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La Pocha Nostra: A Handbook for the Rebel Artist in a Post-Democratic Society marks a transformation from its sister book, Exercises for Rebel Artists, into a pedagogical matrix suited for use as a performance handbook and conceptual tool for artists, activists, theorists, pedagogues, and trans-disciplinary border crossers of all stripes. Featuring a newly reworked outline of La Pocha Nostra's overall pedagogy, and how it has evolved in the time of Trump, cartel violence, and the politics of social media, this new handbook presents deeper explanations of the interdisciplinary pedagogical practices developed by the group that has been labeled "the most influential Latino/a performance troupe of the past ten years." Co-written by Guillermo Gómez-Peña in collaboration with La Pocha Nostra's artistic co-director Saúl García-López and edited by Paloma Martínez-Cruz, this highly anticipated follow-up volume raises crucial questions in the new neo-nationalist era. Drawing on field experience from ten years of touring, the authors blend original methods with updated and revised exercises, providing new material for teachers, universities, radical artists, curators, producers, and students. This book features: Introductions by the authors and editor to Pocha Nostra practice in a post-democratic society. Theoretical, historical, poetic, and pedagogical contexts for the methodology. Suggestions for how to use the book in the classroom and many other scenarios. Detailed, hands-on exercises for using Pocha Nostra-inspired methods in workshops. A step-by-step guide to creating large-scale group performances. New,

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unpublished photos of the Pocha Nostra methods in practice. Additional texts by Reverend Billy and Savitri D., Dragonfly, Francesca Carol Rolla, VestAndPage, Micha Espinosa, Zulfikar Ali Bhutto, Praba Pilar, L. M. Bogad, Anuradha Vikram, and Annie Sprinkle and Beth Stephens, among many others. The book is complemented by the new book Gómez-Peña Unplugged: Texts on Live Art, Social Practice and Imaginary Activism (2008–2019).

Winner of the Theoretical Category of the American Board & Academy of Psychoanalysis Book Prize for best books published in 2016 *Psychoanalysis Beyond the End of Metaphysics* offers a new paradigm approach which advocates reengaging the importance of metaphysics in psychoanalytic theorizing. The emergence of the relational trend has witnessed a revitalizing influx of new ideas, reflecting a fundamental commitment to the principle of dialogue. However, the transition towards a more pluralistic discourse remains a work in progress, and those schools of thought not directly associated with the relational shift continue to play only a marginal role. In this book, Robin S. Brown argues that for contemporary psychoanalysis to more adequately reflect a clinical ethos of pluralism, the field must examine the extent to which a theoretical commitment to the notion of relationship can grow restrictive. Suggesting that in the very effort to negotiate theoretical biases, psychoanalytic practice may occlude a more adequate recognition of its own evolving assumptions, Brown proposes that the profession's advance requires a return to first principles. Arguing for the fundamental role played by faith in supporting the emergence of consciousness, this work situates itself at the crossroads of relational, Jungian, and transpersonal approaches to the psyche. *Psychoanalysis Beyond the End of Metaphysics* will be of significant interest to all psychodynamically oriented clinicians, alongside scholars of depth psychology and the philosophy of mind. It will also be helpful to

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advanced and postgraduate students of psychoanalysis seeking to orient themselves in the field at present.

Shadow Working in Project Management aims at contributing to our knowledge of all things unconscious and irrational in our behaviour. It takes the form of an empirical research, and therefore addresses mostly the tools and techniques available to get in touch with Shadow aspects of self and collective, to recognize how it manifests, how it can lead to conflict, and ways to address it. From that perspective, it advances on to question the underlying beliefs of current management practices. It explores as well the inherent need for control in projects, being those of a professional nature, or other ventures. It challenges the strength of the concept of the "rational man" and its protagonism. Joana Bertholo's work explores the role and nature of the Shadow in the context of projects and their management, with an emphasis on techniques to address it. Despite being directed to managers and dedicated to the analyses of the managerial discourse, the tools and processes it proposes have universal relevance, based on the fact that the Shadow is everywhere, within everyone, from the individual to the global scale.

First published in 1994. Routledge is an imprint of Taylor & Francis, an informa company. This book brings together an international roster of renowned scholars from disciplines including philosophy, political theory, intellectual history, and literary studies to address the conceptual foundations of the humanities and the question of their future. What notions of the future, of the human, and of finitude underlie recurring anxieties about the humanities in our current geopolitical situation? How can we think about the unpredictable and unthought dimensions of praxis implicit in the very notion of futurity? The essays here argue that the

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uncertainty of the future represents both an opportunity for critical engagement and a matrix for invention. Broadly conceived, the notion of invention, or cultural poiesis, questions the key assumptions and tasks of a whole range of practices in the humanities, beginning with critique, artistic practices, and intellectual inquiry, and ending with technology, emancipatory politics, and ethics. The essays discuss a wide range of key figures (e.g., Deleuze, Freud, Lacan, Foucault, Kristeva, Irigaray), problems (e.g., becoming, kinship and the foreign, "disposable populations" within a global political economy, queerness and the death drive, the parapoetic, electronic textuality, invention and accountability, political and social reform in Latin America), disciplines and methodologies (philosophy, art and art history, visuality, political theory, criticism and critique, psychoanalysis, gender analysis, architecture, literature, art). The volume should be required reading for all who feel a deep commitment to the humanities, its practices, and its future.

