

The 365 Bullet Guide How To Organize Your Life Creatively One Day At A Time

Always wanted to have your own Garden full of life and energy? Whether you want to learn which plants work better with others, how to grow healthy blossoming flowers, or which techniques you need to master to help give you that fantastic looking garden? all year round this book will help!!! Here are some of the things you can expect to find inside ... How to plan and design your garden Common mistakes to avoid Which plants and vegetables beginners should start with Tools and Equipment to kickstart your success How to maintain a healthy garden all year round MUCH, MUCH, MORE! No matter what your? gardening experience and skill level is at, ? The Complete Guide to Gardening for Beginners? provides the advice and inspiration? you need to grow the garden of your dreams!

DK Eyewitness Travel Guide: London is your in-depth guide to the very best of London. From taking in the magnificent sight of Big Ben and Parliament Square from the great heights of the London Eye to walking across Tower Bridge after visiting the historic Tower of London to treating yourself to a night at the theatre on the city's West, London truly offers a little bit of everything. Discover DK Eyewitness Travel Guide: London: + Detailed itineraries and "don't-miss" destination highlights at a glance. + Illustrated cutaway 3-D drawings of important sights. + Floor plans and guided visitor information for major museums. + Guided walking tours, local drink and dining specialties to try, things to do, and places to eat, drink, and shop by area. + Area maps marked with sights and restaurants. + Detailed city maps include street finder index for easy navigation. + Insights into history and culture to help you understand the stories behind the sights. + Suggested day-trips and itineraries to explore beyond the city. + Hotel and restaurant listings highlight DK Choice special recommendations. With hundreds of full-color photographs, hand-drawn illustrations, and custom maps that illuminate every page, DK Eyewitness Travel Guide: London truly shows you this city as no one else can.

Loved for its visual and flexible approach to building computer skills, the ILLUSTRATED COURSE GUIDE: MICROSOFT OFFICE 365 & POWERPOINT 2016: INTRODUCTORY is the ideal resource for learning Microsoft PowerPoint 2016, regardless of the reader's experience level. Each two-page spread focuses on a single skill, making information easy to follow and absorb. The ILLUSTRATED COURSE GUIDE divides Microsoft PowerPoint 2016 concepts and skills into three manageable levels -- Introductory, Intermediate, and Advanced -- making it perfect for mastering critical PowerPoint skills in any learning environment. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

From the comfort of your home or office this book gives the reader access to Montana's national parks, national forests, state parks, and wilderness areas. Over 300 fishing access sites and locations are available including stream flow table information. OHV facts, sites of interest, and the very popular FYI section to help further your knowledge, interests, and opportunities. Makes a great gift to compliment any outdoor education course. Included also as a bonus are phone numbers and locations of departments involved with Montana's outdoors. If you plan on visiting or if you're serious about discovering Montana then this is a great tool and resource.

If you want to master your life by using a simple yet highly effective journaling method without feeling overwhelmed or confused, then read on! Do you wish your life was more organized? Do your appointments, goals, and to-do lists get lost in daily clutter? Do you want an easy step-by-step process to help create a more coherent lifestyle? If so, How To Bullet Journal For Beginners is for you because it was written by a successful life coach who once struggled with keeping her life organized as well. Imagine learning a highly effective technique that will help you declutter your life, crush your goals, and complete those long overdue tasks in 30 days or less. Why This Book Is Different: This book is different because it is simple, beginner-friendly, and even comes with a Mastery Journal Template that you can print and use immediately! You'll Soon Discover: ? What exactly is bullet journaling? A dead-simple explanation that makes creating your first bullet journal easier than ever. ? How to make bullet journaling a fun, effective, and rewarding experience that will change your life in 30 days or less. ? Great beginner tricks and tips for creating the ultimate layout for your journal. ? An easy, no-nonsense guide to creating the essential parts of your bullet journal without becoming overwhelmed, frustrated, or confused. ? The two most common styles of bullet journaling, and which one is the best for your lifestyle. ? BONUS: Mastery Bullet Journal that you can print and use to start organizing your life immediately! And much more! If you want an easy bullet journaling guide to help you master your life once and for all, Scroll UP and add How To Bullet Journal For Beginners to your cart now!

