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Revise for AS & A2 Biology with confidence! Providing complete study support throughout the two A Level years, this Edexcel Chemistry study guide matches the curriculum content and provides in-depth course coverage. Written by experienced AS and A2 examiners this book includes invaluable advice on how to get the best results in the exams. Providing plenty of exam practice and frequent progress checks and questions to consolidate learning, this AS & A2 Edexcel Chemistry study guide contains invaluable advice and preparation for the exam. Extensive coverage of the Edexcel course: * AS & A2 specification checklists to organise your studies * tick boxes to record your progress and plan your revision * in-depth coverage of core AS & A2 topics Also included in this book: * examiner's tips that reveal how to achieve higher marks * exam board labels that allow students to identify content relevant to their course * topics subdivided into short, manageable sections * highlighted key points and terminology, and examiner's hints to offer guidance * progress check questions to test recall and understanding * sample questions and model answers that reveal what examiners are looking for * exam-style questions and answers that provide crucial exam practice

The Fifth Edition of A History of the Roman People continues to provide a comprehensive analytical survey of Roman history from its prehistoric roots in Italy and the wider Mediterranean world to the dissolution of the Roman Empire in Late Antiquity in A.D. 600. Clearly organized and highly readable, the text's narrative of major political and military events provides a chronological and conceptual framework for the social, economic, and cultural developments of the periods covered. Major topics are treated separately so that students can easily grasp key concepts and ideas.

The most comprehensive manual of the practice of insight meditation (vipassana), written by one of its foremost 20th century proponents, is translated into English for the first time. Manual of Insight is the magnum opus of Mahasi Sayadaw, one of the originators of the "vipassana movement" that has swept through the Buddhist world over the last hundred years. The manual presents a comprehensive overview of the practice of insight meditation, including the foundational aspects of ethical self-discipline, understanding the philosophical framework for the practice, and developing basic concentration and mindfulness. It culminates with an in-depth exploration of the various types of insight and spiritual fruits that the practice yields. Authored by the master who brought insight meditation to the West and whose students include Joseph Goldstein, Jack Kornfield, and Sharon Salzberg, Manual of Insight is a veritable Bible for any practitioner of vipassana.

Growing from tiny tadpoles to massive master jumpers, frogs and their life cycles are fascinating. How far can frogs jump? Why do their eggs look slimy? Answer these questions and many more in this illustrated introduction to amphibians. With her signature bright, well-labeled diagrams and simple text, Gail Gibbons introduces the habitat and life cycles of frogs and gives an overview of common frog behaviors. Important biology vocabulary is introduced, defined, and reinforced with kid-friendly language and clear illustrations--plus a page of intriguing frog trivia and clear diagrams that show how frogs are different from toads. Bonus material is included about the unique role frogs play in the environment.

Packed with puzzles and activities: odd one out, counting and sorting, matching, word games, and jigsaws.

This is a story which will make your heart sing - a story for all the family to read together. Young Judy discovers an unexpected package in her grandfather's old study. She has never met her grandfather (Poppy) as he died before she was born, but Judy is the one to unearth the puzzle which Poppy left for his family. To find the treasure which Poppy left, the family must first solve every riddle which he wrote on a beautiful scroll, and carefully wrapped in a rich purple velvet bag. Unless they solve the puzzles, they won't find the treasure. See if you can solve the puzzles before the family does. What has Poppy left them as an inheritance? Have fun with the story and enjoy the Omega Prize at the end.