The Transformative Power of The Goddesses of Yoga How do you live a life of spiritual awakening as well as outer abundance, inner freedom as well as deep intimacy? How do you serve the world selflessly, yet passionately celebrate your life? The sages of Tantra have known for centuries that when you follow the path of Shakti — the sacred feminine principle personified by the goddesses of yoga — these gifts can manifest spontaneously. Yet most of us, women as well as men, have yet to experience the full potential of our inner feminine energies. In *Awakening Shakti*, you will learn how to recognize and invite:

- Kali, bringer of strength, fierce love, and untamed freedom
- Lakshmi, who confers prosperity and beauty
- Saraswati, for clarity of communication and intuition
- Radha, who carries the divine energy of spiritual longing
- Bhuvaneshvari, who creates the space for sacred transformation
- Parvati,

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to awaken creativity and the capacity to love With a wealth of meditations, visualizations, mantras, teachings, and beautifully told stories, Awakening Shakti provides a practical guide for activating the currents of the divine feminine in every aspect of your life. Sally Kempton has been studying and teaching the wisdom of yoga for 45 years. A highly regarded teacher of meditation and spiritual philosophy, she writes the popular Yoga Journal column "Wisdom." Sally teaches retreats, teleclasses and workshops internationally. She resides in Carmel Valley, California. Illustrator Ekabhumi Charles Ellik is a poet, artist, husband, student, and teacher of Classical Tantric Hatha Yoga. A student of Nepalese master painter Dinesh Charan, he also studied painting in the lineage of Harish Johari.

From what could only have originated from the mind of "El Topo" director, and "The Metabarons" author, Alexandro Jodorowsky, "Bouncer" follows the adventures of a one armed gunslinger and sometimes saloon bouncer in one of the Wild West's many dangerous and vice-infested towns. Drawn by acclaimed artist François Boucq in a gritty and realistic style. The complete series of filmmaker Alejandro Jodorowsky's spiritual comics, translated into English for the first time • Contains all 284 of Jodo's Panic Fables comics, published weekly from 1967 to 1973 in Mexico City's El Herald newspaper • Includes an introduction describing how the Panic Fables came to be • Explains how he incorporated Zen teachings, initiatory wisdom, and sacred symbology into his Panic Fables, as well as himself as one of the characters In 1967, in response to theatrical censorship rules that put him on the political "black list" in Mexico City and caused his plays and his pantomime classes at the School of Fine Arts to be cancelled, Alejandro Jodorowsky decided to pursue a new form of artistic expression to earn his living: comics. Working with his friend Luis Spota, the editor of the

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cultural section of the newspaper El Heraldo de México, Jodo initially planned 3 months' worth of weekly comics, which he would draw himself. However, his "Panic Fables"--named after his early '60s avant-garde theater movement in Paris--were met with such insatiable popularity that he continued the series for six and a half years, from June 1967 until December 1973. Appearing for the first time in English, this book presents all 284 of Jodorowsky's Panic Fables in full color, along with an introduction by the author. He reveals how his first comics reflected his pessimism about the future and the meaning of life, the negativity of which soon exhausted him. He realized he needed to show the positivity that he encountered in life, and thus, little by little, he began incorporating Zen teachings, initiatory wisdom, and sacred symbology into his Panic Fables. Through this transformation and the outpouring of support from his devoted readers, many of whom cite the Panic Fables as providing pivotal guidance during their adolescence, Jodo discovered that art can serve to heal as well as raise consciousness. Writing himself into his comics, Jodo can be glimpsed as the character of the disciple who talks with his master and, as the series progresses, gradually grows to assume the role of master, providing psychomagic solutions to the problems of everyday life. In reading the complete Panic Fables in chronological order, much like his film *The Dance of Reality*, we witness in colorful detail Jodorowsky's own path of spiritual growth.

A traditional Native American healer from the Karuk tribe shares his personal story of reconnection to the Great Spirit in contemporary America. • By Bobby Lake-Thom, author of the bestseller *Native Healer*. • Provides Native American shamanic perspective on disease and healing. • Explores indigenous social identity in a spiritual and political context. • Reveals authentic indigenous traditions and ceremonies from numerous tribes. This redemption story of

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Native American healer Bobby Lake-Thom invites the reader to enter a world of authentic indigenous traditions and ceremonies. Bobby, also known as Medicine Grizzly Bear, didn't recognize his shamanic calling at first. He didn't know that his vivid dreams, psychic abilities, and visitations by wild animals and ghostly figures were calls from the Great Spirit. In the age-old shamanic tradition, it took a near-death experience for the message to get through to him. Though still a young man, he was wracked with debilitating arthritis. Unable to handle the physical and psychic pain, he set out into the wilderness determined to kill himself with an overdose of drugs and alcohol. But before downing the substances, he approximated a Native American ceremony as best he could, sending a heartfelt prayer for assistance to the Great Spirit. He woke up--alive--the next morning and received a message from Eagle, telling him to seek help from Wahsek, a medicine man in the northern mountains. And so Bobby's apprenticeship began. Forbidden to reveal Wahsek's secrets until 10 years after his death, Bobby is now free to share this fascinating story with the world.

