

## The Addiction Counselors Documentation Sourcebook The Complete Paperwork Resource For Treating Clients With Addictions

Practical exercises and sample dialogue in this guidebook teaches you how to help those you care about by opening your heart and releasing the healing power within yourself

Contains 80 ready-to-copy homework assignments that can be used to facilitate therapy with children Expert guidance on how and when to make the most efficient use of the exercises Assignments may be quickly customized using the enclosed CD-ROM Help children develop the skills they need to work through problems The Child Therapy Activity and Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 80 ready-to-copy exercises covering the most common issues encountered in children in kindergarten through sixth grade A quick-reference format?the interactive assignments are grouped by behavioral problem, such as anger management, Attention-Deficit/Hyperactivity Disorder (ADHD), learning difficulties, physical challenges, and social skills, as well as problems related to divorce and adoption Expert guidance on how and when to make the most efficient use of the exercises A CD-ROM that contains all the exercises in a word-processing format?allowing you to customize them to suit you and the child?s unique styles and needs

The Family Therapy Progress Notes Planner contains completeprewritten session and patient presentation descriptions for eachbehavioral problem in The Family Therapy Treatment Planner.The prewritten progress notes can be easily and quickly adapted tofit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers thefreedom to develop customized progress notes Organized around 38 main presenting problems that range fromfamily business conflicts and inheritance disputes to alcoholabuse, physical/verbal/psychological abuse, and religious/spiritualconflicts Features over 1,000 prewritten progress notes (summarizingpatient presentation, themes of session, and treatmentdelivered) Provides an array of treatment approaches that correspond withthe behavioral problems and DSM-IV-TR(TM) diagnostic categories inThe Family Therapy Treatment Planner Offers sample progress notes that conform to the requirementsof most third-party payors and accrediting agencies, including theJCAHO and the NCQA

All the forms, handouts, and records mental health professionals need to meet documentation requirements—fully revised and updated The paperwork required when providing mental health services continues to mount. Keeping records for managed care reimbursement, accreditation agencies, protection in the event of lawsuits, and to help streamline patient care in solo and group practices, inpatient facilities, and hospitals has become increasingly important. Now fully updated and revised, the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms, checklists, and clinical records essential for effectively and efficiently managing and protecting your practice. The Fourth Edition offers: Seventy-two ready-to-copy forms appropriate for use with a broad range of clients including children, couples, and families Updated coverage for HIPAA compliance, reflecting the latest The Joint Commission (TJC) and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence-based treatment A CD-ROM with all the ready-to-copy forms in Microsoft® Word format, allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment, The Clinical Documentation Sourcebook, Fourth Edition offers sample forms for every stage of the treatment process. Greatly

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expanded from the Third Edition, the book now includes twenty-six fully completed forms illustrating the proper way to fill them out. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

The College Student Counseling Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for young adult clients Organized around 28 main presenting problems, from academic performance anxiety and financial stress to depression, suicidal ideation, and chemical dependence Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

The Addiction Progress Notes Planner helps mental health practitioners reduce the amount of time spent on paperwork and increase time spent with clients by providing a full menu of pre-written progress notes that can be easily and quickly adapted to fit a particular client need or treatment situation. The progress notes cover an eclectic array of treatment approaches and correspond with the behavioral problems and the DSM-IV-TR diagnostic categories found in The Addiction Treatment Planner, Second Edition.

The Wiley Concise Guides to Mental Health: Substance Use Disorders uses clear, highly accessible language to guide the reader through the entire continuum of addiction care and present the latest scientific understanding of substance use and abuse. This comprehensive, informative reference provides a complete overview of diagnosis, treatment, research, emerging trends, and other critical information about chemical addictions. Both biomedical and psychiatric conditions and complications are thoroughly covered. Like all the books in the Wiley Concise Guides to Mental Health series, Substance Use Disorders features a compact, easy-to-use format that includes: Vignettes and case illustrations A practical approach that emphasizes real-life treatment over theory Resources for specific readers such as clinicians, students, or patients In addition to the fundamentals of chemical addictions and treatment, Substance Use Disorders covers some of the most cutting-edge topics in the field, including innovative treatment approaches, outcome demands, brain science, relapse-prevention strategies, designer drugs, spirituality, and other areas. This straightforward resource is admirably suited for a wide variety of readers, from those in the helping professions, to law enforcement personnel, to recommended reading for clients currently in treatment.

