

The Master And His Emissary The Divided Brain And The Making Of The Western World

Revised edition of the authors' Top brain, bottom brain: surprising insights into how you think, published in 2013.

Can we trust our senses to tell us the truth? Challenging leading scientific theories that claim that our senses report back objective reality, cognitive scientist Donald Hoffman argues that while we should take our perceptions seriously, we should not take them literally. How can it be possible that the world we see is not objective reality? And how can our senses be useful if they are not communicating the truth? Hoffman grapples with these questions and more over the course of this eye-opening work. Ever since Homo sapiens has walked the earth, natural selection has favored perception that hides the truth and guides us toward useful action, shaping our senses to keep us alive and reproducing. We observe a speeding car and do not walk in front of it; we see mold growing on bread and do not eat it. These impressions, though, are not objective reality. Just like a file icon on a desktop screen is a useful symbol rather than a genuine representation of what a computer file looks like, the objects we see every day are merely icons, allowing us to navigate the world safely and with ease. The real-world implications for this discovery are huge. From examining why fashion designers create clothes that give the illusion of a more “attractive” body shape to studying how companies use color to elicit specific emotions in consumers, and even dismantling the very notion that spacetime is objective reality, *The Case Against Reality* dares us to question everything we thought we knew about the world we see.

Persuaded of the singular vision of the Pentateuch, Old Testament professor John Sailhamer searches out clues left by the author and the later editor of the Pentateuch that will disclose the meaning of this great work. By paying particular attention to the poetic seams in the text, he rediscovers a message that surprisingly brings us to the threshold of the New Testament gospel.

A new edition of the bestselling classic – published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain – the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the ‘rational’ side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic – stripped of depth, colour and value.

The hidden brain is the voice in our ear when we make the most important decisions in our lives—but we’re never aware of it. The hidden brain decides whom we fall in love with and whom we hate. It tells us to vote for the white candidate and convict the dark-skinned defendant, to hire the thin woman but pay her less than the man doing the same job. It can direct us to safety when disaster strikes and move us to extraordinary acts of altruism. But it can also be manipulated to turn an ordinary person into a suicide terrorist or a group of bystanders into a mob. In a series of compulsively readable narratives, Shankar Vedantam journeys through the latest discoveries in neuroscience, psychology, and behavioral science to uncover the darkest corner of our minds and its decisive impact on the choices we make as individuals and as a society. Filled with fascinating characters, dramatic storytelling, and cutting-edge science, this is an engrossing exploration of the secrets our brains keep from us—and how they are revealed.

The God of the Left Hemisphere explores the remarkable connections between the activities and functions of the human brain that writer William Blake termed 'Urizen' and the powerful complex of rationalising and ordering processes which modern neuroscience identifies as 'left hemisphere' brain activity. The book argues that Blake's profound understanding of the human brain is finding surprising corroboration in recent neuroscientific discoveries, such as those of the influential Harvard neuro-anatomist Jill Bolte Taylor, and it explores Blake's provocative supposition that the emergence of these rationalising, law-making, and 'limiting' activities within the human brain has been recorded in the earliest Creation texts, such as the Hebrew Bible, Plato's *Timaeus*, and the Norse sagas. Blake's prescient insight into the nature and origins of this dominant force within the brain allows him to radically reinterpret the psychological basis of the entity usually referred to in these texts as 'God'. The book draws in particular on the work of Bolte Taylor, whose study in this area is having a profound impact on how we understand mental activity and processes.

Why you are a different you at different times and how that's both normal and healthy • Reveals that each of us is made up of multiple selves, any of which can come to the forefront in different situations • Offers examples of healthy multiple selves from psychology, neuroscience, pop culture, literature, and ancient cultures and traditions • Explores how to harmonize our selves and learn to access whichever one is best for a given situation Offering groundbreaking insight into the dynamic nature of personality, James Fadiman and Jordan Gruber show that each of us is comprised of distinct, autonomous, and inherently valuable “selves.” They also show that honoring each of these selves is a key to improved ways of living, loving, and working. Explaining that it is normal to have multiple selves, the authors offer insights into why we all are inconsistent at times, allowing us to become more accepting of the different parts of who we and other people are. They explore, through extensive reviews, how the concept of healthy multiple selves has been supported in science, popular culture, spirituality, philosophy, art, literature, and ancient traditions and cite well-known people, including David Bowie and Beyoncé, who describe accessing another self at a pivotal point in their lives to resolve a pressing challenge. Instead of seeing the existence of many selves as a flaw or pathology, the authors reveal that the healthiest people, mentally and emotionally, are those that have naturally learned to appreciate and work in harmony with their own symphony of selves. They identify “the Single Self Assumption” as the prime reason why the benefits of having multiple selves has been ignored. This assumption holds that we each are or ought to be a single consistent self, yet we all recognize, in reality, that we are different in different situations. Offering a pragmatic approach, the authors show how you can prepare for situations by shifting to the appropriate self, rather than being “switched” or “triggered” into a sub-optimal part of who you are. They also show how recognizing your selves provides increased access to skills, talent, and creativity; enhanced energy; and improved healing and pain management. Appreciating your diverse selves will give you more empathy toward yourself and others. By harmonizing your symphony of selves, you can learn to be “in the right mind at the right time” more often.

