

The Emergency Handbook For Getting Money Fast

The DRH Handbook provides the clinical information most frequently used in emergency care - in a simple, easy-to-use, and portable format. This book covers: critical care; trauma; cardiology; toxicology; primary care issues, such as hypertension, gastroenteritis, and pharyngitis; authoritative drug-dosing and disease treatment tables; treatment regimes for scores of common diseases, TIMI Risk Score, Nexus Low-Risk Criteria, and CT Grading of Solid Organ Injuries; and ACLS and PALS algorithms.

This book is a field manual that helps to navigate in a busy ER. It is useful as a quick reference for MDs, RNs, NPs and PAs. It covers most of the topics encountered in ER, both traumatic and life-threatening as well as less urgent illnesses. Additional copies of this book can be purchased on: www.amazon.com or www.bn.com. and is available in eBook version from the above distributors.

WHY YOU SHOULD NEVER HAVE AN OPERATION IN JULY AND OTHER LIFESAVING ADVICE! "This book offers practical advice about how to keep yourself free from harm and error in hospitals, and how to assert yourself in cases such as getting stuck with a bad roommate or a rude doctor. Includes chapters on taking children to the hospital and how to be prepared before an emergency." — The Wall Street Journal Hospital Survival Guide is the essential patient handbook to ensure that you and your family emerge from hospital visits healthier than before checking-in and without having to endure excessive stays, pain or indignities. Includes practical tips, warnings and surprising information you doctor might not tell you, such as the fact that July, when the new interns start, is the most dangerous month to have a procedure done at a teaching hospital; EMLA anesthetic cream can be requested to be used on children's skin, allowing for less painful I.V. starts; and washing off all iodine-based antiseptics thoroughly after surgery can prevent chemical burns. Proven tips for reducing hospital bills are also presented. Dr Sherer will teach you how to: Find the Best Hospital for Your Condition Demand & Receive the Best Care Avoid Unnecessary Pain & Complications Protect Your Health from Human Error Navigate Emergency Room Care Educate Yourself on Your Condition & Your Rights Protect Your Financial Health & Reduce Your Bills Choose Between Bundling Services Versus "Fee for Service" – Pricing/Pros & Cons Work the System to Get What You Need Maximize New and Innovative Ways to Use the Internet for Self-Education Deal with the Impact of Pandemic Emergencies, Natural Disasters and the Opioid Crisis on Your Care Learn More about Artificial Intelligence, Robotic surgery and Using Big Data Decide if "Medicare for All" is Feasible and the Social Determinants on the Allocation of Healthcare And Much Much More! "I recommend this book for everyone, especially people who are undergoing their first operation in a hospital. Being aware of the services offered or not offered in the hospital and learning ways to reduce anxiety can be invaluable throughout one's hospital stay. For health care providers, the Hospital Survival Guide offers excellent insight into many of the uncertainties that patients face as they enter into the unknown world of the hospital. Even though we hear the alarming statistics every day, the book is a powerful reminder of all of the mistakes that can be made in the course of care and what we all can do to reduce the likelihood of experiencing a medical error ourselves." — P&T® Journal

The Physician Assistant Emergency Medicine Handbook equips you to appropriately manage more than 175 common and uncommon emergencies. Best of all, a concise outline format makes reference quick and easy! Organized by type of emergency, individual chapters progress from a definition of a particular disease or problem, through a description of the pertinent pathology, physical examination, laboratory findings, and treatment.

