

Nutrition For Health And Healthcare 5th Edition By Debruyne And Pinna

A compendium of detailed strategies for using nutritional interventions to ameliorate a host of age-related disorders and an evidence-based review of what intervention are and are not effective. These range from the effects of nutrition on the aging eye, the sense of taste and smell, hearing loss, sarcopenia, and dementia, to the clinical role of nutrition in vascular and pulmonary disorders, cancer, immunity, endocrine and alimentary tract disorders, and renal and musculoskeletal disorders. The authors present the physiological basis for each disorder, provide the latest information about the interaction of nutrition with each condition, and review the potential routes and mechanisms for clinical intervention. All clinical chapters conclude with a summary of practical applications and treatment guidelines for secondary prevention, management, and therapy.

Bringing together key topics in basic science, clinical nutrition, and public health, Nutrition, Health and Disease is an easy-to-read, student-friendly textbook which clearly demonstrates how the body's demand for nutrients changes throughout life, and thus the variety of ways in which nutrition and diet affect health and disease. The second edition of this successful text includes: Expanded introductory material to ensure a firm grasp of key concepts New content on vegetarian, vegan, kosher and other alternative diets Dieting in adults Gender and nutrition Macro- and micronutrients A range of new diagrams to support visual learners Background on nutritional epidemiology and statistics. Nutrition, Health and Disease: A Lifespan Approach is an ideal resource for the range of material a student or newly-qualified nutrition or dietetics professional needs to know.

Leading medical authorities and clinicians comprehensively review and critically assess the newest nutritional approaches to preventing or delaying disease processes to create the single most comprehensive resource for health professionals seeking to improve individual health outcomes through nutrition. Along the way these distinguished scientists develop specific nutrient recommendations and illuminate not only the relationship between diet on the one hand and cancer, cardiovascular disease, and diabetes on the other, but also the dietary prevention of cataracts, osteoporosis, and immune dysfunction. In addition, they examine the exciting current research linking nutritional status with the prevention of birth defects, as well as with the optimization of the health and intellectual capacity of children. Their pathbreaking reviews clearly spell out the public health implications of preventive nutrition strategies for the US and Europe, as well as emerging nations and developing countries worldwide.

Health and nutrition have become global focal points as the population continues to grow exponentially. While providing food for the global population is crucial, it is also necessary to provide options that are nutritious in order to promote healthier lifestyles around the world. Exploring the Nutrition and Health Benefits of Functional Foods provides a comprehensive overview of how dietary nutrition can impact people's lives, prevent disease, and maintain an overall healthier lifestyle. Highlighting theoretical and practical attributes of different functional foods and how they are utilized globally, this book is an essential reference for researchers, academics, students, policy makers, government officials, and technology developers.

The federal government requires that most packaged foods carry a standardized label--the Nutrition Facts panel--that provides nutrition information intended to help consumers make healthful choices. In recent years, manufacturers have begun to include additional nutrition messages on their food packages. These messages are commonly referred to as 'front-of-package' (FOP) labeling. As FOP labeling has multiplied, it has become easy for consumers to be confused about critical nutrition information. In considering how FOP labeling should be used as a nutrition education tool in the future, Congress directed the Centers for Disease

Control and Prevention to undertake a two-phase study with the IOM on FOP nutrition rating systems and nutrition-related symbols. The Food and Drug Administration is also a sponsor. In Phase 1 of its study, the IOM reviewed current systems and examined the strength and limitations of the nutrition criteria that underlie them. The IOM concludes that it would be useful for FOP labeling to display calorie information and serving sizes in familiar household measures. In addition, as FOP systems may have the greatest benefit if the nutrients displayed are limited to those most closely related to prominent health conditions, FOP labeling should provide information on saturated fats, trans fats, and sodium.

