

The Golfing Machine

Very few golfers naturally find the elite golf swing--but it does exist. Golf science has helped reveal the Stock Tour Swing--the swing that exhibits the movement patterns common to all elite golfers. This book presents a problem-solving method to evolve your swing into the Stock Tour Swing, using a key framework that asks: What should the club do? How can the body do that? What are the best ways to train that? This program will teach you to understand the elite swing. It will teach you to understand your own swing. By the end of this program, you will be able to self-coach--to participate in your own improvement and manage your game. You will have a true understanding of what makes your swing work, why you struggle with certain areas, and what you can do to train for long-term improvement.

In this book you will discover non-negotiable swing elements, those centred on irrefutable laws of the flight of the ball, as well as the full complement of swing components that are negotiable. This eye-opening tutorial that will empower double-digit handicap golfers, but can also help anyone -- from beginners to seasoned to single-digit handicap players. Instructors and coaches will also benefit from a world of ideas on how to assist clients and players that cling stubbornly to their swing mechanics.

Michael Jacobs has spent the last nine years working with the world's foremost golf scientist to develop the first analytics system to measure the actual forces and torques at work in a swing. Jacobs is uncovering the real physics of the swing--what causes the movements you ultimately see out on the course, on film or in a photograph. In this ground-breaking book, Jacobs takes you through both the science and the practical application of that science in unprecedented detail. You'll see the hidden similarities and differences between swings of players at every ability level, and learn how to evaluate your own swing based on real data--not guesses, estimates or anecdotes. The Science of the Swing will give any player or teacher powerful tools to unlock the full potential in every swing. You don't have to subscribe to a specific swing method or approach when you know how to optimize what you do with your skills and your body using fundamental physics applied to the golf swing with this cutting-edge research and technology. Michael is one of Golf Digest's 50 Best Teachers and Golf Magazine's Top 100 Teachers in America. In 2012 Jacobs won the Metropolitan PGA Section Teacher of the Year, and in 2017 he was a keynote presenter at the PGA National Teaching and Coaching Summit. Jacobs' research partner and collaborator Dr. Steven Nesbit is a professor of mechanical engineering at Lafayette College in Easton, Pa., and is the author of golf science's most authoritative movement research. Series editor Matthew Rudy is Golf Digest's Senior Instruction Writer and the author/co-author of more than 30 golf, business and peak performance books.

As Michael Lewis's bestseller Moneyball captured baseball at a technological turning point, this "highly entertaining, very smart book" (James Patterson) takes us inside golf's clash between its hallowed artistic tradition and its scientific future. The world of golf is at a crossroads. As technological innovations displace traditional philosophies, the golfing community has splintered into two deeply combative factions: the old-school teachers and players who believe in feel, artistry, and imagination, and the technical minded who want to remake the game around data. In Golf's Holy War, "an obvious hole-in-one for golfers and their coaches" (Publishers Weekly, starred review), Brett Cyrgalis takes us inside the heated battle playing out from weekend hackers to PGA Tour pros. At the Titleist Performance Institute in Oceanside, California, golfers clad in full-body sensors target weaknesses in their biomechanics, while others take part in mental exercises designed to test their brain's psychological resilience. Meanwhile, coaches like Michael Hebron purge golfers of all technical information, tapping into the power of intuitive physical learning by playing rudimentary games. From historic St. Andrews to manicured Augusta, experimental communes in California to corporatized conferences in Orlando, William James to Ben Hogan to theoretical physics, the factions of the spiritual and technical push to redefine the boundaries of the game. And yet what does it say that Tiger Woods has orchestrated one of the greatest comebacks in sports history without the aid of a formal coach? But Golf's Holy War is more than just a book about golf—it's a story about modern life and how we are torn between resisting and embracing the changes brought about by the advancements of science and technology. It's also an exploration of historical legacies, the enriching bonds of education, and the many interpretations of reality.

