research material. Finally, the researcher is taken through the analysis stage; examining statistical techniques, content-analysis and structure-analysis as effective methods of investigating diary texts. This introductory student guide is an essential text for anyone involved in the area of social or historical research and for those working in the narrative tradition.

He had an extraordinary Broadway career, wrote 90 novels and story collections, and among his immortal characters are Jeeves and the Empress of Blandings. McCrum's magisterial biography chronicles the achievements and shadows of a gilded life.

*How Patients Think* At age twenty-one, Chloë Atkins began suffering from a mysterious illness, the symptoms of which rapidly worsened. Paralyzed for months at a time, she frequently required intubation and life support. She eventually became quadriplegic, dependent both on a wheelchair and on health professionals who refused to believe there was anything physically wrong with her. When test after test returned inconclusive results, Atkins's doctors pronounced her symptoms psychosomatic. Atkins was told not only that she was going to die but also that this was her own fault; they concluded she was so emotionally deranged that she was willing her own death. *My Imaginary Illness* is the compelling story of Atkins's decades-long battle with a disease deemed imaginary, her frustration with a succession of doctors and diagnoses, her immersion in the world of psychotherapy, and her excruciating physical and emotional journey back to wellness. As both a political theorist and patient, Atkins provides a narrative critique of contemporary medicine and its problematic handling of uncertainty and of symptoms that are not easily diagnosed or known. She convincingly illustrates that medicine's belief in evidence-based practice does not mean that individual doctors are capable of objectivity, nor that the presence of biomedical ethics invokes ethical practices in hospitals and clinics. A foreword by

Bonnie Blair O'Connor, who teaches medical students how to listen to patients, and a clinical commentary by Dr. Brian David Hodges, a professor of psychiatry, enrich the book's narrative with practical guidance for medical practitioners and patients alike.

This book is written by a team of speech and language therapists from The Wolfson Neurorehabilitation Centre. It is intended for practitioners working with patients who have acquired communication disorders resulting from brain injury: aphasia, cognitive-communication disorder, dysarthria, apraxia. The authors believe that a therapeutic programme should have its foundations in the linguistic, non-verbal, neurological and neuropsychological perspective of the patient's difficulties. The approach the team has developed consists of several different strands of therapy, with each strand representing an element of the rehabilitation process: assessment; goal planning; specific individualised treatment; education; friends and family; and psychosocial adjustment. This book describes these strands, illustrates in a user-friendly way how each one relates to therapy, and gives some practical ideas of how practitioners might work within them. Each chapter begins with the guiding principles and evidence bases that underlie the rationale for one particular strand of therapy. They then follow examples of practice and case studies of a real-life example of each strand. This book describes a speech and language therapy service that aims to be responsive to patients' needs and develops tailor-made intervention programmes that are unique to each individual. It includes CD containing assessments and practical tools.

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