The Child Psychotherapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Child Psychotherapy Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. \* Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes \* Organized around 33 main presenting problems that range from blended family problems and children of divorce to ADHD, attachment disorder, academic problems, and speech and language disorders \* Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) \* Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR(TM) diagnostic categories in The Child Psychotherapy Treatment Planner, Third Edition \* Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

Help clients in group therapy develop the skills they need to work through problems Group Therapy Homework Planner provides you with an

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array of ready-to-use, between-session assignments designed to help clients in group therapy. This easy-to-use sourcebook features: 79 ready-to-copy exercises covering the most common issues encountered in group therapy A quick-reference format—the interactive assignments are grouped by behavioral problem, such as anxiety, bulimia, chemical dependence, and depression Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Group Therapy Treatment Planner—so you can quickly identify the right exercise for a given situation or behavioral problem A computer disk that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

The Special Education Treatment Planner provides all the elements necessary to quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans (IEPs). The educational treatment plan process assists the professional in identifying interventions and communicating to others the specific method, means, format, and/or creative experience by which the student will be assisted in attaining IEP goals. Offers the freedom to develop customized educational treatment plans for children and adolescents who have special learning needs Organized around 29 main educational disabilities, from learning disabilities and emotional/mental impairment to ADHD, chronic health issues, autism, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each educational disability, long-term goals, short-term objectives, and educational interventions Easy-to-use reference format helps locate educational treatment plan components by disability

All the forms, handouts, and records you need to meet the paperwork requirements of the managed care era In an era of third-party accountability, your professional survival could hinge on your ability to comply with the documentation requirements of insurers and regulatory agencies. Written by an experienced clinician who has trained thousands of mental health professionals in effective clinical documentation, this sourcebook helps you minimize the potential for billing disputes—or worse—by arming you with the full retinue of required forms, checklists, and records. An indispensable resource for mental health professionals working in inpatient, partial hospitalization, day treatment, and/or residential treatment programs, The Continuum of Care Clinical Documentation Sourcebook is the only book that brings together sample documents covering all stages of treatment—from intake and admission to outcome assessment. Ready-to-use blank forms, handouts, and records make it easy to satisfy the paperwork demands of HMOs, insurers, and regulatory agencies Completed copies of forms illustrate the exact type of information required Clear, concise explanations of the purpose of each form—including when it should be used, with whom, and at what point Forms may be copied from the book or customized on the included disk

The Addiction Treatment Planner, Third Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. This Third Edition includes new language for evidence-based care that fits mandates set forth by the American Society of Addiction Medicine (ASAM), which are being adopted by most state accrediting bodies New chapters cover chronic pain, dangerousness/lethality, opioid dependence, and self-care Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 42 main presenting problems, including chemical and nonchemical addictions such as substance abuse, eating disorders, schizoid traits, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

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Behavioral health conditions, which include mental health and substance use disorders, affect approximately 20 percent of Americans. Of those with a substance use disorder, approximately 60 percent also have a mental health disorder. As many as 80 percent of patients with behavioral health conditions seek treatment in emergency rooms and primary care clinics, and between 60 and 70 percent of them are discharged without receiving behavioral health care services. More than two-thirds of primary care providers report that they are unable to connect patients with behavioral health providers because of a shortage of mental health providers and health insurance barriers. Part of the explanation for the lack of access to care lies in a historical legacy of discrimination and stigma that makes people reluctant to seek help and also led to segregated and inhumane services for those facing mental health and substance use disorders. In an effort to understanding the challenges and opportunities of providing essential components of care for people with mental health and substance use disorders in primary care settings, the National Academies of Sciences, Engineering, and Medicine's Forum on Mental Health and Substance Use Disorders convened three webinars held on June 3, July 29, and August 26, 2020. The webinars addressed efforts to define essential components of care for people with mental health and substance use disorders in the primary care setting for depression, alcohol use disorders, and opioid use disorders; opportunities to build the health care workforce and delivery models that incorporate those essential components of care; and financial incentives and payment structures to support the implementation of those care models, including value-based payment strategies and practice-level incentives. This publication summarizes the presentations and discussion of the webinars.