This book was featured on Golf Channel and recommended by America's top 10 golf instructor. It will revolutionize the way you see and learn the golf swing! Did it ever occur to you that a swing plane doesn't even exist? Do you know that Mr. Ben Hogan didn't swing on the plane he wrote about? Can you imagine that the swing plane you have in mind may be the cause of your slice or shank? In an effort to clarify the misconceptions on the seemingly simple swing plane, this book reveals the truth and fundamentals hidden behind. Here is the shocking truth: there is no backswing or downswing plane in a conventional full swing, there is only the striking plane. The book introduces the Striking Plane Swing Model, which has been extracted from the swings of numerous great ball strikers in history. The model defines the essence of the swing and the proper sequence of club movement, and is based on the laws of classical mechanics and the knowledge of human anatomy. This book will show you why and how many of existing swing plane theories are flawed. A simple but accurate swing analysis method is also introduced and can be used to analyze your swings and pinpoint your issues. Golfers of all levels can benefit from the concepts discussed in this book and will be able to look at the golf swing from a brand new perspective. Knowing the true swing plane fundamentals, an amateur will be able to better understand and diagnose his swing issues; an advanced player will be able to own his swing by creating a swing style that suits him the best.

An in-depth, full-color, step-by-step guide to the new golf swing that has taken the PGA Tour by storm The traditional golf swing requires a level of coordination that few golfers have. So it's no surprise that, despite huge advances in club and ball technology, the average golf handicap in America has dropped by only one stroke since 1990. Maverick golf instructors Michael Bennett and Andy Plummer spent a decade researching the swing, eventually combining physiology and physics to create a method they dubbed the "Stack

and Tilt." The result? Big-name pros like Mike Weir, Tommy Armour III, and Aaron Baddeley are already converts, and Bennett and Plummer are now two of the most sought-after swing coaches in the game. Making these breakthroughs available to everyone, *The Stack and Tilt Swing* is a handsome, fully illustrated, complete course, packed with more than two hundred full-color photographs that make it easy for golfers at all levels to adopt this radical yet simple approach. Analyzing why the traditional swing won't work for most golfers, the authors explain the importance of keeping the upper body stacked over the lower body, while the spine tilts toward the target during the backswing, greatly reducing the inconsistencies created by the old-fashioned approach. Enhanced with practice routines, a troubleshooting list, test cases, and point-by-point assistance, this is the breakthrough guide to golf's hot new secret weapon.

In 1966, Carl Lohren made a breakthrough, and *One Move to Better Golf* explains it all. Highly regarded as an instructor and player in the New York Metropolitan PGA Section, Lohren formed his ideal golf swing after years of studying master golfer Ben Hogan. His eyes were opened at the 1964 Carling Open when he watched Hogan select an 8-iron and take a short swing on a 150 yard shot. To Lohren's surprise, Hogan's ball exploded off the clubface and wound up ten feet from the pin! This inspired Lohren to start his swing by turning his left shoulder as Hogan had. Immediately upon doing so, Carl's ball flight took on a different look: it had a piercing trajectory, with plenty of carry and roll. Carl continued to refine his method, so that in 1968, he won the NY State PGA Championship in a playoff over former Ryder Cup player Bill Collins. In *One Move to Better Golf*, Lohren explains a simple method of starting the golf swing with one move that incorporates the fundamentals. In doing so, he gives you a framework of confidence for your swing. He also provides students with a complete methodology of the physical and mental preparation necessary for effective shotmaking. Whether you are a low or high handicapper, *One Move to Better Golf* will give you a clear understanding of the total golf swing. Carl Lohren has become best known for his innovative methods of golf instruction over his 50-year career of professional competition and teaching. Lohren worked as a PGA club professional, improving upon his game and studying the best ball strikers on the PGA Tour. After his mastery of the one move, Carl continued to excel as a tournament player, winning more professional tournaments, qualifying for the Champions Tour, in addition to competing in 11 major championships, 15 PGA Tour events, and numerous international tours. For more information, visit his website: onemovetobettergolf.com. Readers interested in related titles from Carl Lohren will also want to see: *Getting Set for Golf* (ISBN: 9781626545021).

