

Saving Your Marriage Before It Starts Workbook For Men Seven Questions To Ask Before And After You Marry

Since antiquity, one story has stood at the center of every conversation about men and women. One couple has been the battleground for human relationships and sexual identity. That couple is Adam and Eve. Yet instead of celebrating them, history has blamed them for bringing sin, deceit, and death into the world. In this fresh retelling of their story, New York Times columnist and PBS host Bruce Feiler travels from the Garden of Eden in Iraq to the Sistine Chapel in Rome, from John Milton's London to Mae West's Hollywood, discovering how Adam and Eve should be hailed as exemplars of a long-term, healthy, resilient relationship. At a time of discord and fear over the strength of our social fabric, Feiler shows how history's first couple can again be role models for unity, forgiveness, and love. Containing all the humor, insight, and wisdom that have endeared Bruce Feiler to readers around the world, *The First Love Story* is an unforgettable journey that restores Adam and Eve to their rightful place as central figures in our culture's imagination and reminds us that even our most familiar stories still have the ability to surprise, inspire, and guide us today.

When Love Dies is a refreshing, honest look at one woman's journey to the edge of divorce, her commitment to stay even though she didn't feel like it, and eventual rediscovery of the love that she thought died.

Most books on marriage rightly address communication and conflict as key issues, then advise readers on how to fight fair since conflict is an inevitable reality and cannot be avoided. But Dr. Ron Welch asks the provocative question, Is it? Is every marriage doomed to one conflict after another? Shouldn't we expect better than that? In this practical and encouraging book, Welch offers a far more positive approach to marriage, outlining 10 specific choices couples can make to minimize or even avoid conflict and increase joy. With his expert guidance, couples will learn how to employ proven strategies to - communicate accurately and positively - choose forgiveness over unforgiveness - understand their marriage type - and make decisions more effectively Whether they are engaged, newly married, or have been married for decades, couples will find that this book will transform their relationship.

Drs. Les and Leslie Parrott help couples uncover and understand the dynamics each person brings into their second marriage, both as a man or woman and as an individual. For use with the *Saving Your Marriage Before It Starts* DVD (includes seven pre-marriage sessions plus two additional sessions specifically designed to help prepare couples for remarriage), the expanded and updated men's and women's workbooks include twenty-eight self tests and a group discussion guide."

This revised workbook is designed to help women/men explore the issues and practice the skills presented in *Saving Your Marriage Before it Starts*. Full exercises and self-tests will help you and your partner apply what you are learning directly to your relationship from the woman's/man's perspective."

What do you do when your marriage is so unhappy that you begin to fantasize about your husband's funeral? That's how bad it got for Alisa Bowman. . . So she launched a last-ditch effort to save her marriage. *Project: Happily Ever After* is her fearlessly honest and humorous account of how she went from being a "divorce daydreamer" to renewing her wedding vows -- and all of the steps in between. From bikini waxes to erotica, romance instruction manuals to second honeymoons, the silent treatment to power struggles, she goes where many marriage-improvement gurus have feared to tread. Equal parts funny, poignant, and most importantly, useful, Bowman's story will give other miserably-married folks courage and hope. And in addition to telling her own story, she packs straightforward prescriptive guidance, including a "10-Step Marital Improvement Guide." Readers will laugh. They'll cry. And they can start on the road toward their own happy ending!

When marriages hit rough spots, the men and women in them need wise and informed help. Through personal experience, Joe and Michelle Williams have learned what works and what doesn't in the tough times of marriage. Having experienced several divorces each before becoming Christians, Joe and Michelle write with insight and authority that can't be denied. Includes a Temperament test and survey to help readers evaluate their marriage, questions for self-evaluation, and group- or support-partner discussion questions.