Day Bang is a 201-page book that teaches you how to pick up women during the day, primarily in a coffee shop, clothing store, bookstore, grocery store, subway, or on the street. It contains 51 openers, 23 long dialogue examples with commentary, and dozens of additional lines that teach by example. Day Bang includes... -The optimal day game mindset that leads to the most amount of success-An easy mental trick to prevent your brain from going into a flight-or-fight response when it's time to approach a woman you're attracted to-A detailed breakdown of how to use the "elderly opener," an easy style of approach that reliably starts conversations with women-2 ways to tell if a girl will be receptive to your approach-How to avoid the dreaded "interview vibe"-10 common mistakes guys make that hurt their chances of getting a number Day Bang shares tons of tips and real examples on having successful conversations. It teaches you... -How to use my bait system to get the girl engaged and interested in you-How to segue out of the initial opening topic into a more personal chat where you'll get to know the girl on a deeper level-How to take the interesting things you've done (your accomplishments, hobbies, and experiences) and morph them into bait hooks that gets the girl intrigued enough to want to go out with you-My "Galnuc" method to seamlessly get a girl's number-An easy hack at the end of your interactions that will reduce the chance of a flake and prime the girl for going out with you-Ways to open up a conversation on a girl who isn't giving you much to work with Day Bang goes into painstaking detail on how to approach women in a variety of common environments... -How to open a girl in coffee shops when she has a book, laptop, mp3 player, cell phone, research paper, crossword or Sudoku puzzle, or nothing at all-Two methods for approaching a girl on the street, depending on if she's moving or not, with a diagram to explain all the approach variations-How to approach in a retail store or mall environment, with openers to use on customers or sales clerks-How to approach in bookstores, with specific tips on how to customize your approaches in the cafe, magazine section, or general book aisles-How to meet women in public transportation, on both the bus and subway-How to meet women in grocery stores-How to approach girls in secondary venues like a beach, casino, concert, gym, hair salon, handicraft fair, museum, art show, park, public square, or wine festival Dozens of additional topics are logically organized into 12 chapters... -Preparation. How to reduce your approach anxiety-Opening. How to deliver your opener in a way that doesn't scare women away-Rambling. How to have conversations that make women interested in you-Closing. How to get a number in a way that reduces the chance she'll flake-The Coffee Shop. How to pick up in coffee shops and cafes-The Street. How to pick up outdoors-The Clothing Shop. How to pick up in retail shops, malls, and big box stores-The Bookstore. How to pick up in bookstores-Public Transportation. How to pick up in the bus, subway, or long distance transportation-The Grocery Store. How to pick up in grocery stores-Other Venues. How to pick up just about anywhere else women can be found-Putting It All Together. How to maximize your day game potential The lessons taught in this 75,000 word, no-fluff textbook will help you meet women during the day. If you need tips on what

to do after getting her number, consult my other book *Bang*, which contains an A-to-Z banging strategy. *Day Bang* focuses exclusively on daytime approaching.

Japan to 1600 surveys Japanese historical development from the first evidence of human habitation in the archipelago to the consolidation of political power under the Tokugawa shogunate at the beginning of the seventeenth century. The book focuses on continuity and change in social and economic structures, although it does not ignore the political and cultural. Most chapters begin with an outline of political developments, and cultural phenomena--particularly religious beliefs--are also taken into account. --From publisher's description.

June 11, 1940 – where is Winston Churchill?

Japan's greatest seer, the blind prophet Hinoto, has foretold the end of the world. At the center of her prophecy is a young man named Kamui Shiro, who possesses startling psychic powers. Although Kamui's future seems to have been predetermined from his birth, he has a choice--save the earth, or destroy it.

Celebrate baby girls everywhere! In the tradition of best-selling *GLOBAL BABIES*, *GLOBAL BABY GIRLS* shines a spotlight on girls from around the world, celebrating their strength, diversity, and potential. Babies love to look at babies and this bright collection of photos is a ticket to an around-the-world journey. From Peru to China, Russia to Mali, this board book features captivating photographs of curious, joyful, and adventurous baby girls from fifteen different cultures. The bright and bold pictures paired with simple text share a powerful message: no matter where they are born, baby girls can grow up to change the world. A perfect baby shower gift or first book for the toddler in your life. Part of the proceeds from this book's sales will be donated to the Global Fund for Children to support innovative community-based organizations that provide opportunities for girls to grow, thrive, and be strong.

This text engages every student and stimulates their interest in science. It provides a simple and clear approach to all resources available, with all the help and support you need to teach the new specifications with ease and make the transition as smooth as possible.

A collection of 18 short vampire tales.

Raised with limited peer interaction, Ernestine St Bennett has difficulty interpreting social cues. At twenty-five she's become a loner; a shy nerd immersed in her scientific studies, whose best friend is her pet fish, Waldo. Then Ernestine meets Simon Prime, who's obviously a nerd, too! Sympathizing with his social dysfunction, Ernie decides to help poor Simon increase his self-esteem and thus enhance his social standing. Using principles learned in her fish studies, she'll simply turn Simon from meek to macho. What Ernestine doesn't know (but Waldo suspects) is that Simon Prime is really ex-cop, private investigator Sam Pierce in disguise. A man who definitely doesn't need his masculinity enhanced!