In Exodus 34 Moses asks to see God's glory, and God reveals himself as a God who is merciful and just. James Hamilton Jr. contends that from this passage comes a biblical theology that unites the meta-narrative of Scripture under one central theme: God's glory in salvation through judgment. Hamilton begins in the Old Testament by showing that Israel was saved through God's judgment on the Egyptians and the Caananites. God was glorified through both his judgment and mercy, accorded in salvation to Israel. The New Testament unfolds the ultimate display of God's glory in justice and mercy, as it was God's righteous judgment shown on the cross that brought us salvation. God's glory in salvation through judgment will be shown at the end of time, when

Christ returns to judge his enemies and save all who have called on his name. Hamilton moves through the Bible book by book, showing that there is one theological center to the whole Bible. The volume's systematic method and scope make it a unique resource for pastors, professors, and students.

An exploration of how the unconscious is formed and functions by one of our most renowned experts on emotion and the brain. This book traces the evolution of the concept of the unconscious from an intangible, metapsychological abstraction to a psychoneurobiological function of a tangible brain. An integration of current findings in the neurobiological and developmental sciences offers a deeper understanding of the dynamic mechanisms of the unconscious. The relevance of this reformulation to clinical work is a central theme of Schore's other new book, *Right Brain Psychotherapy*.

From biology to economics to information theory, the theme of interdependence is in the air, framing our experiences of all sorts of everyday phenomena. Indeed, the network may be the ascendant metaphor of our time. Yet precisely because the language of interdependence has become so commonplace as to be almost banal, we miss some of its most surprising and far-reaching implications. In *Interdependence*, biologist Kriti Sharma offers a compelling alternative to the popular view that interdependence simply means independent things interacting. Sharma systematically shows how interdependence entails the mutual constitution of one thing by another—how all things come into being only in a system of dependence on others. In a step-by-step account filled with vivid examples, Sharma shows how a coherent view of interdependence can help make sense not only of a range of everyday experiences but also of the most basic functions of living cells. With particular attention to the fundamental biological problem of how cells pick up signals from their surroundings, Sharma shows that only an account which replaces the perspective of “individual cells interacting with external environments” with one centered in interdependent, recursive systems can adequately account for how life works. This book will be of interest to biologists and philosophers, to theorists of science, of systems, and of cybernetics, and to anyone curious about how life works. Clear, concise, and insightful, *Interdependence: Biology and Beyond* explicitly offers a coherent and practical philosophy of interdependence and will help shape what interdependence comes to mean in the twenty-first century.

Why have people from different cultures and eras formulated myths and stories with similar structures? What does this similarity tell us about the mind, morality, and structure of the world itself? From the author of *12 Rules for Life: An Antidote to Chaos* comes a provocative hypothesis that explores the connection between what modern neuropsychology tells us about the brain and what rituals, myths, and religious stories have long narrated. A cutting-edge work that brings together neuropsychology, cognitive science, and Freudian and Jungian approaches to mythology and narrative, *Maps of Meaning* presents a rich theory that makes the wisdom and meaning of myth accessible to the critical modern mind.

