

Raw Dog Food Make It Easy For You And Your Dog

Lots of people enjoy making or buying treats for their pets, but wouldn't it be wonderful to cook a real meal for the four-legged member of the household? Quirky yet practical, these cookbooks provide recipes that are nutritionally balanced and veterinarian-approved. They even include sections on "tandem" recipes - recipes for humans that, with slight modifications, can also be served to pets. REAL FOOD FOR CATS is The Cat Lover's Cookbook, completely revised with new recipes, new information, and all-new illustrations.

Raw food diet offers a lot of health benefits for all dogs regardless of age or breed. This includes improved digestion, healthier skin and coat, reduced allergy symptoms, better weight management and firmer stool. This guide will show you the following: Why Raw food is great for your dog, Benefits and demerits of raw food diet for dogs, How to source for raw foods, Amount of raw feed to give, Delicious Recipes for Raw Food and so on. Download your copy today and build the best dog ever with raw food diet.

Ancestors and canine cousins of our dogs didn't eat "krunchy kibble" or "meat 'n gravy in a can." They ate what they found or caught... and it wasn't cooked or "enriched" either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! • Learn about the latest research on the importance of protein and healthy fats in your dog's diet. • Find out why commercial foods can't include these fragile-but-crucial nutrients, and how you can make sure your dog gets them. • Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding—wet or dry!

If you've just begun feeding your dog a raw diet, you likely have a lot of questions: What should I be feeding my pet? How much should I feed? How do I handle the food safely? Raw foods grown and processed in USDA-certified facilities with the utmost concern for cleanliness, humane treatment, and environmental impact ensure the highest quality products for you and your pets. Read on for helpful tips on how to feed your dog raw in the healthiest way possible. In this book, you will discover: - Physical traits and functions - Benefits of Feeding Your Dog the B.A.R.F. Diet - How to Get Your Dog Started on a Raw Diet - How to Make a Raw Food Diet for Dogs - Knowing the Right Balance - When is it NOT Good to Raw Feed Your Dog And so much more! Scroll up and click the "Buy now with 1-Click" button to get your copy now!

Dr. Doug Graham has taken the increasingly popular and tremendously successful low-fat, plant-based diet and turbo-charged it for unprecedented, off-the-charts results. Eclipsing even the astounding benefits so well documented by renowned health professionals who also advocate low-fat eating, Dr. Graham's plan is the first to present a low-fat diet and lifestyle program based exclusively around whole, fresh, uncooked fruits and vegetables. From effortless body weight management to unprecedented vibrant health and disease reversal to blockbuster athletic performance, The 80/10/10 Diet delivers in ways no other plan can even hope to match. But instead of reading our own tireless advocacy, here are stories of 811 success from around the world.

Offers seventy-five healthy recipes that nutritionally enhance pets' diets, and provides information on switching dogs and cats to a homemade diet and tailoring diets to pets' specific needs.

These recipes were not only designed for your convenience, but were also designed to provide your dog with balanced meals that, when alternated, will provide them with a well-rounded diet that will sustain your dog throughout their lives. For health-conscious pet owners, a natural, holistic guide to getting every canine back to his best, most primal state. From the tiniest teacup poodle to the most massive Great Dane, dogs' digestive systems are pure wolf. Fido's ancestors enjoyed a diet that was 45–50 percent protein, 40–50 percent fat, and less than 10 percent carbohydrates. Walk down the pet food aisle, however, and you'll find that typical commercial kibble is made mainly of starchy ingredients like peas, potatoes, corn, wheat, rice, and oats—nothing a prehistoric pup would dream of eating. This "healthy" mix is proving anything but: About 85 percent of dogs eat commercial dog food, and at least half of them are overweight or obese, with cancer killing 42 percent of all dogs and half of dogs over the age of 10. So how do you feed a wolf disguised as a pug? Paleo Dog guides readers through an assessment of their dogs' diet and helps them find the right balance of healthy ingredients. In addition to recipes and nutrition info, the book offers advice on what treats are safe, training tips, minimizing veterinary care, the benefits of exercise and massage, and how to ensure dogs are receiving the love and attention they need. Paleo Dog is the ultimate manual for any pet owner who wants to give her pet the longest and best quality of life.