When your baby faces a medical emergency, what should you do? Sometimes your intuition is spot-on, but other times it's entirely wrong. With this life-saving guide close at hand, you'll be ready to handle over forty common infant and toddler emergencies, including falls, high fevers, bee stings, burns, and more. This guide makes it easy to find the information you need during even the most stressful times. Most importantly, you'll learn how to prevent the most common emergencies that new parents encounter. The Baby Emergency Handbook will help you: Learn the best ways to react in almost any emergency Know when to seek immediate medical help Get faster help in a hospital emergency room Tips on keeping your child safe

The Skipper's Medical Emergency Handbook is designed to assist all who go to sea - whether on a day excursion, a holiday cruise or an even longer trip. It will provide practical advice, boost confidence, solve problems and minimise danger for all on board. Step-by-step instructions, explanatory illustrations and flow charts provide an at-a-glance reference on how to prevent, treat and care for the sick and injured at sea. And there is advice on pre-voyage preparations, establishing emergency procedures, first response and assessment of illnesses and injury, right through to offshore aftercare and recovery. The Skipper's Medical Emergency Handbook is a comprehensive and practical resource for novices or experienced sailors and motorboaters.

A vital resource for pilots, instructors, and students, from the most trusted source of aeronautic information.

The Emergency Handbook for Getting Money Fast!EmergencyThis Book Will Save Your LifeHarper Collins

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Survival Medicine Handbook: (FREE Bonus Included) First-aid In Case Of Emergency And Essential Things To Have In Your Medicine Kit Whether you're a naturalist, an athlete, or just spending some time with friends or family, there's always the chance that you will find yourself in need of emergency attention. Don't let an outdated, mostly empty, or worse yet, absent first aid kit make the difference between life and death. Find out, in a few short pages, what is absolutely essential to have at all times for a medical emergency and how to get it with minimal time and effort. Download your E book "Survival Medicine Handbook: First-aid In Case Of Emergency And Essential Things To Have In Your Medicine Kit" by scrolling up and clicking "Buy Now with 1-Click" button!

Where To Download The Emergency Handbook For Getting Money Fast

This user-friendly resource presents a patient-centered approach to managing the growing incidence of major psychiatric emergencies in the outpatient setting. Abundant illustrations, tables, and algorithms guide you through the wide range of disorders discussed, and a color-coded outline format facilitates rapid access to essential information necessary for making a proper diagnosis for optimal management outcomes. Organizes information by patient presentation to help you distinguish among conditions that present with similar symptoms. Discusses medical conditions presenting with psychiatric symptoms, where appropriate. Highlights critical information in "Hazard Signs" boxes for quick, at-a-glance review. Uses acronyms and memory aids to enhance recall of information in moments of crisis. Features a chapter discussing the psychiatric effects of bioterrorism. Offers an Improved Suicide Risk Scale with criteria on impulsivity, plan, and lethal level of attempt. Provides valuable tips on interviewing and interacting with patients in various situations, as techniques will vary from depressed suicidal patients to manic and potentially assaultive individuals. Includes appendixes that discuss common psychiatric medications used and important lab values in the ER.

This book is not intended to be a survival guide if life as we know it crumbles. This book is for those who understand that emergencies and disasters can happen to individuals, families, communities, and geographical regions, and who want to be ready to handle them better. A winter storm can take out your electricity for days or even weeks. A hurricane may threaten your city and you have to shelter in place or choose to evacuate until it passes. A tornado carves a path of devastation and utilities are disrupted; you're fine but you have no electricity or water. There's a fire in your building and you have to evacuate with the basic necessities. A tree crashes down on your house and you have to find other accommodations until repairs are made. Or you're stuck in your car on the highway due to a major accident ahead. You will be planning and preparing for large emergencies, which means you'll be better prepared for the smaller emergencies. If an emergency happens, your life will be affected, but you'll handle it better if you take these 31 Small Steps to Organize for Emergencies.