The key focus of the book is on engineering aspects of the subject field Updated, comprehensive text covering offshore drilling, production and field development and offers complete coverage of offshore oil and gas operations. Also, key maintenance issues like pigging, corrosion, subsidence are discussed.

Discover the most important new features that the latest version of Microsoft Office has to offer with the concise approach found in MICROSOFT OFFICE 365 & OFFICE 2016: BRIEF. This new edition is part of the acclaimed Shelly Cashman Series that has effectively introduced computer skills to millions. MICROSOFT OFFICE 365 & OFFICE 2016: BRIEF continues the Series' strong history of innovation with an enhanced learning approach to address the varied learning styles of today's readers. A trademark step-by-step, screen-by-screen approach encourages readers to expand their understanding of Microsoft Office 2016 through experimentation, critical thought, and personalization. This new edition promises to engage, improve retention, and prepare readers for success with MS Office 2016. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A manual to help the ordinary hunter and sport shooter to have a more accurate shooting platform.

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Survival Guide How to Live without Electricity Welcome to the Survival Guide: How to Live without Electricity and Get Out of A Disaster, a D.I.Y. book designed to show you alternative energy sources that are not based on the electrical grid that you can use

during any situation to receive any level of electricity. More and more, individuals are trying to get off the electrical grid anyway they can to either avoid paying a high bill, become more self-sufficient, or replace the need for any type of utility company influence in their life so that they have control over their utilities. In this book, we will go over useful and pointless alternative energies, showing you most of the nitty and gritty mathematics needed to determine what energy sources are viable for you. First, we will go over an energy source that can be used in any emergency situation that is cheap and affordable; Electrical Food. In this section, we will cover: What foods work Which foods are better How they work We'll go ahead and cover solar energy, but in a unique way; we'll tell you how to transform solar energy into Hydrogen Fuel. Then we'll go over Pointless Energy to help clear your way through the scams of the internet, giving you solid explanations backed by science or mathematics as to why you shouldn't trust those sources for reliable energy. Then the remainder of the book will be about other energy forms, such as Water Wheels Steam Engines Portable Wind Turbines These methods will show you pictures and instructions on either how to make your own or why you should buy your own. This is just a descriptive overview to help beginners live off of the grid. Download your E book "Survival Guide: How to Live without Electricity" by scrolling up and clicking "Buy Now with 1-Click" button!

A tool to help gain momentum and clarity in the sometimes-confusing maze called life and work. The book covers subjects as diverse as parenting, finances, relationships, career, and more.

Learn the realities of being a Microsoft Office Specialist and efficiently prepare for the Word Associate MO-100 Exam with a single, comprehensive study guide MCA Microsoft Office Specialist Study Guide: Word Associate Exam MO-100 comprehensively prepares you for the MO-100 Exam. Accomplished and experienced author Eric Butow provides readers with a one-stop resource for learning the job responsibilities of a Microsoft Office Specialist and succeeding on the MO-100 Exam. The study guide is written in a straightforward and practical style which, when combined with the companion online Sybex resources, allows you to learn efficiently and effectively. The online resources include hundreds of practice questions, flashcards, and a glossary of key terms. In addition to preparing you for the realities of the Microsoft Office Specialist job role, this study guide covers all the subjects necessary to do well on the certifying exam, including: Managing documents Inserting and formatting text, paragraphs, and sections Managing tables and lists Creating and managing references Inserting and formatting graphics Managing document collaboration Perfect for anyone seeking to begin a new career as a Microsoft Office Specialist, or simply wondering what the job entails, the Study Guide also belongs on the bookshelf of currently practicing professionals who want to brush up on the fundamentals of their role.

Have you always wanted to write a book but, just never get around to it? Do you lack confidence in yourself as a writer? Need inspiration? How to Write a Book in a Week (A Writer's Guide to Meeting a Deadline) is the answer to all of these questions and more.

