

## The Easy 5 Ingredient Slow Cooker Cookbook 100 Delicious No Fuss Meals For Busy People

237 tantalizing appetizers, savory soups, full-flavored stews, main dishes, meatless options, healthful choices, and luscious desserts. No more than 5 ingredients per recipe, each of which coaxes the most flavor from the least effort. A special bonus chapter features simple and quick-to-prepare 5-ingredient side-dish serve-alongs. Favorite cuisines: Asian, Italian, Mexican and Mediterranean, plus comfort food, vegetarian choices and more All recipes list ingredients needed, cook times, nutrition information, and calorie counts.

The perfect addition to a busy mom's library, this cookbook is filled with time-trimming recipes! Using only 5 ingredients or less, you'll find delicious recipes like buttery garlic chicken, anytime cheesy biscuits and gooey brownies. Best of all, it features plenty of time-saving tips and ideas for making hearty homestyle meals to enjoy with family & friends.

The Crock-Pot Ladies Big Book of Slow Cooker Dinners is a lifetime of delicious dinner ideas that are as easy to make as they are flavorful. The Crock-Pot Ladies walk the walk of raising busy families and feeding them well. Meet Heidi, Katie, and Sarah, three awesome cooks who preside over households that together include ten children along with a variety of husbands, grandchildren, and other relatives—all while they maintain super-busy work-at-home schedules that fill most of each day. The hundreds of thousands of readers of their wildly popular website, Crock-Pot Ladies, rely on them for nutritious and tasty recipes that deliver variety over monotony, comfort over pretense, and, above all, quick prep work over laboriously fancy productions. In this book, their first, featuring 275 recipes—over half of which are brand new and not available on their website—the Crock-Pot Ladies use easy-to-shop-for, available-anywhere ingredients to build terrific soups and stews, dips and spreads, sides and casseroles, and, especially, protein-packed main courses for big appetites. Experts at cooking for the freezer, the Ladies serve up 25 freezer meal plans, covering 5-, 7-, and 10-day plans, that use the many freezer-friendly recipes in the book. Nobody knows Crock-Pots and other slow cookers like the Crock-Pot Ladies, and The Crock-Pot Ladies Big Book of Slow Cooker Dinners is chock-full of tips and tricks that show you how to get the most from any model or size of slow cooker. This is a book you can rely on, day in and day out, weekdays and weekends, for fabulous dinners that don't demand time that you don't have.

When you're short on time, you'll love these big-on-flavor, crazy easy meals. Cooking can sometimes involve mile-long ingredient lists and require more time than one cares to spend in the kitchen after a busy day. With Fast and Easy Five Ingredient Recipes you'll find over 100 recipes that only require five ingredients (or less) and use simple ingredients in unique ways. Recipes include: Southern Style Chicken Sliders Spinach Alfredo Lasagna Pulled Pork Carnita Tacos Homemade Pizza Pockets Peanut Butter Sea Salt Cookies Whether for weeknight meals or last minute dinner parties, these five-ingredient recipes will save you time and money...and they're delicious too!

No one has time to cook these days! The solution? These 200 recipes which offer convenience and comfort to anyone faced with a too-full life and hungry people to feed. With breakfast, lunch, dinner, and dessert options, all made with five ingredients or less, these recipes are quick to fix, easy for anyone to make (whether you're a cook or not!), and delicious and satisfying.

If you are looking for some easy and delicious recipes for your Keto Diet Journey, if you want to save time and money for your every meal. Then you are reading the right book! Ketogenic Diet has been proven by scientists to be the most popular and effective diet for rapid weight loss, better sleeping, better skin, improving energy level, preventing disease and prolonging our life. This book must be your complete guide of Ketogenic Diet, which will tell you all essential knowledge about Keto Diet. It combines Keto and Crock-Pot Cooking to provide you easy and healthy 5-ingredient or less recipes, which all are keto-friendly and time-saving. Inside this book, you will find many delicious recipes, which all are easy to prepare, including: Keto Beef Recipes Delicious Pork Recipes Flavored Lamb Recipes Easy Seafood Recipes Mouth-watering Poultry Recipes Simple Soups and Stews Healthy Vegan Recipes Amazing Appetizers Graceful Side Dishes and Desserts What are you waiting for? Take just a few seconds, scroll up to click the "BUY NOW WITH 1-CLICK" button!