The definitive guide to getting ready for and staying safe after a major earthquake in the Pacific Northwest. FEMA recommends being prepared for two weeks of self-sufficiency after it occurs, and this handbook will show you how with clear, informative, and easy-to-implement steps. Recent seismic activity has made national headlines and underscored the fact that the Cascadia fault line off the coast of British Columbia, Washington, Oregon, and Northern California is overdue for a major earthquake. And when it happens, living conditions could be akin to those in the mid-nineteenth century. This handbook covers the supplies you need to stay safely in place, including water, food (and food prep), first aid, sanitation, health and hygiene needs, shelter and bedding, and light/fire. It also includes lists of what to purchase and how to store it, as well as simple exercises to gain confidence in performing necessary tasks. Learn what to do during and immediately after an earthquake, how to develop a reunification plan, and how to communicate when basic infrastructure is down. It also addresses the particular concerns of those living in coastal areas (the tsunami zone) as well as those outside of the severe impact zone. It covers long-term ways to stay safe without modern conveniences and a crash course in survival techniques should the quake happen before all preparations are complete. Get Ready! presents information in clear, practical, and manageable steps, equipping the reader with the skills to care for themselves and their loved ones should a major earthquake hit. And when it does, the internet will not be an option, making this reference handbook invaluable. If you live in the Pacific Northwest, you need Get Ready!

Financial illiteracy is the #1 economic crisis in the world, impacting more than 5 billion people across the planet. The few who know how money works take advantage of those who do not - the suckers. This book is designed to help you break the cycle of endless debt, foolish spending and financial cluelessness so you can stop being a sucker, start being a student and take control of your financial future.

A medical reference for people travelling in wilderness and risky outdoor environments offers information on procedures and techniques to handle a variety of outdoor medical emergencies.

Handbook of Canine and Feline Emergency Protocols, Second Edition offers practical step-by-step guidance to managing emergency cases in small animal practice. Presenting more than 165 complete protocols for triaging, stabilizing, and managing emergent patients, the book is designed for fast access in an emergency situation, with tabs to make it easy to flip to the relevant section. An ideal resource for veterinary practitioners seeking a quick reference for dog and cat emergencies, this Second Edition provides enhanced imaging information to increase the book's diagnostic usefulness and full updates throughout. Logically organized alphabetically by category of emergency, the book includes useful chapters on procedures, shock, toxicology, and trauma in addition to a procedures chapter. Video clips, additional images, review questions, formula calculations, and quick reference guides are available on a companion website. Handbook of Canine and Feline Emergency Protocols, Second Edition provides a user-friendly daily reference for any small animal practitioner.

Fully revised and updated, the Oxford Handbook of Emergency Medicine is the definitive, best-selling guide for all of the common conditions that present to the emergency department. Whether you work in emergency medicine, or just want to be prepared, this book will be your essential guide. Following the latest clinical guidelines and evidence, written and reviewed by experts, this handbook will ensure you are up to date and have the confidence to deal with all emergency presentations, practices, and procedures. In line with the latest developments in the field, such as infection control, DNR orders, advanced directives and learning disability, the book also includes new sections specifically outlining patient advice and information, as well as new and revised vital information on paediatrics and psychiatry. For all junior doctors, specialist nurses, paramedics, clinical students, GPs and other allied health professionals, this rapid-reference handbook will become a vital companion for both study and practice.

You want to help -- a church member faces a terminal illness, good friends of yours just lost their child, a member of your group is struggling with an addiction, the death of a child, divorce, addiction, terminal illness--but you feel unsure how to help. Prepare yourself with practical ways to love others through their greatest challenges. People face difficult, painful stuff in life--and they shouldn't struggle alone. But what do you say? How do you help? What if you make things worse? This rapid-response handbook gives you and your small group the confidence to share God's love and comfort with hurting friends. You will be prepared to respond with 12 chapters focused on twelve emergencies that people you care for may encounter. Each chapter includes: Real Life Narrative -Learn from someone who has been there Care and Counseling Tips -Practical ideas to personally reach out in love Tips for your entire small group -Great ways your group can offer support What to say and What not to say -Positive encouragement to help the hurting, and advice on what not to say You'll also find Scripture connections, guidelines for referring your friend to a professional counselor, additional resources, and ways your group can stand by your friend in need.