THE NEW YORK TIMES BESTSELLER As seen on The Joe Rogan Experience! A groundbreaking dive into the role psychedelics have played in the origins of Western civilization, and the real-life quest for the Holy Grail that could shake the Church to its foundations. The most influential religious historian of the 20th century, Huston Smith, once referred to it as the “best-kept secret” in history. Did the Ancient Greeks use drugs to find God? And did the earliest Christians inherit the same, secret tradition? A profound knowledge of visionary plants, herbs and fungi passed from one generation to the next, ever since the Stone Age? There is zero archaeological evidence for the original Eucharist – the sacred wine said to guarantee life after death for those who drink the blood of Jesus. The Holy Grail and its miraculous contents have never been found. In the absence of any hard data, whatever happened at the Last Supper remains an article of faith for today's 2.5 billion Christians. In an unprecedented search for answers, *The Immortality Key* examines the archaic roots of the ritual that is performed every Sunday for nearly one third of the planet. Religion and science converge to paint a radical picture of Christianity's founding event. And after centuries of debate, to solve history's greatest puzzle. Before the birth of Jesus, the Ancient Greeks found salvation in their own sacraments. Sacred beverages were routinely consumed as part of the so-called Ancient Mysteries – elaborate rites that led initiates to the brink of death. The best and brightest from Athens and Rome flocked to the spiritual capital of Eleusis, where a holy beer unleashed heavenly visions for two thousand years. Others drank the holy wine of Dionysus to become one with the god. In the 1970s, renegade scholars claimed this beer and wine – the original sacraments of Western civilization – were spiked with mind-altering drugs. In recent years, vindication for the disgraced theory has been quietly mounting in the laboratory. The constantly advancing fields of archaeobotany and archaeochemistry have hinted at the enduring use of hallucinogenic drinks in antiquity. And with a single dose of psilocybin, the psychopharmacologists at Johns Hopkins and NYU are now turning self-proclaimed atheists into instant believers. But the smoking gun remains elusive. If these sacraments survived for thousands of years in our remote prehistory, from the Stone Age to the Ancient Greeks, did they also survive into the age of Jesus? Was the Eucharist of the earliest Christians, in fact, a psychedelic Eucharist? With an unquenchable thirst for evidence, Muraresku takes the reader on his twelve-year global hunt for proof. He tours the ruins of Greece with its government archaeologists. He gains access to the hidden collections of the Louvre to show the continuity from pagan to Christian wine. He unravels the Ancient Greek of the New Testament with the world's most controversial priest. He spelunks into the catacombs under the streets of Rome to decipher the lost symbols of Christianity's oldest monuments. He breaches the secret archives of the Vatican to unearth manuscripts never before translated into English. And with leads from the archaeological chemists at UPenn and MIT, he unveils the first scientific data for the ritual use of psychedelic drugs in classical antiquity. *The Immortality Key* reconstructs the suppressed history of women consecrating a forbidden, drugged Eucharist that was later banned by the Church Fathers. Women who were then targeted as witches during the Inquisition, when Europe's sacred pharmacology largely disappeared. If the scientists of today have resurrected this technology, then Christianity is in crisis. Unless it returns to its roots. Featuring a Foreword by Graham Hancock, the NYT bestselling author of *America Before*.

A new edition of the bestselling classic—published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain – the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the ‘rational’ side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic – stripped of depth, colour and value.

In this 10,000-word essay, written to complement Iain McGilchrist's acclaimed *The Master and His Emissary*, the author asks why - despite the vast increase in material well-being - people are less happy today than they were half a century ago, and suggests that the division between the two hemispheres of the brain has a critical effect on how we see and understand the world around us. In particular, McGilchrist suggests, the left hemisphere's obsession with reducing everything it sees to the level of minute, mechanistic detail is robbing modern society of the ability to understand and appreciate deeper human values. Accessible to readers who haven't yet read *The Master and His Emissary* as well as those who have, this is a fascinating, immensely thought-provoking essay that delves to the very heart of what it means to be human.

From the bestselling author of *Waking Up* and *The End of Faith*, an adaptation of his wildly popular, often controversial podcast “Civilization rests on a series of successful conversations.” —Sam Harris Sam Harris—neuroscientist, philosopher, and bestselling author—has been exploring some of the most important questions about the human mind, society, and current events on his podcast, *Making Sense*. With over one million downloads per episode, these discussions have clearly hit a nerve, frequently walking a tightrope where either host or guest—and sometimes both—lose their footing, but always in search of a greater understanding of the world in which we live. For Harris, honest conversation, no matter how difficult or controversial, represents the only path to moral and intellectual progress. This book includes a dozen

of the best conversations from Making Sense, including talks with Daniel Kahneman, Timothy Snyder, Nick Bostrom, and Glen Loury, on topics that range from the nature of consciousness and free will, to politics and extremism, to living ethically. Together they shine a light on what it means to "make sense" in the modern world.