The Juvenile Justice and Residential Care Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. \* Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for juvenile clients \* Organized around 28 main presenting problems, from depression and abandonment issues to truancy, substance abuse, family instability, and others \* Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and educational interventions \* Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis \* Includes a sample treatment plan that conforms to the requirements of most third-party payers and accrediting agencies (including HCFA, JCAHO, and NCQA)

An indispensable handbook for assisting clients in crisis and in their journey toward healing Integrating practical training with both research and theory, Fundamentals of Crisis Counseling offers students and professionals proven hands-on techniques to assist clients in recovery from crisis and towards an eventual return to their day-to-day lives. Written in the author's gentle yet purposeful voice, this reader-friendly guide is filled with lessons on current evidence-based counseling, how to operate as a client stress manager, and information on finding resources that facilitate client resilience. In addition, the author helps counselors improve counseling effectiveness by gaining a better understanding of their own strengths and weaknesses and emphasizes the importance of self-care. Stemming from the author's thirty-five years of experience as a crisis counselor, this book contains valuable information on: Crisis theory and intervention models Concepts, techniques, assessment, and treatment for disaster mental health work Legal and ethical concerns regarding working with individuals, groups, couples, and families Assessment and instrument selection Main concepts and techniques of brief

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therapy, motivational interviewing, stages of change, positive psychology, grief therapy, client resilience, and spirituality. Multicultural crisis counseling techniques centered on age, gender, sexual orientation, and ethnicity. Counselor self-care complete with case studies and examples. Ideal for all mental health professionals looking for guidance on best practices in crisis counseling, this book is also suitable for training professionals and counseling students. The book includes access to an online instructor's test bank, PowerPoint slides, and syllabi in line with 2009 Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards. Fundamentals of Crisis Counseling imparts useful knowledge on little utilized crisis counseling abilities, preparing counselors at every stage to effectively respond to the immediate and lasting affects of crisis.

The Psychopharmacology Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for clients whose therapy includes psychotropic drugs. Organized around 28 main presenting problems regularly treated with a combination of psychotropic and psychotherapeutic interventions or treatment modalities, from ADHD, dementia, and substance abuse to antisocial behavior, bipolar disorders, and more. Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options. Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis. Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA).

The Addiction Counselor's Documentation Sourcebook: The Complete Paperwork Resource for Treating Clients with Addictions. John Wiley & Sons

The flexible format of The Severe and Persistent Mental Illness Progress Notes Planner, 2nd Edition enables you to choose between evidence based and traditional "best practice" treatment approaches for your patients. Fully revised to meet your needs as a mental health professional working in today's long-term care facilities, this time-saving resource will save you hours of time-consuming paperwork without sacrificing your ability to develop customized progress notes. This guide is organized around 31 behaviorally based issues, from employment problems and family conflicts, to financial needs and homelessness, to intimate relationship conflicts and social anxiety.

All of the requisite forms addiction treatment professionals need—a crucial time-saver in today's healthcare system. Treating addiction in today's healthcare environment means that mental health professionals must manage an imposing amount of paperwork. Government and private grant funding, insurance and benefits programs, regulatory compliance,

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and the need for data on treatment effectiveness (evidence-based treatment) all require proper documentation. If these forms are missing, the results can range from bureaucratic headaches to problems serious enough to close a practice. Now fully updated and revised, *The Addiction Counselor's Documentation Sourcebook: The Complete Paperwork Resource for Treating Clients with Addictions, Second Edition* provides the most useful and current forms for accurate and comprehensive documentation and record keeping. These ready-to-use forms will save you and your practice hours that would otherwise be spent creating and collating them, freeing you to devote more energy to the important matters of treatment. A companion CD-ROM includes all documents in Word<sup>®</sup> format so you can customize them according to the unique needs of your practice. Covering every aspect of mental health practice for addiction treatment, this fully revised Second Edition also includes: Critical forms updated to help providers achieve HIPAA, JCAHO, and CARF compliance Unique handouts, exercises, and facilitator guides for use in individual and group therapy A comprehensive CD-ROM featuring all forms in Word format, as well as PowerPoint slideshows for every psychoeducational presentation in the book *The Addiction Counselor's Documentation Sourcebook, Second Edition* is an essential time-saving resource that allows any professional practicing or working in the field of addiction treatment the freedom to give more of their time and energy to the people they serve.