To understand your spouse you've got to walk in his or her shoes. Ever feel like you're stepping on each other's toes? Then maybe it's time you put yourselves in each other's shoes. Of course that may sound uncomfortable. But it's easier than you think - and it will revolutionize your relationship. In fact, bestselling authors Drs. Les and Leslie Parrott reveal the little-known secrets of putting the time-tested strategy of trading places to work in your own marriage. In this book, chock-full of practical helps and tips you've never thought of, you'll learn the three-step-strategy to trading places and, as a result, you're sure to: Increase your levels of passion .Bolster your commitment .Eliminate nagging .Short-circuit conflict . Double your laughter . Forgive more quickly .Talk more intimately In short, you'll be more understanding and better understood. In other words, you'll experience - day after day - the unconditional love every couple longs for. "We've often fantasized about being able to literally hand a box of mutual empathy - the revolutionary tool for instantly improving a relationship - to the couples that attend our seminars. Well, this book is the closest we'll ever come to being able to do just that. Les and Leslie Parrott Most couples never discover the rewards of trading places. For example, did you know it's the quickest way to get your own needs met? It's true! And Les and Leslie show you how. They also disclose exactly how trading places improves your conversations and how it's guaranteed to fire up your sex life. Truly, your love life and your entire marriage will never be the same after you learn the intimate dance of trading places. This book also features a powerful, free online assessment, powered by eHarmony Marriage that instantly improves your inclination to trade places. How? By zeroing in on exactly what you'd most like your spouse to accurately understand about you. In addition, two

workbooks with no-nonsense exercises - one for you and one for your spouse - will help you apply each chapter to your own marriage. Les and Leslie have made it easy. So why not walk a few steps in your spouse's shoes, starting today? Whether you're a newlywed couple or you've been married for decades, it's never too early or too late to attain the power of trading places.

Men are right. The "relationship talk" does not help. Dr. Patricia Love's and Dr. Steven Stosny's *How to Improve Your Marriage Without Talking About It* reveals the stunning truth about marital happiness: Love is not about better communication. It's about connection. You'll never get a closer relationship with your man by talking to him like you talk to one of your girlfriends. Male emotions are like women's sexuality: you can't be too direct too quickly. There are four ways to connect with a man: touch, activity, sex, routines. Men want closer marriages just as much as women do, but not if they have to act like a woman. Talking makes women move closer; it makes men move away. The secret of the silent male is this: his wife supplies the meaning in his life. The stunning truth about love is that talking doesn't help. Have you ever had this conversation with your spouse? Wife: "Honey, we need to talk about us." Husband: "Do we have to?" Drs. Patricia Love and Steven Stosny have studied this all-too-familiar dynamic between men and women and have reached a truly shocking conclusion. Even with the best of intentions, talking about your relationship doesn't bring you together, and it will eventually drive you apart. The reason for this is that underneath most couples' fights, there is a biological difference at work. A woman's vulnerability to fear and anxiety makes her draw closer, while a man's subtle sensitivity to shame makes him pull away in response. This is why so many married couples fall into the archetypal roles of nagging wife/stonewalling husband, and why improving a marriage can't happen through words. *How to Improve Your Marriage Without Talking About It* teaches couples how to get closer in ways that don't require "trying to turn a man into a woman." Rich in stories of couples who have turned their marriages around, and full of practical advice about the behaviors that make and break marriages, this essential guide will help couples find love beyond words.

In this practical guidebook filled with straight talk, psychologist and bestselling author Dr. Les Parrott shares six secrets to help men and their wives experience the best sex they've ever had.

Saving Your Marriage Before It Starts Seven Questions to Ask Before -- and After -- You Marry Zondervan

Resurrect beauty from the ashes of betrayal. Wife and mother Cindy Beall's world was shattered when her beloved husband of nine years confessed his pornography addiction, numerous affairs, and the stunning news that another woman was pregnant with his child. What could have been the end of a marriage instead became a testament to God's miraculous ability to restore broken hearts and damaged bonds. With the wisdom and healing she's gained in the twenty years that have passed since her husband's devastating revelation, Cindy shares her own experience as well as those of couples she's counselled. Drawing from her intimate knowledge of human pain and God's power, Cindy shows how you can... seek support, counseling, and prayer after deception has surfaced. Rebuild trust that's been eroded by infidelity, addiction, or other transgressions. Help your family heal from grief and reconcile with any long-term consequences. Rely on God to pursue forgiveness and move forward in new promises. Cindy's remarkable story, compassion, and grasp of God's Word will help you trust God with your heartache as you seek His hope and redemption.