When a Beautiful but Deadly Assassin Murders a Man in a DC Hotel Room, Noble is Ordered to Find The Killer And Bring Her to Justice. After the devastating death of Samantha Gunn, Jake Noble has spent every night since drinking himself into oblivion. Jake's world is shattered and he's looking for answers, instead he gets a call from Langley. A Secret Service agent has been found dead, the CIA wants to know who killed him and why. Noble tracks the assassin across two continents only to discover a larger, more sinister plot at work. Someone is trying to destroy the United States of America, and Noble may be the only man who can stop it. Book 4 in the highly popular Jake Noble Thriller Series! "A top-notch thriller." "A truly a well written, fast-paced, page turning book; I loved it!" "This was a wonderfully well-written and intense thriller that I thoroughly enjoyed and I will definitely be grabbing future releases in this series." "Fun, sexy, and dark." "I agree with other readers who have compared Miller's *NEW HERO* - Jake Noble to Mitch Rapp, Scot Harvath, and I would add Kyle Achilles and Sean Drummond."

Anyone who has sampled even a few of the most commonly read Greek texts will have encountered pollution. The pollution of bloodshed is a frequent theme of tragedy: Orestes is driven mad; Oedipus brings plague upon all Thebes. In historical texts we find cities intervening in the internal affairs of others to 'drive out the pollution', or making war on account of it. Political orators represent their opponents as polluting demons. Purity is a constant concern in ritual texts, and any Greek underwent many small purifications in his everyday life. Certain abnormal religious movements of the archaic age made 'purification' the path to felicity in the afterlife. First published in hardback in 1983, *Miasma* is the first work in English to treat this theme in detail.

"As novelist and poet Andrei Codrescu points out in the essay that accompanies this selection of photographs from the Getty Museum's collection, Evans's photographs are the work of an artist whose temperament was distinctly at odds with Beals's impassioned rhetoric. Evans's photographs of Cuba were made by a young, still maturing artist who - as Codrescu argues - was just beginning to combine his early, formalist aesthetic with the social concerns that would figure prominently in his later work."--Jacket.

Every person has a story, a personal narrative that informs their life, their decisions, and their way of thinking. But did you know that it also affects the wiring of your brain? Renowned psychiatrist and professor at Harvard Medical School John Sharp, M.D., offers an eight-step process to discovering your unconscious narrative and using your new insight to eradicate the "false truth" that has been at the core of your self-sabotage. His unique approach integrates four core domains of applied psychology—control mastery theory, attachment theory, narrative therapy, and positive psychology—with his own research and professional experience to construct an insightful and soul-searching path to insight. Throughout his step-by-step process, Dr. Sharp provides: · The “Sharp Focus” to distill and emphasize important concepts · Quizzes to help you analyze your internal and external tendencies · “First Impressions” case studies from his professional practice · Awareness, insight, change, and narrative tools to facilitate your transformation · “Gut Checks” to help you figure out if you are ready to move on to the next step in the process Dr. Sharp's approach is simple and accessible, with the power to wield profound results. Through exercises, quizzes, thorough exploration of case studies, and clear guidance, you will be able to find your false truth, rewrite your story, and transform your life. Once you have flipped the switch of insight, nothing can hold back the light that shines from within.

In this remarkable book, Carl Verheyen teaches his philosophy and techniques for improvising. Rather than hashing out scales, Carl teaches how to play lines with strong melodic content. By approaching melodies through intervals and chord qualities, infinite lines can be generated. Carl stresses the importance of collecting lines that can be used in improvised settings. These lines and examples will provide outstanding material for any guitarist yearning for melodic ideas and inspiration. Presented in standard notation and tab.

Crammed with comic capers to try out on unsuspecting victims, and side-splitters to share, this ring-binder is a mix of practical pranks and wisecracks. Readers can depress the laughter button on the front for a tide of titters to accompany their tale telling. Three leaves of stickers and two funny photoframes are included. The jokers journal section contains 365 jokes - one for

each day of the year and a space to fill with diary dates.

Student Unit Guides are perfect for revision. Each guide is written by an examiner and explains the unit requirements, summarises the relevant unit content and includes a series of specimen questions and answers. There are three sections to each guide: Introduction - includes advice on how to use the guide, an explanation of the skills being tested by the assessment objectives, an outline of the unit or module and, depending on the unit, suggestions for how to revise effectively and prepare for the examination questions. Content Guidance - provides an examiner's overview of the module's key terms and concepts and identifies opportunities to exhibit the skills required by the unit. It is designed to help students to structure their revision and make them aware of the concepts they need to understand the exam and how they might analyse and evaluate topics. Question and Answers - sample questions and with graded answers which have been carefully written to reflect the style of the unit. All responses are accompanied by commentaries which highlight their respective strengths and weaknesses, giving students an insight into the mind of the examiner.