Unravel the Mysteries of the Classic Marseille Tarot with This Comprehensive, Full-Color Guide Explore the deep symbolism of a frequently misunderstood deck and use the cards to answer the important questions of life. The Marseille Tarot Revealed explains everything you need to know to start or deepen your Marseille Tarot practice, including history, decks, readings, spreads, symbols, and much more. Yoav Ben-Dov shares the meaning of the Marseille art motifs and specific reading techniques that can be used with any tarot deck to help you tap in to your own intuition. With full-color illustrations and interpretations for each card, this book is a must-have for anyone

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who's interested in one of the world's most influential decks. Note: This book is comprised of material previously published as Tarot: The Open Reading by Yoav Ben-Dov. Classic Marseille Decks New Marseille Decks The French School The English School Tarot and the New Age Handling the Cards Shuffling the Deck How to Read The Meaning of Cards Basic Spreads Reverse Cards The Symbolic Language Master the tarot cards with essential skills and methods for insightful readings in everyday situations! Are you ready to come face to face with the tarot deck and develop your unique reading style? This comprehensive guidebook is a fun, practical, and easy-to-follow tool with everything you need to become a confident and accurate reader. Based on over thirty years of tarot reading experience and an extensive survey of readers, Tarot Face to Face is your key to un-locking the essential skills and methods of tarot. Inside you'll discover numerous spreads, exercises, and interpretation strategies specially developed for using tarot in many ways, from party games to magical applications. Whether you're an aspiring learner or a master of the craft, this amazing guide provides tarot-reading techniques for any occasion with friends, family, or professional clients.

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A science journalist explores the latest research on dreams—how they work, what they're for, and how we can reap the benefits. While on a research trip in Peru, science

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journalist Alice Robb became hooked on lucid dreaming—the uncanny phenomenon in which a sleeping person can realize that they’re dreaming and even control the dreamed experience. Finding these forays both puzzling and exhilarating, Robb dug deeper into the science of dreams at an extremely opportune moment: just as researchers began to understand why dreams exist. They aren’t just random events; they have clear purposes. They help us learn and even overcome psychic trauma. Robb draws on fresh and forgotten research, as well as her experience and that of other dream experts, to show why dreams are vital to our emotional and physical health. She explains how we can remember our dreams better—and why we should. She traces the intricate links between dreaming and creativity, and even offers advice on how we can relish the intense adventure of lucid dreaming for ourselves. *Why We Dream* is both a cutting-edge examination of the meaning and purpose of our nightly visions and a guide to changing our dream lives in order to make our waking lives richer, healthier, and happier. “Robb offers a welcome antidote to the medicine administered by most sleep gurus.” —*New Yorker*

A leading astronomer proves that India had a thriving civilization capable of sophisticated astronomy long before Greece, Egypt, or any other world culture. • Provides conclusive evidence that the Rig Veda is 12,000 years old. • Establishes actual dates and places for many of the events in the Hindu epics. For more than a century scholars have debated the antiquity of the Vedas and their related literature, the

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Brahmanas and Puranas. Relying upon a host of assumptions from linguistic theory, anthropology, and archaeology, they have agreed upon 1500 b.c. as the earliest possible date for the Rig Veda, itself the oldest extant example of Indo-European literature. But in this groundbreaking book, astronomer B. G. Sidharth proves conclusively that the earliest portions of the Rig Veda can be dated as far back as 10,000 b.c. By deciphering the astronomical events and alignments contained in mythical and symbolic form in these ancient texts, Sidharth calls into question many if not all of the assumptions governing Indo-European prehistory. He explores such subjects as the astronomical significance of many Hindu deities and myths, the system of lunar asterisms used to mark time, the identity of the Asvins, and the sophisticated calendar of the ancients that harmonized solar and lunar cycles. Sidharth provides incontrovertible evidence that such "advanced" astronomical concepts as precession, heliocentrism, and the eclipse cycle are encoded in these ancient texts, passages of which make perfect sense only if these astronomical keys are known. Based on internal evidence in the Mahabharata and Ramayana, he also becomes the first to establish likely dates--and even places--for the events described in these famous epics. The Celestial Key to the Vedas is sure to astonish anyone concerned with astronomy, India, or the roots of civilization.

In Magic's Reason, Graham M. Jones tells the entwined stories of anthropology and entertainment magic. The two pursuits are not as separate as they may seem at first.