This workbook is designed to help you -- the woman -- explore the issues and practice the skills presented in the book *Saving Your Marriage Before it Starts*. It is full of lively exercises and enlightening self-tests that will help you and your partner apply what you are learning directly to your relationship. - This version of the workbook approaches the issues from a woman's perspective, taking into account your unique psychology, needs, and approach to life. - Each exercise includes an estimate of how long it will take, so you can easily fit the program into a busy schedule. - Call-outs in the book let you know the best times to do the exercises as you read. - Activities to practice throughout your married life are included to help you keep your love alive. These exercises are designed to help you uncover potential problems and deal with them before they emerge. They will help you and your partner communicate better. They will help you see your differences and practice positive methods for resolving conflict. Best of all, they are designed to help you cultivate intimacy and help you on your way to a rich, lifelong love.

Feeling overscheduled and underconnected as a couple? Relationship experts Drs. Les and Leslie Parrott help you connect your time styles--and your hearts--so you can better manage your time. This is not a book about being more productive, but a book about being more connected with your spouse and maximizing the moments you have together. After resolving communication meltdowns, finding time together is the number one relational need of most couples. Where does it go? We try to make it. Save it. Seize it. Buy it. And borrow it. And yet time continues to elude too many couples. At the heart of this book is the renowned Better Love Assessment, which helps you uncover your unique time style: Accommodator, Processor, Dreamer, or Planner. Once you know your time style and that of your spouse, this book will show you how to leverage them for powerful results. *Your Time-Starved Marriage* helps you: Dispel the two lies every time-starved couple believes. Maximize the minutes that matter most in your marriage. Recoup the time you've been leaving on the table. Understand why "loving on borrowed time" is lethal to your love life. And discover how to "get a grip on the time of your life." *Your Time-Starved Marriage* gives you tools to feed your time-starved relationship, enjoying time with each other more than you ever imagined. Workbooks also available.

So that's what she means! So that's what he's thinking! - Discover surprising little things that have big impact in any relationship. - See what the latest research reveals about differences between men and women. - Master what is most important to the most important person in your life. Whether married or single, with a group or on your own, this all-in-one participant's guide offers you eye-opening insights and practical tips for understanding the opposite sex. Use this participant's guide as a companion with any, or all of, the following: - For Women Only (book and/or DVD study), - For Men Only (book and/or DVD study), and - For Couples Only (using both For Men Only and For Women Only books and/or the For Couples Only DVD) For years, men and women have seen great life change as they used these groundbreaking books in small groups, Bible studies, Sunday school classes, and premarital or marriage counseling. Now this participant's guide makes the content even more illuminating. Get ready to know "the other half" in a whole new way!

Why is it so difficult to remain married in the twenty-first century, and what can you do about it? We all know that half of today's marriages end in divorce, but we tend to believe that our own marriages are safe. As psychiatrist John Jacobs explains in this fresh and impassioned book, marriages today are incredibly fragile, and unless a couple understands what is making contemporary marriage so vulnerable to dissolution, the marriage is at risk. Part of the problem is that people refuse to see how social and historical forces have changed the very meaning of marriage, causing serious interpersonal unhappiness. Because of increased longevity, married people live together longer than at any time in history. There's been an erosion of the social and cultural forces that traditionally kept marriages together. Confusion over gender-role responsibilities, increased expectations of sexual satisfaction, and intense time pressures on couples to work and be successful all create marital stress. And yet, most people don't

acknowledge the problems in their marriage until it is too late. We tend to believe in the "lies of marriage" -- such concepts as soul mates, unconditional love, that children improve a relationship, that the sexual revolution has made marital sex more pleasurable, or that egalitarian marriage offers couples easy solutions -- and forget to engage in the constant hardwork required to keep our marriages alive. Dr. Jacobs believes that most marriages have significant problems at some time, but until we recognize the new realities of marriage and develop the skills required to sustain a loving, intimate relationship, marriages are at risk. Of course marriage is about love. But that's just the beginning.

NYT best-selling authors Drs. Les & Leslie Parrott reveal new techniques based on extensive research that help couples manage conflict constructively - that's the "good fight."

A curriculum guide for a six session class on how a married couple can use problems to strengthen their marriage.