This second edition of a bestseller, *Nutrition in Public Health: Principles, Policies, and Practice* focuses on the role of the federal government in determining nutrition policy and influencing practice. Beginning with an overview of public health principles, the book examines the application of nutritional policy to dietary guidance, health promotion, and the practice of public health nutrition. Highlights of New Coverage in the Second Edition: Legislation such as Healthy, Hunger-Free Kids Act of 2010; Agricultural Act of 2014 (Farm Bill); and proposals for the next Farm Bill Discussions of study designs, the SEED-SCALE model for health promotion, health disparities and health equity, worksite wellness, Let's Move!, and other initiatives Impact of the ACA on menu labeling policies, the Ryan White HIV/AIDS Act, and legislation regarding breastfeeding Examination of health disparities, demographic trends, and health literacy; sexual orientation, gender identity, and gender expression; and the role of social media in tailored health communications 2010 Dietary Guidelines with analysis of potential upcoming changes in 2015 Dietary Guidelines, Healthy Eating Index 2010, MyPlate, and Harvard Healthy Eating Plate Best Bones Forever! Campaign, text messaging for tailored health communication, and 4 Day Throw Away study assessing the use of social media for education regarding food safety The book explores the importance of nutrition as a component of the broad field of public health. The authors review the principles of public health nutrition, examining nutritional epidemiology and programs that deal with health disparities, weight control challenges, and the needs of special populations. The text addresses the practice of public health nutrition through tools for conducting a food and nutrition assessment of a community, designing and carrying out a social marketing campaign, and developing large and small grant proposals. *Nutrition in Public Health* provides an integrated view of nutrition needs and the policies and political mechanisms that affect the delivery of quality food and nutrition services. It gives students a thorough understanding of the federal government's role in determining nutrition policy and influencing practice.

Nutrition Guide for Physicians is a desktop reference guide on nutrition and its clinical implications for health and disease through the lifecycle. Presented in a new softcover format and user-friendly style, it serves as a valuable resource of practical information on nutrition for physicians in their daily practice. *Nutrition Guide for Physicians* is divided into three parts that cross the spectrum of nutritional concerns for improving the practice of medicine. Part One provides basic nutritional principles for physicians. Part Two covers nutrition through the lifecycle and optimal nutrition patterns through all stages of development. Part Three covers diet and its role in prevention, cause and treatment of disease. All chapters include figures and tables that provide useful descriptive and visual reviews. "Key points" and succinct "conclusions" are also provided for each topic. *Nutrition Guide for Physicians* provides a wide perspective of the impact that nutrition has upon medical practice and will be an indispensable resource for primary care physicians and other medical professionals.

Following the tradition of its predecessor, the fifth edition of *Nutrition: Maintaining and Improving Health* continues to offer a wide-ranging coverage of all aspects of nutrition while providing new information to this edition including: Increased coverage of experimental and observational methods used in nutrition In-depth

focus on the nutritional implications of the increased adoption of vegetarian and vegan lifestyles Streamlined referencing - a short selected list of key references at the end of each chapter with URL links to free additional resources where possible Discussion of nutrition debates Critical coverage of "medicinal uses of food" including superfoods, functional foods and dietary supplements Updated bullet point summaries of key points after each major topic within each chapter The author provides an evidence-based evaluation of many key nutrition beliefs and philosophies. The book contains in-depth and critical reviews of the methods used to evaluate nutritional intakes/status and the observational and experimental used to investigate putative links between dietary factors and health outcome. It covers the role of food as a source of energy and nutrients while discussing the non-nutritional roles of food and the social and psychological factors that influence food choice. Presenting a critical discussion on the value of nutrition research linking specific foods or nutrients to specific diseases which encourages students to question the value of some current nutrition research. This is essential reading for all nutrition and dietetics students with different backgrounds who are studying nutrition as a specific discipline for the first time. A pioneer in the field of biological psychiatry details the functions of essential nutrients, warns of the dangers of food additives, and explains nutritional therapies for numerous disorders.

Providing an introduction to the use of nutrition and health claims, this book explores these claims around the world and the impact of the different legislations on consumers as well as likely developments in the future. As nations tackle the food and health issues of the 21st century, this book will provide a single source drawing together all of these topics. In recent years, nutrition and health claims displayed on food packaging have become more regulated with the dual aims of protecting consumers from false claims and promoting consumption of foods with proven health benefits. Edited by Siân Astley, with contributions from renowned experts, chapters describe the legislation underpinning nutrition and health claims globally, explain the permitted use of claims globally in theory and practice and explore differences between the various legislative frameworks. This book will be of interest to those involved in food health and dietary impact research, as well as food manufacturers, legal and healthcare students with an interest in food, nutrition, bioactive compounds and human health.