Tommy Armour's classic *How to Play Your Best Golf All the Time* provides timeless golf instruction on the following subjects: * How to learn your best golf * What can your best golf be? * Taking you to the lesson tee * How your clubs can help you * The grip holds your swing together * How to get ready to swing * Footwork, the foundation of best golf * The art of hitting with the hands * The waggle, preliminary swing in miniature * The pause that means good timing * Assembling your game in good order * Saving strokes with simple approach shots * The fascinating, frustrating philosophy of putting * The simple routine of an orderly golf shot These classic bits of advice are accompanied by over four dozen two-color illustrations.

Breaks the swing down into simple movements of the hands, arms, legs, feet, and torso, and teaches golfers how to swing the club by ingraining the feel of a proper swing

From "one of the best sportswriters in America" (The Washington Times)—the New York Times bestselling story of the friendship and rivalry between golf legends Tom Watson and Jack Nicklaus, whose sparring matches defined the sport for more than a decade. The first time they met, at an exhibition match in 1967, Tom Watson was a seventeen-year-old high school student and Jack Nicklaus, at twenty-seven, was already the greatest golfer in the world. Though they shared some similarities—they were both Midwestern boys who had learned how to play golf at their fathers' country clubs—they differed in many ways. Nicklaus played a game of consummate control and precision. Watson hit the ball all over the place. Nicklaus lacked charm and theatrics, and he was thoroughly despised by most golf fans because he had displaced Arnold Palmer as king of the golf world. Watson was one of those Arnold Palmer fans. Yet over the next twenty years their seemingly divergent paths collided as they battled against each other again and again for a place at the top of the sport and drove each other to ever-soaring heights of accomplishment. Spanning from that first match through the "Duel in the Sun" at Turnberry in 1977 to Watson's miraculous near-victory at Turnberry as he approached sixty, and informed by interviews with both players over many years, *The Secret of Golf* is Joe Posnanski's intimate account of the most remarkable rivalry and (eventual) friendship in modern golf.

Finish to the Sky brings the special golf relationship between Moe Norman and Greg Lavern to life. This allows the reader to join us while Moe developed my golf swing to his own likeness Moe Norman style. My book has made possible the proper direction from set-up to finish based on the true Moe Norman golf swing Moe won all his tournaments with which he passed on to myself. I have included Moe Norman's Final Secrets. There are three secrets in the book that we both held close to us for many years. The outstanding swing sequences of a dynamic Moe in 1963 and 1964 make these final secrets clear and straight forward. Every golfer can take something positive from this book and incorporate into your own natural golf swing. When you do the right things you will learn to flow and move like we do. *Finish to the Sky* will electrify your old golf shots into pin point accurate one's. Now you will have the same secrets the straightest ball striker in the world believed in for the purist results.

Golf is perhaps the most complicated simple game ever invented. Watching the professionals gives you only a glimpse of the complexity of what is happening, with each shot involving biomechanics, aerodynamics, ballistics, materials science, probability, even meteorology. *Golf Science* takes a timely new look at the game by investigating the scientific wonders that transfer the ball from tee to hole. Each chapter investigates a different area of the game and is organized around a series of Q&As. What is the optimum length for a driver? How does backspin work? The answers and the data are presented through illuminating info-graphics. The perfect way to analyse your own kit and technique, by studying the techniques of the professionals and the latest innovations in design and coaching. *Golf Science* is the ultimate accessory for any golfer wishing to understand their craft.

Golf.