The Super Easy 5 Ingredient Cookbook makes wholesome, everyday meals easier with minimal time, effort, and money. A handful of the right ingredients can make eating fresh easy every day. The Super Easy 5 Ingredient Cookbook offers the easiest whole foods recipes to whip up 5 ingredient meals to save you time, effort, and money. This 5 ingredient cookbook limits the time and effort you spend shopping, prepping, and cooking with 5 or fewer affordable, everyday ingredients. To add efficiency to convenience, the recipes in The Super Easy 5 Ingredient Cookbook are classified by 30 minutes or less, one-vessel, no cook, and freezer-friendly dishes. From Spaghetti Squash Pomodoro to Rosemary-Garlic Pork Tenderloin, The Super Easy 5 Ingredient Cookbook makes good meals effortless with: Kitchen hacks that offer smart shopping tips, meal planning basics, and pantry essentials 5 simple ingredients that are easy to find in any standard grocery store 100 super easy recipes that use few ingredients and are classified as one-pot, one-pan, one-dish, freezer-friendly, no cook, or 30-minute dishes You don't need to give up convenience for a fresh, homemade dinner. The Super Easy 5 Ingredient Cookbook gives you all of the ingredients you need to keep it simple in the kitchen.

Slow-cooked in the morning--fast (and fabulous) home-cooked in the evening. Deciding what's for dinner doesn't have to be a panic-filled, last-minute decision. The Easy 5-Ingredient Slow Cooker Cookbook is designed to make things deliciously fast and easy for busy home cooks--with no-fuss meals that anyone can make. From Apple-Cinnamon Oatmeal and Mexican Corn Chowder to Beer Brisket and Banana Bread, this slow cooker cookbook is filled with savory, limited-ingredient recipes. Take just a few minutes to prep and set in the morning and unveil a complete, mouthwatering meal in time for dinner. The Easy 5-Ingredient Slow Cooker Cookbook includes: 100 effortless recipes--Breakfasts, stews, desserts, and more...choose from loads of 5-ingredient, slow cooker recipes that take 15-minutes or less to prep. Great tastes that are good for you--Whole food recipes--complete with detailed nutrition info--help you keep home cooking healthy. One-pot meals--You won't need sides thanks to this slow cooker cookbook--recipes are complete, delicious, and satisfying meals all on their own. Discover how simple home-cooked dinners can be with The Easy 5-Ingredient Slow Cooker Cookbook.

"Simple, straightforward recipes to suit your busy lifestyle...from the author behind the popular blog Keto In The City"--Page [4] of cover.

Discover hundreds of satisfying main dishes, quick-fix sandwiches, comforting soups and family-favorite desserts...all of which come together with a handful of kitchen staples! You'll even find five-ingredient side dishes, salads and breads that round out meals in a flash. These clever recipes come from savvy home cooks who know how to pump up flavor with just a few ingredients, and now we're sharing those secrets in this brand-new collection. For many family cooks, it's a challenge to set a hot and hearty meal on the table. After all, kitchen time usually competes with jobs, after-school activities, and other tasks and errands. Luckily, Taste of Home 5-Ingredient Cookbook is here to help! Inside, readers will find 400+ fast and fabulous recipes—each of which calls for five ingredients or fewer! It's never been easier (or tastier) for home cooks to whip up a comforting dinner while saving time and cutting the grocery bill! Taste of Home's trademark indexes get an update with an index organized by common kitchen staples, and numerous tip boxes offer shortcuts that other home cooks took when preparing the recipes.