The Christian faith is full of apparent paradoxes: - a compassionate God who sanctions genocide - an all-powerful God who allows horrific suffering - a God who owns everything yet demands so much from his followers - a God who is distant and yet present at the same time. Many of us have big questions that the Christian faith seems to leave unanswered. So we push them to the back of our minds, for fear of destabilizing our beliefs. But leaving these questions unexamined is neither healthy for us, nor honouring to God. Rather than shying away from the difficult questions, we need to face them head on. What if the tension between apparently opposing doctrines is exactly where faith comes alive? What if this ancient faith has survived so long not in spite of but precisely because of these apparent contradictions? What if it is in the difficult parts of the Bible that God is most clearly revealed? Paradoxology makes a bold new claim: that the paradoxes that seem like they ought to undermine belief are actually the heart of our vibrant faith, and that it is only by continually wrestling with them - rather than trying to pin them down or push them away - that we can really move forward, individually and together.

In this ground-breaking book, pre-eminent thought leader in the fields of sustainability and flourishing, John R. Ehrenfeld, critiques the concept of sustainability as it is understood today and which is coming more and more under attack as unclear and ineffective as a call for action. Building upon the recent work of cognitive scientist, Iain McGilchrist, who argues that the human brain's two hemispheres present distinct different worlds, this book articulates how society must replace the current foundational left-brain-based beliefs - a mechanistic world and a human driven by self interest - with new ones based on complexity and care.

Flourishing should replace the lifeless metrics now being used to guide business and government, as well as individuals. Until we accept that our modern belief structure is, itself, the barrier, we will continue to be mired in an endless succession of unsolved problems.

A fascinating follow-up to the beloved bestseller Drawing on the Right Side of the Brain--with new insights about creativity and our unique way of seeing the world around us. Millions of readers have embraced art teacher Betty Edwards's Drawing on the Right Side of the Brain, from art students and teachers to established artists, corporate trainers, and more--all discovering a bold new way of drawing and problem-solving based on what we see, not what we think we see. In this highly anticipated follow-up, Edwards illuminates another piece of the creativity puzzle, revealing the role our dominant eye plays in how we perceive, create, and are seen by those around us. Research shows that much like being right-handed or left-handed, each of us has a dominant eye, corresponding to the dominant side of our brain--either verbal or perceptual. Once you learn the difference and try your hand at the simple drawing exercises, you'll gain fresh insights into how you perceive, think, and create. You'll learn how to not just look but truly see. Generously illustrated with visual examples, this remarkable guided tour through art history, psychology, and the creative process is a must-read for anyone looking for a richer understanding of our art, our minds, and ourselves.

The Origins and History of Consciousness draws on a full range of world mythology to show how individual consciousness undergoes the same archetypal stages of development as human consciousness as a whole. Erich Neumann was one of C. G. Jung's most creative students and a renowned practitioner of analytical psychology in his own right. In this influential book, Neumann shows how the stages begin and end with the symbol of the Uroboros, the tail-eating serpent. The intermediate stages are projected in the universal myths of the World Creation, Great Mother, Separation of the World Parents, Birth of the Hero, Slaying of the Dragon, Rescue of the Captive, and Transformation and Deification of the Hero. Throughout the sequence, the Hero is the evolving ego consciousness. Featuring a foreword by Jung, this Princeton Classics edition introduces a new generation of readers to this eloquent and enduring work.

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Modern Man in Search of a Soul is the perfect introduction to the theories and concepts of one of the most original and influential religious thinkers of the twentieth century. Lively and insightful, it covers all of his most significant themes, including man's need for a God and the mechanics of dream analysis. One of his most famous books, it perfectly captures the feelings of confusion that many sense today. Generation X might be a recent concept, but Jung spotted its forerunner over half a century ago. For anyone seeking meaning in today's world, Modern Man in Search of a Soul is a must.

"...a well-rooted resource for bodywork courses and a useful introductory text for a broad audience." Caduceus "It's not a big book but it's got a vast amount of information and knowledge in it. ...if you are interested in getting a good overall picture of the subject you couldn't do better." The Fulcrum Body psychotherapy is an holistic therapy which approaches human beings as united bodymind, and offers embodied relationship as its central therapeutic stance. Well-known forms include Reichian Therapy, Bioenergetics, Dance Movement Therapy, Primal Integration and Process Oriented Psychology. This new title examines the growing field of body psychotherapy: Surveys the many forms of body psychotherapy Describes what may happen in body psychotherapy and offers a theoretical account of how this is valuable drawing in current neuroscientific evidence Defines the central concepts of the field, and the unique skills needed by practitioners Accessible and practical, yet grounded throughout in current research Body Psychotherapy: An Introduction is of interest to practitioners and students of all forms of psychotherapy and counselling, and anyone who wants to understand how mind and body together form a human being.