Lean User Testing A Pragmatic Step-by-Step Guide to User Tests If you believe in agile software development and delivering value to your customers and your company, reading this book is the right decision as it will greatly support your process to identify and create valuable, feasible and usable products. "We Know What We Need to Build" Who hasn't yet heard that dreaded, gut feeling-based notion in the past? To my experience, it is rarely valid, but more often an expression of an outdated thinking, that values output over outcome, that believes in requirement documents and micromanaging the product team. This book, however, is dedicated to completely different approach, that Steve Blank once wrapped up in his famous quote: There are No Facts Inside Your Building - Get Outside." And you should do so as early as possible in the process -it is the most important task of any product team. This book is therefore a deliberately short, focused, pragmatic manual for everyone, who designs, develops or markets software: Product manager, engineers and designers (UX/UI). It is based on hundreds of user interviews that I have run up to now and provides all you need to know to start your own user interview initiative in about two hours of your time. Save up to 90% of Typical User Interview Costs And there is more good news: The lean user testing approach will save up to 90% of the costs compared to outsourcing user interviews to a professional usability agency, but will return at least 80% of possible insights. Avoid Building Expensive Features Nobody Wants No more flying blind in the early stages: Test your hypotheses quickly and turn product discovery into your advantage over the competition. Learn how to avoid wasting money on software nobody wants and how to deliver value instead. Obsolete features aren't just expensive to build. They also need to be maintained and probably be removed at a later stage again, not to mention their opportunity costs: Imagine what you could have built instead. Gain More Runway for Your Startup Optimizing the cycle-time of your product hypotheses will focus available engineering and product management resources on valuable, usable and feasible features, thus extending your runway and improving your standing for the next funding round. Improve Communication with Stakeholders User tests greatly simplify the communication with stakeholders - theinterviews, you will be running, are your product organization's first line of defense when it comes to turning down unreasonable feature requests. About the Author The author has worked for many years as a product manager and agile coach (Scrum, Lean Startup, Lean Change). During that time, he developed B2C as well as B2B software, mainly for startups, including a former Google subsidiary. He originally studied chemistry, business administration, and law. However, he has never worked in a laboratory. Instead, back in 1996, he released the first online shop software with SAP R/3 connectivity, only to learn that the early bird does not necessarily catch the worm. After his move to Berlin, Germany, he founded a marketplace for local service. In 2011, Entrepreneurs Club Berlin e.V. followed, as did Startup Camp Berlin- one of the largest German startup conferences today. His latest project, Age Of Product - Invent For Your Customers, focuses on the exchange of knowledge between product people, designers, and developers. It is about lessons learned and best practices on how to identify which product to build and how to build it in an efficient way. Age Of Product will host events and workshops in Berlin from autumn 2015 on and might also organize a new conference in the near future."

The bestselling unauthorized guide that will ensure that you get the most out of the Kindle - or give you all the information you need before you decide to buy.

Journey to the Center of Prague! "If European cities were a necklace, Prague would be a diamond among the pearls." -Jean-Claude Adéméci And there's no city in the world quite like Prague, Czech Republic! And for a limited time, Passport to European Travel Guides offers this comprehensive, yet quick and concise, 5-day guide to Prague-home to "Fred and Ginger"-among a few other things! 5-Day Travel Guide to Unforgettable Czech Travel Have no idea where to start? Or maybe you have some idea but could use a treasure trove of great insider tips? Well, read on! You see, we know your trip begins long before you even book the flight, so this guide is chock full of dynamite tips on everything you need to know BEFORE you go-and much, much more you'll thank us for! Passport to European Travel Guides Features: * Dynamite Insider Tips-for tourists! We give you the scoop on

everything from local etiquette to saving money! * 5-Day Suggested Itinerary-cover the best spots the city has to offer in 5 magical days! * Luxury Sleeps, Luxury Eats-our best recommendations for ultimate luxury in Prague * Budget Sleeps, Budget Eats-best spots for travelers on a budget * Map-of Prague * City Snapshot-language, currency, airports, country code + more! * Before You Go-there are some things you need to know! * Getting in the Mood-with a few great films and books to enjoy before you go! * Local Tourist Information-where to find it once you're on the ground in Prague * Overview-of Prague * Czech Phrases For Emergencies-least you'll know how to holler, "Help!" * Climate + Best Times to Travel-to Prague * All About Tours-By bike, boat, bus or special interest and walking tours + our top recommendations with links and more! * Prague Nightlife-the best bars, clubs, live music, theater and dancing * Lots more-we aim to get you in the know!