CHAPTERS Breakfast Appetizers & Beverages Soups & Sandwiches Beef Pork Poultry Fish & Seafood Meatless Salads & Salad Dressings Sides & Condiments Breads & Rolls Cakes, Pies & Desserts Cookies, Bars & Candies Recipes Nutty Waffle Sandwiches Easy Black Bean Salsa Italian Meatball Buns Simple Chicken Soup Brisket with Cranberry Gravy Ham with Ruby-Red

Glaze Chicken Enchilada Bake Thai Shrimp Pasta Jazzy Mac 'n' Cheese Mediterranean Orange Salad Freezer Raspberry Sauce Fresh Herb Flatbread Golden Pound Cake Caramel Cashew Clusters

Simplify your life and your family's meals with easy, 5-ingredient recipes. If a busy schedule has been standing between you and eating the healthy meals you and your family deserve, consider a simpler alternative. The 5-Ingredient Fresh and Easy Cookbook is a straightforward, convenient, and organized method that proves you don't need a ton of ingredients to make a great meal--all you need is 5. To all of you overworked professionals, jugglers of children, and commuters, this easy cookbook is filled with 90+ simple recipes that don't skimp on flavor, nutrition, or freshness. If you often find yourself scrambling at dinnertime, The 5-Ingredient Fresh and Easy Cookbook should be your go-to reference. Inside The 5-Ingredient Fresh and Easy Cookbook, you'll find: Hone your workspace--With a little help optimizing your kitchen, this easy cookbook will make sure you have the necessary tools and cooking area. Reinvent your meals--In addition to one-pot recipes, easy classics, no-cooks, and pre-prepped, there are dishes in this easy cookbook specifically designed for turning leftovers into new, tasty treats. Stock your shelves--From your freezer to your cabinets, this easy cookbook will keep all of the essentials you need an arm's length away. The 5-Ingredient Fresh and Easy Cookbook is the perfect way to create efficiency in the kitchen and grocery store while still producing nutritious, interesting meals. Recipes include: Fig Ricotta Toast, Shepherd's Pie, Veggie Frittata, Black Bean Sweet Potato Chili, and Cuban Mojo Pork Chops & Orange Rice

A compilation of recipes taken from Petersen's blog, <http://www.365daysofcrockpot.blogspot.com> .

5 ingredients + 15 minutes preparation time + Slow cooker = Fabulous One Pot Meal \*\*\* LARGE PRINT EDITION\*\*\* Have you ever found yourself going home, tired after a long day, only to discover that you still have to cook food? The prospect of having to prepare several ingredients, use a frying pan or an oven, and then perform other complicated and time-consuming tasks may either make you order out or skip dinner altogether. If think about it, using a slow cooker can solve all this. It will make you save time and energy and money. What's not to like? On top of that, if you only need five ingredients to prepare your meals, and 15 minutes to make it, it's even better! Slow cookers allow you to go home with food not only ready for you to eat, but also still tasty and warm at the same time. All you have to do is to prepare the ingredients in the morning, put all of them in the slow cooker and leave it. No mess, no dishes to clean, and not much effort compared to other kitchen appliances. This also means less work and faster preparation time. You arrive at home with a one-pot meal ready to eat. It will give you more time to enjoy your meal. Compared to ovens, slow cookers require a significantly lower amount of electricity. This means lower bills for you to pay. Another money-saver is that with slow cookers, you can buy the less expensive, tougher meats. Instead of the expensive choice cuts, you can use the tougher meats because the slow cookers will make the meat more tender. Inside find: \* Useful tips for cooking with a slow cooker \* Succulent beef recipes like the cowboy beef; \* Mouth-watering chicken and turkey recipes; \* Easy pork dishes like the apricot-glazed pork roast; \* Delicious fish recipes like the garlic butter tilapia; \* Delectable vegetarian meals like the artichoke pasta; \* Luscious desserts like the chocolate cake; \* Weekend breakfast dishes like the French toast casserole. Now let's start cooking! Scroll back up and order your copy today!

Get the recipes everyone is talking about in the debut cookbook from the wildly popular blog, Skinnytaste. Gina Homolka is America's most trusted home cook when it comes to easy, flavorful recipes that are miraculously low-calorie and made from all-natural, easy-to-find ingredients. Her blog, Skinnytaste is the number one go-to site for slimmed down recipes that you'd swear are anything but. It only takes one look to see why people go crazy for Gina's food: cheesy, creamy Fettuccini Alfredo with Chicken and Broccoli with only 420 calories per serving, breakfast dishes like Make-Ahead Western Omelet "Muffins" that truly fill you up until lunchtime, and sweets such as Double Chocolate Chip Walnut Cookies that are low in sugar and butter-free but still totally indulgent. The Skinnytaste Cookbook features 150 amazing recipes: 125 all-new dishes and 25 must-have favorites. As a busy mother of two, Gina started Skinnytaste when she wanted to lose a few pounds herself. She turned to Weight Watchers for help and liked the program but struggled to find enough tempting recipes to help her stay on track. Instead, she started "skinny-fying" her favorite meals so that she could eat happily while losing weight. With 100 stunning photographs and detailed nutritional information for every recipe, The Skinnytaste Cookbook is an incredible resource of fulfilling, joy-inducing meals that every home cook will love.