Edusemiotics addresses an emerging field of inquiry, educational semiotics, as a philosophy of and for education. Using "sign" as a unit of analysis, educational semiotics amalgamates philosophy, educational theory and semiotics. Edusemiotics draws on the intellectual legacy of such philosophers as John Dewey, Charles Sanders Peirce, Gilles Deleuze and others across Anglo-American and continental traditions. This volume investigates the specifics of semiotic knowledge structures and processes, exploring current dilemmas and debates regarding self-identity, learning, transformative and lifelong education, leadership and policy-making, and interrogating an important premise that still haunts contemporary educational philosophy: Cartesian dualism. In defiance of substance dualism and the fragmentation of knowledge that still inform education, the book offers a unifying paradigm for education as edusemiotics and emphasises ethical education in compliance with the semiotic unity between knowledge and action. Chapters contain accessible discussions in the context of educational philosophy and theory, crossing the borders between logic, art, and science together with a provocative theoretical critique. Recently awarded a PESA book award for its contribution to the philosophy of education, Edusemiotics will appeal to an academic readership in education, philosophy and cultural studies, while also being an inspiring resource for students.

Preeminent psychologist Lisa Barrett lays out how the brain constructs emotions in a way that could revolutionize psychology, health care, the legal system, and our understanding of the human mind. "Fascinating . . . A thought-provoking journey into

emotion science.”??—??The Wall Street Journal “A singular book, remarkable for the freshness of its ideas and the boldness and clarity with which they are presented.”??—??Scientific American “A brilliant and original book on the science of emotion, by the deepest thinker about this topic since Darwin.”??—??Daniel Gilbert, best-selling author of *Stumbling on Happiness* The science of emotion is in the midst of a revolution on par with the discovery of relativity in physics and natural selection in biology. Leading the charge is psychologist and neuroscientist Lisa Feldman Barrett, whose research overturns the long-standing belief that emotions are automatic, universal, and hardwired in different brain regions. Instead, Barrett shows, we construct each instance of emotion through a unique interplay of brain, body, and culture. A lucid report from the cutting edge of emotion science, *How Emotions Are Made* reveals the profound real-world consequences of this breakthrough for everything from neuroscience and medicine to the legal system and even national security, laying bare the immense implications of our latest and most intimate scientific revolution. Attention is not just receptive, but actively creative of the world we inhabit. How we attend makes all the difference to the world we experience. And nowadays in the West we generally attend in a rather unusual way: governed by the narrowly focussed, target-driven left hemisphere of the brain. Forget everything you thought you knew about the difference between the hemispheres, because it will be largely wrong. It is not what each hemisphere does – they are both involved in everything – but how it does it, that matters. And the prime difference between the brain hemispheres is the manner in which they attend. For reasons of survival we need one hemisphere (in humans and many animals, the left) to pay narrow attention to detail, to grab hold of things we need, while the other, the right, keeps an eye out for everything else. The result is that one hemisphere is good at utilising the world, the other better at understanding it. Absent, present, detached, engaged, alienated, empathic, broad or narrow, sustained or piecemeal, attention has the power to alter whatever it meets. The play of attention can both create and destroy, but it never leaves its object unchanged. How you attend to something – or don't attend to it – matters a very great deal. This book helps you to see what it is you may have been trained by our very unusual culture not to see.