Rings. Dress. Cake. You're engaged, and the checklist for the day of your dreams is a mile long. In the who, what, where, and how of planning, the why can be forgotten. Ready to Wed discusses 12 Traits of a thriving marriage and offers a variety of topics to guide and advise those preparing to say, "I do!" Learn to: Define a vision statement unique to your marriage. Positively engage conflict to build a foundation of trust and forgiveness. "Leave and cleave," even if you are a child of divorce. Manage expectations—and your in-laws! Navigate hot-button issues including, sex and the chore wars. Cope with change, stress, and crisis—especially in your first year. Build a community of support and find mentors. Assess your progress using the Couple Checkup. Loaded with advice, tips, and instructions, this valuable resource is ideal for soon-to-be-newlyweds and those who support them!

John Bradshaw is arguably the most accomplished and well-known leader alive today in the addictions field. He taught us about functional and dysfunctional families, showed us how shame could become toxic and poisonous to our core selves, and helped us understand and heal the wounded, vulnerable "inner child" conceived by, and thriving in, that environment. In Post-Romantic Stress Disorder (PRSD), Bradshaw gives readers a clear explanation of the difference between falling in love, lust, and true love. Based on his research, PRSD is a deeply serious psychological disorder and the cause of 40% of all divorces –divorces that could have been prevented. Every day people throw away perfectly good relationships because they just don't know how to navigate the tides, but if they could learn and understand the concepts Bradshaw presents in this book, the portrait of the family unit could have a whole new landscape. Join this great teacher as he opens the gates to a new frontier, tackling issues that threaten and endanger so many modern relationships. Be encouraged as he leads the way to a deeper and more fulfilling spiritual union. As he so eruditely observed some time ago, "As the health of the marriage goes, so goes the health of the family." Yet Bradshaw ladles out hope unlimited?if parents could restore a deep, authentic love for each other it could be passed - on to their children and families would actually flourish.

Helps couples prepare for the unique challenges of remarriage and combining families with such chapters as "Have You Faced the Myth of Remarriage with Honesty?" and "Have You Developed the Habit of Happiness?"

What could be good about a bad marriage? The good news is, you can get beyond that old marriage and its destructive habits, and build a brand-new one with the same spouse. And you can do it in just 90 days, even if only one spouse is committed to change. Thousands of couples in marriages that are on the brink will never enter a therapist's office, and for others it's too late by the time they do agree to come. But for more than 20 years, David Clarke has seen marriages turn around in just 12 weeks. Here he takes his 90-day plan and presents it using humor, Scripture, and personal stories to help couples turn difficult marriages into great ones. Whether the issue is communication, the kids, negative attitudes, or even serious sin, Clarke's personalized approach will put readers on the road to a great marriage. This book presents Lee Baucom's system for saving your marriage in three easy steps: connecting with your spouse, changing yourself, and creating a new path.

"Most people spend far more time in preparation for their vocation than they do in preparation for marriage." With more than 35 years of experience counseling couples, Gary has found that most marriages suffer due to a lack of preparation and a failure to learn to work together as intimate teammates. So he put together this practical little book, packed with wisdom and tips that will help many develop the loving, supportive, and mutually beneficial marriage they envision, such as: What the adequate foundation for a successful marriage truly is What to expect about the roles and influence of extended family How to solve disagreements without arguing How to talk through issues like money, sex, chores, and more Why couples must learn how to apologize and forgive Ideal for newly married couples and those considering marriage, the material lends itself to heart-felt, revealing, and critical conversations for relational success. Read this book and you'll be prepared for—not surprised by—the challenges of marriage. - Bonus features include: Book suggestions and an interactive websites to enhance the couples' experience "Talking it Over" questions and suggestions to jumpstart conversations over each chapter Appendix on healthy dating relationships and an accompanying learning exercise