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As Jones shows, they not only matured around the same time, but they also shared mutually reinforcing stances toward modernity and rationality. It is no historical accident, for example, that colonial ethnographers drew analogies between Western magicians and native ritual performers, who, in their view, hoodwinked gullible people into believing their sleight of hand was divine. Using French magicians' engagements with North African ritual performers as a case study, Jones shows how magic became enshrined in anthropological reasoning. Acknowledging the residue of magic's colonial origins doesn't require us to dispense with it. Rather, through this radical reassessment of classic anthropological ideas, *Magic's Reason* develops a new perspective on the promise and peril of cross-cultural comparison.

A GOOP insider and advisor to Gwyneth Paltrow, Emily Blunt, Tim Robbins, Stella McCartney and others, Dr Sadeghi shows you how to turn obstacles into healing and energising opportunities. Based on the powerful mind-body strategy Dr Habib Sadeghi developed to help himself recover from cancer more than twenty years ago, **THE CLARITY CLEANSE** will enable you to clear your mind and heal your body. The Clarity Cleanse has two components: **DIETARY** and **EMOTIONAL**. The diet is designed to negate the physical residue of repressed emotions in the organs most affected by negativity. By following this diet for 10 days a month while alternating between emotional purging exercises - 12-minute writings and 12-minute dialogues - readers will find emotional clarity, clarity of vision and clarity of action in their daily lives. With **THE**

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CLARITY CLEANSE you learn how to: · Create clear intention · Purge negative emotions · Practice compassionate self-forgiveness · Refocus negative energy to move beyond doubt and fear · Ask the kind of questions that will help your relationships By following the twelve steps in this book, you will achieve a sense of peace and control, raise your self-esteem, and assert yourself in new ways to achieve positive and lasting change. Then, finally, you will be able to express your true, authentic self.

Includes an audio CD of the author reading! For nearly four decades, Juan Felipe Herrera has documented his experience as a Chicano in the United States and Latin America through stunning, memorable poetry that is both personal and universal in its impact, themes, and approach. Often political, never fainthearted, his career has been marked by tremendous virtuosity and a unique sensibility for uncovering the unknown and the unexpected. Through a variety of stages and transformations, Herrera has evolved more than almost any other Chicano poet, always re-inventing himself into a more mature and seasoned voice. Now, in this unprecedented collection, we encounter the trajectory of this highly innovative and original writer, bringing the full scope of his singular vision into view. Beginning with early material from *A Certain Man* and moving through thirteen of his collections into new, previously unpublished work, this assemblage also includes an audio CD of the author reading twenty-four selected poems aloud. Serious scholars and readers alike will now have available to them a representative set of glimpses into his production as well as his origins and personal

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development. The ultimate value of bringing together such a collection, however, is that it will allow us to better understand and appreciate the complexity of what this major American poet is all about.

Acclaimed writer Jodorowsky puts a supernatural spin on one of the greatest myths in the history of France, *The Man in the Iron Mask*, rewritten as a grand, esoteric fable. The 18th century. In a monastery in the North of Spain hides the sacred temple of the Knights of Heliopolis: an assembly of immortal alchemists cut off from the world. As disciple Seventeen prepares to complete his training and integrate order, his master Fulcanelli reveals to the other knights the terrible secret of his origins – Seventeen is actually the hidden son of King Louis XVI and Marie-Antoinette! Will the young heir remain in the shadows, faithful to the millennial precepts of Alchemy, or reveal himself and claim the throne?

A long-awaited new edition of the seminal text on the spiritual system that is a convergence of Gnosticism and Haitian voodoo, *The Voudon Gnostic Workbook* is a singular sacred work that is comprehensive in scope -- from "how to be a lucky Hoodoo" to how magick and voodoo intersect energetically, to esoteric time travel. Complete with charts and graphs and instructive interdimensional physics, *The Voudon Gnostic Workbook* is an "object of desire" among students of the occult. Weiser's long-anticipated republication of this rare text will be an event in

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the annals of esoteric publishing, as the book itself is somewhat of an "unholy grail." There are listservers devoted to it and much discussion of the mysteries held within its pages. While *The Voudon Gnostic Workbook* has remained a controversial book considered important for masters of metaphysics, it recently came into popular culture and renewed popularity when Grant Morrison revealed it had been the inspiration for his cult comics *The Invisibles*, using the cribbed time travel from Bertiaux's masterwork. Voodoo is not an evil religion and is much misunderstood. It derives from the Dahomean Gods called the "Loa." Esoteric voodoo is actually a highly practical procedure for leading us into making contact with the deepest levels of our being and most ancient modes of consciousness. Michael Bertiaux's *Voudon Gnostic Workbook* is the most comprehensive and illuminating contemporary book on the subject. Launched out of a correspondence course and series of classes for students and followers of Voudon Gnosticism and the OTO, this seminal text is at once one of the most mysterious and magnificent of all esoteric books.