A National Bestseller! David Leadbetter is the most recognized golf instructor in the history of the game. His new book, *The A Swing*, is his first for a decade and is an evolution of his swing theories that have successfully helped thousands of golfers globally. His tour players, whom he has coached over the years, have amassed 19 major golf championships. David has been prolific during his 30+ year career in producing books, videos, teaching aids that have inspired golfers of every level to reach their potential. *The A Swing - A* stands for Alternative - is a simple way to swing the club, which follows biomechanically sound, scientific principles, and only requires minimal practice. *The A Swing* has been thoroughly tested with a wide range of players, from tour level to beginner, junior to senior, and the results overall have been nothing short of dramatic. *The A Swing* is a way to develop a consistent, repetitive motion which will improve accuracy and distance, and is easy on the body. It will fix many of golf's common faults, and the book takes you through an easy, step-by-step approach. With over 200 illustrations, easy drills, and the 7-Minute Practice Plan, golfers now have the opportunity to play the way they've always dreamed of. Golf is a frustrating game, even for the top players, but the *A Swing* will make it easier and more fun. It could really change the way the game has been taught, which hasn't changed for years - it is not an exact method, and has leeway for individualism. David is excited that the *A Swing* will help golfers the world over enjoy the game more. In essence, the *A Swing* is a shortcut to great golf. Whatever your level of play is now, whatever your goals, however you've been struggling with the game, the *A Swing* could change your golfing life.

From the award-winning journalist and coach: a biography of “the ‘Rain Man’ of golf. It’s a character drama. It’s an underdog story” (Barry Morrow, Academy Award–winning screenwriter). Documentary now in production! In *The Feeling of Greatness*, second edition, golf coach Tim O’Connor updates his previous biography of the late great, Canadian golfer Moe Norman, who was famous for introducing the single plane golf swing. This edition includes new anecdotes about Moe both on and off the course by golfers, journalists, friends, and family, and offers a more in-depth portrait of the man and golfer, especially in the last years of his life. O’Connor shares with readers his personal and professional friendships with Moe along the way. Some twenty years later, from a distanced perspective, O’Connor sets the record straight about Norman, promotes his legacy as the legendary golfer he was, and reflects on life lessons learned from their association over the years. Praise for Moe Norman and *The Feeling of Greatness* “Only two players have ever owned their swings: Moe Norman and Ben Hogan.” —Tiger Woods “Well-written and meticulously researched.” —James McCarten, PGATour.com “Tim O’Connor has helped us better understand one of golf’s most intriguing and disturbing members.” —Hal Quinn, *The Financial Post*

'The Golf Handbook' is designed to teach the basics of golf, increase your enjoyment of the sport, improve your technique and, ultimately, take strokes off your scorecard.

How do the world’s greatest golfers improve their game? Practice, sure, but Roland Minton says mathematics and statistics are also key to their success. *Golf by the Numbers* analyzes the mathematical strategies behind the sport, giving fans a behind-the-scenes look at how numbers drive the game. Computers, GPS trackers, swing simulators, and high-speed cameras have introduced new and exciting ways of seeing and understanding the complicated and endlessly fascinating game of golf. Players like Phil Mickelson are so good because they review the results of every swing they take. Minton’s comprehensive analysis of statistics taken from the PGA Tour’s ShotLink system walks readers through the mountains of data that pros use to inform and refine their play. The result is an insider’s perspective of how the world’s greatest golfers apply mathematics to the sport. Minton discusses randomness in golf (especially how much luck is involved in putting) as well as aggressive and cautious strategies both on and off the greens, and he explains, by the numbers, just how Tiger Woods was so dominant from 2004 to 2009. Here is a book that tells some truly engaging stories of modern golf, featuring famous players and memorable tournaments, all through the lens of elementary probability theory. Minton’s informal style and clear and direct explanations make even the most detailed discussions accessible to all curious-minded golfers. His mathematical morsels are not only enjoyable to read—they may even help you improve your game.