From the incomparable Emmy, Grammy, and Tony Award winner, a powerful and revealing autobiography about race, sexuality, art, and healing It's easy to be yourself when who and what you are is in vogue. But growing up Black and gay in America has never been easy. Before Billy Porter was slaying red carpets and giving an iconic Emmy-winning performance in the celebrated TV show Pose; before he was the groundbreaking Tony and Grammy Award-winning star of Broadway's Kinky Boots; and before he was an acclaimed recording artist, actor, playwright, director, and all-around legend, Porter was a young boy in Pittsburgh who was seen as different, who didn't fit in. At five years old, Porter was sent to therapy to "fix" his effeminacy. He was endlessly bullied at school, sexually abused by his stepfather, and criticized at his church. Porter came of age in a world where simply being himself was a constant struggle. Billy Porter's Unprotected is the life story of a singular artist and survivor in his own words. It is the story of a boy whose talent and courage opened doors for him, but only a crack. It is the story of a teenager discovering himself, learning his voice and his craft amidst deep trauma. And it is the story of a young man whose unbreakable determination led him through countless hard times to where he is now; a proud icon who refuses to back down or hide. Porter is a multitalented, multifaceted treasure at the top of his game, and Unprotected is a resonant, inspirational story of trauma and healing, shot through with his singular voice.

Lies about marriage are rampant in our culture and the church. They're killing marriages. But the corresponding truths can strengthen marriages and even save the most troubled relationships. In this book, marriage experts Greg Smalley and Robert Paul identify the lies, explain how they work to destroy marriages, and reveal the truths that not only can improve marriages but rescue those that are floundering. Hope Restored, the renowned crisis marriage program created for Focus on the Family, is the basis for the discovery and understanding of these specific lies and their impact. Dr. Greg Smalley, a general marriage expert, and Robert Paul, the therapeutic director of a program that resuscitates nearly dead marriages, bring an unusual but powerful combination of perspectives that restore hope and healing in any marriage. 9 Lies That Will Destroy Your Marriage includes several self-tests to help you assess the extent to which your own marriage has been affected by each of the nine lies.

Save Your Marriage in Thirty offers no-nonsense advice from the experiences of a regular person who has been through marriage and divorce several times. She shares the things she wishes she had thought through and tried before making that final decision to divorce. Her personal story will give readers the strength to make things better in their own lives, by offering ideas for improving themselves and their relationships. This book will help you stop for a moment and think through things logically. It will help you realize you are not alone when it comes to facing challenges in a marriage. You'll have access to tools like "Begin to Improve in Thirty," "Thirty Ways to Love Your Husband," "Ten Steps to Emotional Health," and other powerful exercises that will get you on the road to happiness, whether as a

stronger partner in your marriage or on your own if, in the end, you decide divorce is the right decision for you.

Whether you're newly together and eager to make it work or a longtime couple looking to strengthen and deepen your bond, *Eight Dates* offers a program of how, why, and when to have eight basic conversations with your partner that can result in a lifetime of love. "Happily ever after" is not by chance, it's by choice—the choice each person in a relationship makes to remain open, remain curious, and, most of all, to keep talking to one another. From award-winning marriage researcher and bestselling author Dr. John Gottman and fellow researcher Julie Gottman, *Eight Dates* offers an ingenious and simple-to-implement approach to effective relationship communication. Here are the subjects that every serious couple should discuss: Trust. Family. Sex and intimacy. Dealing with conflict. Work and money. Dreams, and more. And here is how to talk about them—how to broach subjects that are difficult or embarrassing, how to be brave enough to say what you really feel. There are also suggestions for where and when to go on each date—book your favorite romantic restaurant for the Sex & Intimacy conversation (and maybe go to a yoga or dance class beforehand). There are questionnaires, innovative exercises, real-life case studies, and skills to master, including the Four Skills of Intimate Conversation and the Art of Listening. Because making love last is not about having a certain feeling—it's about both of you being active and involved.

Love Talk is like no other communication book you've ever read. The fruit of years of research by two foremost relationship experts (who also happen to be husband and wife), this book forges a new path to the heart of loving conversation. You'll begin by identifying your security need and determining your personal communication style. Then you'll put together everything you discover to learn how the two of you can speak each other's language like never before. This very day, you can begin an adventure in communication that will draw the two of you closer, and closer, and closer...consistently, in a way that creates the depth and connection you long for in your relationship. *Love Talk* includes: The all-new Deep Love Assessment The secret to emotional connection When not to talk A Communications 101 primer Practical help for the "silent partner" Designed for use with the companion men's and women's *Love Talk* workbooks (sold separately).