Do you want to feed your furry best friend in a healthy and sustainable manner? Are you tired of reading scary dog food recalls that are putting your pets health at risk? Do you just want a simple solution that puts you in control, and allows for your dog to live a happier and healthier life? Then keep reading... When stepping into a grocery store or pet shop you are greeted with aisles and walls of different pet food options. All these bright colored packages of dry and wet foods creatively marketed to get your attention... unfortunately, most of these options are not necessarily the best and healthiest for your dog. Just as humans have switched from healthy, natural and traditional diets to processed and mass-produced foods, we have made the same choices on behalf of our dogs. We are feeding our dogs the same "fast food" day in and day out, and this limits their nutritional intake. Just as people need variety in their diet, so do dogs. After all, wouldn't you get tired of having spaghetti as your only meal for years on end? Luckily, there is a better way that is both simple and effective... a fresh food diet (either store-bought or homemade). Instead of eating biologically inappropriate

foods full of questionable meat sources and additives that can cause health problems, your pup can enjoy simple freshly cooked meals. You might be wondering... won't this homemade cooking take a long time? Or isn't this more expensive than buying a bag of food at my local store? This book will guide you through the entire process and you will find preparing healthy food for your dog is easier and less expensive than you think. Here's just a tiny bit of what you'll discover inside our 'Dog Nutrition & Cookbook' The problems with commercial pet foods (these facts will shock and surprise you). The 7 major nutrients dogs need in their diet. How much should your dog eat? Do you own a puppy or a senior dog? A large breed or a small guy or gal? They all have a different set of nutritional demands, and it's all covered inside. 25 foods dogs should steer clear of at all costs. More than 17 'PAWsitively' delicious meal recipes and 5 treat recipes that your dog will love and are guaranteed to spoil her/him with nutritional goodness. An easy to follow and prepare 2 week meal plan that will save you time and money. How to properly read a dog food label and understand what's really inside your dogs food. How to make mealtime positive and even more effective with simple training tricks. ... and much, much more. This is a great book for those looking to get more information on dog nutrition and keeping their dogs healthy. There is a lot of conflicting and overwhelming information out there. This guide simplifies the process and silences the noise. Ready to get started and find out more? It's as easy as scrolling up and tapping "Buy Now".

Raw dog food recipes: 45 Simple Homemade Raw Feeding Recipes For A Happier, Healthier & Longer Dog Life! is the ultimate guide for people who want to add raw dog food to their eating routine. This book contains easy-to-follow instructions that will help you make homemade raw dog food in no time. It includes more than 45 simple recipes with ingredients that are easily available at your local market. The author also included helpful information on how to stock up on equipment and supplies so you can always have all the necessary items for preparing raw dog food. Grab it now while it on sales before the price goes up

For more than 30 years, Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats has been the go-to resource for health-conscious animal lovers. This fourth edition is updated with the latest information in natural pet health, including groundbreaking research on the benefits of vegan diets for pets, as well as nutritionally complete recipes to give your pets optimal health that you can also enjoy, making home prepared diets easier than ever. The Pitcairns also discuss behavior issues, general nutrition, and a more humane approach to caring for pets. The Pitcairns have long been the trusted name in holistic veterinary care and continue to be at the forefront of natural pet health. Written with the same compassion and conviction, the fourth edition of Natural Health for Dogs & Cats will help you give your beloved animals the healthiest, happiest life.