The New York Times best-selling author of *My Stroke of Insight* blends neuroanatomy with psychology to show how we can short-circuit emotional reactivity and find our way to peace. For half a century we have been trained to believe that our right brain hemisphere is our emotional brain, while our left brain houses our rational thinking. Now neuroscience shows that it's not that simple: in fact, our emotional limbic tissue is evenly divided between our two hemispheres. Consequently, each hemisphere has both an emotional brain and a thinking brain. In this groundbreaking new book, Dr. Jill Bolte Taylor presents these four distinct modules of cells as four characters that make up who we are: Character 1, Left Thinking; Character 2, Left Emotion; Character 3, Right Emotion; and Character 4, Right Thinking. Everything we think, feel, or do is dependent upon brain cells to perform that function. Since each of the Four Characters stems from specific groups of cells that feel unique inside of our body, they each display particular skills, feel specific emotions, or think distinctive thoughts. In *Whole Brain Living*, Dr. Taylor shows us how to get acquainted with our own Four Characters, observe how they show up in our daily life, and learn to identify and relate to them in others as well. And she introduces a practice called the Brain Huddle--a tool for bringing our Four Characters into conversation with one another so we can tap their respective strengths and choose which one to embody in any situation. The more we become familiar with each of the characters in ourselves and others, the more power we gain over our thoughts, our feelings, our relationships, and our lives. Indeed, we discover that we have the power to choose who and how we want to be in every moment. And when our Four Characters work together and balance one another as a whole brain, we gain a radical new road map to deep inner peace.

Explore the horrors of Ravenloft in this campaign sourcebook for the world's greatest roleplaying game. Terror stalks the nightmare realms of Ravenloft. No one knows this better than monster scholar Rudolph Van Richten. To arm a new generation against the creatures of the night, Van Richten has compiled his correspondence and case files into this tome of eerie tales and chilling truths. • Travel (perhaps even by choice) to Ravenloft's expanded Domains of Dread—each domain with its own unique flavor of horror, thrilling story hooks, and grisly cast of characters • Craft your own D&D horror settings, add tension with optional rules, and get advice for running a game that's ghastly in all the right ways • Create characters with lineages tied to vampires, undead, and hags, horror-themed subclasses, the Investigator background, and "Dark Gifts" that may be a double-edged sword • Unleash nightmarish monsters from an expanded bestiary, and browse a collection of mysterious trinkets • Explore Ravenloft in the included *Dungeons & Dragons* adventure—play as a stand-alone adventure or drop it into your current game for a bit of sinister fun

The tie-in edition of the nine-part CBS All Access series starring Whoopi Goldberg, Alexander Skarsgard, and James Marsden. When a man escapes from a biological testing facility, he sets in motion a deadly domino effect, spreading a mutated strain of the flu that will wipe out 99 percent of humanity within a few weeks. The survivors who remain are scared, bewildered, and in need of a leader. Two emerge--Mother Abigail, the benevolent 108-year-old woman who urges them to build a peaceful community in Boulder, Colorado; and Randall Flagg, the nefarious "Dark Man," who delights in chaos and violence. As the dark man and the peaceful woman gather power, the survivors will have to choose between them--and ultimately decide the fate of all humanity.

G is for Genes shows how a dialogue between geneticists and educationalists can have beneficial results for the education of all children—and can also benefit schools, teachers, and society at large. Draws on behavioral genetic research from around the world, including the UK-based Twins' Early Development Study (TEDS), one of the largest twin studies in the world Offers a unique viewpoint by bringing together genetics and education, disciplines with a historically difficult relationship Shows that genetic influence is not the same as genetic determinism and that the environment matters at least as much as genes Designed to spark a public debate about what naturally-occurring individual differences mean for education and equality

The Master and His Emissary The Divided Brain and the Making of the Western World, Second Edition Yale University Press

How does mindfulness promote psychological well-being? What are its core mechanisms? What value do contemplative practices add to approaches that are already effective? From leading meditation teacher Christina Feldman and distinguished psychologist Willem Kuyken, this book provides a uniquely integrative perspective on mindfulness and its applications. The authors explore mindfulness from its roots in Buddhist psychology to its role in contemporary psychological science. In-depth case examples illustrate how and why mindfulness training can help people move from distress and suffering to resilience and flourishing. Readers are guided to consider mindfulness not only conceptually, but also experientially, through their own journey of mindfulness practice.

Explores the differences between the brain's right and left hemispheres and argues that the brain's differing insights, values, and priorities have had profound effects on society, history, and culture.

When first published in 1983, *Biblical Words and Their Meaning* broke new ground by introducing to students of the Bible the principles of linguistics, in particular, on lexical semantics -- that branch that focuses on the meaning of individual words. Silva's structural approach provides the interpreter with an important lexical tool for more responsible understanding of the biblical text and more effective use of standard exegetical resources. This revised edition includes a bibliographical essay by Silva, "Recent Developments in Semantics," and an appendix by Karen H. Jobes, "Distinguishing the Meaning of Greek Verbs in the Semantic Domain for Worship," that provides the reader with a substantive example of lexical study.