The best thing about slow cooking is that you can throw all the ingredients into a slow cooker and let it do the work for you. It's so easy. But we've found a way to make it even easier! By using just 5 ingredients, not only will you have less to buy, but there'll be less to prep too, and it will still taste amazing. Cooking a delicious meal has never be so easy, with these 100 effortless, heart-warming slow-cooker recipes.

"Slow Cooker Recipes" has become a bestseller many times over, proving that cooks everywhere appreciate the handy convenience and timesaving benefits of the slow cooker. In addition to featured main course roast, stew and casserole recipes, appetizers, dips, soups, beans, beverages, and even breads and cakes can be made in the slow cooker. A useful "Tips and Hints" section offers advice on how to make the best use of your slow cooker, including which ingredients can be assembled the night before and which ones should be added last.

Great value—hundreds of tested and perfected recipes, informative tips, plus two bonus chapters—all-in-one economical resource for time-crunched cooks from the brand they know and trust. More than 400 recipes for appetizers, beverages, soups, stews, main dishes, and desserts. Bonus chapters offer 5-Ingredient Recipes and One-Dish Meals. Plenty of timesaving tips and advice for smoother meal prep. Easy-to-follow format.

From the trusted nutritionist behind the bestselling healthy cookbook on meal prep comes The Easy 5-Ingredient Healthy Cookbook--your next course in healthy meals made super simple. Keeping balanced meals on the table can be tough when you're busy. That's why registered dietitian nutritionist and bestselling healthy cookbook author, Toby Amidor, created The Easy 5-Ingredient Healthy Cookbook. With truly simple 5-ingredient recipes--many of which are ready to eat in 30 minutes or require just one cooking vessel--The Easy 5-Ingredient Healthy Cookbook is your solution to eating healthy on a hectic schedule. Your complete healthy cookbook for hassle-free, nutritious meals, The Easy 5-Ingredient Healthy Cookbook contains: 150 no-fuss recipes using only 5 easy-to-find main ingredients per meal Quick, no-mess meals requiring only 30-minutes to make or one-pot Healthy cooking bonus tips including meal planning guidelines and grocery shopping advice that are unique to this healthy cookbook A healthy cookbook with a simple solution to nutritious meals--The Easy 5-Ingredient Healthy Cookbook helps you eat well even when you're busy.

What could you do with 5 ingredients or less? Could you create an incredibly delicious, easy, no prep meal for your whole family? Chrissy Taylor will show you how. This special and unique collection of 100

slow cooker recipes features traditionally-based recipes with a twist, taken up a notch thanks to surprising flavor additions and using different spices. Chrissy's recipes require no browning, no prep and no special ingredients. Mouthwatering favorites include Slow Cooker Jerk Chicken, Enchilada Quinoa and Homemade Bread. Also included are Vegetarian, Fish & Seafood, Breakfast and Sauce options. Give your oven a break and impress your family with No-Prep Slow Cooker. This book features 100 delicious recipes and 60 mouth-watering photos.

The authors of the bestselling book are back with simple, five-ingredient recipes to help newbie cooks make delicious dishes and learn how to shop smarter.

Jamie Oliver--one of the bestselling cookbook authors of all time--is back with a bang. Focusing on incredible combinations of just five ingredients, he's created 130 brand-new recipes that you can cook up at home, any day of the week. From salads, pasta, chicken, and fish to exciting ways with vegetables, rice and noodles, beef, pork, and lamb, plus a bonus chapter of sweet treats, Jamie's got all the bases covered. This is about maximum flavor with minimum fuss, lots of nutritious options, and loads of epic inspiration. This edition has been adapted for US market.