Alerts Mac users to the new features of the latest version of the word processing software, covering bullets and numbering, captions, cross-referencing, envelopes and labels, sorting, tables, and toolbars, and offering real-world examples of problem solving. Original. (All Users).

Meet the bullet system: a revolutionary organization method that will increase both your efficiency and your creativity. The bullet method will provide you with a to-do list that is so foolproof that you will never miss a task or appointment again. When you learn the basic principles of the method, you can delve deeper into the process and allow it to help you organize your daily life, take note of past accomplishments, and plan your future. THE 365 BULLET BOOK is an easy-to-follow and essential guide to learning the bullet system. There's an exercise for every day of the year and each takes 365 seconds or less to complete. With simple, clear instructions, this book will show you how to incorporate the bullet method into your life as gradually or quickly as you like. The joy of bulleting is that it is both holistic and completely customizable to your own aesthetics and habits, so you can create your own journal from scratch and put into practice as many of the hundreds of ideas and techniques as you like such as habit trackers, sleep logs, handwriting exercises, and much more! Whether you're a doodling devotee or a to-the-point minimalist, THE 365 BULLET BOOK is your indispensable guide to an elegantly organized life.

Inspired by the global "study with me"/#studygram phenomenon: Study smarter, stay motivated, improve your grades—all by taking better, more effective notes! Written by Jasmine Shao, founder of popular YouTube channel and Instagram account @studyquill, and Alyssa Jagan, founder of @craftyslimecreator and author of the DIY book Ultimate Slime, Study with Me includes everything you need to set and achieve your study goals using simple-to-master bullet journaling techniques: The basics of bullet journaling, and how to adapt them to your specific studying needs and goals Methods for organizing your time and scheduling Ideas for page and spread layouts for specific topics and how to set them up Plus: Dos and don'ts, hacks, and assorted tips for beginners With Study with Me, you'll learn the note-taking and organizational skills you need to achieve success!

Here is a creative and productive organisational system to combine your sketchbook, planner, to do lists and journals. Start by filling out the The Little Bullet Book's planners with monthly and weekly goals, select simple codes to mark important and long-term tasks and keep track of them all with your own wonderfully simple contents page. Take care of everyday reminders, exercise aspirations and appointments while also tracking future hopes and dreams with this peaceful planner. This book has a perfect balance between monthly and future logs and space to break out your own creative lists with inspirational tips and tricks throughout to build and maintain a lifestyle you love. Beautifully designed by David Sinden, the bestselling author of The Little Book of Calm Colouring.

Beyond Bullet Points, Fourth Edition "Throw away those room-emptying, left-brain slides—and use Atkinson's book to turn your PowerPoint presentation into an epic." —Daniel H. Pink, author of Drive and A Whole New Mind Think beyond bullet points—and amplify the impact of your message! Now in its fourth edition, this popular classic illuminates an innovative, step-by-step methodology designed to unlock the amazing visual story waiting to be released from your message. Communications expert Cliff Atkinson shows how to apply classic storytelling tenets and practical, research-based guidelines as you work with Microsoft PowerPoint—for memorable, meaningful, and persuasive visual stories. Change your approach—and transform your results! Find your story thread Create an emotional connection to increase your impact. Cut through the clutter Distill your message and get right to the point. Bring your story to life Storyboard your ideas, find your natural voice, and deliver a compelling presentation!

Organize your life, record what matters, and get stuff done! What the heck is a dot journal? It's a planner, to-do list, and diary for every aspect of your life: work, home, relationships, hobbies, everything. Early adopter Rachel Wilkerson Miller explains how to make a dot journal work for you—whether you find the picture-perfect examples on Pinterest inspiring or, well, intimidating. You decide how simple or elaborate your journal will be, and what goes in there: Lists of your to-dos, to-don'ts, and more Symbols that will make those lists efficient and effective Spreads to plan your day, week, month, or year Trackers for your habits and goals (think health, money, travel) Accouterments such as washi tape, book darts, and more!