National Book Award Finalist: “This man’s ideas may be the most influential, not to say controversial, of the second half of the twentieth century.”—Columbus Dispatch At the heart of this classic, seminal book is Julian Jaynes's still-controversial thesis that human consciousness did not begin far back in animal evolution but instead is a learned process that came about only three thousand years ago and is still

developing. The implications of this revolutionary scientific paradigm extend into virtually every aspect of our psychology, our history and culture, our religion—and indeed our future. “Don’t be put off by the academic title of Julian Jaynes’s *The Origin of Consciousness in the Breakdown of the Bicameral Mind*. Its prose is always lucid and often lyrical...he unfolds his case with the utmost intellectual rigor.”—*The New York Times* “When Julian Jaynes . . . speculates that until late in the twentieth millennium BC men had no consciousness but were automatically obeying the voices of the gods, we are astounded but compelled to follow this remarkable thesis.”—John Updike, *The New Yorker* “He is as startling as Freud was in *The Interpretation of Dreams*, and Jaynes is equally as adept at forcing a new view of known human behavior.”—*American Journal of Psychiatry*

Good luck isn’t just chance—it can be learned and leveraged—and *The Serendipity Mindset* explains how you can use serendipity to make life better at work, at home—everywhere. Many of us believe that the great turning points and opportunities in our lives happen by chance, that they’re out of our control. Often we think that successful people—and successful companies and organizations—are simply luckier than the rest of us. Good fortune—serendipity—just seems to happen to them. Is that true? Or are some people better at creating the conditions for coincidences to arise and taking advantage of them when they do? How can we connect the dots of seemingly random events to improve our lives? In *The Serendipity Mindset*, Christian Busch explains that serendipity isn’t about luck in the sense of simple randomness. It’s about seeing links that others don’t, combining these observations in unexpected and strategic ways, and learning how to detect the moments when apparently random or unconnected ideas merge to form new opportunities. Busch explores serendipity from a rational and scientific perspective and argues that there are identifiable approaches we can use to foster the conditions to let serendipity grow. Drawing from biology, chemistry, management, and information systems, and using examples of people from all walks of life, Busch illustrates how serendipity works and explains how we can train our own serendipity muscle and use it to turn the unexpected into opportunity. Once we understand serendipity, Busch says, we become curators of it, and luck becomes something that no longer just happens to us—it becomes a force that we can grasp, shape, and hone. Full of exciting ideas and strategies, *The Serendipity Mindset* offers a clear blueprint for how we can cultivate serendipity to increase innovation, influence, and opportunity in every aspect of our lives.

After conducting exclusive interviews with more than one hundred current and former Secret Service agents, bestselling author and award-winning reporter Ronald Kessler reveals their secrets for the first time. Never before has a journalist penetrated the wall of secrecy that surrounds the U.S. Secret Service, that elite corps of agents who pledge to take a bullet to protect the president and his family. Kessler portrays the dangers that agents face and how they carry out their missions--from how they are trained to how they spot and assess potential threats. With fly-on-the-wall perspective, he captures the drama and tension that characterize agents’ lives and reveals what they have seen, providing startling, previously untold stories about the presidents, from John F. Kennedy and Lyndon Johnson to George W. Bush and Barack Obama, as well as about their families, Cabinet officers, and White House aides.

Facing Climate Change explains why people refuse to accept evidence of a warming planet and shows how to move past partisanship to reach a consensus for action. A climate scientist and licensed Jungian analyst, Jeffrey T. Kiehl examines the psychological phenomena that twist our relationship to the natural world and their role in shaping the cultural beliefs that distance us further from nature. He also accounts for the emotions triggered by the lived experience of climate change and the feelings of fear and loss they inspire, which lead us to deny the reality of our warming planet. But it is not too late. By evaluating our way of being, Kiehl unleashes a potential human emotional understanding that can reform our behavior and help protect the Earth. Kiehl dives deep into the human brain's psychological structures and human spirituality's imaginative power, mining promising resources for creating a healthier connection to the environment—and one another. *Facing Climate Change* is as concerned with repairing our social and political fractures as it is with reestablishing our ties to the world, teaching us to push past partisanship and unite around the shared attributes that are key to our survival. Kiehl encourages policy makers and activists to appeal to our interdependence as a global society, extracting politics from the process and making decisions about our climate future that are substantial and sustaining.

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