NEW YORK TIMES BESTSELLER USA TODAY BESTSELLER NATIONAL INDIE BESTSELLER THE WASHINGTON POST BESTSELLER Recommended by Entertainment Weekly, Real Simple, NPR, Slate, and Oprah Magazine #1 Library Reads Pick—October 2020 #1 Indie Next Pick—October 2020 BOOK OF THE YEAR (2020) FINALIST—Book of The Month Club A “Best Of” Book From: Oprah Mag * CNN * Amazon * Amazon Editors * NPR * Goodreads * Bustle * PopSugar * BuzzFeed * Barnes & Noble * Kirkus Reviews * Lambda Literary * Nerdette * The Nerd Daily * Polygon * Library Reads * io9 * Smart Bitches Trashy Books * LiteraryHub * Medium * BookBub * The Mary Sue * Chicago Tribune * NY Daily News * SyFy Wire * Powells.com * Bookish * Book Riot * Library Reads Voter Favorite * In the vein of The Time Traveler's Wife and Life After Life, The Invisible Life of Addie LaRue is New York Times bestselling author V. E. Schwab's genre-defying tour de force. A Life No One Will Remember. A Story You Will Never Forget. France, 1714: in a moment of desperation, a young woman makes a Faustian bargain to live forever—and is cursed to be forgotten by everyone she meets. Thus begins the extraordinary life of Addie LaRue, and a dazzling adventure that will play out across centuries and continents, across history and art, as a young woman learns how far she will go to leave her mark on the world. But everything changes when, after nearly 300 years, Addie stumbles across a young man in a hidden bookstore and he remembers her name. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

The definitive guide to feeding your dog a balanced and nutritious raw and home-cooked diet, from the founder of a natural pets product company with over thirty years of experience working with dogs. Many people want to prepare their dog's meals at home, but feel it is too complex. Raw and Natural Nutrition for Dogs provides a road map to the essentials of canine nutrition, written in easy-to-understand language. Pet owners seeking to give their dogs a better coat, better skin, and healthier teeth and gums, as well as longer lives and more stable temperaments, will benefit not only from the background data in this book, but also the step-by-step instructions and recipes for preparing these diets. The book includes charts with the recipes, instructions on keeping diets simple and balanced, guidelines on preparation, suggestions for finding ingredients, and how much to feed a dog by body weight. There are recipes for healthy adult dogs, as well as guidelines for puppies, senior dogs, and dogs with health conditions including pancreatitis, renal problems, gastric issues, allergies, heart disease, liver disease, and cancer. Tracing the history of feeding dogs, the author shows when commercial dog food rose and took hold of the market. She discusses canine nutritional needs and provides research on how home-prepared foods can meet pets' needs better than commercial, processed dog food. Written with thorough information for the seasoned raw feeder, this guide can also be easily followed by any newcomer to home-feeding. This revised edition includes new information on special care and feeding of pregnant, newborn, performance, and toy breed dogs as well as senior dog considerations and the safety of the raw food diet for dogs. From the Trade Paperback edition.

This third book from Dr. Ian Billinghurst was written to help pet owners either understand or expand their knowledge of evolutionary diets for both dogs and cats. It contains important background research from his first two books together with lots of new information. Experienced "BARFers" will benefit from a number of new suggested recipes and practical information to assist in the home production of BARF diets - now everyone can do the BARF diet for their pets!

"Raw feeding should be simple." Scratching, itching, vomiting, diarrhea, yeast-filled ears and paws...these are the problems plaguing today's modern dog. The common culprit? An inappropriate diet. The solution? A species appropriate diet of fresh foods. In this book you will learn How to transition your dog to a fresh food diet How to prepare fresh food meals How to safely feed raw meaty bones Sanitary practices to prevent illness Important fresh food information By Scott Jay Marshall II "Dog Dad" Certified Raw Dog Food Nutrition Specialist Take the next step in your raw feeding journey and grab a copy today!