Utilizing the methodology of the bestselling *Practice Planners* series, *The Complete Anxiety Treatment and Homework Planner* provides an all-in-one resource for treating anxiety and anxiety-related disorders—saving time and paperwork while allowing you the freedom to develop established and proven treatment plans for adults, children, adolescents, and other subgroups and populations. Includes a wide range of behavioral definition statements describing client symptoms as well as 25 customizable homework and activity assignments to be used during treatment Provides long-term goals, short-term objectives, and recommended interventions, as well as DSM-IV-TR™ diagnostic suggestions associated with each presenting problem Ready-to-copy exercises cover the most common issues encountered by a wide range of client groups struggling with anxiety and anxiety-related disorders A quick-reference format—the interactive assignments are grouped by patient type, such as employee, school-based child, adolescent, addicted adult, acute inpatient, and more Expert guidance on how and when to make the most efficient use of the exercises Includes access to ancillary Web site with downloadable resources, including sample treatment plans and customizable homework exercises

All the resources needed to fully integrate a 12-step approach as part of your overall treatment program Millions of Americans have at some time in their lives participated in a 12-step program for treatment of a chemical or non-chemical addiction. Clinicians recognize that these grass-roots efforts have a very high cure rate. However, little has been written on how to integrate these programs into a traditional therapy setting. Integrating the 12 Steps into Addiction

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Therapy serves as an indispensable resource for clinicians treating addiction patients who are simultaneously enrolled in 12-step programs. This valuable text: \* Contains eight lesson plans and twenty-seven assignments \* Integrates in-depth discussion of 12-step programs with hands-on resources like homework assignments, treatment plan examples, and patient handouts \* Will also benefit 12-step program peer counselors \* Includes companion CD-ROM with fully customizable homework assignments, lesson plans, and presentations

Treating addictions—whether chemical or non-chemical—can be one of the most difficult challenges faced by mental health professionals. For many people, 12-step programs have played a critical role in helping them to manage their addictive behaviors. Integrating the 12 Steps into Addiction Therapy gives psychologists, therapists, counselors, social workers, and clinicians the tools and resources they need to fully utilize these peer therapy program techniques in treating a wide variety of addictions.

(The book) is meant to improve the initial and ongoing professional development of substance abuse counselors.... It is (the author's) hope that (the book) will increase the entry-level competence of counselors seeking certification as alcohol and drug abuse counselors. This book not only discusses the core functions of the substance abuse counselor, but also provides the latest information on the global criteria used by the ICRC to evaluate applicants for certification.... This book can be used by professors and instructors in counselor training programs and by supervisors in treatment programs to prepare trainees for a professional career as an alcohol and drug abuse counselor. -Intro.

The Addiction Counselor's Desk Reference is a compilation of information about the full spectrum of addictive disorders, their consequences, and treatment. This text includes definitions and illustrations of addiction-related terminology, addictive disorders and behaviors, descriptions of treatment models and techniques, as well as lists of websites, government resources, and treatment centers.

Referencing the 2016 CACREP standards, *Clinical Mental Health Counseling: Elements of Effective Practice* by editors J. Scott Young and Craig S. Cashwell combines solid foundational information with practical application for a realistic introduction to work in community mental health settings. Top experts in the field cover emerging models for clinical interventions as they explore cutting-edge approaches to CMH counseling. With case studies integrated throughout, students will be well prepared to move into practicum and internship courses as well as field-based settings.

Guidance for addiction counselors in understanding and applying ethical standards Filled with proven strategies to help you examine your current practice for ethical snags and refresh your ethical thinking, *Ethics for Addiction Professionals* leads you in examining, building, and rebuilding aspects of your ethical practice with the goal of helping you become the strongest clinician possible—ethically speaking. Up-to-date and comprehensive, this practical guide examines real-life examples of ethical issues in clinical practice and illustrates potential pitfalls and the actions needed when faced with

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dilemmas. Helping addiction counselors learn how to deal with and apply ethical standards, *Ethics for Addiction Professionals* explores the gray area of common dilemmas and provides guidelines on how to determine the best course of action when the best course is unclear. Covers basic principles that affect current ethical concerns and dilemmas Includes illustrative real-world case studies Features well-defined professional codes of ethics Treats ethics as a set of guidelines designed to protect the client, the clinician, and the profession as a whole

The Probation and Parole Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for clients on parole or probation Organized around 29 main presenting problems, from probation/parole noncompliance and vocational deficits to violent aggressive behavior and childhood trauma, abuse, and neglect Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