The comedic and ironic misadventures of a confused Philosophy professor on the path to spiritual awakening. PUBLICATION IN 3 VOLUMES - COMPLETED SERIES Alan Mangel has it all. As a popular Philosophy Professor at the world famous Université de La Sorbonne, he is wealthy, married and academically

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acclaimed. On his sixtieth birthday, however, Alan's life will crumble as Elisabeth, a beautiful young student, claims she received a vision from God that he is to impregnate her with the second-coming of John the Baptist. As Alan gives himself up to the wild forces bullying him through life, he engages on a spiritual journey that challenges his very "reality." Everything once true is proven to be false. Everything once false is proven to be true. One of the most compelling and personal works by legendary international comics superstars Moebius and Alexandro Jodorowsky ("The Incal").

The first in a library of deluxe matching volumes collecting the works of Alejandro Jodorowsky! Beginning a twelve-volume collection gathering the complete Humanoids works of legend Alejandro Jodorowsky in a series of matching hardcover editions! Included in this volume are Anibal 5 and Megalex, as well as a selection of stories from Screaming Planet with artwork by Adi Granov, Axel Medellin, and others. Each volume includes previously unseen bonus materials and extras!

Exploration of ancient shamanism, unlocking the power as the Cosmos, and discovering the unlimited healing of our consciousness.

" The Best Alejandro Jodorowsky Quotation Book ever Published. Special Edition This book of Alejandro Jodorowsky quotes contains only the rarest and most

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valuable quotations ever recorded about Alejandro Jodorowsky, authored by a team of experienced researchers. Hundreds of hours have been spent in sourcing, editing and verifying only the best quotations about Alejandro Jodorowsky for your reading pleasure, saving you time and expensive referencing costs. This book contains over 33 pages of quotations which are immaculately presented and formatted for premium consumption. Be inspired by these Alejandro Jodorowsky quotes; this book is a niche classic which will have you coming back to enjoy time and time again. What's Inside: Contains only the best quotations on Alejandro Jodorowsky Over 33 pages of premium content Beautifully formatted and edited for maximum enjoyment Makes for the perfect niche gift for you or someone special Enjoy such quotes such as: Santa Sangre' is the picture I love the best, myself, because 'El Topo' and 'The Holy Mountain' I made with my head, and 'Santa Sangre' I made with my feelings, with my heart. It's an emotional picture. And it's more real for me, that picture. Alejandro Jodorowsky A man doesn't cry. In my life, I've never cried. I cannot do it. I am a man. How will I cry? Alejandro Jodorowsky A person is not the same in his life at all times. Your consciousness is developing all the time. When I started making 'El Topo,' I was one person. When I finished that picture, I was another person. Alejandro Jodorowsky A true artist is always out of his time. Alejandro

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Jodorowsky Accepting death is a massive problem for everybody. Alejandro Jodorowsky All my life, I have never found a person who really loved this world. Every person hates the world, how he is. ... And much more! Click Add to Cart and Enjoy!"

A workbook for using symbolic acts to heal the unconscious mind • Provides several hundred successful psychomagic solutions for a wide range of specific psychological, sexual, emotional, and physical problems, from stuttering, eczema, and fears to repressed rage and hereditary illnesses • Details how practitioners can develop unique psychomagic solutions for their patients • Explains how psychomagic bypasses the rational mind to work directly with the unconscious for quicker and more enduring change Traditional psychotherapy seeks to unburden the unconscious mind purely through talk and discussion. Psychomagic recognizes that it is difficult to reach the unconscious with rational thought. We should instead speak directly to the unconscious in its own language, that of dreams, poetry, and symbolic acts. By interacting on this deeper level, we can initiate quicker and more enduring change to resolve repressed childhood trauma, express buried emotions, and overcome deep-seated intimacy issues. Through the lens of psychomagic, illness can be seen as the physical dream of the unconscious, revealing unresolved issues, some

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passed from generation to generation. In this workbook of psychomagic spells, legendary filmmaker and creator of psychomagic Alejandro Jodorowsky provides several hundred successful psychomagic solutions for a wide range of psychological, sexual, emotional, and physical problems from stuttering, eczema, and fear of failure to repressed rage, hereditary illnesses, and domineering parents. Each solution takes the same elements associated with a negative emotional charge and recasts them into a series of theatrical symbolic actions that enable one to pay the psychological debts hindering their lives. Explaining the shamanic techniques at the foundation of psychomagic, the author offers methods for aspiring practitioners to develop solutions for their own unique patients. Jodorowsky explains how the surreal acts of psychomagic are intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper, more authentic self. As he says in the book, "Health only finds itself in the authentic. There is no beauty without authenticity." Tapping into the political power of magic and astrology for social, community, and personal transformation. In a cross-cultural approach to understanding astrology as a magical language, Alice Sparkly Kat unmask the political power of astrology, showing how it can be channeled as a force for collective healing and liberation. Too often, magic and astrology are divorced from their potency and

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cultural contexts: co-opted by neoliberalism, used as a force of oppression, or distilled beyond recognition into applications that belie their individual and collective power. By looking at the symbolic and etymological histories of the sun, moon, Saturn, Venus, Mercury, Mars, and Jupiter, we can trace and understand the politics of magic--and challenge our own practices, interrogate our truths, and reshape our institutions to build better frameworks for communities of care.