Our recipes are no fuss, low calorie and really do only need 5 ingredients to deliver a delicious, nutritious slow cooker meal that will allow you stay on track with your weight loss efforts.

Incredibly easy recipes from Low Carb Yum, one of the all-time most popular low-carb and keto blogs People across the country are discovering low-carb and keto diets and finally achieving weight-loss success, but one of the biggest challenges can be finding easy-to-prepare low-carb recipes that can fit a busy schedule. Everyone wants to get in and out of the kitchen fast, and this where Low-Carb Yum 5-Ingredient Keto comes to the rescue. The cookbook is filled with delicious recipes to make low-carb, high-fat meals with minimal ingredients and no-fuss preparation. Easy and great-tasting foods are the key to success with a keto diet, and it doesn't get much simpler than recipes with 5 ingredients or less. Low Carb Yum 5-Ingredient Keto features over 120 tasty recipes for breakfast, lunch, dinner, dessert, and beverages. Quick breakfast recipes to start the day off right Soups and salads that make perfect lunches Effortless appetizers, snacks, and beverages Hearty dinners that don't take all day to prepare Seafood specialties Decadent yet healthy desserts Recipes meeting dairy-free, nut-free, egg-free, paleo, and AIP dietary restrictions Low Carb Yum 5-Ingredient Keto is also the perfect guide for keto and low-carb beginners. Whether you've made the move to a keto diet to lose weight or improve health, there's helpful tips and advice including A rundown of keto basics, with explanations of ketosis, daily macros, and calorie counting Foods to eat and foods to avoid, making shopping and stocking one's pantry even faster and easier Common keto mistakes that can cause weight loss stalls Addressing inflammatory foods which may also be contributing to health issues Sample daily meal plans for those who need some help during their transition to keto Nutritional information for all recipes, including macros

The New York Times best-selling author of 101 Things to Do with a Cake Mix! demonstrates the delectable versatility of the crock pot. Call it a slow cooker, a crockery cooker, or your best friend, these handy kitchen machines are gaining popularity, and for good reason. Slow cookers make perfectly tender meats and brings out the flavor of a wide variety of dishes with little risk of burning. And don't let the name fool you—your slow cooker can be a real time-saver! Simply throw your ingredients in, get on with life, and come home to a kitchen filled with the aroma of real home cooking. In 101 Things to Do with a Slow Cooker, Stephanie Ashcraft presents easy-to-follow recipes for everything from South of the Border Pot Roast to Cherries Jubilee and even Almond hot Chocolate. Recipes for soups and stews, main courses, side dishes, beverages, desserts, and more are included, along with suggestions for what to serve with each dish, time-saving tips, and easy modifications.

The easiest slow cooker recipes ever by the best-selling author of Make It Fast, Cook It Slow Stephanie O'Dea, New York Times best-selling author of Make It Fast, Cook It Slow and 365 Slow Cooker Suppers, is back with her easiest assortment of recipes ever in Five Ingredients or Less Slow Cooker Cookbook. Just because these recipes are a breeze to throw together doesn't mean they're lacking in flavor or creativity. O'Dea knows how to make standard slow-cooker fare delectable, with recipes like Pulled Pork Jalapeño Dip, Pureed Pumpkin Soup, and Cornbread Casserole, while also providing plenty of unexpected slow-cooker dishes like Ginger Glazed Mahi Mahi, Artichoke Angel Hair Pasta, Flan, and Cheesecake. There is also a whole chapter for vegetarian meals, as well as gluten-free options for every recipe in the book. And she does it all with five ingredients or less!

The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!'

60+ easy recipes with 5 ingredients or less.

Busy moms and dads will appreciate these quick, simple, classic recipes, all of which can be popped into a slow-cooker early in the day so it's ready to eat by the time everyone is home from school and work. Getting a nutritious dinner on the table is one of the top everyday challenges for most families—busy cooks are always eager for healthy, quick, and delicious options that their families will eat. Slow Cooker Dump Dinners offers 50 recipes for hot, homemade meals that can be made by “dumping” a few ingredients into a slow-cooker. And the best part? Each dump dinner is made with just 5 ingredients or less! Talk about quick and easy!