Do you really know what your dog is eating? Making your own healthy dog treats and meals lets you control what goes into his or her body thereby ensuring a nutritious snack or meal from wholesome foods which are vital to a long and vibrant life without chemicals, additives, or fillers. Do you know which foods are dog friendly and which ones are harmful? Do you know which spices and herbs provide not only flavor but healthy benefits? Do you know how to prepare vegetables and grains for better absorption? This informational cookbook answers all of these questions and is appropriate for first-time dog parents who want to make homemade treats once in a while or more experienced dog parents who cook for their pets every day as the author sustains a central focus on nutrients and balances this content with creative, fun and decadent ingredients to inspire readers into creative cooking. Finally a complete cookbook filled with easy to follow recipes using healthy ingredients you can easily find at your local grocery store. – baked treats like Lamb Nuggets and Puppermint Patties – grain free baked treats like All American Apple Pie and Holy Mackerel – frostings like Mashed Potato Frosting – no bake treats like Mighty Mutt Balls and Bark Beer – frozen treats like Fruity Ice Pups and Yogurt Melts – dehydrated treats like Champion Fish Chews and Chicken Chompers – meals like Hamburger Helper Canine Style and Sheperd's Pie – grain free meals like Canned Fish Stew and Thanksgiving Dinner Debby's journey as a dog nutrition blogger began in 2010 when she came to the realization she could feed her furkid better and safer wholesome foods than what was available from the pet industry. Soon she began sharing her knowledge on her website creating healthy recipes pawrents could feel good feeding their pets. Her muse, Kirby, is an energetic, playful dog with bright eyes, white teeth, and a soft, shiny coat. He has no allergies and is rarely sick. The dramatic transformations she saw in their foster dogs have been nothing short of amazing. She firmly believes "when good food goes in, great benefits shine out". This cookbook is her compilation of the diligence and extensive research she embarked upon to discover just what his body does and doesn't need to live a long, active and healthy life. Her passion is discovering new ingredients that are dog friendly and blending just the right amount of each to create something that is not only healthy but makes them drool. She doesn't claim to be a canine nutrition expert but rather a perpetual student of canine nutrition.

Raw feeding is the hottest topic in dog care today. You may have heard about the "BARF" diet - Biologically Appropriate Raw Foods. Learn why and how to feed your dog this new (but really OLD) diet. This book explains in simple, friendly and understandable terms the logic behind this approach. This fun and slightly irreverent book shows you how feeding your dog a raw diet can be effective, economical, and easy for you and healthy for your dog. Learn how to make it work for your dog and you!

Choosing the right dog food in a world with too many choices

Walking down the dog food aisle in a pet supply superstore can present you with an overwhelming number of choices. Reading about dog food on the internet can make your head spin with so many opinions and stories. And judging the content that you find on dog food packaging can be confusing and misleading. How can the average dog owner make an informed choice in accordance with her dog's age, size and condition? In her latest book, author Linda Case describes how to make logical, evidence-based decisions for what to feed your dog amid all the options available.

You will learn

- How pet food marketers appeal to your emotions to persuade you to buy a particular type of dog food.
- To distinguish between scientific, evidence-based information and the anecdotal evidence which is so pervasive—and often misleading—in the dog food arena.
- Is there a scientific basis for dog foods designed specifically for puppies, senior dogs, canine athletes—even various breeds of dogs?
- How to read and evaluate all of the material included on a typical package of dog food from the ingredients and label claims ("Natural," "Anti-Oxidant," "Low Fat"), to the Nutrient Analysis and Nutritional Adequacy statements.
- How to avoid choice paralysis and the cognitive traps that can interfere with clear decision making.

What experts are saying about *Dog Food Logic*

Pet food is like a religion for many—but now those strong emotional ties can be backed up with fact. Linda Case separates fact from fiction, explains the complex terms and offers a guide to pet nutrition in simple to comprehend language. Unlike other books on this topic, there is no agenda here—except to present facts and then allow pet owners to make their own logical conclusions, letting the kibble drop where it may.

Steve Dale, CABC, columnist Tribune Content Agency; radio host Black Dog Radio Productions and WGN Radio (Chicago); contributing editor USA Weekend; special correspondent Cat Fancy; author Good Cat!

Dog Food Logic is the indispensable guide to the science behind canine nutrition that will help us to make wise, well-informed choices about how and what we feed our dogs. It takes the fear out of trying to understand proper nutrition and will empower us to determine what is best for the health of our dogs.

Claudia Kawczynska, Founder and Editor-in-chief of The Bark

Don't read this book if you want someone to tell you what to feed your dog. This is a book for people who want to learn, in a reasoned and thoughtful way, how to figure it out for themselves. *Dog Food Logic* goes way beyond the usual textbook list of nutritional requirements to cover the pet food industry in all its glory: the history, the business, the marketing, and best of all, the science. Case deftly navigates the most controversial topics in pet food and presents the big picture without interjecting judgment about what approach is best. There's something here for everyone: pet care professionals and dog lovers alike will learn something new from this informative, easy to read, and well researched book.