NEW YORK TIMES BESTSELLER "I come from a family forged by tragedies and bound by a remarkable, unbreakable love," Hunter Biden writes in this deeply moving memoir of addiction, loss, and survival. When he was two years old, Hunter Biden was badly injured in a car accident that killed his mother and baby sister. In 2015, he suffered the devastating loss of his beloved big brother, Beau, who died of brain cancer at the age of forty-six. These hardships were compounded by the collapse of his marriage and a years-long battle with drug and alcohol addiction. In *Beautiful Things*, Hunter recounts his descent into substance abuse and his tortuous path to sobriety. The story ends with where Hunter is today—a sober married man with a new baby, finally able to appreciate the beautiful things in life.

The *Saving Your Marriage Before It Starts Workbook for Women* will help you uncover and understand the unique shaping factors you bring into your marriage both as a woman and as an individual. Prepare for some surprising and helpful insights, for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fiancé, and for engaging discussions with a small group. EXERCISES AND ASSESSMENTS Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into* your personal "Ten Commandments"* making your roles conscious* getting your sex life off to a great start* identifying your "hot topics"* your spiritual journey ... and much, much more DISCUSSION GUIDE Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and one bonus session in the Zondervan DVD. For use by small groups, individual couples, and pastors and marriage counselors. Each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week.

In an expanded and updated edition, two renowned relationship experts help engaged and newlywed couples build solid foundations for love, equipping them with the tools they need for a rock-solid marriage that will last a lifetime. 50,000 first printing. \$40,000 ad/promo.

The *Saving Your Marriage Before It Starts Workbook for Men* will help you uncover and understand the unique shaping factors you bring into your marriage both as a woman/man and as an individual. Prepare for some surprising and helpful insights, for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fiancé, and for engaging discussions with a small group. EXERCISES AND ASSESSMENTS Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into • your personal "Ten Commandments" • making your roles conscious • getting your sex life off to a great start • identifying your "hot topics" • your spiritual journey ... and much, much more DISCUSSION GUIDE Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and bonus sessions on the DVD. For small groups, individual couples, and pastors and marriage counselors, each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week. <http://www.symbisassessment.com>

Every couple has a restless aching, not just to know God individually but to experience God together. *Saving Your Marriage Before It Starts Devotional* gives you a road map for cultivating rich spiritual intimacy in your relationship. Written by the creators of the most widely used pre-marriage program in the world, this devotional includes fifty-two weekly meditations help the two of you grow closer than you've ever imagined. Each week you'll find: An insightful devotion focusing on real-life issues A key passage of Scripture Questions that spark meaningful discussions Stories from well-known couples, including Jefferson & Alyssa Bethke, Gary & Carolyn Chapman, Dave & Sharon Ramsey, Francis & Lisa Chan, and Keith & Beth Moore A brief prayer that will help you both draw closer together and to God This book will guide you on your marriage journey to make it all God intends it to be. Start building on the closeness you've got today – and reap the rewards of a more satisfying relationship as you enjoy the intimacy of lifelong love together.

Build a Love that Lasts At a time when more people are delaying marriage or writing it off altogether, those ready to walk the aisle will appreciate a frank and trusted resource to help them start marriage on the right foot. This practical guide will help you explore your relationship in depth and will provide new insight into your partner and how the two of you relate to one another establish your wants and needs as individuals and a couple before your marriage begins lay the groundwork for open and honest conversation for a stronger, healthier marriage reveal how life events and family background can influence decision making in finances, family, education, faith, and career engage you in activities that lead to thought-provoking discussion addressing your

past experiences and current expectations Engaging and easy-to-use, Before You Say "I Do" is full of tried and true wisdom to help you plan for your future and build a lasting relationship with the one you love.

Provides advice for couples contemplating divorce who still hope to save their marriages, and suggests ways to deal with infidelity, depression, a midlife crisis, sexual problems, and other common issues.