This newest addition to the Nutrition and Health series focuses on nutrition's key role in lifestyle interventions to prevent and manage diseases. The book pays particular attention to nutritional considerations related to obesity, diabetes, and cardiovascular disease. Edited by cardiologist, Dr. James Rippe, a well-known expert in the nascent specialty of Lifestyle Medicine, Nutrition in Lifestyle Medicine will also focus on a variety of specialized areas such as nutrition for athletes and physically active individuals, hydration, and nutrition throughout the life cycle (spanning from children to individuals over the age of 60). In addition, chapters will be included on controversies in nutrition, such as health effects of

added sugars and saturated fatty acids in the diet. Finally, specialized chapters will be included in such areas as nutrition for women, nutrition for men, nutrition for latinos, the use of supplements, communication about nutrition, public policy issues, and the interface between nutrition and physical activity. Lifestyle Medicine, supported by the American Journal of Lifestyle Medicine, Dr. Rippe's textbook Lifestyle Medicine (CRC Press, 2013) and American College of Lifestyle Medicine (ACLM), is a new national medicine specialty that stresses the use of lifestyle interventions in the treatment and management of disease. Its practitioners effectively manage medical treatments alongside the lifestyle interventions, for example lowering insulin treatment for patients with diabetes, reducing the dose of anti-hypertension medications for people with hypertension, and prescribing certain medical interventions that aid in smoking cessation. This second edition volume is a desktop reference guide on nutrition and its clinical implications for health and disease. Presented in a new softcover format and user-friendly style, it serves as a valuable resource of practical information on nutrition for physicians and other healthcare professionals in their daily practice. The book covers all important aspects of nutrition including basic nutritional principles, nutrition through the lifecycle and optimal nutrition patterns through all stages of development, and diet and its role in prevention, cause, and treatment of disease. Nutrition Guide for Physicians and Related Healthcare Professionals is thoroughly updated from its predecessor, Nutrition Guide for Physicians and provides a wide perspective of the impact that nutrition has upon medical practice and will be an indispensable resource for primary care physicians and other medical professionals.

Environmental Nutrition: Connecting Health and Nutrition with Environmentally Sustainable Diets explores the connection between diet, environmental sustainability and human health. Current food systems are a major contributor to our most pressing health and environmental issues, including climate change, water scarcity, food insecurity and chronic diseases. This book not only seeks to increase our understanding of the interrelatedness of these major global issues, but also aids in the creation of new solutions. Sections discuss the diet, the health and environment trilemma, food systems and their trends, environmental nutrition as an all-encompassing discipline, and the environmental nutrition model. Demonstrates how the food system, the environment and human health are inter-related Explores how dietary patterns impact food production and agriculture choices Identifies the imbalance between current food production relative to demand Addresses how the current food system negatively impacts the environment Provides practical solutions to how diets can be both healthy and sustainable

How does nutrition factor into nursing and health care careers? Find out with NUTRITION FOR HEALTH AND HEALTH CARE, 7th Edition! Packed with the latest clinical know-how, this resource enables you to leverage the power of diet therapy to make a real impact on patient lives. You'll uncover the science behind

macro-nutrients, vitamins, minerals and metabolism, along with the many ways nutrition affects drugs, diseases and the human life cycle. And to support your success, the interactive MindTap platform features nutrition and diet therapy case studies, N.C.L.E.X.-style practice problems, the Diet & Wellness Plus app for setting and tracking nutritional goals--even an ebook that can read aloud to you! Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The seventh edition of this classic book has been entirely revised and updated by one of the leading professors of human nutrition in the UK. Written in a clear and easy-to-read style, the book deals with a wide range of topics, from food microbiology and technology to healthy eating and clinical nutrition. It also tackles the more difficult area of biochemistry and makes the chemical nature of all the important food groups accessible.

Written by one of America's foremost authorities in preventive medicine, *Nutrition in Clinical Practice, Second Edition* is the practical, comprehensive, evidence-based reference that all clinicians need to offer patients effective, appropriate dietary counseling. This fully revised edition incorporates the latest studies and includes new chapters on diet and hematopoiesis, diet and dermatologic conditions, and health effects of coffee, chocolate, and ethanol. Each chapter concludes with concise guidelines for counseling and treatment, based on consensus and the weight of evidence. Appendices include clinically relevant formulas, nutrient data tables, patient-specific meal planners, and print and Web-based resources for clinicians and patients.