Jessica Vogelsang, DVM, CVJ, author, speaker, and CEO of Pawcurious Media

Updating recommendations last made by the National Research Council in the mid-1980s, this report provides nutrient recommendations based on physical activity and stage in life, major factors that influence nutrient needs. It looks at how nutrients are metabolized in the bodies of dogs and cats, indications of nutrient deficiency, and diseases related to poor nutrition. The report provides a valuable resource for industry professionals formulating diets, scientists setting research agendas, government officials developing regulations for pet food labeling, and as a university textbook for dog and cat nutrition. It can also guide pet owners feeding decisions for their pets with information on specific nutrient needs, characteristics of different types of pet foods, and factors to consider when feeding cats and dogs.

The definitive guide to feeding your dog a balanced and nutritious raw and home-cooked diet, from the founder of a natural pets product company with over thirty years of experience working with dogs. Many people want to prepare their dog's meals at home, but feel it is too complex. *Raw and Natural Nutrition for Dogs* provides a road map to the essentials of canine nutrition, written in easy-to-understand language. Pet owners seeking to give their dogs a better coat, better skin, and healthier teeth and gums, as well as longer lives and more stable temperaments, will benefit not only from the background data in this book, but also the step-by-step instructions and recipes for preparing these diets. The book includes charts with the recipes, instructions on keeping diets simple and balanced, guidelines on preparation, suggestions for finding ingredients, and how much to feed a dog by body weight. There are recipes for healthy adult dogs, as well as guidelines for puppies, senior dogs, and dogs with health conditions including pancreatitis, renal problems, gastric issues, allergies, heart disease, liver disease, and cancer. Tracing the history of feeding dogs, the author shows when commercial dog food rose and took hold of the market. She discusses canine nutritional needs and provides research on how home-prepared foods can meet pets' needs better than commercial, processed dog food. Written with thorough information for the seasoned raw feeder, this guide can also be easily followed by any newcomer to home-feeding. This revised edition includes new information on special care and feeding of pregnant, newborn, performance, and toy breed dogs as well as senior dog considerations and the safety of the raw food diet for dogs.

4% of the pet lover population feed their dog or cat a raw food diet because it's species appropriate. Kimberly Gauthier, Dog Nutrition Blogger for Keep the Tail Wagging(R), is sharing her experience as a raw feeder, including how feeding a species appropriate diet to her dogs cured allergies, digestive issues, joint issues, chronic ear infections, yeast infections, some behavior issues, and more. Five years ago, a veterinarian told Kimberly that one of her dogs, Rodrigo, would live a short life. Today, Rodrigo is a happy, active, healthy dog and his health issues are in the past. Rodrigo used to go to the vet every other month, today, he goes annually for a check up. Imagine the money saved. Kimberly is raising four dogs on a raw food diet, treating any health issues that come up naturally and through nutrition with the help of two local holistic veterinarians. Raw feeding is becoming more mainstream as pet owners are looking for a healthy alternative to kibble and canned pet food. *A Novice's Guide to Raw Feeding for Dogs* is a great introduction to a species appropriate diet that is changing dogs' lives. Kimberly is the type of person who jumps back and forth between chapters when she reads a book, so she wrote this book with that type of reader in mind. Learn more about her mindset when she wrote *A Novice's Guide* here: <https://youtu.be/KxjIUJfjBTA>

Raw Dog Food Make it Easy for You and Your Dog Dogwise Publishing

A practical introduction to the trend towards feeding dogs in a natural and species-appropriate way With the debate raging about the most appropriate way to feed man's best friend, more and more dog owners are realizing that feeding raw meat, combined with fresh vegetables and oils, is a cheaper and--more importantly--healthier alternative to dry dog food and canned meat. Some of the positive effects of this diet can be seen in healthy skin, a glossy coat, less body and mouth odor, and a strong immune system. The author explains the raw food diet for dogs in a clear and practical way, demonstrating a daily routine, describing the ingredients, and dispelling the prejudices. Practical shopping lists are also compiled, describing meats that are especially beneficial for dogs and keeping at the ready negative lists of harmful substances that should be avoided in the grocery store. Suitability for daily use and practical relevance are in the foreground, making the raw food diet easy for anybody to manage.