Meet the bullet system: a revolutionary organization method that will increase both your efficiency and your creativity. At its simplest, the bullet method will provide you with a fool proof to-do list that will ensure you never miss a task or appointment again. Take it just a step further and its principals will let you organize your present, take note of the past and plan your future. The 365 Bullet Book is an essential guide to bullet journaling. For every day of the year, there's an exercise that 365 seconds or less to complete. With simple, clear instructions, this book will show you how to incorporate the bullet method into your life as gradually as you like. The joy of bulleting is that it is both holistic and customizable. Here there are hundreds of ideas and techniques for you to put into practice: habit trackers, sleep logs, handwriting exercises and more besides. Whether you're a secret scribbler or a to-the-point minimalist, The 365 Book is your indispensable guide to an elegantly organized life. With contemporary illustrations by Marcia Mihotich and a pull-out stencil to help you easily achieve a high-designed look, this book will revolutionize your efficiency and creativity. Grab a notebook and a pen, and get bulleting!

From Flow, a beautiful, mindful guide to having less stuff. Less stress. Less distraction. Less everything. In less comes the freedom of letting go. This thoughtful and surprising book shows us how to get there, by paring down not just the jumble of things around us, but the clutter in our heads, too. And to help, interact with special paper goodies, including a one-thought-a-day diary, a foldout tiny house to let you imagine the pleasures of living in a small and cozy space, and art posters that depict a beautiful picture of what it means to do less, not more. Paper goodies from The Big Book of Less include: 2 journals A dot journal poster 4 art posters 1 foldout tiny house with 20 accessories And even more hidden treasures Decluttering your life and mind makes room for more—more listening, more focus, more wisdom, more time. More life. HOT ON AMAZON! Word Search 365 Puzzles Books Games Word. Easy Games.

So what is a bullet journal? It's a planner, to-do list and diary that will help you get your life together! This fun, practical guide shows you how to start and keep a bullet journal: a single notebook in which you write down all the things that you want to remember, or need to do, or you've already done – from every aspect of your life: work, home, relationships and hobbies. With colourful illustrations and easy tips to get you started, early adopter Rachel Wilkerson Miller explains how to make a bullet journal work for you – whether you want to create something simple or elaborate. Ideas for content include: - Lists of your to-dos and to-don'ts - Symbols that will make your lists efficient and effective - Calendars to plan your day, week, month or year - Trackers for your habits and goals (think health, money, travel) - Stationery such as washi tape, book darts and more! The phenomenon that is bullet journaling has led to thousands of journalers sharing their work on Pinterest, Instagram and Facebook. In How To Bullet Plan, BuzzFeed editor Rachel Wilkerson Miller tells you everything you need to know to start your own.

This book focuses on assigned reading in middle grade science courses and the 14 actions proficient readers take before, during, and after reading to comprehend assigned course texts including textbook chapters, book chapters, passages, and articles.--Vanessa Dodo Seriki, associate professor of science education, and coordinator of graduate programs in mathematics and science education, Morgan State University

Say hello to the bullet system: a revolutionary organization method that will increase both your efficiency and your creativity. At its simplest, the bullet method will provide you with a fool proof to-do list that will ensure you never miss a task or appointment again. Take it just a step further and its principals will let you organize your present, take note of the past and plan your future. The 365 Bullet Guide is an easy-to-follow book that will teach you the bullet system. There's an exercise for every day of the year and each takes 365 seconds or less to complete. With simple, clear instructions, this book will show you how to incorporate the bullet method into your life as gradually or quickly as you like. The joy of bulleting is that it is both holistic and completely customizable to your own aesthetics and habits, so you can create your own journal from scratch and put into practice as many of the hundreds of ideas and techniques as your like such as habit trackers, sleep logs, handwriting exercises, and much more! Whether you're a secret scribbler or a to-the-point minimalist, The 365 Bullet Guide is your indispensable guide to an elegantly organized life. With contemporary illustrations by Marcia Mihotich, this book will help you to build a better life. Grab a notebook and pen, and get bulleting!