As the tale unfolds, a witch boy tarries in a mountain community in love with a beautiful girl named Barbara Allen. The superstitious townspeople resent their happiness and their subsequent meddling ends in violence and tragedy. This play was proclaimed a Broadway hit.

“Jonathan Cummings has for years been an inspirational mentor to the golf rating community. With *The Rating Game*, he has now established himself as the authority as well. An excellent, and much-needed, book.”—Josh Lesnik, President, KemperSports, and magazine panelist “Cummings provides a sound and insightful look inside the arcane world of golf course rating. Golfers love to argue over which is the best and why and *The Rating Game* will be a welcome addition to many over-heated debates.”—Gary Lisbon, President, GolfSelect; golf course photographer and magazine panelist “Jonathan Cummings is the Nate Silver of golf course ratings. *The Rating Game* will open up a lot of eyes about hidden mathematical distortion in the golf course ratings system.”—Bradley S. Klein, Golf Channel/GolfAdvisor.com “I’ve known and read Jonathan Cummings for over forty years. He always provides fair and distinctive insight into a course’s design and character (including some of my own). I applaud him for advancing the discussion in *The Rating Game*.”—Tom Clark, Golf course architect and Past President of the American Society of Golf Course Architects “If there ever was a golfer/writer cut out to analyze the course rating process, it’s Jonathan Cummings. I met him twenty-five years ago, after he sent me a fifty-page missive detailing every technical aspect of every course he had played in the last year. I immediately read *The Rating Game*, and his thorough, analytical style lays out everything you need to know about the subject.”—Jeff Thoreson, Editor, GolfStyles Media Group

The remarkable true story of a lone genius whose quest to unlock the science behind the perfect swing changed golf forever In 1939, Homer Kelley played golf for the first time and scored 116. Frustrated, he did not play again for six months; when he did he carded a 77. Determined to understand why he was able to shave nearly 40 strokes off his score, Kelley spent three decades of trial and error to unlock the answer and to recapture that one wonderful day when golf was easy and enjoyable. In 1969, Kelley self-published his findings in *The Golfing Machine: The Computer Age Approach to Golfing Perfection*. The bestselling instruction books of the day required golfers to conform their swings to the author's ideals, but Homer Kelley configured swings to fit every golfer. He found an enthusiastic disciple in a Seattle teaching pro named Ben Doyle, who in turn found an eager student in 13-year-old prodigy Bobby Clampett. Clampett's initial success in amateur golf shined a bright spotlight on Homer Kelley and *The Golfing Machine*, but when the young star suffered a painfully public collapse and faltered as a pro, critics were quick to blast Kelley and his complex and controversial ideas. With exclusive access to Homer Kelley's archives, author Scott Gummer paints a fascinating picture of the man behind the machine, the ultimate outsider who changed the game once and for all of us. One of the world's most sought-after golf instructors and a PGA Teacher of the Year makes it easy to be your own coach, customizing your golf swing for phenomenal accuracy. In his decades as a renowned golf coach and player on the PGA and Champions tours, Jim Hardy has attracted not only a clientele of impressive players, but top teachers from around the globe flock to his clinics as well. At the heart of his approach is a simple philosophy: There is no universally right or wrong way to swing a golf club. In fact, Hardy teaches that every person's golf swing is as unique as a strand of DNA. Of course, this creates a challenge for instructors. Now, in *Solid Contact*, Hardy distills his remarkable system for readers of all skill levels, teaching them how to self-diagnose their shots and correct their swings and misses on the very next shot. Packed with instructional drawings and anecdotes about lessons that spurred turnarounds for the best instructors and pro golfers in the game, *Solid Contact* addresses the unique aspects of each golfer's swing. Hardy's plus/ minus system draws on three actions: the swing, the swing's impact, and ball flight. Working through evidence in each of these three categories, readers can tailor their actions to address weak points for dramatically improved effectiveness. Putting the world's best instructional techniques in the hands of all readers, *Solid Contact* delivers lasting results in record time.