Terrorist attacks. Natural disasters. Domestic crackdowns. Economic collapse. Riots. Wars. Disease. Starvation. What can you do when it all hits the fan? You can learn to be self-sufficient and survive without the system. ****I've started to look at the world through apocalypse eyes.**** So begins Neil Strauss's harrowing new book: his first full-length worksince the international bestseller *The Game*, and one of the most original-and provocative-narratives of the year. After the last few years of violence and terror, of ethnic and religious hatred, of tsunamis and hurricanes--and now of world financial meltdown--Strauss, like most of his generation, came to the sobering realization that, even in America, anything can happen. But rather than watch helplessly, he decided to do something about it. And so he spent three years traveling through a country that's lost its sense of safety, equipping himself with the tools necessary to save himself and his loved ones from an uncertain future. With the same quick wit and eye for cultural trends that marked *The Game*, *The Dirt*, and *How to Make Love Like a Porn Star*, *Emergency*

traces Neil's white-knuckled journey through today's heart of darkness, as he sets out to move his life offshore, test his skills in the wild, and remake himself as a gun-toting, plane-flying, government-defying survivor. It's a tale of paranoid fantasies and crippling doubts, of shady lawyers and dangerous cult leaders, of billionaire gun nuts and survivalist superheroes, of weirdos, heroes, and ordinary citizens going off the grid. It's one man's story of a dangerous world—and how to stay alive in it. Before the next disaster strikes, you're going to want to read this book. And you'll want to do everything it suggests. Because tomorrow doesn't come with a guarantee...

The authors, an international panel of experts, have here created an easy reference on how to treat emergencies in children. Handbook of Pediatric Emergency Medicine provides concise but comprehensive information on the diagnosis, investigation and management of a range of conditions presenting to both accident and emergency departments and pediatricians. Particular attention is paid, through evidence-based material, to the most serious and frequently occurring conditions, such as head injuries, burns, animal bites, shock, trauma and child abuse. The book incorporates the most recent advances in pediatrics and considers both the individual needs of the child as a patient and the needs of the family. Emergency physicians and pediatricians will both find this handbook indispensable.

Volunteers leading mission trips]small groups]Sunday school classes]lay counseling sessions] Without this book, your volunteers are only half prepared. Introducing: The Emergency Response Handbook for Disaster Relief Authored in partnership with The Salvation Army! This rapid-response field manual equips volunteers to be truly helpful when people they serve suffer a disaster and difficult consequences ensue]the death of loved ones]stress and depression]financial crisis]times when effective help is needed most. You'll find expert guidance and advice about] What to say What to avoid saying What to do at once and what can wait When to refer Plus you'll get] Ministry tips Scripture connections Case studies Additional resource recommendations And a bonus: An authoritative Disaster Response Gear Checklist! Prepare your volunteers for disasters]natural or manmade! Don't let volunteers leave for a mission trip, serve at a disaster site or lead others in ministry without the benefit of this book! Equip them for those "Now what do I say?" moments with this handy, practical reference guide]conveniently sized at 5a x 7a so it tucks in a pocket or first aid kit and is ready when needed.

This exciting new resource comprehensively describes Next Generation Emergency Services. It will enable implementers, regulators, legal and technical professionals to understand how the introduction of this new approach to delivering emergency services will impact their work. Beginning with an overview of the field and explaining what will change as the transition is made from circuit-switched to IP-based networks, the book provides guidance and detail related to the technologies that enable Next Generation services; the current state of emergency services; how to plan and execute a move to a standards-compliant NG9-1-1 service including the network design, the operations and maintenance procedures, and the legal and regulatory requirements and mandates. This Handbook explains NG9-1-1 networks: functions that they provide; the environments in which they are implemented; and the process by which they can be built and maintained. It provides a comparison to Basic 9-1-1 and E9-1-1 systems that dominate the field of emergency services today. The reader is guided through an emergency call from its inception by the Caller to the Public Safety Answering Point (PSAP) Call Taker to Dispatch to First Responders, explaining how Basic 9-1-1, E9-1-1 and NG9-1-1 support each leg of this journey. Chapters explaining the underlying networks and the service standards provide details to those who need them for their daily work or as reference. Next Generation 9-1-1 services are carried over data networks that use the Internet Protocol (IP) to establish communications flows between the calling and called parties. These flows are created in a fundamentally different way than are those created on the circuit switched networks that carry Basic 9-1-1 and E9-1-1 calls. The differences between packet switched and circuit switched networks are explained and the challenges and opportunities offered by creating call flows using packet switched networks are also described.