With My Revision Notes you can: - Manage your own revision with step-by-step support from experienced teacher and examiner Frank Sochacki - Apply biological terms accurately with the help of definitions and key words - Plan and pace your revision with the revision planner - Test understanding with questions throughout the book - Get exam ready with last minute quick quizzes available on the Hodder Education website

Exam Board: OCR Level: A-Level Subject: Biology First Teaching: September 2015 First Exam: Summer 2016 With My Revision Notes: OCR A Level Biology A you can: - Manage your own revision with step-by-step support from experienced teacher and examiner Frank Sochacki - Apply biological terms accurately with the help of definitions and key words - Plan and pace your revision with the revision planner - Test understanding with questions throughout the book - Get exam ready with last minute quick quizzes available on the Hodder Education website

This book offers a global history of civilian, military and gendarmerie-style policing around the First World War. Whilst many aspects of the Great War have been revisited in light of the centenary, and in spite of the recent growth of modern policing history, the role and fate of police forces in the conflict has been largely forgotten. Yet the war affected all European and extra-European police forces. Despite their diversity, all were confronted with transnational factors and forms of disorder, and suffered generally from mass-conscription. During the conflict, societies and states were faced with a crisis situation of unprecedented magnitude with mass mechanised killing on the battle field, and starvation, occupation, destruction, and in some cases even revolution, on the home front. Based on a wide geographical and chronological scope – from the late nineteenth century to the interwar years – this collection of essays explores the policing of European belligerent countries, alongside their empires, and neutral countries. The book's approach crosses traditional boundaries between neutral and belligerent nations, centres and peripheries, and frontline and rear areas. It focuses on the involvement and wartime transformations of these law-enforcement forces, thus highlighting underlying changes in police organisation, identity and practices across this period.

"Hormegeddon" is the term coined by entrepreneur and New York Times Bestselling Author Bill Bonner to describe what happens when you get too much of a good thing in the sphere of public policy, economics and business. Simply put, it ends in disaster. Drawing on stories and examples from throughout modern political history—from Napoleon's invasion of Russia to the impending collapse of the American healthcare system, from the outbreak of WWII and the fall of the Third Reich to the 21st century War on Terror, from the Great Recession to the sovereign debt crisis—Bonner pursues a modest ambition: to understand what goes wrong. History is not a clean yarn spun by its victors. It is a long tale of things that went FUBAR—debacles, disasters, and catastrophes. That each disaster carries with it a warning is what makes it useful to study. For instance, if the architect of a great ship tells you that 'not even God himself could sink this ship,' you should take the next boat. If the stock market is selling at 20 times earnings and all the expert analysts urge you to 'get in' because you 'can't lose'—it's time to get out! Similarly, public policy disasters are what you get when well-meaning people with this same Titanic degree of certitude apply rational, small-scale problem-solving logic to inappropriately large scale planning. First, you get a declining rate of return on your investment (of time or resources) until you hit zero. Then, if you keep going through the zero floor—and you always keep going—you get a disaster. The problem is, these disasters cannot be stopped by well-informed smart people with good intentions, because they are the people who cause them in the first place. From the mind of Bill Bonner comes Hormegeddon, a phenomenon that occurs when a small dose of something produces a favorable result, but if you increase the dosage, the results end in disaster. The same applies when the world gets too much of a good thing in public policy, economics, and business. Drawing on examples throughout modern political history, Bonner brings context and understanding to this largely ignored and anonymous phenomenon.

Introduces ancient Greek, Norse, Egyptian, and Roman mythologies, including Zeus, father of the Greek gods, Norse Freyja, goddess of love, beauty, war, and death, and Egyptian Bastet, goddess of cats.

An Incredibly Humorous Coloring book for Kids and Adults!

A New York Review Books Original Hav is like no place on earth. Rumored to be the site of Troy, captured during the crusades and recaptured by Saladin, visited by Tolstoy, Hitler, Grace Kelly, and Princess Diana, this Mediterranean city-state is home to several architectural marvels and an annual rooftop race that is a feat of athleticism and insanity. As Jan Morris guides us through the corridors and quarters of Hav, we hear the mingling of Italian, Russian, and Arabic in its markets, delight in its famous snow raspberries, and meet the denizens of its casinos and cafés. When Morris published *Last Letters from Hav* in 1985, it was short-listed for the Booker Prize. Here it is joined by *Hav of the Myrmidons*, a sequel that brings the story up-to-date.

Twenty-first-century Hav is nearly unrecognizable. Sanitized and monetized, it is ruled by a group of fanatics who have rewritten its history to reflect their own blinkered view of the past.

Morris's only novel is dazzlingly sui-generis, part erudite travel memoir, part speculative fiction, part cautionary political tale. It transports the reader to an extraordinary place that never was, but could well be.

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