Nutrition plays a key role in prevention of cardiovascular disease, the leading cause of death worldwide. Diet influences a broad spectrum of cardiometabolic risk factors, notably a cluster including excess adiposity, dyslipidemia, impaired glucose metabolism and high blood pressure. In the face of the rapidly increasing incidence of obesity and diabetes, maintaining cardiometabolic health through adoption of a healthy lifestyle is a top public health priority. In this book, *Nutrition and Cardiometabolic Health*, international experts present state-of-the-art scholarly reviews of dietary and lifestyle effects on metabolic systems associated with cardiovascular health and disease. It covers a broad range of topics including biological and behavioral processes regulating food intake; lifestyle and surgical approaches to weight loss; nutritional considerations for optimal cardiometabolic health across the lifespan; the relationship of macronutrients, whole foods and dietary patterns to diabetes and cardiovascular disease; and diet as a modulator of gene expression, epigenetics and the gut microbiome and the relationship of these traits to disorders of metabolism. This book provides its readers with an authoritative view of the present state of knowledge of dietary effects on cardiometabolic health and will be of interest to nutrition and healthcare professionals alike.

The new edition of this established text has been revised and expanded to provide health-care workers with up-to-date, evidence based information that can be applied practically to patient and client settings.

Exploring the connection between nutrition and mental wellness so therapists can provide more effective, integrated treatment. Diet is an essential component of a client's clinical profile. Few therapists, however, have any nutritional training, and many don't know where to begin. In *Nutrition Essentials for Mental Health*, Leslie Korn provides clinicians with a practical guide to the complex relationship between what we eat and the way we think, feel, and interact with the world. Where there is mental illness there is frequently a history of digestive and nutritional problems. Digestive problems in turn exacerbate mental distress, all of which can be improved by nutritional changes. It's not unusual for a deficit or excess of certain nutrients to disguise itself as a mood disorder. Indeed, nutritional deficiencies factor into most mental illness—from anxiety and depression to schizophrenia and PTSD—and dietary changes can

work alongside or even replace medications to alleviate symptoms and support mental wellness. *Nutrition Essentials for Mental Health* offers the mental health clinician the principles and practices necessary to provide clients with nutritional counseling to improve mood and mental health. Integrating clinical evidence with the author's extensive clinical experience, it takes clinicians step-by-step through the essentials for integrating nutritional therapies into mental health treatment. Throughout, brief clinical vignettes illustrate commonly encountered obstacles and how to overcome them. Readers will learn:

- Why nutrition matters in mental health
- The role of various nutrients in nourishing both the brain and the gut, the "second brain"
- Typical nutritional culprits that underlie or exacerbate specific mental disorders
- Assessment techniques for evaluating a client's unique nutritional needs, and counseling methods for the challenging but rewarding process of nutritional change.
- Leading-edge protocols for the use of various macro- and micronutrients, vitamins, and supplements to improve mental health
- Considerations for food allergies, sensitivities, and other special diets
- The effects of foods and nutrients on DSM-5 categories of illness, and alternatives to pharmaceuticals for treatment
- Comprehensive, stage-based approaches to coaching clients about dietary plans, nutritional supplements, and other resources
- Ideas for practical, affordable, and individualized diets, along with optimal cooking methods and recipes
- Nutritional strategies to help with withdrawal from drugs, alcohol and pharmaceuticals

And much more. With this resource in hand, clinicians can enhance the efficacy of all their methods and be prepared to support clients' mental health with more effective, integrated treatment.

Nutrition for Health and Health Care Cengage Learning

This introductory normal and clinical nutrition text designed to meet the needs of the nursing curriculum takes an organ systems/disease states approach to clinical nutrition and presents nutrition at a basic, applied level, with little detailed physiology or biochemistry.

Sports Nutrition for Health Professionals merges the basic principles and latest evidence-based scientific understanding of sports nutrition with the real-world practical applications that health professional students must master to help their current and future clients to optimize athletic performance, overall satisfaction and success with sports and physical activity. Step-by-step, you'll learn about the scientific basis of sports nutrition and how to apply that knowledge to real-life situations and interactions with clients. You'll follow six different clients as they are evaluated by a variety of health professionals and undergo a series of assessments and self-administered tests. By seeing how the science of Sports Nutrition can be applied to sample clients, you will be able to take that knowledge and apply it to your future clients.