Many dog parents, including breeders and competitors, believe that feeding a raw food diet has improved their dogs' health, performance and longevity. Learn how to source, prepare and feed your dog simply, economically and efficiently. The debut cookbook by the creator of the wildly popular blog *Damn Delicious* proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In *Damn Delicious*, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie

breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!'

Home Cooking for Your Dog is the first holistic cookbook for dogs to include recipes for cooked meals, treats, and the raw food diet—a big trend in the pet industry. User-friendly, chop-licking recipes like Fido's Fishcakes, Potluck Polenta, and Peanut Butter and Coconut Cakes call for healthy ingredients you can find in your local grocery store (or may already have at home) to create balanced, nutritious meals for a healthier, happier dog. Headnotes provide nutrition information, cooking tips, and anecdotes from the author about her own four dogs to help readers transition their dogs to a homemade diet. Illustrated with a combination of irresistible color photographs of dogs and humorous line art, the book is a must-have for dog owners everywhere. A portion of the proceeds will support animal rescue. Praise for Home Cooking for Your Dog: "For those who have grown weary of mass-produced dog food, Home Cooking For Your Dog contains healthy recipes and diet advice for dogs." —LA Times' Jacket Copy blog "Get your puppy the gift of a nutritious, home made meal." —Ladies' Home Journal "It's chock full of all sorts of goodness your dog will gladly gobble down." —Modern Dog magazine

Feeding a natural, unprocessed diet is needed now more than ever. A complete and authoritative reference on the benefits of a raw food diet for your dog. Written by Australian veterinarian Tom Lonsdale, leader in raw feeding, this exhaustively researched book provides a suggested diet, feeding tips, and do's and don'ts. If your vet is skeptical, give him or her a copy of the book! What reviewers are saying...NORTHSHORE NEWSIt cleans their teeth, improves their breath but there are much more important reasons to give them to your dogs. A growing movement towards providing a natural diet for your canine friends has a champion for the cause in Tom Lonsdale. A veterinarian for more than 30 years, he was slow to convert to the philosophy of a natural diet for dogs. But some 15 years ago he paid attention to the red flags he saw in his veterinary practice concerning the incident rate of cancer, skin irritations, gum disease and more. His research led him to the conclusion that the commonly used highly processed dog food was the main culprit. A diet of raw food with selected vegetable was the answer and the results spoke for themselves when he witnessed the improvement in his canine patient's health after making the switch. His book is a clear endorsement of a raw diet and is aimed at pet wonders who are interested in wanting to learn more than the basic information on this dietary plan. He tell the history of how the raw diet evolved and in the process discusses the current canned and dried foods available.

Lonsdale goes into detail on what is actually included in processed dog food. This is a technical book, which covers a great deal of material and refers to a variety of studies and their findings. Pet owners who are interested in learning the details behind this break form what has become the normal diet will find a great deal of information here. Lonsdale passionately believes that all dogs will benefit from a raw food diet and presents an impressive case for that belief. Terry Peters

NEW YORK TIMES BESTSELLER • From the stars of the Netflix series Get Organized with The Home Edit (with a serious fan club that includes Reese Witherspoon, Gwyneth Paltrow, and Mindy Kaling), here is an accessible, room-by-room guide to establishing new order in your home. "A master class on how to arrange even your most unattractive belongings—and spaces—in an aesthetically pleasing and easy-to-navigate way."—Glamour (10 Books to Help You Live Your Best Life) Believe this: every single space in your house has the potential to function efficiently and look great. The mishmash of summer and winter clothes in the closet? Yep. Even the dreaded junk drawer? Consider it done. And the best news: it's not hard to do—in fact, it's a lot of fun. From the home organizers who made their orderly eye candy the method that everyone swears by comes Joanna and Clea's signature approach to decluttering. The Home Edit walks you through paring down your belongings in every room, arranging them in a stunning and easy-to-find way (hello, labels!), and maintaining the system so you don't need another do-over in six months. When you're done, you'll not only know exactly where to find things, but you'll also love the way it looks. A masterclass and look book in one, The Home Edit is filled with bright photographs and detailed tips, from placing plastic dishware in a drawer where little hands can reach to categorizing pantry items by color (there's nothing like a little ROYGBIV to soothe the soul). Above all, it's like having your best friends at your side to help you turn the chaos into calm. Includes a link to download and print the labels from a computer (you will need 8-1/2 x 11-inch clear repositionable sticker project paper, such as Avery 4397).