Who has time to make food these days? And what if you aren't a cook, but your budget or your household is strongly suggesting that you should be? Everyone needs recipes that are guaranteed to be: Quick to fix Easy for anyone to make Delicious and satisfying The solution? The newly revised and updated Fix-It and Forget-It 5-Ingredient Favorites—the latest in the multi-million-copy Fix-It and Forget-It cookbook series. Gather five or fewer readily available ingredients + your slow cooker + Fix-It and Forget-It 5-Ingredient Favorites, and you can have: Apricot chicken Convenient slow-cooker lasagna Bacon feta-stuffed chicken Alfredo bow-ties Upside-down chocolate pudding cake Fix-It and Forget-It 5-Ingredient Favorites, with its more than six hundred recipes, can be your new faithful companion. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not

every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Tired of eating processed food and ordering out? Why not let your slow cooker do the work with only 5 ingredients! \*\*\* LARGE PRINT EDITION\*\*\* With just a few minutes of preparation, dump your ingredients in the crock pot, and a few hours later you'll get a homemade meal that your family will love. Save time, energy and money preparing delicious home cooked meals. Slow cookers allow you to go home to food that's not only ready for you to eat but also still tasty and warm. All you have to do is to prepare the ingredients in the morning, put all of them in the slow cooker and leave it. No mess, no dishes to clean, and not much effort compared to other kitchen appliances. You get a one-pot meal ready to eat, and more time to enjoy your meal and to do other household tasks. Compared to ovens, slow cookers require a significantly lower amount of electricity. This means lower bills for you to pay. Plus, ovens have a tendency to heat up not only the food but also the entire kitchen. With slow cookers, you can prevent that. Another money-saver is that with slow cookers, you can buy the less expensive, tougher meats. You don't need the expensive choice cuts because slow cooking will make the meat tender and delicious. Because of how slow cooking works, flavors do not escape through smoke. The herbs, spices, stocks, and other flavorings circulate within the broth. This retains and infuses more flavors when other appliances cannot. All recipes in this book will have five ingredients or fewer. They will also require very little preparation time. Please note that salt and pepper, water, and cooking spray are not counted as an ingredient. All the recipes included in this cookbook are easy to prepare. They only need a few ingredients and yet are very flavorful. They will surely please all the members of your family. Inside find lots of recipes: Easy to make breakfast recipes like the Healthy Maple Oatmeal. Wholesome beef one-pot meal like the Beef Short Ribs in tomato Sauce. The Chicken Tacos with Mango Salsa So delicious pork recipes like the Maple and Cider Ham Healthy Fish and seafood recipes like the Slow Cooked Poached Salmon. All vegetarian fares like the Spicy Green Lentil Curry Scrumptious dessert recipes like Sweet Pears in Orange Sauce Now let's start cooking! Scroll back up and order your copy today! "

Transform a Few Staple Ingredients into Spectacular Meals Dinner doesn't have to be complicated or time-consuming with Rebecca White's nourishing and exciting meals, prepared with only a few key ingredients already found in your pantry. With one-pot, sheet-pan and slow-cooked recipes, she'll show you how to make simple staples into standout meals. This incredible collection features recipes such as: • Sheet-Pan Cumin Chicken and Bell Peppers • One-Pan Lemon Parmesan Linguine • Porcini Beef Ragù • Braised Star Anise Short Ribs • Pan-Seared Lamb Chops with Shallots and Mushrooms • Duck Fat-Seared Scallops Whether you're making a convenient weeknight dinner or a party entrée that's sure to impress, stressful mealtimes will become a thing of the past.