Bestselling authors and trusted relationship experts Drs. Les and Leslie Parrott help you strengthen and enhance your unique marriage with the perfect companion to your SYMBIS+ Assessment Report. The SYMBIS+ Assessment is a powerful and personalized marriage insight tool that covers seventeen key areas in your marriage, including wellbeing, social support, finances, personality, sex, communication, conflict, spirituality, time styles, and more. Whether you are debriefing your SYMBIS+ Report one-on-one with your certified Facilitator or in a small group or class, this guidebook is an ideal companion to SYMBIS+. Each chapter perfectly correlates to a page of your personal report--and gives you fun and practical steps toward making a bad marriage better or a good marriage great. Chock-full of real-life action steps, no-guilt exercises, and engaging discussion starters, this book will show you how to: Utilize the strengths you and your spouse bring to your marriage Navigate your hot-button issues Cultivate deeper intimacy and lifelong passion Kick financial worries to the curb Engage in heartfelt and meaningful conversations Whether you have already debriefed your SYMBIS+ Report with a certified SYMBIS Facilitator, or you are about to, don't miss out on what Strengthen Your Marriage will do for your relationship. You can find a SYMBIS+ Facilitator and your own SYMBIS+ Report to accompany this book at SYMBIS.com.

Is your marriage heading for a divorce you feel powerless to prevent? Have you tried everything to make it work, and now feel defeated? While divorce may seem like the quick-fix solution to relieving the pain and starting afresh, it seldom is. The truth is that the majority of couples that divorce, regret taking that step and are NO happier in the long term. So where do you go from here? Are there any real solutions out there? The answer is, yes! This book not only offers hope, but sound and practical advice to restore and rebuild broken marriages - the way God intended them to be. Delving where few Christian marriage books dare, this book covers practical steps to help overcome the major marriage breakers, ranging from pornography and addictions to dealing with affairs, anger/control issues, domestic violence, and many more. "Save Your Marriage: A Guide to Restoring & Rebuilding Christian Marriages on the Precipice of Divorce" was designed to be an all inclusive book that just about any couple could simply pick up to find healing for their marriage, and brings together Holy Spirit wisdom and guidance, with all the latest research into one book. Most importantly, however, you'll also be provided with proven methods and practical tips on how you can restore your love and passion, rebuild your marriage, and protect it long into the future. Of all the marriage books out there, this is one you'll refer to time and time again.

More than a million couples can't be wrong! And with this updated edition of their award-winning book, Drs. Les and Leslie Parrott help you launch lifelong love like never before. This is more than a book—it's an experience, especially when you use the his/her workbooks filled with more than 40 fun exercises. Get ready for deeper intimacy with the best friend you'll ever have. Saving Your Marriage Before It Starts, in more than 15 languages, is the most widely used marriage prep tool in the world. Uncover the misbeliefs of marriage Learn to communicate with instant understanding Discover the secret to resolving conflict Master the skills of money management Get your sex life off to a great start A compelling video, featuring real-life couples, is available, and with this updated edition Les and Leslie unveil the game-changing SYMBIS Assessment. Now you can discover how to leverage your personalities for a love that last a lifetime. Make your marriage everything it is meant to be. Save your marriage—before (and after) it starts.

Winner of the 2010 Non-Fiction National Book Award Patti Smith's evocative, honest and moving coming-of-age story of her extraordinary relationship with the artist Robert Mapplethorpe

The ultimate guide to marriage mentoring so you can feel confident in offering wisdom, encouragement, and practical help to couples who want to live out a love that lasts! Drs. Les and Leslie Parrott and Dr. David Olson--renowned marriage experts and founders of the two largest marriage support organizations, SYMBIS and PREPARE/ENRICH--share what they have learned from decades of research involving more than five million couples. Packed with practical and proven methods, data-driven techniques, and immediately usable strategies, Helping Couples includes: The secrets--and the science--behind couples who thrive with lasting love Why romantic love is never enough, and what to do about it Strategies to instantly help reduce conflicts and increase intimacy The game-changing boost that scientific assessment tools give couples at any age or stage Four common myths about marriage and how to debunk them The distilled wisdom from hundreds of insightful surveys and studies How you can reduce a couple's chances of divorce by 31 percent The ultimate guide for coaches, counselors, and clergy who want to know what really works!

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