Work Wonders leads the reader through the practical essentials of dog feeding including how to find sources, store, and prepare raw food. It also deals with risk management, junk-food induced diseases afflicting modern pets and the epidemic of canine oral disease and "dog breath." By the author of Raw Meaty Bones. What reviewers are saying...MIDWEST BOOK REVIEWTom Lonsdale's impressive mastery and complete knowledge of dogs and their true desires emerges from the pages of Work Wonders: Feed Your Dogs Raw Meaty Bones. This is the complete and "user-friendly" informational guide for any dog owner and the care they should take for the diet and overall healthy upkeep for their gratefully cherished canine companion. As an insightful and informative guide to the reader, Work Wonders is a confident recommendation for all dog owners, and a "must-read" if our canine friends are likely to stay with us for a long companionable road ahead. James A. Cox

Featuring such options as Puppy Pesto, Bacon Yappetizers and Mutt Loaf, a cookbook by the creator of the "DogFoodDude" blog provides natural-foods recipes for dogs based on the nutritional guidelines of veterinary manuals.

The easy way to transition to the raw food lifestyle Celebrities like Demi Moore, Sting, Madonna, and Woody Harrelson as well as experts in diet and nutrition have drawn attention to the newest trend in eating: raw foods. As the demand for raw foods increases, so does the demand for informative and supportive facts about this way of life. Raw Food For Dummies shares reasons for incorporating raw food into your diet and life, tips on how to do it, and includes nearly 100 recipes. Whether you're interested in incorporating raw foods into an existing meal plan, or transitioning to a raw foods-only diet, Raw Food For Dummies will help. Main areas of coverage include the benefits of eating raw foods, tips for avoiding undernourishment and hunger, information on transitioning to the raw food lifestyle (including where to buy and how to store raw foods), along with coverage of the popular methods of preparing meals, including sprouting, dehydrating, juicing, and greening. Features nearly 100 recipes covering breakfast, lunch, dinner, appetizers, and snacks Includes advice on transitioning to the raw food lifestyle Written by a veteran vegan chef and culinary arts teacher Raw Food For Dummies is for anyone interested in incorporating raw foods into an existing meal plan, as well as people interested in transitioning to a raw foods-only diet.

Plant-based dog food is the latest revolution in caring for our tail-wagging friends Eating organic, quality food has become a major priority in promoting healthy lifestyles of many humans, which begs the question—why don't we apply this same practice to feeding our dogs? Commercial dog food is full of additives, fillers, and other processed ingredients which can have negative impacts on a dog's overall health. From mother-daughter duo Mimi and Lisa Kirk comes this eye-opening guide to feeding dogs a healthy, plant-based diet made of ingredients that are not only pet safe, but also human grade. Lentils, sweet potatoes, quinoa,

kale, herbs and spices—all of these healthy human favorites have their place in the dog bowl! With dozens of Fido-approved recipes, *The Plant-Based Dog Food Diet* provides quick and easy basic meals and treats, an overview of what dogs need to stay healthy, and tips on food prep and storage.