Tired of eating processed food and ordering out? Why not let your slow cooker do the work with only 5 ingredients! With just a few minutes of preparation, dump your ingredients in the crock pot, and a few hours later you'll get a homemade meal that your family will love. Save time, energy and money preparing delicious home cooked meals. Slow cookers allow you to go home to food that's not only ready for you to eat but also still tasty and warm. All you have to do is to prepare the ingredients in the morning, put all of them in the slow cooker and leave it. No mess, no dishes to clean, and not much effort compared to other kitchen appliances. You get a one-pot meal ready to eat, and more time to enjoy your meal and to do other household tasks. Compared to ovens, slow cookers require a significantly lower amount of electricity. This means lower bills for you to pay. Plus, ovens have a tendency to heat up not only the food but also the entire kitchen. With slow cookers, you can prevent that. Another money-saver is that with slow cookers, you can buy the less expensive, tougher meats. You don't need the expensive choice cuts because slow cooking will make the meat tender and delicious. Because of how slow cooking works, flavors do not escape through smoke. The herbs, spices, stocks, and other flavorings circulate within the broth. This retains and infuses more flavors when other appliances cannot. All recipes in this book will have five ingredients or fewer. They will also require very little preparation time. Please note that salt and pepper, water, and cooking spray are not counted as an ingredient. All the recipes included in this cookbook are easy to prepare. They only need a few ingredients and yet are very flavorful. They will surely please all the members of your family. Inside find lots of recipes: Easy to make breakfast recipes like the Healthy Maple Oatmeal. Wholesome beef one-pot meal like the Beef Short Ribs in tomato Sauce. The Chicken Tacos with Mango Salsa So delicious pork recipes like the Maple and Cider Ham Healthy Fish and seafood recipes like the Slow Cooked Poached Salmon. All vegetarian fares like the Spicy Green Lentil Curry Scrumptious dessert recipes like Sweet Pears in Orange Sauce All recipes come with a detailed list of ingredients, cooking time, number of servings, easy to follow step-by-step instructions, and nutritional information per serving. Let's start cooking! Scroll back up and order your copy today! Enjoy the convenience of your CROCKPOT® slow cooker even more with these super simple, mouthwatering recipes--just dump and go! Now you can prepare delicious dinners with maximum flavor and minimum hassle--you'll be in and out of the kitchen in no time! Choose from 140 slowcooked soups, chicken and beef meals, meatless favorites, sweet treats and more. More than 120 photos of the finished dishes.

Test cooks share their favorite low-effort, high-reward complete weeknight dinners, most ready in an hour or less. Imagine surveying your pantry or fridge and realizing you already have every ingredient you need to make any number of fast, flavor-packed meals. Sounds like a dream? These back-pocket dinners make it a reality, with recipes that transform foods such as a rotisserie chicken, a baguette, hummus, or quinoa into full meals using just five ingredients (plus salt, pepper, and fat) that require little in the way of planning. What these recipes lack in ingredients, they more than make up for in flavor and creativity. We use simple techniques to our advantage to coax the maximum amount of oomph out of each component: • Turn rotisserie chicken into a cheesy, melty tart with frozen spinach, Brie, and store-bought crust • Shape lemony meatballs from ground chicken and quinoa--given a flavor boost from garlicky hummus that doubles as

the base for a sauce • Get resourceful with our Grilled Tofu with Charred Broccoli, Peanut Sauce, and Crispy Shallots, repurposing the often drained-away shallot frying oil to coat the broccoli before grilling for an added layer of savoriness With each recipe, a test cook's commentary gives an inside peek into the recipe creation process, whether offering a tip for using a high-impact ingredient like red curry paste or oil-packed sun-dried tomatoes (we help you compile a treasure trove of useful flavor bombs) or an imaginative technique (such as mincing carrot tops for a garnish). These recipes and tips will have you looking at your pantry with fresh eyes.

Make It Fast, Cook It Slow is the first cookbook from Stephanie O'Dea, the extremely popular slow cooking blogger: affordable, delicious, nutritious, and gluten-free recipes to delight the entire family. In December 2007, Stephanie O'Dea made a New Year's resolution: she'd use her slow cooker every single day for an entire year, and write about it on her very popular blog. The result: more than three million visitors, and more than 300 fabulous, easy-to-make, family-pleasing recipes, including: Breakfast Risotto Vietnamese Roast Chicken Tomatoes and Goat Cheese with Balsamic Cranberry Syrup Falafel Philly Cheesesteaks Creme Brulee -- and much more. Make It Fast, Cook It Slow is the perfect cookbook for easy, quick prep, inexpensive ingredients, and meals that taste like you spent hours at the stove.