Everything you need to know to look after yourself to bring about and maintain perfect health, prosperity, wealth, happiness, quality of life and longevity. It reveals that we are, without realising, not doing enough or the right things to protect our health and prosperity which is equally extremely damaging to nature, wildlife, oceans, sea-life, fresh springs, waterways and air, and us. The Book by Linde utilises new and ancient knowledge from around the world, over the millennia identifying what changes we need to make to enhance every aspect of our lives with simple solutions for almost every situation. It is your most powerful contribution to protecting, nurturing and saving our planet. In summary, 'THE BOOK' Consists of Six Chapters which incorporates a summary within each one: Lifestyle; Food & Nutrition; Medical Care; Mind; Water; and Now Live the final chapter which you can cast your eye over first as it is a synopsis of the complete works. It is highly recommend to read from cover to cover but, it is packed with valuable information to just use as a Reference Manual on a day to day basis. Teaches you how to look after your body and mind to ultimately prevent illness, but also to help regain and maintain perfect health; Provides countless number of practical, realistic & simple tips to easily adopt into your day to day lifestyle improving quality of life, saving time & money and gaining longevity; Fuses together specialised areas in health & mind, lifestyle & environment under one cover; Identifies our day to day toxic exposures that we are unaware of and provides successful resolutions; Gives you complete fundamental knowledge and awareness, to use your courage to take responsibility for your life enhancing your health, prosperity and happiness; Provides you with ancient knowledge and practices to new, from science including quantum physics, to philosophy, psychology, and important detail on nutrition, exercise, energies and medicine; Is very current, answering all the conflicting hype about diets, the next super food or the bad effects of conventional drugs or sugar that are in the media weekly, even daily; For more information please visit www.thebookbook.co.uk

In Organize your Life Creatively with the Bullet Journal, you will learn how to make planning a pleasure. As the author shares her journey with you, she shows how keeping your own dot journal can help you gain a clear picture of your priorities and purpose. This book explains how to plan efficiently your weekly schedules, track your habits, make lists and document your daily special moments. Maria Tsiboussis invites you to be gorgeously organized and create the life you want by finding your hidden treasure within you.

The system combines elements of a wishlist, a to-do list, and a diary. It makes it easy to get thoughts out of your head and onto paper, to see them clearly and decide what to do about them

Life is full of challenges. There are times when you will feel like you've done everything to the best of your ability, but in the end, it still didn't work. Have you ever wondered why? Was it because life is unfair, or was it because you were actually "expecting the worst"? Have you considered expecting the best instead? You may think, "Of course, I considered great things to happen!," but science says otherwise. People who are preparing for something are found to be thinking more of the bad things that could happen than the positive outcomes. More often than not, thinking about unfortunate events actually make it happen. Hoping that you will not be late for a meeting will cause you to be late. Thinking of saying a complex sentence inappropriately actually makes you tongue-tied. Do you know why? It is because your thoughts have the power to change things and events. In this book, you will learn how to master positive thinking by learning about the power of thought and the Law of Attraction. With these core principles, this book will teach you ways on how to think positively by hacking your body, your speech, and your actions. You will know about scientific studies that proved the benefits of positive thinking. You will also be introduced to the successful life teachers who used positivity to become successful. Finally, you will be provided with step-by-step guides on how you can do it yourself. You are on your way to becoming a positive person who will enjoy living a good life by spreading the positive vibrations to the world! After downloading this book you will learn... Chapter 1: The Power of Thought Chapter 2: Mind over Body: The Power of Expectation Chapter 3: Mind over Matter: The Power of Intention Chapter 4: Mind over Society: The Power of Mental Communication Chapter 5: The Law of Attraction Chapter 6: Become a Positive Thinker: Start with Your Body Chapter 7: Become a Positive Speaker Chapter 8: Become a Positive Doer And Much, much more!