At least one of every four people in America has had some experience with addiction--either personally or through a family member. Addiction and its consequences cost billions of dollars each year in direct medical costs, lost productivity, accidents, crime, and corruption. Yet as a disease, addiction is still largely misunderstood. Starting with the question "what is addiction?" Elizabeth Connell Henderson takes the reader through the many facets of this disorder. She examines the effects of addictive substances on the brain and reviews each of the major classes of substances. In the development of addiction, she looks at the genetic, social, and psychological factors. Henderson shows the effects of addiction on the family and guides the reader on a journey through the course of the illness and the process of recovery. Additional chapters deal with the problems associated with dual diagnosis--when addiction is accompanied by other psychiatric illnesses. Also chapters cover behavioral addictions such as compulsive overeating, pathological gambling, and sexual addiction. Covered are: Who becomes addicted and why? What are the properties of the major addictive drugs? What is the course of addiction? How does addiction affect the family? What constitutes recovery? What are the current trends in research? What organizations are available for help and how are they contacted? For the addict in recovery and for the family of the afflicted, *Understanding Addiction* provides crucial information to demystify this disease and provide clear guidance toward recovery. For human resource workers, attorneys, social workers, nurses, corrections officers, school counselors, and teachers, the book provides a framework of practical information for aiding individual

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sufferers and coping with their unique struggles.

The Veterans and Active Duty Military Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 78 ready-to-copy exercises covering the most common issues encountered by veterans and active duty soldiers in therapy, such as anger management, substance abuse and dependence, bereavement, pre-deployment stress, and chronic pain after injury A quick-reference format—the interactive assignments are grouped by behavioral problems including combat and operational stress reactions, postdeployment reintegration, survivor's guilt, anxiety, parenting problems related to deployment, and posttraumatic stress disorder Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross-referenced to The Veterans and Active Duty Military Psychotherapy Treatment Planner—so you can quickly identify the right exercise for a given situation or problem Downloadable assignments—allowing you to customize them to suit you and your clients' unique styles and needs

Full of practical information on assessing, diagnosing, and treating alcohol gambling addiction, this handy manual in the new Wiley Series on Treating Addictions is an invaluable tool for anyone who works with clients experiencing problems with gambling. This timesaving resource features: Treatment plan components for 26 speech-language disorders \* Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options \* A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors PracticePlanners? The Bestselling treatment planning system for mental health professionals The Speech-Language Pathology Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, and third-party payors. This book helps both the novice and expert speech-language pathologist to identify functional and meaningful strategies for improving a client's communication skills. \* Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for adult, child, and adolescent clients \* Organized around 26 main speech-language disabilities, from those associated with aphasia and dysarthria to dysphagia, language disorders, alternative and augmentative communication, voice disorders, and others \* Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each communication disorder, long-term goals, short-term goals, and clinically tested treatment options \* Easy-to-use reference format helps locate treatment plan components by disability \* Handy workbook-style format affords plenty of space to record your own customized definitions, goals, objectives, and interventions Additional resources in the PracticePlanners? series: \* Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. \* Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. For more information on our PracticePlanners? products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

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Practice Planners: The Bestselling treatment planning system for mental health professionals Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fourth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: Revised homework assignments reflecting clients' stages of readiness and change New appendices to help you select exercises based on American Society of Addiction Medicine (ASAM) criteria 88 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format-the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and substance abuse, as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Addiction Treatment Planner, Fourth Edition so you can quickly identify the right exercise for a given situation or problem A CD-ROM that contains all the exercises in Microsoft Word format-allowing you to customize them to suit you and your clients' unique styles and needs Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

Becoming an Addictions Counselor, Fourth Edition provides evidence-based findings, cutting-edge treatment techniques, and a focus on critical thinking to show future counselors how to respond to clients' needs rather than impose "cookie-cutter" routines. Help adult clients develop the skills they need to work through problems The Adult Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: \* 61 ready-to-copy exercises covering the most common issues encountered by adults in therapy \* A quick-reference format-the interactive assignments are grouped by behavioral problem, such as chemical dependence, grief, financial stress, and low self-esteem \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments that are cross-referenced to The Complete Adult Psychotherapy Treatment Planner, Third Edition-so you can quickly identify the right exercise for a given situation or behavioral problem \* A CD-ROM that contains all the exercises in a word-processing format-allowing you to customize them to suit you and your clients' unique styles and needs

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