Fearless, radical, and fresh, Sparkly Kat's Postcolonial Astrology ushers in a new wave of astrology revival, refusing to apologize for its magickism and connecting its power to the spirituality and politics we need now. Intersectional, inclusive, and geared towards queer and POC communities, it uses our historical and collective constructs of the planets, sun, and moon to re-chart our subconscious history, redefine the body in the world, and assert our politics of the personal, in astrology and all things.

Draws on cosmological phenomena of the modern world as well as the author's own research into shamanic and metaphysical belief systems to support the Mayan theory about an unprecedented global shift predicted for the year 2012. A bestselling author shows how we can reclaim and make peace with the "shadow" side of our personality.

Filmmaker Alejandro Jodorowsky's insights into the Tarot as a spiritual path • Works with the

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original Marseille Tarot to reveal the roots of Western wisdom • Provides the key to the symbolic language of the Tarot's "nomadic cathedral" • Transforms a simple divination tool into a vehicle for self-realization and healing Alejandro Jodorowsky's profound study of the Tarot, which began in the early 1950s, reveals it to be far more than a simple divination device. The Tarot is first and foremost a powerful instrument of self-knowledge and a representation of the structure of the soul. The Way of Tarot shows that the entire deck is structured like a temple, or a mandala, which is both an image of the world and a representation of the divine. The authors use the sacred art of the original Marseille Tarot--created during a time of religious tolerance in the 11th century--to reconnect with the roots of the Tarot's Western esoteric wisdom. They explain that the Tarot is a "nomadic cathedral" whose parts--the 78 cards or "arcana"--should always be viewed with an awareness of the whole structure. This understanding is essential to fully grasp the Tarot's hermetic symbolism. The authors explore the secret associations behind the hierarchy of the cards and the correspondences between the suits and energies within human beings. Each description of the Major Arcana includes key word summaries, symbolic meanings, traditional interpretations, and a section where the card speaks for itself. Jodorowsky and Costa then take the art of reading the Tarot to a depth never before possible. Using their work with Tarology, a new psychological approach that uses the symbolism and optical language of the Tarot to create a mirror image of the personality, they offer a powerful tool for self-realization, creativity, and healing. Penczak invites witches to continue their spiritual evolution by exploring the ceremonial arts. Learn how these two traditions intersect in history and modern magickal practice. Ritual scholars note that rituals have powerful psychological, social and even biological effects,

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but these findings have not yet been integrated into the practice of psychotherapy and psychiatry. In *Healing Symbols in Psychotherapy* Erik D. Goodwyn attempts to rectify this by reviewing the most pertinent work done in the area of ritual study and applying it to the practice of psychotherapy and psychiatry, providing a new framework with which to approach therapy. The book combines ritual study with depth psychology, placebo study, biogenetic structuralism and cognitive anthropology to create a model of interdisciplinary psychology. Goodwyn uses examples of rituals from history, folklore and cross-cultural study and uncovers the universal themes embedded within them as well as their psychological functions. As ritual scholars show time and again how Western culture and medicine is 'ritually impoverished' the application of ritual themes to therapy yields many new avenues for healing. The interdisciplinary model used here suggests new ways to approach problems with basic identity, complicated grief, anxiety, depression meaninglessness and a host of other problems encountered in clinical work. The interdisciplinary approach of this accessibly-written book will appeal to psychotherapists, psychiatrists and Jungian analysts as well as those in training and readers with an interest in the science behind ritual.

Analyzing the work of Burning Man, the SF Institute of Possibility, the Jejune Institute, and other groups, this book is a how-to manual for designing transformative or "psychomagic" experiences.

From the psychomagic guru who brought you *The Holy Mountain* and *Where the Bird Sings Best* comes a supernatural love-and-horror story in which a beautiful albino giantess unleashes the slaving animal lurking inside the men of a small village. When two women—an amnesiac goddess and her protector, a leather-tough woman called Crabby—arrive in a Chilean desert

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town, Albina's otherworldly allure and unfettered sensuality turn men into wild beasts. Chased by a clubfooted corrupt cop, evil corporate overlords, giant-hare-riding narcos, and Himalayan cultists, Albina and Crabby must find a magical cactus that will cure Albina and the men's monstrous affliction before the town consumes itself in an orgy of lust and violence. Albina and the Dog-Men is Alejandro Jodorowsky's darkly funny, shocking, and surreal hybrid of mystical folktale, road novel, horror story, and social parable, ultimately uniting in a universal story of love against the odds and what makes us human. Praise for Albina and the Dog-Men "Deeply psychological and mysterious, the book will stimulate the imagination of the reader's mind to the extreme." —Marina Abramovi? "In his latest novel, Jodorowsky builds on his multi-decade long assault of the public imagination . . . a fantastical and genre-defying parable of love and friendship. . . . Throughout this dark dream of a novel, Jodorowsky's writing is comic and occasionally mesmerizing. It is also ripe with horror and philosophical questions about what it means to belong, everywhere and nowhere. And while some of the subject matter is disturbing, it often carries the air of something ancient that you read children by a fire. For years Jodorowsky has proven the intensity of his imagination, and how far he is willing to go to present his singular vision to the world. He is a fully realized artist whose tales demand attention. At its core, Albina and the Dog-Men is a love story about two people committed to one another's survival and to discovering their potential. And, as with life, it is sometimes only through the weathering of a storm that our true capacities are made clear." —Juan Vidal, NPR Books "[Albina and the Dog-Men] may be the ultimate piece of Jodorowsky arcana, a mind-bending adventure story on par with his wildest cinematic visions. . . . A surrealist novel par excellence, Albina and the Dog-Men is a dream, a prophecy, a hallucination, and a