Master the Art of Putting—even in the OFF-SEASON! Perfecting your putting skills is a surefire way to improve your golf score. From tricky short putts to challenging distance putts, these 18 single- and multiplayer games are designed to help you conquer the most frequent shot in golf any time of year. Challenge your friends and family to an Indoor Open and attempt to putt your way to victory. Complete with putting tips, a scorecard, and instructions on hosting your own Indoor Open, this book will make you an expert putter whether you're a seasoned pro or picking up a golf club for the first time.

The Golf Swing Simplified distills the elements of an effective golf swing into its key essentials, relying on scores of detailed drawings and a minimum of text to convey the basic simplicity of a good golf swing. All the swing essentials are here—grip, stance, alignment, takeaway, tempo, and more, all presented in a uniquely uncomplicated format. 50 two-color drawings.

This modern classic of golf instruction by renowned teacher Manuel de la Torre (the 1986 PGA Teacher of the Year and the #11 teacher in America as ranked by the editors of Golf Digest in 2007) presents a simpler approach to the golf swing based on Ernest Jones's principles. Understanding the Golf Swing includes information on the philosophy of the golf swing (with emphasis on the development of a true swinging motion), the most thorough analysis of ball flights available, and analysis of the principles of special shot play (including sand play, pitching, chipping, putting, and playing unusual shots) and the mental side of golf and effective course management. The final chapter offers an organized approach to understanding golf courses and playing conditions. The result is a blend of philosophy and practical advice found in few golf instructional books.

The professional golfer provides tips on the grip, stance, and swing of successful golf shots

"Through this wonderful book, frustrated golfers can learn to swing like Moe [Norman] and improve their games." —Anthony Robbins, #1 New York Times–bestselling author The mysterious and reclusive genius Moe Norman is acknowledged as the best ball-striker in the history of golf by many of the game's greats. The Single Plane Golf Swing: Play Better Golf the Moe Norman Way reveals the secrets of the swing that enabled him to hit the ball solidly with unerring accuracy and consistency—every time. Norman's simple, efficient, and easily understood Single Plane Swing has improved the games of thousands of golfers. Golf professional Todd Graves, known as "Little Moe" and regarded as the world authority on Norman's swing, comprehensively teaches readers the mechanics, drills, and feelings of the Single Plane Swing that Moe called "The Feeling of Greatness." Graves shares Norman's brilliant insights and liberating approach to the game and demonstrates why the conventional "tour" swing is too complex and frustrating for the majority of amateurs. Illustrated with more than 300 photographs and written with Tim O'Connor, Norman's biographer, the book also engagingly tells Norman's bittersweet life story and explores the teacher-student bond forged between Norman and his protégé Graves. "One of golf's greatest untold stories, Moe Norman's life illustrated a simple and powerful truth: greatness is built from practicing the right swing in the right way. In this book, Todd Graves has given us a blueprint for that swing, for those practice habits, and most of all for a process that builds success." —Dan Coyle, New York Times–bestselling author of The Culture Code

In the first book from popular Golf Channel analyst Brandel Chamblee, the network's "resident scholar and critic" (The New York Times) explores the common swing positions of the greatest players throughout history—and reveals how those commonalities can help players of every skill level improve our own games. Every golf game begins with the swing, and no two are identical. Years ago, however, Brandel Chamblee, the highly regarded Golf Channel analyst and former PGA Tour professional, noticed that the best players of all time have shared similar positions in each part of the swing, from the grip and setup to the footwork, backswing, and follow-through. Since then, Chamblee, a student of game's history, has used scientific precision and thoroughness to make a study of the common swing positions of the greats. Now, in The Anatomy of Greatness, he reveals what he has learned, offers hundreds of photographs as his proof, to show us how we can easily incorporate his findings into our own swings to hit the ball farther, straighter, and more consistently. What does it tell us that the majority of the greats—from Jack Nicklaus and Byron Nelson to modern masters like Tiger Woods—employ a "strong" grip on the club? How did legends like Ben Hogan, Sam Snead, Mickey Wright, and Gary Player unlock hidden power and control by "turning in" the right knee at address? Why are some modern teachers preaching "quiet" footwork when forty-eight of the top fifty golfers of all time lifted their left heels on the backswing, allowing them to build power? At the same time that Chamblee is extolling certain swing virtues, he also debunks a number of popular—but misguided—swing philosophies that have been hindering golfers for years. The result is perhaps the best and clearest explanation of how to hit a golf ball ever published. The Anatomy of Greatness is a book that golfers can take to the driving range and use Chamblee's clear explanations to build better swings—and get more speed and consistency into their swings—immediately. It is like having a series of private lessons from the best golfers of all time, and it will help golfers build swings that make the game easier and more fun.