When your baby faces a medical emergency, what should you do? Sometimes your intuition is spot-on, but other times it's entirely wrong. With this life-saving guide close at hand, you'll be ready to handle over forty common infant and toddler emergencies, including falls, high fevers, bee stings, burns, and more. This guide makes it easy to find the information you need during even the most stressful times. Most importantly, you'll learn how to prevent the most common emergencies that new parents encounter. The Baby Emergency Handbook will help you: •Learn the best ways to react in almost any emergency •Know when to seek immediate medical help •Get faster help in a hospital emergency room •Tips on keeping your child safe

"Based on the National EMS Education Standards and the 2015 CPR/ECC Guidelines, the Eleventh Edition offers complete coverage of every competency statement with clarity and precision in a concise format that ensure students' comprehension and encourages critical thinking. New cognitive and didactic material is presented, along with new skills and features, to create a robust and innovative EMT training solution."--Back cover.

The Toxicology Handbook 2e is a practical, didactic guide to the approach, assessment and management of poisoned patients. It has been written for hospital-based doctors at all levels and describes the risk assessment-based approach pioneered by the principal authors. The concise layout enables the reader to quickly locate information in a poisoning emergency. The book also features locally relevant information on bites, stings and envenoming. This book will also be useful for ambulance service paramedics and pharmacists.

"Primary Audience: Students of First Aid and/or Trainers This book is a summary of first aid for a range of everyday work, sport & recreational emergencies"--Provided by publisher.

The Handbook of Air Pollution Prevention and Control provides a concise overview of the latest technologies for managing industrial air pollution in petrochemical, oil and gas, and allied industries. Detailed material on equipment selection, sizing, and troubleshooting operations is provided along with practical design methodology. Unique to this volume are discussions and information on energy-efficient technologies and approaches to implementing environmental cost accounting measures. Included in the text are sidebar discussions, questions for thinking and discussing, recommended resources for the reader (including Web sites), and a comprehensive glossary. The Handbook of Air Pollution Prevention and Control also includes free access to US EPA's air dispersion model SCREEN3. Detailed examples on the application of this important software to analyzing air dispersion from industrial processes and point sources are provided in the Handbook, along with approaches to applying this important tool in developing approaches to pollution

prevention and in selecting control technologies. By applying SCREEN3, along with the examples given in the Handbook, the user can: evaluate the impact of processes and operations to air quality, and apply the model to assess emergency scenarios to help in planning, to develop environmental impact assessments, to select pollution control technologies, and to develop strategies for pollution prevention. Two companion books by Cheremisinoff are available: Handbook of Water and Wastewater Treatment Technologies, and Handbook of Solid Waste Management and Waste Minimization Technologies. Uniquely combines prevention and control concepts while covering the practices and technologies that are applied to the prevention of air pollution in the chemicals manufacturing, oil and gas, iron and steel, and pharmaceutical industries, and to the cleaning and control of industrial air emissions. Provides a bridge for today's environmental manager by focusing on an integrated approach to managing air pollution problems within industrial operations. Shows you how to calculate financial returns from pollution prevention projects.