NUTRITION FOR HEALTH AND HEALTH CARE approaches the study of nutrition and diet therapy from the perspective of nursing and health science, including examples and data that can help prepare you for your future career. Learn about basic nutrition concepts, such as metabolism, vitamins, and minerals, and clinical topics organized by organ systems, linking nutrition to different disease states, such as diabetes, renal disease, and liver disorders. Apply what you have learned in *Case Studies and Clinical Applications* features throughout the text. Use all of the student resources to help you succeed in your course. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A guide that cuts through the haze of misinformation and delivers an insightful message to anyone living with or at risk from the following: cancer, diabetes, heart disease, obesity, Alzheimer's disease and /or osteoporosis. Dr Campbell illuminates the connection between nutrition and these often fatal diseases and reveals the natural human diet. He also examines the source of nutritional confusion produced by powerful lobbies, government entities and opportunist scientists. Part medical thriller, part governmental exposé.

A practical reference and teaching book of case studies for nutrition practitioners and other healthcare professionals, demonstrating how to apply the latest evidence-informed principles

of personalized nutrition. Covering a range of complex cases such as autoimmunity and inflammation, hormonal disruption, mental health concerns and more, this edited collection explains the most recent developments in nutrition science and how these can inform patient management. Complete with in-depth case histories, Q&As with the practitioner and explaining the clinical reasoning behind decisions, this is the most comprehensive guide to help put theoretical knowledge of personalized nutrition into practice.

Written and organized to be accessible to a wide range of readers, *Improving America's Diet and Health* explores how Americans can be persuaded to adopt healthier eating habits. Moving well beyond the "pamphlet and public service announcement" approach to dietary change, this volume investigates current eating patterns in this country, consumers' beliefs and attitudes about food and nutrition, the theory and practice of promoting healthy behaviors, and needs for further research. The core of the volume consists of strategies and actions targeted to sectors of society--government, the private sector, the health professions, the education community--that have special responsibilities for encouraging and enabling consumers to eat better. These recommendations form the basis for three principal strategies necessary to further the implementation of dietary recommendations in the United States.

Although primary advanced vitamin and mineral deficiencies are rare in the developed world, many common health conditions deplete nutritional status, including sub-optimal dietary intake, frequent alcohol consumption, changes in appetite due to aging, food allergies or sensitivities, special diets, and eating disorders. Covering topics as diverse as aging, the brain, eating habits, genetics, lifestyle, nutrients, and psychology, this book brings together two extremely complex aspects of life—human nutrition and mental health. Organized by mental health concern as well as nutrient group, *Nutrition and Mental Health* reviews the scientific literature from many fields of science: health, psychology, nutrition, mental well-being, and the interface with chronic disease. It provides a straightforward, readable report of broadly selected scientific research on how various nutrients affect mental health. Professional resources are provided in easy-to-access tables as well as suggested formats for assessing nutritional status and guidelines for interpretation. Chapter summaries, a descriptive table of contents, an index, and glossary assist the reader in finding specific topics of interest. A variety of mental health conditions may affect a person's ability and interest in getting and eating a well-rounded selection of foods. An examination of the role diet plays in mental health, this book reviews the scientific literature from many fields of science: health, psychology, nutrition, mental well-being, and chronic disease management.

?This easy to use text provides practitioners and researchers with a global view of current and emerging issues concerned with successful pregnancy outcomes and approaches that have been successful or show promise in ensuring a successful pregnancy. The fully updated and revised second edition expands its scope with topics not covered in the first edition including pregnancy and military service; sleep disorders during pregnancy; the gut microbiome during pregnancy and the newborn; requirement for vitamin D in pregnancy; the environment—contaminants and pregnancy; preeclampsia and new approaches to treatment; health disparities for whites, blacks, and teen pregnancies; depression in pregnancy—role of yoga; safe food handling for successful pregnancy outcome; relationship of epigenetics and diet in pregnancy; caffeine during pregnancy; polycystic ovary syndrome; US Hispanics and preterm births; celiac disease and pregnancy; cannabis use during pregnancy. The second edition of *Handbook of Nutrition and Pregnancy* will be a valuable resource for clinicians and other healthcare professionals who treat and counsel women of child-bearing age and pregnant women.