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transfiguration such as only Jodorowsky could induce.” —Publishers Weekly “Composed like a feverish fairytale, *Albina and the Dog-Men* is a South American parable of self-acceptance and belonging that is fueled by prurience and colored with vivid, hallucinogenic details. . . . No moment of Jodorowsky’s book is at all predictable or familiar, and those who have a taste for the uncanny will be in awe over its undulations into strange, even godly, territory. The sensuality of the prose thickens as Albina’s situation becomes more tenuous, resulting in heady and appealing constructions. . . . As Albina and her followers traipse over barren lands and into forests protected by ancient Incans, the novel winds toward territory both magical and needfully human. The surreal methods of redemption in the novel’s final pages prove both glorious and moving. Jodorowsky’s is a work of unforgettable weirdness, a work whose movements are directed by sometimes violent mysticism and whose final lessons may speak to all who have ever dreamed of transformation.” —Michelle Anne Schingler, Foreword Reviews, Five-Star Review

A healing path using the power of dreams, theater, poetry, and shamanism • Shows how psychological realizations can cause true transformation when manifested by concrete poetic acts • Includes many examples of the surreal but successful actions Jodorowsky has prescribed to those seeking his help While living in Mexico, Alejandro Jodorowsky became familiar with the colorful and effective cures provided by folk healers. He realized that it is easier for the unconscious to understand the language of dreams than that of rationality. Illness can even be seen as a physical dream that reveals unresolved emotional and psychological problems. Psychomagic presents the shamanic and genealogical principles Jodorowsky discovered to create a healing therapy that could use the powers of dreams, art,

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and theater to empower individuals to heal wounds that in some cases had traveled through generations. The concrete and often surreal poetic actions Jodorowsky employs are part of an elaborate strategy intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper self. That is when true transformation can manifest. For a young man who complained that he lived only in his head and was unable to grab hold of reality and advance toward the financial autonomy he desired, Jodorowsky gave the prescription to paste two gold coins to the soles of his shoes so that all day he would be walking on gold. A judge whose vanity was ruling his every move was given the task of dressing like a tramp and begging outside one of the fashionable restaurants he loved to frequent while pulling glass doll eyes out of his pockets. The lesson for him was that if a tramp can fill his pockets with eyeballs, then they must be of no value, and thus the eyes of others should have no bearing on who you are and what you do. Taking his patients directly at their words, Jodorowsky takes the same elements associated with a negative emotional charge and recasts them in an action that will make them positive and enable them to pay the psychological debts hindering their lives.

Psychotherapist and filmmaker Alejandro Jodorowsky offers strategies for using the power of dreams, theater, poetry, and shamanism to heal wounds and overcome psychological challenges.

A definitive look at the life of legendary filmmaker Alejandro Jodorowsky and his many wild creative ventures throughout his 90 years on earth. A journey through Jodorowsky's personal life, his life in the theater, his rebirth as a 70s cinematic cult figure and of course, his work on Dune, the unfinished masterpiece. No biography would be complete without an in-depth look

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into his life in the world of comics and his collaborations with Moebius. Poetry, Tarot, Esoterism, Spirituality, Mythical Cabarets and the overall Jodo philosophy. It's all here between these pages.

Recent research has repeatedly confirmed that it is not the technique nor the theory, but the interaction between therapists and clients that creates change in clients. This practical guide outlines the ways in which psychotherapists can find new methods of moving their therapy sessions toward dynamic, healing interactions by shifting away from an overreliance on techniques and theories. The Art of Creating a Magical Session discusses the key elements needed to create the interaction conditions for transformational therapeutic change to occur. Using a conceptual approach to client transformation, the book draws from a diverse range of sources including indigenous traditions and rituals, as well as the latest research on the common factors that contribute to success in the therapy room. Each chapter focuses on educating and inspiring mental health professionals to easily adapt and apply creative and resourceful approaches to help their own clients begin inner transformations. With case studies and narratives woven throughout, this accessible guide will support mental health practitioners as they approach their practice in new ways and achieve deeper, and more magical, therapy sessions. It will be valuable reading for psychotherapists, psychologists, social workers and counselors.