The digital age has many perks, yet there is still something enduring about putting pen to paper. Bullet journaling is becoming increasingly popular, but many beginners don't know where to start: this book will help. This guide for beginners contains: - 14 pages of Future Log ideas - 16 pages of Monthly Log ideas - 42 pages of Daily and Weekly Log ideas - 33 pages of miscellaneous ideas There is information on suggested materials and instructions on how to get started, as well as a beginner's jargon buster and some useful online resources. This book will fill you with ideas and inspiration to start your own bullet journal and become a part of the analog revolution for the digital age.

Ever wonder what really happens that first year after you retire? I'm talking about the day-to-day emotions, feelings, projects, questions, anxieties... the ups and downs of this very important next step in one's life after some 25/30/35/40 years of formal work? Well, my "The Baby Boomers First-Hand/First-Year Guide to Retirement... 365 Days of Bliss (????!!) or Diss (Not????!!)" could provide some insight for those recently retired or contemplating retirement. This 365 day (from January 17, 2013 to January 17, 2014) daily journal allows the reader to follow along as I experience the chores, the life; the new budgeting, the wife — the questions, the emotions; some answers and hopefully some solutions. "First-Hand" is an easy-to-read/fast page turner; a humorous collection of thoughts and stuff... it does not hit you over the head with heavy retirement questions regarding pensions or 401(k) requirements; or statistics such as inflation projections, investment facts, tax shelters, financial formulas, etc... My book is simply a personal essay of my first 365 days of retirement, featuring real names and real people. Included are personal pictures and anecdotes of my 2013 journey that sheds light on the everyday minutia of retired life. I self-published my first book "SQUARE SQUIRE & THE JOURNEY TO DREAMSTATE" in 2012. I have a completed children's short story collection "LongTALES for shortTAILS" — currently being illustrated; and I have a young adult/short story collection "Word Food for Doods" ready for publishing. I am presently working on a novella about a jive/hipster dude cat called "Diddley Squatt."

This book is a must for recreational and commercial fishermen as well as anyone who loves the outdoors! With detailed information on 207 species of saltwater fish along with superb illustrations and excellent diagnostics for fish identification, this guide will be enjoyed by anyone who fishes or likes fish. The serious fisherman will be pleased to find essential information on each species's ½ habitat, identification, typical size, and food value.

** Over 30 Healthy & Delicious Recipes ** For years, parents have been right: Eating your broccoli is a good idea. This hearty, tasty

vegetable is rich in dozens of nutrients. In fact, it packs the most nutritional punch of any vegetable. We have gathered the most sought after and best selling broccoli recipes. Enjoy! - Did You Know - Broccoli contains sulforaphane, an isothiocyanate and powerful anticancer substance. Broccoli contains fiber, flavonoids, indoles, vitamins and minerals that may also play a role in disease prevention. Broccoli is low in calories, fat free and contains no cholesterol. Broccoli provides two antioxidants that are important for eye health. Take a peak at a few of the recipes you can find inside! Broccoli Casserole Broccoli Polonaise Broccoli Lasagna Broccoli Bread Broccoli Quiche Broccoli Coleslaw Introduce Broccoli into your diet today! Scroll Up & Grab Your Copy NOW!

ATTENTION TRAINERS: It's Not About YOU - It's About the LEARNER! What is the biggest mistake a trainer can make? Quite simply, it is focusing all of their efforts on themselves and not their students! Many inexperienced trainers fall into this trap, but it doesn't have to happen to you! This book provides easy-to-execute examples that, when utilized, will make any rookie trainer look like a seasoned pro in just one day! You will learn how to structure the classroom experience in such a positive way that I guarantee it will make a difference in your professional life and in the lives of your participants. The techniques outlined in this book will help you to become the Great Trainer you have always wanted to be - because although good trainers may know these methods, Great Trainers make it happen! Inside, you will discover how to: -Create an inviting physical and emotional learning environment for your students. An inviting learning environment leads to higher levels of participation, retention, and on-the-job application! -Be less of an instructor and more of a "Tour Guide." Utilizing tour guide techniques will make your class anything-but-ordinary, causing people to look forward to your next event! -Utilize Great Trainer techniques whether you're facilitating a 5-day course, a 60-minute training session, or a 15-minute presentation! -Apply the techniques that will help you go WACCO for your participants - without spending a dime! Get on the road to continuous training improvement and start reading!

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