Can an apple a day really keep the doctor away? Did you know that three slices of bread and butter provide enough energy for a brisk six mile walk? *Nutrition and Health* is an easy-to-read introduction to the role of the human diet in maintaining a healthy body

and preventing disease. Wiseman provides a concise overview of all important aspects of diet and health including: * definitions of food types * energy requirements, exercise, obesity and eating disorders * nutrition in pregnancy, children and the elderly * food additives and interpreting food labels * food-borne illness, intolerance and allergy * vitamins, minerals, and water requirements Highlighted with key points, figures and examples throughout, this text is an ideal introduction for all students of biology, medicine, nursing and midwifery.

Malnutrition and obesity are both common among Americans over age 65. There are also a host of other medical conditions from which older people and other Medicare beneficiaries suffer that could be improved with appropriate nutritional intervention. Despite that, access to a nutrition professional is very limited. Do nutrition services benefit older people in terms of morbidity, mortality, or quality of life? Which health professionals are best qualified to provide such services? What would be the cost to Medicare of such services? Would the cost be offset by reduced illness in this population? This book addresses these questions, provides recommendations for nutrition services for the elderly, and considers how the coverage policy should be approached and practiced. The book discusses the role of nutrition therapy in the management of a number of diseases. It also examines what the elderly receive in the way of nutrition services along the continuum of care settings and addresses the areas of expertise needed by health professionals to provide appropriate nutrition services and therapy.

Current, practical information in a real-world context for future nurses and health care professionals. Designed for the clinical nutrition and/or diet therapy nutrition course, NUTRITION FOR HEALTH AND HEALTH CARE is a trusted text that demonstrates the important role of nutrition to future nurses and health care professionals in their future careers. The text begins by covering basic nutrition concepts and proceeds with clinical topics organized by organ systems, linking nutrition to different disease states, such as diabetes, renal disease, and liver disorders. Each chapter includes practical information, current research, and clinical practice guidelines for addressing nutrition concerns and incorporating nutrition into care plans. Valuable supplements accompany this text to help instructors prepare for class and to help students succeed in their course. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

From mastering the basic science of nutrient metabolism and function to applying nutritional concepts to combat human disease, the Eleventh Edition of Modern Nutrition in Health and Disease fully explains and encapsulates the fundamentals of nutrition and its role in contemporary society. For decades, this text has been acclaimed by both students and instructors for its complete and authoritative approach to nutrition and its applications in such fields as medicine, dietetics, nursing, public health, and public policy

Dietetics educators and practitioners will find much in these pages to challenge them. As integrated health care systems evolve, For better or for worse, dietitians need to develop the skills and attitudes that will facilitate not just survival but also expansion of the profession. --Journal of the American Dietetic Association A must-have resource for nutrition and food service administrators, providing vital information about trends in the industry, how others are meeting current demands with innovative programs that

contain costs without compromising quality, The standards of care in more progressive settings and how innovative techniques and technological advancements can be implemented to control resources while upholding these standards. Optional methods For The delivery of food service and nutrition care are presented along with actual case studies illustrating innovative solutions To The common dilemmas confronting dietetic professionals today. Includes an Instructor's Manual.

Dietary Guidelines for Americans 2015-2020 provides the government's must up-to-date information on diet and health in order to help all children and their families consume a healthy, nutritionally adequate diet. Previous editions of the Dietary Guidelines focused primarily on individual dietary components of the food pyramid, such as dairy, meats, fruits, and vegetables. However, a growing body of new research has examined the relationship between overall eating patterns, health, and risk of chronic disease, and findings on these relationships are sufficiently well established to support dietary guidance. As a result, eating patterns and their food and nutrient characteristics are a focus of the recommendations in the 2015-2020 Dietary Guidelines . This edition provides guidelines for the seven million Americans who follow vegetarian diets—a number that has tripled in the last ten years. The information in the Dietary Guidelines is used in developing Federal food, nutrition, and health policies, educational materials, and programs. These guidelines are a necessary reference for policymakers and nutrition and health professionals, and a great resource for parents who strive to create a healthy lifestyle for their families. Additional audiences who may use Dietary Guidelines information to develop programs, policies, and communication for the general public include businesses, schools, community groups, media, the food industry, and State and local governments.

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