This book captures the essence of an important chapter in television history: the origins of the Emergency!, a dramatic series significant beyond entertainment. When the world premiere of Emergency! was first broadcast in 1972, there were only 12 paramedic units in all of North America. Ten years later, more than half of all Americans were within ten minutes of a paramedic rescue or ambulance unit. That simply would not have happened without the influence of Emergency! Emergency! followed the daily lives of a pair of Los Angeles County Fire Department firefighters/paramedics, along with their colleagues at Station 51 and the emergency room staff of Rampert General Hospital. This program introduced audiences from all over the world to the concept of pre-hospital care, along with fire prevention and CPR.

Guides readers in establishing a disaster plan covering the basic human needs in case the unpredictable happens, with information for those with special needs, including the elderly, children, pregnant women, and pets.

Does the identification number 60 indicate a toxic substance or a flammable solid, in the molten state at an elevated temperature? Does the identification number 1035 indicate ethane or butane? What is the difference between natural gas transmission pipelines and natural gas distribution pipelines? If you came upon an overturned truck on the highway that was leaking, would you be able to identify if it was hazardous and know what steps to take? Questions like these and more are answered in the Emergency Response Guidebook. Learn how to identify symbols for and vehicles carrying toxic, flammable, explosive, radioactive, or otherwise harmful substances and how to respond once an incident involving those substances has been identified. Always be prepared in situations that are unfamiliar and dangerous and know how to rectify them. Keeping this guide around at all times will ensure that, if you were to come upon a transportation situation involving hazardous substances or dangerous goods, you will be able to help keep others and yourself out of danger. With color-coded pages for quick and easy reference, this is the official manual used by first responders in the United States and Canada for transportation incidents involving dangerous goods or hazardous materials.

Emergency Medicine Handbook: Critical Concepts for Clinical Practice provides essential information and practical advice for use in the emergency department. The book covers the general approach to patients with various medical complaints, tables of differential diagnoses, and brief discussions of the most common disease processes—all in an easy-to-read, bulleted format. Essential information for use in the busy ED. Templated chapters written in bulleted format makes finding information fast and easy! Includes algorithms and text boxes that help you comprehend information faster

In today's world, anything can happen—medical emergencies, power outages, natural disasters. In less time than it takes to sign off on an insurance form, the world as we know it can be brought to a standstill. There can be no question: It's best to be prepared. The Emergency Pantry Handbook by cooking expert and readiness enthusiast Kate Rowinski offers tips, techniques, and advice on how to keep your family safe, well-fed, and fully supplied in the event of any crisis. With simple instructions, Rowinski demonstrates how to create an emergency strategy; how to protect your house, documents, and keepsakes; and how to prepare for specific disasters. Offering a unique twist on preparation handbooks, Rowinski focuses on food storage and cooking—put simply, how to plan nutritional emergency meals and avoid “making due” on canned meats and chocolate bars. The Emergency Pantry Handbook details: · Storage techniques · Personalizing your food plan · Stockpiling, shelf life, and rotation · Pickling, canning, sprouting, and drying · Making delicious dinners out of your storage pantry Whether a disaster lasts for twenty-four hours or twenty-four weeks, The Emergency Pantry Handbook is the ultimate guide to keeping your family eating healthily and maintaining proper nutrition, even in the worst of circumstances.

Provide expert care for cats and dogs! Kirk and Bistner's Handbook of Veterinary Procedures and Emergency Treatment, 9th Edition covers not only the management of emergency conditions, but also strategies for dealing with hundreds of routine diagnostic and treatment challenges in small animals. Its user-friendly format provides instant access to vital information -- making it an ideal resource in emergency situations -- and it is conveniently organized by both body systems and presenting signs to help you easily reach a diagnosis and determine a treatment plan for all clinical situations. Written by veterinary experts Richard Ford and Elisa Mazzaferro, Kirk and Bistner's Handbook of Veterinary Procedures and Emergency Treatment provides current guidelines for small animal emergency care and the diagnostic procedures most commonly performed in a busy, team-oriented practice. Step-by-step instructions and illustrations are provided for all major emergency and non-emergency clinical procedures. A logical, easy-to-use format lists all emergency conditions in alphabetical order, and includes quick reference boxes calling out key information such as clinical tips and cautions. Clear, concise guidelines help you evaluate clinical signs and laboratory test data. Clinical algorithms make it easier to identify and treat abnormalities. Guidelines for assessment and treatment include practical advice and solutions, how to examine the small animal patient using a body systems and problem list approach, and a review of basic diagnostic procedures