Crockpot TODAY SPECIAL PRICE - 1001 Best Crock Pot Recipes of All Time (Limited Time Offer) Over 1,000 of Healthy and Delicious Crockpot Recipes with Easy-to-Follow Directions! The modern fast paced world we live in makes cooking a difficult task. Days go by incredibly fast with work, time spent in traffic, kids and family and sometimes mixing up a proper lunch or dinner is the last of our concerns. But don't you wish it was different? Don't you wish you could eat a nutritious meal every day without the hassle of mixing and supervising it above the stove? Let me tell you that it is possible and it has one answer - slow cooking! A crock pot resolves all your cooking problems regarding time and money and it is capable of allowing you to cook a wide range of recipes to satisfy the tastes of even the pickiest eaters. Collecting 1001 recipes between its pages, this book is an invaluable collection for both beginners and experts in slow cooking. No more blanching, boiling, simmering or roasting on the stove. Instead, just chop ingredients up and mix them in your crock pot then turn it on and allow it to do its magic! It's that simple and easy! Each recipe is straightforward and it requires easy to find ingredients, as well as some very basic cooking skills. Here's what you will find in this book: \* Amazing appetizers \* Rich and nutritious main dishes (vegetarian, chicken, pork and beef) \* Luscious desserts \* Delicious beverages Wait no more! Grab your copy today and change your life style and diet for good! No more junk food, no more extra money spent on restaurants, no more food that has no nutrients! Instead

Just because you're in college doesn't mean you have to eat like it. With The 5-Ingredient College Cookbook, you can cook simple, delicious meals on the tightest of budgets and in the smallest of spaces. College food has developed quite the culinary "reputation." Most students don't have the time, money, or space to make meals like mom used to, so words like fast, cheap, and microwavable have become synonymous with college eating. But there IS a better way! Healthy cooking expert and cookbook author Pamela Ellgen brings you the latest in college cooking with The 5-Ingredient College Cookbook--the simplest college cookbook yet. By sticking to 5 easy-to-find main ingredients per recipe, The 5-Ingredient College Cookbook makes it easier than ever for students to cook tasty, high quality, healthy food for themselves. NO MONEY? Each recipe in this college cookbook calls for no more than 5 main, affordable, tasty ingredients NO TIME? Tried and true, these college cookbook recipes take 30 minutes or less from beginning to "yum!" NO EXPERIENCE? Helpful illustrations demonstrate how to prep common produce and even how to properly use a knife NO PROBLEM! 100+ of the most popular, student-approved recipes in this college cookbook include 3 variations to keep each one interesting time and time again Don't head to the cafeteria for overpriced soggy waffles or "controversial" mystery meat. With just 5 ingredients and 30 minutes you can enjoy any one of the delicious, college student favorites in this college cookbook, such as: Classic French Toast, No-bake Energy Balls, Mozzarella Sticks, Greek Pita Sandwiches, Thai Chicken Ramen, Creamy Chicken and Mushroom Fettuccine, and more

The slow cooker is the busy cook's best friend—with a little bit of prep, you can “Set it and forget it,” letting dinner simmer away so you can focus on other things instead of babysitting the stove. With Get Crooked: Fast & Easy Slow Cooker Recipes, serving a hot, delicious meal has become even more simple. Each recipe requires minimal prep: You won't be browning meats on the stove, chopping a mile-long list of vegetables or hunting down impossible-to-find ingredients. With less than 15 minutes of prep, dinner (or dessert, or breakfast, or even party snacks) is done!

New York Times bestselling series! Full color photographs highlight easy-to-love, delicious-to-eat slower cooker recipes made with just 5 ingredients that are healthy for the whole family. Putting a wholesome meal on the table every night can be exhausting—and expensive. But it doesn't have to be! Fix-It and Forget-It Healthy 5-Ingredient Cookbook is chock full of slow cooker recipes that are guaranteed to need only a handful of easy-to-find ingredients and to be: Quick to fix Healthy for you and your family Delicious and satisfying Sounds pretty good, right? Wait until you see the recipes. Selected from some of the best home cooks across the country, these are a few of the family-friendly meals you'll be serving up in no time: Southwestern Chili Honey Balsamic Chicken Fresh Veggie Lasagna Butternut Squash Soup Spinach Frittata Nectarine Almond Crisp And more! Fix-It and Forget-It Healthy 5-Ingredient Cookbook is your solution for simple, affordable, healthy meals for you and your family.

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