Alejandro Jodorowsky and Milo Manara's four-part sweeping saga of sex, blood, and religion is now collected in a trade paperback edition for the first time ever, a perfect companion volume to Dark Horse's award-winning Manara Library series! When Pope Innocent VIII dies, the corrupt, licentious Cardinal Rodrigo Borgia schemes, murders, and seduces his way into

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becoming the new Pope, immediately securing positions for his family and thereby ensuring a Borgia dynasty. With breathtakingly beautiful painted artwork by Manara, this account of Italy's first Mafia family is among comics'--and history's--sexiest, most violent, and most engaging epics! Borgia vols. 1-4 (also exists in HC format)

Jodorowsky's memoirs of his experiences with Master Takata and the group of wisewomen--magiciennes--who influenced his spiritual growth • Reveals Jodorowsky turning the same unsparing spiritual vision seen in *El Topo* to his own spiritual quest • Shows how the author's spiritual insight and progress was catalyzed repeatedly by wisewoman shamans and healers In 1970, John Lennon introduced to the world Alejandro Jodorowsky and the movie, *El Topo*, that he wrote, starred in, and directed. The movie and its author instantly became a counterculture icon. The New York Times said the film "demands to be seen," and Newsweek called it "An Extraordinary Movie!" But that was only the beginning of the story and the controversy of *El Topo*, and the journey of its brilliant creator. His spiritual quest began with the Japanese master Ejo Takata, the man who introduced him to the practice of meditation, Zen Buddhism, and the wisdom of the koans. Yet in this autobiographical account of his spiritual journey, Jodorowsky reveals that it was a small group of wisewomen, far removed from the world of Buddhism, who initiated him and taught him how to put the wisdom he had learned from his master into practice. At the direction of Takata, Jodorowsky became a student of the surrealist painter Leonora Carrington, thus beginning a journey in which vital spiritual lessons were transmitted to him by various women who were masters of their particular crafts. These women included Doña Magdalena, who taught him "initiatic" or spiritual massage; the powerful Mexican actress known as La Tigresa (the "tigress"); and Reyna D'Assia, daughter of the

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famed spiritual teacher G. I. Gurdjieff. Other important wisewomen on Jodorowsky's spiritual path include María Sabina, the priestess of the sacred mushrooms; the healer Pachita; and the Chilean singer Violeta Parra. The teachings of these women enabled him to discard the emotional armor that was hindering his advancement on the path of spiritual awareness and enlightenment.

Theatre, in some respects, resembles a market. Stories, rituals, ideas, perceptive modes, conversations, rules, techniques, behavior patterns, actions, language, and objects constantly circulate back and forth between theatre and the other cultural institutions that make up everyday life in the twentieth century. These exchanges, which challenge the established concept of theatre in a way that demands to be understood, form the core of Erika Fischer-Lichte's dynamic book. Each eclectic essay investigates the boundaries that separate theatre from other cultural domains. Every encounter between theatre and other art forms and institutions renegotiates and redefines these boundaries as part of an ongoing process. Drawing on a wealth of fascinating examples, both historical and contemporary, Fischer-Lichte reveals new perspectives in theatre research from quite a number of different approaches. Energetically and excitingly, she theorizes history, theorizes and historicizes performance analysis, and historicizes theory.

The magnum opus from Alejandro Jodorowsky—director of *The Holy Mountain*, star of Jodorowsky's *Dune*, spiritual guru behind *Psychomagic* and *The Way of Tarot*, innovator behind classic comics *The Incal* and *Metabarons*, and legend of Latin American literature. There has never been an artist like the polymathic Chilean director, author, and mystic Alejandro Jodorowsky. For eight decades, he has blazed new trails across a dazzling variety of

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creative fields. While his psychedelic, visionary films have been celebrated by the likes of John Lennon, Marina Abramovic, and Kanye West, his novels—praised throughout Latin America in the same breath as those of Gabriel García Márquez—have remained largely unknown in the English-speaking world. Until now. *Where the Bird Sings Best* tells the fantastic story of the Jodorowskys' emigration from Ukraine to Chile amidst the political and cultural upheavals of the 19th and 20th centuries. Like *One Hundred Years of Solitude*, Jodorowsky's book transforms family history into heroic legend: incestuous beekeepers hide their crime with a living cloak of bees, a czar fakes his own death to live as a hermit amongst the animals, a devout grandfather confides only in the ghost of a wise rabbi, a transgender ballerina with a voracious sexual appetite holds a would-be saint in thrall. Kaleidoscopic, exhilarating, and erotic, *Where the Bird Sings Best* expands the classic immigration story to mythic proportions. Praise "This epic family saga, reminiscent of Gabriel García Márquez's *One Hundred Years of Solitude* in structure and breadth, reads at a breakneck pace. Though ostensibly a novelization of the author's own family history, it is a raucous carnival of the surreal, mystical, and grotesque." —Publishers Weekly "A man whose life has been defined by cosmic ambitions." —The New York Times Magazine "A great eccentric original....A legendary man of many trades." —Roger Ebert For more information on Alejandro Jodorowsky, please visit www.restlessbooks.com/alejandro-jodorowsky "Bilingual Spanish/English edition of the Chilean poetry collection by Nicanor Parra"--Provided by publisher.

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