used in daily practice. Coverage of toxicological emergencies describes how to manage exposures and poisonings. A quick reference guide to the management of the emergency patient is conveniently located on the inside cover. A comprehensive drug formulary makes lookup easy, and includes proprietary names, actions/use of each drug, formulations, recommended dosages, and special precautions, with emergency medications highlighted for fast reference. This all-in-one reference includes practical coverage of emergency procedures, physical assessment in sickness and health, routine and advanced testing procedures, diagnostic tests sampling, preparation, procedures, and interpretation. Quick Reference boxes include potential causes of each clinical abnormality and associated signs, step-by-step diagnostic plans, and clinical algorithms. The latest vaccination guidelines include protocols for dogs and cats at low, medium, and high risk of exposure to infectious diseases. Updated coverage keeps you current with the latest on pain assessment, prevention, and treatment.

Written by an emergency responder for emergency responders, this unique reference explains how to cope successfully with every day stress, as well as the critical incident stress encountered by the pre-hospital care provider. It is a self-help book utilizing examples and case studies to provide an emotional as well as intellectual impact.

Trauma is a leading cause of death and disability around the world, and the leading cause of death in those aged under forty-five years. Conditions such as airway obstruction, hemorrhage, pneumothorax, tamponade, bowel rupture, vascular injury, and pelvic fracture can cause death if not appropriately diagnosed and managed. This essential book provides emergency physicians with an easy-to-use reference and source for traumatic injury evaluation and management in the Emergency Department. It covers approaches to common, life-threatening, and traumatic diseases in the Emergency Department, for use on shift and as a reference for further learning. Each chapter includes a succinct overview of common traumatic injuries, with evaluation and management pearls and pitfalls. Highly illustrated with images from one of the busiest trauma centers in the US, and featuring expert contributions from a diverse set of attending physicians, this is an essential text for all emergency medicine practitioners.

Considering divorce? This book features horrific yet informative stories from 27 divorced women. It shows how women should start protecting themselves, their children, and their assets today.

A trailblazing, conversation-starting history of women's health—from the earliest medical ideas about women's illnesses to hormones and autoimmune diseases—brought together in a fascinating sweeping narrative. Elinor Cleghorn became an unwell woman ten years ago. She was diagnosed with an autoimmune disease after a long period of being told her symptoms were anything from psychosomatic to a possible pregnancy. As Elinor learned to live with her unpredictable disease she turned to history for answers, and found an enraging legacy of suffering, mystification, and misdiagnosis. In *Unwell Women*, Elinor Cleghorn traces the almost unbelievable history of how medicine has failed women by treating their bodies as alien and other, often to perilous effect. The result is an authoritative and groundbreaking exploration of the relationship between women and medical practice, from the "wandering womb" of Ancient Greece to the rise of witch trials across Europe, and from the dawn of hysteria as a catchall for difficult-to-diagnose disorders to the first forays into autoimmunity and the shifting understanding of hormones, menstruation, menopause, and conditions like endometriosis. Packed with character studies and case histories of women who have suffered, challenged, and rewritten medical orthodoxy—and the men who controlled their fate—this is a revolutionary examination of the relationship between women, illness, and medicine. With these case histories, Elinor pays homage to the women who suffered so strides could be made, and shows how being unwell has become normalized in society and culture, where women have long been distrusted as reliable narrators of their own bodies and pain. But the time for real change is long overdue: answers reside in the body, in the testimonies of unwell women—and their lives depend on medicine learning to listen.

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