A big, inside look at the shocking lack of regulation within the pet food industry, and how readers can dramatically improve the quality of their dogs' lives through diet. What's really going into commercial dog food? The answer is horrifying. Big Kibble is big business: \$75 billion globally. A handful of multi-national corporations dominate the industry and together own as many as 80% of all brands. This comes as a surprise to most people, but what's even more shocking is how lax the regulations and guidelines are around these products. The guidelines—or lack thereof—for pet food allow producers to include ever-cheaper ingredients, and create ever-larger earnings. For example, “legal” ingredients in kibble include poultry feces, saw dust, expired food, and diseased meat, among other horrors. Many vets still don't know that kibble is not the best food for dogs because Big Kibble funds the nutrition research. So far, these corporations have been able to cut corners and still market and promote feed-grade food as if it were healthful and beneficial—until now. Just as you are what you eat, so is your dog. Once you stop feeding your dog the junk that's in kibble or cans, you have taken the first steps to improving your dog's health, behavior and happiness. You know the unsavory side of Big Tobacco and Big Pharma. Now Shawn Buckley, Dr. Oscar Chavez, and Wendy Paris explain all you need to know about unsavory Big Kibble—and offer a brighter path forward for you and your pet.

Cooking for dogs according to traditional Chinese medicine food therapy including recipes.

Paula Deen meets Erma Bombeck in *The Pioneer Woman Cooks*, Ree Drummond's spirited, homespun cookbook. Drummond colorfully traces her transition from city life to ranch wife through recipes, photos, and pithy commentary based on her popular, award-winning blog, *Confessions of a Pioneer Woman*, and whips up delicious, satisfying meals for cowboys and cowgirls alike made from simple, widely available ingredients. *The Pioneer Woman Cooks*—and with these “Recipes from an Accidental Country Girl,” she pleases the palate and tickles the funny bone at the same time.

"In these pages, Kymythy Schultze has provided an excellent nutritional text to help us build a healthier life for our animal friends."— Dr. Stephen R. Blake, Jr., D.V.M. "[This book is] an excellent starting point for us all. Its pages are filled with helpful hints, good advice and most important, logic and common sense."— Dr. Bruce W. Cauble, D.V.M.

All four of the step-by-step books from the series **Essential Skills for a Brilliant Family Dog** in one volume! Book 1 teaches your dog to calm and settle, Book 2 stops him thieving and barging doors, Book 3 gives you pleasant walks with no lead-pulling, and Book 4 - the all-important instant recall!

Highlighting the dangers of modern pet food--how it is unbalanced, creates addiction, and often contains ingredients that can literally poison your pet, this book destroys the myths propounded by pet food companies that human food is bad for pets, and that natural food diets are unsafe. Three veterinarians share their expertise and scientific evidence, providing an in-depth appraisal of the pet food industry and what people are feeding to their cats and dogs. This revolutionary book teaches how to read pet food labels and what ingredients to avoid, how to save on pet bills by preventing diet-related disease in pets, why veterinarians are often ignorant of the health effects of manufactured pet food, how a change in diet can cure many diet-related illnesses, and why organic farming practices and suppliers can be the best choice for pets. Armed with this information, people will be able to provide a better and healthier life for their animals.

From the incomparable Emmy, Grammy, and Tony Award winner, a powerful and revealing autobiography about race, sexuality, art, and healing. It's easy to be yourself when who and what you are is in vogue. But growing up Black and gay in America has never been easy. Before Billy Porter was slaying red carpets and giving an iconic Emmy-winning performance in the celebrated TV show *Pose*; before he was the groundbreaking Tony and Grammy Award-winning star of Broadway's *Kinky Boots*; and before he was an acclaimed recording artist, actor, playwright, director, and all-around legend, Porter was a young boy in Pittsburgh who was seen as different, who didn't fit in. At five years old, Porter was sent to therapy to “fix” his effeminacy. He was endlessly bullied at school, sexually abused by his stepfather, and criticized at his church. Porter came of age in a world where simply being himself was a constant struggle. Billy Porter's *Unprotected* is the life story of a singular artist and survivor in his own words. It is the story of a boy whose talent and courage opened doors for him, but only a crack. It is the story of a teenager discovering himself, learning his voice and his craft amidst deep trauma. And it is the story of a young man whose unbreakable determination led him through countless hard times to where he is now; a proud icon who refuses to back down or hide. Porter is a multitalented, multifaceted treasure at the top of his game, and *Unprotected* is a resonant, inspirational story of trauma and healing, shot through with his singular voice.

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