With 156 detailed, full-color anatomical illustrations, Golf Anatomy, Second Edition, depicts 72 exercises proven to improve strength, power, and range of motion. Golfers will add distance to drives, consistency to the short game, and accuracy to putts.

"Bobby Clampett is one of the most knowledgeable golfing minds in the game."—Tom Lehman, 1996 British Open Champion, 2006 U.S. Ryder Cup team captain Impact has long been called golf's "moment of truth," and great golfers have spent countless hours working on their swings trying to upgrade their impact dynamics as the golf club approaches, contacts, then swings through the ball. For the first time, with The Impact Zone, golfers will have a book that focuses their attention on the very same region of the swing on which professional golfers have always concentrated. The Impact Zone is a unique instructional guide in that everything in it either focuses on or applies to improving a golfer's understanding and execution of impact. Here, acclaimed professional golfer Bobby Clampett concludes that the overwhelming bias and convention of today's contemporary

teaching environment is to value swing styles over swing dynamics, and in so doing, the overwhelming majority of golf teachers miss the boat in terms of teaching the game effectively. Ultimately this emphasis on swing style comes at the expense of helping golfers to develop sound swing dynamics, which are the real keys to consistent ball striking and better golf. With the help of CBS's Swing Vision high-speed camera—using images from many of the game's greatest contemporary players (including Tiger Woods, Phil Mickelson, John Daly, Vijay Singh, Sergio Garcia, and more)—The Impact Zone takes an unprecedented look at the most important six inches in golf, those that immediately precede, contain, and follow impact. To further demonstrate these principles, Clampett presents photos and drills that convey the five essential dynamics golfers need to produce and reproduce solid impact. Throughout these instructional pages, Bobby Clampett—teamed with veteran golf writer Andy Brumer—relays his own personal story of straying from swing dynamics and how he found his way back. He recalls memorable stories from the Tour, blending innovative instruction with his colorful, engaging anecdotes. Clampett and Brumer create an essential instructional guide with clear, concise advice—on creating great swing dynamics through the impact zone—the universally acknowledged key to more consistent and better golf.

If your golf game has been plagued by inconsistency and less-than-peak performance, you may be going against your "natural swing". But you can improve your golf game dramatically and you can beat bad habits by drawing on talents you already possess. The Natural Golf Swing will: - introduce you to your natural balance and rhythm - let you play consistently to your potential - allow you to enjoy a repeating swing - help you increase power and control with every swing. According to champion golfer George Knudson, your swing is governed by laws of nature, and is subject to logical, physical fundamentals that are all too often ignored. By learning the simple principles outlined in this book, you will generate more powerful, accurate swings, reduce your score, and gain control over your game. Take advantage of Knudson's more than 30 years experience on the pro circuit as he guides you step-by-step through the mechanics of the natural swing, from the important first step of maintaining proper balance through the backswing, down-swing, and finishing form. Extensive illustrations and drills help to clarify each step. Knudsen also shares his experience as a golfer on the tour, offering valuable insights into the roles that temperament and concentration play in winning.

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